

APRIL - MAY 2024



The Sands



Lest we forget

On Anzac Day, our resort came together to remember and thank all those who have fought for our country

Join the book club

Calling all book worms! There are so many reasons to join - or start - a book club...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them for a cash reward



Welcome.



We have gone from hot and humid to nice and comfortable and this makes me happy. If you didn't already know I don't like sticky, humid weather. I always look forward to the change in season and especially this year as we come out of a very uncomfortable few months. Bring on the cooler weather. I know the gardeners are happy to see the back end of this weather as it has been a very challenging season as they tried to stay on top of the growth around the resort.

During the month of April there was a lot of focus on policies and procedures coming through from Head Office and one such focus was on the volunteers across all Palm Lake Resorts. There was a call out to have all volunteers read a new policy and confirm they are still happy to be volunteers. I mention this as we had to complete a register of volunteers for the resort, and it came as no surprise that we have well over one hundred volunteers in the resort. They range from bus drivers, meals, kitchen, library, social groups, bar including recycling and beverage purchasing, craft, gift shop, bowls, golf, grounds, and gardens (4 hole golf course), monthly newsletter, photography, resort bus maintenance, audio visual and I am sure there are probably some I have missed, which I apologize for. The point I was looking to make is that without our volunteers this resort would not be as vibrant and engaged as it is, and I want to say a big thank you to each and every volunteer for the time they put into their roles. I can honestly say that in the time I have been in the retirement living industry this resort has by far the most volunteers I have ever seen and worked with. It's awesome to see.

In April we saw the departure of a valued staff member, Phil Ford. Phil played a vital role in the Sands team as the Grounds and Gardens Team Leader for just over three years, so it was very sad to see him go. We wish Phil all the best for his next adventure. With change there also comes opportunity and as one member of the team departs another one steps up. I was pleased that George was happy to take up the role of Grounds and Gardens Team Leader and I know he will do a great job.

Until next time,

Laurence and the Sands team

Contact us.

Looking for more information about Palm Lake Resort Beachmere Sands? Here's how you can reach us:

FREECALL: 1800 338 382

Street address:
218 Bishop Road,
Beachmere QLD 4510

Office hours:
10am to 2pm, Monday to Friday
(weekends, by appointment)

Email:
salesbeachmere@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News in brief.

We want to hear from you!

Whether it's photos from a recent event or there's a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Chat to your caretaker about how to submit content and to find out deadlines for upcoming editions.

Green waste reminder

Bins are provided for general green waste – please do not load them up with dirt and stones. The following are permitted in the bins: garden prunings, grass clippings, shrubs and weeds (shake off the soil), leaves and loose bark, palm fronds (fronds must be cut so they can fit into the bin – bent palm fronds can get stuck in the bin preventing it from being emptied), small branches (no more than 15 centimetres in diameter and 40 centimetres in length). Please also consider others in the community on return of empty bins to ensure all get a chance to put their green waste in the shared bins.

It's "Your Time", time

The start of another beautiful Aussie season means another Palm Lake Resort company magazine has just dropped. Our Autumn 2024 edition gives readers their first look at the incredible display homes just unveiled at Palm Lake Resorts Yamba Cove and Pelican Waters. We also explain how you can embrace the 'dopamine decor' trend in your own abode for the ultimate 'happy home'. And we've got some great recipes for you to try when you're invited along to your Palm Lake Resort neighbours' homes and that age-old question crops up: "What can I bring?". Never fear - the answer is here! Grab a copy of the magazine from your letterbox or you can also find it online at palllakeresort.com.au



Around the grounds

There are a few projects around the resort that will come to fruition over the next couple of months. The main one being the start of the external painting program of the resort villas. The contractor will commence the program in May with a time from of around 8 – 10 weeks to complete the first stage. They will then look at scheduling in the next stage during the 2024/2025 financial year. The other major works that will take place are the repairs to the clubhouse roof. The roofing contractor has provided a comprehensive quote for repairs that will happen in two stages. After a lot of discussion with the contractor they are confident that by completing these major repairs, they will finally get on top of the leaks.



Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.). Please ensure your pet does not interfere with the peace, comfort or privacy of other residents. For more, please refer to the Residential Park Rules (July, 2017).

We will remember them.

Our resort hosted a moving service to commemorate Anzac Day on Thursday April 25. The morning was organised by Dawn and Les Purdie (Home 171) and was very well-attended. Pastor Dave Greig led a prayer, Ross McGowan recited of the poem 'Not a Hero' and Les Purdie gave an insightful address that centred mainly on the War in Vietnam.

A special thank you to the Palm Lake Singers, who performed a medley of wartime songs and led the hymn 'Abide with Me' and the National Anthems of New Zealand and Australia. Sue Channon and Rob Cavanagh laid the wreaths, while Meg and Chris Dennys raised the flag for us. Thank you also to all residents who brought along personal and family memorabilia to display during the service, as well as those who aided in the clean up and those on the bar (led by Colin Denton). It was a very well-organised and memorable commemoration.

