

Beachmere Sands.

MAY/JUNE 2018



Cooking for charity.

Each year at Palm Lake Resort Beachmere Sands, the resort hosts a large 'Biggest Morning Tea' event organised by the Social Club. All funds raised are in aid of cancer research, prevention programs and support, through the Cancer Council Queensland. On past occasions, the resort has raised more than \$2000 from this function alone. Residents recognise its importance as many have been touched by cancer either personally or through family or friends.

For 2018's event, the Beachmere Sands Social Club decided to include in their planning something that would continue to raise funds throughout the year. The result? A gorgeous keepsake cookbook called "Villa Kitchen Favourites". Recipes from 22

of Beachmere Sands' best cooks, representing many years of combined experience in preparing delicious dishes, are contained in the book.

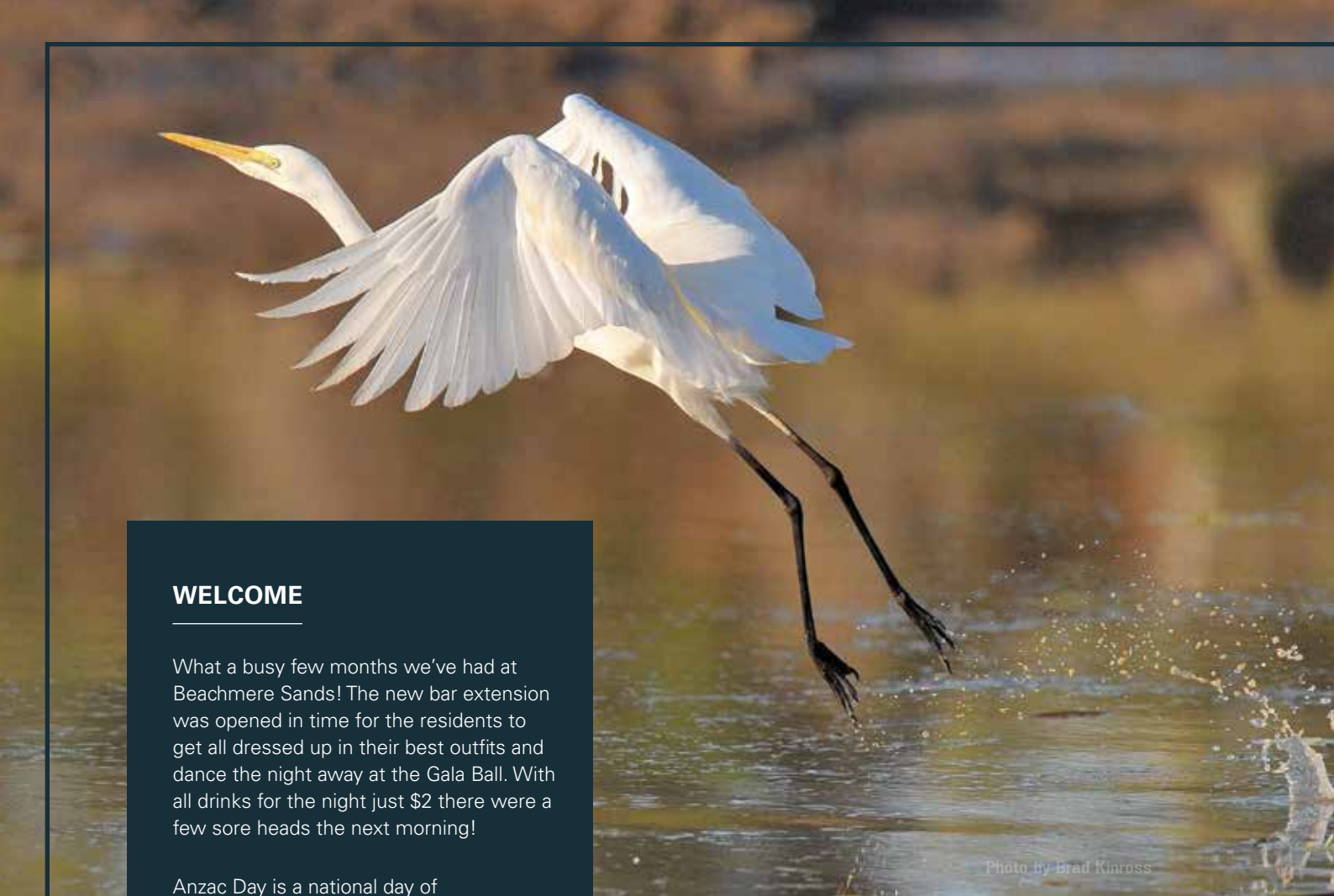
"Most have been handed down from parent to child over generations, handwritten on the back of envelopes, scribbled in notebooks or written at the end of old recipe books from the last century, making them family treasures and secrets, generously shared," says Beachmere Sands resident and Social Club chair Chris Sutton, on behalf of the group of cookbook volunteers. "Others have been created and refined by their donors; modern and delicious."

