

JANUARY - FEBRUARY 2024



Ballina Bliss



Meet your neighbours

Find out how Julie and Dennis came to live the Palm Lake Resort Ballina dream

Green thumbs galore!

Catch up on the third and final instalment of our 'Garden Goodness' series...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for a cash reward



Welcome.

Well, here we are at the start of another year! I hope everyone had a festive, relaxing break with family and friends. If you're like me, you may have enjoyed a few too many indulgences over the Christmas period - they're just too hard to resist. Once a year is okay by me! Luckily, we have a program of fun fitness classes that will have you feeling your best in no time. See the opposite page for our Weekly Activities list.

I was lucky enough to enjoy some time off with my son over. It was so nice to catch a few waves at the local beach.

We welcomed two couples to the resort just before Christmas, and they are certainly enjoying all that is on offer here. They have been settling in well thanks to our friendly atmosphere, and I would like to extend a thank you to all of our residents for making them feel welcome.

As the new year begins, we are looking forward to all the activities and fun times ahead. There is always something happening here at Palm Lake Resort Ballina - and, best of all, it's all right outside your front door.

I am always looking for interesting content for the Ballina Bliss. If you have had a great experience or an interesting story that you would like to share, I would love to hear it and pass it onto our residents. I am constantly in awe of the fascinating people residing in this special place, and I really enjoy hearing about their life achievements and experiences.

So let's see what great memories we all can make in the year of 2024. One thing is for sure: we will continue living the dream here at Palm Lake Resort Ballina.

Until next time,

Julie D'Arpino
Sales Consultant, Palm Lake Resort Ballina



Contact us.

Looking for more information about Palm Lake Resort Ballina? Here's how you can reach us:

FREECALL: 1800 335 666

Street address:
120 North Creek Road,
Ballina NSW

Office hours:
9am to 3.30pm, Monday to Friday

Email:
salesballina@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook (@palllakeresort) and on Instagram (@pallm.lake.resort)

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News in brief.

We want to hear from you!

Whether it's photos from a recent event or a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Ask your caretaker about deadlines for upcoming editions and how to submit content.

Go slow

Sometimes when we are in a hurry, we forget the limits and our speed creeps up but, for the safety of all including our wildlife, please stick to the 10km/h speed limit. Also, to those owners of bikes, buggies and motorised scooters, you also need to respect the road rules whilst moving around our resort grounds.

Get social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @palllakeresort
Instagram: @pallm.lake.resort



Weekly activities

MONDAY
7.30am Tennis
9am Art class, Tai chi, Brunch
10.30am Line dancing (general)
2pm Scrabble
3pm Aqua aerobics
5.30pm PLR dinner
7pm Old style dancing (first and third Monday)

TUESDAY
9am Craft and quilting, Brunch
2.30pm Canasta (five players)

WEDNESDAY
7.30am Tennis
9am Bus to shops, Painting Pals, Brunch
10.30am Line dancing
12pm Lunch
2pm Cinema, Mixed lawn bowls

THURSDAY
9am Men's lawn bowls, Line dancing (intermediate), Jonola Canasta
1pm Ladies' lawn bowls
3pm Singing and fun
7pm Sing-along

FRIDAY
8.30am Aqua aerobics
9.30am Aqua aerobics, Gentle exercise
10am BYO morning tea
1.30pm Cards
5pm Happy Hour

