

OCTOBER - NOVEMBER 2024



The Sands



Get busy at home this spring

It's the season for growth and renewal - is it time for a spring clean up, or a spring clear out?

Big ideas for a compact backyard

You'll look at your Palm Lake Resort backyard differently with our ideas, inside

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.



As the days grow longer and the weather warms up, spring brings a fresh opportunity to get outside and embrace a more active lifestyle. After the hibernation of winter, many of us are keen get back into our pre-winter routines - and what better time to do that than now? Those morning walks, which I know a lot of residents enjoy, become just that little more enjoyable. It's a great time to be out and about soaking up the warm weather and fresh air.

The hottest topic on the block for the past few weeks has been the news that I will be stepping away from my role here at Palm Lake Resort Beachmere Sands to take up a more senior role with the Palm Lake Group. My new role will cover Queensland, New South Wales and Victoria as the Resort Operations Manager, looking after 15 resorts. All of that to say, I will be a very busy boy. The good news is that Palm Lake Resort Beachmere Sands will fall under my portfolio of resorts, so you haven't seen the last of me yet.

On the back of this news the next hot topic is, who will take my place as your Resort Manager? We started the recruitment process for my replacement back in late July/early August and it has been a lengthy but thorough process. As you will appreciate one of the main criteria for the role is to have experience in retirement living, which has also made the process challenging. After working our way through the numerous candidates and conducting multiple interviews, we finally found the person we think will best suit the resort and team. I am happy to inform you that Donna Deller has accepted the Resort Manager role and will commence her employment with Palm Lake Group on October 14. There will be a comprehensive handover with Donna but, as mentioned, I will continue to oversee Palm Lake Resort Beachmere Sands and will be an ongoing support for Donna.

As always, we are here to help in any way we can. Please don't hesitate to come and see us in the office.

Until next time,

Laurence and the Sands team

Contact us.

Looking for more information about Palm Lake Resort Beachmere Sands? Here's how you can reach us:

FREECALL: 1800 338 382

Street address:
218 Bishop Road,
Beachmere QLD 4510

Office hours:
10am to 2pm, Monday to Friday
(weekends, by appointment)

Email:
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Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News in brief.

Pet owners

A friendly reminder to please ensure your pet is always on a leash and under your control when out of the house. Droppings must be picked up and disposed of and are not permitted in or close to the communal facilities (all buildings, pools, etc.). Please ensure your pet does not interfere with the peace, comfort or privacy of other residents. For more, please refer to the Residential Park Rules (July, 2017).



Green waste reminder

Bins are provided for general green waste – please do not load them up with dirt and stones. The following are permitted in the bins: garden prunings, grass clippings, shrubs and weeds (shake off the soil), leaves and loose bark, palm fronds (fronds must be cut so they can fit into the bin – bent palm fronds can get stuck in the bin preventing it from being emptied), small branches (no more than 15 centimetres in diameter and 40 centimetres in length). Please also consider others in the community on return of empty bins to ensure all get a chance to put their green waste in the shared bins.

We want to hear from you!

Whether it's photos from a recent event or there's a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Chat to your caretaker about how to submit content and to find out deadlines for upcoming editions.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

Around the Grounds

The external painting project that commenced in June is approximately halfway through Stage One. The painters have been hindered slightly by other projects and weather, but they are working their way through Homes 64 to 87. Major repairs to the external clubhouse roof were undertaken in July and August. There were a couple of significant rain events in September and the roof seemed to hold up very well. The next stage of repairs is to move inside and have the water-damaged ceilings repaired and painted. Now that spring is upon us the grounds and gardens team will be in full swing, trying to keep on top of the accelerated growth that happens at this time of the year. Please be patient with them as they will not have much spare time to carry out additional work during this period.

Laurence



Weekly Activities list

MONDAY
7.30am Men's golf
8am Yoga
9am Paper tole
1.30pm Bingo
6.30pm Mixed tennis

TUESDAY
7am Water aerobics
9am Stamping up
9.30am Scrabble
9.30am Quilting
11am Stamping up
12.30pm Lawn bowls
1pm Canasta
7pm Indoor bowls

WEDNESDAY
6am Golf (away)
8.30am Dance fitness
9.30am Craft
9.45am Beachmere bus
5pm Women's tennis
6.30pm Mixed tennis

THURSDAY
7am Tai chi
9.30am Pilates
12.30pm Bowls
1pm Canasta
1pm Lace making

FRIDAY
7am Golf (away)
8am Strength/balance
8.45am Scroungers bowls
9am Paper tole
10am Singing
1.30pm Mah-jong
1.30pm Scrabble

SUNDAY
9am (third Sun.) Golf
9.45am Scroungers bowls
3pm Ladies' tennis

Meet and greet.

