

The Buzz



Social butterflies

The Social Committee has been working hard to put on many fun events recently

Anzac Day commemorations

Catch up on one of the biggest events on our resort calendar, Anzac Day...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash



Welcome.

Another winter is upon us – time to get out the rugs and thermals...

It's great to see that the indoor pool refurbishments have been completed. Now all you water babies can enjoy your exercise in the warm water.

Please note the changes to the aqua aerobics classes. Weekly on Wednesdays at 7.30am and fortnightly on Fridays at 8.45am. It is essential you put your names on the list in the Beach House as numbers are limited.

We would like you all to extend a warm welcome to our new homeowner Stephen Grimshaw (Home 169) as he settles into life here at the resort.

And finally, some housekeeping regarding weekly rubbish collection, green waste, and recycling. Please ensure all rubbish in your wheelie bins is bagged. Loose material including garden waste is a hazard for our team, especially when the bin is hoisted. Note that we may refuse to empty the bin if there is any problematic material within.

Green waste pick up is a complementary service and we are limited in the quantity we can pick up. Remember 2 standard-size rubbish bags (72L) and 1 tied bundle of loose material. Please place on roadside early on the pickup days (alternate Mondays).

The recycling bins in the resort are for plastic and glass bottles, paper, cardboard (flattened) and aluminum cans only, not for household waste or other random items of rubbish e.g. garden furniture, old carpet, polystyrene packaging, paint tins, etc. It is possible the resort could be fined for contaminated bins. If this occurs, then the service may cease.

You can of course donate glass and plastic bottles to the Drought Angels. Collection bins are all around the resort.

Thanks to all who regularly contribute to 'The Buzz'. We welcome any stories and articles you may want to share. The next deadline for the August/September issue is Monday July 1.

Regards,

Lyn and Phil
Palm Lake Resort Deception Bay Caretakers

Contact us.

Looking for more information about Palm Lake Resort Deception Bay? Here's how you can reach us:

FREECALL: 1800 725 652

Street address:
1 Webster Rd
Deception Bay QLD 4508

Office hours:
9am to 12pm, Monday to Friday
(closed on weekends)

Email:
deceptionbay@pallmlake.com.au

Find us online at:
pallmlakeresort.com.au

Get social:
Follow us on Facebook
(@pallmlakeresort) and on
Instagram (@pallmlake.resort)

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.



News in brief.

Vale Eric

Sheila and family would like to thank everyone for all the cards and flowers received on Eric's recent passing.

Sheila Liley (Home 171)

Get social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @pallmlakeresort
Instagram: @pallmlake.resort

Bus trip news

Our next bus trip will be to the Qld. Garden Expo at Nambour on Thursday July 4. This event has been going for 40 years and offers many and varied things to see and do. Lots of free talks and demos and a plant clinic to answer all your questions. Plenty of seating, many nurseries selling plants, lots of food stalls plus other stalls selling all things gardening and also a lot more. Cost will be \$45 which includes coach and entry only with morning tea and lunch to be purchased yourselves. List for names and all details will be out on Friday May 24 with payment due on Monday June 24. Enquiries contact Marie, (Home 63, phone 832).

'23/'24 Residents committee

President: John Woolley (Home 150, ph. 801)

Vice President: David Mainwaring (Home 121, ph. 910)

Secretary: Jo Kennedy (Home 126, ph. 907)

Ass. Secretary: Paul Kennedy (Home 126, ph. 907)

Area Reps: Charlie Glaser (Home 137, ph. 930), Helen Pullman (Home 43, ph. 864), Lynette Reeve (Home 183, ph. 873), Patsy Paynter (Home 115, ph. 781), Diana Ferrari (Home 250, ph. 846), Lorna Beattie (Home 277, ph. 778)

Get crafty

The Craft Club AGM, held in March, went well and the new committee is:

President Margaret Cunningham

Secretary Hazel Christison

Treasurer Wendy Mather

Committee Members

- Joan Grange
- Joy Hannah
- Betty Mitchell
- Stella Skennerton

The Craft Market Day was discussed and is planned from November 16. Anybody wishing to have a table to display their handicraft is asked to come along to a meeting on September 13 at 3.30pm in the Beach House. The challenge for the market day is a decorated candle. All residents can participate, so put your thinking caps on and get involved. More information on the market day in the next edition of The Buzz.

