

MAY - JUNE 2026



The Reef



Refer a friend, earn a reward

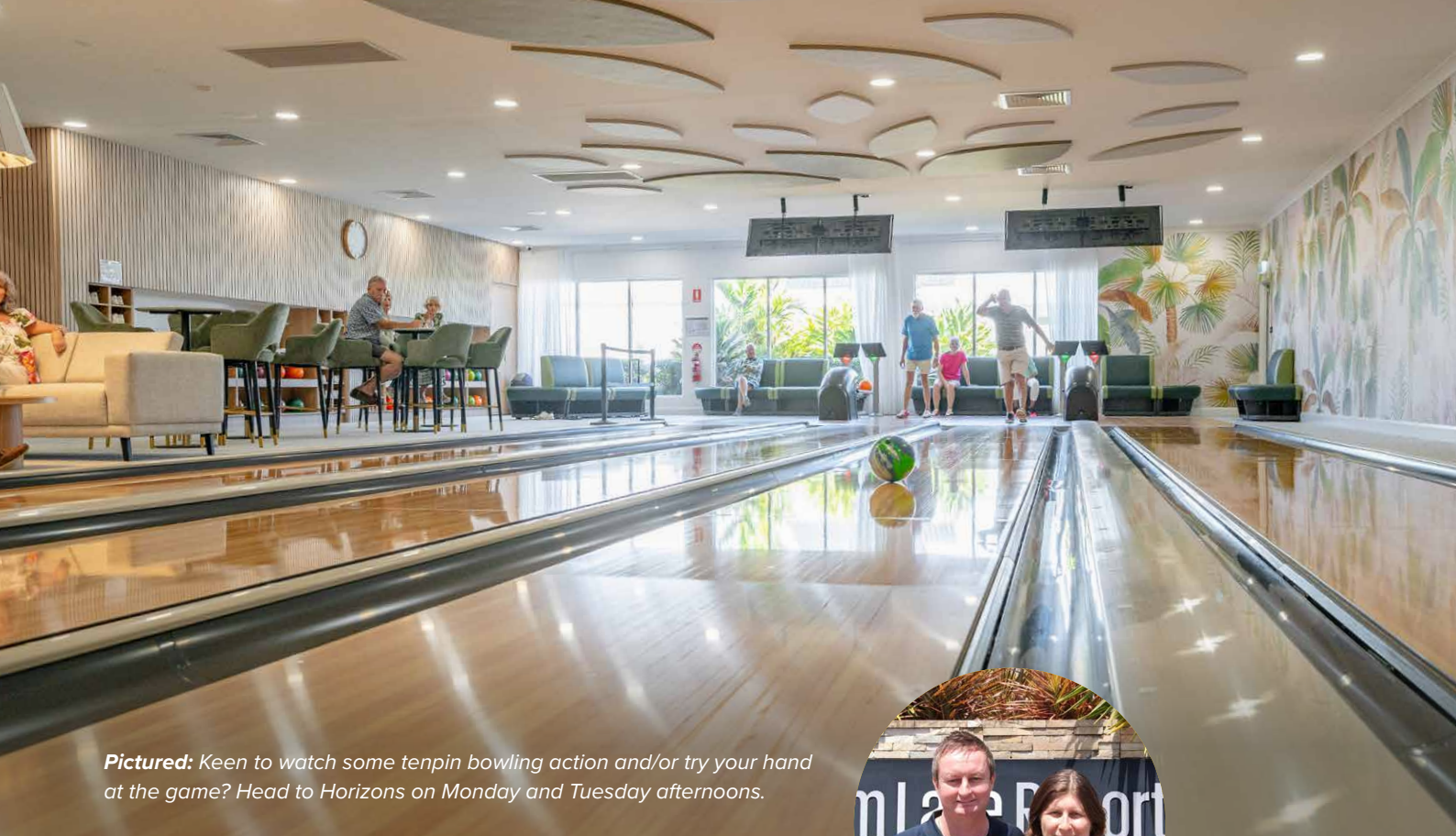
Do you know someone looking
to make the move here?
Refer them, for fast cash

Take a trip back in time

The cooler months are the
perfect time to explore
Australia's best historic towns

Over the back fence

Check out what's going on
within our extended Palm Lake
Resort family



Pictured: Keen to watch some tenpin bowling action and/or try your hand at the game? Head to Horizons on Monday and Tuesday afternoons.



Welcome.

