

The Reef

June/July 2018

You're getting warmer

Clever tips to keep yourself toasty warm at home this winter

Grande vision

Our Grande RV design provides ample opportunities for your adventurous streak

Picture perfect

Palm Lake Resort Bargarra photographers capture our town from behind the lens



Welcome to Bargara

Hello, June! It's amazing to think we are already officially halfway through 2018. This year continues to shine for us here at Palm Lake Resort Bargara. With a new and revitalised sales team on the ground here at Bargara, we've noted record settlements in May and June is shaping up to be another stellar month. Construction on Stage 9 is underway and more than half of the homes in this stage have already sold! Did you know, Palm Lake Group is also offering the biggest promotion of all time this winter? You can receive \$25,000 off 25 exclusive Palm Lake Resort homes across the eastern seaboard before the end of June, some of which can be found at our Bargara location. Homes within this promotion are limited so we encourage anyone interested in finding out how to redeem a \$25,000 saving to contact us quickly to avoid disappointment. As homes sell, our resort community grows and we continue to expand our activities and events calendars. We have added a monthly movie screening to the calendar and there's always some kind of special event to look forward to. For example, as this newsletter goes to the printing press, we will be enjoying a Biggest Morning Tea fundraiser here at the resort with guests' gold coin donations collected to support cancer research and patients. While the winter weather in our part of the country is relatively mild (making us a target for southern tourists at this time of the year!), make sure you do stay warm and well.

Brittany Baldwin
Regional Sales Manager

What they said

"What a fantastic evening at the Palm Lake Resort Bargara 'Fine Dining' event recently! We were greeted with a glass of bubbly and then after chatting to residents and feeling very welcome we sat down to an absolutely incredible three-course meal. Three Chef's hats from us! The Clubhouse was alive with colour and laughter, and residents certainly took the opportunity to dress for the occasion. Thank you for an amazing and fun evening."

Jacky & Brian



Stay a night for free!

Many of our Palm Lake Resort Bargara enquiries come from people in distant locations right around Australia. If you are coming to visit us from out of town, freecall 1800 501 119 to arrange a resort tour and a complimentary night's accommodation on us.

This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a stopover to properly inspect our world-class facilities and welcoming homes.

JUNE / JULY

What's happening



Big screen, big fun

Make sure you note down these upcoming dates for our Friday monthly movie afternoon screenings. Enjoy popcorn, a movie and the company of likeminded friends - all in the comfort of our luxury resort cinema!

The fun kicks off at 2pm:

June 22 The Best Exotic Marigold Hotel

July 20 It's Complicated

Food, glorious food

Did you know that every home here at Palm Lake Resort Bargara receives a complimentary meal to be redeemed in the resort dining area each week? It's a great way to meet some new neighbours and spend quality time with friends.

Red claw rapture

Another great sponsored game of bowls was held in March with a large number of Red Claw members supporting the day. As usual there were two winning teams and two losing teams sharing the prize money provided. Mick, Maureen and John plus the team of Paul, Peter and Shirley were winners on the day. A big thank you goes to the Red Claw Committee and all those who helped with making the day a success.



Staying connected

Here are some of the regular activities we offer:

- Yoga
- Tai chi
- Zumba
- Line dancing
- Bridge, Rummikub, 500
- Mah-jong
- Bingo
- Knit and Knatter
- Craft
- Pottery
- Art group
- Scrapbooking
- Walking group
- Golf simulator
- Tennis
- Table tennis
- Golf
- Mixed lawn bowls
- Ladies-only lawn bowls
- Aqua aerobics
- Darts
- Billiards/Pool



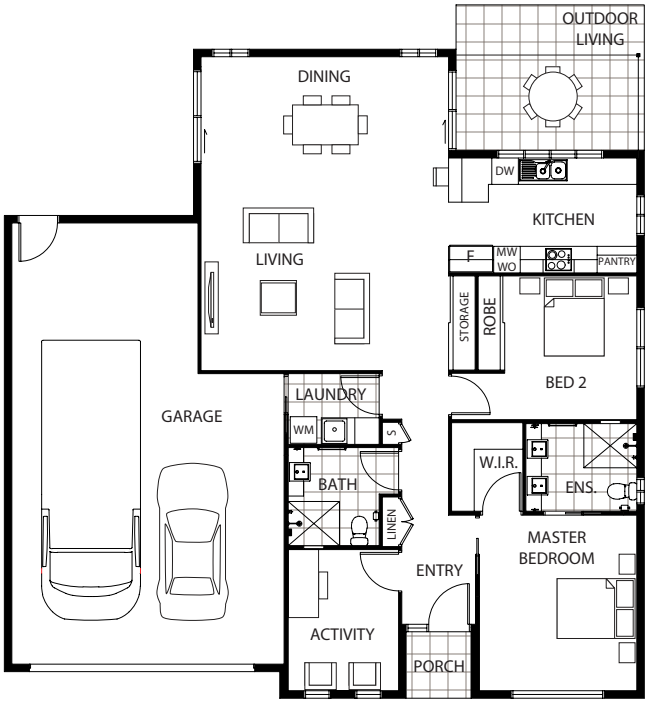


Spacious
9.9m x 6.1m
garage!

