

MAY - JUNE 2024



The Chatter



Meet your neighbours

A colourful and interesting bunch of homeowners call Toowoomba home - meet some inside...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



***Pictured on the cover:** Come and join the aqua aerobics classes on Mondays and Wednesdays at 10.30am. Caretaker Wayne will make sure it stays cosy and warm throughout the winter months!*

***Pictured above:** We knew we were lucky to live at Palm Lake Resort Carindale - and now here's the proof!*

Welcome.

Welcome to the many new homeowners who have joined our beautiful resort. There's a great new vibe here with thanks to you all! Visitors coming into our resort always comment on the positive feel here and the friendliness of the homeowners. Homes are selling very fast in the resort right now, because visitors sense the great vibe and want to live here, too.

We are fortunate to have a great HOC and an active Social Club committee so there is always plenty of information sharing and fun activities to join in. Wayne and I try to get to as many events as we can, as we live here, too! Thanks to all our volunteers who make our resort a community.

We are also blessed to have David, our Groundsman. Both our cleaners, Mark and Dee, are awesome as well, and help many homeowners around the resort, as does David. We have scored a great Chef, Ash, from the agency who consistently creates culinary delights on a Wednesday night! Feel free to join us for dinner and try out Ash's handiwork. With numbers increasing, we think we are on to something great with Ash!

We are now officially in our second year of what has been an amazing ride - and a steep learning curve. Making memories with all our wonderful homeowners has been a bonus. As our Carindale homeowners always tell us - we live in paradise! We are still working on continuous improvement across the resort and are always open to suggestions from homeowners who might notice things that we don't. Come and let us know if you have feedback to share.

Don't forget, we all smile in the same language! Keep smiling!

Karen and Wayne,
Palm Lake Resort Carindale Caretakers

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

News briefs.

Go green

With your yellow-top recycle bin, please crush, compact or cut up your items as best you can before putting them into these bins. Also, make a diary note for our upcoming green waste collection dates:

- **June 3**
- **July 1**
- **August 5**

Please have green waste out the front ready for pickup on these days. Please do not put green waste in bags.

Get social with us

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@pamlakeresort) and also over on Instagram (@palm.lake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palm.lake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!



Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Extra notes for our Weekly Activities list

- BBQ on the last Tuesday of each month, at 4pm, as pictured below. All welcome. BYO (Rec Hall)
- Drinks and nibbles on the last Sunday of each month, at 4pm. All welcome, BYO (Grand Hall)
- Bus to Cannon Hill runs each fortnight. All buses leave from the Grand Hall. If requesting another pick up area, please note this request on the bus booking sheet in the Grand Hall.
- All homeowners are welcome to attend all activities. For Palm Lake Resort paid activities (including aqua aerobics, tai chi and the buses), your names must go on the booking sheet. For all others, just turn up and join in the fun!

Weekly activities.

MONDAY

9am Bus service: Westfield Carindale, with pick-up at 12 noon (booking sheet in Hall)
9am Snooker, Billiards, 8 Ball (Grand Hall)
10.30am Aqua aerobics (indoor pool, booking sheet in Hall)
1.30pm Darts (Recreation Room)
6.15pm Bingo (Recreation Room)

TUESDAY

10am Gentle Exercise class (Grand Hall)
10am Trauma teddies (2nd & 4th Tuesday, Craft Room)
2pm Beginners' line dancing (Grand Hall)
3pm Gents' BYO Happy Hour (Recreation Room). All gents welcome
4-5pm Lawn bowls (on the green)
6.30pm Cards Hand & Foot Canasta (Recreation Room)

WEDNESDAY

7am Gym instruction with Aubrey (Gym), with your doctor/physio's approval
9am Snooker, Billiards, 8 Ball (Grand Hall)
9am-10am Line dancing (Grand Hall)
5.30pm Dinner (Grand Hall). Book your meal before noon on the Friday prior
6.30pm Movie night (Theatre). Movie announced at dinner

THURSDAY

9am Tai chi (Grand Hall, booking sheet in Hall)
10.30am Aqua aerobics (indoor pool, booking sheet in Hall)
1pm Bus service: Shopping at Capalaba, pick-up at 3.30pm (Grand Hall)
4pm Ladies' BYO Happy Hour (Recreation Room). All ladies welcome

FRIDAY

9am Bus service: Westfield Carindale (booking sheet in Hall)
1pm Cards - Rummikin, Scrabble, Mah-jong (Recreation Room)
4pm BYO Happy Hour (Recreation Room)

SATURDAY

9-10am Line dancing (Grand Hall)
9.30am Cards - Hand & Foot, Canasta (Recreation Room)
1pm Cards - 500 (Recreation Room)

SUNDAY

9am Mah-jong (Recreation Room)
4pm-5pm Choir (Grand Hall)





Home Owners' Association notes.

