

AUGUST - SEPTEMBER 2025



The Point



The Humpback Highway

Our friends have returned!
Find out where - and when - to
see migrating whales

Over the back fence

Keep up to date with all the
good things your fellow Palm
Lake Resort family is up to

Refer a friend, earn a reward

Do you know someone
looking to move here? Refer
them for a cash reward



Welcome.

We hope you are all managing to stay cosy through these crisp mornings and chilly evenings. At least the cooler weather does make for some very comfortable nights of sleep!

On a more practical note, we are currently seeking a few extra volunteer bus drivers to lend a hand. At present, we only have two wonderful residents who regularly assist, but with such a large community, we would really benefit from a couple more. The role only requires a couple of hours on a Wednesday and is a great way to get involved, meet fellow homeowners, and help keep one of our much-loved services running smoothly. If this is something you might be interested in, please don't hesitate to come and have a chat with us.

We'd also like to remind everyone of the correct number to use when contacting the office. The office mobile is 0461 580 328. We're still receiving calls on personal mobiles, which makes it tricky to keep track of requests and ensure things are handled efficiently. Using the office number ensures your call is logged properly and dealt with as quickly as possible.

Another important reminder relates to tradespeople and contractors visiting homes within the resort. Any trades you engage to work at your home must sign in using the contractor's book, which is located on the table outside the office. This process is a compliance requirement and ensures we know who is on-site at all times, keeping our community safe and secure. Unfortunately, we've noticed this hasn't been happening consistently, so we kindly ask that you remind your trades to sign in when they arrive.

That's all from us for now. Take care, stay warm, and we look forward to catching up with you around the resort.

Until next month, take care,

Wayne and Di
Palm Lake Resort Banora Point Caretakers

Contact us.

Looking for more information about Palm Lake Resort Banora Point? Here's how you can reach us:

FREECALL: 1800 641 665

Street address:
67 Winders Pl
Banora Point NSW 2486

Office hours:
9am-11am, Monday to Friday for residents and 11am-3.30pm for sales

Email:
banorapoint@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook (@palllakeresort) and on Instagram (@palllake.resort)

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News in brief.

Weekly Activities

MONDAY

11am Gentle exercise, in the Grand Hall

TUESDAY

9am Lawn bowls

TBC Dinner Dance (fourth Tuesday of each month)

WEDNESDAY

10am Table tennis, in the Clubhouse

2pm Craft group meets in the Clubhouse (first Wednesday of the month)

THURSDAY

10am Line dancing

2pm Bingo, in the Grand Hall

FRIDAY

10am Table tennis, in the Clubhouse

3pm Lawn bowls

SATURDAY

9.30am Yoga, in the Grand Hall

Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.) or on residents' front grass areas. Please ensure your pet does not interfere with the peace, comfort or privacy of other homeowners. For more, please refer to the Residential Park Rules (July, 2017).



Homeowners Committee

We have a new committee for 2025-2026:

- **President**
Sandra Horne (Home 106)
- **Treasurer**
Anita Hatton (Home 62)
- **Secretary**
Lesley Bullus (Home 120)
- **Committee Members:**
Michael Fiddy (Home 109);
Ray Graham (Home 153)

We would like to say a big thank you to the outgoing committee members for all their hard work during the year.

Fortnightly coffee club

The Fortnightly Coffee Club continues to attract a following. It's an opportunity to catch up with new or old friends for a chat and a coffee, for just \$1. Held in the Grand Hall, the dates for your diary are:

- September 10 and 24
- October 8 and 22
- November 5 and 19

Please note: the Coffee Club meets every second Wednesday at 10.30am.

Green waste collection

Make a note in your diary for the next few green waste collections (and remember to put your green waste out the night before these dates as Wayne makes his collection in the early hours of the morning):

- September 1, 15 and 29
- October 13 and 27

Important phone numbers

Caretakers Wayne & Dianne:
5523 1188

Ambulance, Police, Fire: 000

Tweed Heads Police Station:
5506 9499

John Flynn Hospital: 5598 9000

Tweed Valley Hospital: 07 6677 2000

Electrician (Matt): 5590 5857 or 0409 396 396

Electrician (Richard): 0410 827 040

Plumber (Ryan): 0418 919 050

Border Locksmith: 5536 1611

Tweed Council: 02 6670 2400

TV/Antennas (Rob): 0419 796 649

Palm Lake Resort hair salon (Chontel): 5523 3090

Pest Control (Glenn): 0412 497 281

Super Clinic Doctors: 5589 7555

Pathology: 5524 8403

Chemsave Super Clinic: 5523 1266 (free Webster packaging and delivery)

Around the grounds...

CATCH UP ON ALL THE FUN WE'VE BEEN HAVING AT PALM LAKE RESORT BANORA POINT.



A big song and dance!

