

The Gatsby

JUNE/JULY 2018



GREENVALE INSPIRES

Our very first display home is now open!

YOU'RE GETTING WARMER

Tips and tricks for keeping you and your home toasty warm this winter

COOKING FOR CHARITY

Beachmere residents' cook book is a fundraising gem



Welcome

Hello, June! It's amazing to think we are already officially halfway through the year. 2018 has offered an amazing start for us here at Palm Lake Resort Beachmere Bay.

We've just unveiled our very first display home and it's truly taken Palm Lake Group to the next level. A Greenvale design, the Hamptons-inspired display is filled with casually chic yet glamorous Hamptons fittings and furnishings.

At the time of printing this newsletter, Stage 1 is two homes shy of being sold out and we are taking reservations for Stage 2 (we have just 10 homes left already, at the time of printing!). Our construction team is keeping up with demand as more and more people move in – so excited are our new residents that most are moving in practically the same day their home is ready! The Country Club is set to open later this year, which will add even more ambience to this amazing location.

As homes sell and our resort community grows, we continue to expand our events calendar. Make a note in your diary for our jazz luncheon on June 29 (see Page 8 of this newsletter for details). If you can't make our functions, you can book your own personalised tour of Beachmere Bay with our team on 1800 338 382.

Brittany Baldwin
Regional Sales Manager



Food, glorious food

Did you know that every home here at Palm Lake Resort Beachmere Bay is allocated a complimentary meal voucher to be redeemed in the on-site dining area each week? It's a great way to meet some new neighbours and spend quality time with likeminded local friends.



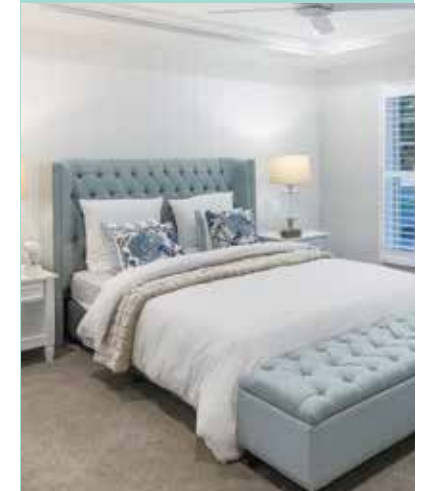
Stay connected

Here are just some of the regular activities enjoyed by our residents who get to choose just how busy, or not, they want to be...

- Yoga
- Zumba
- Strength and balance class
- Aqua aerobics
- Golf
- Bowls
- Craft
- Quilting
- Stamping
- Games: Canasta, Scrabble, bingo, mah-jong
- Choir
- Workshop
- Social Club
- Residents' weekly meal
- Daily Happy Hour
- Trivia nights
- Bus trips

JUNE / JULY

What's happening



The Hamptons comes to Bribie

If you're in the vicinity of Bribie Island Shopping Centre, Palm Lake Resort Beachmere Bay has just opened a themed store bringing the glamour of the Hamptons conveniently to you. Stop by and speak to Sue or Samantha about what life could look like for you in our coveted Hamptons-inspired community lifestyle resort.

Opening hours

Monday to Friday: 9am – 5pm
Saturdays: 9am – 4pm
Sundays: 10am – 4pm

Mark it in your diary

State of Origin: The greatest battle of the states is back! State of Origin is on:

June 6: MCG, Melbourne

June 24: ANZ Stadium, Sydney

July 11: Suncorp Stadium, Brisbane.

Whip out your blue or maroon jersey and buckle in for some fierce footy!

Woodford Night Market: Food trucks, handicrafts, entertainment and more! Enjoy dinner under the stars followed by a stroll through the markets. Meet artists, entertainers, designers and artisans from our region. Brought to you by Woodford Lions Club on the first Friday of each month, from 5pm. Entry is free.

Intro to iPads: June 13, July 11 and the second Wednesday of every month, 10-11.30am. Learn the basics of using the iPad in this hands-on workshop, including downloading apps, email, the Internet, and how to get the most out of your iPad. Held at Caboolture Library.

