

DECEMBER 2025 - JANUARY 2026



The View



Around the grounds

The last few months in our resort have been particularly busy – catch up, inside...

Plan a trip using animal instincts

Capitalise on our country's incredible array of fauna when planning your next adventure

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

We are at the busy and most festive time of the year once again! In the coming weeks, there will be lots of Christmas activities centered around the clubhouse, so don't forget to put your names down for the events you wish to attend.

On December 9, the Palm Lake Choir will be singing at the clubhouse once again, performing some traditional Christmas songs as well as some new additions – or so I have been told. Come along and enjoy a lovely dinner and a show. Who doesn't love a Christmas sing-along with our choir?

With summer usually comes rain, and so far this year has proven no exception. The weeds are loving it! Please make sure that your yard maintenance is kept up so they don't get out of hand and hard to manage. Keeping your yard clear will also mean the snakes and other nasties have nowhere to hide.

Summer also means delicious seafood – which, in turn, means not-so-delicious odours when not disposed of properly. Please put any seafood eaten over the Christmas and New Year break in the freezer until garbage collection day. This will help us make sure the bins around the resort do not smell and collect maggots with the heat.

On behalf of Phil, myself and our fabulous crew – Gary, Linda and Luke – we would like to wish you all a very Merry Christmas and healthy and prosperous New Year!

Enjoy,

**Charna and Phil,
Palm Lake Resort Bethania Caretakers**

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us.

Looking for more information about Palm Lake Resort Bethania?
Here's how you can reach us:

PHONE: 1800 774 866

STREET ADDRESS:
43 Goodooga Drive,
Bethania QLD 4205

OFFICE HOURS:
7am to 3pm, Monday to Friday

EMAIL:
bethania@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@pallm.lake.resort)



News in brief.

Giving back to the community

Do you have some spare time and want to give back to our local community, while also making a difference in someone's life? Palm Lake Care (owned and operated by the Palm Lake Group) is always looking for volunteers to either visit a local aged caring community and spend time with the residents, or assist the Lifestyle Team members in running some fun resident activities. If this sounds like something you'd like to do, contact Palm Lake Care Bethania on 3086 3000 or you can also volunteer at Palm Lake Care Mt Warren Park by phoning 3444 6000.

Green waste dates

Pop these dates in your diary to remember to put out your green waste for collection (fortnightly on Mondays):

- December 8
- January 5 and 10
- February 2 and 16

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

Snake safety

Snakes will avoid people, but if they feel threatened and can't find a way of escape they will defend themselves by biting.

IF YOU SEE A SNAKE...

Stay calm and walk away from it: **Do not** try to catch it. **Do not** try to kill it. **Do not** make it feel threatened e.g. by throwing things at it or poking it with a stick. Most people bitten by snakes are bitten while trying to catch or kill the snake.

Report it as you would any other hazard, and warn others away from it until it is dealt with by a suitably trained person.

Stamping heavily on the ground, even from a distance, can encourage it to move away for its own safety.

If you see the snake in a building leave the room and close the door so the snake is contained until help comes.

SNAKE SAFETY TIPS

Never put your hand or foot anywhere you cannot see. Keep open workplaces and nearby areas clear of places snakes might find food or a place to shelter.

It is not only **against the law** to kill or catch snakes without a permit, it is also highly **dangerous**.

IF YOU ARE BITTEN BY A SNAKE

By following these steps you should have plenty of time to get to a hospital for anti-venom.

Call for help immediately. You or someone call 000 - do not hang up until the operator tells you to.

Do not try to suck out the poison.

Do not cut the wound. **Do not** apply an arterial tourniquet. **Do not** wash the bite. The hospital has the best chance of identifying the snake by any venom still around the wound.

Apply a broad bandage tightly across the bite and up the limb to immobilise it. This helps prevent venom from entering the blood stream. Stay as calm and as still as possible while you are waiting for help to come.

