

OCTOBER - NOVEMBER 2024



The Chatter



Cities of the World impresses

This year's Spring Affair production took song to the skies. Did you catch the impressive performances?

Big ideas for a compact backyard

You'll look at your Palm Lake Resort backyard differently with our ideas, inside

Refer a friend, earn a reward

Do you know someone who is looking to make the move here? Refer them, for fast cash!



Welcome.

Hello all - We have just marked 18 months at Palm Lake Resort Carindale. Most of our homeowners have been happy with the changes we have implemented in this time. We try and make any changes with kindness, and meet the majority of our homeowners' needs/suggestions. We always believe in having fun at work, too. We have started a competition in the weekly newsletter - a "Who Is It?" section where homeowners can guess which of their neighbours we are asking questions about. The answers can be put in the "Who is it?" box in the Grand Hall. We will look at continuing this, so any suggestions are always welcome.

We are very grateful to all our volunteers who help us a lot. From our bus drivers, to those who open and close the Hall, there are some who help with mowing and others who help with the coffee machine. Some keep the bowling green clear of leaves, or tend to the rose garden, or help in the kitchen - and more. This is what makes Palm Lake Resort Carindale a wonderfully close community. We are very privileged to have great (and fun!) staff who work hard and laugh whilst we are working - that's David, Mark and Dee. We recently had a party where we invited the whole community to get together and enjoy each other's company. Wayne and I funded this event, so that we could 'give back' to our homeowners who make us smile each and every day!

Don't forget all our contractors on the list on Page 9. These are valued contractors and some have been coming to our resort for many years. On the list is Neil, the snake catcher. On the topic of snakes, it is snake season and they are on the move. Please let us know of any snake sightings around the grounds, so we can alert other homeowners. Remember: Never approach a snake. There are snake bite kits in both the Rec Hall and the Grand Hall.

Wayne has been busy getting the barbecues and surrounding areas ready for the summer period. Please note that if you and your neighbours want to use any barbecues, just let us know and we can ensure there is enough gas available. Don't forget to clean the barbecues after use.

We have many new faces in the resort, so can I ask that we please ensure new homeowners are made to feel welcome and assisted if required. Make sure to invite your new neighbours to dinner as well We love seeing all our homeowners at dinner.

See you in the next Chatter!

Karen and Wayne,
Palm Lake Resort Carindale Caretakers

Contact us.

Looking for more information about Palm Lake Resort Carindale?
Here's how you can reach us:

FREECALL: 1800 770 057

STREET ADDRESS:
2 Ford Court,
Carindale QLD 4152

OFFICE HOURS:
9am to 12 noon,
Monday to Friday

EMAIL:
carindale@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@pall.lake.resort)



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News briefs.



Best wishes for special birthdays.

By Trish Benson (Home 185)

Pictured above, Pauline Porter celebrated her 90th birthday recently with a family reunion. She has been a homeowner at Palm Lake Resort Carindale for 18 years. Prior to her coming into our community, Pauline lived at Alexandra Hills but is originally from England and has lived in Libya, Borneo and Papua New Guinea. Pauline has two brothers; Jeffrey who lives in Brisbane and John lives in Melbourne. Her son, David, from Springbrook and daughter, Cathy, who travelled from her home in Port Moresby, hosted the four-day celebration at Springbrook where the main dinner was held at Koonjewarre Accommodation and Activities Centre. More than 60 guests celebrated together. Her nephew, Steve, even made the journey from Hong Kong.

Pauline is well liked in our community and is keen to remain here to enjoy the friendships that she has nurtured.



Pictured above left: Shirley (Home 169) also turned 90 recently, and lots of celebrations were to be had! The same month, another Shirley (Home 38) marked her 97th lap around the sun **(above right).**



Weekly activities.