We love to come together for a good time - whether it's a karaoke night or a dinner dance. Thanks once again to the organisers of these fabulous events, and to everyone who gets involved time and time again.



Tons of festive fun

Who says Christmas only comes once a year? Our residents had so much fun celebrating Christmas in July. It was a full festive affair, complete with costumes, decorations and traditional Christmas fare.

The evening was topped off with dancing to our favourite festive tunes. What fun! We can't wait for Christmas Part II to roll around in December.



Our friends return.

EACH YEAR FROM JUNE TO NOVEMBER, THOUSANDS OF HUMPBACK WHALES MAKE THEIR WAY ALONG AUSTRALIA'S EAST COAST, MIGRATING BETWEEN THEIR ANTARCTIC FEEDING GROUNDS AND THE WARMER WATERS OF QUEENSLAND. IT'S A SPECTACULAR NATURAL EVENT – AND IF YOU LIVE AT A PALM LAKE RESORT, CHANCES ARE YOU'RE RIGHT ON (OR VERY CLOSE BY) THE HUMPBACK HIGHWAY.

Whether you're watching from a scenic headland or hopping aboard a whale-watching cruise, there's nothing quite like spotting the flick of a whale's tail or a mighty breach out at sea. And while you might be familiar with your local whale watching vantage point, why not get out and about this season and try a new spot? A little bit like a pub crawl, you could use the season to visit a bunch of different wonderful coastal locales with your binoculars, and take in the whales from a variety of great viewing destinations.

Some of the best places to catch a glimpse of these gentle giants include **Hervey Bay** in Queensland, where the calm, protected waters offer rare opportunities to see whales up close as they rest and play with their calves. Peak viewing here is from July to October, and the town celebrates with its annual Whale Festival. On August 7, 9 and 10, enjoy a vibrant festival of live music, food and community spirit. For more, visit herveybaywhalefestival.com.au

In New South Wales, the headland at **Port Macquarie's** Tacking Point Lighthouse provides excellent vantage points from May through November. **Byron Bay**, Australia's most easterly point, is another top spot – especially at sunrise or on still, clear mornings when the ocean surface is calm and whales are more active. Further south, **Coffs Harbour's** Muttonbird Island and the surrounding Solitary Islands Marine Park offer both land and boat-based viewing opportunities.

Even in Victoria, you're not missing out. **Phillip Island**, with lookouts at the Nobbies and Pyramid Rock, offers sightings during both legs of the migration, with June and July being the best months for viewing.

When it comes to timing, mornings and early afternoons are ideal, particularly on calm, sunny days. Whales are often more active during these hours, so you may be lucky enough to spot a breach, a tail slap, or the telltale spout of air as they rise to the surface to breathe.

To stay updated on the latest whale sightings, keep an eye on local coastal Facebook groups and tour operator pages, many of which share daily updates and photos. The **Wild About Whales** website and app, run by NSW National Parks, is another great resource, offering real-time sighting reports and maps.

Whether you're a seasoned spotter or a first-time enthusiast, whale watching is a reminder of just how special it is to live by the sea. So pour a cuppa, grab a pair of binoculars, and settle in – nature's grandest show is passing right by your doorstep now. Enjoy it!



Do your home work.

WHETHER IT'S DUE TO THIS CURRENT PATCH OF COLD WEATHER OR SIMPLY A DESIRE TO SLOW DOWN, THERE'S SOMETHING SO REWARDING ABOUT SPENDING TIME AT HOME. IT'S THE PERFECT OPPORTUNITY TO GET CREATIVE, GET ORGANISED, OR EVEN LEARN SOMETHING NEW. HERE ARE 20 MEANINGFUL WAYS TO MAKE THE MOST OF YOUR TIME INDOORS THIS WINTER.

1. Create digital albums or physical photo books to organise your memories – you could make one for a recent holiday you've been on, or one for each grandchild. Websites like Snapfish, Memento and Chatbooks are all very helpful.

2. Fix, polish or clean up heirlooms you would like to hand down to your loved ones. There's no time like the present to gather up the pieces in your favourite china set, mend a childhood toy or polish a piece of jewellery so that it's ready to pass on to someone special.

3. Have you ever thought about writing your autobiography? Whether or not you think you have much to write about, an autobiography is a great way to connect the dots and reflect on big and small moments in your life. It also makes a great gift for your family.

4. In the same vein, why not make your own cookbook? You don't have to be a great cook – simply include the recipes that have meant a lot to you throughout the years and write little notes as to why. Food has an unparalleled power to connect people, and your friends and family will love reading which dishes are close to your heart and why.

5. Learn a new language. This activity might just inspire you to plan that trip abroad but, either way, learning a new language is also great for the kind of mental stimulation that helps to keep our brains active and healthy in the latter years.