Important numbers

Caretakers' Office, for homeowners' enquiries:

3200 9622 (for after-hours emergencies, leave a message and your phone number)

Police Link (Non-urgent incident report): 131 444

Community flyer: 1300 463 593

Mater Hospital (24-hour emergency): 3840 8111

PA Hospital (24-hour emergency): 3240 2111

QELI (24-hour emergency): 3275 6111

Logan Hospital: 3299 8899

Logan City Council: 3412 3412

Veteran Affairs: 13 32 54

Local snake catcher: 0413 028 081

MHIA Insurance: 1800 676 700

Buses and trains information: 13 12 30

Home Assist: 1300 366 836

Seniors Qld: 1300 135 500

Palm Lake Care: 1800 246 677

Yellow Taxis: 131 924

Doctor Ting: 3807 8588

Origin: 136 262

Cleaning/Dog walking (Andrea): 0407 028 614

Electrician (Darcy @ Shockproof Electrical): 0432 288 442

Plumber (Rick's Plumbing & Drainage): 0430 162 608

Podiatrist (Cameron): 0404 857 479

Palm Lake Resort Hair Salon: 3805 2617

Handyman (Barry): 0414 686 342

Alterations (Carol): 0412 635 614

JP (Lynne Venczel): 3200 4758

Lawn mowing (Brian): 0407 060 243

Phone/Internet problems (Bow Street only) Comms Co: 3216 5700

Car washing (Cliff): 3299 9421

Painter (Dennis): 0413 643 572

In Style Painting Services (Matt): 0451 920 173

Deep Clean Air Services (Paul): 0407 037 280

Homeowners Committee (Rosa, Secretary): 0419 707 110

Around the grounds.

CATCH UP ON SOME OF THE FUN WE'VE BEEN HAVING HERE AT PALM LAKE RESORT BETHANIA THESE PAST FEW MONTHS...



And they're off!

Congratulations to our Social Club for what was once again an exciting event – the Palm Lake Cup. The horses arrived at their gates, and after a slow start, the final winner was Table 2. Well done!

But the competition wasn't over. The 'Best Dressed' on the day is always a hard decision, as the ladies go all out! This year, 'Best Dressed' for the ladies went to Fern Hilton – for the men, Dennis Pery. Congratulations to you both!



Think pink...

Palm Lake Resort Bethania came together for a heartfelt Pink Morning Tea, beautifully hosted by resident Lorraine Sommerville. With delicious treats, great prizes and generous community spirit, the event raised more than \$2,000 for the National Breast Cancer Foundation. A huge thank you to the volunteers who helped make the morning such a success.



Weekly activities.

WEEKDAYS

7am Clubhouse and Library open
6pm Library closes
7pm Clubhouse locked

WEEKENDS

8am Clubhouse and Library open
6pm Clubhouse and Library locked

MONDAY

8.45am - 11.30am Shopping bus to Browns Plains (meet in the front carpark)
10am Carpet bowls (Clubhouse)
1.30pm Bible Studies (Clinic Room)
1.30pm for 2pm Housie cards (Clubhouse)

TUESDAY

8am Tai Chi with Shane (Clubhouse)
9am - 12 noon Craft (Clubhouse)
9am Shopping bus to Bunnings/Aldi (meet in the front carpark)
9.30am Pool players (Clubhouse)
1.30pm Dr Ting (Clinic Room)
5pm Homeowners' dinner (Clubhouse)

WEDNESDAY

8am start Podiatrist visits fortnightly (Clinic Room)
8.30am start Lawn bowls (Bowling green)
8.45am - 11am Shopping bus to Waterford (meet in the front car park)
6pm Cards and games (Clubhouse)
6pm Pool player competition (Clubhouse)

THURSDAY

7am-12 noon Gym with Aubrey (Gym)
8.45am - 12 noon Shopping bus to Logan Hyperdome (monthly, meet front car park)
9am - 10am Gentle exercise (Clubhouse)
11.30am - 1.30pm Bistro lunch (Clubhouse)
2pm - 3pm Chair yoga, \$10 per person (Clubhouse)
6pm for 6.30pm Bingo (Clubhouse)

FRIDAY

8.45am - 10am Shopping bus to Beenleigh (meet in the front carpark)
9am - 10am Aqua aerobics (Indoor Pool)
11.30am - 1.30pm Bistro lunch (Clubhouse)

SATURDAY

8.30am start Lawn bowls (Bowling green)
12pm Christian lunch (monthly, Clubhouse)

SUNDAY

9am Church service (Clubhouse)

Animal instincts.

