

OCTOBER - NOVEMBER 2024



The Point



Get busy at home this spring

It's the season for growth and renewal - is it time for a spring clean up, or a spring clear out?

Around the grounds

There has been so much happening here these past few months - catch up inside...

Palm Lake Resort homes for sale

Do you know someone looking to move? We might have just the home for them...



Read all about our new bowling green on Page 4.

Welcome.

Where has the year gone? It's hard to believe there are less than two months left until Christmas!

As we look ahead to the holiday season, it's wonderful to see so much activity around the resort. The new bowling green is certainly getting plenty of use, with many residents signing up to play. It's fantastic to see everyone enjoying the space, and we're sure the green will continue to be a hub of social activity in the coming months.

With warmer weather on the way, we're making preparations to ensure you can relax and enjoy the facilities in comfort. We've recently purchased new chairs for around the pool area, providing you with more seating options while soaking up the sun. Additionally, eight brand-new fans have been installed in the Grand Hall, ensuring a cool and comfortable environment for all our indoor events and gatherings during the hotter months.

A special thank you to the residents who have stepped up to volunteer as fire wardens. Your willingness to help out and keep our community safe is truly appreciated.

Daylight savings began on October 6, and we hope everyone is adjusting smoothly to the time change. With the extra daylight in the evenings, it's a great time to enjoy a stroll around the grounds or take advantage of the many outdoor amenities we have available.

Until next month, take care,

Wayne and Di
Palm Lake Resort Banora Point Caretakers



Contact us.

Looking for more information about Palm Lake Resort Banora Point? Here's how you can reach us:

FREECALL: 1800 641 665

Street address:
67 Winders Pl
Banora Point NSW 2486

Office hours:
9am-11am, Monday to Friday for residents and 11am-3.30pm for sales

Email:
banorapoint@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook (@palllakeresort) and on Instagram (@pall.lake.resort)

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News in brief.

Green waste collection

Make a note in your diary for the next few green waste collections (and remember to put your green waste out the night before these dates as Wayne makes his collection in the early hours of the morning):

- November 11 and 25
- December 9 and 23



Monthly Happy Hour

Please note that the monthly Happy Hour has been changed from Thursdays to the first Wednesday of each month – same time, 4.30pm. BYO nibbles, drinks and glasses. Dates for the remainder of 2024 are November 6 and December 4.

Stay up to date

To keep up to date with the man social activities that are happening at Palm Lake Resort Banora Point, make sure you check the whiteboards in the letterbox area.

Fortnightly coffee club

The Fortnightly Coffee Club continues to attract a following. It's an opportunity to catch up with new or old friends for a chat and a coffee, for just \$1. Held in the Grand Hall, the dates for your diary are:

- November 6 and 20
- December 4 and 18
- January 15 and 29

Please note: the Coffee Club meets every second Wednesday at 10.30am.



Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.). Please ensure your pet does not interfere with the peace, comfort or privacy of other homeowners. For more, please refer to the Residential Park Rules (July, 2017).

We want to hear from you!

Whether it's photos from a recent event or there's a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Chat to your caretaker about how to submit content and to find out deadlines for upcoming editions.



Get social

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palllakeresort) and also over on Instagram (@pall.lake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@pall.lake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!

Go slow

Sometimes when we are in a hurry, we forget the limits and our speed creeps up but, for the safety of all including our wildlife, please stick to the 10km/h speed limit. Also, to those owners of bikes, buggies and motorised scooters, you also need to respect the road rules whilst moving around our resort grounds.

Social butterflies.

HERE, WE CATCH UP ON ALL OF THE FUN WE'VE HAD RECENTLY (AND THE FUN WE'LL BE HAVING OVER THE NEXT FEW MONTHS).



New bowling green

Our new bowling green was officially opened on Friday September 13 - much to the delight of our dedicated resident lawn bowlers! The cutting of the ribbon was done by Helen Fuller, with applause from the crowd of excited onlookers. We trust that the new green will be enjoyed by many.



Happy Father's Day!

September 1 was Father's Day, which was an opportunity for our ladies to dote on the guys. A breakfast of bacon, eggs and sausages was served, and contributions to the 'dad jokes' were received with chuckles. Breakfast was followed by the presentation of a small gift to each guy to celebrate the occasion. All in all, it was a very relaxed and enjoyable morning.

Twilight Trivia in August

A Sunday was chosen for the August Twilight Trivia, which saw enthusiastic groups attempt to answer questions about everything from current affairs to geography and history, as well as a few somewhat bizarre (though humorous) subjects. At the final count, the gap from the lowest to the winners only bridged three points – a good effort by those collective sharp minds. Small trivial prizes were awarded to the winning table, and the 'wooden spoons' were also given out.

Coming up...

