

APRIL - MAY 2025



The Buzz



Fun out on the water

Our homeowners enjoyed a day cruise to Bribie Island as part of our latest bus trip

Australia Day celebrations

Catch up on all the fun we had when our resort celebrated Australia Day this year

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

A big farewell to Cyclone Alfred. Fortunately the resort fared reasonably well; damage was limited and, to the best of our knowledge, there were no injuries to our residents. A big thank you to our team for cleaning up after the storm and managing through what was a serious weather event.

New homeowners to welcome and introduce to our resort are:

- **Home 267:** Susan Sparling
- **Home 94:** Helen and Tony Barton
- **Home 126:** Joan and Robert Jennings
- **Home 48:** Lyn and Laurence Vann

Anzac Day preparations are underway once again. Thanks to Pat McLoughlin for coordinating our ceremony - a notice is included in this issue (Page 6) regarding the event.

As Anzac Day is on a Friday this year, there is no rubbish collection. We plan to do this on Thursday April 24, so please have your bins out on Wednesday night.

Public holidays over Easter are Good Friday (April 18) and Easter Monday (April 21), which means the office is closed. Our weekly rubbish collection will be on Thursday April 17. Once again, bins out on Wednesday night please.

Monday May 5 is also a public holiday for Labour Day. The office will be closed.

The courtesy green waste pickups remain as scheduled.

Thanks to all our contributors. If you have any notices or inclusions for the next issue (June/July), please have them into the office before Monday May 19.

Happy reading!

Regards,

Lyn and Phil
Palm Lake Resort Deception Bay Caretakers

Contact us.

Looking for more information about Palm Lake Resort Deception Bay? Here's how you can reach us:

FREECALL: 1800 725 652

Street address:
1 Webster Rd
Deception Bay QLD 4508

Office hours:
9am to 12pm, Monday to Friday
(closed on weekends)

Email:
deceptionbay@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News in brief.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Refer your friends!

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Deception Bay home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.

Social Club Committee

President

Pamela Hill (Home 234, ph. 739)

Vice President

Brian Johnston (Home 64, ph. 815)

Secretary

Gloria Nicoll (Home 16, ph. 824)

Treasurer

Pat Holmes (Home 8, ph. 917)

Committee:

- Sharon Barnaby (Home 30, ph. 968)
- Kevin Barnaby (Home 30, ph. 968)
- Clive Nutley (Home 17, ph. 964)
- Mark Stimson (Home 14, ph. 839)
- Sue Mackley (Home 161, ph. 885)
- Mona Young (Home 148, ph. 908)
- Elinor Radke (Home 84, Ph. 753)
- Mary Jacobsen (Home 270, ph. 702)



Autumn's here, and it's Your Time

It's the start of a new season and that means there's a new edition of *This is Your Time*, our company magazine, hitting mailboxes around the nation. In this edition, let us introduce you to Mirador Wellness Centre which is part of Palm Lake Resort Pelican Waters. Mirador is the largest and most opulent over-50s wellness centre in the Southern Hemisphere. We couldn't be prouder of this one - it's a showstopper. We've actually taken that wellness theme and sprinkled it right throughout this magazine edition. Learn more about all those wellness therapies that are 'trending' right now (spoiler alert: they aren't 'trending' as much as they are here to stay!) and why you should incorporate a little more wellness into your daily life. We also catch you up on the progress we're making on our construction sites. If you haven't received a hard copy in your mailbox, you can always read it online at palllakeresort.com.au

Get social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @palllakeresort
Instagram: @palllake.resort



Australia Day fun.

A new committee has been elected (Page 3) and we are looking forward to having the usual 'special days' during the year, and hopefully some new and interesting entertainment. A big thank you to the outgoing committee and volunteers for a very successful Australia Day celebration. We had a lot of excellent feedback.

We always welcome new members to the Social Committee. Maybe you are happy to just be a volunteer to help when needed? Please let us know so we can compile a list of people willing to help out.

Pamela Hill
President



From the Red Hatters.

Our January meeting was a very relaxed one. It was at the Deception Bay Tavern where there was a very good deal for coffee and cake. It was good to catch up with most of our members, and a good start to the year.

The February meeting was a busy one, where we planned our themes and outings for the coming year. It was so busy that no photos were taken.