MONDAY

9am Bus service: Westfield Carindale, with pick-up at 12 noon (booking sheet in Hall)
9am Snooker, Billiards, 8 Ball (Grand Hall)
10.30am Aqua aerobics (indoor pool, booking sheet in Hall)
1.30pm Darts (Recreation Room)
6.15pm Bingo (Recreation Room)

TUESDAY

8.30am Beginners' line dancing (Grand Hall)
10am Gentle Exercise class (Grand Hall)
10am Trauma teddies (2nd & 4th Tuesday, Craft Room)
3pm Gents' BYO Happy Hour (Recreation Room). All gents welcome
4-5pm Lawn bowls (on the green)
6.30pm Cards Hand & Foot Canasta (Recreation Room)

WEDNESDAY

7am Gym instruction with Aubrey (Gym), with your doctor/physio's approval
9am Snooker, Billiards, 8 Ball (Grand Hall)
9am-10am Line dancing (Grand Hall)
5.30pm Dinner (Grand Hall). Book your meal before noon on the Friday prior
6.30pm Movie night (Theatre). Movie announced at dinner

THURSDAY

9am Tai chi (Grand Hall, booking sheet in Hall)
10.30am Aqua aerobics (indoor pool, booking sheet in Hall)
1pm Bus service: Shopping at Capalaba, pick-up at 3.30pm (Grand Hall)
4pm Ladies' BYO Happy Hour (Recreation Room). All ladies welcome

FRIDAY

9am Bus service: Westfield Carindale (booking sheet in Hall)
1pm Cards - Rummikin, Scrabble, Mah-jong (Recreation Room)
4pm BYO Happy Hour (Recreation Room)

SATURDAY

9-10am Line dancing (Grand Hall)
9.30am Cards - Hand & Foot, Canasta (Recreation Room)
1pm Cards - 500 (Recreation Room)

SUNDAY

9am Mah-jong (Recreation Room)
4pm-5pm Choir (Grand Hall)



Social Club update.

New Committee begins

We welcomed a new Social Club Committee in August at the Annual General Meeting:

Chair: Carole Petherick (Home 46)

Vice Chair: Terry Lawson (Home 73)

Secretary: Judith Henson (Home 182)

Treasurer: Hazel Holman (Home 64)

Committee members: Norma Marl (Home 67), Jenny Liversidge (Home 168), Jennie Jones (Home 31), Ann Gartshore (Home 154), Carolyn Waters (Home 41), Michelle and Norman Wilson (Home 140).

The minutes, financial statement and chairperson's report of the AGM are on the boards in the Grand Hall and Recreation Hall. The committee meets on the first Monday of the month at 12noon in the Craft Room. If you have any suggestions, please contact one of the committee members prior to the meeting.

Rob, the talented musician

Rob Stevenson recently entertained us with a mixture of music that we could dance to. He has been playing piano since he was four and has played with a lot of bands and could play any song request off the top of his head without having to look it up. About 60 homeowners took advantage of a fun night. Rob will definitely be asked back next year. See photos on Page 7.

Blue Bus to Bli Bli

We went to Bli Bli with Blue Bus on August 30, meandering around some of the very pretty villages and roads of the Sunshine Coast, stopping at Golden Beach for morning tea. After the rain, everything was very green with lots of spring flowers in bloom in the gardens we passed along the way. The Bli Bli Hotel, where we had lunch, has been recently renovated and is very grand indeed.

Date claimers

November 5: Melbourne Cup

November 21: Belmont Chemist BBQ

December 7: Christmas Party

Judy Henson,
Social Club Secretary

Home Owners' Association notes.

The Homeowners Association is in the process of organising an Open Expo Day for companies/care providers to present their products to our homeowners in the Grand Hall. This will introduce our homeowners to a variety of choices when they are in need of things like home help, assistance with technology, purchasing mobility aids, health awareness, food and medical choices, safety in the home etc.

A date is yet to be confirmed and that will probably be decided at the next HOA meeting in October. A couple of us attended the Aged Care Expo in Brisbane in September, to obtain information for our Open Expo Day.