MELBOURNE CUP DAY

Come join us on Tuesday November 5 at 12pm in the Grand Hall for the annual Melbourne Cup Day. There will be a delicious lunch, some fun activities, prizes for the 'Best Hat' and 'Best Overall Outfit', plus, for the gents, 'Best Tie and/or Shirt'. Cost will be \$20. BYO drinks.

ADVANCE NOTICE: NEW YEAR'S DAY 2025

An invitation is extended to every resident to celebrate New Year's Day (January 1, 2025) from 4pm in the Grand Hall. BYO drinks and nibbles. Everyone is welcome, so please come and join us.

Weekly activities.

MONDAY

11am Gentle exercise, in the Grand Hall

TUESDAY

9am Lawn bowls

TBC Dinner Dance (fourth Tuesday of each month)

WEDNESDAY

10am Table tennis, in the Clubhouse

2pm Craft group meets in the Clubhouse (second and fourth Wednesdays of the month)

THURSDAY

9.30am Folk dancing, in the Grand Hall

10am Line dancing

2pm Bingo, in the Grand Hall

FRIDAY

10am Table tennis, in the Clubhouse

2pm Lawn bowls

SATURDAY

9.30am Yoga, in the Grand Hall

SUNDAY

2pm Croquet, at the front of the resort

Important phone numbers.

Caretakers Wayne & Dianne: 5523 1188

Ambulance, Police, Fire: 000

Tweed Heads Police Station: 5506 9499

John Flynn Hospital: 5598 9000

Tweed Valley Hospital: 07 6677 2000

Electrician (Matt): 5590 5857 or 0409 396 396

Electrician (Richard): 0410 827 040

Plumber (Ryan): 0418 919 050

Border Locksmith: 5536 1611

Tweed Council: 02 6670 2400

TV/Antennas (Rob): 0419 796 649

Palm Lake Resort hair salon (Chontel): 5523 3090

Pest Control (Glenn): 0412 497 281

Super Clinic Doctors: 5589 7555

Pathology: 5524 8403

Chemsave Super Clinic: 5523 1266 (free Webster packaging and delivery)



The big spring clean out.



THE START OF SPRING HAS US THROWING OPEN OUR WINDOWS, LETTING IN THE FRESH AIR AND GIVING OUR HOMES A MUCH-NEEDED REFRESH. BUT BEFORE YOU DO A BIG CULL, STOP AND THINK – IS THERE A WAY TO BRING NEW LIFE TO YOUR OLD ITEMS?

REPURPOSE VINTAGE LINENS

Do you have a stash of old hankies, tablecloths and other household linens tucked away in a drawer? Instead of discarding them, take a moment to look at them in a new way. These vintage pieces can be transformed into beautiful, sentimental gifts for family members or friends. We guarantee your younger family members will have seen the current trend for using preloved linens in fashion – perhaps a dress made of repurposed handkerchiefs or a skirt made from a tablecloth? Head to Google for inspiration. Trust us – you'll find plenty!

TRANSFORM OLD BOOKS INTO ART

That stack of hardcover books you've been meaning to get rid of could be the perfect material for a unique piece of wall art. With a bit of creativity, you can fold the pages of these books into intricate patterns (like the example, pictured above right) and mount them on the wall in a group, creating a stunning visual display. This simple yet elegant artform not only repurposes old books, it also adds a personalised touch to your home. If you're looking for inspiration, there are plenty of resources online to guide you through the folding process.

CREATE A MEMORY BOX FROM SENTIMENTAL ITEMS

We all have those little keepsakes – concert tickets, postcards, or family letters – that we don't want to part with but don't quite know what to do with either. Instead of letting them clutter up your drawers, why not create a memory box? This can be as simple or elaborate as you like, using a decorative box or even an old suitcase to store your

treasures. Try your best to preserve them and you'll have a beautiful time capsule to pass down to future generations.

UPCYCLE FURNITURE AND HOME DÉCOR

Before you decide to get rid of that old chair, lamp or dresser, consider whether it could be upcycled into something new and exciting. A fresh coat of paint or some new upholstery can completely transform a piece of furniture. If you're handy with tools, you might even consider reconfiguring old furniture into something entirely different – a chair can become a plant stand, or a dresser can be turned into a stylish vanity. Upcycling not only gives new life to old items but also allows you to personalise your space with unique, one-of-a-kind pieces that reflect your style. These pieces are also, perhaps, the kind of gift a sentimental family member will adore.

REIMAGINE GARDEN TOOLS AND OUTDOOR ITEMS

If you've got a collection of old garden tools or outdoor items like pots and planters that are no longer in use, consider how they could be repurposed. Old wooden ladders can be turned into charming plant stands, while mismatched pots can be painted in a similar colour and grouped together for a garden display. Even rusted or broken tools can be transformed into garden art – think of creating sculptures or using them as trellises for climbing plants. These repurposed items can add character and personality to your garden, making it a more enjoyable space as you spend more time outdoors this spring and summer.

