

The Essence



Impressive fundraiser efforts

Our November Cent Auction raised much needed funds for Uniforms 4 Kids

Melbourne Cup Day fun

Inside, catch up on our Cup Day celebrations, from competitions to costumes

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash



Welcome.

Happy New Year! Every year it comes, so dependably and right on cue, bringing with it the same opportunity for every one of us. No matter what's going on, we all have the ability to use New Year as a giant "refresh" button! It offers a completely new, sparkly clean slate to write on any way we choose, and it has the unique ability to mean something different to so many people, regardless of who we are, or how we celebrate the milestone.

Can you believe another year is behind us? Odds are, you accomplished and endured a lot more than you realise. Now that 2025 has come to an end, the excitement of a brand-new year is in the air – by the time this issue reaches you, the New Year celebrations will be over.

As homeowners of Palm Lake Resort Cooroy-Noosa, you can look forward to another 365 days of fun! The many activities we have on offer and the countless social events throughout the year will keep you entertained and on your toes.

A warm welcome to our newer homeowners, we know you'll love living here and the best part is, you are now a part of this fabulous and friendly community.

Cheers to new opportunities and a great year ahead. We look forward to another productive 12 months!

Until next time,

Kirstine and Jon Jones
Palm Lake Resort Cooroy-Noosa Caretakers

Contact us.

If you have any questions about Palm Lake Resort Cooroy-Noosa or if you are interested in touring our resort grounds and world-class facilities, simply contact us!

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Instagram (@pall.lake.resort)



News in brief.



Happy birthday, Gwen!

We recently celebrated the 90th birthday of Gwen Cheetham (Home 99), one of our beloved homeowners here at Palm Lake Resort Cooroy-Noosa. There were many residents, family and friends in attendance for the celebration, which featured a lovely afternoon tea.



Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Tenpinners turn out!

Congratulations to our resident tenpin bowlers (gathered here for their end-of-year celebrations) on a fun-filled 2025.

Weekly activities.

MONDAY

8am Mat yoga
8.30am Uniforms 4 Kids sewing group
9.15am Chair yoga
10am Crochet, knitting (Library)
1pm Band practice
1.20pm Lawn bowls
3pm Ladies Pool Room fun
3.30pm Bar opens
5pm Pickleball

TUESDAY

7am Walking group (meet outside Pavilion)
7.30am Social tennis
8.30am Uniforms 4 Kids sewing group meet
9am Lawn bowls coaching, Aqua aerobics (indoor pool)
10am Aqua aerobics (indoor pool)
1pm Art class (Craft Room), Indoor bowls (Pavilion), Art & Craft Club (Craft Room), Mah-jong (Library)
1.20pm-3pm Lawn Bowls
2.30pm Guided meditation (fortnightly)

3pm Badminton
4.30pm Bar opens
6pm Homeowners' dinner
6.45pm Table tennis
7pm Cards (Pavilion)

WEDNESDAY

8am Table tennis (Pavilion)
8am-10am Croquet (tennis courts)
8.30am Bus shopping trip
9am Social table tennis
1pm Mah-jong (Library), Board games (Pavilion)
1.20pm Lawn bowls
1.30-3pm Line dancing
3.30pm-4pm Dance fitness
5pm Pickleball
6.30pm Lawn bowls

THURSDAY

7am Croquet
8am Mat yoga
9.15am Chair yoga
10.25am-2.30pm PT at Milon (bookings required)
12.30-3.30pm Lawn bowls (alternate wks)
1pm Mah-jong (Library)
2.45pm Choir
4.30pm Bar opens

6pm Homeowners' dinner
7pm Cards
FRIDAY
7am Walking group (Pavilion)
7.30am Social tennis
8am, 9am Aqua aerobics (Indoor Pool)
10.30am Qigong class
4.30pm Casual bowls, food follows (1st Friday)
4.30pm Happy Hour (Pavilion)
SATURDAY
8am-10am Social tennis and Croquet (tennis courts)
10am Old time dancing
1pm Board games (Pavilion)
1.20pm Lawn bowls
3.30pm-4pm Dance fitness
4pm Men's group (first Saturday)
6pm Bar opens for bingo (third Saturday)
7pm Bingo

SUNDAY
7.30am Social tennis
9am-12pm Social lawn bowls
1pm Board games
3pm Croquet (tennis courts)
7pm Movie night (first Sunday/month)

THIS IS THE
YEAR TO TRY
SOMETHING
NEW!



Off to the races.

CATCH UP ON ALL THE FUN WE HAD ON THE FIRST TUESDAY IN NOVEMBER, CELEBRATING 'THE RACE THAT STOPS THE NATION' – THE MELBOURNE CUP.