The Homeowners' Association would like to thank Trish Benson who very kindly stood in as Clerical Support for the committee whilst our current secretary was unavailable to attend three meetings due to holidays and pre planned commitments. Thank you, Trish.

With the arrival of a lot of new homeowners here at Palm Lake Resort Carindale recently, we would like to welcome them into our community and advise them that the Homeowners' Association is here to promote a healthy, safe and happy lifestyle for all homeowners. It's nice to see all the new faces at our weekly dinners in the Grand Hall on Wednesday nights.

We would like to commend two of our committee members, Chris Riordan and Norma Marl, for the extra work they do.

Chris organises an "Afternoon of Melodies" in the hall once a month with a selection of different entertainers allowing those homeowners who are less mobile to enjoy some social interaction.

Norma coordinates representatives from different organisations to give presentations to our homeowners on various issues. Thank you to both Norma and Chris for your valued work.

At the quarterly Open General Meeting on August 1, our Caretakers and homeowners discussed the installation of defibrillators for the Grand Hall and Recreation Room.

Treasurer Norman Wilson also praised homeowners at the Open General Meeting for their annual donations towards the administrative costs associated with the HOA.

Elaine McClure,
HOA Deputy Chair



WHAT A JOURNEY!



Cities of the world here at Carindale.

An audience of more than 120 homeowners, family and friends were transported around the world in song as the Local Vocals took them on an imaginary flight to 20 different countries, singing songs about 30 cities.

The theme was set up from the opening address with Choir Director Carol Ayres welcoming everyone and giving them a little back ground on the formation of the Choir. Then she noticed that the pianist was missing and called for late passenger Trish Benson to join the 20-strong voices waiting in Gate Lounge 2 Ford Court to board Qantas Hall Craft 2024 on its "round the world" flight. Trish appeared with luggage and donned a Mexican hat to create the mood for the show... travelling the world.

A comic alteration to the normal pre-flight demonstration by Trish included a request to the audience, now pretend passengers, to study the Programme when the audience were invited to join in the singing under the direction of the now Stewardess of Song – Carol who conducted the audience for "Tulips from Amsterdam" and "Meet Me in St. Louis"

The two-hour show was interrupted halfway through, while passengers refuelled with a scrumptious afternoon tea. This

was followed by drawing the lucky door prize and the raffle hamper donated by Steve Minnikin MP.

This year, the show incorporated technology into the mx using a overhead projection of pictorial views of the cities referred to in the songs. Lorraine McAlister assisted with this technical undertaking. Newcomer to our community, Helen Kimberley, performed her first solo "Streets of London" and Bev McEwen sang "Three Coins in the Fountain".

Other members who contributed little action items were Catherine Hannah, Iris Bodell, Carol Petherick and Trish Benson. Turkish dancing by Jan Mandrusiak and Russian dancing by Carol Ayres, Judy Hallett, Christine Gibson, Juleen Edgeworth and Robyn White gave the show a colourful and exciting flair. Our trio of grandchildren, Abbie Kwan, Sebastian Beveridge and Josie Tennent joined in the finale singing "It's a Small World" and "I Still Call Australia Home".

The end of the show was still in flight mode until our Stewardess of Song announced that passengers could now disembark through the front door at which point Trish picked up her luggage and left the flight until next year when a new theme will be waiting to be discovered.



Pictured left: Our homeowners took the opportunity to visit Toowoomba during the Carnival of Flowers - and the town didn't disappoint!



Pictured far left: John (Home 180) snapped joking around at Wednesday night dinner!

Pictured left: On the topic of dinners, Hazel is always found in the kitchen at functions, working hard to make sure everyone else has a good time. Thank you Hazel for all your hard work and fun times in the kitchen each Wednesday night for dinner.