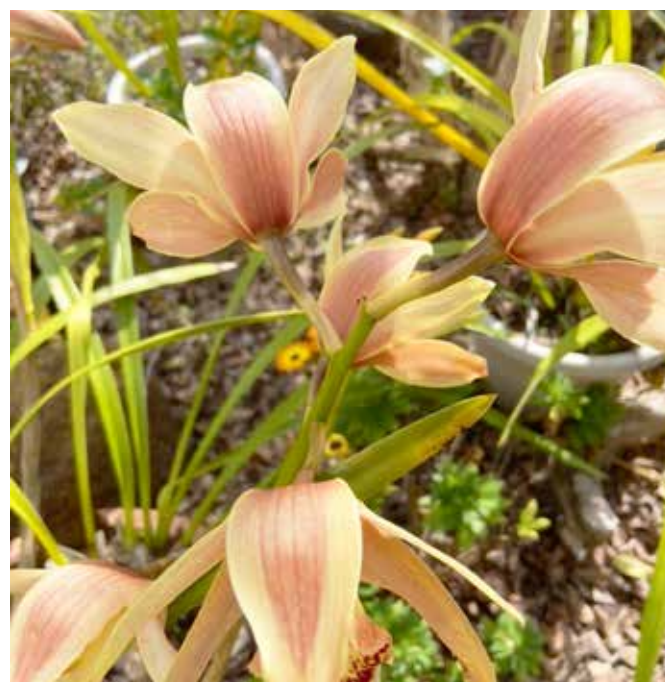
SATURDAY
7.30am Tennis
9am Tai chi
1.30pm Mah-jong, Canasta
7pm Cinema

SUNDAY
2pm Mixed lawn bowls



Refer your friends!

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Ballina home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.



Even more garden goodness...

IN THE THIRD AND FINAL INSTALMENT OF OUR 'GARDEN GOODNESS' SERIES, WE PRESENT SUE AND BOB'S GLORIOUS GARDEN. THANK YOU TO ALL WHO SUBMITTED PHOTOS OF THEIR BEAUTIFUL BACKYARDS.



Meet your neighbours.

WE LOVE WELCOMING NEW RESIDENTS INTO OUR PALM LAKE RESORT BALLINA COMMUNITY AND HAVING THE OPPORTUNITY TO SHARE THEIR STORIES. HERE, WE INTRODUCE JULIE AND DENNIS QUAD WHO MOVED INTO THE RESORT IN DECEMBER...

Our new country couple, Julie and Dennis, are the proud owners of Home 235. Joining us from Trundle, New South Wales, they have been working a three-and-a-half-thousand-acre property of wheat and sheep for over 35 years. In that time, they also raised four beautiful children (who are all now adults, living here in the Northern Rivers).

Dennis was a patron of the yearly agricultural show in Trundle, where he would officiate the dog and horse trials. He was on the committee for 40 years.

Julie was also an active member of the community and was part of many groups – from movies to exercise and sewing, to name a few.

Eventually, their children started to leave Trundle and head to the Northern Rivers for its wonderful lifestyle. Julie and Dennis would visit them throughout the year and really enjoyed the relaxed environment – and, of course, the beach.

The farm Dennis leased out wasn't being managed efficiently, and the daily chores were starting to get on top of

him. Dennis and Julie were starting to think about a change.

That change turned out to be a move to the Northern Rivers, to be near family and enjoy their retirement by the beach.

Thanks to friends of theirs who were already living at Palm Lake Resort, they were encouraged to check out what was on offer here. It didn't take them long to say, "Yes! This is the change we want."

After their home was inspected by Julie and the family, they couldn't wait to put things in motion to buy their beautiful home. Since moving in, they both agree that the friendliness of their new neighbours has been exceptional.

Dennis is keen to start bowls again, and Julie is excited to continue her interests (as she had back in Trundle).

A big thanks to Mark (the favourite son), for sorting out the technology side of things for Julie and Dennis. They are so happy that they made the move to Palm Lake Resort Ballina – it's all here for them.

Another lucky couple living the dream.



Helping friends become neighbours.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes, you'll receive \$250 cash. Easy!

\$250

cash incentive when you refer a friend to buy an **established home** at Palm Lake Resort



For more information and to refer your friend, simply contact our Sales Information Centre on 1800 335 666. *T&Cs apply

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
pallmlakeresort.com.au

Resort manager's report.



Tropical Ballina has once again flourished, with plenty of warm to hot days to enjoy. Of course, this means our two resort pools have seen a good amount of use in recent months - it has been great to see so many homeowners and their friends and family enjoying our facilities.