Cent Auction raises over \$3,100 for U4K

A HUGE THANK YOU GOES OUT TO EVERYONE WHO HELPED MAKE OUR NOVEMBER CENT AUCTION IN SUPPORT OF UNIFORMS 4 KIDS (U4K) SUCH A WONDERFUL SUCCESS.

From those who helped organise the day, to everyone who attended, supported the event and generously donated goods – it was truly a team effort.

As organiser and Palm Lake Resort Cooroy-Noosa homeowner Yvonne Pattinson shared, "Thank you, thank you, thank you to everyone who helped with the Cent Auction. To everyone who attended and supported us, and to everyone who donated goods. The sewing ladies truly did themselves proud with the beautiful food. I'm sure everyone had a great day."

And what a result. Thanks to the generosity of our community, the Cent Auction raised over \$3,100.

A portion of the funds will be retained to support Cooroy-based expenses, with the larger share going directly to U4K to help them continue their important work, supporting families in need.

At the auction, guests also heard from a special speaker on the day, who shared valuable insights – including challenging realities and positive outcomes – giving everyone plenty of information to reflect on.

"She did a great job," Yvonne said.

The impact of this fundraising is already being felt well beyond our local community. According to a statement from the Queensland Police Service (QPS), Cooroy U4K volunteers have been working tirelessly in recent weeks, preparing 40 boxes of essentials for families across Queensland. These boxes contained an extraordinary 3,200 handmade clothing items, lovingly created from repurposed QPS police uniforms and transformed into dresses, skirts, shorts, baby clothes, hair accessories, scrunchies, pencil cases and library bags.

The boxes were also filled with generously donated items such as baby socks, beanies, small bags of LEGO parts, stationery, bracelets, toys and tissues – providing both practical support and moments of joy for families facing hard times.

"Thank you all again for your hard work, generosity and team spirit," Yvonne says.



The last song.

RECENTLY OUR HOMEOWNERS MARGARET AND RODNEY WEBB – ALONG WITH THEIR DAUGHTER, LENORE – TOOK THE STAGE AT OUR HAPPY HOUR FOR THE VERY LAST TIME.

With Rodney celebrating his 88th birthday, they've decided to wrap up their lifetime of performing. There was huge support from our homeowners, who all turned out to enjoy a great night celebrating their contribution to the music scene – especially here in our resort.



What's in store for this year?

Murray and Charmaine (Home 25)

After spending precious time with family in South Australia at the start of the year, and having them stay with us later in January, we will start preparing for more adventures overseas. But first, in February and March, we will enjoy our fabulous lifestyle here (and some local road trips, too!).

April will see us venture to Papatura in the Solomon Islands for a week of fun in the sun; swimming, surfing, fishing, snorkelling, paddle boarding, diving and enjoying the company of friends. In June we will travel to London, again with friends, to join a cruise to Norway on the Queen Anne. On return to England the four of us will collect our hire car and explore Great Britain and Ireland, before taking the Eurostar to Paris.

Upon our return we'll be desperate to see our children and grandchildren in South Australia, so that definitely will be a priority. As far as the rest of the year goes, it will be lovely to be back in our home and having fun here at Palm Lake Resort Cooroy-Noosa.

Gail Valentine (Home 198)

Another year has arrived, and I'm looking forward to what's ahead for 2026.

With all the activities we have here at Palm Lake Resort Cooroy-Noosa, one cannot be bored – from special nights in the Pavilion to all the classes and sessions that keep us fit and healthy, as well as the social times with friends, we have it all.

I'm kicking things off in February with an educational session covering makeup tips and tricks for all the ladies. This will be a fun and informative talk and demonstration, so come along and enjoy!

My passion for travel is not abating, thank goodness. I am in the throes of booking another trip on the small ship Azamara – I'm not sure where I'll be going yet, but it will be sometime in July or August.

My goals for 2026 and beyond are to stay fit and healthy, satisfy my passion for more travel and to spend quality time with friends.

SOME OF OUR PALM LAKE RESORT COOROY-NOOSA HOMEOWNERS PONDER WHAT'S IN STORE FOR THEM IN THE 12 MONTHS AHEAD...

Mark and Lorraine Miller (Home 226)

Our primary, and perhaps obvious, goal is to be one year older and still in good health.

Lorraine is off to Vietnam/Cambodia with a friend in February, then we'll both embark on a holiday to Sri Lanka in June.

We're also considering a Spain/Portugal/Morocco trip if we can endure the flights and group bus transport. We will also enjoy some trips south to visit family and friends in Victoria to round off our travels. And hopefully we will be returning from each of these without a bug!

Beyond travel, we are always trying to improve our bridge playing. Mark is to direct some special events at the Noosa Bridge Club. We will try to master the course at Cooroy Golf Club and perhaps play without losing a ball (or three).

