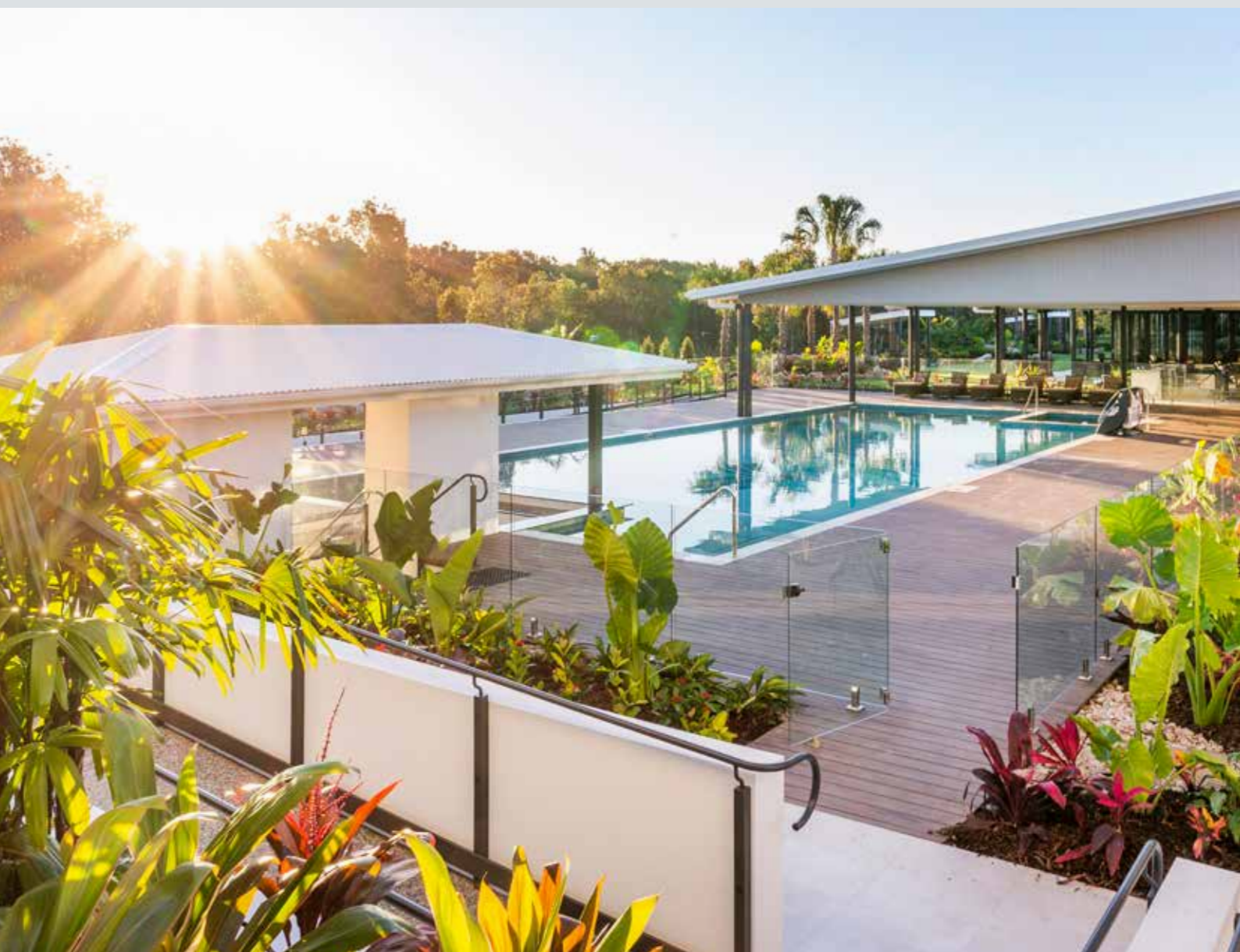


MARCH - APRIL 2024



Calypso



Aussie Day, our way

We like any excuse for a party and a sporting friendly, and Jan 26 provided a good excuse

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash

Pictured: Check out this great photo by Caloundra Cay homeowner Tony Carey. You can read more about our local 'bird nerd' on Page 7.



Welcome.

Welcome to another edition of your resort newsletter, *Calypso*.

Summer has passed and we can now look forward to autumn. What a summer we had with the rainfall and humidity! Let's hope the heavy rainfalls are now past us for a while so we can enjoy our beautiful autumn days and get back to what we all enjoy most; the great outdoors.