For March, we had an Irish theme as it was only a week before St. Patrick's Day. We played some Irish music, but made our own when we 'burst into song' with "Hang down your head Tom Dooley". That was prompted by one of our Red Hatters telling us that her father's name was Tom Dooley! Irish Lorna provided us with some interesting facts regarding Ireland, and everyone participated in solving an Irish 'Find-a-Word' puzzle in pairs. Guess who was first to finish?

Next month we're finding our Glad Rags for a gala evening.

Until next time,

Mary



All aboard!

OUR HOMEOWNERS RECENTLY ENJOYED A DAY OUT ON THE WATER, EXPLORING BRIBIE ISLAND AND BEYOND.

The list is now out for our next bus trip on Tuesday April 29, which is to the Esk Bush Bashers. This hilarious skiffle/ washboard band will entertain us whilst we have lunch. The \$70 cost includes coach, morning tea, lunch and entertainment. Payment to be made between 11am and 12pm on Tuesday April 22 in the Beach House. Enquiries to Marie (Home 63, ph. 832).



From the Garden Group.

Our last meeting was held on March 4, with good attendance. The guest speaker was Jillian Coombe from Customer Support at Searles. She answered questions and provided solutions to any problems we have in our gardens. We were all given a bottle of fertiliser, which was very nice of her. She is a very good speaker and was enjoyed by all who attended. The lucky door prize was won by Joan Grange. Bloom of the Month was awarded to Fran Knight with a blue hydrangea.

Garden Group Meeting Dates:

- April 1:** 9am in the Sports Club. Guest speaker: Noel Brauer. Noel is bringing anthuriums to show us and will explain how they grow. He will have plants for sale on the day, accepting cash or phone transfer. President Margaret Munro, Secretary Desley Young, and Assistant Secretary Fran Knight visited Noel and his wife Estelle to see the shade houses with the anthuriums; they were really pretty.
- May 5:** 9am in the Sports Club. Guest speaker: Claire Simon from AAT Kings Tours. Claire will present coach tours to us.
- June 3:** 9am in the Sports Club. Guest speaker: Lynda Rapkins, who will talk about orchids and provide a potting demonstration, including how to mount orchids onto wood. If you have a problem orchid, bring it on the day.
- July 1:** 9am in the Sports Club. This day is the AGM, so there will be no guest speaker.

We welcome all new members to our meetings. We have interesting guest speakers and occasional outings with carpooling options. Please bring a plate to share for morning tea; we supply the tea and coffee. We conduct garden clean-up on the Tuesday one week before the meeting at 8:30 AM.

Margaret Munro, President (ph. 850)
Fran Knight, Assistant Secretary Fran Knight (ph. 952)



Anzac Day commemoration.

Once again the time is quickly coming for us as a Community to commemorate Anzac Day. Any ex-servicemen or women who wish to be part of the “march-in,” please let me know. If you participate, you and your partner will be offered a named reserved chair for the ceremony.

For the information of our newer residents, there is the opportunity for residents to lay floral tributes should you desire to. There is also a collection taken up during the service which our local RSL earmarks for Distressed Service Personnel. Morning tea is served by the Social Committee following the service in the Beach House.

The Service commences at 9am, near the memorial outside the Beach House.

It would be appreciated if those willing hands that assist with the erection of the shade sails could be at the Beach House on Thursday April 24 at 10am please. Those people who have assisted with the chairs, we will need to put them out on that same day, April 24, at 2pm. Any new residents are most welcome to assist too. We do need volunteers, please.

Thank you in anticipation!

Pat McLoughlin (ph. 700)

From the Bowls Club.

Our regular bowls competition resumed on January 6. Summer didn't forget us, with some days really testing our stamina.

On November 29, John Brinkley and Murray Liddell (skip) deservedly won the 'Late Members Memorial Trophy' for 2024. This trophy was donated in 2018, by the family of Myrtle Freeth, to honour Myrtle and all those other club members who are no longer with us.

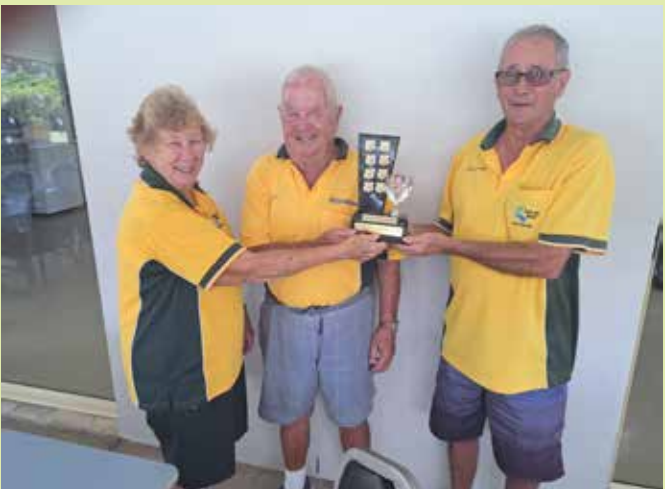
On January 27, the Australia Day Trophy was contested and won impressively by Tony Brannan (lead), Ross Heaney (second) and John Salkeld (skip).