On Thursday September 26, our residents got together to welcome some of their new neighbours - in true Palm Lake Resort Beachmere Sands style. We love any opportunity to show off our special community, and extend a warm welcome to these lucky people who get to call it home.

Pictured, left to right: Sherrill, Lois, Karen, Ken, Korrie, Leon, and Keith.



Bowls champs.

The Bowls Singles Championship at Palm Lake Resort Beachmere Sands was a highly anticipated event, with nearly all members of the bowls group participating in the elimination rounds leading up to the final on September 25.

In a surprising twist, the competition culminated in a husband-and-wife face-off, as Marie and Ron both emerged victorious from their respective games. The spirited family rivalry added an extra layer of excitement for spectators. While Ron ultimately claimed the championship title, Marie put up an impressive fight, finishing just behind her husband in a thrilling contest.

Pictured, below: Liesbeth, Ron and Marie.



Photos courtesy of Brad Kinross.

Big ideas for a compact yard.

Downsizing your family home doesn't mean giving up on a backyard that is the envy of your visitors. You've just got to think a little more creatively. There are so many ways to easily take a compact backyard to the next level.

MAKE THE
'GREAT'
OUTDOORS
YOURS

Go green

It's the obvious thing but a lush, green garden is ever so welcoming. Speak to your local nurseryman about what types of plants suit your home's position (closely observe how the sun falls on your various garden beds before you head to the nursery) and also take into account how green your thumb actually is. Choose hardy plants if you're a plant newbie to avoid disappointment! A simple irrigation system is worth the expense when setting up your garden – many can be controlled via an app on your smartphone when you're away on holidays.

Game on

You don't need a huge backyard to have a huge amount of backyard fun – in fact, there's a whole range of yard-friendly games on the market that won't break the bank. Classic Bocce can't be beaten. Lawn bowls lovers will enjoy Bocce as the objective is similar: get your team's balls closer to the pallino (the first ball put into play) than the other team's. Alternatively, you may want to invest in a Finska set. This game involves throwing a wooden block at a cluster of 12 wooden cylinders, which are marked with the numbers one to 12. You can even seek out jumbo backyard versions of those classic indoor family games like Jenga, chess and Yahtzee.

Grow your own

A small vegetable patch can reap big rewards, especially when it comes to the pride felt when eating your own homegrown produce. Even the smallest of garden beds can be utilised for a veggie patch or you could group together a few larger decorator pots filled with premium potting mix. Lettuce is an easy veg to grow that is also quick to reach harvest. There are also now dwarf tomato varieties that grow to roughly 50cm, which is perfect for a small veggie patch. Shallots, French beans and spinach are compact growers. Beetroot and onions don't take up too much space and are fun for the kids to dig up when mature. Preparing your ground

is key – use rich composted soil. Water and fertilise regularly for fast results. This is one project that's perfect to share with the grandies and maybe you can work with your neighbours to ensure a wide variety of produce is grown which can then be shared around.

Wriggling wonders

If you've committed to a veggie patch, another cool addition to a small backyard is a worm farm. For around \$150, you can set yourself up with a neat and compact worm farm and all the things you'll need to support your new little wriggly pets. Worms will compost your kitchen scraps while also producing worm 'tea' fertiliser and the richest compost/soil for your plants. When a worm farm is working efficiently, there's no smell. It's another one of those backyard beauties that the grandkids will LOVE! And, trust us, your neighbours will want some of your magic worm tea for their gardens too – bottle it up and share it around!

Garden art

Another way to bring 'wow factor' to your backyard is via garden art. There are endless options! Consider decorative screens/panels (widely available at hardware stores) which look great installed against a plain fence, or even statues and sculptural figures subtly installed among the greenery for a surprise 'pop' of interest. Water features provide the soothing sound of gentle running water while you can also paint a feature wall – they aren't just for inside!

Take a seat

A commonly overlooked element of backyards is seating. Create places to stop and take in the vista you've created. The more unexpected, the better. Maybe you can install a bench near your veggie patch that doubles as storage for a few small garden tools? Or position a couple of chairs and a small table to overlook the water feature? Sitting among the plants in your backyard, with the sun on your back, is proven to be amazing therapy.