Stay a night on us

Many of our Palm Lake Resort Beachmere Bay enquiries come from people in distant locations right around Australia. If you are coming to visit us from out of town, freecall 1800 885 851 to arrange a resort tour and a complimentary night's accommodation on us. This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a stopover to properly inspect our Hamptons-inspired location.



Greenvale INSPIRES

BEDS 3	BATHS 2	LIVING 1
STUDY NOOK	OUTDOOR LIVING	GARAGE 2

Luxury home inclusions at Beachmere Bay

- High ceilings with raked ceiling in selected designs
- Walk-in robes to all master bedrooms
- MyAir ducted air conditioning to living areas and bedrooms with four zones
- Quality window furnishings throughout including shutters to front façade and sheers to Bedroom 1 and Bedroom 2
- European appliances, canopy rangehood ducted to eaves, dishwasher, oven, microwave with trim kit
- High quality chrome tapware
- Instant hot and cold Billi tap
- Wide fridge cavity (1000mm) with water supply
- Energy efficient LED downlights throughout
- Local alarm system with four sensors - one key pad at front door and one key pad in garage. One external siren and one internal siren
- Fully landscaped front and rear gardens, including artificial turf

Construction progress report

Palm Lake Resort Beachmere Bay's construction team is understandably excited about watching this brand new resort finally come up out of the ground, delivering a new era of luxury Hamptons-styled homes to the Palm Lake Group.

Site supervisor Nancy Lawes says her construction team is halfway through Stage 1 with 10 different designs on offer across the stage and roughly a dozen homes already settled (as this newsletter goes to print). Stage 2 will be their next focus with civils almost complete on that section of the site. Facility-wise, the Country Club is being sheeted and rough-ins completed.

"It's so good to see the residents move in now - progress is really starting to gain momentum," Nancy says.

"I started with Palm Lake Group eight years ago and these Beachmere Bay homes are the best I've seen. The upgrade offers are impressive. It's definitely exciting times!"



There's really only one word to describe Palm Lake Resort Beachmere Bay's first display home: WOW! Unveiled at a special event recently, and with Hamptons features galore, the Greenvale display home will inspire you no end.

This Greenvale offers a Hamptons colour scheme and showcases all our favourite upgrade options such as wall paneling, pendant lights and feature tiles. It's a real beauty.

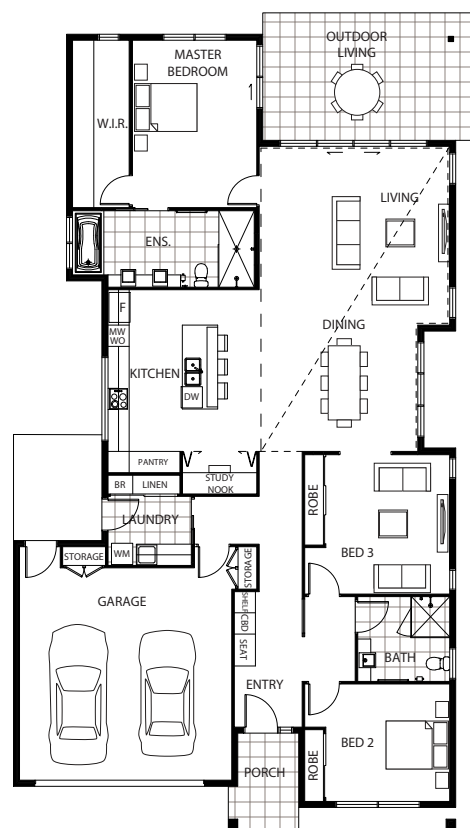
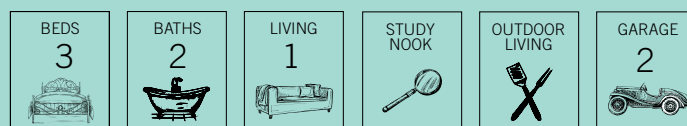




Huntington holiday

As well as taking design and styling cues from the villages and hamlets of the Hamptons, Beachmere Bay's first 10 home designs have also been named after famous locations there.

