

The Reef



November - December 2023



Around the grounds

From German beers to the race that stops a nation to our art on show - we've done it all!

Here comes summer

Learn tips on how to be more waterwise and how to keep your pet cool as the heat hits

Join us here at Palm Lake Resort

Do we have the home for you? Join us and you too could be having as much fun as our homeowners do!



Welcome



Hello all and welcome to another edition of 'The Reef'. Summer will officially arrive in the coming weeks and with it comes the festive season. We know that our Palm Lake Resort Bargara community members - and their beautifully spacious homes - will be up for the challenge of entertaining all those visiting family members and neighbours alike. That's what our homes are built for! In fact, it's around about this time of the year that living in a community lifestyle resort at Bargara really pays dividends. You can't help but feel the happiness and joy that permeates our streets as the Christmas lights and decorations go up. Our coastal location is also such a tropical wonderland for those homeowners' visitors who are looking to come, stay and play. Equally, our resort community is also perfect for those homeowners who find themselves on the road during the holiday season. Those travellers' abodes, and their belongings, are safe and secure within our gated community which makes being away a stress-free experience. Our Caretakers are here to keep an eye on things and we find that neighbours tend to look out for each other's homes, too. If you're away, you can simply concentrate on the fun stuff: holidays!

Did you know we have just one last new home currently under contract? Once it settles we are officially sold out! It's been such an incredible journey watching our resort grow and grow and grow. And there will be more growing to do some time in the future. Until then however, we are both here to man the Sales Information Centre. We know that situations can change. If you are thinking about selling, make sure you let us know. We have an ever-changing database of eager buyers awaiting just the right property. You can find the Sales Information Centre fronting Rifle Range Road (not inside the resort itself) if you are stopping by for a chat.

Merry Christmas to you all. Enjoy the time spent with your special people.

**Kim and Jan,
Palm Lake Resort Bargara Sales Team**

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Contact us

Call us and we will book you in for a tour of our amazing display homes and world-class facilities!

FREECALL: 1800 501 119

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seven days a week

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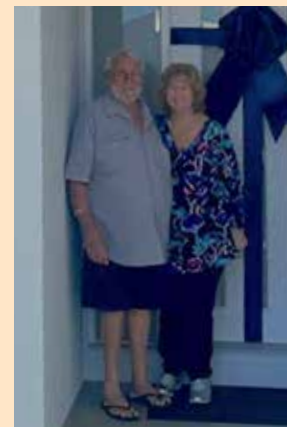
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News briefs

Big blue bows!

Check out these faces, new to Palm Lake Resort Bargara. We welcome you all home!



Darryl &
Maureen



Keith &
Madonna



Janelle & David
(with Cody)



Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort Bargara home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established home, you'll receive \$250* cash. Easy!

\$250*

cash bonus simply for
referring a friend!

For more info or to refer your friend,
FREECALL 1800 501 119. *T&Cs apply

**THE BEST IN OVER-50s LIVING.
THIS IS YOUR TIME.**

pallmlakeresort.com.au



Caretakers' notes

Hello all -

Tony and I are now well into the swing of things here as Caretakers and we must say the time has absolutely flown by. We are really enjoying our Caretaker roles. There are some wonderful people who live here and make it a pleasure to be part of. Of course, the job comes with challenges but that is all part and parcel of it - and we are up for the challenge!

For us, the main thing we have noticed here at Palm Lake Resort Bargara is the wealth of homeowner volunteers. They are truly amazing and there are so many of them (they know who you are!). We just wanted to let them all know how much they are recognised and appreciated and that without them, we are not sure how so many fantastic activities, functions and events would happen. A very big thank you to all, from us!

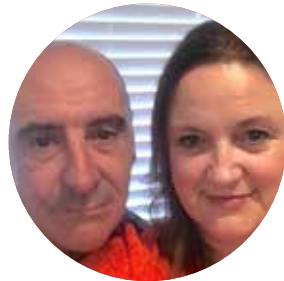
On the topic of volunteers, we would like to take this opportunity to thank some wonderful homeowners for their exceptional effort in volunteering their time to help with cleaning the green: John Adamson (Home 7), Ed Naylor (Home 65), Theo Van Gool (Home 154), Terry Buckley (Home 227) and Lloyd Poulsen (Home 333). It is a big job and the green looks just like brand new! This team's work was a very community-minded gesture and we cannot thank them enough.