PERHAPS MORE THAN OUR BEACHES, OUR SLANG WORDS OR OUR ACCENT, HERE IN AUSTRALIA, WE'RE BEST KNOWN FOR OUR ANIMALS. BUT THERE'S MORE TO OUR FAUNA THAN JUST KANGAROOS AND KOALAS. WE KNOW PALM LAKE RESORT HOMEOWNERS LOVE TO TRAVEL, SO GO WILD WITH THESE AUSSIE ANIMAL ENCOUNTER IDEAS.

Quokkas of Rottnest Island

Unofficially dubbed the 'world's most photogenic animal', the quokka is the small macropod with a big Instagram presence (there are 380,000 posts under the '#quokka' hashtag and counting!). A vulnerable species, they can only be found in a small area of southwestern Australia – most notably, Rottnest Island. This small island off Perth annually draws over 750,000 visitors, all vying for the ultimate souvenir: a quokka selfie.

Whale sharks of Ningaloo Reef

Is it a whale, is it a shark? Technically, it's a fish – the largest living fish species, to be precise. Though whale sharks can be found in other corners of the world, like the Philippines, Galapagos and even Mexico, Western Australia's Ningaloo Reef boasts the highest rate of whale shark numbers and the best accessibility, meaning it's the best place to find these gentle giants close to home.

Crocodiles of Kakadu

Did you know that the Northern Territory is home to the world's largest wild crocodile population? Experts estimate there are around 100,000, which means there are plenty of places to spot them in the wild – Kakadu National Park included. For a heart-racing, blood-pumping croc spotting experience, look no further than a crocodile cruise on the Adelaide River. The cooler months of June, July and August are the best time to see them, when they make their way to the shore to bask in the sun. Our tip: Scared of encountering these prehistoric beasts in the wild? A trip to Australia Zoo's Crocoseum is the next best thing.

Penguins and seals of Phillip Island

Just over two hours from Melbourne by car, Phillip Island is home to the world's largest colony of 'little penguins' (as well as a Palm Lake Resort!). The smallest penguin species, these flightless seabirds are also known as fairy penguins and are best spotted during a 'Penguin Parade'. The best part? They're not the only animals you can spot on the island. At the appropriately named Seal Rocks, you'll also find Australia's largest colony of fur seals – and a boat cruise is one of the best ways to see them.

Wombats of Tasmania

Did you know that a group of wombats is called a 'wisdom'? Or that Tasmania is one of the best places to spot them? From Maria Island to Cradle Mountain, wombats abound on the

island state. While they are a slightly different sub-species to those found on the mainland, don't worry – they're just as round and adorable as you'd imagine. On Flinders Island, for example, they're blonder than most. Perhaps it's all the time they're spending at the beach?

Sealife of the Great Barrier Reef

African safaris have 'the big five' – on the Great Barrier Reef, they have the 'great eight'. Next time you're snorkelling around Lady Elliot Island, Heron Island or the Ribbon Reefs, keep an eye out for the following marine animals: clownfish, giant clams, manta rays, Maori wrasse (behold their 'puppy-like behaviour'), the friendly potato cod, turtles, whales, and over 50 species of sharks (don't worry – some are less dangerous than others).

Dingoes of K'gari (Fraser Island)

Unlike much of the country, dingoes in Queensland's national parks are protected as a native species – especially on K'gari, where they have had few chances to crossbreed with domestic and feral dogs. As a result, K'gari is home to around 200 dingoes – all protected, all 'pure strain' (or purer than anywhere else in the country). While it's beautiful to behold their distinctive golden coat and cute white 'socks', it's important you keep your distance. You're visiting their home, after all.

Cassowaries of the Daintree

Named for the Papuan phrase 'kasu weri' (meaning horned head), the southern cassowary is the third tallest, second heaviest living bird – and, some say, the most dangerous. They're most often spotted in North Queensland – in fact, the Daintree Rainforest is in the heart of a 'cassowary corridor', and you'll likely see them from the moment you arrive at the visitors centre. Just be sure to keep your distance – their vivid colouring belies their aggression if provoked.