The big spring clean out.



THE START OF SPRING HAS US THROWING OPEN OUR WINDOWS, LETTING IN THE FRESH AIR AND GIVING OUR HOMES A MUCH-NEEDED REFRESH. BUT BEFORE YOU DO A BIG CULL, STOP AND THINK – IS THERE A WAY TO BRING NEW LIFE TO YOUR OLD ITEMS?

REPURPOSE VINTAGE LINENS

Do you have a stash of old hankies, tablecloths and other household linens tucked away in a drawer? Instead of discarding them, take a moment to look at them in a new way. These vintage pieces can be transformed into beautiful, sentimental gifts for family members or friends. We guarantee your younger family members will have seen the current trend for using preloved linens in fashion – perhaps a dress made of repurposed handkerchiefs or a skirt made from a tablecloth? Head to Google for inspiration. Trust us – you'll find plenty!

TRANSFORM OLD BOOKS INTO ART

That stack of hardcover books you've been meaning to get rid of could be the perfect material for a unique piece of wall art. With a bit of creativity, you can fold the pages of these books into intricate patterns (like the example, pictured above right) and mount them on the wall in a group, creating a stunning visual display. This simple yet elegant artform not only repurposes old books, it also adds a personalised touch to your home. If you're looking for inspiration, there are plenty of resources online to guide you through the folding process.

CREATE A MEMORY BOX FROM SENTIMENTAL ITEMS

We all have those little keepsakes – concert tickets, postcards, or family letters – that we don't want to part with but don't quite know what to do with either. Instead of letting them clutter up your drawers, why not create a memory box? This can be as simple or elaborate as you like, using a decorative box or even an old suitcase to store your

treasures. Try your best to preserve them and you'll have a beautiful time capsule to pass down to future generations.

UPCYCLE FURNITURE AND HOME DÉCOR

Before you decide to get rid of that old chair, lamp or dresser, consider whether it could be upcycled into something new and exciting. A fresh coat of paint or some new upholstery can completely transform a piece of furniture. If you're handy with tools, you might even consider reconfiguring old furniture into something entirely different – a chair can become a plant stand, or a dresser can be turned into a stylish vanity. Upcycling not only gives new life to old items but also allows you to personalise your space with unique, one-of-a-kind pieces that reflect your style. These pieces are also, perhaps, the kind of gift a sentimental family member will adore.

REIMAGINE GARDEN TOOLS AND OUTDOOR ITEMS

If you've got a collection of old garden tools or outdoor items like pots and planters that are no longer in use, consider how they could be repurposed. Old wooden ladders can be turned into charming plant stands, while mismatched pots can be painted in a similar colour and grouped together for a garden display. Even rusted or broken tools can be transformed into garden art – think of creating sculptures or using them as trellises for climbing plants. These repurposed items can add character and personality to your garden, making it a more enjoyable space as you spend more time outdoors this spring.

HOST A SWAP PARTY

One person's clutter is another's treasure, so why not host a swap party with your friends and neighbours? Everyone can bring items they no longer need, from clothing to kitchen gadgets, and trade them for something new-to-them. It's a fun way to declutter while also finding new homes for your items – and new items for your home. Plus, it's a great excuse to socialise and catch up with your community.



TURN
YOUR OLD
BOOKS INTO
WALL ART

DONATE TO YOUR NEIGHBOURS

If your collection of wool, yarn or other craft supplies has been slowly accumulating over the years, now is the perfect time to sort through it. Instead of letting these items gather dust, consider passing them on to someone who can put them to good use. The wider Palm Lake Resort community is home to several active knitting and crafting groups, and they're always on the lookout for materials for their charitable projects (see Page 10 for some great examples). Donating your excess supplies is a great way to support these groups and contribute to their mission of creating handmade items for those in need.

SHARE WITH LOCAL SCHOOLS OR CHARITIES

Don't underestimate the value of donating items to local schools, charities or community groups. Schools often need supplies for art projects and charities can benefit from clothing, toys and household items. By donating locally, you're not only clearing out your space but also contributing to causes that make a difference right here in our community. If your resort craft group doesn't need your items, ask around to see whether there is a business that could use them. The Nest in Brisbane, for example, upcycles donated vintage linens and other haberdashery items into something new, ensuring they continue to bring beauty and function to the world.