6. Making a quilt is one craft project that offers a big reward – literally! You don't need to be an avid sewer or even own a sewing machine to embark on a quilt-making project. All you need is thread, needles, pins and fabric scraps. Your quilt doesn't have to be huge. It could even feature small pieces of fabric from unwanted items in your wardrobe. Pro tip: Small sampler quilts look great framed on the wall.

7. Learn a new card game. We've all got our family favourites but why not stretch your card-playing repertoire? There are countless free instructional videos available online, but you could also put a call out to your friends and neighbours to share their favourite cards games with you.

8. Do an online course – at an Ivy League school, no less! World-class education is at your fingertips thanks to schools like Harvard and Yale which offer free online courses in everything from computer science to business, art and much more. Hit the internet... You'll be surprised!

9. Virtually tour a gallery or museum you've always wanted to visit, whether it's Melbourne's NGV, Barcelona's MACBA or the Louvre. Some of the world's most notable museums offer online tours of their latest and greatest collections – they're all free, and all just a Google search away.

10. Do you know exactly where you came from? Quiet time at home provides the perfect opportunity to find out. You can map your family tree by diving into old archives – both physical and digital – or by enlisting the help of a website like Ancestry.com

11. If you are a life-long reader, there are likely some books that have stuck with you over time. What are they and why do you love them so? Write down a list of your all-time favourite books, and maybe even a little bit about why you like them or what your life looked like when you first read them – you could write the note inside the book for added sentimentality. You could then gift this list and these books (notes included) to your nearest and dearest.

12. Much like your favourite books, there are probably a number of songs that are close to your heart too. Maybe it's the song you danced to at your wedding, or one you loved as a teenager? Take this time to reflect on all the songs that have meant something to you over the years, and write them down – or, turn them into a CD or playlist to listen to on repeat and share with your family and friends.

13. Do you know where all your most treasured photos are right now? If not, now might be time to organise them – whether they are physical photos or digital copies. Websites and apps like Zoner Photo Studio, Canto and Google Photos can help.

14. If you haven't got one already, now is a great time to get

into the garden and create your own herb, veggie or flower patch. The weather is right for working outdoors (you're not going to be raising a sweat right now!) and the timing is also perfect for preparing your beds ahead of spring.

15. Flex your creative muscles and turn those magazines, old photos and craft supplies you have lying around into a fun collage. These look great when framed. All you need are some scissors, glue and perhaps a few pens to annotate your illustrations. You could make it sentimental – to celebrate a family member or holiday – or just for fun.

16. Bullet journals have been around since the early 1990s, but they really took off a few years ago. The idea is simple: every day, you jot down your thoughts, feelings and activities in bullet form, creating a valuable log for you to look back and reflect on. It's also great for stress relief.

17. From 'The Godfather' to 'Casablanca,' 'Pulp Fiction' to 'Star Wars,' some movies will go down in history. But how many have you actually seen? Ask your friends what they consider to be 'must-see' movies or Google the greatest movies of all time, then work your way through the list until you've seen them all. The perfect 'job' this winter!

18. If you're not quite sure what an app is or still think 'FaceTime' can only happen in person, consider using your downtime to learn more about the technology in your smartphone. A whole world awaits, quite literally at your fingertips, and you can use it to learn new information and skills, play games or better manage your life. Hit your device's app store or enlist the help of your grandchildren if need be – they'll be happy to get you up and running.

19. Everyone has one – the drawer that is always in disarray, that you can barely look at, let alone open or close. If you have spare time on your hands, use it to clean out 'that' drawer. Organise it well, and you'll never have to worry about that drawer again.

20. Did you know that you don't even need to leave the house to volunteer your time and services? There are a number of volunteer organisations like Vllie, the UN's onlinevolunteering.org and volunteer.com.au that offer online and remote options.

Whether you tick off one idea or try a handful, time at home can be both restorative and productive. You never know – a winter's day at home might just spark a new passion.





Helping friends become neighbours.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes, you'll receive \$250 cash. Easy!

\$250

cash incentive when you refer a friend to buy an **established home** at Palm Lake Resort

For more information and to refer your friend, simply contact our Sales Information Centre on 1800 641 665. *T&Cs apply



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palm.lakeresort.com.au

Cash buyers await.

Listings wanted

Word has spread about our secure resort grounds, low-maintenance/high-quality homes, world-class facilities, myriad weekly activities and welcoming coastal community - so much so, we have a number of buyers looking to purchase at Palm Lake Resort Banora Point.

If you're a homeowner here and your situation has changed, call our Sales Team for a free market appraisal. We have qualified buyers waiting to hear about any new homes as they hit the market. To find out more, FREECALL 1800 641 665 or stop by the Sales and Information Centre between 9am-11am, Monday to Friday for residents and 11am-3.30pm for sales.

