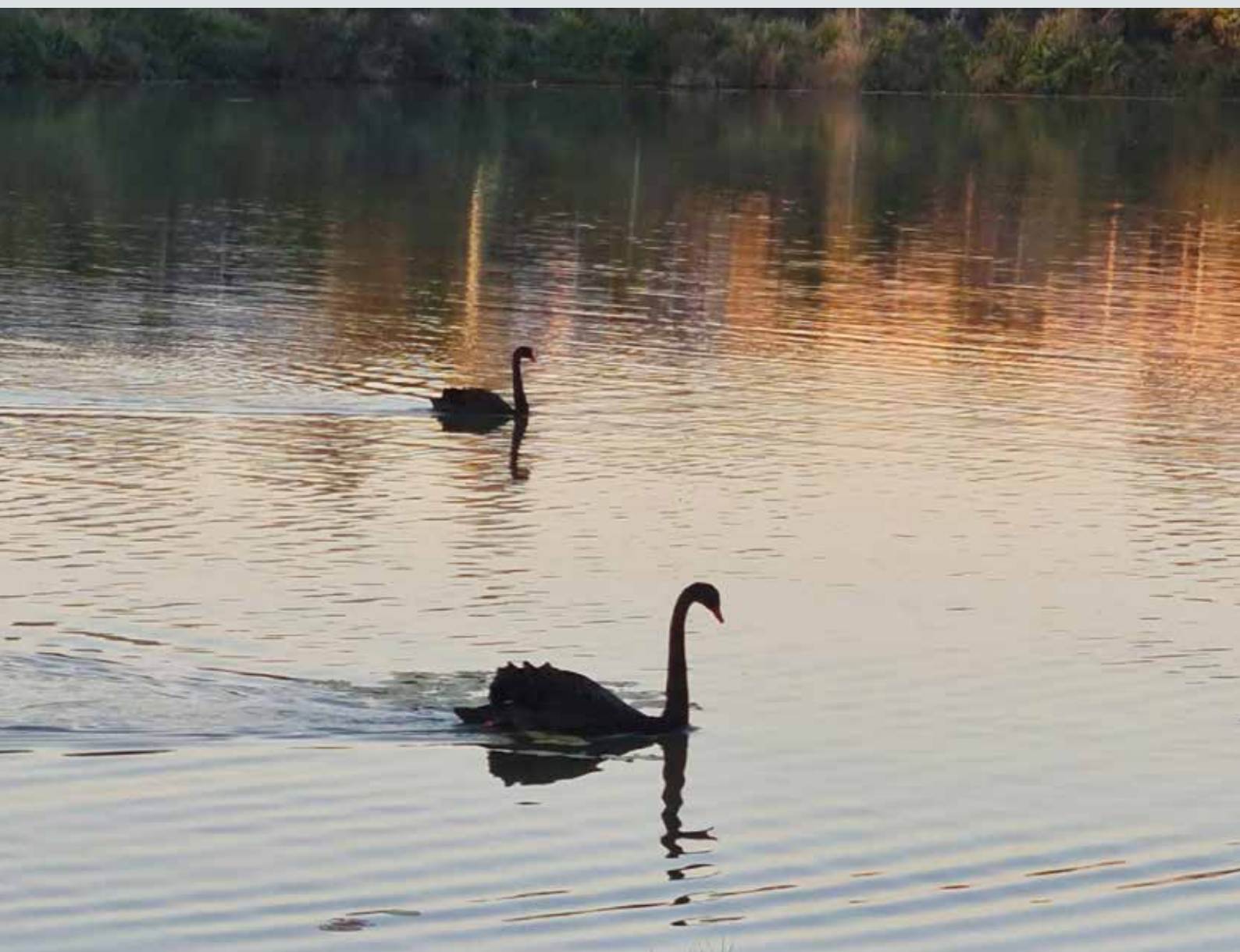


JUNE - JULY 2026



The View



Set up to slow down

Struggling to find time to sit with your favourite hobbies? The secret is in the set up

Take a trip back in time

The cooler months are the perfect time to explore Australia's best historic towns

Refer a friend, earn a reward

Do you know someone looking to move here? Refer them, for a cash reward



Welcome.

Welcome, everyone, to the winter edition of our Palm Lake Resort Bethania newsletter, The View.

