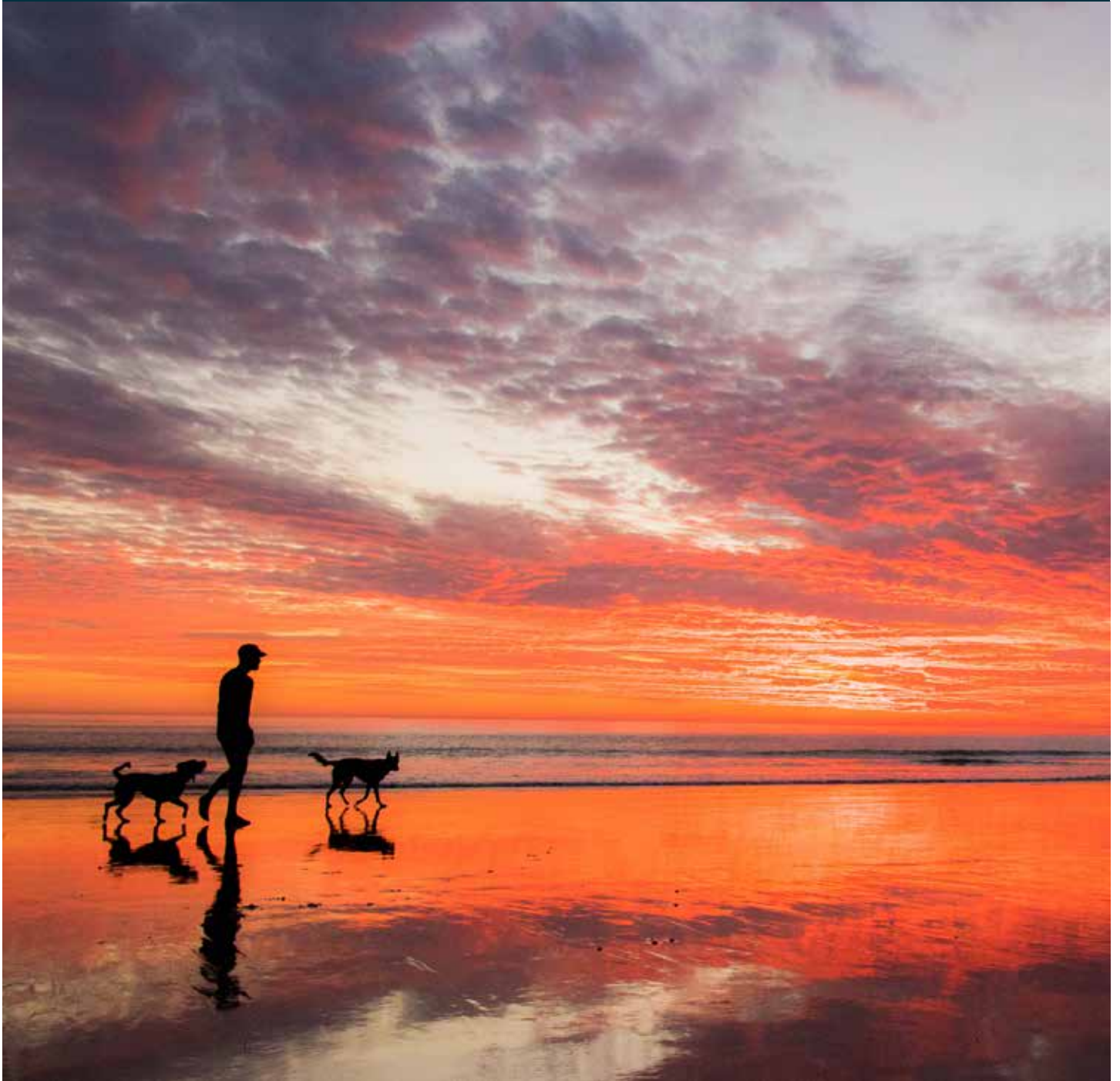


Ballina.

JULY - AUGUST 2023



Get well soon

Did you know that the secret to better health could be found in your own backyard? Find out more on Page 9...

