

The Buzz.

DECEMBER 2022 - JANUARY 2023



Off and racing

Our resort was the place to be on Melbourne Cup Day - think sweepstakes, costumes and a delicious lunch.

Bowled over

Our resort is home to a thriving Bowls Group - you can check out what they've been up to on Page 7.

Home bodies

Spending time at home over the holidays? Try our tips to spruce up your space.



Welcome.

As we write this it's almost Christmas and the end of another busy year. There is lots of festive fun to be had around the resort, with various Christmas functions set to take place. It is great to see some getting into the spirit, adorning their homes with decorations and light displays.

Summer is of course the wet season here in South East Queensland, and we hope we don't experience the deluge and storms we did last time. Still, please take the opportunity to ensure that your gutters are clear and remove excess debris from your backyards.

We have had a number of new residents move in over the last couple of months, namely Joanne and Paul Kennedy (Home 126), Thea Hobson (Home 72), Neil Jeppesen (Home 45). Please introduce yourselves and make them feel welcome when you see them around the resort.

We would also like to note the appointment of Mr. Steve Sanderson to our permanent staff. Steve is our new chef and is a wonderful addition to our team – we're sure you will all agree. Speaking of meals, please note that our last week of meal service will be December 20, 21 and 23 and then resume again on Tuesday, January 17.

Make sure you mark the upcoming New Year's Eve party and Australia Day events on your calendars, both of which are taking place in the Beach House. Details to be advised by the Social Committee.

Wishing you all a Happy Christmas and New Year,

Lyn and Phil
Palm Lake Resort Deception Bay Caretakers

CONTACT US

Looking for more information about Palm Lake Resort Deception Bay? Here's how you can reach us:

FREECALL: 1800 725 652

Street address:
1 Webster Rd
Deception Bay QLD 4508

Office hours:
9am to 12pm, Monday to Friday

Email:
deceptionbay@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News briefs.



BINGO!

Join our happy group for bingo on Friday afternoons. It takes place in the Beach House, and it's eyes down at 2pm. Games cost \$10, and the 'Big Jackpot' is \$100 for the lucky winner. Bring your own 'Lucky Dobber'. Good Luck!

Stella Skennerton (Ph. 950)

VALE NOEL

The family of Noel Hewitt is grateful for the outpouring of support shown by the community during our time of loss. Thank you for the many cards and calls. A special thank you to Rona and the bowlers, who helped us set up and host our gathering for family and friends after the funeral services. It was good to spend time together reminiscing and celebrating Noel's life.

Dot Hewitt (Home 182)

WHAT'S ON AROUND TOWN

Now until December 21: Roma Street Parkland will transform into an immersive light and sound spectacular for The Enchanted Garden. Expect lasers, holograms, twinkling lights and more - perfect for the grandchildren.

December 17 - December 22: Christmas is coming to Brisbane City, and the main event is the South Bank Christmas Show. Expect singing, dancing, pantomime and so much more.

December 29 - January 4: Formerly the Brisbane International, this tournament will see some of the world's biggest tennis stars descend on the Pat Rafter Arena.



QUILTERS' REPORT

Thank you to everyone who bought tickets in our recent quilt raffle. The winners were...

- "Mickey Mouse" won by Dawn Downey (Home 10)
- "All in Pink" won by Mary Higgs (Home 279)
- "Unicorns" won by Arlie

Our next raffle will be held at our Quilt Show which is scheduled for late April 2023. Seasons' greetings to all – and see you at the Quilt Show!

WANTED

A second life for wine, beer and medium size cartons. Please leave in the craft room or on the verandah of Stella's villa (Home 214). Thank you.



And, they're off!

Fun and friendly competition were the orders of the day when Palm Lake Resort Deception Bay celebrated Melbourne Cup Day on November 1. With our homeowners dressed in their finest fashions - fascinators included - our resort could have been mistaken for Flemington Racecourse! It was a great day, complete with a delicious lunch, competitive sweepstakes, a hat decorating competition and even a few "bookies" roaming the Beach House. Congratulations to the winners, and commiserations to those whose bets didn't come off - though, on fun-filled days like these, surely everyone's a winner?