Winter has arrived, and the mornings are certainly a little bit cooler – but that doesn't mean we have to hibernate in our homes. There are so many social activities and sports groups to join around our resort.

Our Tuesday night homeowner meals promise to be warming and hearty in the cooler months, so be sure to come along and enjoy some delicious food and good company. All the exercise classes will still be available in the clubhouse during winter, providing an opportunity to warm up alongside your fellow homeowners, followed by a lovely cappuccino and scone from the Tasty Treat Cafe.

Now is also a good time to make sure your yards are clean and free from debris – not just for looks, but in order to prevent any unwanted guests (like snakes and rodents) from finding places to hide for the winter.

Finally, we would like to take a moment to welcome the new homeowners who have joined our resort recently. We have had many new residents come into the community, so be sure to say a warm hello if you see a new face around – and perhaps invite them to the clubhouse for a cuppa. There are so many opportunities to make new friends!

Stay warm,

**Charna and Phil,
Palm Lake Resort Bethania Caretakers**



Contact us.

Looking for more information about Palm Lake Resort Bethania?
Here's how you can reach us:

PHONE: 1800 774 866

STREET ADDRESS:
43 Goodooga Drive,
Bethania QLD 4205

OFFICE HOURS:
7am to 3pm, Monday to Friday

EMAIL:
bethania@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)



News in brief.

Green waste dates

Pop these dates in your diary to remember to put out your green waste for collection (fortnightly on Mondays):

- June 8 and 22
- July 6 and 20



We will remember them

Our resort hosted a moving Anzac Day service on Saturday April 25. The commemoration took place in the morning and featured many dignitaries, including Nathan St Ledger (representative of Logan City Council) and students Macey Chenouda, Lewis Musk and Oliver Buckley from Canterbury College. Thank you to the organisers and volunteers who helped make it such a beautiful morning.

Important phone numbers

Caretakers' Office, for homeowners' enquiries: 3200 9622
(for after-hours emergencies, leave a message and your phone number)

Police/Fire/Ambulance: 000

Police Link (Non-urgent incident report): 131 444

Community flyer: 1300 463 593

Mater Hospital (24-hour emergency): 3840 8111

PA Hospital (24-hour emergency): 3240 2111

QEII (24-hour emergency): 3275 6111

Logan Hospital: 3299 8899

Logan City Council: 3412 3412

Veteran Affairs: 13 32 54

Local snake catcher: 0413 028 081

MHIA Insurance: 1800 676 700

Buses and trains information: 13 12 30

Home Assist: 1300 366 836

Seniors Qld: 1300 135 500

Palm Lake Care: 1800 246 677

Yellow Taxis: 131 924

Doctor Ting: 3807 8588

Origin: 136 262

Cleaning/Dog walking (Andrea): 0407 028 614

Electrician (INF Electrical – Brent): 0411 964 401

Electrician (Shockproof Electrical – Darcy): 0432 288 442

Plumber (Rick's Plumbing & Drainage): 0430 162 608

Podiatrist (Cameron): 0404 857 479

Palm Lake Resort Hair Salon: 3805 2617

Handyman (Barry): 0414 686 342

Plumber - J Brown Plumbing & Gas: 0466 492 330

JP (Lynne Venczel): 3200 4758

Lawn mowing (Brian): 0407 060 243

Phone/Internet problems (Bow Street only) Comms Co: 3216 5700

Car washing (Cliff): 3299 9421

Painter (Dennis): 0413 643 572

In Style Painting Services (Matt): 0451 920 173

BigDog Mechanical (air conditioning specialist): 1300 257 421

Deep Clean Air Services (Paul): 0407 037 280

Anne Brown - House cleaning: 0412 567 113

Social Club President (Dallas Chadwick): 0494 323 690

Homeowners Committee (Rosa, Secretary): 0419 707 110



Looking for local care?

If you're looking for an aged care solution for a beloved family member, your local Palm Lake Care community is ready to hear from you. While Palm Lake Care can't fully guarantee any beds to Palm Lake Resort homeowners and their family members (simply given the ever-changing demand on their service and also your loved one's individual healthcare needs), the very experienced Customer Experience Team is ready to guide you on your family's journey into aged care. For more initial information, visit the Palm Lake Care website at palllakecare.com.au. You might also like to complete an enquiry form online? And when you're ready to speak to a Palm Lake Care team member, simply freecall 1800 24 66 77.

