

JANUARY - FEBRUARY 2024



The Essence



Meet your neighbours

Do you know your neighbour? Our special series continues inside...

Bowlers get festive

The festive season has been quite literally that: festive! Check out our bowlers' Christmas party memories and other social events

Is your dream home here?

Check out our latest listings and refer a friend to score our cash incentive

Pictured: We love seeing all our homeowners' visiting friends family members - big and small - enjoying our facilities. And our tenpin bowling alley is such a magnet for fun!

Welcome.

And, here we are. 2024 has arrived, bringing with it endless possibilities and a clean slate! We trust you all enjoyed some great family time, amazing food and a little wine over the recent festive season? As we begin a new year, some of us reflect on the past, some the present, whilst others like to focus on the future. Each new year offers a chance to make new resolutions and seek out new opportunities. Let's start this year with plenty of energy, enthusiasm and determination!

If you have recently moved into Palm Lake Resort Cooroy-Noosa, you're in for a real treat. Apart from the wonderful sense of community, you will most definitely find your 'happy place' here and your social life will take on a whole new level. There are many activities to be involved in and the opportunity to be a part of an amazing group of volunteers - there's certainly no excuse to feel lonely here.

We are looking forward to a fantastic year ahead.

**Kirstine and Jon Jones, Caretakers
Palm Lake Resort Cooroy-Noosa**

PS. The Summer 2023-24 edition of our company magazine, Your Time, is circulating the country. Have you seen a copy yet? In it, we keep you up to date on all things Palm Lake Group including progress on our newest communities at Yamba Cove, Pelican Waters, Paynesville and more. Did you also hear that we won two statewide construction industry awards? We're proud of the communities we build and manage - and with 10,000 people calling a Palm Lake address home, there's a lot of news from around the grounds. If you are yet to see a hard copy, you can also read our company magazine online at palmakeresort.com.au



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Contact us.

If you have any questions about Palm Lake Resort Cooroy-Noosa or if you are interested in touring our resort grounds and world-class facilities, simply contact us!

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News in brief.



The spirit of Christmas was alive and well

Our homeowners once again were treated to a delicious Christmas meal service week with all the trimmings! The Pavilion Country Club was transformed into an extraordinary festive feast for the eyes with Christmas trees, lights, baubles and everything "Christmassy"! With another year over, and a new one just begun, we look forward to more reasons to celebrate together as a community.



Teamwork makes the dream work

We are extremely blessed to have such a hardworking team of staff here at Palm Lake Resort Cooroy-Noosa. We would like to start by acknowledging Colleen, Davina and Jenny (pictured above) for their outstanding work ethic and attention to detail. From cleaning staff to kitchen staff, I'm sure you'll agree, these three ladies are superstars! You three are second to none and we sincerely appreciate all you do. Thank you from all of us!

Weekly activities.

MONDAY

7am Walking group (meet outside Pavilion)
8am Mat yoga
8.30am Uniforms 4 Kids sewing group meet
9.15am Chair yoga
10am Crochet, knitting (Library)
1pm Band practice
1.30pm Lawn bowls
3pm Ladies Pool Room fun
3.30pm Bar opens
6pm Pickleball
7pm Movie

TUESDAY

8am Social tennis
8.30am Uniforms 4 Kids sewing group meet
9am and 10am Aqua aerobics (indoor pool)
1pm Indoor bowls (Pavilion), Art & Craft Club (Craft Room), Mah-jong (Library)
3pm Badminton
4.30pm Bar opens
6pm Homeowners' dinner
6.45pm Table tennis
7pm Cards (Pavilion)

WEDNESDAY

8am Table tennis (Pavilion)
8.30am Bus shopping trip
1pm Art class (Craft Room), Mah-jong (Library), Board games (Pavilion)
1.30pm Casual bowls
2pm Line Dancing
6pm Pickleball
6.30pm Lawn bowls