Storage galore

Grande RV is designed for adventure seekers – those residents who value their free time and spend it exploring the great outdoors.

Palm Lake Resort Bargara home designs are inspired by the sea, the saltwater and the sand – but our Grande RV design is sprinkled with a little extra adventure. The over-sized garage is Grande RV's point of difference and is perfect for storing your caravan, motorhome, trailer boat and more. And while you're away on your next adventure, we'll maintain your front grass and keep your most-prized asset 'safe as houses' here in our secure lifestyle community. Perfect.



Floorplan and images are indicative only, conceptual in nature and subject to change.



Picture perfect

The resort Photography Club sets a photographic task each month. In March, it was to photograph landmark buildings across greater Bundaberg.

Members earmarked 16 sites of interest and, prior to heading out, one member of the group researched the history of each of these landmarks. Another member gave the group handy information on how to shoot interesting photos of buildings, which was very useful. A route was set and the members headed out. The Photography Club spent half a day wandering around town, capturing the images of the selected building sites. It was a fun day and luckily the weather smiled upon them. Among the club's best shots were:

- Anglican Church, by Jim Johnson (*pictured below*)
- Indian restaurant, by Connie Barottsi (*pictured below*)
- Kennedy Bridge, by Karen Kane
- Parkvue Building, by Eva Kajtar
- Post Office, by Russell Simpson (*pictured below*)
- The Linden Clinic, by Bill Kajtar



Snap happy?

The Photography Club meets every second Monday of the month and welcomes new members. Experience is not necessary – members are more than willing to share their knowledge and know-how with newbies. For more, contact Bill Kajtar (Villa 256).

BATHS

2

BATHS

2

LIVING

1

ACTIVITY

OUTDOOR LIVING

GARAGE

2

You're getting warmer...

The weather has cooled right down and many of us are looking for the perfect way to keep warm. And it's not just a matter of comfort when it comes to staying toasty – keeping warm is key to keeping your immune system fighting strong, so heating requires serious consideration, especially as we age.

There are so many options when it comes to heating your home and they each come with pros and cons – cost being the biggest consideration. EnergyAid's Anne Armansin has spent more than 20 years in the appliance and energy industries including managing Energex's "energyinstitute", a home energy advisor, servicing one million households in South-East Queensland. So she knows a thing or two about the best way to keep your home warm while also keeping costs down.

"It's easy to just reach over and turn the heating up," Anne says. "While that's fine a few times, it's easy to forget about the impact that will eventually have on your next power bill."

For Queenslanders using a heater for about five hours a day, for example, Anne explains that the running costs can vary greatly depending on the heat source:

Heated throw rug (purchase price approx. \$69) at 150 watts costs about \$0.18 per day = \$1.30 a week to run.

A five-fin oil heater (purchase price approx. \$45) at 1000 watts costs about \$1.20 per day = \$8.40 per week.

A fan heater (purchase price approx. \$49) at about 2300 watts costs about \$2.76 per day = \$19.30 per week

An 11-fin oil heater (purchase price approx. \$99) at about 2400 watts costs about \$2.88 per day = \$20.20 per week.

Many believe air conditioners are an expensive household appliance to run. However, did you know a reverse-cycle air conditioning unit can be less than half the cost to run compared to a small, portable, electric fan heater?

Anne encourages consumers not to be swayed by the seemingly cheap purchase price of a heater – check the compliance plate of all new appliances to see how much power they use before you commit to the purchase and beyond that, "make some house rules for how often you'll use the heaters, and try to stick to it," she says.

The key to any heating plan is making sure your home is sealed from any cold wintry drafts that might blow in. Ensure all your doors and windows are closed tightly. One of the best investments you may make this winter is a cheap 'door snake' that, when placed along the bottom edge of your door, blocks any cold air from entering under it. And don't forget to close your curtains and/or blinds once the sun starts to set, to keep the glass insulated.