Recently, you may have noticed new birdlife around our lake? We have had a new feathered-friend family move in, and it has been great seeing their little ones enjoying life at the lake (pictured on Page 3). We have also seen the black swans come back for a visit recently. It is great to see the birdlife returning to our little piece of paradise and it is always fun to go down and see them enjoying our lake. Keep an eye out for them next time you are walking around the lake. On the topic of birdlife, there's a great story in this edition by our homeowner journalist Tony Durkin. Tony has interviewed a fellow homeowner - and fellow Tony (Carey) - about his love of birds. There are some great images alongside that story, and pictured above, all shot by our talented resident bird enthusiast. Make sure you check out that story and all the additional photos on Page 7.

There have been a few staff changes recently, as you may have noticed. We would like to welcome our newest staff members to the team. We are looking forward to working together to ensure Caloundra Cay is always looking and operating at its best. If you see our new team members out and about, make sure you say hi and welcome them onboard. As we all know, a smiling, friendly face can make someone's day.

Until next time, please take care.

Enza and Mark, Caretakers
Palm Lake Resort Caloundra Cay

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.



Contact us.

Looking for more information about Palm Lake Resort Caloundra Cay? Here's how you can reach us:

FREECALL: 1800 55 66 77

STREET ADDRESS:
96 Village Way,
Little Mountain QLD 4551

OFFICE HOURS:
9am to 12 noon, Monday to Friday
(emergency calls, 24/7)

EMAIL:
caloundra@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)



News in brief.



Looking for care?

There are limited vacancies at Palm Lake Care Caloundra available now. Vacancies come and go quickly and Palm Lake Care prioritises Palm Lake Resort homeowners and their families. If you have someone needing high quality 24-hour nursing care in our gorgeous waterfront setting, you can FREECALL Care Solutions to discuss their needs on 1800 24 66 77.

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.



It's "Your Time", time

The start of another beautiful Aussie season means another Palm Lake Resort company magazine has just dropped. Our Autumn 2024 edition gives readers their first look at the incredible display homes just unveiled at Palm Lake Resorts Yamba Cove and Pelican Waters. We also explain how you can embrace the 'dopamine decor' trend in your own abode for the ultimate 'happy home'. And we've got some great recipes for you to try when you're invited along to your Palm Lake Resort neighbours' homes and that age-old question crops up: "What can I bring?". Never fear - the answer is here! Grab a copy of the magazine from your letterbox or you can also find it online at palllakeresort.com.au



Pictured above: Local sights and delights. We live in such a wonderful part of the world, don't we?

Weekly activities.

MONDAY

7.30am Tennis, pickleball round robins
8.30am Pilates
9.30am Zumba Gold
10.45am Tai chi, Qi-gong
12.50pm for 1pm Hand & Foot Cards
1pm Learn to bowl and skills training
1.30pm Golf simulator training (TBC)
3pm Pool/Billiard Room

TUESDAY

8-10am Ladies tennis and pickleball
8.30am Table tennis
9.15am for 9.45am Lawn bowls (10 ends)
9.30am Bingo
12 noon Ladies who lunch (1st Tuesday)
12.45pm for 1pm Lawn bowls (20 ends)
6pm Homeowners' dinner (book via Portal)

WEDNESDAY

8.30am Pilates
9am Bus trip to Sunshine Coast Plaza
9.30am The Dice Game
9.45am Aqua aerobics
10am Knitters & Sewers
1pm Mah-jong
1-4pm 500 - cards
2.30pm-3.15pm Swimming (all levels)
3pm Snooker
3pm, 5pm, 7pm Tenpin bowling (three starts)
6.30pm Movie night

THURSDAY

7.30am Tennis
8.30-11.30am Workshop
9am Yoga
9am Artist group (not on third Thursday)
9-11.30am Make handmade greeting cards (third Thursday, cost \$10)
9.15am for 9.45am Lawn bowls (10 ends)
10am Workshop morning tea
12.30pm Homeowners' lunch (see Portal)
1.30pm Cribbage
1.45pm for 2pm Lawn bowls (16 ends)
2.30pm Bus to Caloundra Rugby League Club
3pm, 5pm, 7pm Tenpin bowling (three starts)
3pm Ladies' fun table tennis
3.30pm Pétanque

FRIDAY

8.30am Caloundra Cay Singers rehearsal
10.45am Aqua aerobics
12.30-2.30pm Milon gym training
12.50pm for 1pm Hand & Foot cards
4.30pm for 5pm Lawn bowls/Scroungers
5.30pm Happy Hour

WEEKEND

Sat 8.30am Saturday swimming group
Sat 9-10.30am Table tennis
Sat 12.45 Lawn bowls (Pairs 10 ends)
Sun 12.45 Lawn bowls (20 ends)
Sun 6.30pm Movie night



Party central (again) for Aussie Day!