THURSDAY

8am Mat yoga
9.15am Chair yoga
10.25am Group exercise class with Lee
11.30am-2.30pm PT at Milon (bookings reqd)
1pm Mah-jong (Library)
1.30pm Line dancing
2.45pm Choir
4.30pm Bar opens
6pm Homeowners' dinner
7pm Cards

FRIDAY

7am Walking group (Pavilion)
8am Social tennis
8am and 9am Aqua aerobics (Indoor Pool)
10.30am Qigong class
4.30pm Casual bowls, food follows (1st Friday)
4.30pm Happy Hour (Pavilion)

SATURDAY

9am Lawn bowls
10am Old time dancing
1pm Board games (Pavilion)
1.30pm Lawn bowls
4pm Men's group (first Saturday)
6pm Bar opens for bingo (third Saturday)
7pm Bingo

SUNDAY

11am Social bowls
1pm Board games
2pm Social tennis

Meet your neighbours...

THIS IS OUR REGULAR SERIES ON THE PEOPLE WHO MAKE UP THE RICH FABRIC OF THIS WONDERFUL COMMUNITY WE ALL CALL HOME...



JOE AND JENNIE SPRUYT (HOME 97)

Joe came to Australia in 1954 from the Netherlands with his parents and brother. They settled in Adelaide. Jennie was born and grew up in Adelaide. The pair met in the mid 1970s, were married and have three beautiful children. Joe loves the ocean and spent many years working as an abalone diver and commercial diver. This aspect of his career involved many various types of underwater construction and repair work. Joe also did an apprenticeship in plumbing and worked as a plumber but he preferred his time in the marine industry. Jennie worked in many different areas of hospitality. In 2015, our daughter and her family moved to Ridgewood, QLD, to be followed a few years later by her brothers. One now lives in Pomona and the other has moved to Cairns. We have spent much time in and around Cooroy since 2015. We fell in love with this little town and watched Palm Lake Resort being constructed from its beginning. We decided in mid-2020 to sell our Adelaide properties and make the long awaited move to Cooroy to be close to our family. We love our home here and have made some lovely friends.

KATHY AND TONY KERSHAW (HOME 45)

Tony was born in Yorkshire, UK, in 1950. When Tony was 10 years of age, along with his parents and five brothers and sisters, the family came to live in Australia seeking hopefully better opportunities for all. Tony joined the Royal Australian Airforce at age 16 as an apprentice. He spent 20 years in the airforce then 23 years with QANTAS as a flight engineer before being made redundant at age 59. Tony has been retired since then. Tony and Kathy met in 1978 and married later that same year. We were lucky enough to travel to lots of amazing destinations around the world while Tony was working for QANTAS. We have been married for 45 years. Kathy was born in Richmond, NSW, in 1952 and lived in the beautiful Hawkesbury until we decided, after visiting Noosa on holidays on many occasions, that maybe it was time for a change. At 60 years of age, that was a very big decision for me! We bought a property in Pomona and stayed there until we made another decision to buy into Palm Lake Resort Cooroy-Noosa and have now lived here for five years.



KATHY AND ROY GRAHAM-MEASOR (HOME 46)

Roy grew up in the rural town of Launching Place, 100km east of Melbourne. Eight days prior to his 16th birthday, Roy joined the Royal Australian Navy and served 20 years. After Navy life, Roy continued in the marine industry; from Harbour Master at Port Welshpool, VIC, to managing Mermaid Marine in Dampier, to a Marine Onboard Safety Trainer on oil and gas supply ships across Australia, NZ and South East Asia, before retirement in 2016. Roy was also a keen offshore yachtsman for 50 years and woodwork has always been his passion. He has been a member of the Cooroy Camphor Laurel for nine years. You will see Roy in the resort workshop often. Kathy was born in Mudgee, NSW. Following in her sister's footsteps she graduated nursing at Sutherland Hospital, Caringbah. Kathy and Roy first met in November 1978 and were married in May 1984. After Roy's discharge from the Navy, they eventually moved to South Gippsland where they had two children. Kathy's nursing continued at Leongatha and Foster Hospitals. With Roy liking a challenge, they moved to the Pilbara, WA, for work. It was a wonderful life there for 10 years with great nursing experience working in a remote area at Nickol Bay Hospital, Karratha. They moved back to Tewantin where Kathy worked for 19 years at Noosa Hospital before retiring with 50 years' service under her belt. Newcomers to Palm Lake Resort, they look forward to a wonderful life here which they say they know it will be given all the wonderful people they have met so far.