Speaking of which, our Oasis Country Club has hosted a few music events in recent months. We have enjoyed watching both visiting bands and our local resident band pumping out the tunes. The dinner dance combinations have been a roaring success, and we look forward to many more this year.

Our grounds/garden team have also been extremely busy this summer, keeping the resort gardens watered, weeded and looking wonderful. I'm sure they are looking forward to some cooler days, to stop the grass growing so fast. I must say though, everything is at maximum growth, flowering, and looking fantastic. It is a real treat to make my way around the resort each day.

I was fortunate enough to have a couple of weeks of leave after Christmas. It gave me a chance to re-energise the mind and soul, and return ready for 2024. Watch this space... lots of exciting things going on in Ballina!

Until next time,

Rick Stewart
Resort Manager



Robert's steak with peppercorn sauce.

OUR RESORT IS HOME TO MANY TALENTED COOKS - AND THEY'VE BEEN KIND ENOUGH TO SHARE THEIR FAVOURITE AND FAMILY RECIPES HERE, IN THE BALLINA BLISS. IN THIS EDITION, ROBERT BARLOW (HOME 219) SHARES HIS STEAK WITH PEPPERCORN SAUCE, POTATOES WITH SOUR CREAM AND CHIVES AND CARAMELISED ONIONS

INGREDIENTS

Crème gold potatoes (one bag)
Fillet steak (one for each person you're serving)
Brown onions (half for each person you're serving)
Malt or balsamic vinegar
Sour cream
Chives
Sour cream
Green peppercorns
1 tbs brandy

METHOD

1. Prick Crème Gold potatoes with a knife. Steam or boil until tender.
2. Cook fillet steak on a hot barbecue for 4 minutes each side for medium well, less for medium rare. Rest steak for 5 minutes.
3. To make caramelised onions, slice onions thinly and cook in covered frypan on medium to low heat until softened. Add a splash of malt or balsamic vinegar and a teaspoon of brown sugar.
4. Serve potatoes with sour cream and chives and pour peppercorn sauce over steak.

For the peppercorn sauce...

- Combine sour cream, green peppercorns and a tablespoon of brandy and heat gently in a frypan.

Chef's note: Alternatively, Coles make a lovely peppercorn sauce which makes a good cheat!

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Waterford's own toy story.

THERE'S A GROUP OF MODEST WOODWORK ENTHUSIASTS USING THEIR PALM LAKE RESORT WORKSHOP TO GREAT ADVANTAGE.

The aptly named 'Toy Boys' is a band of merry toymakers - akin to Santa's elves - who spend their spare time in their Palm Lake Resort Waterford workshop turning timber into toys for underprivileged kids each Christmas.

Current president Ray Johnstone says the Toy Boys utilise donated timber offcuts and fundraise to purchase other materials from their local Mitre 10 store, which also comes to the party with its own generous donations to the Toy Boys' cause. The Boys spend the whole year manufacturing everything from toy trucks to rocking horses to children's play furniture and then, at Christmas time, they make a donation to Beenleigh Special School and place the rest of their toys under the Mitre 10 Christmas tree as part of its annual appeal.

Ray says the Toy Boys have been making and donating toys for the best part of 15 years. Many hundreds of toys have passed through this resort's workshop on their way to grateful children.

Ray says the Boys were devastated to learn of the passing last week of one of their original members, Jim Blackwood, who was "the backbone" of this incredible group right up until the day he passed.

If you'd like to support the Toy Boys' cause, Mitre 10 and Bunnings gift cards are greatly appreciated, as well as any material donations. For more, phone the Palm Lake Resort Waterford caretakers on 1800 028 428.

Caloundra golfers reign supreme.

FOR THE SECOND SUCCESSIVE YEAR, CALOUNDRA CAY HAS WON THE COVETED PALM LAKE INTER-RESORT GOLF CLASSIC, RETAINING THE PALM LAKE RESORT CUP.

