

THE ESSENCE

Aug/Sept 2018



TWENTY BELOW

It might be cool outside, but get your hands on our hot winter promotion to really warm up your world!

COOROY PIONEER LINK

Our Palm Lake Resort connection to one of Cooroy's pioneers

AROUND THE GROUNDS

Meet your neighbours, see what's happening here and around town, and loads more...



WELCOME

Welcome back to "The Essence", our regular Palm Lake Resort Cooroy-Noosa newsletter that keeps you abreast of things going on here at our resort and in the gorgeous local Sunshine Coast region.

Winter is delightfully mild in our part of the world, but we have to admit that we are looking forward to spring's arrival in September. Our dog run is complete and spring will, no doubt, see our furry friends and their owners come out from winter hibernation to take advantage of the facility – for the benefit of their dogs' health and also for a spot of socialisation. On the topic of construction, our Clubhouse has also had a refurbishment with new furniture, artwork, signage, wallpaper and other decorations bringing a much more sophisticated and elegant vibe in line with our coastal theme. An undercover wash bay is also on the way, with work to start in the coming weeks.

Our recent Red Cross fundraising event was a great excuse for our guests to indulge in a delicious two-course meal and barista-made coffee while enjoying the sounds of our pianist, Graham. What a lovely way to raise vital funds - \$300 was raised by guests and that amount was matched by Palm Lake Resort for a total donation of \$600! You can see photos of the event on Page 10 of this newsletter. With events like this that bring the community together, combined with all our class-leading facilities and regular activities, not to mention the designer homes on offer, Palm Lake Resort Cooroy-Noosa really is a wonderful place to call home. Have you heard about our current "Twenty below" promotion where you can score a hefty \$20,000 discount when settling on an eligible home before August 31? If you've not visited us before, now is definitely the time to do so. Take advantage of the beautiful weather to tour our resort at a time that suits you, or make sure that your name is on the list to be invited to our Afternoon of Opera in September (simply call our Sales Centre on 1800 885 851). We look forward to showing you around!

Brittany Baldwin
Regional Sales Manager



STAY A NIGHT ON US

Many of our Palm Lake Resort Cooroy-Noosa enquiries come from people in distant locations right around Australia. If you are coming to visit us from out of town, freecall 1800 885 851 to arrange a resort tour and a complimentary night's accommodation on us. This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a Sunshine Coast stopover to properly inspect our world-class facilities and welcoming homes.

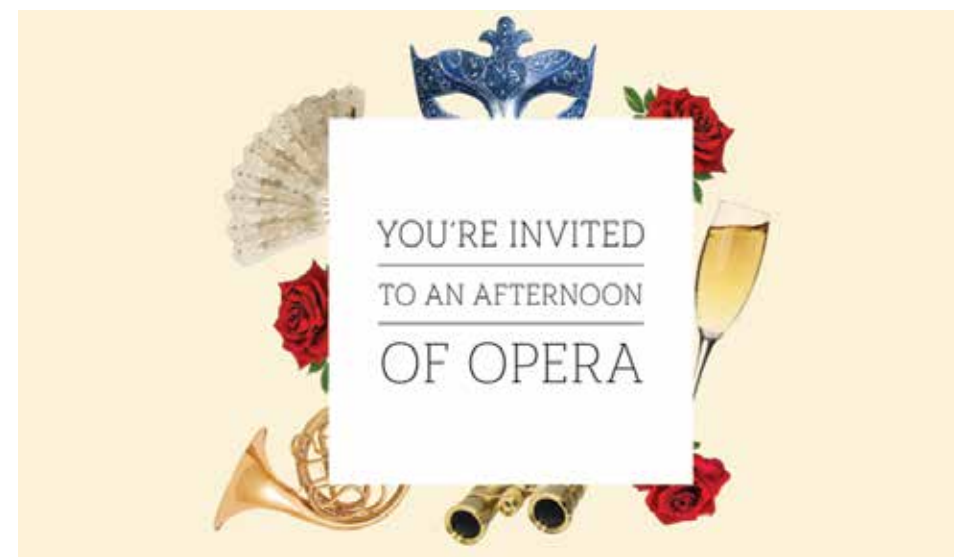


INAUGURAL MATCH ENDS IN A DRAW

Our Palm Lake Resort Cooroy-Noosa bowlers recently travelled to our sister resort location, Beachmere Sands, for an inaugural lawn bowls competition. Eighteen bowlers from each location participated in a game of three-bowl triples that resulted in a draw of three games each. As well as all the action on the green, there was some enjoyable socialising over shared food and Happy Hour coldies. The bowlers eagerly await a return match on home soil in the near future.