Welcome to our latest edition of *The Reef* newsletter. As our beautiful community continues to grow, we would like to extend a very warm welcome to all those new homeowners who have joined the Palm Lake Resort family. We hope you quickly feel at home, make lasting friendships and enjoy the relaxed lifestyle and wonderful community spirit that makes our resort so special.

We would also like to sincerely thank all homeowners for your continued patience and understanding during the ongoing construction process within the resort. We appreciate that building works can occasionally bring inconvenience, some noise and some disruption, but these improvements are all part of creating an even more vibrant and enjoyable community for everyone to share in the future. It is actually really exciting to see our resort extension taking place - more homes means more likeminded neighbours and therefore more friends! Your support, kindness and positive attitude help make Palm Lake Resort Bargara such a welcoming place to live.

We encourage everyone to continue looking out for one another, join in our weekly community activities, and make our newest homeowners feel included and valued.

Thank you for being part of our growing community, and we hope you enjoy this edition of *The Reef*. Remember, if you ever have any stories or photos to share, feel free to send them through to us to be included in the next edition!

**Michelle and Michael,
Palm Lake Resort Bargara Caretakers**

PS. Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palm.lakeresort) and also over on Instagram (@palm.lake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palm.lake.care). With more than 12,000 people calling a Palm Lake address home, there's always loads going on!

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us.

Looking for more information about Palm Lake Resort Bargara?
Here's how you can reach us:

PHONE: 1800 501 119

SALES OFFICE ADDRESS:
39 Wearing Road, Bargara QLD

CARETAKERS' OFFICE ADDRESS:
39 Wearing Road, Bargara QLD

OFFICE HOURS:
Monday-Friday, 8am-3pm.
Homeowner hours, 9am-11am (other times by phone or appointment).

EMAIL:
bargara@palm.lake.com.au

ONLINE: Visit our website
palm.lakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palm.lakeresort) and on
Instagram (@palm.lake.resort)



News in brief.

Upcoming Moncrieff dates, for your diary

Discover what's on at the Moncrieff Entertainment Centre in the coming months (and visit www.artsbundaberg.com.au for more information). You can find the Moncrieff Ent. Cent. at 177 Bourbong Street, Bundaberg:

June 6: Creedence Clearwater Collective

Celebrate the music of Creedence Clearwater Revival and John Fogerty via the Creedence Clearwater Collective. Enjoy all those hits that defined a generation and have become the soundtrack for many more.

June 11: The Understudy

Enjoy the iconic hits of John Paul Young and Stevie Wright in a groundbreaking hybrid concert experience, brought to life by original members of The AllStar Band. The show will see cutting-edge holographic performers join the band live on stage.

June 11: Masters of Pop

Relive the iconic hits of Australia's 1970s Countdown era with original stars from Men At Work, John Paul Young, TMG, Sherbet, Stylyus and Rose Tattoo. A night of their classic songs, backstage stories and pure nostalgia - the soundtrack of your youth, live on stage.

June 12: Normie Rowe: The story so far

Normie Rowe has released a string of hits that are an important contribution to the soundtrack of the Baby Boomer generation. "Que Sera Sera", "Shakin' All Over", "It Ain't Necessarily So", "It's Not Easy" and "Ooh La La" among them.

June 19: ABBA: Thank you for the music

A two-hour spectacular live concert that will take you through the songs, the life and magic that made ABBA one of the most successful bands of all time.

June 27: The Best of the Bee Gees 'Greatest' Show

This show honours the 1979 Greatest album with iconic disco, ballads and other songs written by the Bee Gees for other legends.



98 laps around the sun!

We'd love to wish homeowner Rick a wonderful 98th birthday! Rick is an inspiration to us all - he's a wonderful gentleman and he's still competitive on the lawn bowls green! We hope you enjoyed your birthday celebration with your fellow Palm Lake Resort Bargara mates, Rick!



Bravo Evalee & Lorenzo

What delightful music we enjoyed at the beautiful concert presented by homeowners Evalee and Lorenzo recently. The audience enjoyed a mix of musical hits and Italian favourites. How lucky are we to have such talented people here in our community who are happy to share their music with us all! Thank you both so much for presenting this concert. And also thank you to the people who helped to make it happen. We all look forward to hearing you both again before too long!