A dog's life

Our resort is home to many happy four-legged residents. Meet the dogs of Palm Lake Resort Ballina inside...





Welcome.



It has been such a pleasant start to the winter months here in Ballina – and let's hope it stays that way!

I have witnessed lots and lots of whales frolicking in the ocean as they pass by us on their way up north to warmer waters. They're not too far out which is a joy to watch. Not to mention the playful dolphins as well.

Speaking of local animals, we had a very positive response to a recent call out asking residents to share photos of their dogs for the newsletter. Turn to Pages 4 to 6 to meet our four-legged residents. It is wonderful to see that your dogs love living here as much as you do!

We will be welcoming new homeowners to our beautiful community in August. I am sure that you will get to know them quickly and they will feel welcomed – they already have friends living here, which is a testament to the power of word of mouth! Remember: if you refer a friend and they purchase a Palm Lake Resort home, you will receive a \$250 referral bonus.

It is never a hard decision to move to Palm Lake Resort when the opportunity arises. Our wonderful residents love to promote the advantages of living in our resort – from the world-class facilities to the on-site restaurant, to the special sense of community we have here – on our behalf.

We are experiencing increased foot traffic coming into the sales office, with many people wanting to know of any sales coming up.

A reminder that if your circumstances change, for whatever reason, and you are thinking of selling, it won't be too long before a buyer comes along! Come and see me at any time to discuss your plans.

Enjoy the rest of winter everyone.

Until next time,

Julie D'Arpino

Sales Consultant, Palm Lake Resort Ballina

CONTACT US

Looking for more information about Palm Lake Resort Ballina? Here's how you can reach us:

FREECALL: 1800 335 666

Street address:

120 North Creek Road,
Ballina NSW

Office hours:

9am to 3.30pm, Monday to Friday

Email:

salesballina@palllake.com.au

Find us online at:

palllakeresort.com.au

Get social:

Follow us on Facebook (@palllakeresort) and on Instagram (@pallm.lake.resort)

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News briefs.



GO SLOW

Sometimes when we are in a hurry, we forget the limits and our speed creeps up but, for the safety of all including our wildlife, please stick to the 10km/h speed limit. Also, to those owners of bikes, buggies and motorised scooters, you also need to respect the road rules whilst moving around our resort grounds.

GET SOCIAL

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @pallmlakeresort
Instagram: @pallm.lake.resort



REFER YOUR FRIENDS!

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Ballina home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.

WEEKLY ACTIVITIES

MONDAY

7.30am Tennis
9am Art class
9am Tai chi
10.30am Line dancing (general)
2pm Aqua aerobics
3pm Aqua aerobics

TUESDAY

9am Craft and quilting
2.30pm Walking group (meet at dog park)

WEDNESDAY

8am Tennis
9am Bus to shops
9am Painting pals
1.30pm Line dancing (beginners' practice)
2pm Cinema
2pm Mixed lawn bowls
3pm Line dancing (intermediate)

THURSDAY

9am Men's lawn bowls
9am Line dancing (general)
1pm Ladies' lawn bowls
2.30pm Walking group (meet at dog park)

FRIDAY

9am Aqua aerobics
10am Aqua aerobics
10am BYO morning tea
11am Gentle exercise
1.30pm Cards

SATURDAY

8am Tennis
9am Tai chi
1.30pm Mah-jong
7pm Cinema

SUNDAY

2pm Mixed lawn bowls



Meet our furry friends.

BEHIND MANY A PALM LAKE RESORT BALLINA HOMEOWNER IS THEIR FURRY, FOUR-LEGGED COMPANION WAITING EXCITEDLY TO SAY HELLO. MEET THE DOGS THAT CALL OUR RESORT HOME...

MEET DAISY MAE TAYLOR

My name is Daisy Mae Taylor. I am three years old and have lived at Palm Lake Resort Ballina since I was eight weeks old. I love it! Palm Lake Resort Ballina has the best smells. My humans walk me around the resort twice a day, so I get to meet my puppy friends. I like walking with my human mum best because she lets me spend time sniffing –

my human dad is always in a hurry, and I have to keep up. My special friend is Milli O'Mara. She lives opposite me and sometimes we have sleepovers. My favourite things are playing with my toys, picking up feathers while walking and chasing green frogs. I am a happy girl and lucky to live at Palm Lake Resort Ballina with all my friends.



