

MAY - JUNE 2024



The Essence



Meet your neighbours

A colourful and interesting bunch of homeowners call Cooroy-Noosa home - meet some inside...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Pictured: To see what homes we have for sale right now, turn to Pages 7-9. You can also visit us online to see all our listings. Go to palmakeresort.com.au and navigate to the 'Cooroy-Noosa' section.



Welcome.

After returning from our 'holiday in the sun', it appears we have come back to some much cooler weather. We enjoyed our cruise to PNG and the cultural experiences, whilst visiting the various islands. Jon's decision to do a private tour with one of the locals around Rabaul left me wondering if I would ever be seen alive again! All said and done, we had a great day, despite the vigorous discussions about 'more money'. We, of course, ate and drank far too much, however walking seven flights of stairs each day proved to be most beneficial to counteracting these indulgences! Our last week spent with family in Airlie Beach was a great way to finish off a delightful holiday.

Back to resort news, we have welcomed many new homeowners into Palm Lake Resort Cooroy-Noosa over the past few weeks. We trust those new faces have settled in well and have had the pleasure of getting to know their fellow neighbours as well as enjoying all that goes on around here and across the Sunshine Coast. We encourage those newest homeowners - and all homeowners, for that matter! - to join in our weekly meals and also those organised group activities on our Weekly Activities list. If you are unfamiliar with what activities we host here at the resort, check out the full list on Page 3. Maybe there's a new activity you could try this winter?

Thanks for the warm welcome back. With recharged batteries, we look forward to the remainder of the year!

Kirstine and Jon Jones, Caretakers
Palm Lake Resort Cooroy-Noosa

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us.

If you have any questions about Palm Lake Resort Cooroy-Noosa or if you are interested in touring our resort grounds and world-class facilities, simply contact us!

FREECALL: 1800 885 851

STREET ADDRESS:
19 Trading Post Road, Cooroy QLD

OFFICE HOURS:
9am - 12 noon, weekdays

EMAIL:
salescooroy@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@pallm.lake.resort)



News in brief.

Fern Bay homeowner Ann-Marie is a winner!

Are you following Palm Lake Resort on our various social media platforms? While you can catch up on all the company news on our Facebook page, you may not know that we also have a vibrant Palm Lake Resort Instagram account as well? Ann-Marie of Palm Lake Resort Fern Bay is the lucky winner of our Instagram competition that ran during the month of April. She has picked up a \$200 gift card simply by tagging a friend in our posts. Make sure you keep your eyes peeled for our next social media competition. In the meantime, make sure to be following us on Facebook (@palllakeresort) and on Instagram (@pallm.lake.resort)

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Looking for convenient and high-quality care?

There are limited vacancies at Palm Lake Care Caloundra (pictured above) as well as Palm Lake Care Beachmere available now. Vacancies come and go quickly and Palm Lake Care prioritises Palm Lake Resort homeowners and their families. If you have someone needing high quality 24-hour nursing care, you can FREECALL Care Solutions to discuss their needs on 1800 24 66 77.

Weekly activities.

MONDAY

7am Walking group (meet outside Pavilion)
8am Mat yoga
8.30am Uniforms 4 Kids sewing group meet
9.15am Chair yoga
10am Crochet, knitting (Library)
1pm Band practice
1.30pm Lawn bowls
3pm Ladies Pool Room fun
3.30pm Bar opens
6pm Pickleball
7pm Movie

TUESDAY

8am Social tennis
8.30am Uniforms 4 Kids sewing group meet
9am and 10am Aqua aerobics (indoor pool)
1pm Indoor bowls (Pavilion), Art & Craft Club (Craft Room), Mah-jong (Library)
3pm Badminton
4.30pm Bar opens
6pm Homeowners' dinner
6.45pm Table tennis
7pm Cards (Pavilion)

WEDNESDAY

8am Table tennis (Pavilion)
8.30am Bus shopping trip
1pm Art class (Craft Room), Mah-jong (Library), Board games (Pavilion)
1.30pm Casual bowls
2pm Line Dancing
6pm Pickleball
6.30pm Lawn bowls