Beachmere Bay's Huntington design offers three bedrooms, two bathrooms, open-plan living, a clever study nook and more, at a total of 237sqm. While Huntington is an actual town in northern Long Island, New York, Beachmere Bay's own Huntington will whisk you away on a chic New York holiday every day...



Floorplan and images are indicative only, conceptual in nature and subject to change.



Cooking for charity

Each year at Palm Lake Resort Beachmere Sands, the resort hosts a large 'Biggest Morning Tea' event organised by the Social Club. All funds raised support the Cancer Council Queensland. For 2018's event, the Beachmere Sands Social Club decided to include in their planning something that would continue to raise funds throughout the year. The result? A gorgeous keepsake cookbook called "Villa Kitchen Favourites". Recipes from 22 of Beachmere Sands' best cooks, representing many years of combined experience in preparing delicious dishes, are contained within its pages.

"Most have been handed down from parent to child over generations, handwritten on the back of envelopes, scribbled in notebooks or written at the end of old recipe books from the last century, making them family treasures and secrets, generously shared," says Beachmere Sands resident and Social Club chair Chris Sutton. The book is available through the Social Club, local booksellers or via chris.sutton@palllake.net.au for just \$25.

Welcome home

Brian and Lyn Capper are proud to say they are one of the first couples to call Beachmere Bay home.

After 53 years of hairdressing, and two years after the retirement of her husband, Lyn says she finally made the call this year to pack up her scissors and hairdryer and leave her salon on Brisbane's southside in the able hands of her two hairdressing daughters. The pair also realised that their Redland Bay home was just too big for them and that they wanted to seek out a better fit in their retirement years. Being close to the water for the previous 10 years in the Redlands, Beachmere Bay's location initially drew them and Lyn says the quality of the Palm Lake Resort homes was what sealed the deal. "We moved in in April and it's been fantastic," Lyn says. "The people are fantastic – I'm meeting lots of lovely ladies. We are very, very happy." Lyn says the community lifestyle resort living at Beachmere Bay also suited the Cappers' dream of travelling in their brand new caravan. In fact, they are off on a trip to Cairns and Cape York in the coming weeks.

"My daughter says she would love to move in next door to us – but we tell her she's not old enough yet!" Lyn laughs.



Caretaker's Report

Welcome back and a big welcome to all our new residents - here's to new beginnings at Beachmere Bay!

We are all looking forward to the construction team completing the last villa in Westbury Road, the first new street in Beachmere Bay. The street has been a hive of activity for the last three months. The lawns and gardens are almost complete and the street looks a vision - the contractors have done a fantastic job. The postage service to letterboxes, as well as the weekly rubbish and recycle bin service outside the villas, will also soon commence.

It is great to see the new Bay residents enjoying the hospitality of the Sands residents - attending the weekly meals, enjoying the entertainment and Happy Hours and joining in the exercise classes and shopping trips. Great friendships are being made.

It's also great to see the residents from both resorts still enjoying the water aerobics in the heated outdoor pool at the Sands. The Bay residents will have a large indoor heated lap pool in their new Country Club which will be utilised all year round for water-based exercises.

The cooler weather is very welcome and although quite cool during the night (good doona weather!) we have lovely mild sunny days - a great time to get out into your garden or take on a garden plot in our resort's Community Garden. Maybe you can plant some winter veggies for those great winter soup recipes in the new Sands resort cookbook.

Jenni
Resort caretaker

Whale of a time

June heralds the start of winter here in Australia but it also heralds the official start of the annual whale-watching season.

Humpbacks and orcas migrate from the cold waters of the Antarctic up to our more temperate waters to give birth to their young. When their babies grow a bit, they turn around and go back to Antarctic, exiting our waters by about October/November each year.