AUGUST / SEPTEMBER

WHAT'S HAPPENING



PALM LAKE RESORT COOROY-NOOSA | AFTERNOON OF OPERA **WEDNESDAY, SEPTEMBER 26 | 2PM TO 4.30PM**

You're invited to join us for an afternoon of style and sophistication. Tantalise your tastebuds with a selection of fanciful morsels for afternoon tea while sipping on a complimentary glass of bubbling champagne. Sit back and let the soaring notes of opera wash over you then round off the afternoon with a tour of our gorgeous display homes and world class Pavilion Country Club.

LIMITED NUMBERS - RSVP ESSENTIAL

Please email salescooroy@palllake.com.au or freecall 1800 885 851.

WHAT'S ON IN OUR BACKYARD

Sunshine 60 and Better Group - Aug 8 & 22, Sept 12 & 26: This program provides a variety of fun activities to keep the mind and body active for older people, funded by the Department of Communities. All are invited to join the Cooroy Group's social activities and morning tea at Cooroy Library on the second and fourth Wednesdays of every month.

The Noosa Craft Beer Festival - Aug 25: This festival, held at Noosa Reef Hotel, is a delightful journey of sipping, sampling and tasting some of the 80 craft beers and ciders from over 20 local, national and international brews, as well as enjoying amazing food from local suppliers. Visit www.noosareef.com.au

Cooroy Originals - Aug 26, Sept 23: This free, live, original music event is held on the fourth Sunday of every month, in Apex Park (Maple St Cooroy), from 1pm-5pm. It's a family friendly community concert event powered by donations. Visit www.eastcoastoriginals.com

The Noosa Jazz Party - Aug 30 to Sept 2: This is one of Australia's most unique jazz events that began in 1992 and brings together Australia's leading jazz musicians for a feast of exciting and challenging classic jazz performances at various venues around Noosa during the 10-day party. Visit www.noosajazzclub.com



ENJOY A FREE MOVIE

Can you smell the hot, buttered popcorn? Yes, it's movie time! You're invited to a FREE movie screening in our luxury resort cinema. Simply let the Sales Centre know you are coming by calling 1800 885 851.

Here's what's showing:

September 5:

The Bucket List

October 10:

Calendar Girls

WHAT THEY ARE SAYING

"We love Palm Lake Resort Cooroy-Noosa because everything is brand new, you can use the facilities as much as you like and there is always someone there to help you if needed. We were very happy with our experience – when we had some anxious moments, Juile-Anne was able to reassure us that all would be OK – and it was"

- Sue & Bill Pettet



STAGE 4 DESIGNS IMPRESS

STAGE 4 MIGHT BE UNDER CONSTRUCTION BUT IT’S ALREADY TURNING HEADS AMONG THOSE SAVVY INVESTORS LOOKING FOR CLEVER LUXURY LIVING.

Palm Lake Resort Cooroy-Noosa celebrates everything we love about Noosa, from the idyllic headland, to the coloured sands of North Shore, the weekend markets and the calm blue Noosa River. Designed for the Queensland coastal climate, Stage 4 also contains some well considered architectural designs that capitalise on position.

At 221sqm, the commanding and brand new Everglade design was developed for corner blocks. Slide back the internal doors on your huge activity room to turn the adjacent living area into an even more magnificent L-shaped living/ dining space. A walk-through robe takes residents to their luxury ensuite where a full-size bath awaits. Storage galore adds to the appeal of the Everglade.

Alexandra (see Page 9) is another stand-out design, offering two very different facades but identical 186sqm floorplans with spacious high raked ceilings. But if it’s alfresco dining and outdoor entertaining that appeals, the Coolum is your best bet. At 186sqm, a second courtyard provides additional space to soak up our glorious Sunshine Coast weather.



MEET DENISE & ALLAN



Since moving to Palm Lake Resort Cooroy-Noosa in May, Denise and Allan George have managed to try more new things than they ever thought they would.