We're looking forward to continuing our enjoyment of the facilities at Palm Lake Resort Cooroy-Noosa and getting to know more of the homeowners.

Kathy and Roy (Home 46)

The Graham-Measors are going on a caravan trip in March and April. We will first head to Warwick for a pre-Anzac Day dinner, then travel west on what we are calling a 'Pubs and Tubs' caravan trip. We will visit historical hotels and cattle and sheep stations where we will experience station life (and have a dip in their artesian bores/baths!). The places we will visit are: St George, Cunnamulla, Eulo, Yowah, Thargomindah, Noccundra, Toompine, Quilpie, Charleville and finally Roma. The Outback has so much to see – wide open skies and so many stories to take in. That's why we are going.

Rick and Lee (Home 107)

We are all about family. Rick and I have blended families, with seven children and 16 grandchildren between us. As they live in the United Kingdom, Spain, New Zealand, Melbourne and Adelaide, our plan this year is to find somewhere we can all reunite. If there is any time after that, we will be out in the caravan with Ishka. Wish us luck!



Thank you.

OUR CLEANERS COLLEEN AND JEN PUT ON A FANTASTIC END-OF-YEAR MORNING TEA TO SHOW HOW MUCH THEY APPRECIATE BEING 'APPRECIATED' BY OUR HOMEOWNERS.



Happy New Year!

WE RANG IN THE NEW YEAR IN TRUE PALM LAKE RESORT COOROY-NOOSA STYLE – WITH DANCING, DRESS-UPS AND... EVEN MORE DANCING!



Homes for sale.

FOR MORE INFO, CONTACT THE PALM LAKE RESORT SALES INFORMATION CENTRE ON 1800 885 851 OR EMAIL SALESCOOROY@PALMLAKE.COM.AU

Home 156 - POA



SOLD

Resort living at its best.

Featuring high ceilings and wide entry that enhances the sense of openness, creating an inviting atmosphere from the moment you walk inside. There are 2 bedrooms, with built-in robes and a large multi-purpose room, two generous bathrooms, with a bathtub and separate shower located in the ensuite. The main bedroom opens onto an alfresco area.

Adorned with luxurious stone benchtop is the kitchen, big enough for the whole family to gather around and prepare the meal of the day with the dining & lounge rooms sharing the same open living space. Storage galore throughout the kitchen with soft close drawers and roll-out shelves. You will also find a separate office/bar nook.

Bed

2

Bath

2

Living

1

Activity

1

Outdoor living

Garage

2

Home 174 - \$1,300,000



SOLD

Pristine and exclusive.

Located in the premier Cooroy-Noosa corridor, this pristine Manaboa home features high ceilings and a wide gallery entrance that flows into a cohesive open-plan kitchen, dining, and living zone.

The versatile layout includes two spacious bedrooms plus a dedicated activity room or third bedroom, two modern bathrooms, and a double garage. Designed for effortless coastal living, the home is equipped with ducted air conditioning and seamless indoor-outdoor flow.

The master suite serves as a private retreat, boasting a walk-in robe, a double-vanity ensuite, and direct access to a sun-drenched Easterly Alfresco area.

Bed

2

Bath

2

Living

1

Study nook

Outdoor living

Garage

RV

Your sales update.

Thinking of selling? Trust the people who know your community best!

When it's time to sell your home at our vibrant over-50s lifestyle resort, trust the people who know it best – us! As Caretakers, we're not just staff; we're your neighbours and an integral part of this community.

We understand the unique charm and value of life here, which is why we're best equipped to highlight its special benefits to prospective buyers.

We've been guiding sellers at Palm Lake Resort Cooroy-Noosa since December 2024, helping twelve of your neighbours achieve excellent results through a seamless and personalised process.

If you're thinking of selling, stop by for a chat, we'd be delighted to discuss how we can make your next move effortless.

To learn more about joining our community, please feel free to call us at 1800 885 851.

Kirstine and Jon
Palm Lake Resort Cooroy-Noosa Caretakers



Refer a friend and earn yourself a reward

A \$250 CASH BONUS FOR YOU



Do your friends love it here at Cooroy-Noosa, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250 cash. Easy! Terms and conditions apply.

For more information or to refer your friend, phone 1800 885 851.



8

9

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS.



The Toy Boys make prime time TV

WE'VE COVERED THE WONDERFUL WORK OF "THE TOY BOYS" AT PALM LAKE RESORT WATERFORD IN THESE PAGES BEFORE, BUT DID YOU KNOW THAT THE BOYS MADE TV HEADLINES OVER CHRISTMAS?

This group of merry toymakers spend all year in their **Palm Lake Resort Waterford** workshop constructing wooden toys for underprivileged local children. At Christmastime annually, they gather a year's worth of handmade goodies and make a large heartfelt donation to Beenleigh Special School as well as The Mitre 10 Beenleigh Christmas tree appeal. And they've been doing this for 15 years!