RUTH FRIEND (HOME 47)

My husband, John, and I were born in Wales. We met at a village dance, but I eyed him off for months as we both worked at Alcan Aluminium. We were married in 1950 and in 1955 we came to Australia for a two-year working holiday - and never went home! We worked for Alcan in NSW then transferred to VIC and QLD as new plants opened. We loved our adopted country and so did our girls. We enjoyed exploring, gem hunting and prospecting. John passed away in 2010 just 10 days shy of our 60th wedding anniversary. My sister, Edith, prior to her passing in January, was a homeowner at Palm Lake Resort Deception Bay and when I heard a Palm Lake Resort had opened in Cooroy, close to my daughter, I just had to drive up and investigate. The undercover lawn bowls, carpet bowls, tenpin, snooker and gym were still under construction. I was bowled over with excitement and loved the homes so much, I wanted to put down a deposit there and then! I finally moved up in December 2017 and have loved every minute of my time here. This last year hasn't been so good healthwise for me, but there's always somebody kind enough to help - and I thank you all! Maybe I'll get back to snooker and bowls, but in the meantime, I'll continue to enjoy jigsaws in the Library! We have a wonderful caring community here. It's a lovely place to call home.



STUART AND SUE CAMPBELL (HOME 41)

Sue was born in Goulburn and Stuart in Sydney and both attended school in Sydney. Stuart gained a cadetship with CSR in 1969 and commenced a degree in applied chemistry, which he disliked, so he left uni and worked his passage on a cargo/passenger ship to the UK as an adventurous 20 year old. Sue was an international travel consultant at that time. Stuart ended up in Norway and landed a job on the Ocean Viking offshore oil rig in the North Sea before heading off to Houston for the first of two 'mud engineering' courses and working in Louisiana, the Gulf of Mexico and in Nigeria on rigs as a drilling fluid engineer. In 1973, we met each other in Sydney and after three months got married (and no, Sue was not pregnant!). Stuart was then posted to Perth working on the NW Shelf before surviving a DC3 plane crash at Broome. This saw us moving back to Sydney. Sue continued her travel role and Stuart joined IBM in 1974 as a trainee computer engineer. Our two children came along in 1977 and 1979 and we enjoyed their early years in a home at Frenchs Forest. We moved to Adelaide in 1988 and bought a 100-acre property to enjoy country life and breed poll herefords while we worked in town. Stuart moved into sales, then finance at IBM, and Sue joined Workcover as a claims manager. Stuart left IBM in SA after 25 years and we headed to Noosa in 2000 to join family here. We bought a small nine-acre property. Sue worked in several local medical practices and Stuart became an accredited financial adviser for the next 12 years, finally retiring in 2013. Stuart has been president at Cooroy Camphor Laurel for the past decade pursuing his passion for woodwork. Our move into Palm Lake Resort six months ago has been fantastic, meeting many new friends as a result.

KAY AND WAYNE JONES (HOME 39)

Wayne grew up in Canada. He earned a Bachelor of Education and was so mystified by the study of Arctic weather conditions, in 1968, he applied for and received a teaching position in the North West Territories (NWT) up near the Arctic Ocean. Kay is from Canberra. She earned a Physical Education degree in 1962, then in 1969 started a world teaching tour in NWT, Canada. During the start of school in 1969, Wayne met the new female P.E. teacher who had just arrived in Canada. The pair romanced and got married after three months of courtship! There were some quick moves - to Australia for two years, then to Scotland for one year, then off to the Yukon for four years, before a loud call from Australia recurred. After four years in Oz the wonderful life in Yukon called again, so off we went, living in several rural communities. All up, we spent 17 years there before retirement hit in 2001. Then that cheeky place Oz called again and Canadian retirement life was changed to Tewantin - a beaut place to live. There was another quick move back to Canada, this time to Alberta, Rocky Mountain country, because our daughter and two grandchildren lived there. But one horrible thing happened there; we realised that the long winter stretches of -40 degree temps were not liveable anymore and the other end of the thermometer was more pleasant. Plus, when we let our best Australian friends, Brian and Ann Stephen, know we were thinking of moving back they started to send video clips and pamphlets of the new resort they had moved to - Palm Lake Resort Cooroy-Noosa. It was on their encouragement that we put a deposit down on Home 39 while we were still in Canada. We love it here and all the new friends we've met add so much to life here!