"I've just finished a mah-jong class," Denise explains. "And this morning I went to the gym and then a chair yoga class."

Originally from Victoria, the couple moved up to sunny Queensland eight years ago. They'd retired from their respective careers – Denise as a sales rep, and Allan giving up his spare parts business – and were keen to relax in picturesque Tewantin, just moments from the beach.

"We absolutely loved the area, but we were skeptical about moving into Palm Lake Resort," Denise admits. "Finally, we'd had enough of maintaining our home and backyard – there were just too many leaves in the pool – and we came and had a look here. We didn't look at any other places after that – this was where we wanted to live."

The couple moved in a few months ago with their three-and-a-half-year-old fur baby, a Westie named Sophie, in tow. Allan has quickly taken to daily walks around the resort, often bumping into neighbours who are out walking their own dogs.

"Everyone is so friendly here," Denise says. "The caretakers are great, the homes are beautiful and we have everything we need. There are almost too many things to fit into the day."

Having not been to a gym in years, Denise has taken quickly to the Milon gym in the resort – she's been five times this week, and has even convinced Allan, who plans to take up lawn bowls, to give it a try. Denise also has her sights set on water aerobics, if she can fit it in around her beloved yoga.

"We just do what we want to do, when we want to do it – there's no pressure at all," says Denise. "With no home maintenance, life is easy and everyone is so friendly. We're living in paradise – it's like a permanent holiday."

CONSTRUCTION PROGRESS UPDATE

Palm Lake Resort Cooroy-Noosa site administrator Tracy Batley says Stage 4 is coming along well and is near the midway point of construction.

Tracy says residents are especially excited about the new dog run. Situated adjacent to the tennis court, this securely fenced area is a haven for pooches and a great social meeting place for their owners. Additional trees have been planted to provide shade, with a water fountain, park benches and doggie clean-up station completing the off-leash area. As an added bonus for those dogs requiring that extra bit of exercise, Tracy says a walking track around the adjacent retention basin was a resident idea taken on board, and was completed in time for the opening of the dog run.

The next facility on the team's list is the undercover caravan wash bay, within the caravan storage area, which is due to commence in August. Stage 5 designs are also being finalised for approval.



PEOPLE POWER

PALM LAKE RESORT COOROY-NOOSA IS HOME TO A PRETTY SPECIAL COMMUNITY INCLUDING SOME PRETTY SPECIAL TEAM MEMBERS.

BELINDA SPARKES **Palm Lake Resort Cooroy-Noosa cook**

If the waistlines of residents start to expand, there will be one local woman and her delectable baked goods to blame: Cooroy-Noosa cook, Belinda. A pastry chef by trade, and with Noosa Country Show ribbons to her name (her mint slice cheesecake is literally the best non-baked dessert in town!), Belinda has spent 16 years behind a kitchen bench and is now responsible for feeding the Cooroy-Noosa masses. She and her team create all meals from scratch, buying fresh local produce and from local suppliers as a priority. She designs menus based on resident feedback and around dietary guidelines while accommodating resident vegetarians and coeliacs.

"This is one of the best communities I've ever been a part of," Belinda says. "They are all so supportive, get along so well and are so respectful of the staff. New residents are always made to feel welcome. Everyone goes in with a smile. It doesn't feel like work for me – I'm having more fun here than ever before!"



JOANNE JESSOP **Sales consultant**

What's the most exciting part of your job? I have enjoyed meeting prospective residents, who all come from such diverse back grounds and walks of life. Everyone has such wonderful stories to tell and varied reasons for considering a Palm Lake Resort lifestyle.

In your opinion, why is Cooroy-Noosa a stand-out Palm Lake Resort location? The climate and location are perfect. Twenty minutes in any direction and you have the choice of either the world-renowned beaches of Noosa, the bustling artisans markets of Eumundi, or the wide open spaces of the Mary Valley at your door. It is truly the ultimate sea-change/tree-change rolled into one!

Why would you encourage your friends to move into a Palm Lake Resort location? I think our resort lifestyle facilitates healthy and active living. The social connections residents make living here endlessly enrich their lives.

What are your hobbies/interests? I enjoy cooking and entertaining at home for my friends. My themed banquet dinner parties are legendary! I also enjoy camping and the great outdoors and when time permits I am an avid furniture upcycler.