Slow spaces.

THE HOBBIES YOU LOVE DESERVE A PROPER HOME, DON'T THEY? WHEN YOUR SPACE IS SET UP AND READY, SLOWING DOWN TO ENJOY YOUR FAVOURITE ACTIVITIES STOPS BEING SOMETHING YOU'LL GET AROUND TO — AND STARTS BEING SOMETHING YOU ACTUALLY DO.

Whoever said the over-50s era was the quiet part of life never lived at a Palm Lake Resort. Ask most homeowners how their week looks and you'll hear about sport commitments and grandchildren, community events and coffee catch-ups, fitness classes and volunteering rosters. A full life is a good life, but busy isn't always better — and rushed doesn't mean rich.

If you feel like your days are passing too quickly and you'd like to slow down, start by making time for the things you really love. There's a powerful relationship between our environment and our habits: when the conditions are right, the behaviour comes naturally. By giving your hobbies a proper home — a dedicated corner, a well-stocked shelf or a room that's ready and waiting for you — you're more likely to focus on them, not the distractions.

The reading nook

It doesn't need to be a whole room — a comfy chair near a window, a small side table for your cup of tea and a shelf or basket of books within arm's reach is all you need to invite more reading into your routine. Add a good lamp and a soft throw for winter evenings, and a rule that the phone stays elsewhere. You don't have to hunt for your glasses, clear a space to sit, or find somewhere to put your drink before you can settle in. Better yet, you're creating a space with no other purpose — it's not the couch where you also watch television, the kitchen table where the mail accumulates, or even the bed you sleep in. A space solely for reading signals to your brain that this is where you come to slow down.

The craft room (or corner)

Creative hobbies have one major downside: the set up. When your sewing machine, paints or half-finished projects are stored in a cupboard, getting started feels harder than it should. On a busy day, it's easy to tell yourself you'll do it tomorrow — do that enough, and suddenly it's been months since you spent time on something you really love. A dedicated craft space solves this. With the right set up, the project that's out and waiting for you is the one that actually gets finished — whether you sew, paint, knit, scrapbook or make jewellery or cards.



The kitchen

There's a version of cooking that's purely functional, and then there's the other kind: an onion slowly caramelising, a stock that's been simmering since morning, pastry rested and rolled by hand. That kind of cooking doesn't just require time, but also a kitchen that invites you in rather than frustrates you. When your pantry is stocked, your knives are sharp, your pots and pans are easy to access, and your bench has room to work, the idea of spending a slow afternoon in the kitchen feels indulgent — not overwhelming.

The garden

A garden, even a modest one, operates on its own schedule — and the more time you spend in it, the more you'll find yourself adjusting to its pace. A well-set-up outdoor space makes it easier to pick up where you left off: good tools stored somewhere accessible, a comfortable spot to sit, raised beds that don't punish your back, clear paths between plantings — these small, practical details can make a big difference. For those with a smaller outdoor space (or a less established green thumb), a patio garden of pots and planters offers the same meditative quality.

The workshop

There's something about working with your hands — measuring, cutting, building, fixing — that demands your attention and crowds out everything else. But how should you set up your workshop for success? Good lighting is essential, as is organisation — tools hung or stored so you can find what you need, a dedicated workbench at the right height, a stool for longer tasks, a radio for company.

The caravan

Perhaps unsurprisingly, the slowest kind of travel also requires the most preparation. But having your caravan packed with all the essentials (non-perishables and bed linen alike), maintained and ready to go means a holiday can happen on a Tuesday morning, simply because the weather is good and the mood is right. And isn't that what your over-50s years are really all about?

Weekly activities.