Social Committee.

After speaking with the neighbourhood centre, we have found there are a lot of needy families and homeless people in our community – often through no fault of their own. The Social Committee thought it would be a nice gesture if we could help make Christmas a little easier for these people.

In November, we asked for donations of non-perishable Christmas goodies and toys, which are to be passed onto the Neighbourhood Centre in conjunction with Lighthouse. These goods will be made into hampers and distributed to the families. We were collecting throughout the last month, with all donations left in the container at the end of the stage in the Beach House and collected each day by the Social Committee.

From the keyboarders.

On September 24, the Palm Lake Resort Keyboarders and Singing Group invited all homeowners to an afternoon of community singing. Lots of favourites were chosen by the keyboarders, and all in attendance were able to join in by following the lyrics projected on a screen. Patsy was the MC for the afternoon and very ably introduced each song. Dawn recited poems for us. All in all, it was a very pleasant afternoon. Thanks go to the Key Boarders and Singing Group members for a great event.

Christmas Carols

Come join the Keyboarders, Singing Group and invited artists to celebrate the festive season on Sunday, December 11, from 6pm to 9pm in the Beach House. A prize will be given for the best decorated Christmas Hat. A light supper will be served by our Social Committee during the evening. All are welcome, and we hope to see you there. For all enquiries, please call Gloria French (ph. 773).



Garden group.

It has been nice to see the sun after so much rain. Finally, things are starting to bloom again! Our last meeting was on October 4, with guest speaker Noel Prior and his wife and helper Heather. He did a presentation on ferns and foliage plants and brought along a lovely selection from his own home and fern house.

Monday, December 5, is our last gathering for the year and will be our Christmas party in the Beach House at 5pm. Food will be supplied by The Friendly Grocer.

We would like to wish everyone a Merry Christmas and a happy New Year.

With so many away in January, we will not have a Garden Group meeting. Tuesday, February 7 at 9am is our first meeting back for 2023 and will take place in the Sports Club. Our guest speaker will be Geoff Robinson, who will speak about the butterflies of South East Queensland and which native plants are vital to their survival. There will be plants for sale also.

Everyone is welcome to join our meetings, which take place on the first Tuesday of the month in the Sports Club at 9am. Please bring a plate of food to share – tea and coffee are provided. The Garden Group maintains a garden along the side fence at the end of the big lake, which screens out the carpark across the road at the shopping centre. Clean up days in the garden are the second Tuesday of the month at 9am, one week after our meetings. All volunteers are most welcome to lend a hand, pull weeds, prune... all manner of jobs to keep the garden tidy. Just bring yourself, secateurs, a hat and a bottle of water and join us in our garden.

Stella Skennerton (ph. 950)
President



Red Hatters.

Our ladies went for morning tea on the second Monday of September. Let's just say for some of our members it wasn't the best of experiences, and we are being compensated by the management and having lunch at the Redcliffe Tavern in November. Thanks to all those who offered to carpool that morning. October saw our special meeting, which we have once a year. We call it our Gala Night and use the occasion to wear outfits from the back of our wardrobes that we have for 'after 5 wear' and give them an airing. On this night we have a photo booth specially made in our favourite red and purple colours. It is also a night where we hold a cent auction, with money raised going to 'Riding for the Disabled' group at Redcliffe. Our donation will buy lots of hay for the horses, and it was very gratefully received. By the time you read this in The Buzz we will have had our final meeting for the year which will have been our Christmas function. Happy Christmas to all at Palm Lake Resort Deception Bay and to your families.

Craft Club.

Our craft ladies have been busy making items for our charities. When we're not crafting, we have been enjoying some fun meet ups outside the craft room. One Friday in October, we went to the café Zesty Lemon (near the library) and all the ladies enjoyed their morning tea and a lovely morning out – despite the wet weather. Our Market Day recently took place on Saturday, November 26. We hope our fellow homeowners enjoyed the crafts as much as we enjoyed bringing them to you. A big thank you to all homeowners who had a stall – without you, we could not have put on a day like this. We hope it was a successful day for you. We will have another one next year around the same time of year. We wish all homeowners and Management a Merry Christmas and a Happy New Year.