Spring cleaning doesn't have to mean getting rid of everything you no longer use. By repurposing or donating items, you can declutter your home while also making a positive impact on your community and the environment. So, as you begin your spring clean, take a moment to think about how you can give new life to the items you no longer need. Who knows? You might just discover a hidden treasure in the process!



Spring cleaning, made easy.

'TIS THE SEASON OF CLEANING! WHILE CLEANING IS NOT GENERALLY HIGH ON PEOPLE'S FAVOURITE JOBS LIST, THERE ARE DEFINITELY WAYS TO MAKE THE TASK EASIER ON YOURSELF. HERE'S HOW...

LISTEN TO PODCASTS OR AUDIOBOOKS

One of the easiest ways to make time fly while you're cleaning is to listen to something entertaining. Whether you're into true crime, comedy or self-improvement, there's a podcast or audiobook out there for you. Pop in your earbuds, hit play, and you'll be amazed at how quickly you get through your chores. It's like having a friend chat with you while you work! Plus, did you know that many local libraries let members borrow audiobooks for free? Chat to your librarian to find out how to get free audiobooks on your smartphone.

TRY FUN CLEANING HACKS

There are plenty of clever hacks that make cleaning easier. Take polishing silverware, for example. A popular cleaning trick utilises aluminium foil. Simply line a baking dish with aluminium foil, add your silverware, and sprinkle in some baking soda. Pour hot water over the top and watch as your tarnished silverware instantly shines like new!

Another fun hack is using lemon and baking soda to freshen up your garbage disposal. Just toss in a few lemon wedges, add a spoonful of baking soda, and let it grind away. It leaves your kitchen smelling fresh and clean with minimal effort.

BREAK IT DOWN WITH SMALLER CLEANS

One of the best ways to make your big spring clean less overwhelming is to keep up with smaller cleaning tasks throughout the year. Instead of waiting for things to pile up, try to tackle a few quick chores each week. Set a timer for 10 or 15 minutes and focus on one thing only – whether it's dusting a certain area, or tidying up one cluttered space. These small bursts of cleaning will make the big spring clean a lot less daunting when the time comes. You can also put together small 'cleaning kits' to keep in each high-use area – a small dedicated bathroom cleaning kit in each bathroom, for example, could contain a spray for soap scum and a glass-friendly cloth. You could also keep dust cloths in multiple convenient places around the home so you always have one on hand. When the equipment you need is close by, it's harder to make excuses.

REWARD YOURSELF

Finally, don't forget to reward yourself for a job well done! Plan a treat for after you've finished your cleaning – whether it's a favourite snack, a relaxing bath, or watching an episode of your favourite show. Knowing there's a reward at the end can make the whole process more motivating and enjoyable.

Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 338 382 EMAIL SALESBEACHMERE@PALMLAKE.COM.AU AND
VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 11: \$565,000

Beds

2

Bath

2

Living

1

Outdoor living

Garage

1



Entertaining made easy.

Welcome to the Hibiscus. This home is an ideal blend of comfort and style, offering a spacious living area that seamlessly transitions to an inviting outdoor space - perfect for entertaining or simply enjoying the serene surroundings. Freshly painted, with new carpet and appliances, it's move-in ready. Its prime location within the resort offers both front and back gate access for ultimate convenience. With a single garage included, this home is as practical as it is charming.

Home 19: \$550,000

Beds

2

Bath

1.5

Living

1

Outdoor living

Garage

1



SOLD

Perfectly positioned.

This home offers a blend of comfort and convenience. It features a spacious living area with a thoughtful floorplan, providing flexible living options. European Smeg appliances and ducted air conditioning are also included.

Residents can enjoy the excellent facilities this resort offers within close proximity, making every activity and offering at the resort easily accessible.

Elegantly appointed and superbly presented, this home will impress upon first inspection.

Home 35 - \$550,000

Beds

2

Bath

2

Living

1

Garage

1.5



Picture perfect.

Home 35 boasts a spacious living area within a thoughtful floorplan allowing for flexible living. European Smeg appliances and ducted air conditioning are also included. Elegantly appointed and superbly presented, this home will impress upon first inspection.

Residents also gain exclusive access to the world class Sands Clubhouse, the elegant community hub at the heart of the resort home to features such as a swimming pool, a championship undercover bowls green, golf course, movie theatre, gym, craft room and library.

Refer a friend and earn yourself a reward

A \$250 CASH BONUS FOR YOU



Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250 cash. Easy! Terms and conditions apply.

For more information or to refer your friend, FREECALL 1800 338 382.



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Of course, Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



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