WEEKDAYS

7am Clubhouse and Library open
6pm Library closes
7pm Clubhouse locked

WEEKENDS

8am Clubhouse and Library open
6pm Clubhouse and Library locked

MONDAY

8.45am - 11.30am Shopping bus to Browns Plains (meet in the front carpark)
10am Carpet bowls (Clubhouse)
1.30pm Bible Studies (Clinic Room)
1.30pm for 2pm Housie cards (Clubhouse)

TUESDAY

8am Tai Chi with Shane (Clubhouse)
9am - 12 noon Craft (Clubhouse)
9am Shopping bus to Bunnings/Aldi (fortnightly, meet in the front carpark)
9.30am - 11am Tasty Treats Morning Tea
9.30am Pool players (Clubhouse)
1.30pm Dr Ting (Clinic Room)
5pm Homeowners' dinner (Clubhouse)

WEDNESDAY

8am start Podiatrist visits fortnightly (Clinic Room)
8.30am start Lawn bowls (Bowling green)
8.45am - 11am Shopping bus to Waterford (meet in the front car park)
6pm Cards and games (Clubhouse)
6pm Pool player competition (Clubhouse)

THURSDAY

7am-12 noon Gym with Aubrey (Gym)
8.45am - 12 noon Shopping bus to Logan Hyperdome (monthly, meet front car park)
9am - 10am Gentle exercise (Clubhouse)
9.30am - 11am Tasty Treats Morning Tea (Clubhouse)
11.30am - 1.30pm Bistro lunch (Clubhouse)
6pm for 6.30pm Bingo (Clubhouse)

FRIDAY

8.45am - 10am Shopping bus to Beenleigh (meet in the front carpark)
9am - 10am Aqua aerobics (Indoor Pool)
9.30am - 11am Tasty Treats Morning Tea (Clubhouse)
11.30am - 1.30pm Bistro lunch (Clubhouse)

SATURDAY

8.30am start Lawn bowls (Bowling green)
12pm Christian lunch (monthly, Clubhouse)

SUNDAY

9am Church service (Clubhouse)



Easter housie.

OUR MONDAY HOUSIE GAME WAS MADE EVEN BETTER WITH A VISIT FROM A SPECIAL GUEST: MRS EASTER BUNNY!

She even ran the show for us, much to the delight of the attendees. There were lots of Easter baskets up for grabs, going to all the homeowners who participated in the festivities.

Thank you to the organisers for such a special twist on a beloved weekly activity.



Bright, Victoria

Travel through time.

AUSTRALIA'S BUSTLING COASTAL CAPITALS TEND TO GET ALL THE SPOTLIGHT, BUT THERE'S A LOT TO BE SAID FOR PLACES WHERE THINGS MOVE A LITTLE SLOWER. IF YOU'RE PLANNING YOUR NEXT ROAD TRIP, WHY NOT STEP BACK IN TIME WITH A VISIT TO ONE OF AUSTRALIA'S BEST HISTORIC TOWNS?

What makes a town historic? Not just any old place (literally) can make the cut. The best historic towns combine both age and atmosphere. We're talking towns, not cities – generally under 15,000 people – where heritage buildings aren't just dotted around, but define the heart of town. Think preserved streetscapes, pubs that have been pouring since the 1800s, and post offices, courthouses and churches from the earliest days of settlement. Here are some of Australia's best...

Charleville, Queensland

If you're looking for classic outback charm – wide streets, federation-era buildings and a strong railway history – look no further than Charleville. Explore its rich heritage at the historic railway station or the remnants of the top secret WWII base (operated by the US Air Force), stargaze at the Cosmos Centre, and extend your stay at one of the historic Hotel Corones or classic Warrego Motel.

Charters Towers, Queensland

Walking down the main streets of Charters Towers, it's easy to believe it was once one of Australia's richest gold rush towns. From the grand Stock Exchange Arcade (Charters Towers is home to one of the world's first regional stock exchanges) and towering bank buildings to the old-school pubs with their classic verandah dining, Charters Towers may be just 90 minutes from Townsville – but it feels like a step back in time.

Braidwood, New South Wales

Many towns have a heritage-listed building or two, but few are heritage-listed in their entirety – that's what makes Braidwood so special. Established in the mid-1800s, Braidwood has become a popular tourist destination – not only for its rich history, but its slightly bohemian feel, too. Browse the bakeries and boutiques, hunt for antiques, and soak up the charm of small-town life (and all just one hour from Canberra).

Morpeth, New South Wales

Established in the early 1800s, this historic river port has been beautifully preserved over time – even despite its decline with the arrival of the railway in the late 19th century. Now, a stroll through Morpeth isn't complete without a visit to the old wharf precinct, a peak inside its sandstone buildings or a stop at the Historic Arnott Bakehouse.