Your bedroom (and your bed) is where you might also feel the cold the most. Ensure you are using flannelette sheets in the wintertime and that you have swapped your lighter summer doona for a heavier winter version. Pull out your electric blanket (just remember that you should only use an electric blanket to heat your bed before you get into it – once you retire for the night, your blanket should be switched off). And don't forget that a good old-fashioned hot water bottle can also be a welcome nugget of (warm) gold on any cold night.

Beyond all this, make sure you are suitably rugged up for winter. If you don't like the feel of layers and layers of bulky jumpers, look for thin thermal undergarments. Keep socks on your feet. Add a trendy scarf to your ensemble.

"Remember it's almost always cheaper to warm yourself than the whole room," Anne says.

Hot inclusions

Palm Lake Resorts are designed with solar orientation top of mind. Beyond this, our homes and facilities are constructed with quality insulation that, while keeping you comfortable, also helps with reducing electricity requirements to therefore keep heating (and cooling) costs down.

HEBEL

A comfortable winter home starts with its construction. Developed in Scandinavia more than 70 years ago, Hebel is a defining feature of all Palm Lake Resort Bargara homes. Made using 100 per cent natural materials, Hebel bricks comprise a combination of sand, cement and lime gypsum. Beyond the heat insulation properties and being environmentally friendly, Hebel also offers sound insulation creating better acoustics within the home and stopping unwanted outdoor sounds from entering. This is perfect if you want to devour a good book or just enjoy some peace and tranquility.

ANTICON BLANKET

Hebel brick construction isn't the only thing keeping your Palm Lake Resort Bargara home warm this winter. Roofs are insulated with an Anticon blanket which sounds literally toasty but also provides temperature and noise control in homes and buildings with metal roofs. The Anticon blanket is a layer of glasswool adhered to an impermeable reinforced reflective foil facing. The lightweight blanket reduces radiant heat entering a home during summer, and in winter it keeps heat in and helps prevent condensation. Basically, the Anticon blanket works as an extra layer between you and the cold weather, keeping your Palm Lake Resort home warm all winter long.

REVERSE-CYCLE AIR CON

If you really feel the cold and the insulation efforts of Hebel and Anticon (as well as a steaming cup of tea) still aren't enough to satisfy you, your reverse-cycle air conditioner will be the thing you'll need to further control the ambient temperature of your home this winter. Many falsely believe that it is expensive to run air-conditioning units but comparative data shows it's cheaper to run a reverse-cycle air conditioning unit throughout winter than an oil burner heater or a small electric floor heater. Your Palm Lake Resort Bargara home comes complete with split system air conditioning.



\$**25**⁰⁰⁰
HOMES

\$25,000 OFF*
25 EXCLUSIVE HOMES



ONLY AT BARGARA, COOROY-NOOSA AND TOOWOOMBA RESORTS

It's our 25/25 sale! For a limited time you can save \$25,000 on 25 eligible ready-built homes at Palm Lake Resort Bargara, Cooroy-Noosa and Toowoomba. These homes are fully finished; simply furnish them and create your new resort lifestyle. Only the first 25 settlements will receive this incredible discount, and you need to settle before 30 June 2018.

Contact us today to arrange your personal tour of our gorgeous display homes and resorts.

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|---------------------|---------------------|------------------------|---------------------------------|
| » 100% capital gain | » Double garages | » Stand alone homes | » Fully finished, just furnish |
| » No stamp duty | » Luxury inclusions | » European appliances | » Completely landscaped gardens |
| » Pet friendly | » No rentals | » RV / caravan storage | » Quality window furnishings |

BARGARA Freecall 1800 501 119

COOROY-NOOSA Freecall 1800 885 851

TOOWOOMBA Freecall 1800 280 129

palmlakeresort.com.au | Sales Centres Open 7 Days



*Subject to change. Conditions apply. Applies to first twenty-five settlements across three resorts.



Whale of a time

Our local area is famous as a magnet for nesting turtles but don't forget that whales - those most majestic members of the ocean - also call our waters home.

June heralds the start of winter here in Australia but it also heralds the official start of the annual whale-watching season. Humpbacks and orcas migrate from the cold waters of the Antarctic up to our more temperate waters to give birth to their young. When their babies grow a bit, they turn around and go back to Antarctic, exiting our waters by about October/November each year.

