

SEPTEMBER - OCTOBER 2024



The Essence



Spring is the season to get busy at home

It's the season for growth and renewal - is it time for a spring clean up, or a spring clear out?

Big ideas for a compact backyard

You'll look at your Palm Lake Resort backyard differently with our ideas, inside

Refer a friend, earn a reward

Do you know someone who is looking to make the move here? Refer them, for fast cash!



Pictured above: Check out our homes for sale on Pages 8-9 and don't forget to refer a friend to score your own cash bonus!



Welcome.

Finally, we've sprung into spring! The flowers are in bloom, the days are getting warmer and the feel-good vibes are at an all-time high.

Recently, our dads were treated to a Father's Day Big Breakfast, courtesy of our Social Club Committee. Many of our homeowner fathers attended and were treated to an abundance of bacon and eggs, hash browns and so much more.

A few weeks later, we enjoyed a great night with our own homeowner trio, The Silver Foxes. The social activities here at Palm Lake Resort Cooroy-Noosa are endless and we are proud to boast that the homeowner talent here is most impressive! Happy Hour continues to be the highlight of every week. We extend a warm welcome to old and new homeowners to come along and join in – it's a fabulous way to get to know one another!

On the topic of welcoming new homeowners, we hope you are finding the community here friendly and inviting. Please check out the Weekly Activities on offer (the list is on Page 3) and familiarise yourself with all our regular activities. There's something for everyone - the choice is yours!

In closing, to our traveling homeowners, we hope you have a great time away and look forward to your safe return.

Kirstine and Jon Jones, Caretakers
Palm Lake Resort Cooroy-Noosa

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.
Cover photo courtesy of Tourism and Events Queensland

Contact us.

If you have any questions about Palm Lake Resort Cooroy-Noosa or if you are interested in touring our resort grounds and world-class facilities, simply contact us!

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GET SOCIAL:
Follow us on Facebook
(@pallmlakeresort) and on
Instagram (@pallml.lake.resort)



News in brief.

Get social
with us!



Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@pallmlakeresort) and also over on Instagram (@pallml.lake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@pallml.lake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



The spring edition of 'Your Time' is here!

Spring has arrived and so too has your copy of the Spring 2024 edition of our company magazine, *Your Time*. In this edition, we celebrate our two recent Master Builders' Association Awards for Palm Lake Group projects on the Sunshine Coast. We've also got plenty of coverage of our most recent events and, in our popular Lifestyle section, you can become a 'pasta master' - yum! If you haven't received a copy in your mailbox, you can always catch up online at pallmlakeresort.com.au



Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Weekly activities.

MONDAY

7am Walking group (meet outside Pavilion)
8am Mat yoga
8.30am Uniforms 4 Kids sewing group meet
9.15am Chair yoga
10am Crochet, knitting (Library)
1pm Band practice
1.30pm Lawn bowls
3pm Ladies Pool Room fun
3.30pm Bar opens
5pm Pickleball
7pm Movie

TUESDAY

7.30am Social tennis
8.30am Uniforms 4 Kids sewing group meet
9am and 10am Aqua aerobics (indoor pool)
1pm Indoor bowls (Pavilion), Art & Craft Club (Craft Room), Mah-jong (Library)
3pm Badminton
4.30pm Bar opens
6pm Homeowners' dinner
6.45pm Table tennis
7pm Cards (Pavilion)

WEDNESDAY

8am Table tennis (Pavilion)
8.30am Bus shopping trip
1pm Art class (Craft Room), Mah-jong (Library), Board games (Pavilion)
1.30pm Lawn bowls
1.30-3pm Line Dancing
5pm Pickleball
6.30pm Lawn bowls

THURSDAY

8am Mat yoga
9am-11am Croquet (tennis courts)
9.15am Chair yoga
10.25am Group exercise class with Lee
11.30am-2.30pm PT at Milon (bookings reqd)
12.30-3.30pm Lawn bowls (alternate weeks)
1pm Mah-jong (Library)
2.45pm Choir
4.30pm Bar opens
6pm Homeowners' dinner
7pm Cards