BY TONY DURKIN

SOME AUSSIES MAY HAVE TAKEN TO THE 'PROTEST' ROSTRUM ON AUSTRALIA DAY 2024, BUT YET AGAIN CALOUNDRA CAY BECAME 'PARTY CENTRAL' TO CELEBRATE OUR NATIONAL DAY.

Bowls and cricket – contested between Aussie teams and the Rest of the World – whet the competitive appetite of the sporting types, and also fuelled the hunger pangs, which were sated by barbecued sausages in buns, with all the trimmings.

Just on 250 lunches were served by members of the Social Committee, with ice creams an added – and extremely popular and refreshing - addendum.

DJ Paul Davies from Rock You Wild provided the music in Hemingways Country Club where the crowd gathered for their lunch, refreshments, frivolity, and even dancing. And with the pool bar also serving liquid nourishment, many took advantage of the facility to cool off from the intense heat and humidity of the oppressive January day.

For the second successive year the Rest of the World won the bowls Mixed Fours competition, once more in a cliffhanger result. A capacity field of 64 bowlers played on eight rinks over 14 ends during the morning, and both teams finished with four wins apiece. Rest of the World however, scored 109 points to 107 by Australia, to be crowned victors in successive years.

However, it was a different result in the cricket, with the Ashes going to Australia – 69 runs to minus three (yes, -3). Each batter faced a compulsory 30 deliveries, with every dismissal registering minus five runs on the scoresheet. Unfortunately for the Rest of the World, their team captain – whose identity will remain undisclosed – added 23 to the minus total.



FROM BOWLS TO BATS AND BALLS. WE GOT INTO THE AUSSIE SPIRIT!

'One Life' has local flavour.

BY TONY DURKIN

WHILE REVIEWERS DESCRIBED THE RECENTLY-RELEASED MOVIE 'ONE LIFE' AS HEARTWARMING, ENDEARING, INCREDIBLE AND INHERENTLY POWERFUL, FOR CHRIS FULLER (HOME 163) THE MOVIE WAS A DOSE OF POIGNANT AND TEARFUL REALISM.



***Pictured:** Chris (right) with her mother Vera (left) and Eva (middle) on one of Eva's rare visits to Australia.*

'One Life' tells the story of Nicholas Winton (played by Anthony Hopkins), who helped save the lives of 669 Jewish children as the Nazis invaded Czechoslovakia during World War II.

One of those children was nine-year-old Vera Klemens - Chris Fuller's mother - who was accompanied on her dangerous journey by 200 other children, one of whom was Vera's elder sister, Eva. It was the last of the eight trainloads of children the evacuation team (named Kindertransport) headed by the London stockbroker managed to scramble out of Prague.

The compassion of Winton went largely unacknowledged until, in 1988, he appeared on British TV talk show 'That's Life'. When the host Esther Rantzen asked if any of the audience were in the room thanks to Winton's effort 50 years earlier, most of them stood, stunning the then 79-year-old.

Rantzen had arranged for the survivors and their descendants to attend the show and surprise him, and the scene in the movie is a genuine tearjerker.

"Yes, I shed a tear," concedes Caloundra Cay homeowner Chris, who revealed that last year she had been made aware by her daughter, Leah, that the film was being made and was looking forward to its release.

"Strangely, two women named Vera and Eva were among those who appeared in the movie, but they were not mum and my aunt. That was quite a bizarre coincidence."

Chris said she had been told at a young age of her mother's fascinating early life, and revealed that Vera had chronicled what she described as 'My Interesting Life'.

When Vera and Eva first arrived in England in 1939, they were fostered by a London couple, a Mr and Mrs Cook, who agreed to look after them for the duration of the war.

But when war eventually broke out and England became committed, Mr Cook – a schoolteacher – was called up, Mrs Cook decided to move and live with her mother, and Vera and Eva went to a family in the small village of Whiteshill, who owned a pub. They would be the second of four families with whom Vera lived before eventually marrying Paul Dench, 10 years her senior, at the age of 18.