First time line dancers welcome

Every Thursday in the Sea Breeze Country Club, homeowner Jay Pitt teaches an easy line dancing class at 10am-11am for first time dancers, then 11am-12pm for those more experienced beginner level dancers. Line dancing is great for keeping your body and mind fit whilst enjoying yourself. Our dancers are aged from mid-60s to over 90 years of age! You can do as little or as much dancing as you want. Come and join in the fun and make some new friends - here's us enjoying each other's company at Easter!

MONDAY

6.50am Aerobics, SB dance floor
8.30am Yoga, OB upstairs
8.30am Health & Wellness, OB
8.30am Photography Club, Craft Room (every second Monday)
9am Art Club, Art Room
9am Outdoor Aqua, Horizons pool
9.30am Qi-Gong, OB upstairs
12.30pm Cards, OB
12.30pm Men's cards 500, OB
12.30pm Knit & Knatter, OB lounge
1pm Patchwork Group, Craft Room
1pm Pool/billiards, SB
1pm Tenpin competition, Horizons
2pm Prostate Cancer Support Group
2pm Line dancing absolute beginners, SB
4pm Barnacles Choir rehearsal, SB
4pm Line dancing beginners, SB
4.15pm 5km walk, OB entrance
5pm Line dancing advanced, SB
5.30pm Tennis (under lights)
5.30pm Afternoon movie, Cinema
6.45pm Scroungers, Bowls Green

THURSDAY

6.50am Aerobics, SB dance floor
7-10am Men's bowls, Bowls Green
8.30am Ladies bowls, Bowls Green
9am Pottery, Pottery Room
10am Genealogy (first Thursday of the month)
10am-12pm EASY line dancing, SB
12.30pm Canasta Hand & Foot, OB
1pm Tenpin bowling (via bus), Bundy Bowl and Leisure Complex
1pm Pool/billiards, SB
1pm Mah-jong, Horizons
1.30pm Light and easy, OB upstairs
2pm Karaoke, SB Cinema
2.30pm Indoor carpet bowls, SB
3.30-7pm Bar open, OB
4.15pm 5km walk, OB entrance

SATURDAY

7-10am Men's bowls, Bowls Green
12.30pm Cards: Canasta, OB
1-4pm Cards: 5 Crowns, SB
1-4.30pm Mah-jong, Horizons
1pm Bowls self-selected pairs
1pm Pool/billiards, SB
1.30pm Afternoon movie, SB Cinema (latest releases)
3.30-7pm Oasis Bar open, OB
5-8pm Bar open, Horizons
6.10pm Villa draw, OB

Weekly activities.

TUESDAY

6.50am Aerobics, SB dance floor
7am Men's bowls, Bowls Green
8am Pilates, OB
9am Guitar/ukulele jam, SB Cinema
9am Pottery, Pottery Room
9.15am Light and easy, OB
11am Tai chi, OB upstairs
12.30pm Rummikub 500, OB
1pm Card making/scrapbooking, Craft Room
1pm Musos Club, SB Cinema
1pm Pool/billiards, SB
1.30pm Tenpin bowling, Horizons
2pm Table tennis, SB
2pm (monthly) Dementia Support Group, OB lounge
2pm Line dancing beginners, SB
4.15pm 5km walk, OB entrance

FRIDAY

6.50am Aerobics, SB dance floor
7-10am Milon Gym induction (first Friday of the month by appointment)
8am Tennis, Tennis courts
8.30-10am Line dancing, SB
9-11am Choir, SB Cinema
10-11am Table tennis, SB
10.30am-2pm Clock Works Band, SB Cinema
12.45pm Mahjong, SB
1pm Mixed bowls, Bowls Green
1pm Pool/billiards, SB
1-4pm Canasta, Horizons
2pm Ukulele, OB meeting room
3.30-7pm Oasis Bar open, OB
4pm Friday Fun Darts
4.15pm 5km walk, OB entrance
5-8pm Bar open, Horizons

SUNDAY

8am Tennis, Tennis courts
9.30am Table tennis, SB
1pm Mixed bowls, Bowls Green
1.30pm Movie Matinee, SB Cinema (classic movies from the 1940-1970s)
2pm Bridge (1st, 3rd Sundays), OB
3.30-6pm Oasis Bar open, OB
4-7pm Bar open, Horizons (first Sunday of the month)
4.15pm 5km walk, OB entrance