Pictured left: Homeowner Alan (Home 144) is now locking up the Grand Hall at night and suggested he may need a security uniform to conduct this very official task. He asked – and we delivered (undercover, one night)... but we weren't expecting him to wear it to dinner! Love his spirit!



Pictured left: Pacific Golf Club helped one of our homeowners, Fran, celebrate her 60th year as a member of the club. The champagne was definitely flowing for that wonderful milestone.

Around the grounds.



Pictured right: Check out Cheryl (Home 24) trying out her new bike with pooch, Penny!

Pictured right: Join us for a BBQ! Bring your own meat to cook and something to drink. And don't forget some money for the raffles. These BBQs are held on the last Tuesday of the month, from 4pm, in the Rec Room.



Pictured right: It's always nice to see our homeowners using the bowls green for practice. Carol, Phil, Kathy, Deb and Lyn. Join them Tuesdays, 4pm.

Pictured far right: State of Origin finals night. Great night, pity about the score!



Pictured right: Our 'Black and White Night' event proved such a great theme!



Pictured above: Entertainer Rob Stevenson visited recently, organised by our Social Club. Rob allowed to enjoy a full night of dancing fun! Make sure you follow the Social Club minutes so you know when their next events are planned for.

THERE'S ALWAYS SO MUCH GOING ON AT OUR RESORT!



Big ideas for a compact yard.

Downsizing your family home doesn't mean giving up on a backyard that is the envy of your visitors. You've just got to think a little more creatively. There are so many ways to easily take a compact backyard to the next level.

MAKE THE 'GREAT' OUTDOORS YOURS

Go green

It's the obvious thing but a lush, green garden is ever so welcoming. Speak to your local nurseryman about what types of plants suit your home's position (closely observe how the sun falls on your various garden beds before you head to the nursery) and also take into account how green your thumb actually is. Choose hardy plants if you're a plant newbie to avoid disappointment! A simple irrigation system is worth the expense when setting up your garden – many can be controlled via an app on your smartphone when you're away on holidays.

Game on

You don't need a huge backyard to have a huge amount of backyard fun – in fact, there's a whole range of yard-friendly games on the market that won't break the bank. Classic Bocce can't be beaten. Lawn bowls lovers will enjoy Bocce as the objective is similar: get your team's balls closer to the pallino (the first ball put into play) than the other team's. Alternatively, you may want to invest in a Finska set. This game involves throwing a wooden block at a cluster of 12 wooden cylinders, which are marked with the numbers one to 12. You can even seek out jumbo backyard versions of those classic indoor family games like Jenga, chess and Yahtzee.

Grow your own

A small vegetable patch can reap big rewards, especially when it comes to the pride felt when eating your own homegrown produce. Even the smallest of garden beds can be utilised for a veggie patch or you could group together a few larger decorator pots filled with premium potting mix. Lettuce is an easy veg to grow that is also quick to reach harvest. There are also now dwarf tomato varieties that grow to roughly 50cm, which is prefect for a small veggie patch. Shallots, French beans and spinach are compact growers. Beetroot and onions don't take up too much space and are fun for the kids to dig up when mature. Preparing your ground

is key – use rich composted soil. Water and fertilise regularly for fast results. This is one project that's perfect to share with the grandies and maybe you can work with your neighbours to ensure a wide variety of produce is grown which can then be shared around.

Wriggling wonders

If you've committed to a veggie patch, another cool addition to a small backyard is a worm farm. For around \$150, you can set yourself up with a neat and compact worm farm and all the things you'll need to support your new little wriggly pets. Worms will compost your kitchen scraps while also producing worm 'tea' fertiliser and the richest compost/soil for your plants. When a worm farm is working efficiently, there's no smell. It's another one of those backyard beauties that the grandkids will LOVE! And, trust us, your neighbours will want some of your magic worm tea for their gardens too – bottle it up and share it around!

