

JANUARY - FEBRUARY 2024



Calypso



New social butterflies

Meet our new Social Committee and take a walk down (social) memory lane

Golfers reign supreme

Our golfers again prove their on-course talent in the recent Palm Lake inter-resort comp

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash

Welcome.

We hope everyone had an enjoyable festive season with their friends and family. During the festive season, it was great to see so many homeowners having fun at one of the many events held by various committees throughout the resort. All these wonderful events are arranged and managed by hard working resort volunteers. The effort put in by our volunteers is much appreciated by all. It is great to see so many people attending and supporting these events and it shows our strong community spirit here at Palm Lake Resort (check out Pages 4-6 for the proof!). There are many more events planned for this year, so please keep an eye out for information on those upcoming dates.

It has been a pleasure to welcome many new homeowners to our beautiful resort. We are lucky to be able to meet our newest homeowners when they move in on handover - it is something we look forward to. We do understand moving day can be quite stressful for some, so we try to make the transition to resort life as easy as possible. Trying to remember everyone's names is still a challenge for us both, but we are sure in time it will become easier! Again, we would like to take this opportunity to welcome our new homeowners - we are sure you will settle in well and enjoy all that Caloundra Cay has to offer.

Caloundra really is such a magical place to live all year round - don't you agree? We consider ourselves lucky to be able to live and work in such an amazing part of the world. From its first-class beaches, close proximity to the sensational Hinterland areas, only a short drive to Brisbane and not to forget the sensational weather, Caloundra is one of the great destinations. Sometimes it is important just to sit back and think about the good things in life and Caloundra is definitely one of them - every day is a good day here at Caloundra Cay!

Since we arrived here, the welcome we have received from many wonderful homeowners is a warm reminder of how lucky we are. Thank you to our fantastic team and those homeowners who make Palm Lake Resort Caloundra Cay a wonderful place. Until next time, take care.

Enza and Mark, Caretakers
Palm Lake Resort Caloundra Cay

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Contact us.

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News in brief.



***Pictured above:** Winning Caloundra Cay team members Archie Deans, Ray Pickup, Ian Ponton and Bernie Reddan. **Pictured top:** Caloundra Cay team organiser, John Lugton, accepts the Palm Lake Resort Cup from Dale Williamson, Pelican Waters' Head of Golf.*

Golfers reign supreme.

FOR THE SECOND SUCCESSIVE YEAR, CALOUNDRA CAY HAS WON THE COVETED PALM LAKE INTER-RESORT GOLF CLASSIC, RETAINING THE PALM LAKE RESORT CUP.

Golfers from Palm Lake Resorts Toowoomba, Cooroy-Noosa, Beachmere Sands, Beachmere Bay, Pelican Waters, Caloundra Cay and Hervey Bay descended on Pelican Waters Golf Course for the annual event, with 128 homeowners competing in a four-person Ambrose. Not only did Caloundra Cay retain the trophy won in 2023 when the event was played at Woodford Golf Club, but the team of Bernie Reddan, Archie Deans, Ian Ponton and Ray Pickup (pictured) returned the best score of the day – an impressive nett 55.875. As well, Heather Busch won a nearest the pin prize and Jill Chew snared the straightest drive for women. Pelican Waters Head of Golf, Dale Williamson, described the event as “very satisfying”.

“It is the biggest field we have had since the re-opening of the course and everything ran really smoothly,” he says. “To have Palm Lake Resort represented by so many homeowners, was encouraging. With seven resorts competing, hopefully we can have even more of our resorts involved next year!”

Weekly activities.

MONDAY

7.30am Tennis, pickleball round robins
8.30am Pilates
9.30am Zumba Gold
11am Tai chi, Qi-gong
12.50pm for 1pm Hand & Foot Cards
1pm Learn to bowl and skills training
1.30pm Golf simulator training (TBC)
3pm Pool/Billiard Room

TUESDAY

8.30am Table tennis
9.30am Bingo
9.45am for 10am Lawn bowls (10 ends)
12 noon Ladies who lunch (1st Tuesday)
12.45pm for 1pm Lawn bowls (20 ends)
6pm Homeowners' dinner (book via Portal)

WEDNESDAY

8.30am Pilates
9am Bus trip to Sunshine Coast Plaza
9.30am The Dice Game
9.45am Aqua aerobics
10am Knitters & Sewers
1pm Mah-jong
1-4pm 500 - cards
2.30pm-3.15pm Swimming (all levels)
3pm Snooker
3pm, 5pm, 7pm Tenpin bowling (three starts)
6.30pm Movie night