OB: Ocean Breeze Country Club
SB: Sea Breeze Country Club

WEDNESDAY

6.50am Aerobics, SB dance floor
7.30am Golf, Coral Cove Resort
8am Tennis, Tennis courts
8am Pilates, OB
9am Art Club, Art Room
9am Line dancing advanced, SB
9.30am Aqua aerobics, SB pool
12.45pm Mahjong beginners, Horizons
1pm Pool/billiards, SB
1pm Bingo, OB
1.30pm Mixed bowls, Bowls Green
3.30-6pm Bar open, OB
3.30pm Twilight bowls, Green
4.15pm 5km walk, OB entrance
7pm Table tennis, SB

HOMEOWNER CONTACTS

Workshop induction and key:

Harold (Home 41)

Community gardens:

Helen (Home 74)

Russell (Home 473)

Tennis/ball machine:

Helen (Home 297)

David (Home 511)

FACILITY HOURS

6.30am Golf simulator (see Brian, Home 186)

6.30am-8pm Indoor pool (children are allowed 11am-1pm)

6.30am-9pm Outdoor graduated pool
7am-9pm Outdoor lap pool (homeowners only)

6.30am-9pm Milon gym (for homeowners' use only)

7am-9pm Horizons outdoor pool (please note: closed for cleaning Tuesdays, 9-11am)

6.30am-9pm Mini golf (equipment can be found in King Pins)



Homeowners' close shave!

A GROUP OF PALM LAKE RESORT BARGARA HOMEOWNERS - AND A DOG! - EACH GOT A FABULOUS NEW HAIR-DO RECENTLY, ALL IN THE NAME OF FUNDRAISING!

The Leukaemia Foundation's "World's Greatest Shave" event saw Joy Murray, Marianne Alhovirta, Eric Markham and Barry Taylor along with Max, the dog, risk their luscious locks for a little bit of fun!

We team raised more than \$1500 from homeowners who gathered at Horizons Country Club on the night and donated cash to the two collection tins, which was a fabulous result. However, when you include online donations, the total raised was just shy of \$5500!

Guests on the night passed the hat around for Trevor Barrett to shave off his moustache. They raised \$282, so off it came! Trevor and Colin from Clockworx had their heads shaved and Kathy coloured hers. Carol Bolderson and Ross Melville also

had their heads shaved, while Ian Cole had his back and chest shaved! Thanks to Nella, John and Di for putting up their hands to do the shaving.

Our wonderful Bar volunteers were run off their feet at this event and everyone was really well fed by our Relay for Life volunteers. This just shows what a wonderful community we all enjoy here at Palm Lake Resort Bargara. And then we threw in some St Paddy's Day shenanigans to keep everyone entertained. Guests enjoyed a performance from the Barnacles who performed some Irish songs. And our PLR Choir lead an Irish sing-along. As always, thanks to our Social Club for their ongoing commitment.

The World's Greatest Shave event helps to raise funds and awareness for blood cancer research projects and support services for patients and their families. A wonderful night for a great cause.

LEST WE
FORGET



Around the grounds

PICTURED ABOVE, ON ANZAC DAY WE HOSTED A SERVICE HERE AT THE RESORT WITH BARGARA STATE SCHOOL STUDENTS PRESENTING SPEECHES ON WHAT THE DAY MEANS TO THEM. AS A TOKEN OF OUR APPRECIATION, WE PRESENTED THE STUDENTS WITH A TREE, TO BE PLANTED AT THEIR SCHOOL.

AND BELOW, SOME OF OUR HOMEOWNERS TRAVELLED TO PALM LAKE RESORT HERVEY BAY FOR A GAMES DAY - WHAT FUN!



Slow spaces.

THE HOBBIES YOU LOVE DESERVE A PROPER HOME, DON'T THEY? WHEN YOUR SPACE IS SET UP AND READY, SLOWING DOWN TO ENJOY YOUR FAVOURITE ACTIVITIES STOPS BEING SOMETHING YOU'LL GET AROUND TO — AND STARTS BEING SOMETHING YOU ACTUALLY DO.

Whoever said the over-50s era was the quiet part of life never lived at a Palm Lake Resort. Ask most homeowners how their week looks and you'll hear about sport commitments and grandchildren, community events and coffee catch-ups, fitness classes and volunteering rosters. A full life is a good life, but busy isn't always better — and rushed doesn't mean rich.