Golfers from Palm Lake Resorts Toowoomba, Cooroy-Noosa, Beachmere Sands, Beachmere Bay, Pelican Waters, Caloundra Cay and Hervey Bay descended on Pelican Waters Golf Course (owned by the Palm Lake Group) for the annual event, with 128 homeowners competing in a four-person Ambrose.

Caloundra Cay retained the trophy won in 2023 when the event was played at Woodford Golf Club and the team of Bernie Reddan, Archie Deans, Ian Ponton and Ray Pickup returned the best score of the day - an impressive nett 55.875.

Head of Golf, Dale Williamson, said it was the biggest field the course had enjoyed since re-opening.

"To have Palm Lake Resort represented by seven resorts and so many homeowners, was encouraging," Dale says. "Hopefully we can have even more of our resorts and homeowners involved next year."

Charitable Cooroy sewers rewarded.

PALM LAKE RESORT COOROY-NOOSA'S UNIFORMS 4 KIDS SEWERS ARE BEYOND HAPPY WITH A SET OF BRAND NEW SEWING MACHINES PAID FOR BY BENDIGO BANK, VIA THE LOCAL HERO AWARDS.



Uniforms 4 Kids (U4K) is a dedicated charity that sees sewers produce children's clothing items from old uniforms donated by the Police, Border Force, Flying Doctors, Fire Service, Ambulance Service, Australia Zoo and more. The clothing produced by these dedicated sewing enthusiasts is donated to underprivileged children in need. But the benefits don't stop there. The pre-loved uniforms would have otherwise gone into landfill but instead, our environment benefits and many underprivileged children are clothed and happier.

The pioneer and founder of U4K is Palm Lake Resort Cooroy-Noosa homeowner Yvonne Pattinson OAM.

One day, Yvonne wanted to clean out a cupboard crowded with material collected over a lifetime of sewing. She decided to turn that fabric into children's clothing that a friend of Yvonne's wanted to donate to an orphanage she supported in Asia. In stepped Yvonne's daughter, Debbie Platz (then a Queensland Police officer), who pointed out there were many underprivileged children right here in Australia who needed clothing and why not use the police uniforms she and her colleagues had to discard? U4K was officially born.

U4K sewers exist in groups spanning Cooktown to Canberra and have made a total of almost 30,000 items of clothing for children in need since the charity began - what an incredible effort!

U4K sewers have also made lasting friendships and have a new purpose in life through their volunteer work with this charity. Not to mention the positive effect U4K has in bringing emergency services and local communities together in those areas where a U4K group operates.

The U4K ladies of Palm Lake Resort Cooroy-Noosa (pictured above) were rewarded by Bendigo Bank recently with a donation of brand new sewing machines to enable them to continue their good work. Congratulations to you all - you make us proud!

Maybe you can start a U4K group with your Palm Lake Resort friends? Visit www.uniforms4kids.com.au

Tea Gardens' jam-packed day.

FORGET TURNING LEMONS INTO LEMONADE - A GROUP OF PASSIONATE PALM LAKE RESORT TEA GARDENS RESIDENTS ARE TURNING THEIR RESORT CUMQUATS INTO DELICIOUS JAM FOR ALL TO ENJOY.

Palm Lake Resort Tea Gardens is filled with many fruit-bearing cumquat trees - some on resort grounds but many in the residents' own backyards. Noticing this, a band of enthusiastic jam-lovers came together and the annual PLR Cumquat Jam Production Day was born. One resident spent a year collecting, washing, de-labelling and storing hundreds of jars. Others organised the donation of masses of sugar and the collection of all the required cooking utensils. The resort's Bowls Club kitchen was booked, and dozens of residents arrived early on the day to form teams, washing, cutting and weighing fruit and sugar, sterilising jars and lids, cooking the jam, then bottling and labelling it. Of course, a community event like this would not be a Palm Lake Resort event if there wasn't a morning tea shared and a few glasses of bubbles later in the day! By 7pm, the job was done. Some 38kg of fruit (all grown around the Palm Lake Resort Tea Gardens grounds) and 38kg of sugar produced more than 200 jars of jam. What a wonderful community initiative - and a delicious result!