Our history project continues...

Our project to put together the history of Palm Lake Resort Carindale is starting to come together nicely. First of all, a visit to the Brisbane City Council office at Carindale was of great assistance followed by a phone call and conversation with a City Planner who suggested a visit to the Council Archive Centre at Acacia Ridge which was undertaken.

From there, I was able to collect information including photos and plans dating back to 1946 before the area was even developed. Palm Lake Resort Head Office was extremely helpful with information and photos of building applications and some of the construction of the homes.

More information has been offered by some of the longer-term homeowners who have photos and some interesting stories to tell. We still have to meet up with some of these people and that will happen in the very near future.

Progress of the following stages, including construction of the bowling green and the new Grand Hall, will also be documented as the result of other homeowners supplying their photos, dates and stories.

Gathering this information is taking time to collate but homeowners will be kept up to date of the progress. We do have a date in mind for the completion of this history project, and that will coincide with a milestone anniversary. Our plan is for this historical story to be presented in book form and to be available in the respective community areas such as the Rec Hall, the Grand Hall, the Office and will be the property of Palm Lake Resort Carindale for homeowners to sit and peruse at their leisure.

Write to us

All written correspondence to:

The Secretary
Home Owners' Association
2 Ford Court
Carindale, QLD 4152

...or you can email us at:
carindalehomeowners@gmail.com

Elaine McClure,
HOA Deputy Chair

Social Club update.

Musical bingo

Some 77 homeowners attended this very popular activity which we have hosted before. We were given bingo sheets with names of songs in the squares and when that song was played you crossed it off your sheet. It was a lot of fun. The winners were Michael, Wayne, Trish and Hazel who each won chocolates.

St Patrick's Day

A bus trip to Caloundra RSL on February 18 was full of fun. A two-course meal of Irish stew and dessert was on the menu with Irish drinks to be had from the bar – Irish cocktails, Irish whiskey and Guinness, of course. A band "The Mooncoin" played all the usual Irish songs (as well as some we did not know) and told some stories which had us laughing away. A fun time was had by all! Two of our group even won prizes for their Irish knowledge!

Mother's Day morning tea

This was held in the Grand Hall on Saturday, May 11. As pictured above, a wonderful spread was on offer by everyone bringing a plate. We had wonderful entertainment by Jackie on the piano who sang some of our favourite songs, and also took requests. Lots of family members attended. Eight fortunate people won lucky door prizes.

Date claimers

June 4 Soup and Fashion

June 18 Op Shop Bus Trip Redcliffe

July 25 Christmas in July Redlands RSL

Please let one of the committee know if there is a social outing you would like us to investigate.

Judy Henson,
Social Club Secretary

Milestones galore.

EIGHTY YEARS YOUNG!

By Trish Benson (Home 185)

ITS OFFICIAL. CELEBRATING MILESTONES SUCH AS ANNIVERSARIES AND BIRTHDAYS GIVES EVERYONE A CHANCE TO REFLECT AND ENJOY WHAT LIFE HAS TO OFFER.

Karen and Wayne recently celebrated their first year as our Caretakers. They have certainly made their mark. Their dedication to their tasks is way above their job description. Their professional work ethic and polite consideration for every resident brings great credit to them and we are so lucky to be blessed with kind, respectful caretakers.

Also, the Elliott family bought Palm Lake Resort Carindale in March 2004. We've just marked the 20th anniversary and will next year have a 21st birthday celebration.

Finally, pictured above, this is what 80 looks like. Three of our lovely homeowner ladies joined the Octogenarian Club recently and all are taking their celebrations in their stride. Let's get to know Elaine McClure (standing), Desley Howard (picture on the left) and Esther Turner (right) and how they marked their special birthdays...