THURSDAY

8am Mat yoga
9.15am Chair yoga
10.25am Group exercise class with Lee
11.30am-2.30pm PT at Milon (bookings reqd)
1pm Mah-jong (Library)
2.45pm Choir
4.30pm Bar opens
6pm Homeowners' dinner
7pm Cards

FRIDAY

7am Walking group (Pavilion)
8am Social tennis
8am and 9am Aqua aerobics (Indoor Pool)
10.30am Qigong class
4.30pm Casual bowls, food follows (1st Friday)
4.30pm Happy Hour (Pavilion)

SATURDAY

9am Lawn bowls
10am Old time dancing
1pm Board games (Pavilion)
1.30pm Lawn bowls
4pm Men's group (first Saturday)
6pm Bar opens for bingo (third Saturday)
7pm Bingo

SUNDAY

11am Social bowls
1pm Board games
2pm Social tennis



YEE HAH
FOR COUNTRY
NIGHT!



Around the grounds.

Country Night comes to town

Check out all the wholesome country fun we had when our Trading Post Band hit the stage for Country Night recently. From the well-dressed/on-theme crowd, to the dancing, to the country sights and sounds, it was a rollicking good time - as is always the case here when our resort band takes centrestage.

Drivers' Group find adventures together.

When avid travellers, Paul and Trudy Carroll moved from interstate to Palm Lake Resort Cooroy-Noosa in early 2018, they wasted no time getting out to discover their new local region.

After meeting a few other motoring enthusiasts at the resort, the small group would head off for the day exploring the roads less travelled throughout the hinterland and beyond, then stop for a picnic lunch or meal at a country pub. Word spread and others wanted to join in and that's how the Palm Lake Resort Cooroy-Noosa Drivers' Group was established.

Over the past six years, the Drivers' Group has hosted more than 30 events, all very different in nature, catering for every taste, budget and interest. These events have been open to all homeowners to attend.

As well as the ever-popular picnic days and hinterland country pub drives, there have been many 4WD trips on the beach and throughout the local rainforest reserves. Numerous multi-day getaways for those with vans and motorhomes have been well attended over the years, with homeowners staying at Bell, Somerset Dam, Esk, Yarraman and Woodgate Beach, for exmalpe. A week-long luxury getaway staying in cabins at a Stanthorpe vineyard, followed by resort accommodation at Kingscliff is the most recent holiday the group has planned.

The whole concept has been embraced by our homeowners with 30 to 70 people attending each event. It's great to see everyone enjoying each others' company and having some laughs, drinks and good food whilst out discovering the stunning South-East Queensland area.



Meet your neighbours.

THIS IS OUR REGULAR SERIES ON THE PEOPLE WHO
MAKE UP THE RICH FABRIC OF THIS WONDERFUL
COMMUNITY WE ALL CALL HOME...



LAURI BIGG
(HOME 20)

Lauri studied art from the age of 8 and later qualified as an art teacher. In her heyday, she taught at Adelaide's prestigious Wilderness School and St Mary's College. Later in life, after her first marriage, she taught at the International School in Papua New Guinea and was commissioned to design and paint murals for prominent hotels and businesses. Over the ensuing years, she has become well known for her diversified repertoire of artworks, from landscapes to portraits. She continues to produce fine works today in her Palm Lake Resort home studio.



DON AND CHERYL
FERRIER (HOME 156)

As very contented Palm Lake Resort homeowners for over five years, we clearly made the right decision moving here! We left the small community of Woodgate Beach after 16 years, to move to Cooroy-Noosa. We had retired in 2004, although were both enticed back later for a few more years in our previous roles of teaching, for Cheryl, and analyst jobs in ExxonMobil, for Don. We also had a small block of holiday units to manage.