All of the production stages of this book, the writing of the recipes, the design and layout, the artwork and

photography, editing and proofing, has been the work of a group of Beachmere Sands resident volunteers. The book will be distributed through the Social Club and available through booksellers and local shops, for just \$25. All profits will go to the Cancer Council Queensland to support cancer patients and cancer research.

A book launch will be held on May 22 at 9.30am, at the commencement of the 2018 Biggest Morning Tea event. Copies will be available for purchase at the launch and from that date onwards. Pre-order your copy through Chris on chris.sutton@palllake.net.au





WELCOME

What a busy few months we've had at Beachmere Sands! The new bar extension was opened in time for the residents to get all dressed up in their best outfits and dance the night away at the Gala Ball. With all drinks for the night just \$2 there were a few sore heads the next morning!

Anzac Day is a national day of remembrance and is always observed at Beachmere Sands especially with a number of returned servicemen residing at our resort. The resort buses took people to the Beachmere RSL March and Anzac Day Service in Beachmere. Our resort also hosted our own commemorative service in the Clubhouse with flags displayed honouring all the defence service units for those who have served and who have lost their lives fighting for our country. Afterwards a hearty lunch was served and we enjoyed two-up in the afternoon.

The Clubhouse now hosts a large projector installed in the stage area thanks to our very generous residents. We have enjoyed watching the Commonwealth Games on the big screen and everyone's looking forward to the State of Origin. A big thanks goes to Duane (Villa 137) who did all the setup work for the projector.

We are starting to feel a chill in the air with winter approaching. I think after the long hot summer, we are all looking forward to the cooler weather and the shorter days.

Jenni
Resort manager

THE BIG OH!

June heralds our annual 'Big O' event to celebrate all the Palm Lake Resort Beachmere Sands residents who will mark a significant birthday (one of those ones ending in '0'!) this year. Make sure you keep your eye out for details of that one.



Photo by Brad Kinross

INFORMATION CENTRAL

Tucked away behind the mailboxes, just before the main Clubhouse facilities, is the Multi-Purpose Room (MPR). There, and on the noticeboards, you find all the information on activities, buses, functions and meetings. If you don't visit the Clubhouse and MPR, you miss out!

While in the MPR, you can put your name down for meals, activities, shopping trips and more, read the minutes of meetings and also read the newspapers, check the noticeboards for information, use one of the PCs to check email or search for information and more.

MAY / JUNE

What's happening.



MUMS RULE

Whether it's your mum, your grandma, your aunty, a beloved female neighbour or if you are the mum yourself, make sure you take time to celebrate Mother's Day with the special people in your life on May 13. Mother's Day was first celebrated in 1908, when Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in Grafton, West Virginia in the United States. Her campaign to make Mother's Day a recognised holiday in the United States began in 1905, the year her mother, Ann Reeves Jarvis, died. Ann Jarvis had been a peace activist who cared for wounded soldiers on both sides of the American Civil War, and created Mother's Day Work Clubs to address public health issues. Anna Jarvis wanted to honour her mother by continuing the work she started and to set aside a day to honour all mothers because she believed that they were "the person who has done more for you than anyone in the world".



WILD BEACHMERE

Palm Lake Resort resident and photographer Brad Kinross has snapped some amazing sights in his lens and he has a special talent for capturing the local birdlife. Pictured above (and above left) is some of Brad's work. We are very lucky to call this part of the world our home, aren't we?

WHAT'S COMING UP

Galapagos Duck: May 11. Galapagos Duck began in the late 1960s and has continued to perform on the Australian jazz music scene. Catch the band at Redcliffe Cultural Centre.

Steve Parish exhibition: May 18, 7pm. "From Darkrooms to Drones" celebrates Steve's 50 years behind the lens at the Caboolture Library.