Photos courtesy of Brad Kinross.





What should we read?

Choosing a book can sometimes be a daunting task, but it doesn't have to be. Why not start with one of the classics? We've done the legwork for you and narrowed down 10 titles that are widely considered to be the 'greatest books of all time'. Here they are, in no particular order. How many of these titles have you already read? And what will be next on your reading list?

The Great Gatsby by F. Scott Fitzgerald

1984 by George Orwell

To Kill a Mockingbird by Harper Lee

The Catcher in the Rye by J. D. Sallinger

Pride and Prejudice by Jane Austen

Anna Karenina by Leo Tolstoy

The Lord of the Rings by J. R. R. Tolkein

The Adventures of Huckleberry Finn by Mark Twain

Catch-22 by Joseph Heller

Don Quixote by Miguel de Cervantes

Join the club

ARE YOU PART OF A BOOK CLUB? IF YOU AREN'T, YOU SHOULD BE – FOR A NUMBER OF REASONS. WHY NOT JOIN YOUR RESORT BOOK CLUB OR, IF THERE ISN'T ONE, START UP A BOOK CLUB YOURSELF! HERE'S EVERYTHING YOU NEED TO KNOW ABOUT BOOK CLUBS.

Why read more?

From social benefits to mental and even physical ones, there are so many reasons to read consistently – and a book club helps you do exactly that.

You'll read more

Do you find it difficult to read regularly? It's not exactly surprising – with so much going on around your resort, carving out time to read on a regular basis can be hard. By joining a book club, you'll be more motivated to finish the books you start so that you can participate in the conversation at your next meeting.

You'll get more out of each book

It's rare to have the opportunity to sit down and talk about a book you've just read, with people who have also just

read it. By joining or starting a book club, you can do that on a regular basis. You'll be amazed at how different a book can feel after you've spoken about it with others and will love discovering their interpretations.

Improve your mental health

Reading really is magical, and not just for its ability to transport you to other worlds. Following a story and remembering different characters and plot points exercises your brain, improving memory function. It also improves your literacy, increases your general knowledge and teaches you empathy.

Improve your physical health

The imaginative powers of reading can be a great form of stress relief, which can positively impact everything from heart health to blood pressure. It can also help you get a

better night's sleep, especially if you make reading part of your bedtime routine. Tucking in with a book tells your brain that it's time for rest and helps you de-stress before going to sleep.

Be more social

Beyond the benefits of reading itself, book clubs offer so many great social benefits. For one, it's a regular social get-together to look forward to – even if it needs to take place on Zoom. After all the book talk, you can linger and enjoy more casual conversation over tea and treats.

How to begin?

You know why you should start a book club – now, it's time for the how. Who better to get advice on starting a book club from than major publisher, Penguin Random House?

Here are their five best tips:

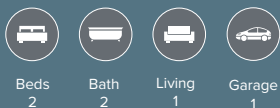
1. Decide what kind of book club you want to start: Are you looking for a place to discuss books in-depth, or is it a bit more casual? Are you planning on reading a specific genre, be it best sellers, memoirs, classics or romance? The purpose of your book club will dictate everything from who joins it to how you select the books, so it's a good idea to decide this before you get started..

2. Choose a setting: You need a place to meet - and our Palm Lake Resort locations have plenty of options. Why not meet up in your resort clubhouse or the on-site library? Or, for something a bit more casual, you could take turns hosting the meetings in your own homes and even 'bring a plate' to each meeting.
3. Invite your members: Penguin Random House says the ideal size of a book club is between eight and 16 members, but three to five is a great place to start. From there, members can invite a friend or two themselves, if they want to.
4. Set up a pre-book club meeting: Before you get your book club underway, you might want to meet up with a fellow club leader or two and discuss the technicalities. How will you choose which book the club reads? Where will the first meeting be, and often will you meet? If you cover off some of these questions in your mind before the big day, it will be smoother sailing moving forward.
5. Get started: You've gathered a group, found a location and planned a few dates – you're officially ready to get your book club going.

The only question that remains is, what will you read? See above...

Homes for sale.

Home 35 - \$550,000



Picture perfect.

Villa 35 boasts a spacious living area within a thoughtful floorplan allowing for flexible living. European Smeg appliances and ducted air conditioning are also included. Elegantly appointed and superbly presented, this villa will impress upon first inspection.

Residents also gain exclusive access to the world class Sands Clubhouse, the elegant community hub at the heart of the resort home to features such as indoor and outdoor swimming pools, a championship undercover bowls green, golf course, movie theatre, gym, billiards room, craft room and library.



WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 338 382 EMAIL SALESBEACHMERE@PALMLAKE.COM.AU AND
VISIT US ONLINE AT PALMLAKERESORT.COM.AU



Helping friends become neighbours.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes, you'll receive \$250 cash. Easy!