THURSDAY

7.30am Tennis
8.30-11.30am Workshop
9am Yoga
9am Artist group (not on third Thursday)
9-11.30am Make handmade greeting cards (third Thursday, cost \$10)
9.45am for 10am Lawn bowls (10 ends)
12.30pm Homeowners' lunch (see Portal)
1.30pm Cribbage
2.15pm for 2.30pm Lawn bowls (14 ends)
3pm, 5pm, 7pm Tenpin bowling (three starts)
3pm Ladies' fun table tennis
3.30pm Pétanque

FRIDAY

8.30am Caloundra Cay Singers rehearsal
10.45am Aqua aerobics
12noon-2.30pm Milon gym training
12.50pm for 1pm Hand & Foot cards
4.30pm for 5pm Lawn bowls/Scroungers
5.30pm Happy Hour

WEEKEND

Sat 8.30am Saturday swimming group
Sat 9-10.30am Table tennis
Sat 12.45 Lawn bowls (Pairs 10 ends)
Sun 12.45 Lawn bowls (20 ends)
Sun 6.30pm Movie night



2023: The social year that was.

THERE'S NO DOUBTING OUR CALOUNDRA CAY HOMES AND FACILITIES ARE HARD TO BEAT. BUT THE CHERRY ON TOP OF THIS RESORT COMMUNITY REALLY IS THE LIFESTYLE.

Our homeowner group proves itself, time and time again, to be a warm and welcoming mob who don't mind any excuse to dress up and step out for some fun. With a gun team of social butterflies organising some great resort events, we have had yet another memorable year. Let's take a (social) walk down memory lane...



Pictured Page 4: Ho, ho, ho! Caloundra Cay Christmas 2023 has definitely been festive!

Pictured left, top: Australia Day had us donning our most authentically Aussie clobber for a celebration of this great nation. **Pictured left, below:** Cheers to Oktoberfest - and a legit reason to day drink!

Pictured above: The race that stops a nation proved it can also stop a Sunshine Coast over-50s resort lifestyle community! **Pictured below:** There was some spooky fun around the grounds at Halloween...



TURN OVER FOR MORE 2023 MEMORIES...



BRING
ON EVEN
MORE FUN
IN 2024!



Pictured above: Our new 2024 Social Committee includes (standing) Susan Ponton, Pam Ros, Mary Williams, Donna Cassin, Sharon Withford, Jill Chew, Anne McArthur and Jo Jacobson. Sitting in front are Christine Foster, Carol Oyston and Roz Green. **Inset:** Leanne Rashleigh.

Pictured left: The outgoing Social Committee includes (from left) Ange Durkin, Barb White, Trish McConnell, Pam Hogarth, Lynn Arundel, Heather Busch and Sharyn Chik.

Welcome to our new Social Committee.

BY TONY DURKIN

CALOUNDRA CAY HAS A NEW SOCIAL COMMITTEE - AND FOUNDATION PRESIDENT JEFF HOLLAND (HOME 12) BELIEVES THE GROUP WILL BE 'FANTASTIC'.

Jeff was President of the very first Social Committee, which was formed in mid-2019. Three years later Sharyn Chik (Home 233) assumed the position of Chair and now Carol Oyston (Home 47) leads a new, larger committee.

"Each of the first two committees have done a marvelous job, and I have no doubt whatsoever that the incoming group will continue the tradition," says Jeff. "I found it a privilege to be the first President. I thoroughly enjoyed the role and the commitment involved. But there comes a time when new ideas

and new blood is needed, and that is exactly what I believe this new committee will bring."

Members of the 2024 Social Committee include:

Chair: Carol Oyston (Home 47)

Assistant Chair: Sharon Withford (Home 48)

Secretary: Roz Green (Home 35)

Treasurer: Christine Foster (Home 69)

Assistant Treasurer: Donna Cassin (Home 63)

Purchasing Officer: Pam Ros (Home 173)

Assistant Purchasing Officer: Anne McArthur (Home 167)

Food and Music: Jill Chew (Home 195), Jo Jacobson (Home 22) and Susan Ponton (Home 199)

Volunteers/New homeowner greeters: Mary Williams (Home 242) and Leanne Rashleigh (Home 84).

Would you like fries with that?

ANY AUSSIE NOT FAMILIAR WITH THE QUESTION “WOULD YOU LIKE FRIES WITH THAT?” HAS EITHER BEEN LIVING UNDER A ROCK FOR THE PAST 50 YEARS OR NEVER VISITED A MCDONALD’S STORE.

But those of us who have, can either thank or ridicule Caloundra Cay’s Richard Killick (Home 221) as being chiefly responsible for introducing the frozen chip to Australia.

Richard, a Food Technology graduate of Hawkesbury Agricultural College (now the University of Western Sydney) in 1958, was Branch Manager at Edgell-Birdseye in Ulverstone, Tasmania, when he was hand-picked to travel to the US to study the production of french fries.