The whales' route passes around New Zealand and then up the east coast of Australia with the Gold Coast, Stradbroke Island, the Sunshine Coast and Hervey Bay among the key locations to spot a whale. Visit Brisbane's website offers loads of ideas for water-based whale-watching tours as well as land-based locations to spot whales from. Visit www.visitbrisbane.com.au



FREE JAZZ LUNCHEON

Wednesday 27th June | 11:00am - 2:00pm

Get your groove on at Palm Lake Resort Beachmere Bay! Treat your soul to the sounds of live jazz music at the opulent Sands Clubhouse and indulge in a delicious complimentary lunch and barista made coffee.

Plus take a personal tour through our gorgeous new Greenvale display home and luxury resort features.

LIMITED NUMBERS - RSVP BY WEDNESDAY 20TH JUNE TO
salesbeachmere@pallmlake.com.au or freecall 1800 338 382

COMING FROM OUT OF TOWN?

Freecall 1800 338 382 to arrange a complimentary night's accommodation on us.*

*Subject to availability. Conditions apply.



218 BISHOP ROAD, BEACHMERE, QLD • THE BEST IN OVER 50'S LIFESTYLE RESORTS. IT'S TIME FOR YOU.

NEW
DISPLAY
NOW
OPEN



Around the grounds

Inspiration aplenty

There were many interested visitors to the grand opening of our very first display home here at Beachmere Bay.



WHAT'S ON

Redcliffe Museum's "The streets we live in" exhibition

As we drive in our cars and walk around our neighbourhood, we are surrounded by signposts to our history. Many of our street names honour the people and the events that have shaped our communities – fitting tributes to men and women whose courage and endurance provided the foundations for today's prosperous communities. Through the Moreton Bay Regional Council Heritage Collection, "The streets we live in" exhibition connects us directly to the farmers, explorers and entrepreneurs who shaped our region. It's on at the Redcliffe Museum, 75 Anzac Avenue, Redcliffe, until August 5.

DesireLines

Touring internationally in 2018, local Moreton Bay company Collusion present their electric chamber ballet DesireLines. Three musicians and four dancers use gleaming stainless steel tracks to navigate a landscape of digital projection in this powerful melding of contemporary ballet and new chamber music. Moreton Bay locals Benjamin Greaves and Gareth Belling lead a stunning cast of Queensland artists in this critically acclaimed show, hitting Redcliffe Cultural Centre (Downs Street, Redcliffe) on July 7 from 7.30pm.

You're getting warmer

The weather has cooled right down and many of us are looking for the perfect way to keep warm. And it's not just a matter of comfort when it comes to staying toasty – keeping warm is key to keeping your immune system fighting strong, so heating requires serious consideration, especially as we age.

There are so many options when it comes to heating your home and they each come with pros and cons – cost being the biggest consideration. EnergyAid's Anne Armansin has spent more than 20 years in the appliance and energy industries including managing EnergeX's "energyinstitute", a home energy advisory service servicing one million households in South-East Queensland. So she knows a thing or two about the best way to keep your home warm while also keeping costs down.

"It's easy to just reach over and turn the heating up," Anne says. "While that's fine a few times, it's easy to forget about the impact that will eventually have on your next power bill."

For Queenslanders using a heater for about five hours a day, for example, Anne explains that the running costs can vary greatly depending on the heat source:

Heated throw rug (purchase price approx. \$69) at 150 watts costs about \$0.18 per day = \$1.30 a week to run.

A five-fin oil heater (purchase price approx. \$45) at 1000 watts costs about \$1.20 per day = \$8.40 per week.

A fan heater (purchase price approx. \$49) at about 2300 watts costs about \$2.76 per day = \$19.30 per week

An 11-fin oil heater (purchase price approx. \$99) at about 2400 watts costs about \$2.88 per day = \$20.20 per week.

Many believe air conditioners are an expensive household appliance to run. However, did you know a reverse-cycle air conditioning unit can be less than half

the cost to run compared to a small, portable, electric fan heater?