We married in Cheryl's home town of Nambour in 1970 after meeting a few years earlier on the coast where Don was a member of Mooloolaba SLSC. We had long stints in Townsville and Rockhampton in our early days, raising our three children. Don was a hydrographer, working at often remote sites. To be more with family, Don took on a technical role in 1980 on Esso's nearby Rundle oil shale deposit. With the project mothballed after a couple of years. Don was surprised, after so much time in the field, to be offered a marketing role with Esso. Don's new position opened a world of experiences for the family, including Esso handing our 15yo daughter a year's exchange to Innsbruck, Austria. We both are so thankful, not just for our continuing good health, but for our travel experiences and opportunities to befriend so many people over the years.



Bowlers represent Palm Lake Resort with pride

In April, a group of 10 bowlers travelled to Mooloolaba for the 2024 Corporate Village Challenge. At this event, 28 teams from numerous lifestyle communities and retirement villages on the Sunshine Coast met and played two games of two-bowl triples.

We had three teams entered - and what a challenge they faced. The bowling surface proved a real challenge to bowl on and was very unforgiving when slightly off line or over/under weight. Bowls had to be delivered very wide and with very little effort - our bowls simply rolled on and on at a very slow pace.

At the end of the day, Russell, Jill and Rick ended up with one win. Margaret, Brian (Home 189) and Ron/Scotty had a draw. Brian, Leon and Caroline struggled all day and lost to teams that were very familiar with, and masters of, the unforgiving green. Despite the difficulties, we all enjoyed the opportunity to play on a different surface and had a great day mingling with players from other resorts. The experience also made us appreciate the fantastic bowling green that we have here at Palm Lake Resort Cooroy-Noosa.

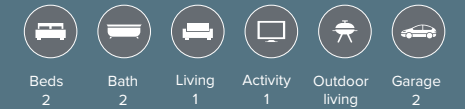
By Leon,
On behalf of the Bowling Committee



Pictured above: Age is no barrier. Ever. Take these two special ladies enjoying their resort dinner, recently. One of these homeowners is in her 100th year and the other in her 90th year. This is living!

Homes for sale.

Home 169 - Offers over \$935,000

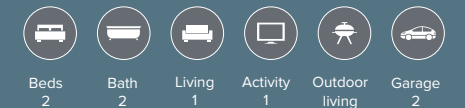


This stunning 'Surfside B' home exudes elegance, style and coastal sophistication. Two bedrooms, plus an activity room, two bathrooms, a double garage, ducted air conditioning and an inviting open floorplan showcase seamless coastal living.

Whether you're preparing a quick meal or hosting a dinner party, the kitchen's sleek cabinetry, stone benches and quality appliances will inspire your next culinary delights. The main bedroom is complemented by a walk-in robe and ensuite with double basins. Plenty of storage. It also opens onto the alfresco area for seamless indoor/outdoor living. The home is well presented with nothing to do other than unpack your boxes!



Home 210 - \$895,000



**TURN OVER
FOR MORE
GREAT
HOMES**



The 'Surfside B' is a spacious home with clean lines and neutral tones. It features large open plan living with high ceilings and plenty of natural light. The heart of the home is the impressive kitchen with quality SMEG appliances, an abundance of storage, large Caesarstone benchtops and a glass splash back. Adjacent to the kitchen is a very spacious dining and living area that opens out on the northern-facing alfresco area. There's a very impressive 3.6m backyard that offers natural bushland as the backdrop. The master bedroom is private and boasts an impressive ensuite along with a large built-in wardrobe. The additional guest bedroom and activity room/home office are toward the front of the home and are serviced by a well-appointed second bathroom for the comfort of your visitors. Visitor parking is conveniently 20m away.

Homes for sale.

FOR MORE INFO, CONTACT PALM LAKE RESORT SALES CONSULTANT JULIE-ANN
ON 1800 885 851 OR EMAIL HER AT JULIEANNH@PALMLAKE.COM.AU



Home 160 - \$1,100,000

- Beds 2
- Bath 2
- Living 1
- Activity 1
- Outdoor living
- Garage 2



If you've been waiting for something special, this unique Noosa design is the one. Without a doubt, the position of this home ticks all the boxes. Sitting on an extremely generous 420sqm corner position, the home boasts an impressive north-east outlook with no neighbours in sight. At the rear of the home is a light, bright open-plan living space and a well appointed kitchen that features quality SMEG appliances along with your very own custom-built butler's pantry. The main bedroom is large and is complimented by a WIR and ensuite while the second bedroom is also roomy with built-in robes. Did someone say tennis? You'll find two courts within an earshot of your new home and there is plenty of visitor parking just around the corner. Homes like this don't come often, so act quickly!

