

# Beachmere Sands.

DECEMBER 2021 - JANUARY 2022

## Time to celebrate.

IT'S BEEN A YEAR, HASN'T IT? IF EVER  
THERE WAS A TIME FOR US TO CELEBRATE,  
IT IS THIS FESTIVE SEASON.

We hope you all spend some quality time  
relaxing with those people most important to  
you. We wish you a safe and happy holiday  
season and look onwards and upwards to  
what 2022 will bring us. Merry Christmas to  
you all. May you eat, drink and be merry!





# Welcome.

On October 16, the Beach House was the centre of attention for the Beachmere community with this year's Monster Garage Sale and Craft Market. There was a buzz in the air from 5am with volunteers up and about early to prepare for the gates to open at 7am. With upwards of 1000 people from the local area in attendance, the atmosphere was buzzing all morning. The focus for the event was to raise funds for the local SES and RFS who were also in attendance to lend a hand and show their support and appreciation for the hard work of volunteers, stallholders and local entertainment. By all accounts the day was a huge success and enjoyed by all who attended - from raffle prize winners to bargain hunters or even if you just wanted to enjoy the local Beachmere State School students' choir, band and dance group - there was something for everyone. To cap off the success of the Monster Garage Sale and Craft Market event, \$15,000 was raised with the SES and RFS receiving \$7500 each. A big thank you should go out to all the volunteers, stallholders, entertainers, SES/RFS attendees, sponsors and importantly the coordinators, including Peter, Barry, Duane, Wendy, Jenny and Lyn.

The first Tuesday in November was filled with fantastic outfits, great conversation and laughter, outstanding picnic tables and, of course, a great race. I was very impressed by the hard work put in by the organisers of the picnic lunch event and even more impressed by the calibre of the picnic tables. Kylie had the difficult task of judging the tables and I was glad that responsibility wasn't placed on myself as the pressure would have been for too much to pick a winner! A big thank you to everyone involved with the organisation of

the day including the raffles, sweeps, fashion parade and picnic lunch. Hopefully everyone went home with a little left in the wallet or purse after a cheeky bet and a couple of beverages.

We welcomed a new service provider to Beachmere Sands with local beauty therapist Nicole Tritton commencing her services with us on November 4. Nicole offers manicures, pedicures, full set acrylic nails, acrylic refills and color overlays. As Nicole settles in, she will look to expand her offerings in the future. Nicole will be based in the hair salon every Thursday and you can book with her directly.

As this will be the final edition of the Beachmere Sands newsletter for the year, I want to take the opportunity to wish everyone a very Merry Christmas and a wonderful New Year. Six months has flown by since I joined the Palm Lake Resort team and I have thoroughly enjoyed meeting and getting to know everyone, and I am looking forward to another fantastic year in 2022.

I look forward to seeing you around the resort.

**Laurence and the Sands Team,  
Palm Lake Resort  
Beachmere Sands**



THEATRE

## News briefs.

### MAKE A NOTE

Here's when our Palm Lake Resort Beachmere Sands office will be closed over the festive season:

**Christmas closure:**  
December 25, 26, 27, 28.

**New Year closure:**  
January 1, 2, 3.

### CONTACT US

Looking for more information about Palm Lake Resort Beachmere Sands? Here are four ways you can reach us:

**Online:** Visit us at [pallmlakeresort.com.au](http://pallmlakeresort.com.au)

**Social media:** Follow Palm Lake Resort on Facebook and Instagram.

**Street address:** 218 Bishop Road, Beachmere QLD 4510

**Freecall:** 1800 338 382

*This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.*



### GET SOCIAL

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

**Facebook:** @pallmlakeresort  
**Instagram:** @pallmlake\_resort

YOU  
SHOULD TRY  
SOMETHING  
NEW?!

## Weekly activities.

### MONDAY

7.30am Men's golf  
8am Yoga  
8.30am Meditation  
9am Paper tole  
1.30pm Bingo  
6.30pm Mixed tennis

### TUESDAY

7am Water aerobics  
9am Stamping up  
9.30am Scrabble  
9.30am Quilting  
11am Stamping up  
12.30pm Lawn bowls  
1pm Canasta  
7pm Indoor bowls

### WEDNESDAY

6am Golf (away)  
8.30am Zumba gold  
9.45am Beachmere bus  
9.30am Craft

5pm Women's tennis  
6.30pm Mixed tennis

### THURSDAY

7am Tai chi  
12.30pm Bowls  
1pm Canasta  
1pm Lace making  
2pm Line dancing

### FRIDAY

7am Golf (away)  
7am Tai chi  
8am Strength/balance  
10am Singing  
1.30pm Mahjong  
1.30pm Scrabble

### SUNDAY

9am (third Sun.) Golf  
9.45am Scroungers bowls  
3pm Ladies' tennis

### REFER YOUR FRIENDS

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Beachmere Sands home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.