At time of writing, the club's Singles Championship is underway with the semi-finals to be played next Sunday, March 23. The players involved have not all progressed without a battle, which confirms the depth of talent within the club. The outcome of the final will be published in the June/July edition of The Buzz.

On February 9, 23 players from our club visited Living Gems Caboolture, for an inter-resort challenge match. We were convincingly beaten by 204 shots to 146, but as usual, plan to reverse the result when we play them 'at home' in August.

For any homeowner who can bowl, or would just like to learn, please phone Mike on 886, or come down and chat to one of us any Monday afternoon, Friday morning or Wednesday after 5pm (after 3pm from May). We'd love to see you.

Mike Danks
Secretary



From the Craft Club.

When you receive this edition of The Buzz, we will have had our AGM so the results will be in the next edition of The Buzz.

On Friday February 28, we had a special morning tea as it was Patsy's last day at craft. We wished her every happiness in the future and thanked her for all the work she did for the club.

We were also saddened to hear the passing of a long, longtime past member Margaret Kuys.

Don't forget we are in the Craft Room on Friday morning 9am to 11am so come and join us.

Happy crafting,
Margaret (Home 5)





\$250



Palm Lake Resort®
DECEPTION BAY

Established homes for sale.

 Beds 3
 Bath 1
 Living 1
 Alfresco 1
 Garage 1



Additional highlights include an instant gas-electric hot water system, gas cooktop, electric oven, and a bathroom with a separate shower, vanity, and toilet.

 Beds 2
 Bath 1.5
 Living 1
 Alfresco 1
 Garag 1



SOLD

This two-bedroom Charisma design home features a lounge room and separate kitchen/dining. The bathroom features a shower and vanity, plus there is a separate toilet in the laundry area. There is a cooktop and electric oven in the kitchen, which has been renovated to include easy glide drawers, cupboards and generous pantry. Carpet in the lounge and bedrooms and wood veneer in the kitchen dining and laundry. The home has a single car garage with remote operated door and opens out into a small grassed backyard with garden shed and raised planting tub.

**WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 725 652 OR EMAIL DECEPTIONBAY@PALMLAKE.COM.AU.
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU**

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY ARE OUR SUPERPOWER!

Palm Lake Care needs you.

As you know, the Palm Lake Group portfolio includes more than two dozen over-50s resort communities as well as seven aged caring communities across Queensland's south-east corner.

While our Palm Lake Care teams provide highly reputable 24-7 nursing support and engaging Lifestyle programs, they are currently on the hunt for community volunteers. In each community, these volunteers can choose to spend one-on-one time with the residents or support our teams in running group activities and excursions etc.

Palm Lake Resort Beachmere Bay's Robyn Crosbie says she loves nothing more than volunteering her time at Palm Lake Care Beachmere's aged caring community which is conveniently across the road from her resort.

"I've been volunteering there every week for the past six years, helping the Lifestyle Team facilitate their activities program," she smiles.

For example, you can find Robyn going on bus trips with the residents - taking them out to lunch and on scenic drives, sometimes also to church.

"Volunteering is not for everyone but I love it. My Dad was in aged care for seven years so I'm very used to the setting," Robyn explains. "I love a chat and find it very easy to talk to the residents. I love listening to their stories and they love listening to mine."

If you're based nearby one of our seven Palm Lake Care communities and would like to assist as a volunteer, we encourage you to make an inquiry. Simply visit www.palmlakecare.com.au and you'll find all the contact details you'll need there.



100
YEARS
YOUNG!

Lucky Phil.

Palm Lake Resort Eagleby homeowner Phil McDonald has just celebrated his 100th birthday! The Eagleby community knows Phil as an avid (lead) bowler. He's a favourite teammate among the skips, always close to the jack. Even if his bowl lands just a few feet out, he curses himself, though most of us would be thrilled to bowl as well as he does! His dedication to the game has undoubtedly kept him active and young at heart. At this rate, we wouldn't be surprised if he's still bowling at 110!