Favourite Sunday night dinner? If you ask me, it would be Thai food. If you ask my 7 year old, it would be tacos!

What makes you proud? My family and watching them all pursue their individual dreams and aspirations. We always make time to get together and celebrate each other's successes.



JULIE-ANNE TURNER **Sales consultant**

What's the most exciting part of your job? Seeing the expressions on new homeowners' faces when you give them keys to their wonderful new home.

In your opinion, why is Cooroy-Noosa a stand-out Palm Lake Resort location? It's so close to one of the world's best beaches at Noosa. It's also only a short drive to the beautiful hinterland and just 1 hour and 20 mins to Brisbane.

Why would you encourage your friends to move into a Palm Lake location? For all the reasons above plus the fabulous resort facilities, luxury living and friendly community.

What are your hobbies/interests? Shopping at local markets, animals and wildlife, being a Cooroy Rotarian.

Dream holiday destination? Does it get better than Noosa Beach?

Favourite Sunday night dinner? Tuscan vegetable pie, fresh sweet potato gnocchi, flat brown mushrooms and sour cherry strudel all from Noosa Farmers Markets.

What makes you proud? Watching my sons grow up into wonderful young men (they are now 25 and 22 years old).

Favourite inspirational quote? "The greatest adventure is what lies ahead." - JRR Tolkien



PALM LAKE LINK TO COOROY PIONEER

THERE'S QUITE RICH AND COLOURFUL HISTORY SURROUNDING THE TOWN OF COOROY, BUT DID YOU KNOW ONE OF PALM LAKE RESORT'S OWN HAS A STRONG CONNECTION TO ONE OF OUR LOCAL PIONEERS?



Cooroy is a small, tight-knit community with local pride as big and warm as their welcome of visitors and new settlers to these parts. As the Cooroy Chamber of Commerce states, "Cooroy has a rich heritage and the people of the Cooroy community are very proud of their town."

Back in the late 1800s, Cooroy was famous for its timber. Prior to European settlement, thick rainforest and magnificent stands of tall timber covered the land. The timber industry was central to the settlement and development of Cooroy. The railway station became the district's focal point upon its completion in 1891, dispatching log timber and produce, while receiving goods and mail.



Before long, in the early 1900s, Cooroy's first store opened in that railway yard. Cooroy pioneer J.L. (John) Boden was the man responsible and, in a small-world twist, John's great granddaughter, Leisa Saunders, is a manager with Palm Lake Resort Toowoomba. While Leisa was born after John had passed, the family stories of her great grandfather's efforts in developing the Cooroy area keep his memory alive today.

According to the Cooroy Chamber of Commerce, Boden's Cooroy Store (situated on the corner of Maple and Emerald Streets) was constructed in 1909. John's first small store in the railway yard was moved to this building. It was about this same time that Leisa's grandfather was born. Leisa says John also played a role in bringing the Bank of New South Wales, Cooroy's first post office and even an insurance business to town.

Leisa recalls a family story where her grandfather, as a child, was playing under Cooroy's main pub one day when he noticed a fire starting. He was able to alert passersby of the impending danger and, while the pub succumbed to serious fire damage, there were no casualties with thanks to Leisa's grandfather's efforts.

In 1929, John Boden and his family retired to Brisbane. Leisa's mum, still based on Brisbane's southside, proudly owns a plaque presented to John by the residents of the Cooroy township on his retirement.

Following the closure of the Butter Factory in 1975, land use gradually changed from farming to rural residential. The closure of the sawmill in 2000 ended an era for the town. For more about Cooroy's early history, visit www.cooroy.com.au



ALEXANDRA A

230.36 M²
24.79 SQUARES



BRING THE SPRINGTIME IN

Palm Lake Resort Cooroy-Noosa's Alexandra home design might offer two distinctly different facades but there's one thing that's the same - a floorplan that offers easy breezy Queensland coastal living.

Whether you choose Alexandra A or B, you'll find a large outdoor undercover living area that seamlessly extends the main internal living space. It's an entertainer's dream and, no doubt, the location of many shrimps on the barbecue, enjoyed with ice cold drinks and springtime afternoon vibes.

Fly screens to all windows and glass sliding doors, ceiling fans, as well as ducted air conditioning to the living area and bedrooms and window coverings, all increase the comfort of this Cooroy-Noosa stunner right through to summer.