\$250

cash incentive when you refer a friend to buy an **established home** at Palm Lake Resort



For more information and to refer your friend, simply contact our Sales Information Centre on 1800 338 382. *T&Cs apply

THE BEST IN OVER-55S LIVING. THIS IS YOUR TIME.
PALMLAKERESORT.COM.AU

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Our homeowners have charitable hearts.

PALM LAKE RESORT HOMEOWNERS PROVE TIME AND TIME AGAIN THAT THEY HAVE WONDERFUL, CHARITABLE HEARTS. HERE ARE JUST SOME OF THE STORIES WE'VE HEARD LATELY...

Tweed River: Around 150 homeowners and guests descending on the resort's Country Club for a stunning art-deco inspired high tea to raise funds for Tweed Palliative Support and the Wedgetail Retreat. The Country Club looked more like a fashionable hotel lounge, reminiscent of The Ritz in London or The Peninsular Hotel in Hong Kong, as fantastic multi-level platters of cakes, scones and savoury treats were prepared and served by the volunteers. Musicians from the Northern Rivers Symphony Orchestra volunteered their time and musical talent to present an incredible classical string concert (pictured above). The high tea was followed by raffles and a lively auction of kindly donated items resulting in more than \$11,000 being raised! This included a donation from the Residents' Committee plus the proceeds of refunds for bottle and can recycling from throughout the year. This total amount was much more than previous annual fundraiser events and much appreciated by the worthy charitable recipient.

Deception Bay: Just before Christmas, the resort's Quilters Group drove up to the Centre Against Domestic Abuse (CADA) at Caboolture with enough goodies to fill three car boots! The CADA people were stunned and so grateful. Along with all the toys for children and necessities for

women, there were 70 handmade Christmas stockings and more than 80 fabric drawstring bags for the women (pictured above). The group also donated 12 quilts to CADA to hand out to their clients in the New Year. The quilters were amazed by the wonderful response from their fellow homeowners who also donated toys and goods.

Upper Coomera: This resort's Jane McGrath Foundation charity fundraiser "Girls' Night In" event raised \$1060.

Bethania and Waterford: Two neighbouring Palm Lake Resorts came together for the sake of breast cancer research, hosting a charity event that raised more than \$3000 for the McGrath Foundation. Everyone turned out in their best pink outfits and a special visit was made by Federal MP Bert Van Manen who also donated to the cause via some lovely hampers that were raffled.

Carindale: The resort's annual Market and Craft Day saw a variety of stalls selling handicrafts, paintings, bric-a-brac, clothes, jewellery, toys, restored furniture, cakes and more. Through event proceeds, a morning tea and a raffle, Care Kits for Kids Qld (a children's charity that donates backpacks filled with clothes, toiletries and school supplies to disadvantaged children) received a donation from the resort of more than \$1400! This resort's knitters also do good with their spare time. Gathering fortnightly, the knitters produce gorgeous teddy bears for the Red Cross to distribute to needy children (pictured top).



BATTLE OF THE TWO BOWLING BEACHMERES!

What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? Whether it's an amazing volunteer effort, an exciting sports competition or an important milestone, we would like to hear about it.

Simply email the details to belinda@bellepr.com.

Sport brings us together.

Tea Gardens vs Fern Bay vs Forster Lakes: Golf has been the inter-resort game of choice recently for these nearby communities. In a three-game series, Forster Lakes was victorious once but Tea Gardens proved too good on the other two competition days. The total points overall were: Tea Gardens 454, Forster Lakes 444 and Fern Bay 423 so it was a close competition all 'round.

OUR SPORTIEST HOMEOWNERS HAVE BEEN HAVING FUN, TAKING ON TEAMS FROM OTHER PALM LAKE RESORT LOCATIONS. HERE'S HOW SOME OF THE MOST RECENT MATCH-UPS HAVE PLAYED OUT...

Beachmere Sands vs Beachmere Bay: The annual inter-resort lawn bowls competition between our Beachmere neighbours, Beachmere Sands and Beachmere Bay, took place late last year. It's always a fierce competition when these two resorts meet, and this one was no different. After a tough afternoon and evening battling it out, Beachmere Bay came out on top.

Best wishes to these legends!

WE LOVE CELEBRATING A MILESTONE MOMENT AND THERE ARE LOADS HAPPENING ALL OVER THE PALM LAKE GROUP EVERY WEEK.

Toowoomba: Pictured right, gorgeous Muriel has just batted her century at Palm Lake Resort Toowoomba. She's been a fixture there since 2011 and her daughter, Lurlene, also calls the resort home.

Mt Warren Park: Congrats to homeowners Don and Yvonne (pictured far right, bottom) who celebrated their 65th wedding anniversary recently. They received congratulations from King Charles (pictured far right, top), the Governor General and the Prime Minister, as well as many local politicians and council members.

Carindale: When homeowner Eric celebrated his 96th birthday in December, we learned there were actually three neighbours in 'Club 1927' at that resort - all born in the same year. There'll no doubt be a big party in 2027 when Eric, Shirley and Mavis all mark their centuries at Palm Lake Resort!



Holiday, everyday.



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