MEET CODY CLARK

Even though I'm 12 years old, I still think I'm a puppy! I love my daily walks and saying hello to all the other dogs who live here in the resort. My parents say they certainly don't need a doorbell in our house, because they have me – a dog bell.

MEET GEORGE CHRISTIE

Hi, my name is George Christie! I'm almost nine years old but I still think I'm a puppy – maybe it's because I'm a miniature fox terrier, so I'm full of energy? I live a great life here, especially since I have my mum well trained to take care of all my needs.



MEET BERT MCNEIL

Thirteen years ago, my mum came to an Animal Adoption Day with a clear picture of what she wanted – an older female dog with a placid nature. There were dogs everywhere, amongst them a couple of identical brindle puppies with their foster carer (me and my brother!). She laughed when I sat on her feet. She looked at dogs and more dogs, then came back around to meet the boys again. I strained at my leash to get to her. "Is that the same

one that sat on my feet?" she said. So that's how she came to adopt me, Bert, when I was five months old. Her daughter even adopted my brother. We had both been found in a cardboard box behind the supermarket in Mullum. I'm not great with other dogs so we walk early, but I love my people friends - especially Lola, Ian and Moyra, as well as Brendan from the lawn mowing crew. He always gets down on his haunches and lets me lick his face!





LEXIE KAFKA

I'm a two-year-old labradoodle, and a great tennis fan – I love to watch the players on Monday and Wednesday mornings. Truth be told, I'm more interested in the balls going back and forth and follow them with rapt attention. My mum says I have a lovely quiet nature, but as I'm still in my "puppy" stage I can get excited when other dogs are around.



HOPE ISON

I turned two on April 29. My mum didn't give me a party because COVID was still an issue – she used the same excuse when I turned one. To all my puppy friends, in case my mum is being a stick in the mud, I would love to rapt attention to me, not mum, so I know I get my mail. We will hold a party in the dog park. Treats on me!



SOXY JONES

I'm the loving fur baby of Ken and Fiona. I've just celebrated my 12th birthday and am a quiet, placid and loving greyhound. I love everyone – human, dog or cat. In fact, 'Pat the Cat' from Home 243 patiently waits for me to come along on my afternoon walks so that he can say hello. I then stop for a pat and a treat from Sharon and Ross in Home 244. They are very generous, so I like to hang around them for as long as I can. At dog park I meet more of my furry friends, especially little George, who is also my sleepover mate. Despite our size difference, we're best mates – except for when I refuse to do my greyhound run around the park. If I'm slow off the mark, George barks until I set off at high speed. George and the other small fur babies love to chase me around – I even manage to outrun Billie (the kelpie from Home 187) and he's barely two years old! Yes, there's life in the old dog yet.



RUBI BASKERVILLE

My name is Miss Rubi Baskerville. I am my mum's spring baby, even though I will actually be turning nine this year! I'm a cavoodle, and I am the light of my mum's life. I am certainly loved by many of the homeowners at Palm Lake Resort Ballina, too. I enjoy my walks, meeting both dog and human friends around the resort and having cuddles.



MISTY PAYNTER

I'm a 12-year-old whippet who loves his morning and evening walks. I love to say hello to everyone and greet my doggy friends at the resort. The only thing I've ever played with is an old gardening glove! I have a heart murmur which means I get my medication in a small amount of peanut butter, twice a day! I love it so much I sometimes bounce around like a two-year-old.



CHILLI ARMSTRONG

I was rescued from an abusive home three years ago, from Moruya on the South Coast. I'm a Bichon Frise cross, which is usually a very stable and trustworthy breed. Despite the challenges and my unpredictability, my mum loves me dearly and I am going to be with her for life. Just don't approach in a high-vis jacket; I hate them!