Write your story: May 19, 9-10.30am. Do you have a story to tell? Award-winning author and writing coach Louise Cusack shows you how to look at your life from the outside and turn your memories into a gripping narrative at this free session at the Redcliffe Library.

Margate Market: May 27 and June 24, 8-11am. Get your bulk food, local produce, honey on tap, local made soaps, waste-less supplies (bags, jars, bamboo toothbrushes etc), preloved and upcycled goods with a bit of local musical talent to boot! Find the market at Soul Harvest Wholefoods, 1/26 Baynes St, Margate.

Intro to iPads: May 9 and June 13 and the second Wednesday of every month, 10-11.30am. Learn the basics of using the iPad in this hands-on workshop, including downloading apps, email, the Internet, and how to get the most out of your iPad. Held at Caboolture Library.

Great sports.

CORNER POCKETS

The Beachmere Sands pool competition is up and running, with early wins by Les Purdie, Chris Fiorini and a close three-game match where Roger Selby knocked out one of the early favourites, Tony Peterson. There were 19 entrants, with Angela Jordan the only female entrant. We will organise a pairs competition and hopefully a few more of the ladies will enter. The final of the singles will be held as this newsletter goes to print.

YOUR DAILY GREENS

The winners in our triples competition are Mike Owner (Villa 119), Trevor Rolfe (Villa 16) and Bob McKenna (Villa 30) over Graham Callaghan (Villa 172), Greg Campbell (Villa 118) and John Andrews (Villa 36). This game took 3.5 hours to complete and was a real nail biter to the very end. A big 'well done' must go to Bob McKenna on achieving the win after coming runner up in both the Singles and Pairs Competitions. New lawn bowlers are welcome at any time. For more bowls info, contact Rusty (Villa 89).



Above: The 'Black Friday' re-opening of the bar was a hit!

MEET YOUR NEIGHBOURS

Paul Lupi and Chris Sutton

Where did you grow up? We both grew up in the UK. Paul was born in Scotland and Chris in the north of England. We came to Australia, separately, in the 1950s as the children of ten-pound POMs. We've been together for 19 years and believe laughter and kindness are the secrets to longevity. Nik Nak Tiger Woods, our crazy little Labradoodle, was born in Queensland and came to us in August 2016.

What made you choose Palm Lake Resort Beachmere Sands? We looked at a lot of places. We wanted somewhere with a sense of community and a peaceful environment. Paul suggested Beachmere. Chris's exact words were "Beachmere? Who'd want to live at b*@&dy Beachmere?!" One visit on an Open Day and we knew we had found our forever home. It was the people we met, their welcome and their kindness. We chose our spot and put down our deposit that very day.

What are your hobbies and interests?

Paul: Since coming to Beachmere I've discovered veggie gardening. I love football and I'm looking forward to playing croquet when the courts are ready. Chris: Since selling my business, I've returned



to writing. Family history is my passion. To keep my brain working, I'm studying for a degree in Writing and Publishing. I'm an avid quilter and photographer. Tiger: Food. Treats. Pats and hugs. Food.

What are the resort activities you never miss and why?

Paul: I like to help out in the bar, on the buses and in the resort kitchen. Tiger and I never miss puppy playtime at the dog park each afternoon. Chris: I enjoy the social activities and the quilting group. I love publishing our village newsletter and website. Neither of us would miss Cook's Night Out or morning tea in the Clubhouse with friends. As for Tiger, doggy playtime is number one priority. A close second is meeting and greeting everyone passing by on their way to the Club.

Picture yourself here.

There is nothing more comforting than knowing your villa's initial exceptional presentation stands the test of time. These villas boast state of the art finishes and a modern, uplifting ambience. In a resort that consistently has near 100 per cent occupancy, our resale villas and stunning ex-display homes are a rare opportunity.



VILLA 147 'PEARL' IMPRESSIVE EX-DISPLAY HOME

This two-bedroom-plus-study stunner is an ex-display home looking for its forever family. With two bathrooms, luxury tiles and carpets, Smeg appliances, waterfall stone benchtops, 2 pac cabinetry, ceiling fans throughout, quality window coverings and ducted air conditioning (with zoning function), you'll find a luxury sea change lifestyle here. Outside, you'll love the covered alfresco area and fully landscaped gardens. A 1000L water tank, garage door with remotes, Safety Link emergency response, solar hot water and seamless epoxy flooring in the garage complete this perfect picture. \$490,000.