In 1954, the couple migrated to Australia, settled in Brisbane where Chris and her brother Philip were born. They purchased a boarding house where they provided three meals a day for their 17 male guests, before spending 19 years running a store and fuel depot at Bowenville, on the Darling Downs. Eventually Vera and Paul retired to Ballina, then Caloundra, and both passed away aged 89, Paul in 2009 and Vera in 2019.

At the end of the war, the Red Cross had informed Vera that none of her family – except Eva - had survived. So, living on the other side of the world, she understood her husband and children would be the only relatives with which she would have close contact. However, while tuned in to a radio program in 1984 where listeners could request music to be sent to friends in England, Vera asked for a song to be played for her last and favourite family, the Northcote family from Stonehouse.

"Months afterwards, about 11pm, the phone rang and the man on the other end inquired whether I had spoken to someone on the program, asked a few personal questions to make sure he had the right person," Vera wrote in her chronicle. "I was initially suspicious, but when my foster sister Lawrey then spoke to me, I realised it wasn't a prank. This was the beginning of getting to know each other again, and we wrote, and keep in touch."

Again, totally out of the blue while still living on the Darling Downs, Vera received a letter from a stranger, Helen Vodika, who revealed she had been trying to make contact for years.

"She had been in the same Concentration Camp as my mother, and said she would like to meet me," Vera again noted in her chronicle. "Helen was living in Melbourne, but was visiting a friend on the Gold Coast and hoped I could arrange to meet her. Chris and I drove down for the day and it was a very interesting meeting."

"She added much to the sketchy details we had been given by the Red Cross just after the end of the war, and filled in lots of gaps regarding my mother and father."

Vera never saw her parents after she left Prague as a nine-year-old, but learned they were both murdered in German Concentration Camps – her dad in 1941 in Dachau and her mother two years later in Terezín. Eva remained in London, married a College Professor, and worked in the law courts. She visited Australia three times to catch up with Vera, but passed away two years before her younger sibling.



Our bird nerd.

BY TONY DURKIN

WHILE TONY CAREY (HOME 77) CONFIDES THAT HE IS IN FACT AN AVID BIRD WATCHER, HE DOUBTS WHETHER – THESE DAYS, ANYWAY – HE WOULD BE CONSIDERED A TWITCHER.

However, since Tony and his wife, Gabby, moved to Caloundra Cay 15 months ago, the former cabinet maker-turned piano tuner has logged 74 different species of birds on his computer, which have either inhabited or visited our resort. According to their level of enthusiasm, bird fanciers are typically placed into four different categories: An ornithologist studies the science of birds, a twitcher is regarded as an expert at identifying different species, while a birdwatcher is someone passionate about observing birds in their natural habitats. And then there is the 'bird nerd' - a stereotype where Tony thinks he may fit.

"I have loved birds since I was a kid and at one stage of my life owned and bred racing pigeons," reveals the 73-year-old, who was born in Brisbane and spent his formative years in Bundaberg. "But these days it is purely a hobby for me. We walk our dog, Bailey, around the lake almost every day and if I see a bird I want to photograph, I will return home for my camera."

Tony says that while Caloundra Cay could not be described as a haven for birdlife, he still considers the population 'very large'.



***Pictured above:** Clockwise from above left, a Royal Spoonbill, Sacred Kingfisher, Osprey and a Black-Necked Stork - photos all shot by Caloundra Cay homeowner Tony Carey (far left).*

"Bird migration dictates that some come and go quite quickly. Some may spend their summers here and then leave, and the opposite can happen with other breeds."

While the most common bird life in the resort are the house sparrows and speckled-neck doves – not pigeons, as some think – the rarest bird Tony has photographed is the Black-Necked Stork.

"It is as rare as any bird I have ever seen. My only other sighting was at a bird sanctuary. And I estimate when I photographed this guy, it was only here for seven days," he says.

Tony, much like the paparazzi, often lies in wait for his subjects, and is clearly proud of his collection of bird photos. But he admits to being outfoxed by one particular species at Caloundra Cay.

"I heard the Reed Warbler one day, and was actually able to record its warbling on my phone. But the bird was too quick for me that day to photograph. And I have not seen one here since."

A keen bowler since he moved to Caloundra Cay, Tony experienced a twist of 'bird' fate when gifted a set of bowls by a relative.