Anne encourages consumers not to be swayed by the seemingly cheap purchase price of a heater – check the compliance plate of all new appliances to see how much power they use before you commit to the purchase and, beyond that, "make some house rules for how often you'll use the heaters, and try to stick to it," she says.

The key to any heating plan is making sure your home is sealed from any cold wintry drafts that might blow in. Ensure all your doors and windows are closed tightly. One of the best investments you may make this winter is a cheap 'door snake' that, when placed along the bottom edge of your door, blocks any cold air from entering under it. And don't forget to close your curtains and/or blinds once the sun starts to set, to keep the glass insulated.

Your bedroom (and your bed) is where you might also feel the cold the most. Ensure you are using flannelette sheets in the wintertime and that you have swapped your lighter summer doona for a heavier winter version. Pull out your electric blanket (just remember that you should only use an electric blanket to heat your bed before you get into it – once you retire for the night, your blanket should be switched off). And don't forget that a good old-fashioned hot water bottle can also be a nugget of (warm) gold on a cold night.

Beyond all this, make sure you are suitably rugged up for winter. If you don't like the feel of layers and layers of bulky jumpers, look for thin thermal undergarments. Keep socks on your feet. Add a trendy scarf to your ensemble.

"Remember it's almost always cheaper to warm yourself than the whole room," Anne says.

HOT INCLUSIONS

Palm Lake Resorts are designed with solar orientation top of mind. Beyond this, our homes and facilities are constructed with quality insulation top of mind that, while keeping our residents comfortable, also helps with reducing electricity requirements to therefore keep heating (and cooling) costs down.

HEBEL

A comfortable winter home starts with its construction. Developed in Scandinavia more than 70 years ago, Hebel is a defining feature of all Palm Lake Resort Beachmere Bay homes. Made using 100 per cent natural materials, Hebel bricks comprise a combination of sand, cement and lime gypsum. Beyond the heat insulation properties and being environmentally friendly, Hebel also offers sound insulation creating better acoustics within the home and stopping unwanted outdoor sounds from entering. This is perfect if you want to devour a good book or just enjoy some peace and tranquility - and who doesn't?!

ANTICON BLANKET

Hebel brick construction isn't the only thing keeping your Palm Lake Resort Beachmere Bay home warm this winter. Roofs are insulated with an Anticon blanket which sounds literally toasty but also provides temperature and noise control in homes and buildings with metal roofs. The Anticon blanket is a layer of glasswool adhered to an impermeable reinforced reflective foil facing. The lightweight blanket reduces radiant heat entering a home during summer, and in winter it keeps heat in and helps prevent condensation. Basically, the Anticon blanket works as an extra layer between you and the cold weather, keeping your Palm Lake Resort home warm all winter long.

MYAIR REVERSE-CYCLE AIR CON

If you really feel the cold and the insulation efforts of Hebel and Anticon (as well as a steaming cup of tea) still aren't enough to satisfy you, your MyAir reverse-cycle air conditioner will be the thing you'll need to further control the ambient temperature of your home this winter. Many falsely believe that it is expensive to run air conditioning units but comparative data shows it's cheaper to run a reverse-cycle air conditioning unit throughout winter than an oil-burning heater or a small electric floor heater. Your Palm Lake Resort Beachmere Bay home comes complete with ducted MyAir air conditioning to the living area and bedrooms with four zones.





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Award winning luxurious living.



The best in designer living.

Our portfolio of 25 communities across Australia has been richly rewarded, including winning Master Builders Association awards for our resort, country club and exhibition home.

This is the culmination of 40 years worth of Palm Lake Resort expertise and first hand knowledge in crafting designer resort living. Proudly family owned and Australian, we create communities that are friendly, exciting and inspirational. Our resorts are the new gold standard in luxurious resort living for a new generation of vibrant over 50s.



**Master Builders Association Award Winning Resorts
For Best Resort, Best Country Club And Best Home**

palmakeresort.com.au