

Ballina.

SEPTEMBER - OCTOBER 2023



New in town

We have been lucky enough to welcome some lovely new residents in recent months. Turn to Page 7 to meet them.

Green thumbs

Our resort is a beacon for beautiful bird life thanks to the talented gardeners who call it home.





Welcome.

Welcome to the September-October edition of Ballina Bliss – the first one of spring! The birds are chirping, the flowers are blooming, and the sun is shining. That has to put everyone in a good mood, doesn't it?

This month certainly kicks off the beginning of a busy season, with so many activities going on both within and around our resort.

I would like to thank the lovely residents who contributed to this edition of the newsletter. It certainly is jam packed with interesting features, from the creations of our talented residents to articles introducing our new neighbours.

There is also a beautiful spread showcasing our resort gardens on Pages 8 and 9. If you submitted photos of your garden but can't see them, don't panic – we had so many amazing contributions that we couldn't squeeze everything in! We will be doing a Part Two in the next edition. Our fabulous choir group will also be featured in the November-December newsletter, along with many more resort happenings. Stay tuned!

With so much going on around our resort, it will come as no surprise that we have a long line of potential buyers eager to call it home. There is a constant flow of enquiries coming into the Sales Office, so please keep this in mind if you have had a change of situation and are looking to sell. Feel free to stop by the Sales Office during our opening hours (listed right) for a chat, or to start the selling process.

Until next time,

Julie D'Arpino
Sales Consultant, Palm Lake Resort Ballina



CONTACT US

Looking for more information about Palm Lake Resort Ballina? Here's how you can reach us:

FREECALL: 1800 335 666

Street address:
120 North Creek Road,
Ballina NSW

Office hours:
9am to 3.30pm, Monday to Friday

Email:
salesballina@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook (@palllakeresort) and on Instagram (@palllake.resort)

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News briefs.

WEEKLY ACTIVITIES

MONDAY

7.30am Tennis
9am Art class, Tai chi, Brunch
10.30am Line dancing (general)
2pm Scrabble
3pm Aqua aerobics
5.30pm PLR dinner
7pm Old style dancing (first and third Monday)

TUESDAY

9am Craft and quilting, Brunch
2.30pm Canasta (five players)

WEDNESDAY

7.30am Tennis
9am Bus to shops, Painting Pals, Brunch
10.30am Line dancing
12pm Lunch
2pm Cinema, Mixed lawn bowls

THURSDAY

9am Men's lawn bowls, Line dancing (intermediate), Jonola Canasta
1pm Ladies' lawn bowls
3pm Singing and fun
7pm Sing-along

FRIDAY

8.30am Aqua aerobics
9.30am Aqua aerobics, Gentle exercise
10am BYO morning tea
1.30pm Cards
5pm Happy Hour

SATURDAY

7.30am Tennis
9am Tai chi
1.30pm Mah-jong, Canasta
7pm Cinema

SUNDAY

2pm Mixed lawn bowls

GO SLOW

Sometimes when we are in a hurry, we forget the limits and our speed creeps up but, for the safety of all including our wildlife, please stick to the 10km/h speed limit. Also, to those owners of bikes, buggies and motorised scooters, you also need to respect the road rules whilst moving around our resort grounds.

REFER A FRIEND

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Yamba home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.



WHAT A CATCH!

Check out one of our residents, Joan, showing off her latest catch - a mud crab!



GET SOCIAL

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @palllakeresort
Instagram: @palllake.resort



Life in colour.

FOR PHIL PINCH, ART IS ALL AROUND. WHETHER IT'S AN ABANDONED SHEARING SHED OR A CLOUDY BEACH, THERE IS BEAUTY TO BE FOUND EVERYWHERE YOU LOOK – YOU JUST HAVE TO BE READY TO CAPTURE IT.

Phil has dabbled in art all his life. He began his working career with the department store Anthony Hordens, in the display section. The 1960s were the days of grand displays in retail stores, with huge installations for Easter, Christmas, summer, winter – with all props and decorations made in-house for the store. After a while, Phil went on to become the Display Manager for the new David Jones Store in Parramatta. But as with most talents, life got in the way of a pleasurable pastime.