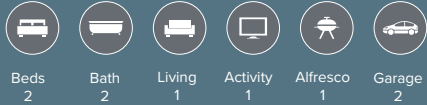
"The emblem on my bowls is an Australasian Grebe, one of the birds I have photographed here," reveals the former rock and brass band member.

Homes for sale.

FOR MORE INFO, CONTACT PALM LAKE RESORT SALES CONSULTANT JULIE-ANN
ON 1800 55 66 77 OR EMAIL HER AT JULIEANNH@PALMLAKE.COM.AU



Home 117: \$1,180,000

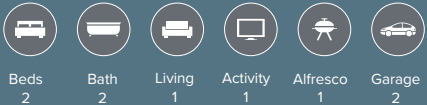


The Dominica is a pure 'one-of-a-kind'. Featuring two bedrooms plus a generous activity room, two bathrooms, a double garage and ducted air conditioning, it is the epitome of effortless living. The inviting and open floor plan with a high raked ceiling is designed to maximize space. The heart of this home lies in its gourmet kitchen, adorned with top-of-the-line SMEG appliances that are as stylish as they are functional.



Adjacent to the kitchen, the spacious living area beckons, perfect for cozying up on cooler evenings. Large windows and glass sliding doors provide seamless integration with the outdoor living spaces, allowing for a seamless flow between indoor and outdoor entertaining. The master suite features a generously sized bedroom, a walk-in wardrobe, and a private ensuite bathroom.

Home 118: \$1,195,000

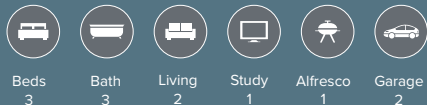


The inviting, open floor plan with a high raked ceiling is designed to maximize space and natural light. The interior showcases a seamless blend of modern features. The heart of this home lies in its gourmet kitchen, adorned with top-of-the-line SMEG appliances. Whether you're preparing a quick meal or hosting a dinner party, the kitchen's sleek cabinetry, stone countertops, glass splashback will inspire your culinary pursuits. Adjacent to the kitchen, the spacious living area beckons, perfect for cozying up on cooler evenings. A second living space has been created using the existing alfresco area, a rare find withing the resort.



The master suite is a tranquil retreat, featuring a generously sized bedroom, a walk-in wardrobe, and a private ensuite bathroom. Outside, the beautifully landscaped gardens and enclosed alfresco area are ideal for hosting barbecues.

Home 240: Price on application

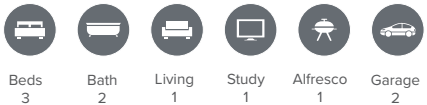


This exquisite home exudes elegance, Hamptons style and coastal sophistication. Featuring two bedrooms plus a generous activity room, two bathrooms, a double garage and ducted air conditioning, it is the epitome of effortless living. The heart of this home lies in its gourmet kitchen, with SMEG appliances that are as stylish as they are functional. The kitchen's sleek cabinetry, stone countertops and subway tile backsplash will inspire your culinary pursuits. The master suite is a tranquil retreat, featuring a generously sized bedroom, walk-in wardrobe and a private ensuite bathroom. The additional guest bedroom and activity room offer comfortable accommodation for guests or can be transformed into a home office or hobby room. A well-appointed second bathroom services these rooms and

Home 58



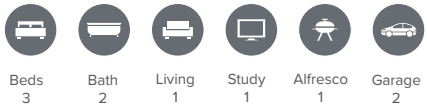
UNDER CONTRACT



Home 74



UNDER CONTRACT



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Our homeowners have charitable hearts.

PALM LAKE RESORT HOMEOWNERS PROVE TIME AND TIME AGAIN THAT THEY HAVE WONDERFUL, CHARITABLE HEARTS. HERE ARE JUST SOME OF THE STORIES WE'VE HEARD LATELY...

Tweed River: Around 150 homeowners and guests descending on the resort's Country Club for a stunning art-deco inspired high tea to raise funds for Tweed Palliative Support and the Wedgetail Retreat. The Country Club looked more like a fashionable hotel lounge, reminiscent of The Ritz in London or The Peninsular Hotel in Hong Kong, as fantastic multi-level platters of cakes, scones and savoury treats were prepared and served by the volunteers. Musicians from the Northern Rivers Symphony Orchestra volunteered their time and musical talent to present an incredible classical string concert (pictured above). The high tea was followed by raffles and a lively auction of kindly donated items resulting in more than \$11,000 being raised! This included a donation from the Residents' Committee plus the proceeds of refunds for bottle and can recycling from throughout the year. This total amount was much more than previous annual fundraiser events and much appreciated by the worthy charitable recipient.