Garden art

Another way to bring 'wow factor' to your backyard is via garden art. There are endless options! Consider decorative screens/panels (widely available at hardware stores) which look great installed against a plain fence, or even statues and sculptural figures subtly installed among the greenery for a surprise 'pop' of interest. Water features provide the soothing sound of gentle running water while you can also paint a feature wall – they aren't just for inside!

Take a seat

A commonly overlooked element of backyards is seating. Create places to stop and take in the vista you've created. The more unexpected, the better. Maybe you can install a bench near your veggie patch that doubles as storage for a few small garden tools? Or position a couple of chairs and a small table to overlook the water feature? Sitting among the plants in your backyard, with the sun on your back, is proven to be amazing therapy.

Home for sale.

Home 167 - Price on application


Beds
3


Bath
1


Living
1


Outdoor
living


Garage
1+



Warm, welcoming community

If you're looking for a lovely home in an equally as lovely over-50s lifestyle community resort, look no further than Home 167 at Palm Lake Resort Carindale. With some great community facilities also at your doorstep, your private inspection is a must. Freecall 1800 770 057 for more details about this home.

Important phone numbers.

POLICE/FIRE/AMBULANCE 000

Police Link (non urgent incidents 24/7) 131 444

State Emergency Service 132 500

Mater Hospital (24 hour emergency) 3163 8111

PA Hospital (24 hour emergency) 3176 2111

QEII Hospital (24 hour emergency) 3182 6111

Veterans Affairs 1800 838 372

Home Assist 3343 9833

Bus, Ferries and Trains Information 13 12 30

Affordable Computer Repairs (Mark) 0409 974 707

Amended Air Conditioning (Joshua) 0417 491 811

Alex Sharp Appliances (Repairs) 3822 7406

Bev's Mobile Hairdressing 0411 353 446

Carpet cleaning Sun Clean (Frank) 0421 334 797

Chemist: Belmont Pharmacy 3890 3988

Chemist: Meadowlands Road 3398 6709

Clean & Tidy (Colin) 0402 074 947

Comms Co (internal phone/internet) 5607 4030

Digital Antenna Installations and Service 0416 322 600

Dog washer 0401 102 181

Dog walker 0439 294 580

Total Electrical (Tony) 0412 308 131

Electrician (Glen) 0412 678 357

Live Energy (Tim) 0427 557 288 (small weekend jobs)

L&GM Electrical (smoke alarms) 0403 667 759

Fencing (Dan Norman) 0412 885 223

Floors: Top Fit Floors (timber/laminate/floating) 0412 814 868

Garage doors (Gavin) G and G doors 0411 723 664

Hairdresser (Kaye) 0432 429 485

Handyman/gardening (Steve) 0402 128 737

Hire a Hubby (Mark) 0404 263 173

Insurance: MHIA 1800 676 700

Locksmith (David) 0428 947 997

Newspaper delivery (The Courier-Mail) 1300 696 397

Painter (Stephen) 0414 608 512

Painter (Geoff) 0407 944 428

Paper Delivery 3390 4969

Pest Control (Ben) 0422 978 582

Plumber (Andrew) 0434 018 008

Podiatrist (Jason) 0475 276 740

Pressure cleaning (David) 0409 483 645

Financial Planning (Sharon) 0415 094 256

Shutter installation (Cameron) 0491 642 368

Smoke alarms (Myles) 0431 963 199

Snake Catcher (Neil) 0437 830 393

Taxi: Black & White 13 32 22

Taxi: Yellow 13 19 24

TransitCare Community Flyer 1300 153 636

Wayne's Lawn Mowing Service 0401 136 533

Westy's Pressure Washing 0435 030 305

Window cleaning (Cameron) 0412 574 257

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Of course, Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