7News Brisbane heard about The Toy Boys' pending 2025 donation and sent out a camera crew to capture their story. So taken with the Boys' dedication to their cause were producers of the 'Sunrise' television show that they then live-crossed to Palm Lake Resort Waterford to interview the Boys live on air. Workshop President Ray Johnstone says the group was grateful for the recognition and praise, and they look forward to many more years spent in their resort workshop, building wooden treasures for local kids.

HANDMADE
TOYS SPREAD
CHEER TO
NEEDY KIDS

Step inside Santa's Workshop

PALM LAKE RESORT CALOUNDRA CAY HOMEOWNERS PUT THEIR MANY TALENTS TO GOOD USE, COLLECTING (AND MAKING) DONATIONS FOR THE ANNUAL SALVOS CHRISTMAS APPEAL.

In the lead-up to Christmas, **Palm Lake Resort Caloundra Cay** homeowners worked together to assemble 81 Christmas hampers for families in need across the Sunshine Coast. Retired Salvation Army Major and homeowner Maree Strong helped coordinate the effort, which evolved from a simple neighbourly suggestion into a well-organised collection and distribution process.

"What began as one small idea quickly grew into something incredibly meaningful," Maree told Tony Durkin for the Caloundra Cay newsletter, recalling the steady flow of donated food items that filled collection boxes in the library and required regular sorting and storage ahead of final packing.

Adding a new element to this year's appeal, members of the Caloundra Cay Workshop also contributed 40 handmade wooden toys for children from recipient families. Suggested by workshop member Bruce Angus, the project involved hours of sanding, painting and finishing, with each toy requiring several hours of careful work. The toys were distributed alongside the hampers, complementing the food donations and no doubt promising a joyful surprise for recipients with children.



Doing good in The Long Run

Homeowners at **Palm Lake Resort Barga** recently came together for a meaningful fundraising event. As part of Prostate Cancer Awareness Month, homeowners formed a team for 'The Long Run', inviting neighbours to join a ride around the resort grounds to raise funds and spark conversation around prostate cancer awareness.

The ride saw 37 participants cycle a combined distance of more than 300km along the resort's streets, cheered on by fellow homeowners who generously donated along the way. The morning concluded with a well-earned morning tea and a raffle, with the event raising \$1975 for Prostate Cancer Foundation Australia.

The ride also shone a spotlight on the Barga Prostate Cancer Support Group, which now supports men and families across the Coral Coast. Most importantly, it reinforced a vital message: early detection saves lives, and regular conversations with your GP are key.

Think pink, for a cause

Palm Lake Resorts across Queensland turned pink late last year, coming together to raise funds and awareness for the McGrath Foundation and breast cancer.

At **Palm Lake Resort Upper Coomera**, homeowners enjoyed a lively evening event that raised \$1515, thanks to generous donations from homeowners, the Toucan Club, and local service providers. **Palm Lake Resort Bethania** hosted a beautifully curated Pink Morning Tea, led by homeowner Lorraine Sommerville, raising more than \$2000 with the help of volunteers, prizes and home-baked treats. Meanwhile, at **Palm Lake Resort Cooroy-Noosa**, around 70 homeowners filled the Pavilion Country Club with pink, raising \$1152 and enjoying music, food, costumes and plenty of community spirit as well.

Congrats on these big birthday milestones

Best wishes to Palm Lake Resort's latest nonagenarians and even a centenarian, who all celebrated a birthday milestone recently..

Jan Cuskelly from **Palm Lake Resort Barga** marked her 90th birthday alongside 70 of her family, friends and neighbours. Everyone in attendance enjoyed finger food and refreshments in the Ocean Breeze Country Club.

Palm Lake Resort Caloundra Cay's 'Big' John Williams celebrated his 90th birthday with the help of his regular bowling mates, who put together an afternoon of activities in his honour. Cake was eaten, rounds of drinks were shouted (even by the birthday boy himself!) and many laughs were shared.

And finally, **Palm Lake Resort Phillip Island** birthday girl Joan Menzies just turned 100! She spent the day surrounded by family, many of whom she hadn't seen for years, with friends joining in the festivities later on. What a milestone!

A very special visitor

Residents at **Palm Lake Resort Ballina** recently enjoyed a rare wildlife surprise – a Great Bowerbird, well outside its usual Queensland range. The striking visitor built an intricate bower beside the walking track, decorating it with stones, pegs, marbles and even chilli peppers! While no female arrived to admire his efforts, the bowerbird's unexpected stay sparked curiosity, conversation and delight, offering a fascinating glimpse into Australia's extraordinary birdlife.



What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**

Better, together.



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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au