FRIDAY

7am Walking group (Pavilion)
7.30am Social tennis
8am and 9am Aqua aerobics (Indoor Pool)
10.30am Qigong class
4.30pm Casual bowls, food follows (1st Friday)
4.30pm Happy Hour (Pavilion)

SATURDAY

9am-11am Croquet (tennis courts)
10am Old time dancing
1pm Board games (Pavilion)
1.30pm Lawn bowls
4pm Men's group (first Saturday)
6pm Bar opens for bingo (third Saturday)
7pm Bingo

SUNDAY

7.30am Social tennis
9am Social bowls
1pm Board games



BRINGING
PARIS ENERGY
TO COOROY!

Olympic fun.

Gold medal-winning Olympian brings celeb flavour to our own Olympic event

There's no doubt about it – when Palm Lake Resort Cooroy-Noosa homeowners get together, they go for all-out fun! So, of course, when the Olympics are on – you have to have your own Mini Olympics. It helps, of course, when the daughter of one of the homeowners happens to be none other than gold-medal-winning former heptathlete Glynis Nunn-Cearns.

Armed with ideas, our very vibrant Social Committee of 22 volunteers got their heads together with Glynis and arranged for some fun activities. Six teams organised themselves for competition, complete with uniforms and table decorations – Australia, England, Italy, Scotland, Switzerland and the USA. Spectators were not left out, with games organised for them as well. Some very tricky games were embarked upon with much enthusiasm and determination, with co-operation the key to success. Gold, silver and bronze medals were awarded to the winners on the day, with Scotland the victorious team.



Makes cents.

Our annual Cent Auction was attended by around 100 people who thoroughly enjoyed the morning. The ladies from U4K Cooroy (most of whom are homeowners here at Palm Lake Resort) worked hard to make sure this event was another success.

Special guests were Terri Irwin and Stace Brown from Australia Zoo. Terri spoke about the partnership between Australia Zoo and Uniforms 4 Kids. Each year the Cooroy ladies provide more than 800 items of clothing that are given to children in need in far North Queensland, the Northern Territory and St George. These items are all made from the Zoo staff's used uniforms that would have otherwise gone to landfill if it wasn't for U4K. Stace talked about her upcoming trip to Africa where she will witness the amazing job being done by a group of women who give up their time and risk their lives every morning and every evening to try to stop poaching in their area. She will take some of our clothing with her to give to children.

More than \$2300 was raised and will be shared by U4K and Wildlife Warriors. So many homeowners donated an amazing array of goods to help raise this money. Well done to all.

- BY YVONNE PATTINSON (HOME 87)



Pictured above: The Social Club put on a fabulous Father's Day Big Breakfast with 65 grateful father-figures in attendance.

Meet your neighbours...

THIS IS OUR REGULAR SERIES ON THE PEOPLE WHO MAKE UP THE RICH FABRIC OF THIS WONDERFUL COMMUNITY WE ALL CALL HOME...



LYNNE BROWN (HOME 129)

Lynne was born and bred in Wollongong NSW, completing her nursing degree in 1970 at Wollongong District Hospital. Following a brief hiatus of three months hiking around New Zealand, Lynne returned to the real world, working in a large geriatric hospital for 10 years, followed by 11 years in community health in the Sutherland Shire. Following a work-related injury, she transferred into drug and alcohol services in the 1980s. In 1988, she returned to Wollongong to set up a new unit and managed it for 18 years. In 2005, Sam (pictured right) and Lynne decided to follow Sam's mum and move to Queensland - they needed a new adventure! After a four-week holiday in Canada, they settled in Tewantin. Lynne continued in the drug and alcohol field at Nambour Hospital until her retirement.



KATHY FARDELL (HOME 176)

After retirement in 2020, I moved to beautiful Palm Lake Resort Cooroy-Noosa in 2021. I've made some lifelong friendships here and others I have yet to meet. I have two children and seven grandchildren living in NSW. I moved to the Sunshine Coast from Newcastle in 2002. Most of my working life was in pharmacy until I came to Queensland. On arrival, I worked in a newsagency for a few years. Later became a carer in aged care facilities across the Sunshine Coast. I had an opportunity to join the team at Beyond Billabong, based in Longreach, where I worked as a mentor for Indigenous young women from remote areas in Queensland. Each program went for four weeks. On returning home, I had the privilege of working for Katie Rose Hospice as a carer and continued within the organisation as the warehouse manager supporting the op shops. I'm feeling blessed to have the life I have now.