Elaine McClure

Elaine McClure is a relatively new homeowner here in the Palm Lake family taking up residency in June 2021 after watching and waiting for about four years for the right home. She is a Brisbane girl from Camp Hill and a keen golfer. Elaine plays at the Pacific Golf Club three to four times a week often enjoying a win. She has been a member there for 20 years and serves on the committee where she is co-ordinator of the Par 3 Social Group and player of the Monday Ladies nine hole competition.

She's also spent seven years as a marriage celebrant and 15 years selling real estate for Ray White across the Carindale to Bulimba areas. Elaine makes a valued contribution to the Home Owners Association as Deputy Chair and was instrumental in providing the Grand Hall dining tables with attractive centrepieces and placemats. She has an artistic flair for design and has excellent seamstress skills.

Mark McClure, Elaine's nephew, and his family hosted a gathering of around 40 guests in their Seven Hills home for her big birthday. Guests, including some close friends from Palm Lake Resort, were invited to wear pink - Elaine's favourite colour. It was a wonderful afternoon with memorabilia, speeches and scrumptious food and wine.

Desley Howard

Desley Howard celebrated in similar fashion at the Camp Hill Hotel. A party (hosted by her brother, Neil, and his family) saw guests treated to a combination of cheese platters, pizzas and



other tasty finger food with a selection of wines followed by a very tasty birthday cake for dessert. The pub crowd in the room next door joined in her celebrations when her guests sang Happy Birthday. It was a very merry night for all!

Desley moved into Palm Lake Resort in November 2019. She too is a Brisbane girl from the Camp Hill area attending the Camp Hill State School. She became a public servant and worked for the Australian Electoral Commission and then Social Security for over 32 years.

Desley is very active with an organisation called "VIEW" which stands for Voice, Interest, Education and Women. She has served on both the Carindale and Sunnybank club committees. Members meet once a month for fun and friendship but the clubs also have a fundraising component to them as they sponsor "Learning for Life" providing school items such as uniforms and books etc to the disadvantaged students. For about 20 years, Desley was also involved with the Sunnybank Repertory theatre with a forte for administration rather than acting.

Esther Turner

Lastly Happy Birthday to you, Esther Turner. Another Brisbane born and bred girl who grew up in Camp Hill and incidentally was a contemporary school friend to Desley at Camp Hill State High School which later became Whites Hill State College.

After school, Esther worked as an accounting machine operator and secretary. She volunteered her skills to the Queensland Blind Association which was so impressed with her work ethic, they offered her a position with them which lasted for over 25 years.

Esther trained marching girls for 30 years and was successful at the national titles in Hobart for 8-12 year olds some 35 years ago. Growing up, she played tennis and was a recent newcomer to the lawn bowls group here at Palm Lake Resort. She is very active as a resort 'Dancing Queen' and enjoys aqua aerobics twice a week. Her love of exercise in the gym spans the last 15 years and her other hobbies include cards and mahjong.

Esther and her extended family enjoyed a five-night holiday on Hamilton Island in celebration of her milestone birthday, after she enjoying a quieter lunch with her Dancing Queen buddies here at Palm Lake Resort.

Pictured right: Caretakers Wayne and Karen visited Ruth (Home 96) who left our resort recently. Ruth was so pleased to see them and have a 'Wayne cuddle'! They visited Mavis (Home 144), who also left our resort recently. We invited Mavis back for a morning tea recently. For those who didn't get a chance to say goodbye, Mavis said she sends her love to you all.



Pictured left: Thank you to Ken (Home 113) and Leola (Home 108) who organised a fabulous Anzac Day. We had over 120 attendees. It was wonderful to see Bill (Home 133), who had recently left our resort, come back with his family to visit and see his wife Sandra who still lives in the resort. The dawn lowering of the flag to half mast was done by Ian (Home 163). Our Anzac Day ceremonies are getting better and better at Carindale!



Around the grounds.



Pictured above: Mary (Home 173) had a lovely birthday lunch with her Palm Lake Resort friends recently.



Pictured above: David, our Groundsman, who is also known as our 'Wildlife Warrior' is very passionate about encouraging the native wildlife to live in our resort.