Berrima, New South Wales

Boasting one of New South Wales' most intact colonial streetscapes, and Australia's oldest continually licensed pub (the Surveyor General Inn, established in 1834), Berrima is a must-visit if you're exploring the picturesque Southern Highlands. Visit the historic courthouse and Berrima Gaol, shop for antiques and artisan goods, and find out why Berrima has been frozen in time since the late 1800s.

Beechworth, Victoria

What sets a gold rush town apart from the rest? Some Ned Kelly lore, that's what. Beechworth was the site of Ned Kelly's 1880 trial, meaning a visit to its historic courthouse and 30-plus National Trust-listed buildings is a must-do when you're in town. Find out why they say that Beechworth's paths were paved with gold, then explore its darker history with a ghost tour you won't soon forget.

Port Fairy, Victoria

It doesn't get much more charming than Port Fairy, Victoria's heritage fishing village. Beginning as a whaling station in the 1830s, and becoming one of the country's busiest ports two decades later, Port Fairy has retained more than 50 National Trust-classified buildings. Walk the wharf, admiring its whitewashed cottages, and take in the sea air at a waterside pub. The perfect end to a Great Ocean Road adventure.

Bright, Victoria

Once a thriving gold rush town, nowadays, Bright shines for a different reason – the vivid autumn leaves that line its quaint streets. Close to Mount Hotham, it's the perfect place to go if you're looking for an alpine escape – especially one that includes cosy cafes, a strong brewery scene and rewarding rail trails.

Hahndorf, South Australia

Unique Hahndorf was established in the 1830s by German Lutherans, making it Australia's oldest surviving German settlement. Nestled near the Adelaide Hills wine region, its famous for its 19th century Prussian architecture and delicious German fare, meaning Aussies don't need to travel to Hanover to indulge in authentic schnitzel or pretzels.

Richmond, Tasmania

Tasmania is rich in history, but the fittingly-named Richmond is one of its most famous villages – for good reason. Dating back to the 1820s, when it began as a convict-era garrison town (military outpost), Richmond's streetscape hasn't changed all that much since then. Pay a visit to Australia's oldest stone bridge, one of the country's oldest gaols, and the many cosy tearooms and shops in the town's centre.

York, Western Australia

Western Australia's oldest inland town – with one of the state's best heritage main streets – York was a key stop en route to the 1890s goldfields boom. Set in the beautiful Avon Valley, about an hour and a half from Perth, it provides the perfect day trip destination: country pubs, wildflowers, and heritage stays if you can't bear to leave just yet.

New Norcia, Western Australia

Founded in 1847 by Spanish Benedictine monks, New Norcia is Australia's only monastic town. It was first developed as a mission, but has bloomed into a religious and cultural centre in the decades since. Quiet, contemplative and honestly surreal, its distinct European architecture and classic outback setting make it well worth the two-hour drive from Perth.



Richmond, Tasmania



Charters Towers, Queensland



Morpeth, New South Wales



York, Western Australia



Hahndorf, South Australia

Homes for sale.

WANT TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT?
PHONE 1800 774 866 OR EMAIL BETHANIA@PALMLAKE.COM.AU
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

20 Rustic Court: \$510,000

Beds

2

Bath

2

Living

1

Alfresco

1

Garage

1



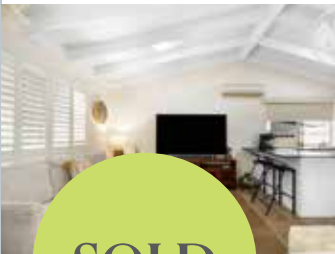
Bright and airy.

Two generous bedrooms include a master with ensuite and double robes, with room for a king-size bed. Modern ceiling fans run throughout, and a large air conditioner in the lounge keeps things comfortable through the warmer months. A separate dining area off the kitchen is spacious and light filled, while the kitchen comes with a glass cooktop, wall oven and plenty of fridge space. A spacious internal laundry leads outside to the clothesline for added convenience. A large carport with ramp access sits at the front, and a double shed with power adds plenty of storage.



2 Cocas Court: \$465,000





SOLD

Beds

2

Bath

1

Living

1

Alfresco

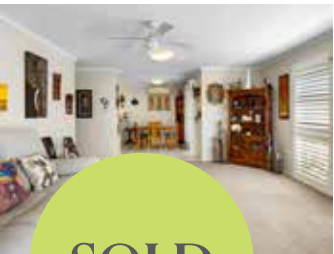
1

Garage

1

17 Royal Drive: \$440,000





SOLD

Beds

2

Bath

2

Living

1

Alfresco

1.5

Garage

2

Refer a friend and earn yourself a reward



Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250 cash. Easy! Terms and conditions apply.