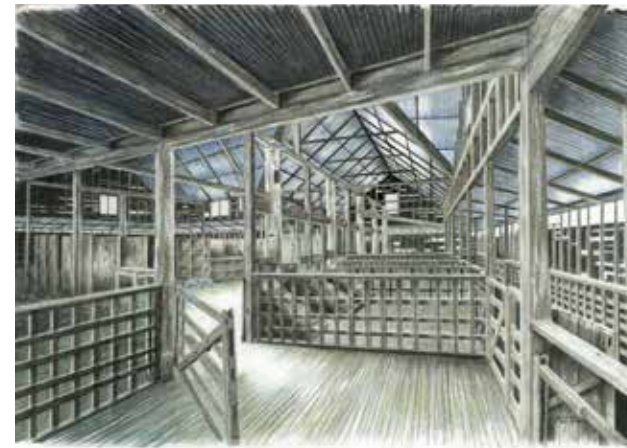
It wasn't until 2003, when Phil and his wife Leonie bought a post office in Manilla, that Phil returned to his love of art. It had been many years since painting so he started off with drawing – specifically with carbon and charcoal. To this day, this remains perhaps his favourite medium. Phil began to enter exhibitions, to great success. Before long he was commissioned to illustrate the grand houses people owned in and around the area. He also captured the beautiful architecture of the shearing sheds of the district, many of which had been long abandoned. John (Wakka) Williams (politician) and Angry Anderson (entertainer) are both owners of Phil's art. Phil also turned his hand to portraiture. Many Manilla locals are depicted in Phil's art, including Paul Calokerinos, owner of the Greek Cafe in Manilla for 62 years (pictured right), as well as Phil's grandchildren.

When Phil and Leonie moved to Palm Lake Resort Ballina almost 6 years ago, even more colour came into Phil's life. Inspired, he started painting in acrylic – a new medium to him, which he says he is still learning. Palm Lake Resort Ballina has offered both a wonderful retirement and the chance to mix with lots of extremely talented people. The resort's annual art exhibition shows the depth of talent here, and Phil has won the 'People's Choice' prize two years in a row. He has also been part of the 'garage exhibition' held at Palm Lake Resort Ballina.

Phil belongs to Ballina Art & Crafts Incorporated (BACCI) and exhibits at the Creative Artisans Gallery in Ballina, for extra stimulation and camaraderie.

Beyond painting, Phil is an avid bicycle rider – and he's a purist (no electric yet for him). Pretty good, especially considering he will be 80 next year! Phil rides in the Sunday morning social cycle group and during the week with a couple of other Palm Lake Resort Ballina men. He also loves caravanning and has had many lovely times and great opportunities to head off with his fellow residents.

So, what's next? Phil is currently working on a commission and hopes it will be completed by the time of the resort art exhibition in October (so do we!). He continues to prove that life is never dull – in fact, it's full of colour.



Pictured above: Phil's piece 'Wairuna Shearing Shed' won first prize at the Gunnedah Art Show.



Pictured above: The Iluka North Break Wall, winner of 'People's Choice' at the 2021 Palm Lake Art Exhibition.



Pictured above: 2022 Palm Lake Art Exhibition 'People's Choice' winner, 'The Gallows' Coffs Harbour.



Resort manager's report.



The weather is definitely warming at the moment. Though we have had a few cool mornings here and there, springtime is in the air and it's lovely to see our resort coming back to life after winter.

The only thing we are sad to say goodbye to is whale season, especially as our resort is just a short drive to the ocean. We have been treated to many performances out on the water from migrating whales in the last few months – both as they moved north to warmer waters, and then south on their way back home again.

We are so lucky to live where we do, and not simply because of the natural beauty that surrounds our resort. There is also plenty to see and do around Ballina, whether it's a music/culture festival or a unique sporting event. Just recently, there were events put on by the town's dragon boat, scuba diving and badminton clubs, and there were also festivals celebrating craft beer, architecture and French history. There is always fun to be had in our corner of the world!

There has been plenty to do within the resort, too, though I'm sure that by flipping through this colourful edition of the newsletter, you already know that.

I hope you enjoy reading it, and will be back with even more to report in the next one... our Christmas edition! Where has the year gone?

Until next time,

Rick Stewart
Resort Manager



Angelic creations.