HOST A SWAP PARTY

One person's clutter is another's treasure, so why not host a swap party with your friends and neighbours? Everyone can bring items they no longer need, from clothing to kitchen gadgets, and trade them for something new-to-them. It's a fun way to declutter while also finding new homes for your items – and new items for your home. Plus, it's a great excuse to socialise and catch up with your community.



TURN
YOUR OLD
BOOKS INTO
WALL ART

DONATE TO YOUR NEIGHBOURS

If your collection of wool, yarn or other craft supplies has been slowly accumulating over the years, now is the perfect time to sort through it. Instead of letting these items gather dust, consider passing them on to someone who can put them to good use. The wider Palm Lake Resort community is home to several active knitting and crafting groups, and they're always on the lookout for materials for their charitable projects (see Page 10 for some great examples). Donating your excess supplies is a great way to support these groups and contribute to their mission of creating handmade items for those in need.

SHARE WITH LOCAL SCHOOLS OR CHARITIES

Don't underestimate the value of donating items to local schools, charities or community groups. Schools often need supplies for art projects and charities can benefit from clothing, toys and household items. By donating locally, you're not only clearing out your space but also contributing to causes that make a difference right here in our community. If your resort craft group doesn't need your items, ask around to see whether there is a business that could use them. The Nest in Brisbane, for example, upcycles donated vintage linens and other haberdashery items into something new, ensuring they continue to bring beauty and function to the world.

Spring cleaning doesn't have to mean getting rid of everything you no longer use. By repurposing or donating items, you can declutter your home while also making a positive impact on your community and the environment. So, as you begin your spring clean, take a moment to think about how you can give new life to the items you no longer need. Who knows? You might just discover a hidden treasure in the process!



Spring cleaning, made easy.

'TIS THE SEASON OF CLEANING! WHILE CLEANING IS NOT GENERALLY HIGH ON PEOPLE'S FAVOURITE JOBS LIST, THERE ARE DEFINITELY WAYS TO MAKE THE TASK EASIER ON YOURSELF. HERE'S HOW...

LISTEN TO PODCASTS OR AUDIOBOOKS

One of the easiest ways to make time fly while you're cleaning is to listen to something entertaining. Whether you're into true crime, comedy or self-improvement, there's a podcast or audiobook out there for you. Pop in your earbuds, hit play, and you'll be amazed at how quickly you get through your chores. It's like having a friend chat with you while you work! Plus, did you know that many local libraries let members borrow audiobooks for free? Chat to your librarian to find out how to get free audiobooks on your smartphone.

TRY FUN CLEANING HACKS

There are plenty of clever hacks that make cleaning easier. Take polishing silverware, for example. A popular cleaning trick utilises aluminium foil. Simply line a baking dish with aluminium foil, add your silverware, and sprinkle in some baking soda. Pour hot water over the top and watch as your tarnished silverware instantly shines like new!

Another fun hack is using lemon and baking soda to freshen up your garbage disposal. Just toss in a few lemon wedges, add a spoonful of baking soda, and let it grind away. It leaves your kitchen smelling fresh and clean with minimal effort.

BREAK IT DOWN WITH SMALLER CLEANS

One of the best ways to make your big spring clean less overwhelming is to keep up with smaller cleaning tasks throughout the year. Instead of waiting for things to pile up, try to tackle a few quick chores each week. Set a timer for 10 or 15 minutes and focus on one thing only – whether it's dusting a certain area, or tidying up one cluttered space. These small bursts of cleaning will make the big spring clean a lot less daunting when the time comes. You can also put together small 'cleaning kits' to keep in each high-use area – a small dedicated bathroom cleaning kit in each bathroom, for example, could contain a spray for soap scum and a glass-friendly cloth. You could also keep dust cloths in multiple convenient places around the home so you always have one on hand. When the equipment you need is close by, it's harder to make excuses.

REWARD YOURSELF

Finally, don't forget to reward yourself for a job well done! Plan a treat for after you've finished your cleaning – whether it's a favourite snack, a relaxing bath, or watching an episode of your favourite show. Knowing there's a reward at the end can make the whole process more motivating and enjoyable.



Helping friends become neighbours.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes, you'll receive \$250 cash. Easy!

\$250

cash incentive when you refer a friend to buy an **established home** at Palm Lake Resort

For more information and to refer your friend, simply contact our Sales Information Centre on 1800 641 665. *T&Cs apply



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
pallmlakeresort.com.au

Cash buyers await.

Listings wanted
 Word has spread about our secure resort grounds, low-maintenance/high-quality homes, world-class facilities, myriad weekly activities and welcoming coastal community - so much so, we have a number of buyers looking to purchase at Palm Lake Resort Banora Point.