The Social Club put on a Father's Day Breakfast and it was a great success with all the dads having a wonderful morning. Thank you to the Social Club who do an amazing job. We have also enjoyed a variety of events such as Oktoberfest celebrations, our brilliant choir singing with the local school kids, Melbourne Cup Day fashion parades and lunch, and lots more. You can definitely feel the festive season approaching as we look forward to our Christmas Markets at the end of November and all the fun that December and January will bring us!

See you around the grounds,

Kim and Tony Lee,
Palm Lake Resort Bargara Caretakers



***Pictured above:** Here are just some of our Oktoberfest memories where all the homeowner 'Damen' (ladies) and 'Herren' (men) were made 'Vilkommen' (welcome)! There was lots of colour and costumes among the crowd. Suffice to say that a great time was had by all.*



FROM BEERS
TO HORSES TO
ART - WE'VE
DONE IT
ALL!

Around the grounds

THERE'S ALWAYS LOADS GOING ON HERE AT PALM LAKE RESORT BARGARA. AND THERE'S NO DOUBTING THE FACT THAT WE ENJOY GETTING DRESSED UP AND CELEBRATING ANY SPECIAL OCCASION TOGETHER!

For starters, we celebrated Oktoberfest (pictured left). The sounds of OomPaaPaa music rang out from 5pm at the Oasis Bar Beer Hall as the crowd gathered. The enticing aroma of German sausages and sauerkraut filled our nostrils while the German Bier and Schnapps had people beating a path to the Oasis Bar. And, of course, the Chicken Dance rang out several times as the dance floor came alive - and that is the way it stayed until close.

Our Social Club Sub-Committee did an amazing job providing food, music and decorations and the Oasis Bar staff ensured there was plenty of tasty brews to keep the crowds happy!

Pictured above, Melbourne Cup gave us reason to dust off our fascinators and shine our best shoes! Well before "The Race That Stops The Nation" began, the PLR Social Club Sub-Committee were at the Seabreeze Country Club

to decorate the venue and ready the track for the day's activities. And what an incredible job they did again!

Champagne on arrival is always a great start to any occasion. Many people decided to decorate their table. The staff served up a delicious roast beef for lunch. The theme for Fashions of the Field was outfits sourced from Op Shops - and what an amazing array of fashions there were. Our great Caretakers Kim and Tony, ably assisted by homeowner Kingsley, chose some very deserving winners. The Novelty Horse Race was a hoot. And there were plenty of Sweep Winners (and even more losers!). Win or lose, the event was a great success.

Finally, pictured above, the Palm Lake Resort Bargara Art Exhibition was another fabulous diary event. Homeowner artists displayed their talents on the King's Birthday long weekend in the very welcoming light and airy church hall in Bargara. Watercolors, acrylics, pastels, coloured pencils and graphite were among the mediums on display across a wide variety of subject matter. Items for sale included cards, bookmarks, jewellery, bags, teddies, resin coasters, earrings and quilts. What a talented bunch we are!



Worm farming 101

IT'S LIKELY THE SMALLEST KIND OF 'FARM' YOU COULD OWN, BUT DON'T LET ITS SIZE DECEIVE YOU - A WORM FARM IS THE SECRET TO GARDENING SUCCESS. AND IT'S SERIOUSLY EASY AND INEXPENSIVE TO SET UP.

The official term for worm farming is 'vermiculture', and worm farms may also be called wormeries or vermicomposting. These terms can be helpful to keep in mind when learning more about worm farms. Similar to compost bins, worm farms help break down food waste and turn it into nourishing fertiliser for your garden.

Unlike traditional compost though, worms help to mix layers of soil together. They do this by burrowing under the ground and making tunnels, breaking down dead plants and flowers in the process. They also love eating dead leaves and old fruit and vegetables - the waste they create (called 'castings') is a wonderfully rich garden fertiliser that your plants will love.