***Pictured back row, from left:** Suzanne Fisher, Sandra Williamson, Janet Bates, Sam Eldridge, Lorraine Wearne. **In front, from left:** Lorraine Brunner, Jenny Hancock, Robyn Nicoll. **Absent from the photo** were Charmaine Hird, Carole Holmquist, Margaret Willis.*

Books bring us together.

IN RETIREMENT, ALTHOUGH LIFE CAN GET QUITE BUSY AT OUR RESORT, WE NOW HAVE MORE LEISURE TIME TO IMMERSE OURSELVES IN A GOOD BOOK. DID YOU KNOW THAT READING CAN IMPROVE MEMORY AND FOCUS AND HELP YOU RELAX AND REDUCE STRESS?

BY JANET BATES (HOME 32)

Over the last seven years, the Palm Lake Resort Cooroy-Noosa Library's collection of books has been rapidly increasing, thanks to the generous donation of books by our homeowners, and the purchase of others and equipment through the funds of our resort's committees.

Homeowners are able to explore the works of many different authors. We have a large variety of fiction, non-fiction and large print books, a quick pick ledge, audio books and magazines. We also have two computers and now a printer (which also photocopies), a shredder and a laminator.

If we have doubles of books or ones that need culling, they are donated to either the Pomona Lions Bookshop or to Santa's Classy Helpers, a charity set up to raise money for needy families at Christmas time. We also have a large collection of jigsaws and games which may be borrowed. There is always a jigsaw under construction (thanks to Harry's time and patience) but anyone is welcome to contribute.

Thanks to "The Residents To The Rescue" group, and in particular, Chris Rigden, we also have three folders of comprehensive information on Aged Care Services and Support as we grow older gracefully. They are well indexed and only for perusal, but information may be accessed on one of our computers for the printing of relevant information. A USB of the three folders is also able to be borrowed.

Our Library is also a meeting place for the knitting and crocheting ladies, the mahjong players and such groups as the Home Owners Committee and the Social Committee.

On a daily basis, the returned books are organised, cleaned and shelved by our large group of dedicated volunteers who do a wonderful job and need to be congratulated.

We are very proud of our wonderful Library. It is a great asset to our resort and is well frequented by many homeowners. If you are new to our resort and yet to discover the Library, please make sure to drop in next time you are walking past.

Charitable sewers earn wonderful rewards.

PALM LAKE RESORT COOROY-NOOSA'S UNIFORMS 4 KIDS SEWERS ARE BEYOND HAPPY WITH A SET OF BRAND NEW SEWING MACHINES PAID FOR BY BENDIGO BANK, VIA THE LOCAL HERO AWARDS.

Between the three Uniforms 4 Kids groups here at Cooroy, these sewers have made a combined almost 30,000 items of clothing for children in need. As you will know, these dedicated charitable sewers produce their donated kids' clothing items from old uniforms provided by the Police, Border Force, Flying Doctors, Furies, Ambos, Australia Zoo and more. The unused uniforms would have gone to landfill but instead, landfill is saved and underprivileged children will be clothed and happier. Our U4K ladies have made lasting friendships and have a new purpose in life through their volunteer work with this charity. Not to mention the enormous effect the organisation has in bringing the emergency services and communities closer together in all the areas that a U4K group operates. Well done to our local ladies and thank you to Bendigo Bank.