Bowls Club report.

New Vice President

It is with pleasure that the Club welcomes the new vice president, John Fullerton, who was elected at the September general meeting. Good on you, John, for volunteering – the Committee looks forward to working with you.

Triples Championship

The Triples Championship was held on Sunday September 25 between Jim's team and Murray's team with the winners being Jim McArthur (skip), Ann McArthur (second) and Bill Hodgetts (lead). There were about 20 people who watched a good game. A sausage sizzle was held to round off a great day for the players and all those who attended.

Fun Day

A good time was had by all at a fun (no uniform) day on September 30. More 'touches' were recorded on that day than ever before (I wonder why?). There were lots of colours and fancy dresses and a few laughs. Thanks, Bill for organising the day, it was great.

Christmas Party

The Bowls Club annual Christmas Party will be held on December 10 in the Beach House, starting at 6pm. Craig Shaw from Matrix Music will once again be entertaining us, as he did so well last Christmas. All members are invited to attend.

Last day of bowls for 2022

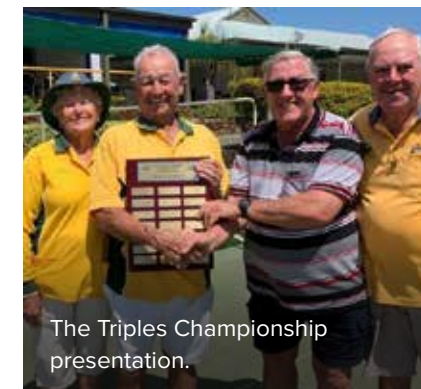
The last day of 'official' bowls for 2022 will be held on December 16 with Monday, January 16 the start date for 2023. During the break, Monday and Friday bowls will still be held in an 'unofficial' capacity.

President's Christmas Message

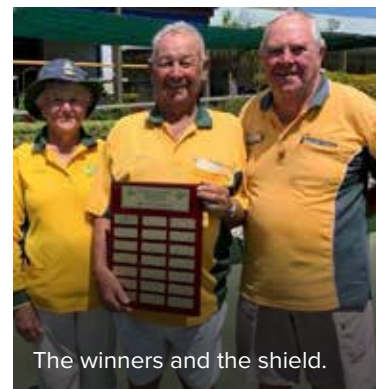
Another year of great bowls, great company with some sadness. To all bowlers and family from Dawn and myself, I hope you all have a very merry Christmas with family and friends, looking forward to next year.



Ann, Jim, Denise, Inge, Bill and Murray at the Triples Championship presentation.



The Triples Championship presentation.



The winners and the shield.



Happy snaps from our Fun Day.



Bring a plate.



WE ALL KNOW JUST HOW MUCH PALM LAKE RESORT RESIDENTS LOVE A CATCH UP. OUR COMMUNITIES ARE LITERALLY BUILT ON 'COMMUNITY'. WHETHER IT'S A STREET PARTY WITH GARAGES DOORS WIDE OPEN AND FOLD-OUT CHAIRS EN MASSE IN DRIVEWAYS, OR VISITING FAMILY CATCHING UP AROUND A BARBECUE OR OUR RESORT POOL, ONE THING IS FOR SURE – YOU SHOULD ALWAYS BRING A PLATE.

The season of entertaining is almost here, when neighbours, friends and family come together to celebrate, well, just about anything. Even when you're told not to bring a thing, it's nice to not turn up empty handed. Here are our top five easy 'bring a plate' ideas to get your through another Palm Lake celebratory season because, guess what? It's already that time of the year again!

Cheese platter

Cheese platters are always crowd favourites and should be your number one go-to. Whatever your taste, there's always something on a good cheese platter that everyone can enjoy. In our opinion, a solid cheese platter should include the following:

- A soft cheese like brie, goats' cheese or camembert
- A hard cheese like cheddar or gouda
- A blue cheese like gorgonzola, Roquefort or Stilton
- A mix of crackers and bread
- A selection of dips, both dairy-based (i.e., French onion) and dairy free (i.e., pesto)
- Quince paste
- Something salty, like olives, cured meats or nuts
- Something sweet, like fruit or chocolate.