Home 219 - POA

- Beds 2
- Bath 2
- Living 1
- Activity 1
- Outdoor living
- Garage 2



This 'Alexandra' is a beautifully presented home featuring two large bedrooms, two bathrooms, a double garage, kitchen with ample storage (and adorned with SMEG appliances and stone benchtops), ducted air-conditioning for year-round comfort and a delightful alfresco area surrounded by lush greenery. The master bedroom is generous with a walk-in-robe and an ensuite with double vanities and plenty of storage. The additional guest bedroom and activity room are located toward the front of the home and there is a second bathroom to service your guests needs comfortably. Outside, the northern-facing alfresco is enhanced by the mod-wood decking and completely undercover with beautiful, lush green plants that enhance the relaxation and the beauty of your surrounds.

Home 182 - \$899,000

- Beds 2
- Bath 2
- Living 1
- Activity 1
- Outdoor living
- Garage 2



This exquisite Alexandra exudes coastal elegance, style and sophistication. Two bedrooms, plus an activity room, two bathrooms, a double garage, ducted air conditioning and an inviting open floorplan showcase seamless coastal living. The heart of the home lies in its gourmet kitchen adorned with top-of-the-line SMEG appliances that are as stylish as they are functional. The main bedroom is complemented with a WIR and ensuite with double basins, plenty of storage and opens onto the alfresco area. The additional bedroom and activity room offer comfortable accommodation for your guests along with a well-appointed bathroom service these rooms and features modern fixtures with tiles to the ceilings and a sleek design. The home is well presented with nothing to do other than move straight in.

Home 194 - \$955,000

- Beds 2
- Bath 2
- Living 1
- Activity 1
- Outdoor living
- Garage 2



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Resort workshop put to amazing charitable use.

IT HAS BEEN A BUSY 12 MONTHS FOR A DEDICATED GROUP OF PALM LAKE RESORT BALLINA RESIDENTS WHO HAVE BEEN HELPING THE ROTARY CLUB OF BALLINA-ON-RICHMOND WITH THEIR TEMPORARY HOUSING PROJECT FOR PEOPLE DISPLACED BY THE BIG 2022 FLOOD.

The waters may have subsided long ago, but many people still remain in very poor living conditions after the severe flooding of 2022. Thankfully though, a project from the local Rotary Club is providing warm, safe, secure and compact homes for people to live in while they are either waiting to have their original homes restored or until they find alternative accommodation.

Palm Lake Resort Ballina resident Col Lee is the coordinator of the Rotary Club of Ballina-on-Richmond's Flood Recovery group. He engaged members of the Ballina Satellite Club, based at Palm Lake Resort Ballina, to assemble kitchenettes in the resort workshop and help with the fit outs of the temporary homes across the Northern Rivers region. All up, 38 homes have been erected, housing more than 100 people across seven affected local government areas.

The satellite assembly team – led by resident Michael Sherlock, a former cabinetmaker – put together the kitchen packs, adding plumbing, sink and hardware to the cupboards. The well-equipped Palm Lake Resort workshop made the job much more efficient and less confined than it would be in a normal garage. Once completed, the kitchenettes are then installed into the temporary homes to

make them ready for occupancy. Under State Government legislation, each temporary home can be occupied for up to five years and must have running water, some form of electricity and a working toilet. A development application is not required, being a temporary dwelling.

Palm Lake Resort Ballina's Resort Manager, Rick Stewart, says it is wonderful to see our residents engaging in such a worthwhile community project.

"The fellowship and sense of commitment among the members has given everyone so much pleasure in our workshop," says Rick.