If you feel like your days are passing too quickly and you'd like to slow down, start by making time for the things you really love. There's a powerful relationship between our environment and our habits: when the conditions are right, the behaviour comes naturally. By giving your hobbies a proper home — a dedicated corner, a well-stocked shelf or a room that's ready and waiting for you — you're more likely to focus on them, not the distractions.

The reading nook

It doesn't need to be a whole room — a comfy chair near a window, a small side table for your cup of tea and a shelf or basket of books within arm's reach is all you need to invite more reading into your routine. Add a good lamp and a soft throw for winter evenings, and a rule that the phone stays elsewhere. You don't have to hunt for your glasses, clear a space to sit, or find somewhere to put your drink before you can settle in. Better yet, you're creating a space with no other purpose — it's not the couch where you also watch television, the kitchen table where the mail accumulates, or even the bed you sleep in. A space solely for reading signals to your brain that this is where you come to slow down.

The craft room (or corner)

Creative hobbies have one major downside: the set up. When your sewing machine, paints or half-finished projects are stored in a cupboard, getting started feels harder than it should. On a busy day, it's easy to tell yourself you'll do it tomorrow — do that enough, and suddenly it's been months since you spent time on something you really love. A dedicated craft space solves this. With the right set up, the project that's out and waiting for you is the one that actually gets finished — whether you sew, paint, knit, scrapbook or make jewellery or cards.



The kitchen

There's a version of cooking that's purely functional, and then there's the other kind: an onion slowly caramelising, a stock that's been simmering since morning, pastry rested and rolled by hand. That kind of cooking doesn't just require time, but also a kitchen that invites you in rather than frustrates you. When your pantry is stocked, your knives are sharp, your pots and pans are easy to access, and your bench has room to work, the idea of spending a slow afternoon in the kitchen feels indulgent — not overwhelming.

The garden

A garden, even a modest one, operates on its own schedule — and the more time you spend in it, the more you'll find yourself adjusting to its pace. A well-set-up outdoor space makes it easier to pick up where you left off: good tools stored somewhere accessible, a comfortable spot to sit, raised beds that don't punish your back, clear paths between plantings — these small, practical details can make a big difference. For those with a smaller outdoor space (or a less established green thumb), a patio garden of pots and planters offers the same meditative quality.

The workshop

There's something about working with your hands — measuring, cutting, building, fixing — that demands your attention and crowds out everything else. But how should you set up your workshop for success? Good lighting is essential, as is organisation — tools hung or stored so you can find what you need, a dedicated workbench at the right height, a stool for longer tasks, a radio for company.

The caravan

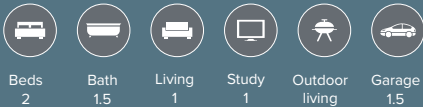
Perhaps unsurprisingly, the slowest kind of travel also requires the most preparation. But having your caravan packed with all the essentials (non-perishables and bed linen alike), maintained and ready to go means a holiday can happen on a Tuesday morning, simply because the weather is good and the mood is right. And isn't that what your over-50s years are really all about?

Homes for sale.

TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT,
FREECALL 1800 501 119 OR EMAIL SALESBARGARA@PALMLAKE.COM.AU
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU



Home 282: \$750,000



Find your zen

Positioned on a desirable corner block close to all amenities, this well-presented home offers two spacious bedrooms, a study, one bathroom and a powder room. The updated kitchen impresses with stone benchtops, a brand-new SMEG induction cooktop and dishwasher, with raked ceilings and ceiling fans adding comfort throughout.

Step outside to a lovely alfresco area, perfect for relaxing or entertaining year-round. The 1.5 car garage with epoxy flooring provides space for a vehicle, workshop or buggy, all complemented by low-maintenance gardens. A well-rounded home in a great location, ready and waiting for its new owners.



Home 23: \$675,000



Home 337: \$840,000



Has your situation changed?



While we know our homeowners adore living at Palm Lake Resort Bargara for all the incredible resort facilities and benefits that this local area offers, we also understand that situations change. Did you know that we have a waiting list of people ready and rearing to join us here? If you've been thinking of a move yourself because your situation has changed, please come and see me in the Sales Information Centre. I can give you a qualified, no-obligations appraisal of your Palm Lake Resort home and answer any questions you may have about moving. You definitely won't be disappointed by the current market conditions.

Kim Cankar
Sales Consultant, Palm Lake Resort Bargara

Home 391: \$810,000



Home 316: \$730,000



Home 91: \$550,000



Home 171: \$730,000



Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS.