If you're a homeowner here and your situation has changed, call our Sales Team for a free market appraisal. We have qualified buyers waiting to hear about any new homes as they hit the market. To find out more, FREECALL 1800 641 665 or stop by the Sales and Information Centre between 9am-11am, Monday to Friday for residents and 11am-3.30pm for sales.

Commission-free transition
 Did you know that if you are a resident of any Palm Lake Resort and relocate to a new home in a different Palm Lake Resort location, you won't pay any agent's commission on the sale of your original Palm Lake Resort home?



Marketing and advertising services include:

- Professional photography of your home
- Listing on realestate.com.au
- Listing on Palm Lake Resort website
- Presented in our sales newsletter
- Printed professional flyers included in our information packs
- Homes for sale emailed to potential buyers on our database

ONLY
\$550

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Of course, Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

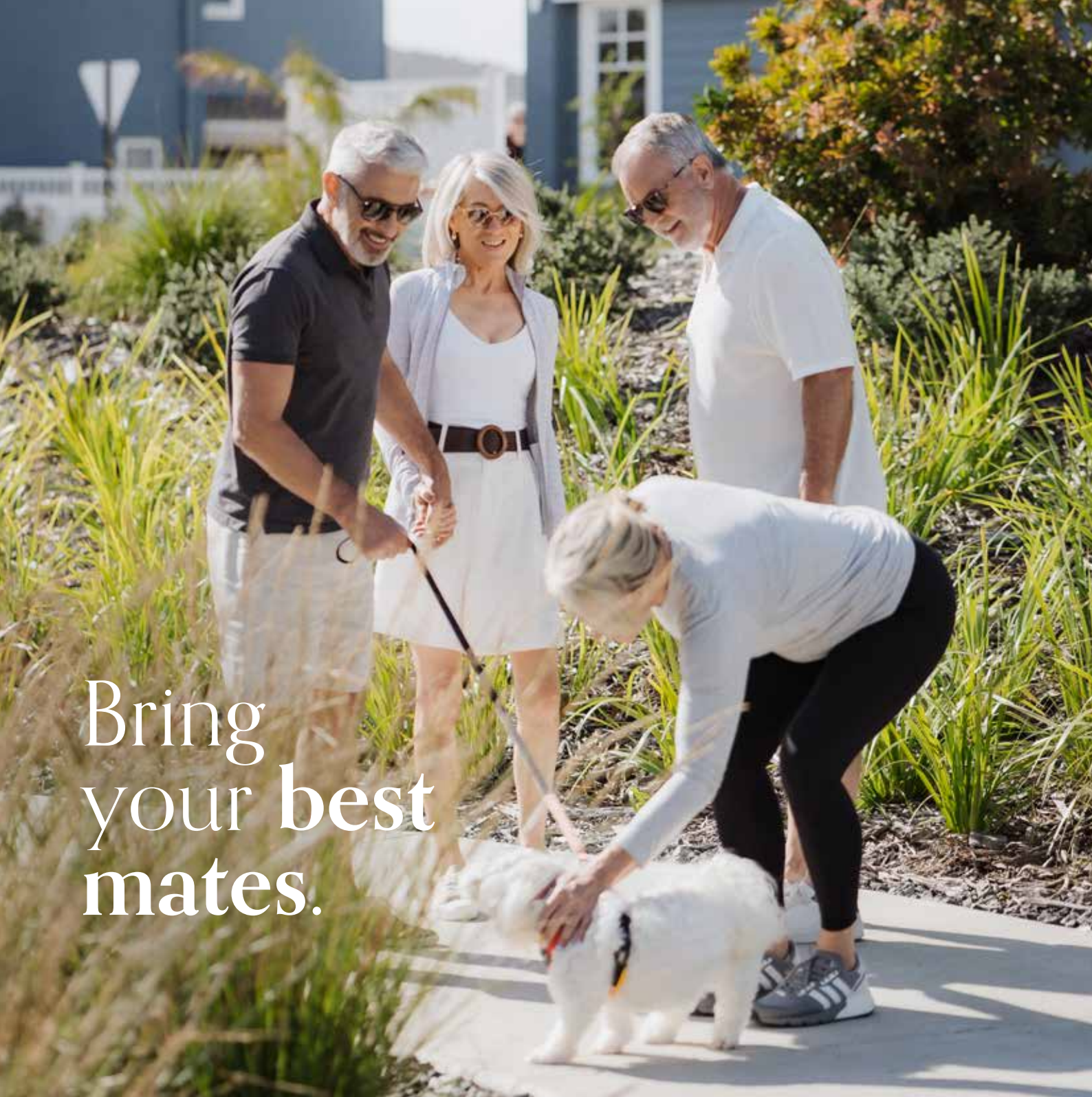
These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



FREECALL 1800 641 665 | banorapoint@pallake.com.au
67 Winders Pl, Banora Point NSW 2486

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