What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? Email the details to belinda@bellepr.com

Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 335 666 OR EMAIL SALESBALLINA@PALMLAKE.COM.AU.
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 52 - \$1,100,000

Bed

3

Bath

2

Living

1

Alfresco

2

Garage

2

Feels like a cottage.

This three-bedroom home features an enclosed alfresco area that overlooks the front garden. Tiled throughout, with open-plan kitchen/lounge/dining area. Dimmer lights in the lounge room, ducted air conditioning and added fans. The master bedroom has a lovely outlook onto bird-attracting trees. The easy-to-care-for garden has a small lawn and extra space at the entrance of the double garage for another vehicle.



Home 22 - \$1,000,000

Bed

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

2

Lots of open space.

This tidy 2 bedroom home with study features an enormous back yard with a great rural outlook. It has well-established fruiting lemon and orange trees with lots of room to grow more produce. An ideal area, also, for pet owners with plenty of room to run free. Carpeted throughout with air conditioning and fans and an alfresco area leading out from the lounge room is a great place for a cuppa under the awning.



Home 40 - POA

Bed

3

Bath

2

Living

1

Alfresco

2

Garage

2

Ready to move in.

This well maintained home has a very spacious living/lounge area with two alfresco areas leading out from the lounge room. The alfresco area at the front is enclosed with windows and screened doors giving an extra room to relax and view the garden. The double garage has an extra storage room added with extra car space at the side of the garage. A minimalistic garden with creative pebbled and stone paths surrounds the home.



Home 166 - \$1,285,000

Bed

2

Bath

2

Living

1

Study

1

Alfresco

1

Garage

2

Everything you need.

This lovely home has had one owner. Tinted windows and blind added to the front room keeping it nice and cool, plus extra-large awning alongside the master bedroom. Aluminium white shutters in the alfresco area and a spacious back lawn overlooking bird attracting trees. Tiled throughout with vaulted ceilings adding a great sense of space. Two TVs are included in the sale and a handy key safe at the entrance of the home.



Home 262 - POA

Bed

2

Bath

1

Living

1

Study

1

Alfresco

1

Garage

1

In excellent condition.

This Serenity design home features two bedrooms, plus a study and alfresco area. Roll down blinds have been added leading out from the dining room, and the vaulted ceilings allow plenty of light in. The home has some added features such as tinted windows and additional cupboard space in the laundry. There is an interesting stone path running around the home, as well as an easy-care garden. The home occupies a corner block and is close to the Oasis Country Club and exit from the village.



Home 66 - \$1,100,000

Bed

2

Bath

2

Living

1

Study

1

Alfresco

2

Garage

2

Homely feel.

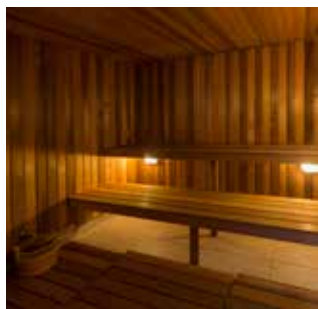
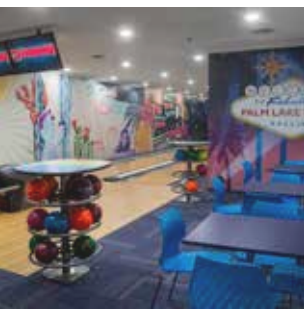
This delightful two-bedroom home with study has a lovely cottage appeal, especially with an outlook from an enclosed alfresco area onto trees and a waterway. The front alfresco area overlooks the well-maintained garden with a hedge for privacy. This home is carpeted throughout, with a tiled main bathroom and ensuite. A spacious lounge dining area allows lots of light in and the kitchen is at close proximity with an outlook onto the garden. The homely feel embraces you upon entry.



10

11

retirement **REIMAGINED**



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