Also, note that presentation is key when it comes to a memorable platter. Wooden chopping boards make a great base for your platter and don't forget a cheese knife.

Spinach cob loaf

This Aussie party classic has been on high rotation for more than 100 years (yes, really!). And it's so simple to make. Take a large cob loaf (your choice of white, sourdough or wholemeal bread) and slice off the top, allowing you to remove the soft internal bread – save it for the next steps though. Drain a bag

of frozen spinach of all water and mix with sour cream, mayonnaise, red onion and powdered vegetable stock until it forms a dip-like consistency. Scoop the mixture into the hollowed-out cob loaf and, under the grill, toast the bread chunks you tore out of the middle to serve.

Sushi tray

For something a little bit more exotic, you can't go past a sushi tray. Sushi is a lot of fun to make, too! Simply cook some sushi rice (short grain white rice made stickier with rice vinegar, sugar and salt), lay out a bamboo sushi mat and a sheet of seaweed (nori). Spread the rice onto the nori evenly, and right to each edge. Have a bowl of water on hand to help you form the sushi without the rice sticking to your hands. Add your preferred fillings along one side – fish, chicken, fresh vegetables, avocado and egg are popular choices – then roll it all together and cut with a super sharp knife.

Skewers

Does anything beat a skewer when it comes to finger food? There are no crumbs, no cutlery needed and plenty of deliciousness – plus, they're a lot of fun! Some exciting chargrilled skewer combinations include:

- Prawn, mango and avocado
- Steak, mushrooms, red onion
- Italian chicken, zucchini, cherry tomatoes, capsicum
- Grilled tofu or tempeh, carrots and mushrooms.

And to extend on your skewer repertoire, why not do fruit skewers? Pick the most colourful seasonal fruit available and chop into bite-sized pieces. For colour, you can't go past a combination featuring watermelon, grapes, rockmelon, honeydew, pineapple and the like. Easy!

Established homes for sale.

Home 41 - \$395,000



Beautifully renovated.

This tastefully renovated home enjoys modern amenities and wonderful views of the bay. It features two bedrooms, one bathroom and spacious open plan kitchen and living. Home 41 is close to Palm Lake Resort Deception Bay's facilities including pools, the Beach House, bowls club, tennis court and more. Don't delay, call today to inspect this delightful home. Inspections by appointment only.

Home 49 - \$375,000



Everything you need.

Make your mark in this well maintained three-bedroom home at Palm Lake Resort Deception Bay. Home 49 is well-suited for entertaining friends and family with a wonderful open plan living, kitchen and dining with breakfast bar, along with sizeable, carpeted bedrooms all with generous wardrobe space and ceiling fans. Enjoy some extra garage space for a small workshop, art station or additional storage.

Established homes for sale.

Home 206 - \$450,000



**UNDER
CONTRACT**

Looking for more?

Offering a unique position in a quiet corner overlooking the lake and resort gardens, this home is close to resort facilities including a heated pool, bowls green, tennis court and more. The home itself features an open-plan lounge, dining and kitchen space, two bedrooms plus a study, a large bathroom with toilet and a separate bath and shower. The living area is air conditioned and there are fans in both bedrooms. Vinyl timber flooring has been installed throughout. The home has a north-west facing long verandah, a useful garage with remote-controlled door and two garden sheds in the large backyard.

Home 174 - \$365,000



Cosy and comfortable.

This delightful two-bedroom home is conveniently positioned in the heart of the resort, so is well suited to those looking to embrace all that Palm Lake Resort has to offer. Think swimming pools, gym and sauna, bowls green, 'Beach House' community/function area and the clubhouse - it's all there. Within the home, you'll find a spacious lounge area, plus a large kitchen and dining room. The backyard is private and easy to care for. There is also air conditioning, built-in robes, a garden shed and a garage.

Weekly activities.