OUR RESORT IS HOME TO MANY TALENTED RESIDENTS – JUST TAKE ELYNA ANGELIC. IN HER SPARE TIME, SHE MAKES WORKS OF ART OUT OF AN UNLIKELY MATERIAL: SOAP.

I have always been into hobbies that had anything to do with flowers, including embroidery and ribbon embroidery. Then... I discovered my love of fragrances. I started by growing a herb garden, and then roses and lavender, jasmine and elderflowers.

During my years of teaching meditation classes and spiritual/psychic development, I began making fragranced container candles for meditation. From those, my soap making evolved.

Originally, I made soap designs using pure herbal ingredients to help my sister who has severe eczema on her hands. She has never been able to use shop-bought soap, hand lotions or creams, so I used her as my guinea pig to infuse soap batter and create homemade lotions for her hands.

I enjoyed it so much I spent more time researching how to improve the quality of my soaps with organic vegan ingredients and colours. I also began designing the tops to look different and more appealing.

After quite a few failures and lots of time spent learning about chemistry – specifically, how certain substances react when mixed together – I created my handmade soap-making business. I had great success, mainly with making soap slices and cupcakes.

The ingredients are all healthy, moisturising and nourishing. Men, women, everyone loves them because they're so gentle on your skin.

To merge the soaps (along with my candles) into my spiritual work, they are infused with healing vibes and are named as such. 'Freedom', 'Love', 'Nirvana for Him', 'Peace', 'Abundance', just to name a few.

They make wonderful gifts and are so different to most soaps on the market today. They also last for ages if kept in a draining soap dish.

Welcome home...

WE'VE WELCOMED A FEW NEW FACES TO OUR RESORT IN RECENT WEEKS. READ ON TO MEET OUR BRAND-NEW RESIDENTS AND BE SURE TO SAY A BIG HELLO WHEN YOU SEE THEM AROUND THE RESORT.

LORRAINE SHAND (HOME 38)

Lorraine moved into Palm Lake Resort Ballina a couple of months ago, and is very pleased to have made the decision.

After living in her beautiful Lennox Head home – and enjoying stunning views – for 13 years, it was becoming apparent that the general maintenance was difficult to keep up with. As lovely as it was, and as much as Lorraine loved living there, she knew she would need to downsize soon.

Lorraine's friend Dianne had been living at Palm Lake Resort Ballina for a number of years, and suggested she come around to have a look at the resort. After visiting, Lorraine agreed that she could see herself living at Palm Lake Resort Ballina. She decided it would be sensible to sell her home (which she did in short time) and take up residence here at the resort – in the company of friends, and in a safe environment.

With the much-appreciated help of friends, Lorraine made the move to Palm Lake Resort Ballina. She is loving her more relaxed lifestyle here, and enjoys living in such a friendly setting.



GAIL & FLEMMING FREDERIKSEN (HOME 270)

These happy new owners have settled in very nicely and have been busy adding their personal touches to their new home. They started by adding new wood flooring, which beautifully complements their new furniture and artwork.

Having previously lived in Bangalow for eight years, Gail and Flemming decided to move to Ballina after purchasing some land in Ferngrove. There, they built their dream home – they had the plan for a while, but had never found the perfect place to build it.

One day, at the health and fitness club Curves, Gail met a friend called Jenny who told her about Palm Lake Resort. Gail and Flemming attended an open day at Palm Lake Resort Ballina, which was still under construction at the time, and only visited the club house. But Gail was reluctant to purchase, having been previously misled about capital gains when selling her parents' home elsewhere.

They were happy living in Ferngrove but, as much as Flemming loved the gardening around the home, he realized it was becoming harder for him to manage.

After considering and reconsidering Palm Lake Resort Ballina, they decided it was time to seriously see what homes were on offer here. They were especially comforted by the fact that they knew a few people in the resort.

Gail and Flemming came close to purchasing a three-bedroom home here, but unfortunately the timing wasn't quite right – they had to sell their house first.

When Home 270 came onto the market, everything fell into place. The home itself was perfect for them; the garden was just the right size for Flemming to still grow his veggies and potter around. They luckily found a buyer for their home in a short time, too.