DIANNE KELLY, BRODIE MELVIN & BEN (HOME 173)

We have lived at Palm Lake Resort for one year and have been together for 16 years. Brodie was originally from South Australia, an only son, and Dianne (one of 5) was from Tasmania. Both of us have lived and worked in other Australian states. Since arriving at Palm Lake Resort, Brodie is happy and most fulfilled especially with the social interaction through bowls, tennis, table tennis, pickleball and snooker. Dianne enjoys interacting with the friendly residents, using the library and reading, the swimming pools (in summer) and keeping active. We have recently welcomed a new member to the family – Ben, our very active gorgeous poodle cross who is keeping us busy. Career-wise, Brodie worked in banking, in the military service and in mental health practice and leadership. In Queensland Health Services more generally he worked in business improvement, risk and project management. Working in the Public Service Brodie proved to be an “overcomer” with the required qualities of perseverance and endurance. Many could relate to that. Dianne trained and worked as a registered general nurse from 1970, a midwife and a child health nurse then attended university to complete her Bachelor and then a Master's degree in nursing (1995). Nursing provided the many challenging, fulfilling and enjoyable career opportunities in nursing practice, teaching, academic, research, policy development and clinical leadership in community, women's and children's health care and in nursing practice development. We met in our retirement and spent lots of time together with adventures and discovery through overseas and travel within Australia plus kayaking, boating, camping, biking, exploring the natural environment, gardening and art (for Dianne). Family and friends have been an important part of those activities. Brodie has a close relationship with his eldest son, living in Brisbane. Dianne's daughter and family are close by in Twin Waters. We are both committed to social justice and living in harmony with others especially in Palm Lake and appreciating the experiences and wisdom of our fellow travellers in life.



SAM ELDRIDGE (HOME 129)

I was born and bred in Yagoona, NSW. My biggest love was ballet - I started when I was five years old and continued until I was 16 years going six days a week, completing all exams with mostly honours. Unfortunately, due to a car accident, I was unable to continue. Upon leaving school, I starting nursing which I remained doing right up until we move to Queensland in 2005. I did work for a nursing agency for a few years then secured a position with The Endeavour Foundation where I worked as manager in Cooroy until I retired. Our decision to move to Queensland came as my mother, at 85 years, decided she wanted to be near my brother who had retired here.

We rented in Tewantin until we purchased a home in Tewantin. From there, we moved into Palm Lake Resort Cooroy-Noosa in 2019 with Lynne's mum (Lynne, pictured left), to care for her, as she was unable to look after herself. She loved it here. Unfortunately she passed away in early 2020. Being close to family is very important to us. With 10 grandchildren and two great grandchildren, it is wonderful to get together. Unfortunately two of my children and their children still live in NSW and we don't see them as much as we'd like. Moving into Palm Lake Resort was the best move we've made.



ERNEST & ROBBIE BASSINGTHWAIGHTE (HOME 146)

We are both Queenslanders. After school in Charleville, Robbie went to Brisbane and trained as an art teacher. Her first posting was to Charters Towers. I went to university in Brisbane after leaving school and then moved north to the family cattle property west of Charters Towers. Robbie and I met at the Mingela Picnic Races and were married in 1970. We lived at Toomba and raised two boys there. We bred horses and cattle, starting with Shorthorn cattle and later introducing Brahman bloodlines. We bred and sold a lot of Australian stock horses and I competed in campdrafting and with some other horse breeders started the Toomba Stock Horse Sale in Charters Towers. In between home schooling duties and looking after our staff as well as being the “Landcare Lady” after our boys moved on to University, Robbie managed an occasional art project, exhibiting in Charters Towers, Townsville and Brisbane. For 15 years, Robbie and a friend ran a Bowhunting Safari business for hunting feral pigs and Chital deer on Toomba. After selling Toomba in 2012 and after eight years in Charters Towers, we moved here to Palm Lake Resort in 2020. This has been a great move and we really enjoy being part of this terrific community and the many wonderful friends we have made here.