For more, phone 1800 885 851 or visit www.cooroynoosa.palmlakeresort.com.au



Artist's impression only. Subject to change without notice.



AROUND THE GROUNDS

ROCK N ROLL!

There was real energy around our recent Rock 'n Roll luncheon! Classic cars, dancers in all their rock 'n roll finery, delicious drinks and a knock-out dessert bar all impressed our guests.



RED CROSS FUNDRAISER Palm Lake Resort Cooroy-Noosa celebrated a wonderful Red Cross fundraiser recently. More than 120 guests attended the luncheon to help raise funds for the great work of the Red Cross Foundation. Guests were treated to a delicious two-course meal and coffee while enjoying our pianist, Graham. What a lovely way to raise vital funds!



CARETAKERS' NOTES

There is a real hive of sporting activity here at Palm Lake Resort Cooroy-Noosa. The Bowls/Sports club continues to grow every week - now with 86 active members. Club competition days are on Monday and Saturday afternoons, casual social bowls on Wednesdays and coaching on Tuesday mornings or by prior arrangement. Also on the first Friday of every month after 5pm is barefoot bowls, followed by a barbecue. Our bowlers have enjoyed their first bus trip and the warm hospitality of Palm Lake Resort Beachmere Sands for their inaugural inter-club challenge (pictured above). We are certainly looking forward to the return challenge!

The tennis club is well and truly off and running, with social tennis on Tuesday mornings, Thursday nights and Sunday afternoons. The golf simulator is now complete, ensuring all our keen golfers can fine tune their game without even stepping on to a golf course. It's also perfect for those residents who just love to have a hit and a giggle! The social 'closet to the pin' competition on Thursday afternoon is very popular as is our Monday night pool comp.

If that is not enough, we have aqua aerobics, stretch class, cards nights, mah-jong in the library, movie nights, art and craft classes as well as chair yoga. And sometimes it's just nice to sit in the gardens and read a good book.

Over the last few weeks we have hosted a health and nutrition session, a health insurance seminar and basic computer skills classes, with upcoming events including a vitamins and complimentary medicines seminar, a police talk on cybercrime and more computer skills classes.

There is certainly never a dull moment here at Cooroy-Noosa, with plenty of opportunities to do the things you love or try something new. Several residents who have never tried chair yoga have commented that they could not believe how much they love it. We also hear from residents who did not believe they were able to paint until trying an art class, or those residents who have never bowled in their life after years of playing a different sport, now playing bowls with a whole new passion. It's all proof that you are never too old to change or try something new!

Mick & Deb
Resort caretakers

STAYING WELL

Our recent wellness seminar for residents included a presentation by The Noosa Dietitian Lauren Rubin. More than 50 residents attended this very popular seminar to be inspired and encourage personal responsibility for health and wellness. This was followed by a morning tea showcasing some wholesome and delicious snack ideas.

Over the past few weeks, our Milon fitness instructor, Jay, has also been working closely with residents to challenge their fitness and wellbeing, so this session perfectly complimented the ongoing wellness focus here at Palm Lake Resort Cooroy-Noosa.





LIMITED
TIME
ONLY



TWENTY BELOW^o

\$20,000 OFF^{*} SELECTED DESIGNER HOMES THIS WINTER

EXCLUSIVELY AT BARGARA, COOROY-NOOSA & TOOWOOMBA RESORTS

Enjoy \$20,000 off* selected designer homes this winter at Palm Lake Resort Bargara, Cooroy-Noosa and Toowoomba. Our homes are fully finished, perfect to move in and furnish as your new winter retreat.

Simply settle before 31 August 2018 to receive this exclusive offer.

Contact us today to arrange your personal tour of our elegant display homes and resorts.

- o 100% CAPITAL GAIN
- o NO STAMP DUTY
- o PET FRIENDLY
- o DOUBLE GARAGES
- o LUXURY INCLUSIONS
- o NO RENTALS
- o STAND ALONE HOMES
- o EUROPEAN APPLIANCES
- o RV / CARAVAN STORAGE
- o FULLY FINISHED, JUST FURNISH
- o COMPLETELY LANDSCAPED GARDENS
- o QUALITY WINDOW FURNISHINGS