For more information or to refer your friend, phone 1800 774 866.

A \$250 CASH BONUS FOR YOU

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS.

AN EVENING
WE WON'T SOON
FORGET!



Truganina bowls us over!

Our **Palm Lake Resort Trugagina** bowlers delivered an outstanding performance during the most recent pennant season, achieving not one but two premierships wins, along with two runner-up finishes. Well done to everyone involved – a great team effort!



Trauma teddies go overseas.

Ladies from the **Palm Lake Resort Hervey Bay** knitting and craft group have been producing these adorable 'trauma teddies' for the local Urangan Branch of the QCWA. The best part? The teddies have been sent to Indonesia, so that they can be distributed among flood-affected children.

Le dîner en blanc.

Over a year ago, the **Palm Lake Resort Forster Lakes** community was deeply moved by the story of a young boy's brave battle with brain cancer – especially since the young boy's grandparents call the resort home. Immediately, one question was on everyone's lips: 'Le Dîner en Blanc' (a "White Dinner"). The global phenomenon began in Paris in 1988, but has since spread across 85 cities – and now, Palm Lake Resort Forster Lakes.

The 'White Dinner Working Group' spent months planning how to bring their vision to life, holding top-secret meetings to plan every last detail, right down to the elaborate white tablescapes. Without those dedicated volunteers crafting floral arrangements, managing entertainment and handling set up and pack down, the night couldn't have taken place – nor been so successful.

When the night of the dinner finally arrived, it was more than just a visual spectacle – it was a show of community. Homeowners came together, forging new friendships and strengthening existing ones, and all for an excellent cause.

The night was an overwhelming success, and now a new question is being asked: "When is the next one?".

We look forward to seeing this become a much-anticipated tradition, not just to come together as a resort, but to support the grandchildren and families within our special community.



Living the high life.

Our homeowners love living in luxury – and having a laugh! At **Palm Lake Resort Carindale**, a newly-created lounge area has quickly been dubbed 'The Qantas Lounge', and homeowners love using it for downtime, church group and coffee catch-ups. One talented homeowner has even created a wooden sign! Meanwhile, at **Palm Lake Resort Yamba**, homeowners have established an exclusive 'corporate box' (dubbed Bay 13, just like at the Melbourne Cricket Ground), and it's the perfect place to watch pickleball games on the new court.



Cooking for a cause.

Our **Palm Lake Resort Bargara** homeowners regularly join forces with the QCWA Bundaberg Branch members to cook for those in need – and have a lot of fun in the process! Recently, on one day alone, the group cooked enough lasagne and cottage pie to serve 174 people. Thanks for caring for your community, one meal at a time!

Friendly rivalry.

There's nothing quite like a bit of friendly competition to bring Palm Lake Resort communities together – and four of our locations have been doing just that!

Palm Lake Resorts Beachmere Sands and **Beachmere Bay** went head-to-head in their bi-annual intervillage lawn bowls competition on March 29. Despite a windy lead-up, the day delivered fine conditions and plenty of entertaining play. Beachmere Bay took home the win, but both teams could put aside their rivalry to celebrate together over burgers and a cold beer in The Sands clubhouse. Rumour has it The Sands are already sharpening up for the next round – watch this space!

Meanwhile, **Palm Lake Resorts Tea Gardens** and **Forster Lakes** teed off in their annual golf challenge. The tournament is played across four games using the Stableford scoring system – and this was the first. Forster Lakes claimed the day's honours, with a combined score of 230 points to Tea Gardens' 218. Jo Nolan of Forster Lakes was the standout individual performer with an impressive 41 points. The next round is set for Hawks Nest Golf Club on July 20.



We love our staff!

The **Palm Lake Resort Toowoomba** Social Committee put on a morning tea on behalf of all the homeowners to show their appreciation for their staff – much to everyone's delight! Homeowner Leanne Day put together a wonderful slideshow of images of the resort, and performed some songs to compliment them.

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**



Your happy place.



1800 774 866 | bethania@palllake.com.au
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