"Projects such as this give a genuine purpose to all involved in our Resort where we strive to have a close connection to major community projects."

The last of the six homes were erected in the Nimbin area, which many feel has been forgotten by government authorities. This area was very badly affected by landslides – landholders' properties and homes were swept into sunken valleys and roads were covered with up to 15 metres of rock, soil and trees. Their homes and contents have been totally destroyed, never to be seen again. This Palm Lake Resort-based project has been a life changer for those who have suffered severely from the total devastation of their properties and livelihood – finally, thanks to this dedicated, community-focused group, they can begin to move forward. Through their work and expertise, these volunteers have lifted the morale and self-esteem of many people who had all but given up hope. Well done, all!



Leona is driven.

GOSH, WE HAVE A VIBRANT COMMUNITY OF RESIDENTS ACROSS BOTH OUR PALM LAKE RESORT AND PALM LAKE CARE COMMUNITIES - AND OUR TEAM MEMBERS ARE PRETTY VIBRANT THEMSELVES!

Case in point: Leona from Palm Lake Care Mt Warren Park. When she's not heading up the Lifestyle Team, she's generously giving her time to others, including charity. Leona has just returned from the "Shitbox Rally" - an aptly named annual Cancer Council fundraiser that requires participants to drive a car valued at less than \$1500 across various states of Australia. The rally saw her and husband Scott drive a 1989 VN Commodore from Brisbane to the starting line in Adelaide, through the centre of Australia, and over to Perth. Although the rally finished in Perth, the pair managed to complete a return trip and got their 'shitbox' back home to Brisbane - some 12,000km in total! This was Leona's fifth time in the Shitbox Rally, which has raised \$45 million for the Cancer Council in its 14-year history (Leona and her fellow Autumn 2024 rally participants raised \$3 million alone this trip!). Incredible! Leona's residents at Palm Lake Care Mt Warren Park followed her progress throughout the trip online, via a tracker she had in her car. There was loads of excitement across the community as she and Scott made it to each checkpoint. Bravo Leona - what fun, and what a great cause!

Inter-resort good sports.

Palm Lake Resort Eagleby hosted a team from Palm Lake Resort Waterford who put up a good fight, with some great lawn bowls played. However, Eagleby proved to be too strong and ran out winners 91 to 55.

Our Palm Lake Resort Cooroy-Noosa bowlers also took on visitors from Palm Lake Resort Beachmere Sands in a recent inter-resort bowls comp. After the morning session, Cooroy-Noosa were only up one point and one game. After a bit of banter and encouragement over lunch, the Cooroy teams lifted and won six out of eight games and scored 99 to 58 points to comfortably win the day. Final results were: Games won 10.5 to 5.5 and Points won: 196 to 154

Finally, Palm Lake Resort Bethania lawn bowlers took on their counterparts at Waterford recently. Although the final score was 102 to 63, it was no indication of the game. Both teams won three rinks each however one Waterford team won 34 to 5 with a very rare score of 9 on one end. This doesn't happen often - it's a bit like a hole in one in golf. It was a great game that all enjoyed whether playing or spectating.

They're sew good.

The talented crafters at Palm Lake Resort Deception Bay held their 10th annual Quilt Show in recent weeks. A few of the handmade quilts went home with lucky raffle winners – the rest are to be donated to local charities. Special mention to quilter Coral Welham, who turned fabric that wasn't suitable for quilting into pouches for rescued wildlife. Our Deception Bay homeowners really are sew good.



Cindy trains pups to empower.

Palm Lake Resort Beachmere Bay homeowner Cindy is spending her free time in a brilliant way - training pups to become Assistance and Therapy Dogs. Cindy has opened up her Beachmere Bay home to support this fantastic cause and has an ever-changing variety of the most gorgeous pooches staying with her, via the "Empower Assistance Dogs" organisation. Well done, Cindy!

What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? We'd love to hear from you! **Simply email the details to belinda@bellepr.com**

We're all good sports.



FREECALL 1800 885 851 | salescooroy@palllake.com.au
19 Trading Post Road, Cooroy QLD 4563

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