# Their Big '0'

WE LOVE A CELEBRATION HERE AT PALM LAKE RESORT BEACHMERE SANDS AND THESE HOMEOWNERS GAVE US SOME GREAT REASONS!

Every year, we celebrate the homeowners who attain a milestone birthday lap around the sun – that is, those birthdays with a Big '0' at the end. We marked a number of 70ths and 80ths throughout this year, but no one turned 90. Among the Palm Lake Resort Beachmere Sands punters who marked a "Big 0" birthday in 2021 were Ken, Cathy, Morrie, John, Bill, Peter, Peter, Tony, Lynne, Rob and Shirley.



For their combined Big 0 party recently, Chris Sutton (Villa 139) curated a delightful collection of old and new images of these birthday babes and set it all to a wonderful slideshow with background music. It was a wonderful event to mark some very special milestones.

Photos by Brad Kinross

# Dressed for success

Melbourne Cup saw many eager punters and fashionistas converge on the Sands Clubhouse to eat, drink and merry! You wouldn't know it but there was even a horse race run and won! Big thanks to Cyndi Groves (Villa 9) for her organisational expertise. **Photos by Brad Kinross**



Bar volunteers, Colin and Sue.



Best Dressed Table (from left), Wendy, Meg, Chris, Sandy, Sue and Marie.



Moira and John.



Well done to Cyndi, who was our Melbourne Cup event organiser.



Our Beachmere Sands resident fashion parade models including (from left) Helen, Liz, Meg, Wendy and Chris.



From left, homeowners Dawn, Allyson, Elaine and Tina had a wonderful time.



Best Dressed Lady, Glenda (in yellow).



Resort Manager Laurence with Beachmere Sands resident Helen.

# Bring a plate.



WE ALL KNOW JUST HOW MUCH PALM LAKE RESORT RESIDENTS LOVE A CATCH UP. OUR COMMUNITIES ARE LITERALLY BUILT ON 'COMMUNITY'. WHETHER IT'S A STREET PARTY WITH GARAGES DOORS WIDE OPEN AND FOLD-OUT CHAIRS ENMASSE IN DRIVEWAYS, OR VISITING FAMILY CATCHING UP AROUND A BARBECUE OR OUR RESORT POOL, ONE THING IS FOR SURE – YOU SHOULD ALWAYS BRING A PLATE.

Ahhh, summer – it's the season of entertaining here in Australia, when neighbours, friends and family come together to celebrate, well, just about anything. Even when you're told not to bring a thing, it's nice to not turn up empty handed. Here are our Top 5 easy 'bring a plate' idea to get your through another Palm Lake celebratory season because, guess what? It's already that time of the year again!

## Cheese platter

Cheese platters are always crowd favourites and should be your Number 1 go-to. Whatever your taste, there's always something on a good cheese platter that everyone can enjoy. In our opinion, a solid cheese platter should include the following:

- A soft cheese like brie, goats' cheese or camembert
- A hard cheese like cheddar or gouda
- A blue cheese like gorgonzola, Roquefort or stilton
- A mix of crackers and bread
- A selection of dips, both dairy-based (ie, French onion) and dairy free (ie, pesto)
- Quince paste
- Something salty, like olives, cured meats or nuts
- Something sweet, like fruit or chocolate.

Also, note that presentation is key when it comes to a memorable platter. Wooden chopping boards make a great base for your platter and don't forget a cheese knife.

## Spinach cob loaf

This Aussie party classic has been on high rotation for more than 100 years (yes, really!). And it's so simple to make. Take a large cob loaf (your choice of white, sourdough or whole-

meal bread) and slice off the top, allowing you to remove the soft internal bread – save it for the next steps though. Drain a bag of frozen spinach of all water and mix with sour cream, mayonnaise, red onion and powdered vegetable stock until it forms a dip-like consistency. Scoop the mixture into the hollowed-out cob loaf and, under the grill, toast the bread chunks you tore out of the middle to serve.