MONDAY

8am: Zumba Gold - Beach House. Weight Group - Craft Room
8.45am: Aqua Aerobics - Indoor Pool.
9am: Tai Chi - Beach House
10am: Red Hatters (second Monday of the month) - Craft Room
10am: Sing-along (first and third Mondays)
1.30pm: Lawn Bowls
6.15pm: Social Tennis

TUESDAY

9am: Mah Jong - Sports Club
9am: Garden Group (first Tuesday of the month) - Sports Club
9.30am: Oil Painting - Craft Room (not 1st Tues of the month)
9.30am: Scrabble - Beach House
1pm: Cards (500) - Beach House. Indoor Bowls - Beach House
5pm: Residents Meal - Beach House
6.30pm: Square Dancing - Beach House

WEDNESDAY

7.30am: Aqua Aerobics - Indoor Pool
8am: Group Fitness - Beach House
12noon: Residents Meal - Beach House
1pm: Cards - Sports Club (5 Crowns)
1.30pm: Round Dancing - Beach House
4pm: Croquet - Croquet Park
5.30pm: Twilight Bowls
6pm: Line Dancing - Beach House

THURSDAY

10am: Painting (Artist) Group - Craft Room
2pm: Cards (Euchre) - Beach House. Line Dancing - Beach House
5pm: Residents Meal - Beach House
6.30pm: Table Tennis - Sports Club
6.30pm: Cards - Beach House

FRIDAY

8.30am: Lawn Bowls
9am: Craft Club - Craft Room
9.15am: Tai Chi - Beach House
2pm: Bingo - Beach House
6.30pm: Cards - Beach House
6.15pm: Social Tennis

SATURDAY

8am: Keyboarders (alternate Saturday) - Sports Club
9am: Quilters Group - Craft Room
1pm: Cards (500) - Beach House.
1pm: Indoor Bowls - Beach House
4pm: Croquet - Croquet Park

SUNDAY

6pm: Cards (500) - Beach House

DAILY

1.30pm - 4pm: Billiard and Snooker Club (Ladies' Day Tuesday)

Important contact numbers.

EMERGENCY NUMBERS (Police - Fire - Ambulance):
 Remember '0' before the 000

To open gate from your home: 11

Air Conditioning (Connor Harm): '0' 0407 310 767

Police-non emergency: '0' 131 444

Tel/Internet support: '0' 5559 7988

Office: ext. 601

Caretakers/Managers - after hours: '0' 3385 9900

Caretakers/Managers/Sales: 1800 725 652

Beach House: ext. 605

Electrician - Air Spark (Paul) '0' 0417 147 180

Electrician - Komodo Electrical (Jono) '0' 0433760105

Gas - smells/leaks: '0' 1800 808 526

Gas - Origin Energy: '0' 132 461

Garage Door Repairs - Steel-Line Garage Doors:
 '0' 3713 3100

Home Assist: '0' 5490 6820

Neil Judge - JP Qualified: ext. 743

Newspapers - The Courier-Mail & The Australian:
 '0' 1800 630 130

Painter & Decorator - Andrew McNamara:
 '0' 0438 801 320

Palm Lake Aged Care: '0' 3293 5800

Plumber - North West Plumbing: '0' 0418 868 848

Handyman/Builder - Barry Corocher: '0' 0407 678 419

Poisons Information Centre: '0' 131 126

Prince Charles Hospital: '0' 3139 4000

Redcliffe Hospital: '0' 3883 7777

Royal Brisbane & Women's Hospital: '0' 3646 8111

RACQ Breakdowns: '0' 131 111

State Emergency Service: '0' 132 500

Sports' Club: ext. 603

Taxi - Redcliffe Taxi Service: '0' 131 008

FOR EMERGENCY

AMBULANCE FIRE, POLICE: '0' 000

Life is cruisy

at Palm Lake Resort.

Living at Palm Lake Resort has been compared to living the cruise ship lifestyle everyday. Just like cruising, our homeowners have everything they need, right on their doorstep. Think resort-style pools, gymnasiums, a wealth of activities and entertainment, social gatherings, food and drink, and more. But you can captain your own ship, here at Palm Lake Resort.

This is your time.



To find out which homes are available right now, **FREECALL** 1800 725 652
email deceptionbay@palllake.com.au or **visit us** at 1 Webster Rd, Deception Bay QLD 4508



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.

palllakeresort.com.au