Pictured above and right: Bill (Home 97), Stuart (Home 168), John (Home 180), Terry (Home 73) and Kevin (Home 4) enjoy a game of pool in the Grand Hall. Please join them on Mondays and Wednesdays at 9am. We just had the tables re-felted and re-levelled ready for competitive use!



COME
ALONG AND
JOIN IN THE FUN
EVERY MON &
WED AT 9AM



Pictured left: We ran an evacuation exercise recently and thanks to our Emergency Evacuation Wardens, it all went smoothly. Thanks also to the homeowners who participated in a calm and orderly manner. We managed to evacuate the Hall promptly. Thanks to those who assisted to maintain the gate access for the emergency services (Norman, Home 140), calling the emergency services (Ken, Home 113) and for helping those less mobile exit the Hall safely (Terry, Home 73). Our wardens are Stuart (Home 168), Carole (Home 46), Mary (Home 173), Ron (Home 41) and Norma (Home 67) and our Nurse Carol (Home 145). We also had a patient Sue (Home 138).



Pictured above: Gentle exercise classes are held every Tuesday at 10am in the Grand Hall. This is a fairly new activity so please come and check it out with these lovely ladies!



Pictured above: Lucas is often seen on Bin Day Wednesday (with Chris, from Home 10), waiting patiently for the truck to pass. This particular day he had lots of fun in the rain! That's Bruce (Home 124) driving and waving.

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Pictured right: Our Number 1 (at Home 1), Aggie, knits these beautiful throw blankets for Care for Kids.



Pictured above: On the first Tuesday of every month, we welcome a great entertainer into our resort. This was the day that Paul Ryan stopped by. The performers are organised by Chris (Home 10) who does a fabulous job.



Pictured above: Palm Lake Resort Waterford's choir visited us at Carindale in April. It was so nice to spend time with our fellow Palm Lake Resort friends.



Pictured above: We have just established a little community herb and veggie garden. This space is for all homeowners to enjoy - we encourage you to tend to the garden and use the herbs etc as they grow. We know this is just the very beginning of a concept that will literally grow and grow!



Pictured right: There was lots of green fun to be had during our St Patrick's Day trip to Caloundra.

Homes for sale.

Home 9 - \$475,000

- Beds 2
- Bath 1
- Living 1
- Outdoor living
- Garage 1



Home 134 - \$560,000



SOLD IN 36 HOURS WITH THREE OFFERS!

Home 103 - \$575,000



WANT TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT? FRECALL 1800 770 057 OR EMAIL CARINDALE@PALMLAKE.COM.AU - YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Resort workshop put to amazing charitable use.

IT HAS BEEN A BUSY 12 MONTHS FOR A DEDICATED GROUP OF PALM LAKE RESORT BALLINA RESIDENTS WHO HAVE BEEN HELPING THE ROTARY CLUB OF BALLINA-ON-RICHMOND WITH THEIR TEMPORARY HOUSING PROJECT FOR PEOPLE DISPLACED BY THE BIG 2022 FLOOD.

The waters may have subsided long ago, but many people still remain in very poor living conditions after the severe flooding of 2022. Thankfully though, a project from the local Rotary Club is providing warm, safe, secure and compact homes for people to live in while they are either waiting to have their original homes restored or until they find alternative accommodation.

Palm Lake Resort Ballina resident Col Lee is the coordinator of the Rotary Club of Ballina-on-Richmond's Flood Recovery group. He engaged members of the Ballina Satellite Club, based at Palm Lake Resort Ballina, to assemble kitchenettes in the resort workshop and help with the fit outs of the temporary homes across the Northern Rivers region. All up, 38 homes have been erected, housing more than 100 people across seven affected local government areas.

The satellite assembly team – led by resident Michael Sherlock, a former cabinetmaker – put together the kitchen packs, adding plumbing, sink and hardware to the cupboards. The well-equipped Palm Lake Resort workshop made the job much more efficient and less confined than it would be in a normal garage. Once completed, the kitchenettes are then installed into the temporary homes to

make them ready for occupancy. Under State Government legislation, each temporary home can be occupied for up to five years and must have running water, some form of electricity and a working toilet. A development application is not required, being a temporary dwelling.