***Pictured above:** Our U4K ladies have earned the resort a bevy of brand new Janome sewing machines to enable their good work to continue well into the future.*



OUR JEANETTE IS ANOTHER PROUD LOCAL HERO AWARD WINNER.

Palm Lake Resort Cooroy-Noosa homeowner and retired nurse Jeanette Reichman was also singled out for a Local Hero Award recently, for her tireless efforts with the U4K charity.

According to U4K, Jeanette laughs and sings and makes everyone around her happy, despite suffering from her own back problems. She oversees, unpicks, irons, cuts out, sews on buttons and embellishments and is also a quality controller, spending approximately 11 hours every week with her fellow U4K sewers. Jeanette sorts and stores all their sewing equipment and knows exactly where every coloured button, ribbon and lace is located.

U4K in Cooroy makes more than 100 items of clothing for children in need every week. And people like Jeanette make this a better world for the children they sew for - and everyone around her.

"I'm most proud when walking out the door and seeing these beautiful things we've made, and seeing the photos of the children wearing the clothes," Jeanette says. "My children are very proud of me doing it as well. It's absolutely worth your time, don't sit at home and be lonely. Come join us!"

***Pictured left:** Local Hero Award winner Jeanette Reichman is pictured with pioneer and founder of Uniforms 4 Kids, Yvonne Pattinson OAM.*



Resort vs resort.

THE ANNUAL PALM LAKE INTER-RESORT GOLF DAY WAS HELD AT PELICAN WATERS GOLF COURSE IN NOVEMBER.

The event attracted players from seven different Palm Lake Resorts including Toowoomba, Beachmere Sands, Beachmere Bay, Pelican Waters, Caloundra Cay, Hervey Bay and our team. More than 130 players in total competed in teams of four (with a few teams of three). Cooroy-Noosa was represented by 17 players competing in five teams.

The good news for Palm Lake Resort Cooroy-Noosa was that one of our teams – Brian Stephen, Wayne Jones, John Wuersching and Graeme Sommerville (pictured above) – finished as runners-up. Each received a nice trophy as well as a Palm Lake Resort cap and socks, with a retail value of about \$50. For those keeping score, the winning team on the day was from Caloundra Cay - their resort retained the trophy they also won the previous time we all met at Woodford Golf Club.

The game was an ambrose format. Each player hit their shot and then the group's best shot was picked and all members played their next shot from there. Our team put in a great team effort. On every one of the 18 holes, at least one of us was able to get in a good shot. Great all-round effort with all four players contributing.

Everyone had a fantastic time. The Palm Lake Inter-Resort Golf Day will continue to be played each year at the newly re-opened Pelican Waters course and is heavily subsidised and supported by Palm Lake Group. It is a really fun day on a very high quality, and challenging, Greg Norman-designed golf course.

Pelican Waters Golf Club's Head of Golf, Dale Williamson, described the event as "very satisfying".

"It is the biggest field we have had since the re-opening of the course and everything ran really smoothly," he says. "To have Palm Lake Resort represented by so many homeowners, was encouraging. With an impressive seven resorts competing, hopefully we can have even more of our resorts involved next year!"



RECORD
NIGHT AT
THE BAR!

Our bowlers get festive.

ON FRIDAY, DECEMBER 1, OUR BOWLS CLUB CHRISTMAS PARTY AND PRESENTATION NIGHT WAS HELD AND WOW - WHAT A GREAT NIGHT IT WAS!

BY LEON PARKER (HOME 18)

Many attendees enjoyed a casual game of bowls before the meal. The Christmas dress code made it hard to make it too serious of a game, so it was all good fun.

The meal – WOW – there were treats on the table and generous serves of chicken, potato bake, coleslaw and tossed salad for the main meal followed by an assortment of deserts. The spread left guests 'gob-smacked'. Maureen, John and Di, and their band of volunteer helpers cannot be thanked enough!

Records were set at the Bar with Gail and Graham working flat out. Additional glasses and drinks had to be brought in to satisfy the demand. Well done!