AN EVENING
WE WON'T
SOON
FORGET!



Truganina bowls us over!

Our **Palm Lake Resort Trugagina** bowlers delivered an outstanding performance during the most recent pennant season, achieving not one but two premierships wins, along with two runner-up finishes. Well done to everyone involved – a great team effort!



Trauma teddies go overseas.

Ladies from the **Palm Lake Resort Hervey Bay** knitting and craft group have been producing these adorable 'trauma teddies' for the local Urangan Branch of the QCWA. The best part? The teddies have been sent to Indonesia, so that they can be distributed among flood-affected children.

Le dîner en blanc.

Over a year ago, the **Palm Lake Resort Forster Lakes** community was deeply moved by the story of a young boy's brave battle with brain cancer – especially since the young boy's grandparents call the resort home. Immediately, one question was on everyone's lips: 'Le Dîner en Blanc' (a "White Dinner"). The global phenomenon began in Paris in 1988, but has since spread across 85 cities – and now, Palm Lake Resort Forster Lakes.

The 'White Dinner Working Group' spent months planning how to bring their vision to life, holding top-secret meetings to plan every last detail, right down to the elaborate white tablescapes. Without those dedicated volunteers crafting floral arrangements, managing entertainment and handling set up and pack down, the night couldn't have taken place – nor been so successful.

When the night of the dinner finally arrived, it was more than just a visual spectacle – it was a show of community. Homeowners came together, forging new friendships and strengthening existing ones, and all for an excellent cause.

The night was an overwhelming success, and now a new question is being asked: "When is the next one?".

We look forward to seeing this become a much-anticipated tradition, not just to come together as a resort, but to support the grandchildren and families within our special community.



Living the high life.

Our homeowners love living in luxury – and having a laugh! At **Palm Lake Resort Carindale**, a newly-created lounge area has quickly been dubbed 'The Qantas Lounge', and homeowners love using it for downtime, church group and coffee catch-ups. One talented homeowner has even created a wooden sign! Meanwhile, at **Palm Lake Resort Yamba**, homeowners have established an exclusive 'corporate box' (dubbed Bay 13, just like at the Melbourne Cricket Ground), and it's the perfect place to watch pickleball games on the new court.



Cooking for a cause.

Our **Palm Lake Resort Bargara** homeowners regularly join forces with the QCWA Bundaberg Branch members to cook for those in need – and have a lot of fun in the process! Recently, on one day alone, the group cooked enough lasagne and cottage pie to serve 174 people. Thanks for caring for your community, one meal at a time!

Friendly rivalry.

There's nothing quite like a bit of friendly competition to bring Palm Lake Resort communities together – and four of our locations have been doing just that!

Palm Lake Resorts Beachmere Sands and **Beachmere Bay** went head-to-head in their bi-annual intervillage lawn bowls competition on March 29. Despite a windy lead-up, the day delivered fine conditions and plenty of entertaining play. Beachmere Bay took home the win, but both teams could put aside their rivalry to celebrate together over burgers and a cold beer in The Sands clubhouse. Rumour has it The Sands are already sharpening up for the next round – watch this space!

Meanwhile, **Palm Lake Resorts Tea Gardens** and **Forster Lakes** teed off in their annual golf challenge. The tournament is played across four games using the Stableford scoring system – and this was the first. Forster Lakes claimed the day's honours, with a combined score of 230 points to Tea Gardens' 218. Jo Nolan of Forster Lakes was the standout individual performer with an impressive 41 points. The next round is set for Hawks Nest Golf Club on July 20.



We love our staff!

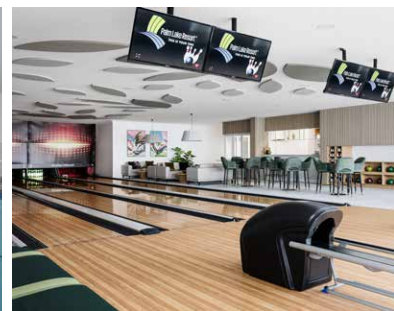
The **Palm Lake Resort Toowoomba** Social Committee put on a morning tea on behalf of all the homeowners to show their appreciation for their staff – much to everyone's delight! Homeowner Leanne Day put together a wonderful slideshow of images of the resort, and performed some songs to compliment them.

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**



Your happy place.



FREECALL 1800 501 119 | salesbargara@palllake.com.au
24 Rifle Range Road, Bargara QLD 4670

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