Palm Lake Resort Ballina's Resort Manager, Rick Stewart, says it is wonderful to see our residents engaging in such a worthwhile community project.

"The fellowship and sense of commitment among the members has given everyone so much pleasure in our workshop," says Rick.

"Projects such as this give a genuine purpose to all involved in our Resort where we strive to have a close connection to major community projects."

The last of the six homes were erected in the Nimbin area, which many feel has been forgotten by government authorities. This area was very badly affected by landslides – landholders' properties and homes were swept into sunken valleys and roads were covered with up to 15 metres of rock, soil and trees. Their homes and contents have been totally destroyed, never to be seen again. This Palm Lake Resort-based project has been a life changer for those who have suffered severely from the total devastation of their properties and livelihood – finally, thanks to this dedicated, community-focused group, they can begin to move forward. Through their work and expertise, these volunteers have lifted the morale and self-esteem of many people who had all but given up hope. Well done, all!



Leona is driven.

GOSH, WE HAVE A VIBRANT COMMUNITY OF RESIDENTS ACROSS BOTH OUR PALM LAKE RESORT AND PALM LAKE CARE COMMUNITIES - AND OUR TEAM MEMBERS ARE PRETTY VIBRANT THEMSELVES!

Case in point: Leona from Palm Lake Care Mt Warren Park. When she's not heading up the Lifestyle Team, she's generously giving her time to others, including charity. Leona has just returned from the "Shitbox Rally" - an aptly named annual Cancer Council fundraiser that requires participants to drive a car valued at less than \$1500 across various states of Australia. The rally saw her and husband Scott drive a 1989 VN Commodore from Brisbane to the starting line in Adelaide, through the centre of Australia, and over to Perth. Although the rally finished in Perth, the pair managed to complete a return trip and got their 'shitbox' back home to Brisbane - some 12,000km in total! This was Leona's fifth time in the Shitbox Rally, which has raised \$45 million for the Cancer Council in its 14-year history (Leona and her fellow Autumn 2024 rally participants raised \$3 million alone this trip!). Incredible! Leona's residents at Palm Lake Care Mt Warren Park followed her progress throughout the trip online, via a tracker she had in her car. There was loads of excitement across the community as she and Scott made it to each checkpoint. Bravo Leona - what fun, and what a great cause!

Inter-resort good sports.

Palm Lake Resort Eagleby hosted a team from Palm Lake Resort Waterford who put up a good fight, with some great lawn bowls played. However, Eagleby proved to be too strong and ran out winners 91 to 55.

Our Palm Lake Resort Cooroy-Noosa bowlers also took on visitors from Palm Lake Resort Beachmere Sands in a recent inter-resort bowls comp. After the morning session, Cooroy-Noosa were only up one point and one game. After a bit of banter and encouragement over lunch, the Cooroy teams lifted and won six out of eight games and scored 99 to 58 points to comfortably win the day. Final results were: Games won 10.5 to 5.5 and Points won: 196 to 154

Finally, Palm Lake Resort Bethania lawn bowlers took on their counterparts at Waterford recently. Although the final score was 102 to 63, it was no indication of the game. Both teams won three rinks each however one Waterford team won 34 to 5 with a very rare score of 9 on one end. This doesn't happen often - it's a bit like a hole in one in golf. It was a great game that all enjoyed whether playing or spectating.

They're sew good.

The talented crafters at Palm Lake Resort Deception Bay held their 10th annual Quilt Show in recent weeks. A few of the handmade quilts went home with lucky raffle winners – the rest are to be donated to local charities. Special mention to quilter Coral Welham, who turned fabric that wasn't suitable for quilting into pouches for rescued wildlife. Our Deception Bay homeowners really are sew good.



Cindy trains pups to empower.

Palm Lake Resort Beachmere Bay homeowner Cindy is spending her free time in a brilliant way - training pups to become Assistance and Therapy Dogs. Cindy has opened up her Beachmere Bay home to support this fantastic cause and has an ever-changing variety of the most gorgeous pooches staying with her, via the "Empower Assistance Dogs" organisation. Well done, Cindy!

What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? We'd love to hear from you! **Simply email the details to belinda@bellepr.com**

We're all good sports.



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