Commission-free transition

Did you know that if you are a resident of any Palm Lake Resort and relocate to a new home in a different Palm Lake Resort location, you won't pay any agent's commission on the sale of your original Palm Lake Resort home?



Marketing and advertising services include:

- Professional photography of your home
- Listing on realestate.com.au
- Listing on Palm Lake Resort website
- Presented in our sales newsletter
- Printed professional flyers included in our information packs
- Homes for sale emailed to potential buyers on our database

ONLY
\$550

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

Cheers to the success of caffeinated charity event

There's one charitable fundraising event that seems to pique the interest of our Palm Lake Resort homeowners more than others, and that's Australia's Biggest Morning Tea. This annual fundraiser is hosted by the Cancer Council to help support people affected by cancer. Held each May, the event invites individuals, workplaces, schools and communities (like ours) across the country to come together over a cuppa and a bite to eat while raising vital funds for cancer research, prevention and support services. Every dollar raised goes towards funding world-class research, running life-saving prevention programs and offering essential support for Australians impacted by cancer. One in two Aussies will be diagnosed with cancer by age 85, making the Cancer Council's work more important than ever.

Pictured right, from top down, our Carindale Caretaker, Wayne raised \$200 by 'raffling' his beard! Yamba resort hosted a vibrant Madhatters' Tea Party with some great costumes. Waterford's event saw a fashion parade combined with a lovely spread of delicious goodies. And down at Willow Lodge, The Lodge Country Club hosted a great event with many donated prizes raffled to add to the final tally. Here's a little snapshot of some of the results of Palm Lake Resort fundraisers across our group, totalling more than \$47,000 so far!

- Banora Point: \$3133
- Bargara: \$4215
- Beachmere Sands: \$3260
- Carindale: \$3500
- Cooroy-Noosa: \$2107
- Eagleby: \$5000
- Forster Lakes: \$10,250 (an incredible result for an event organised by homeowner, Lyn Wootten!)
- Mt Warren Park: \$2500
- Phillip Island: \$2303
- Truganina: \$1750
- Waterford: \$3000
- Willow Lodge: \$3745
- Yamba: \$2265



Caloundra: \$8K for The Salvos

Following two outstanding fundraisers in recent months, Caloundra Cay homeowners have seemingly, and resoundingly, adopted The Salvation Army as their charity of choice. Their most recent event, tagged the 'Give Back Dinner', raised \$8050 for the Salvos, with the funds to stay on the Sunshine Coast in support of a project named 'Family Pathways'. This epic result followed the donation of 81 Christmas hampers by Caloundra Cay residents back in December, which were distributed to needy Sunshine Coast families. Chief organiser of the Give Back Dinner, homeowner Bernie, described the event as "an outstanding success". "We had 63 attendees, and our goal was to raise \$5000," he said. "The end result was \$8050, an amount which was far beyond our expectations. And while the fundraiser, as such, was a huge success, the night of entertainment was also incredible."



THANK YOU
TO ALL OUR
VOLUNTEERS

We heart resort helpers

Palm Lake Resort Ballina recently celebrated three remarkable people whose dedication and community spirit have changed this resort for the better. Beryl Boness, Stan Peck and Keith Johnson have each contributed more than 10 years of volunteer service, as part of the resort's beloved Cinema Group. Beryl and Stan were among the founding members of the group, which has spread the joy of the silver screen through its regular 'Movie Wednesdays' and 'Saturday Night at the Movies' events. Their vision and commitment helped shape a much-loved tradition at the resort. Beyond their cinematic contributions, all three have supported fellow community members in creating and sustaining a variety of other special interest groups. Their efforts have helped create connection, creativity and countless memorable evenings for all who call this resort home. The resort wouldn't be the same without you three!

Carindale marks 25 years

Palm Lake Resort Carindale is hosting a lovely celebration in July - the 25th anniversary of its ownership under the Palm Lake Resort banner. Many nostalgic photos have been dug up out of the archives for the planned event, by a very engaged group of homeowner history buffs. Among them are the two photos pictured right featuring a young Palm Lake Group MD Scott Elliott from the early 2000s! We wish the homeowners and resort management team the best for a lovely event.



Yamba homeowner quilter named best in show

The recent Maclean Show saw the crowning of our very own Palm Lake Resort Yamba homeowner, Wendy Flitcroft, as Champion Overall. It's a prestigious title for Wendy who received the commendation based on her creative handicraft. Wendy's work is known for its intricacy and striking detail. Congratulations Wendy. Given the high number of creative crafters and fellow artisans across our Palm Lake Resort network, we are all very proud of you!

Tell us what's happening over your back fence

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too? We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**



This is your time
to embrace more.



FREECALL 1800 641 665 | banorapoint@palllake.com.au
67 Winders Pl, Banora Point NSW 2486

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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