The club meets at 9am on Friday in the craft room. All are welcome.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Fern Bay homeowner Ann-Marie is a winner!

Are you following Palm Lake Resort on our various social media platforms? While you can catch up on all the company news on our Facebook page, you may not know that we also have a vibrant Palm Lake Resort Instagram account as well? Ann-Marie of Palm Lake Resort Fern Bay is the lucky winner of our Instagram competition that ran during the month of April. She has picked up a \$200 gift card simply by tagging a friend in our posts. Make sure you keep your eyes peeled for our next social media competition. In the meantime, make sure to be following us on Facebook (@pallmlakeresort) and on Instagram (@pallmlake.resort).

Image supplied by Peter Fitzpatrick.

Anzac Day.

Once again, Anzac Day was commemorated in style. All residents who participated were pleased with the morning. One item was missing though, and a number of residents made mention of the fact that the Scouts were not present. I sent the Scout leader a text message to let him know how much they were missed, and this is what he replied. "We love coming to your service, it is always beautiful and we are always made to feel welcome. It is a shame we could not attend this year. Hopefully we will be there next year. Please pass on our thanks to all the residents and everyone who makes it a special day for the men and women who served. Lest We Forget."

Pat McLoughlin



We're a social bunch.

The St Patrick's Day celebration was well received. Tim and Maggie provided their usual enjoyable music, which had residents up on the dance floor. Even those who could not participate were tapping their feet and occasionally singing along. Prizes were awarded to Jan Hodgetts and Murray Liddell for their effort to dress 'Irish' which added to the atmosphere of the sea of green in the room. A great effort.

Anzac Day was the usual success and well organised. A wreath was laid by the Social Committee on behalf of the residents at Palm Lake Resort Deception Bay. A morning tea was also provided. It was lovely to see so many people staying behind to chat and socialise.

Our next function is a Ladies Morning Tea on Saturday May 11. This is a free event for homeowner ladies, but we are asking the ladies to make a cash donation to our much needy Lighthouse Centre Deception Bay. As we know, at present, a lot of people are needing the services they provide. The Social Club will also add to the donations received.

Keep Sunday June 16 free for a barbeque lunch. Flyers will be put up as time gets closer.

Another big date claimer is Saturday July 20 – more details later. You would be wise to mark it in your diary!

Glenda
Social Committee



Quilt show wrap up...

Once again, we had a very successful quilt show on April 20.

Raffle winners were:

- **1st Prize:** ‘Check Mate’ made by Coral Welham, won by Elinor Radke
- **2nd Prize:** ‘Flying Free’ made by Kim Jerks, won by Gloria Nicoll
- **3rd Prize:** ‘Bluey’ made by Jan Scott, won by Colleen Thompson
- **4th Prize:** Set of place mats made by Jan Scott, won by Beth Kuhl

Thanks for everyone who bought tickets in our great raffle.

The ‘Floral Challenge’ was very popular and was won by Dawn Toomey with her quilt ‘Purple Posies’.

Our grateful thanks to all who supported our quilt show, and most of the quilts will be donated to our favourite charities in the next few weeks.

One of our quilters, Coral Welham, has also found a use for some of the fabrics donated to us which are not really suitable for quilts. Coral makes pouches for rescued wildlife cared for by animal wildlife rescue groups. Great work, Coral!

And of course, if you’d like to join our group on Saturday mornings in the craft room, we’d love to see you!

Dawn (Home 89, ph. 806) and Jan (Home 105, ph. 802)



From the Garden Group...