But why should you set up a worm farm? A better question might be: why not?! For one, a worm farm gets rid of organic food waste in a sustainable way, rather than sending it to landfill where it releases methane gas as it breaks down. Worms can eat three to four kilograms of organic kitchen waste every week, which is a lot of waste saved from landfill.

The worm castings and 'worm tea' (a liquid made from soaking worm castings in water) are also budget-friendly, sustainable plant fertilisers. They will nourish your vegetable, flower and herb gardens, helping you grow your own produce which, in turn, reduces the plastic waste and transport emissions that are created when you buy produce at supermarkets. If you're looking to establish small yet sustainable habits, a worm farm is the perfect place to start.

Setting up your worm farm

There are many ready-made worm farms to choose from (easily found at your local hardware store, nursery or online), but you may also want to make your own. They're very easy to set up and a fun activity for the grandkids these summer holidays. You'll need:

- Two plastic containers - a larger one with a lid to catch your worm tea, and a smaller one, that sits inside it, to house the worms and compost
- Enough shredded paper and compost to create a 10cm layer in your smaller container
- Water
- A drill to create holes in the smaller plastic container
- And last, but not least, worms. Find them at your local nursery or hardware store.

Firstly, find a warm, shady spot to set up your worm farm. Put the larger container on the ground. Drill many small holes in the base of the smaller container and place it inside your larger one. In the smaller container, create a 10cm-deep layer of shredded paper and compost. Add water so the layer is moist, then gently add the compost worms. You want to also add food scraps for the worms to feed on. Then simply close the lid and wait about a week while your worms settle into their new home. About once a week, you should pour water over the smaller container and let it drain through the holes into the larger box for collection. This not only keeps your compost and worms comfortably moist, it's producing that rich worm tea fertiliser for you to share with your other (no doubt grateful!) plants.

Remember: not all food scraps are good for worms. They love fruits, vegetables, coffee grounds, tea bags, egg shells and shredded paper. But, avoid citrus fruits, onions, capsicums, leeks, garlic, meat, dairy, pasta, cereals and shiny, coated paper.

Weekly activities

OBCC = Ocean Breeze Country Club
SBCC = Sea Breeze Country Club
HCC = Horizons Country Club

*Subject to change without notice. Info correct as at July 2023. If there are any changes to days/times please notify Caretakers.

MONDAY		
6.50am	Walk, walk, walk	SBCC, dance floor
8.30am	Yoga	OBCC, upstairs
8.45am	Health and Wellness	OBCC, lounge
9am	Photography Club	Craft room
9am	Outdoor aqua	HCC, pool
9.30am	Qi-gong	OBCC, upstairs
12.30pm	Cards	OBCC
12.30pm	Men's Cards 500	OBCC
12.30pm	Knit & Natter	OBCC, Oasis Lounge
1pm	Patchwork Group	Craft room
1pm	Pool/billiards	SBCC
1pm, 3pm	Tenpin bowling comps	HCC, Kingpins
3.50pm	4km walk	Cnr Golden Cane & Majestic
4pm	Line Dancing (Beginners)	SBCC
5pm	Line Dancing (Advanced)	SBCC
6.45pm	Scroungers	Bowling Green

TUESDAY		
6.50am	Walk, walk, walk	SBCC, dance floor
7am	Men's Bowls	Bowling Green
8am	Pilates	OBCC
9am	Pottery	Pottery room
9.15am	Light & Easy	SBCC
11am	Tai Chi	OBCC, upstairs
12.30pm	Rummikub 500	OBCC
1pm	Card Making/Scrap-booking	Craft room
1pm	Pool/billiards	SBCC
1.30pm	Tenpin bowling	HCC, Kingpins
2pm	Dementia Support (monthly)	OBCC, Oasis Lounge
3.50pm	4km walk	Cnr Golden Cane & Majestic
4pm	Musos	HCC
7pm	Movie Night	SBCC, Theatre