VILLA 34 'BOUGAINVILLE' STANDING THE TEST OF TIME

Ideally positioned and enjoying close proximity to the Sands Clubhouse, Villa 34 boasts dual alfresco areas, spacious living areas, two built-in bedrooms, ducted air conditioning, European Smeg appliances and an additional storage garage. Elegantly appointed and superbly presented this villa will impress upon first inspection. \$360,000.



*For illustrative purposes only. Contact the Sales Centre for full details

VILLA 115 'CORAL' FULLY FINISHED, JUST FURNISH

There's so much to do at Palm Lake Resort Beachmere Sands. You could easily find yourself busy all day, but it's OK to indulge in a little down time too. Our community boasts relaxing reading rooms with well-stocked libraries and fireplaces perfect for a good book, a great chat or even a long slow brandy and a devious game of chess. Find your seaside haven with our Coral home design. Villa 115 is also an ex-display home offering two bedrooms plus study, two bathrooms, a double garage and all the bells and whistles you'd expect of an immaculate display. Paradise awaits. \$520,000.

FREECALL 1800 338 382 to arrange your personal tour



Hassle-free horticulture.

Palm Lake Resort homes offer low-maintenance yards which means there’s more time to focus your energy on cultivating your indoor plant display. Succulents have sent the décor world into a spin in recent years and their low-maintenance care regime means they’re popular for more than just their looks.

Whether you’ve got them grouped in small pots or large specimens dominate the corner of your living space, cacti and succulents bring a certain something to the atmosphere of a room.

Paired best with more natural textures like wicker, wood, leather or marble, these plants always add interest to a room or any simple vignette. But the real reason people opt for a cactus or succulent is because they are so easy to maintain or, rather, how hard they are to kill!

Native to the arid, dry landscape of the American desert, cacti in particular require far less water than your standard house plant. Because there is no one type of cacti, the amount of water and sun they require varies. However, a good rule of thumb is to water them when the soil has dried out and to keep them in an environment that is most similar to their natural environment – somewhere hot and sunny.

The same general rules also apply to succulents which, fun fact, is an umbrella term that can also include cacti. Most popular succulents, like mother-in-law’s tongue and snake plants, can tolerate moderate light and low humidity, and won’t shrivel up and die if they are neglected for a week or two like other house plants.

Thanks to their origins in the tough conditions of the desert, cacti and succulents have developed the ability to store water for long periods of time – meaning more green living spaces and less plant funerals for you!

Back to nature.

Botanical prints are on-trend in interior design right now. Bring a little bit more nature inside with leaf prints, natural fibres and pops of glorious green. Here are some ideas...



Choose a few statement cushions or an ottoman for on-trend botanical interest.

Impressive crafty residents.

If there’s one thing that ties many Palm Lake Resort Beachmere Sands residents, it’s their love of craft.

Among the regular craft activities held each week are stamping (Tuesdays 9am and 11am), quilting (Tuesdays 9.30am), general craft (Wednesdays 10.30am), paper tole (Thursdays 9am, *pictured right*) and lace making (Thursdays 1pm).

These regular meetings are always fun and a great social outlet, but can also be quite rewarding for the residents involved. Many of the beautiful bespoke items produced during craft meetings end up in the Residents’ Gift Shop. In fact, the shop has had a profitable start to the year with a very healthy increase in sales. As well as the abovementioned crafts, in the shop you’ll also find handmade cards, jewellery, woodwork, paintings, knitted goods, embroidery pieces and more.

The Gift Shop is open 10-11.30am, Monday to Friday. The shop roster is shared by the stockholders and volunteers - all residents of our resort. A percentage of sales is also donated to the residents’ fund so there’s no better reason to stop by and pick up a convenient bespoke card and treasure, the next time you are in need of a gift.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.30am Men’s tee-off, Yoga	7am Water aerobics	6am Golf away	7am Strength & balance	7am Golf away, Tai chi		9.45am Scroungers’ bowls
1.30pm Bingo	9.30am Scrabble, Quilting	8.30am Zumba	9am Paper tole	9.15am Bowls (singles, doubles)		
5pm Ladies golf	12.30pm Lawn bowls	10.30pm Craft group	1pm Canasta, Lace making	1.15pm Mah jong		5pm Ladies’ tennis
6.30pm Mixed tennis	7pm Indoor bowls	5pm Women’s tennis 6.30pm Mixed tennis	5pm Residents’ dinner	12.30pm Residents’ lunch		



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