Our congrats to Greg.

We were pleased to hear that Greg Norman was handpicked by the Prime Minister to join the 2032 Brisbane Olympic and Paralympic Games board. Greg Norman Golf Course Design designed the original Pelican Waters Golf Course layout, and also helped us reconfigure the course for Palm Lake Resort Pelican Waters. Greg is a supporter of the Palm Lake Group and we couldn't think of anyone more perfectly suited to this new role. Congratulations to Greg and look forward to hosting him at Pelican Waters for a round.

Weekly activities.

MONDAY	
8am	Group Fitness - Beach House, Weight Group - Craft Room
9am	Tai Chi - Beach House
10am	Sing-along (first and third Mons), Red Hatters meeting (second Mon of the month) - Sports Club
1.30pm	Lawn Bowls
2pm	Smart Moves - Beach House
6.15pm	Social Tennis
TUESDAY	
8am	Dance Fitness - Beach House
9am	Mah Jong - Sports Club, Garden Group (first Tues day of the month) - Sports Club
9.30am	Oil Painting - Craft Room (not first Tuesday of the month), Scrabble - Beach House
10.30am	Aqua Aerobics - Indoor Pool
1pm	Cards (500) - Craft Room, Indoor Bowls - Beach House
5pm	Residents Meal - Beach House
WEDNESDAY	
12noon	Residents Meal - Beach House
1pm	Cards - Sports Club (5 Crowns)
1.30pm	Round Dancing - Beach House
3.30pm	Lawn Bowls
THURSDAY	
9am	Tai Chi - Beach House
10am	Painting (Artist) Group - Craft Room
10.30am	Smart Moves - Beach House, Aqua Aerobics - Indoor Pool
2pm	Cards (Euchre) - Beach House, Line Dancing - Beach House
5pm	Residents Meal - Beach House
6.30pm	Table Tennis - Sports Club, Cards - Beach House
FRIDAY	
8.30am	Lawn Bowls
9am	Craft Club - Craft Room
10am	Legacy Morning Tea - Beach House (2nd Friday of the month)
2pm	Bingo - Beach House
6.30pm	Cards - Beach House
6.15pm	Social Tennis
SATURDAY	
8am	Keyboarders (alternate Saturday) - Sports Club
9am	Quilters Group - Craft Room
1pm	Cards (500) - Beach House, Indoor Bowls - Beach House
SUNDAY	
4pm	Croquet - Croquet Lawn
6pm	Cards (500) - Beach House
DAILY	
1.30pm - 4pm	Billiard and Snooker Club (Ladies' Day Tuesday)

Important contact numbers.

EMERGENCY NUMBERS (Police - Fire - Ambulance):
Remember '0' before the 000

To open gate from your home: 11

Air Conditioning (Connor Harm): '0' 0407 310 767

Police-non emergency: '0' 131 444

Tel/Internet support: '0' 5607 4030

Office: ext. 601

Caretakers/Managers - after hours: ext. 600

Caretakers/Managers/Sales: 1800 725 652

Beach House: ext. 605

Electrician - Air Spark (Paul) '0' 0417 147 180

Gas - smells/leaks: '0' 1800 808 526

Gas - Origin Energy: '0' 132 461

Garage Door Repairs - Brisbane & Bayside Garage Doors: '0'3888 1577

Home Assist: '0' 5490 6820

Neil Judge - JP Qualified: ext. 743

Newspapers - The Courier-Mail & The Australian: '0' 1800 630 130

Painter & Decorator - Andrew McNamara: '0' 0438 801 320

Palm Lake Aged Care: '0' 3293 5800

Plumber - North West Plumbing: '0' 0418 868 848

Handyman/Builder - Barry Corocher: '0' 0407 678 419

Poisons Information Centre: '0' 131 126

Prince Charles Hospital: '0' 3139 4000

Redcliffe Hospital: '0' 3883 7777

Royal Brisbane & Women's Hospital: '0' 3646 8111

RACQ Breakdowns: '0' 131 111

State Emergency Service: '0' 132 500

Sports' Club: ext. 603

Taxi - Redcliffe Taxi Service: '0' 131 008

For emergency
AMBULANCE FIRE, POLICE: '0' 000

Making memories.



FREECALL 1800 725 652 | deceptionbay@pallake.com.au
1 Webster Rd, Deception Bay QLD 4508

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
pallakeresort.com.au