The whales' route passes around New Zealand and then up the east coast of Australia with the Gold Coast, Stradbroke Island, the Sunshine Coast and Hervey Bay among the key locations to spot a whale. Bundaberg also offers a launching pad for whale watching tour boats. Visit Southern Great Barrier Reef tourism online for more info at www.bundabergregion.org

What's on around town

CHILDERS FESTIVAL: On July 29, more than 400 food and market stalls will line the historic Childers streets from 9am to 3.30pm. Cuisine from all parts of the world will be complemented by an amazing array of market stalls. A diverse range of music and entertainment will overflow from five stages. And the kids don't miss out with both stage and roving entertainers performing on the day, which adds to the varied and jam-packed entertainment program. Best of all, it's all free! Visit www.childersfestival.com.au

WINTERFEAST: Winterfeast is back for another year of tantalising treats, enticing events and farm-fresh produce. Running from July 6-15, these 10 delicious days are set to spoil food lovers with an abundance of premium quality produce, first-class dining experiences and family-friendly events. This is a chance for locals to show off the Bundaberg region's ever-growing culinary tourism attractions, and for visitors to experience all that the region has-to offer through immersive, exclusive and stimulating culinary events. Visit www.winterfeast.com.au

That '70s show

There's nothing like the feeling of community here at Palm Lake Resort Bargara and our residents definitely like to party! Looking to organise a simple birthday event for her husband, Sandra Robertson instead brought together a host of likeminded 'birthday babies' who are each marking the same 'Big Oh!' birthday in 2018. And it was quite the celebration.

When I was trying to think up what to do for Robbo's 70th birthday, he said he didn't just want a party for himself. So, after talking to a few residents I found there were (to our knowledge) at least 24 people celebrating their 70th birthday this year! So I decided to call a meeting with all those residents to see if they were interested in having a combined "1948 Babies Birthday" celebration. They all thought it was a great idea!

Ged Carter, who is a great karaoke singer and who has entertained us here a couple of times in the past offered to come and sing for us. Jackie Weber and Kath Schluter offered to provide amusements and prize draws between Ged's brackets. And Margaret Veitch offered to make cakes for the birthday 'babies'. And boy, what cakes they were! They were decorated with little figures of the residents and the activities they do in our resort. There was bowling, indoor bowling, ten pin bowling, craft club, table tennis, tennis, swimming, dogs, false teeth, old people sitting on chairs, a club car, caravan, motor bike, turtles and vegies from the community garden all sitting under a Palm Lake Resort logo on a TV screen!

While a few residents had to cancel because of other commitments, we had 11 1948 Babies (pictured) join together on the night. Each invited their own guests, decorated their own



tables and supplied their own food and drinks, but the combined energy on the night made it a wonderful success - everyone had a great time singing, dancing and eating.

We wish a wonderful happy 70th birthday to these 1948 babies:

Jenny Adamson
Viv Weber
John Williams
Coral Batchelor
Kathy Schluter
Eric Franz
Jane Barker
Margaret Veitch
Connie Baroltsi de Els
Donna Black
Ron (Robbo) Robertson.



1948 in history

While our Palm Lake Resort Bargara '1948 babies birthday' celebration proved some quite good things happened back in 1948, here are other amazing facts about 1948:

The first monkey astronaut, Albert I, is launched into space from White Sands, New Mexico.

1948 Ashes series: Batsman Don Bradman played his last Test cricket match against England at The Oval. He is bowled by Eric Hollies for a duck however, "The Invincibles" win the match by an innings and 149 runs, and The Ashes 4-0.

The United States stock car racing organization NASCAR is founded by Bill France, Sr. with other drivers.

The Hells Angels motorcycle gang is founded in California.

The English-built Land Rover is unveiled at the Amsterdam Motor Show.

And others born in 1948 include: Jeff Kennett, Lindy Chamberlain, Andrew Lloyd Webber, Stevie Nicks, Lionel Rose, Garry McDonald, Ozzy Osbourne, Samuel L. Jackson, Gérard Depardieu and Alice Cooper.

Welcome home

Our information sessions provide interested locals with a glimpse into what life is like here at Palm Lake Resort Bargara. If you'd like to come along to our next event, contact our Sales Office and let the team know!





Award winning luxurious living.



The best in designer living.

Our portfolio of 25 communities across Australia has been richly rewarded, including winning Master Builders Association awards for our resort, country club and exhibition home.

This is the culmination of 40 years worth of Palm Lake Resort expertise and first hand knowledge in crafting designer resort living. Proudly family owned and Australian, we create communities that are friendly, exciting and inspirational. Our resorts are the new gold standard in luxurious resort living for a new generation of vibrant over 50s.



**Master Builders Association Award Winning Resorts
For Best Resort, Best Country Club And Best Home**

pamlakeresort.com.au