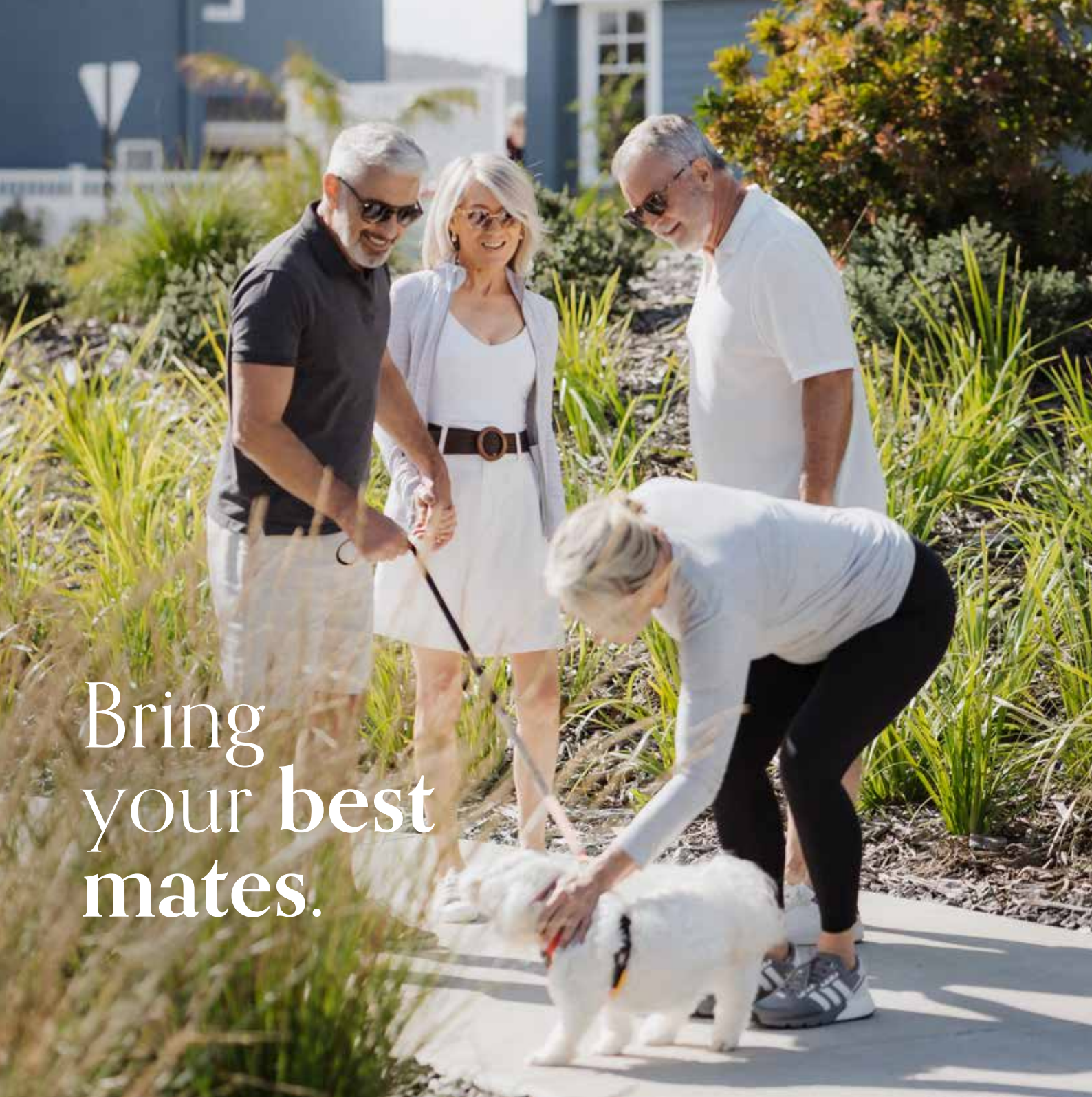
These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



FREECALL 1800 770 057 | carindale@palllake.com.au
2 Ford Court, Carindale QLD 4152

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