TASHI ANGELIC

Hi, my name is Tashi and I'm a Tibetan spaniel. I'm a social butterfly and absolutely love meeting everyone, both around the resort and when I'm out on my travels – even when I'm in a shopping cart (as you can tell from my photo). My mum says I'm a cutie, and don't I know it! She also says that, for a 10-year-old dog, I'm doing amazingly. I couldn't agree more!



TILLY WHEELER

When I first arrived at Palm Lake Resort, I was only 13 weeks old. I could almost fit into one hand! I was the runt of my litter, which meant I was the quiet and shy one. But boy, you should see me now! Much like my mum, I have found so many reasons to love living here – not least of all, having so many wonderful friends. Mum says I bring her so much joy every day.



'Man's best friend' indeed.

THE DOGS OF PALM LAKE RESORT BALLINA COME IN ALL SHAPES AND SIZES – ESPECIALLY AT THE HOME OF CHERYLL WAGNER. CHERYLL HAS BEEN A 'FOSTER MUM' FOR ALMOST FIVE YEARS, AND SHE WOULDN'T HAVE IT ANY OTHER WAY.

Their faces look at you as if to say, "Will you love me?"

My first experience as a foster carer for the local animal shelter really came about by accident. Since moving to Ballina from Sydney, my intention was to adopt a dog. But when I visited the shelter and spoke to people there, it was evident that it would be more helpful to the shelter if I became a 'foster mum'. Something told me that this was the way to go at the time. That was four-and-a-half years ago.

Fostering dogs and puppies allows the shelter to accommodate more animals if they need to. The shelter pays for the food, supplies and medical bills while they are living in your care. Sometimes dogs act differently while in the shelter. A dog can be shy at the shelter but much more outgoing when at home – or, if the dog is high energy at the shelter, it may be much calmer after time in the home.

'Foster mums' provide temporary homes and care for dogs who need a little help. Some may be puppies who are still too young to be adopted, some are recovering from surgery or illness, and some find the shelter a too stressful environment, so foster homes are an ideal alternative for these dogs.

Changing owners or losing owners can be traumatic for dogs. It can cause them to stop eating, lose weight, lose interest in daily activities and some can even show symptoms of depression. Re-homing dogs should be taken very seriously.

One of my joys is fostering puppies. This is my way of getting my puppy fix. I can give them such positive experiences as

they grow and take care of them – as most puppies will need to be vaccinated and desexed before they are adopted, taking care of them after desexing is paramount in their medical recovery.

It's true that dogs talk to you. They communicate with their eyes, their tails and the way they approach you.

Many varieties have passed through my home. All of them have had a story. Some have experienced trauma, violence towards them and abandonment. Some have wandered the streets, while others have had no socialisation with people or other dogs. They need us to heal physically and emotionally, and they all deserve a home full of love, laughter, play and lots of belly rubs.

When my foster has found a new home, saying goodbye can be extremely hard. If possible, I try to meet the new family and give them his/her favourite things, take a deep breath, a big hug and a kiss goodbye. Believe me, you need to have a level of resilience and a somewhat mental toughness to get through it. Then, I do it all again with my new fur baby

It's an incredibly rewarding and meaningful experience. I have the opportunity to make a difference to the lives of some vulnerable animals. Becoming a foster mum gives me the opportunity to give back to my community.

Some of my babies have been Buddy, Yogi, Bella, Eco, Jessie, Willow, Laddy, Bindi and Scooby. They are all with their loving families... and are very happy and safe.



Resort manager's report.

What a glorious winter we have had here in Ballina. Cool nights, sunny days (except a couple of less sunny days) and clear skies. This year has been a welcome relief from years previous.



Our resort is buzzing at the moment. We have had many activities going on, including lawn bowls competitions. Two busloads of our finest bowlers even headed up to Palm Lake Resort Eagleby for a bowls challenge day... A great day was had by all.

Our tennis matches have been frequent, especially since the annual tennis court revamp service and refreshed line marking – there is definitely less contention about whether or not the ball is out. Residents who aren't up for the more competitive social tennis can be seen enjoying a hit around with their grandkids and families (the kids always go a little easier on their grandparents!).