After purchasing Home 270 in August and moving in shortly after, Gail and Flemming say they feel very at home already – especially thanks to the welcoming they have received from the neighbours and friends here. They have met more people in their first few weeks of living here than they did in Ferngrove.

They are now living happily ever after.



Garden goodness.

BEAUTY IS ALL AROUND US HERE IN BALLINA - ESPECIALLY WITHIN OUR RESORT. TAKE A STROLL THROUGH SOME OF THE SPECTACULAR GARDENS OF PALM LAKE RESORT BALLINA...



LIN AND BRIAN

Pictured above: Our idea of a garden is plenty of colour and perfume, and we like a garden that doesn't look too formal. We are being very strict with insect spray to encourage insects and bird life. We are also trying to have plants that follow on from each season, particularly ones that are sun tolerant.



PETER'S VIBRANT GARDEN



KEN AND DENISE

When we moved into our new home, we realised our back gardens were too narrow to plant shrubs without constant trimming. So, we decided to plant a tropical themed garden. We have crotons, bromeliads, coleus, ferns and small palms, to name a few. Our gardens are partly shaded and are protected from the summer sun, and we have foliage colour all year round without having to plant annuals. The best thing is we have a garden view from every window in our house.



JOAN

The two photos on the left are of my front garden – I like colour. The above picture is the view when you look out of my kitchen window.

HELEN

My garden is not a spectacular one, but it is full of 'bird attracting' native plants. We covered half our lawn with soil, leaving a small area of grass for our dog. It is easy care, requires minimal watering, and attracts over 30 species of bird life throughout the year. It is bee and butterfly friendly as I do not use poisonous sprays; this means that I do have many pests that eat my hibiscus relentlessly. I have learned to live with these various invaders and just use a little white oil on my citrus tree. Having moved from a rainforest retreat where the birds were larger and very different, I am amazed at the variety of small birds that are attracted to the grevilleas here. There is nothing quite like birdsong in the morning to lift the spirits...



Homes for sale.

Home 40 - POA

3

2

1

2

2



Ready to move in.

This well maintained three-bedroom home has a very spacious living/ lounge area with two alfresco areas leading out from the lounge room. The alfresco area at the front is enclosed with windows and screened doors giving an extra room to relax and view the garden. The double garage has an extra storage room added with extra car space at the side of the garage. A minimalistic garden with creative pebbled and stone paths surrounds the home. Ducted air conditioning with extra fans provides comfortable temperatures all year round.

Home 38 - \$950,000

2

1

1

1

1



SOLD

Cute cottage-style home.

This is a lovely well-maintained two-bedroom home with a spacious study. The home is tiled throughout with carpeted bedrooms and study. The home is light and airy with air ducted air conditioning plus fans. Six solar panels in place. The paved alfresco area overlooks the well-established easy to care for garden. A large single garage with plenty of room for a car plus storage. This home has had only one owner and is in immaculate condition. Good value for money.

Home 235 - \$1,400,000

2

2

1

1

2



UNDER OFFER

A lot to offer.

This immaculate two bedroom home with study has a lot to offer.

Inside you will find shutters in most rooms, as well as tinted windows for added privacy. There are also rows of irrigation around the entire garden for ease of watering, and a tiled area under the clothesline to keep things neat and tidy. There is even an extra clothesline in the garage for those rainy days.

Foxtel connections in the lounge room and 19 solar panels in total.

Home 262 - POA

2

1

1

1

1



Bright and airy.

This Serenity design home features two bedrooms, plus a study and alfresco area. Roll down blinds have been added leading out from the dining room, and the vaulted ceilings allow plenty of light in. The home has some added features such as tinted windows and additional cupboard space in the laundry. There is an interesting stone path running around the home, as well as an easy-care garden. The home occupies a corner block and is in very close proximity to the Oasis country club and exit from the village.

Want to book a private tour and find out more about our resort? FREECALL 1800 335 666 or email salesballina@palllake.com.au. You can also visit us online at palllakeresort.com.au

10,000 REASONS TO CELEBRATE

With more than 46 years' history and properties right along Australia's east coast, did you know that 10,000 likeminded people call a Palm Lake Group address home? Come join our 10,000-strong community in 2023. We welcome you home.



FREECALL 1800 335 666 | salesballina@palllake.com.au
120 North Creek Rd, Ballina NSW 2478

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