The last meeting of the Garden Group was on April 2 with President Margaret Munro in the chair. Unfortunately, the lower attendance is continuing with only 25 members present. We would love to see new members and old members return.

We have had some interesting guest speakers at previous meetings, for example from Grow Organics, Searles, Helloworld Travel and AAT Kings Tours. The May meeting speaker will be Leesa Cornford from Leesa’s Little Farm and in June, Kelly Ashford, who is the Senior Local History Officer from City of Moreton (MBRC) telling us about the Deception Bay Heritage Trail.

Unfortunately, we were unable to visit Lindmar Gardens as planned as their property was devastated by the storms and heavy rains. However, Keith Lawson, one of our residents, stepped in and co-ordinated a tips and tricks session involving other keen gardeners in our group and did so with lots of humour along the way sharing knowledge in a positive way with everyone... Thanks, Keith.

Margaret Munro and Desley Young recently attended Presidents Day at the Queensland Council of Gardens at Mt Coot-tha. Both ladies enjoyed the speakers, friendship and luncheon.

The April winner of ‘Bloom of the Month’ was Desley Young with a delicate white orchid.

Plans are in the pipeline for Marie Heggie to run a bus to Nambour on July 4 to enable residents to attend the Queensland Garden Expo. A notice will be in the Beach House when tickets are for sale.

Clean up day at the Palm Lake Resort Deception Bay garden is the last Tuesday of the month at 9am and everyone is welcome to lend a hand, pruning or whatever they can contribute.

Happy gardening,

Margaret Munro, President (ph. 850)
Mary Higgs, Secretary (ph. 995)

From the Red Hatters...

As the photograph shows, there was a good roll-up for our March meeting which was an outing to Café 63 at Redcliffe. We had a couple of members with birthdays on that day and another member with a March birthday as well, so it was a timely celebration. The food and service are always good at this venue, so we had a pleasant morning. Thanks to all who offered to take others in their cars.

For one reason or another numbers were down for the April meeting at Palm Lake Resort but that always means those in attendance had more chances to voice opinions. Our topic for conversation revolved around the special items we had been asked to bring. Some of these items were from cruises or holidays, some were just favourite cups and mugs, some were very old but the ladies who brought them all had a story to tell. No one goes home from Red Hatters without having contributed to the morning. The photo shows our lovely big lake in the background. We meet in the sports room on the third Thursday of the month at 10am for a couple of hours of good fun.



Bowls report.

Competition has been keen for the autumn bowls challenges. The club’s championship singles went, deservedly, to Mike Danks, who defeated the title holder Murray Liddell in less than the allotted 20 ends. Well done, Mike. One down, two to go, aye?

The Anzac Day Trophy, play for by 32 players on April 19, was won by W. Pampuch, M. Danks and D. Spence (skip).

Congratulations to all the winners and a huge thank you to the competitors. It’s your participation that makes the club strong.

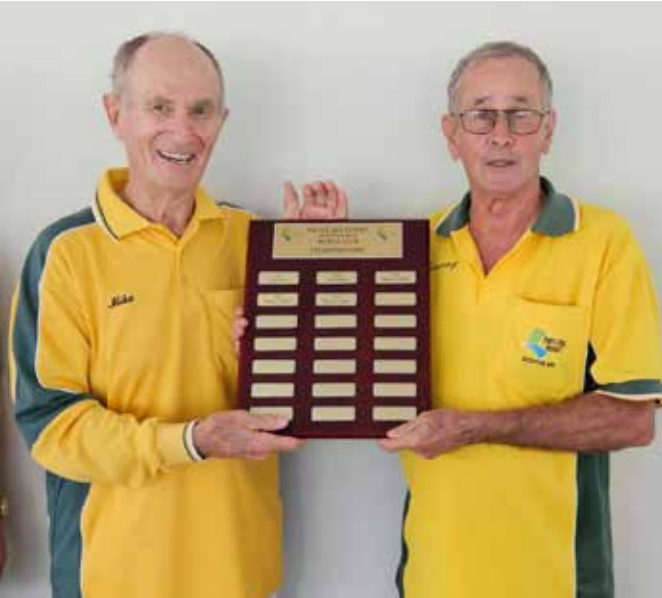
The Consistency Challenge kicked off on April 21. Jim MacArthur is the reigning champ. Results to come in the next issue of the Buzz.