IRENE AND ALLAN GORMLEY (HOME 152)

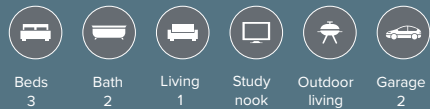
Irene and I joined in 2000 and married in 2005. Irene grew up in a migrant camp/town in Western Australia surrounded by a mixture of European nationalities. I believe that it is this early background that gave her an appreciation of great food and turned her into a fabulous cook. Irene has lived and worked in New Zealand running her own hairdressing salon. Returning to Australia seven years later, she worked around the country including in some very remote areas of northern WA. I was born in Maitland, NSW. My first job was in the electricity distribution industry and I continued to work in that industry for 44 years, finishing my last five years as a dangerous goods consultant. Our 24 years together have been great. We work well together as a team and have travelled to many overseas destinations. In 2007, we discovered cruising and have done several trip in Europe but our happiest memories are of a simpler life caravanning around Australia. Our move to Palm Lake Resort Cooroy-Noosa has been a blessing. We are so grateful to be here mixing with beautiful supportive homeowners and enjoying all that this area has to offer.

Homes for sale.

FOR MORE INFO, CONTACT PALM LAKE RESORT SALES CONSULTANT JULIE-ANN
ON 1800 885 851 OR EMAIL HER AT JULIEANNH@PALMLAKE.COM.AU



Home 228 - \$1,150,000



Home 228 features high ceilings that enhance the sense of openness, creating an inviting atmosphere from the moment you walk inside. There are three bedrooms, all with built-in robes, with a bath located in the ensuite, two generous bathrooms and a well-appointed study nook. Adorned with luxurious stone finishes is the kitchen, big enough for the whole family to gather around and prepare the meal of the day, with the dining and loungeroom sharing in the 'togetherness'. Storage galore throughout the kitchen with soft-close drawers and cupboards. The garage accommodates two cars and has ample built-in cupboards again for all your storage needs. With its impeccable design, premium finishes and resort-style living, this property offers a unique opportunity to indulge. Inspections by appointment.

Home 160 - \$1,100,000

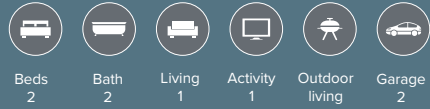


SOLD!



If you've been waiting for something special, this unique Noosa design is the one. Without a doubt, the position of this home ticks all the boxes. Sitting on an extremely generous 420sqm corner position, the home boasts an impressive north-east outlook with no neighbours in sight. At the rear of the home is a light, bright open-plan living space and a well appointed kitchen that features quality SMEG appliances along with your very own custom-built butler's pantry. The main bedroom is large and is complimented by a WIR and ensuite while the second bedroom is also roomy with built-in robes. Did someone say tennis? You'll find two courts within an earshot of your new home and there is plenty of visitor parking just around the corner. Homes like this don't come often, so act quickly!

Home 71 - \$875,000



Two bedrooms, activity room, two bathrooms and double garage, SMEG appliances, ducted air-conditioning: these are just some of the inviting features of a seamless blend of effortless living and beach vibes available with Home 71. The heart of the home is the kitchen, with top-of-the-line appliances, walk-in pantry, stone benches, glass splashback.



A large open-plan living and dining then open out onto a well-covered tiled alfresco area which has blinds surrounding the area for protection. The master bedroom has a walk-in robe and an ensuite with double vanities and ample storage. A second bedroom and activity room are toward the front of the home with the second bathroom close by for the comfort of your guests.

Refer a friend and earn yourself a reward

A \$250 CASH BONUS FOR YOU



Do your friends love it here at Cooroy-Noosa, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250 cash. Easy! Terms and conditions apply.

For more information or to refer your friend, FREECALL 1800 885 851.



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



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