Camels of Uluru

Sure, they're not technically an Australian animal, but navigating the Red Centre atop a camel is one of the most memorable outback experiences you can have. After being introduced in the 18th century as working animals, they were released into the wild in the early 20th century – only to become pests. Now, responsible camel tour providers are putting them to work once again, leading 'camel trains' around the desert.



Eyes to the skies.

AUSTRALIA IS A BIRDWATCHER'S PARADISE, HOME TO MORE THAN 800 SPECIES. HERE ARE NINE OF THE MOST ELUSIVE AND ICONIC TO KEEP AN EYE OUT FOR WHILE YOU'RE ON YOUR NEXT TRAVEL ADVENTURE - OR FOR SOME LUCKY PALM LAKE RESORT HOMEOWNERS YOU JUST MIGHT SPY ONE IN YOUR OWN BACKYARD!

SUPERB LYREBIRD: Australia's ultimate mimic, the Superb Lyrebird can imitate everything from chainsaws to car alarms. Look (and listen) for them in the temperate rainforests where males fan their ornate tails in dazzling displays – particularly the Blue Mountains and Dandenong Ranges.

GLOSSY BLACK-COCKATOO: Smaller and rarer than their rowdy yellow-tailed cousins, these shy seed-crackers feed almost exclusively on casuarina cones. They're usually seen in pairs or small family groups among the coastal forests of Queensland, New South Wales and South Australia – including Noosa National Park and Kangaroo Island.

REGENT HONEYEATER: Once common across eastern woodlands, this critically endangered beauty now numbers fewer than 300. Its bold yellow-and-black plumage makes it a breathtaking sight when it appears among the eucalypts of the Capertee Valley and Chiltern–Mt Pilot National Park.

RAINBOW LORIKEET: Vibrant, noisy and impossible to ignore, Rainbow Lorikeets might be common along the coast, but their riot of colour and constant chatter make them one of Australia's most recognisable icons.

AUSTRALIAN KING PARROT: With their striking scarlet chests and emerald wings, King Parrots frequent forested areas and mountain trails and often appear in pairs or small flocks. Keep an eye out in eastern Australia, from Cooktown to Melbourne – especially Lamington National Park and the Otways.

PINK ROBIN: Small, shy and perfectly pastel, the Pink Robin is a cold-climate dweller best found flitting through the shadows of temperate rainforests. When in Tasmania, Victoria and the NSW highlands (including Wilsons Promontory), look up!

BLACK-BREASTED BUTTONQUAIL: A ground-dwelling phantom of the subtropics, this elusive bird leaves its tell-tale feeding "platelets" on the forest floor. Spot them in the vine scrub near Gympie and the Scenic Rim.

PALM COCKATOO: Among the world's largest and most charismatic parrots, the Palm Cockatoo uses sticks as drumsticks to court a mate, making it one of nature's great performers. They mostly reside throughout Cape York Peninsula.

AUSTRALIAN FAIRY TERN: Australia's smallest tern is a rare beach-nesting species that breeds along the southern coastline, its delicate form darting over the turquoise shallows of Western Australia and South Australia.



Homes for sale.

WANT TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT?
PHONE 1800 774 866 OR EMAIL BETHANIA@PALMLAKE.COM.AU
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

27 Cedar Court: \$430,000



SOLD

Beds

2

Bath

2

Living

1

Alfresco

1

Garage

1

17 Royal Drive: \$515,000



SOLD

Beds

2

Bath

2

Living

2

Alfresco

2

Garage

2

12 Fern Court: \$515,000



SOLD

Beds

2

Bath

1

Living

1

Alfresco

1

Garage

1

11 Royal Drive: \$400,000



SOLD

Beds

2

Bath

1

Living

1

Alfresco

1

Garage

1

6 Lake Court: \$480,000



SOLD

Beds

2

Bath

1

Living

1

Alfresco

1

Garage

1.5

5 Palm Court - \$495,000



SOLD

Beds

2

Bath

2

Living

1

Alfresco

1

Garage

1

Refer a friend and earn yourself a reward



Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250 cash. Easy! Terms and conditions apply.

For more information or to refer your friend, phone 1800 774 866.

A \$250 CASH BONUS FOR YOU

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

Our Bargara homeowners prove themselves charity champions

BARGARA
RAISES
\$250,000 FOR
CHARITY!