WEDNESDAY		
6.50am	Walk, walk, walk	SBCC, dance floor
7.30am	Golf	Coral Cove Resort
8am	Pilates	OBCC
8am	Tennis	Tennis courts
9am	Art group	Art room
9am	Line Dancing (Advanced)	SBCC
9.30am, 10.30am	Aqua Aerobics	SBCC, indoor pool
12.45pm	Mahjong (Beginners)	SBCC
12.45pm	Movie	SBCC, Theatre
1pm	Bingo (weekly)	OBCC
1pm	Pool/billiards	SBCC
1.30pm	Mixed Bowls	Bowling Green
3.30pm	Bar open (until 6pm)	SBCC
3.50pm	4km walk	Cnr Golden Cane & Majestic
7pm	Table Tennis	SBCC

THURSDAY		
6.50am	Walk, walk, walk	SBCC, dance floor
7am	Men's Bowls	Bowling Green
8.30am	Ladies' Bowls	Bowling Green
12.15pm	Indoor carpet bowls	SBCC
12.30pm	Canasta - Hand & Foot	OBCC
1pm	Tenpin Bowling (on bus)	Bundy Bowl
1pm	Pool/billiards	SBCC
1.30pm	Light & Easy	OBCC, upstairs
2.30pm	Indoor Carpet Bowls	SBCC
3.30pm	Bar open (until 7pm)	SBCC
3.50pm	4km walk	Cnr Golden Cane & Majestic
7pm	Movie Night	SBCC, Theatre

FRIDAY		
6.50am	Walk, walk, walk	SBCC, dance floor
7-11am	Gym instruction	Milon Gym
8am	Tennis	Tennis courts
8.30am	Line Dancing (\$5 Fee)	SBCC
9am	Choir	SBCC, Theatre
10am	Table Tennis	SBCC
11.30am	Bar open (until 1pm)	HCC
12.45pm	Mahjong (Beginners)	SBCC
1pm	Mixed Bowls	Bowling Green
1pm	Pool/billiards	SBCC
1pm	Canasta	HCC
3.50pm	4km walk	Cnr Golden Cane & Majestic
3.30pm	Bar open (until 7pm)	OBCC
5pm	Bar open (until 7pm)	HCC

SATURDAY		
7am	Bowls	Bowling Green
12.30pm	Cards	OBCC
1pm	Cards (5 Crowns)	SBCC
1pm	Indoor Carpet Bowls	SBCC
1pm	Bowls, Self-select pairs	Bowling Green
1pm	Pool/billiards	SBCC
3.30pm	Bar open (until 7pm)	OBCC
4.30pm	Villa draw	OBCC, bar
5pm	Bar open (until 7pm)	HCC
6pm	Movie Night	SBCC, Theatre

SUNDAY		
8am	Tennis	Tennis Courts
9.30am	Table Tennis	SBCC
1pm	Mixed Bowls	Bowling Green
1.30pm	Afternoon movie	SBCC, Theatre
3.30pm	Bar open (until 6pm)	OBCC
3.50pm	4km walk	Cnr Golden Cane & Majestic
5pm	Bar open (until 7pm, first Sunday of the month)	HCC



This summer, be waterwise

SUMMER HAS OFFICIALLY ARRIVED AND THE AUTHORITIES ARE PREDICTING ANOTHER LONG, HOT ONE AT THAT. WITH THE HEAT COMES GREATER PRESSURE ON OUR COMMUNITY'S WATER CATCHMENTS. DID YOU KNOW THAT ONE OF THE EASIEST WAYS TO SAVE MONEY AROUND THE HOME, WHILE ALSO PUTTING OUR ENVIRONMENT FIRST, IS TO TAKE A CLOSER LOOK AT YOUR WATER USAGE. HERE'S HOW...

In the kitchen

How much time do you spend waiting for the water, running from your kitchen tap, to cool down or warm up? Rather than letting it simply pour down the drain, pop a glass (or even a large bottle) under the tap to collect the water – then, let it cool down/warm up to use however you like. Maybe you can use the water to give your indoor plants a drink? Or fill up the dog's water bowl?

When cooking – specifically, boiling – only use enough water to just cover your food in the saucepan. And always try to defrost frozen food in the fridge overnight rather than under a hot running tap.