Deception Bay: Just before Christmas, the resort's Quilters Group drove up to the Centre Against Domestic Abuse (CADA) at Caboolture with enough goodies to fill three car boots! The CADA people were stunned and so grateful. Along with all the toys for children and necessities for

women, there were 70 handmade Christmas stockings and more than 80 fabric drawstring bags for the women (pictured above). The group also donated 12 quilts to CADA to hand out to their clients in the New Year. The quilters were amazed by the wonderful response from their fellow homeowners who also donated toys and goods.

Upper Coomera: This resort's Jane McGrath Foundation charity fundraiser "Girls' Night In" event raised \$1060.

Bethania and Waterford: Two neighbouring Palm Lake Resorts came together for the sake of breast cancer research, hosting a charity event that raised more than \$3000 for the McGrath Foundation. Everyone turned out in their best pink outfits and a special visit was made by Federal MP Bert Van Manen who also donated to the cause via some lovely hampers that were raffled.

Carindale: The resort's annual Market and Craft Day saw a variety of stalls selling handicrafts, paintings, bric-a-brac, clothes, jewellery, toys, restored furniture, cakes and more. Through event proceeds, a morning tea and a raffle, Care Kits for Kids Qld (a children's charity that donates backpacks filled with clothes, toiletries and school supplies to disadvantaged children) received a donation from the resort of more than \$1400! This resort's knitters also do good with their spare time. Gathering fortnightly, the knitters produce gorgeous teddy bears for the Red Cross to distribute to needy children (pictured top).

BATTLE
OF THE TWO
BOWLING
BEACHMERES!



Sport brings us together.

OUR SPORTIEST HOMEOWNERS HAVE BEEN HAVING FUN, TAKING ON TEAMS FROM OTHER PALM LAKE RESORT LOCATIONS. HERE'S HOW SOME OF THE MOST RECENT MATCH-UPS HAVE PLAYED OUT...

Tea Gardens vs Fern Bay vs Forster Lakes: Golf has been the inter-resort game of choice recently for these nearby communities. In a three-game series, Forster Lakes was victorious once but Tea Gardens proved too good on the other two competition days. The total points overall were: Tea Gardens 454, Forster Lakes 444 and Fern Bay 423 so it was a close competition all 'round.

Beachmere Sands vs Beachmere Bay: The annual inter-resort lawn bowls competition between our Beachmere neighbours took place late last year. It's always a fierce competition and this one was no different. After a tough afternoon and evening battling it out, Beachmere Bay came out on top.

Best wishes to these legends!

WE LOVE CELEBRATING A MILESTONE MOMENT AND THERE ARE LOADS HAPPENING ALL OVER THE PALM LAKE GROUP EVERY WEEK.

Toowoomba: Pictured right, gorgeous Muriel has just batted her century at Palm Lake Resort Toowoomba. She's been a fixture there since 2011 and her daughter, Lurlene, also calls the resort home.

Mt Warren Park: Congrats to homeowners Don and Yvonne who celebrated their 65th wedding anniversary recently.

Carindale: When homeowner Eric celebrated his 96th birthday in December, we learned there were actually three neighbours in 'Club 1927' at that resort - all born in the same year. There'll no doubt be a big party in 2027 when Eric, Shirley and Mavis all mark their centuries at Palm Lake Resort!



Get social with us and WIN!

Are you following Palm Lake Resort on our various social media platforms? While you can catch up on all the company news on our Facebook page, you may not know that we also have a vibrant Palm Lake Resort Instagram account. During the month of April on Instagram, we are giving away a gift card valued at \$200 in our 'Tag a friend' competition. Entry is easy. All you need to do is be following Palm Lake Resort on Instagram (@palm.lake.resort) and tag your friends in the comments section on any of our posts from April 1 - 30. Every friend you tag counts as one entry and you can enter as many times as you like. Tagging a friend is as easy as placing the @ symbol in front of their Instagram name, for example: @marysmith. We'll announce the randomly drawn winner in our next newsletter and they can collect their prize from their Caretaker. *Note: Instagram is not in any way associated with this competition. Good luck!*



What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? Email the details to belinda@bellepr.com

Holiday, everyday.



FREECALL 1800 55 66 77 | salescaloundra@palllake.com.au
96 Village Way, Little Mountain QLD 4551

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au