## Sushi tray

For something a little bit more exotic, you can't go past a sushi tray. Sushi is a lot of fun to make, too! Simply cook some sushi rice (short grain white rice made stickier with rice vinegar, sugar and salt), lay out a bamboo sushi mat and a sheet of seaweed (nori). Spread the rice onto the nori evenly, and right to each edge. Have a bowl of water on hand to help you form the sushi without the rice sticking to your hands. Add your preferred fillings along one side – fish, chicken, fresh vegetables, avocado and egg are popular choices – then roll it all together and cut with a super sharp knife.

## Skewers

Does anything beat a skewer when it comes to finger food? There are no crumbs, no cutlery needed and plenty of deliciousness – plus, they're a lot of fun! Some exciting chargrilled skewer combinations include:

- Prawn, mango and avocado
- Steak, mushrooms, red onion
- Italian chicken, zucchini, cherry tomatoes, capsicum
- Grilled tofu or tempeh, carrots and mushrooms.



# A monster success

OUR ANNUAL MONSTER GARAGE SALE AND CRAFT MARKET HAS JUST BEEN WRAPPED UP AND IT PROVED ANOTHER GREAT COMMUNITY EVENT.

The Beach House truly came alive on October 16 for our Monster Garage Sale and Craft Market event. Volunteers started their duties at 5am to be prepared for the opening of the gates at 7am. For the next five hours there were in excess of 1000 people who came along to capture a bargain and enjoy themselves. You could not drive down Bishop Road without knowing something was on. The banners and flags, as well as the SES and RFS appliances, all stood out like a big neon sign. A shout out to our shuttle buggy drivers who provided continuous passage throughout the event.

Upon entry, visitors were given their free lucky gate ticket by our volunteers. The lift foyer was filled with 150 multi-draw prizes and our call centre spent the day busily phoning up winners as the tickets were drawn. As you moved under the building, 20 items for auction were on display. From there, guests were able to check out the craft and cake stalls. The smell of onions, bacon, eggs, and sausages cooking got mouths watering. Further along, guests could browse the Beachmere Men's Shed. There was incredible bric-a-brac available, popcorn for sale, book stall and games central - a mini-Ekka by Terry Young's team. Lob-a-choc provided loads of fun. Entertainment included performances by the choir, band, and Dance Excellence students of Beachmere State School. Our auction then took off with Roger excelling in his skills. The bids rolled in and the bargains rolled out. As our morning came to an end, the Major Monster Draw prizes were announced. This incredible event was a success both socially and financially. It was great to see the smiles on faces. Whether they had won a prize, just bought that super bargain or were just enjoying the occasion, everyone went home happy.

At an afternoon tea on October 22, the total amount raised was announced. Through everyone's valuable contribution, the SES and RFS each received \$7500 - a grand total of \$15,000 was raised by the Monster Garage Sale and Craft Market for 2021. An excellent effort!



Frank, our MOvember winner.



The boys from the 'Naughty Corner'.



# Right on cue.



Processing payments from the 'Silent Auction'



Tina and Annie.



Movember contestants, Tony and Frank.

# Our mo bros

BEACHMERE SANDS HOMEOWNERS WERE MORE THAN PLEASED TO OFFER UP THEIR FACES TO GROW SOME IMPRESSIVE MOUSTACHES FOR THE ANNUAL 'MOVEMBER' CHARITY.

November gave us a reason to stop and think about men's health, with another successful month-long 'Movember' event hosted and a charity fundraiser night at our resort to cap it all off. As Movember's Executive Director (Programs) Paul Villanti says, just "one Mo can help change the face of men's health through the powerful conversations created globally during Movember".

"Men have the chance to confidently discuss men's health with people around them, resulting in men taking action early, helping change and save lives," Paul says, and he was very right. Not only did the mos around the resort look great, they also were a constant reminder of the month's cause.

Our effervescent Joycee (Villa 141) took the reins of the resort's fundraising event that was the culmination of the month-long 'growing season'. Check out these images for some memories of the night and our men's efforts.

Photos by Brad Kinross



Vicki, Lyn, Tony and Robyn.



Annie and Tom.

WALK INTO ANY PALM LAKE RESORT COUNTRY CLUB AND YOU'LL LIKELY FIND A GROUP OF RESIDENTS GATHERED AROUND THE BILLIARDS TABLE, WATCHING OR PARTICIPATING IN A NEIGHBOURLY GAME. BUT IT'S A GAME THAT SPANS THE GENERATIONS – SO OUR VISITING FAMILIES LOVE IT TOO.