But, the biggest water waster, when it comes to kitchen activities, is the clean up. Your dishwasher is the highest consumer of water in your kitchen, so be sure to choose a water efficient model – check for a WELS (Water Efficiency Labelling and Standards) label, ideally with six stars. You probably know to only run your dishwasher when it's full, but did you know that you can also use the rinse function (if it has one) instead of rinsing your dishes in the sink pre-wash? If you don't use a dishwasher, just be sure to put the plug in the sink when washing up. If you have two sinks, it's a good idea to fill one with water for cleaning and the other with water for rinsing – and go easy on the dishwashing liquid so you don't need to rinse as much!

In the bathroom

Much like in the kitchen, it's important to only have the tap or shower running when you're actually using the water. Shaving, brushing teeth and even applying shampoo or conditioner can all be done without the water going – just turn it on to rinse off!

On that same note, while we all love a long, hot shower, this seemingly small luxury comes at a price (and not just financially). Did you know that your showerhead could be using anywhere from nine to 19 litres per minute? It's good practise to find out if your showerhead could be more efficient (and if so, take action) and also simply keep your showers to four minutes or less. Use your phone as a timer if you haven't got a bathroom-specific timer.

Speaking of upgrades, did you know that you may be able to modify the float arm in your toilet to lower the flush volume? There are plenty of tutorials online to walk you through the process, which will have your toilet using less water for each flush (just make sure your pan is suitable for lower flow rates).

Of course, the most important thing to do is to constantly check for leaks – not just dripping taps, but also in your toilet. To check for toilet leaks, add a few drops of dye to the cistern and wait an hour (don't flush). If dye appears in the toilet bowl, you may have a leak.

In the garden

A huge portion of your home's water wastage won't actually occur 'in' your home. According to a study by Western Australian service 'Water Corporation', sprinklers or irrigation systems account for an estimated 28 per cent of your home's water use. Hand-watering plants takes up another three per cent.

The good news is that being savvy about your water usage inside your home can help you be smarter in the garden, too. Now that you know to collect tapwater while you're waiting for it to cool down or warm up, you can use that on your plants.

When you do need to water your garden using the hose, pay attention to when you do it. The best time to water a garden is in the early morning or the evening, in order to reduce the amount lost to evaporation. Also, be sure to water thoroughly (though less frequently) to maximise the benefit to your plants and use mulch to prevent moisture loss.

If you have the opportunity to plant something new, consider choosing plants that don't require as much water. Australian natives are always a good choice as they're used to the climate (not to mention bursting with colour). Succulents and cacti are other great on-trend options.

WATER
SAVERS ALSO
HELP BEAT THE
BILLS

Help your pup beat the heat

IT'S HARD ENOUGH BEING A HUMAN DURING THE HEAT OF SUMMER – IMAGINE HOW IT FEELS BEING COVERED IN FUR?! TO HELP FIDO STAY COOL AND COMFORTABLE THIS SUMMER, REMEMBER THESE TIPS.

Bring them with you

It goes without saying, but it's always worth mentioning: never leave your pets in a parked car. Not even for a minute. The temperature can rise rapidly in a vehicle, even when the windows are opened slightly, and the extreme heat can quickly result in organ damage or death. It's just not worth the risk. Bring them inside with you, or leave them at home.

Limit exercise when it's hot

Would you want to go for a long run in the middle of a summer day? Chances are, neither does your pet. Try to schedule their walks or dog park visits during cooler parts of the day – it will be much more pleasant for both of you. If you must walk them during peak temperatures, keep it brief.

Plenty of water and shade

Make sure your pet has easy access to water and shade when they're outside. This might mean investing in a refillable water fountain, or erecting a shade structure if you don't have much natural shade. Air flow is also important, and doghouses aren't ideal in summer (they can actually make the heat worse).

Offer them refreshments

When it's really hot, your pet will love chowing down on ice cubes or even 'pupsicles' (dog-friendly ice blocks which you can make at home). Maybe purchase a cooling body wrap or vest for your pup, or give them a nice cold bath.