Our onsite dining room and restaurant is going strong. At the time of writing, we have a dinner dance concert coming up next week – complete with an international band – which will certainly liven the place up.

The Friday night Happy Hour tapas menu is still proving popular and promises a good night out (especially since you "don't have to think about dinner"). This, of course, complements the pre-packaged takeaway dinners available... Why would you bother cooking again? It's all here.

We are looking forward to the spring birdlife which is slowly resurfacing around our great native gardens.

Overall, a great place to live – Ballina, Northern New South Wales.

Until next time,

Rick Stewart
Resort Manager

Happy here.

THERE IS NOTHING QUITE LIKE SEEING A PLACE YOU KNOW AND LOVE THROUGH FRESH EYES. THAT'S WHY WE ARE DELIGHTED TO SHARE THIS FIRST-HAND REPORT OF PALM LAKE RESORT BALLINA FROM NEW HOMEOWNER TONY KILBORN...

In the early days, my son Stuart – who owns the newsagent in River Street – used to deliver papers to this resort (well, the resort that was here before the Palm Lake Group took over).

I sold the home in Sydney and wanted to move to the Northern Rivers to be near my son. Stuart thought it was a great idea to have a look at Palm Lake Resort Ballina. He knew it well from ages ago, and suggested I come and have a look to see if I could see myself living here.

A home finally came up that really suited me. It was ideally situated near the clubhouse and close to the main exit of the resort, with visitor car parking opposite. It was a home I couldn't refuse.

Since moving in, I have frequented the bar on Fridays for Happy Hour where I get a chance to meet some lovely people. I have also been trying out all the other facilities in the resort.

I love it when people are happy to wave or stop to have a chat. It is very welcoming here, and I am so happy I made the decision to purchase a lovely home here at Palm Lake Resort.

I am certainly living the dream.

Tony Kilborn (Home 29)



Homes for sale.

Home 235 - \$1,400,000



UNDER OFFER

Stunning river views.

This home will not disappoint even the most fastidious buyer. Featuring two large bedrooms – both of which include ensuite bathrooms – and not one but two living areas (one upstairs and one downstairs), this home is perfect for the downsizer who doesn't want to compromise on space.

There are plantation shutters throughout as well as new carpet, so this home is ready and waiting to move into. There is also a new nine-panel solar system 3KW, Smeg appliances in the kitchen and electric shutters on the verandah (which features a stunning river view). This home won't last long - it ticks all the boxes.



Home 270 - \$1,300,000



**UNDER
OFFER**

Resort living at its best.

This well-appointed home is situated in a quiet location, just a five-minute walk to the Oasis Country Club with all the amenities, including a restaurant. The home itself comes with a large backyard – highly sought-after, especially for pet owners – lined with a low-maintenance garden. It includes a raised veggie garden to make it easy to pick your produce. The open plan home features vaulted ceilings to allow in lots of light, plus tinted windows in the lounge/dining area and kitchen. The alfresco area can be enjoyed while overlooking the wide expanse of the backyard – it is truly a rare find to have such a large space.



Home 38 - \$950,000



**UNDER
OFFER**

Cute cottage-style home.

This is a lovely well-maintained two-bedroom home with a spacious study. The home is tiled throughout with carpeted bedrooms and study. The home is light and airy with air ducted air conditioning plus fans. Six solar panels in place. The paved al fresco area overlooks the well-established easy to care for garden. A large single garage with plenty of room for a car plus storage. This home has had only one owner and is in immaculate condition. Good value for money.



Want to book a private tour and find out more about our resort? FREECALL **1800 335 666** or email **salesballina@palmlake.com.au**. You can also visit us online at **palmakeresort.com.au**

10,000 REASONS TO CELEBRATE

With more than 46 years' history and properties right along Australia's east coast, did you know that 10,000 likeminded people call a Palm Lake Group address home? Come join our 10,000-strong community in 2023. We welcome you home.



FREECALL 1800 335 666 | salesballina@pallmlake.com.au
120 North Creek Rd, Ballina NSW 2478

THE BEST IN OVER-55s LIVING. THIS IS YOUR TIME.
pallmlakeresort.com.au