If there's one thing many Palm Lake Resort residents have in common, it's that they love a good game of snooker – it's the reason most of our resorts across Queensland, New South Wales and Victoria have their own billiards tables. Pool, snooker and billiards are all beloved as social games best enjoyed with a drink and good company, but did you know there are distinct differences between them? Paul Cosgriff, president of the Victorian Billiards and Snooker Association, explained the differences clearly. Paul says billiards is played with only three balls (one red, one white and a yellow cue ball). Both snooker and pool begin with a triangle of 15 balls each - in pool they are multicoloured and divided into solids and stripes, while in snooker they are red. Snooker is also played with an additional six coloured balls. Both of these games also require a white cue ball.

"The thing I love most about these games is the combination of physics and artistry," says Paul. "Physics tells you that if you hit the ball a certain way, it will end up in a certain position.

"Mastering all of the other factors - like side, intentional spin and strength - is where the artistry comes in. The best players will finish exactly where they want to finish, under incredible pressure. That's the beauty of the game."

### Paul's tips for bettering your game

1. Although cues are provided, your own cue is always best. Your individual cue gives the best 'feel' and on large professional tables, players fit extensions to their own cue because that familiarity is so important.

2. Two-piece cues are best for ease of transport, and storage. The join can be at half-way or "3/4" - meaning well down near the butt end of the cue. Under the rules, a cue must be at least three feet in length, so if you take the butt end off a "3/4" cue you could still play a shot. Most cues are 54" in length - generally standing about shoulder height, or just above, or below. Therefore, you could not unscrew the 2-piece cue with a mid-join and play a legal stroke.

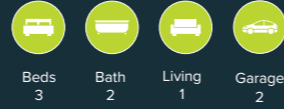
3. When purchasing a Cue, play a number of shots hitting 'high' on the cue-ball so that it follows on, or runs through, after the object ball. This translates to 'feel' and helps when comparing cues. The more expensive cue is not necessarily the best feel for you. The tip of the cue is your only means of control for spins on the ball (screw, stun and side) so maintain it well. Good chalk is essential.

4. Persistence is the key to improvement and full enjoyment. Practice, especially for plain ball striking, is essential to eliminate unintentional spins. Later practice allows for intentional spins to manoeuvre the cue ball to the desired position for the succeeding stroke.

5. An adjunct to persistence is maintenance. The cue should be kept clean and dry, with a little wood oil on exposed wood near the tip, and below the ferrule. The billiard table should have a dust cover. When the dust cover is removed, the table should be brushed from the baulk end (the "D") all the way to the top of the table where the black spot is. Never "bang" a ball onto a spot. It can only cause damage. The table should be serviced by a qualified person if there are problems with spots, wear and tear to the cloth, or if the table is out of level.

# Homes for sale.

Villa 84 - \$599,000



### Rare opportunity knocks.

Here's a rare opportunity to live overlooking the golf course with uninterrupted views. This picturesque three-bedroom home features a large master bedroom, spacious ensuite and walk-in robe, a large second bedroom and bathroom and a beautiful open-plan kitchen, dining and living. If that wasn't already enough, this home is situated on a sizable block with large sweeping views of the golf course, perfect for downsizers who still want to feel open and free. Not only that, we mow it for you! Other features include, but are not limited to, multiple zoned ducted air conditioning installed throughout and state-of-the-art stainless steel quality appliances. This home won't last long. Call today and arrange a tour.

Villa 25 - \$379,000



**SOLD!**



### Location, location.

This home is ideally positioned enjoying close proximity to the Sands Clubhouse and undercover bowls green in a coveted section of the resort. This home boasts dual alfresco areas perfect for catching the sunshine and the gorgeous coastal climate. Spacious living areas within a thoughtful floorplan allow for flexible living. European Ariston appliances and ducted air conditioning are also included. Elegantly appointed and superbly presented, this home will impress upon first inspection.



## Helping friends become neighbours.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes (or a new home from elsewhere in the group, for that matter), you'll receive up to \$500\* cash. Easy!

**\$500**  
for a brand new home.

**\$250**  
for an established home.

For more information and to refer your friend, simply contact our Sales Information Centre on 1800 338 382. \*T&Cs apply

Want to book a private tour and find out more about our resort? Freecall **1800 338 382**  
Email [salesbeachmere@palmlake.com.au](mailto:salesbeachmere@palmlake.com.au) and visit us online at [palmakeresort.com.au](http://palmakeresort.com.au)



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