“Simplot, which now owns Edgells, had granted the company the licence to produce french fries in Australia,” recalls Richard, a former Tasmanian state hockey player. “At the time, fries were big in the US but not here. And importantly, McDonald’s just started opening stores and fries were obviously a major item on their menu. Simplot provided Edgells with the design of the equipment and the technology, and I oversaw the research and the processing.”

After six further US visits, Richard reckons he and Edgells were able to “get it just right” and produce the best fries available anywhere in Australia.

“In 1982, I went back to study the production of what Macca’s called the Macfries, and then returned in 1982 when Instant Mash – dehydrated potato – was introduced,” he reveals. “When we first started processing potatoes at the Ulverstone factory in 1992, we processed 300 tonnes of raw product in the first year. When I retired in 1993, we had 400 growers supplying us with potatoes, 500 employees at the plant and processed 150,000 tonnes. We were the largest potato-processing plant in the Southern Hemisphere”

And Richard, who moved from Hobart to Caloundra in September two years ago with Jan, his wife of 60 years, says the success and popularity of McDonald’s was the chief reason for the growth of his workplace. Almost all potatoes processed by Edgells are sourced from Tasmania, and Richard reveals there is no secret ingredient or recipe that makes Macca’s fries the tasty and tempting morsel they have become.

“It’s all about the quality of the raw material, and the production process,” he says, adding that the development of the Russet Burbank variety potato in Australia, following original trials in 1961, had brought a different dimension and look to Macca’s fries. “They were a longer potato which, when fed through what is known in the industry as a water-knife process,



Above: Richard and Jan, at home here at Caloundra Cay.
Left: Richard as a young and well respected Food Technologist.

produced a longer chip. And the longer the chip, the less of them would fit into a bag.”

Although not big consumers of fast food, Richard and Jan occasionally relent “merely to check the quality control”.

“They are still very good but I did see black spots on some fries recently,” Jan cheekily remarks.

When Richard retired from Edgells in 1993, he was coerced into a role with Hobart TAFE, teaching in Food Technology – but not in the classroom.

“My one stipulation was that I would take on the role if I could teach in the field and in the production areas of food-manufacturing businesses,” he says.

And when he did retire, Jan (who says she had been an ‘MDDA’ or Managing Director of Domestic Affairs during Richard’s 35 years at Edgells) contracted empty-nest syndrome and decided to start her own business in Ulverstone, where both she and her husband were born, educated and married. She opened a ladies lingerie store called Silk-N-Satin Lingerie, and ran it for nine years.

“Richard accompanied me on buying trips to the mainland in his role as stock controller, but it was hands off the merchandise,” she jests.

— TONY DURKIN



HIP, HIP!
HOORAY!

Noughty celebration.

MORE THAN 200 INVITED GUESTS GATHERED IN HEMINGWAYS COUNTRY CLUB IN DECEMBER TO CELEBRATE FIVE MILESTONE BIRTHDAYS OF CALOUNDRA CAY HOMEOWNERS - AND WHAT A PARTY IT WAS!

Tagged the ‘Milestone Birthday Extravaganza’, the event recognised the coming of a ‘noughties’ age for Pat James (80) and Darren Burke (60), as well as Sharyn Chik, Christine Deans and Gary Beck, who each turned 70.

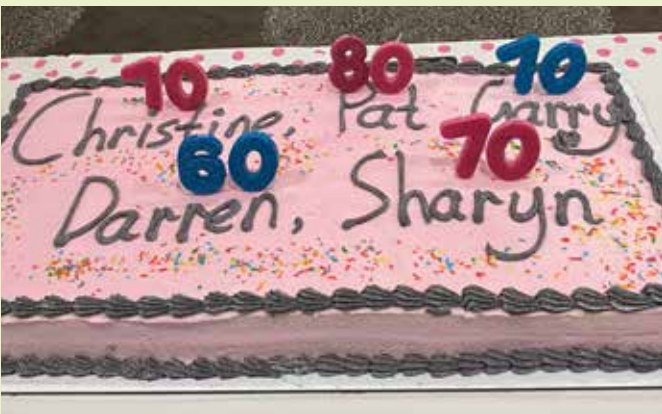
With the popular Johnny Spitz providing the music and the birthday celebrants shouting the bar, guests frocked up in their cocktail finery to drink, eat and dance the night away. And the food, provided by the invitees, was a feast worthy of the momentous occasion.

“It was an amazing night,” complimented Sue Andrews (Home 108, pictured below, far right), who has been a homeowner of Caloundra Cay since March 2019. “Mason and I felt very privileged to be invited to what was obviously such a memorable event for the birthday celebrants. To see Hemingways full to overflowing with happy people typified the camaraderie that exists in our wonderful resort.

“Guests took the effort to dress up for the occasion too, which made the atmosphere that little more special. This was without doubt one of the most enjoyable nights we have had since moving here.”

Sue thanked the birthday hosts, on behalf of her fellow homeowners.

— TONY DURKIN



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