Palm Lake Resort Bargara again this year proved their passion for worthy charitable causes, raising another \$28,500 for Relay for Life. This effort takes the resort's total figure raised for the annual Cancer Council Queensland event to an incredible \$250,000!

Palm Lake Resort Bargara's team, "Young at Heart", was proud to see previous team member Ron Myler named the 2025 Relay For Life Patron. Ron was the driving force behind this resort's involvement with the Cancer Council after himself suffering cancer. Bundaberg and Fraser Coast Relay for Life chair Harrison Titmarsh said having such dedicated team return year after year was really meaningful.

"It shows an incredible level of commitment and passion, not only for the event but also for the purpose as to why we Relay For Life," Harrison said.

"As Chair, I am incredibly grateful to have them join us year after year, they are simply amazing at what they do."

Harrison said our resort's passion, commitment, dedication and determination for raising funds for Cancer Council was simply incredible.

"This team inspires myself to do even more fundraisers to raise vital funds for Cancer Council Queensland," he said. "As someone who has been touched by cancer twice in their life. I've seen firsthand the strength it takes to keep fighting. It's so important to raise much needed funds

for Cancer Council Queensland so they can continue research, early prevention and cancer support services.

As Harrison pointed out, and Palm Lake Resort Bargara homeowners agree, Relay For Life injects fun into what we all know as "an evil disease".

"(Our team) certainly give everyone a run for their money with how well they do and they should be incredibly proud of themselves. The Young at Heart team fundraises 365 days of the year, they have turned fundraising into a full-time sport and trust us, they're in 'relay' good shape!"



Pictured above: Ron Myler, Relay for Life team member Bernice Davis and Relay for Life chair Harrison Titmarsh, as they appeared in the Bundaberg Today newspaper.



Bowlers converge on Roma

A long-standing tradition among a group of dedicated Palm Lake Resort bowlers sees teams converge on a regional town for a few days of greens action. This year, the inter-resort bowling competition hit Roma, which is about 5.5 hours west of Brisbane along the Warrego Highway. Players travelled from Palm Lake Resorts Upper Coomera, Hervey Bay, Bargara and Beachmere Bay for the event. While the point of the event is a bowls tournament, we can tell you that the main attraction is the social connection, with bowlers (and many tag-along non-bowling friends) meeting up with homeowners from fellow Palm Lake Resorts.



The Cup stops by

Check out the special visitor that stopped by Palm Lake Resort Truganina recently - the 2025 Lexus Melbourne Cup! It's an iconic piece of Aussie sporting history and our team was thrilled to have it in their (gloved) hands while it was on its annual Melbourne Cup tour. Giddyup!

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**

Tasty Tea Gardens tradition

Each year, as the resort cumquats ripen, a group of dedicated Palm Lake Resort Tea Gardens residents roll up their sleeves, gather in the resort kitchen and turn baskets of fruit into jars of golden jam. Jam making has become more than just a seasonal event; it's a highlight on the Palm Lake Resort calendar! There's always laughter, plenty of taste-testing and, of course, a delicious reward at the end. Best of all, the jars are shared far and wide, bringing a little homemade joy to residents and visitors alike. Such a special resort tradition that we all think is fab!



Collection makes cents

Palm Lake Resort Deception Bay homeowners Pete and Jenny report that they've collected 23,689 containers for recycling so far this year! That means \$2328.90 has gone to Farm Angels, their chosen charity. Farm Angels provides support to outback communities facing fire, flood, plagues, droughts and other calamities. Pete and Jenny say it's surprising how much their collections vary month to month. "In the warmer months, December to March, we get \$75 to \$80 a week - sometimes over \$100," they say. "It's a good job we have a large SUV to squeeze all the bags in!" Last year the pair raised \$4000 for the year by collecting and recycling cans. Let's hope the Deception Bay community helps to get this very dedicated pair to their same target again this year.



65 years of love!

Palm Lake Resort Hervey Bay homeowners Les and Anita enjoyed a lovely resort celebration to mark their 65th Wedding Anniversary recently. What a wonderful milestone!

Connections, for life.



1800 774 866 | bethania@palllake.com.au
43 Goodooga Drive, Bethania QLD 4205

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au