Winners of the Club Championships were acknowledged and presented with certificates. These included:

Mixed Fours: Robyn Freriechs, Rick Bielecki, Tony Toscano and Tom McArdle

Mixed Triples: Brian Scott, Lynne Toscano and Tom McArdle

Ladies' Triples: Cheryl Ferrier, Valma Saunders and Vicki Checkley

Men's Triples: Ron Foxon, Gary Parr and Tom McArdle

Mixed Pairs: Yvonne Pattinson and Russell Butler

Ladies' Pairs: Yvonne Pattinson and Jill Watts

Men's Pairs: Russell Butler and Tom McArdle

Ladies' Singles: Yvonne Pattinson

Men's Singles: Russell Butler

Men's Singles (B Grade): Peter Lake

These names will now be added to the Honours Board.

Committee awards were also presented, including:

Most Improved Female Bowler: Robyn Freriechs

Most Improved Male Bowler: Brian Bamford

Encouragement Award (female): Joan Jacka

Encouragement Award (male): Tony Mardell

Perserverance Award (female): Melva Parr

Perserverance Award (male): Alan Ward

Most Games Played (female): Lynne Toscano

Most Games Played (male): Brian Dodd

Raffle winners were happy to take away a meat tray, two breakfast trays, four leg hams and wines. The table Christmas quiz and other novelty prizes all added to the fun night.

This night was truly festive – a Christmas party without the rellies and kids! Thanks to everyone for your support.

Homes for sale.

FOR MORE INFO, CONTACT PALM LAKE RESORT SALES CONSULTANT JULIE-ANN
ON 1800 55 66 77 OR EMAIL HER AT JULIEANNH@PALMLAKE.COM.AU



Home 52: \$899,000

- Beds 2
- Bath 2
- Living 1
- Activity 1
- Outdoor living
- Garage 2



This two bedroom, two bathroom home combines Palm Lake Resort's renowned and award-winning construction with modern styling. Step inside this welcoming home and you'll be greeted by the light-filled, open-plan layout. There are two generous bedrooms included and the master offers a walk-in robe as well as an adjoining ensuite. There are double vanities in the ensuite making it quite the spacious retreat. The large east-facing alfresco area expands the living space and blinds make the space even more comfortable in all weather conditions. Additional storage is a bonus and ducted air conditioned throughout this home completes the very stylish picture. We invite you to take a private tour of this home and our resort - you will not be disappointed.

Home 116: \$895,000

- Beds 3
- Bath 2
- Living 1
- Outdoor living
- Garage 2



SOLD!

Situated in a quiet side street with only nine other homes, this lovely Alexandra is now available for purchase. The floor plan is generous in size and features three bedrooms, two bathrooms and will accommodate two cars. The main bedroom has a walk-in robe and large ensuite (all at the rear of the home), while the remaining bedrooms are located towards the front of the home. A large functional kitchen is fitted with SMEG appliances and adjoins the spacious dining and lounge areas. Additional features include an extended roof over the laundry door, built-in ironing stations and additional storage in the garage as well as the door being insulated for extra comfort. There are pull-down blinds to the alfresco area and access for your furry friends.



Home 130: \$865,000

- Beds 2
- Bath 2
- Living 1
- Activity 1
- Outdoor living
- Garage 2



UNDER CONTRACT

If you're looking for ease, this fully furnished 'Surfside' home is ready for you! With a truly functional floorplan and boasting an abundance of natural northern light throughout, the features of Home 130 include two bedrooms, an activity room, an open plan living/dining combination and an adjoining, well-appointed kitchen. There's also a skylight fitted to further enhance the 'light and bright' feel of this home. The north-facing alfresco is very impressive and has been fitted with blinds and artificial grass which makes it look so clean and fresh. The double garage with internal access, ducted air conditioning, solar panels and low maintenance gardens are just a few extra features. And, as mentioned, the added bonus to this home is that it comes FULLY FURNISHED. Easy!



Home 46: \$890,000



SOLD!



Home 128: \$880,000



SOLD!



retirement REIMAGINED



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