Know the signs of heatstroke

If your dog is suffering from heatstroke, they'll exhibit some scary symptoms. Keep an eye out for heavy panting, glazed eyes, rapid heartbeat, fever, dizziness, vomiting or lack of coordination. If you suspect heatstroke, apply ice packs or cold towels to their head, neck and chest, or run cool water over them and take them to the nearest vet.



Homes for sale

Want to book a private inspection and find out more about our resort?
Freecall 1800 501 119 or email salesbargara@palllake.com.au
You can also visit us online at palllakeresort.com.au

Home 265: \$595,000

Beds

2

Bath

2

Living

1

Outdoor living

Garage

2



The perfect Outlook

A spacious well-designed modern home with two bedrooms, two bathrooms (master with ensuite and walk-in robe). The modern 2-pac kitchen has many striking features: Caesarstone benchtops, plenty of cupboards and drawers, dishwasher, wall oven and convection cooktop. A large sliding door gives access to the covered alfresco area which has cleverly been extended. Fully fenced with plenty of room for a dog if you wish. So many features to list!

Home 487: \$785,000

Beds

2

Bath

2

Living

1

Study

1

Outdoor living

Garage

4



Still under warranty

Perfectly positioned and well presented this home oozes style. Completed in June 2023 this custom RV home is still under the balance of new home warranties and has all the energy efficient features present in our new builds. This home is a real stand out! Featuring 2 bedrooms, 2 bathrooms with quality fittings and tiles, and a study with modern plantation shutters. Plenty of room for entertaining on the covered alfresco area which features pull down privacy blinds.

Home 279: \$595,000

Beds

2

Bath

2

Living

1

Outdoor living

Garage

2



Bloomin' beauty

This Hibiscus design provides space with comfort and an abundance of light. The clever placement of windows and awnings allows cool breezes to flow through the home. Featuring two bedrooms, two bathrooms and a double garage, all your "wants" are catered for. Only five years old, this home has the advantages of screens and extended tiling to the patio area - a great place for entertaining or just relaxing.

Home 225: \$575,000

Beds

2

Bath

1.5

Living

1

Study

1

Outdoor living

Garage

1



So many features!

This south-facing Banksia design has a modern kitchen complimented by Caesarstone benchtops, SMEG wall oven, convection cooktop, large corner pantry and plumbed fridge alcove. A feature over the island bench brings an artistic flair to the kitchen. So many features: Solar hot water, plantation shutters, feature walls, raked ceiling and covered front porch. Entertain in the private shuttered alfresco area or take a stroll to one of our three Country Clubs!

Home 215: \$535,000

Beds

2

Bath

1.5

Living

1

Study

1

Outdoor living

Garage

1



Alfresco delight

Sit and relax on the front covered porch and have a chat with your neighbours or pull down the patio blinds for additional space. Raked ceilings and an open plan compliment this modern 2 bedroom plus study home. You will not be disappointed with plenty of storage options, split system air con and ceiling fans. Well appointed kitchen with many drawers and cupboards. All season extended patio area. Easy to maintain pathways and tropical gardens.

Home 42: \$490,000

Beds

2

Bath

1.5

Living

1

Outdoor living

Garage

1



Well laid out Orchid design

Well maintained and beautifully presented with neutral colours to suit the most fastidious of buyers. Modern plantation shutters on the windows. Split system air conditioners in the living and master bedroom. Ceiling fans in each room are an option for your comfort. The well laid out kitchen is spacious, Caesarstone bench tops, large pantry, wall oven, gas cooktop, all overlooking the breakfast bar to the separate light filled dining room.

10,000 REASONS TO CELEBRATE

With more than 46 years' history, did you know that 10,000 people call a Palm Lake Group address home? We are celebrating this milestone in 2023 by giving you \$10,000 off the purchase price of your new Palm Lake Resort home PLUS we'll throw in another \$10,000 worth of home upgrades. Come join our 10,000-strong community in 2023. Welcome home.

\$10,000
OFF YOUR NEW HOME*

+

\$10,000
TOWARDS UPGRADES*

*Terms and conditions apply



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