The club’s March barbeque was catered by Rona Wood and her band of helpers. Thank you all.

Another vote of thanks must go to Palm Lake Resort management for providing the ‘crusher dust’ for the ditches around the green, and also to Jim’s many hands who made light work of spreading it. Great teamwork guys. Credit to you all.

The next committee meeting will be on Monday July 1. The AGM and Election of Officers will be on Monday July 8.

Murray Liddell
Home 158, ph. 966



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Resort workshop put to amazing charitable use.

IT HAS BEEN A BUSY 12 MONTHS FOR A DEDICATED GROUP OF PALM LAKE RESORT BALLINA RESIDENTS WHO HAVE BEEN HELPING THE ROTARY CLUB OF BALLINA-ON-RICHMOND WITH THEIR TEMPORARY HOUSING PROJECT FOR PEOPLE DISPLACED BY THE BIG 2022 FLOOD.

The waters may have subsided long ago, but many people still remain in very poor living conditions after the severe flooding of 2022. Thankfully though, a project from the local Rotary Club is providing warm, safe, secure and compact homes for people to live in while they are either waiting to have their original homes restored or until they find alternative accommodation.

Palm Lake Resort Ballina resident Col Lee is the coordinator of the Rotary Club of Ballina-on-Richmond's Flood Recovery group. He engaged members of the Ballina Satellite Club, based at Palm Lake Resort Ballina, to assemble kitchenettes in the resort workshop and help with the fit outs of the temporary homes across the Northern Rivers region. All up, 38 homes have been erected, housing more than 100 people across seven affected local government areas.

The satellite assembly team – led by resident Michael Sherlock, a former cabinetmaker – put together the kitchen packs, adding plumbing, sink and hardware to the cupboards. The well-equipped Palm Lake Resort workshop made the job much more efficient and less confined than it would be in a normal garage. Once completed, the kitchenettes are then installed into the temporary homes to

make them ready for occupancy. Under State Government legislation, each temporary home can be occupied for up to five years and must have running water, some form of electricity and a working toilet. A development application is not required, being a temporary dwelling.

Palm Lake Resort Ballina's Resort Manager, Rick Stewart, says it is wonderful to see our residents engaging in such a worthwhile community project.

"The fellowship and sense of commitment among the members has given everyone so much pleasure in our workshop," says Rick.

"Projects such as this give a genuine purpose to all involved in our Resort where we strive to have a close connection to major community projects."

The last of the six homes were erected in the Nimbin area, which many feel has been forgotten by government authorities. This area was very badly affected by landslides – landholders' properties and homes were swept into sunken valleys and roads were covered with up to 15 metres of rock, soil and trees. Their homes and contents have been totally destroyed, never to be seen again. This Palm Lake Resort-based project has been a life changer for those who have suffered severely from the total devastation of their properties and livelihood – finally, thanks to this dedicated, community-focused group, they can begin to move forward. Through their work and expertise, these volunteers have lifted the morale and self-esteem of many people who had all but given up hope. Well done, all!



Leona is driven.

GOSH, WE HAVE A VIBRANT COMMUNITY OF RESIDENTS ACROSS BOTH OUR PALM LAKE RESORT AND PALM LAKE CARE COMMUNITIES - AND OUR TEAM MEMBERS ARE PRETTY VIBRANT THEMSELVES!

Case in point: Leona from Palm Lake Care Mt Warren Park. When she's not heading up the Lifestyle Team, she's generously giving her time to others, including charity. Leona has just returned from the "Shitbox Rally" - an aptly named annual Cancer Council fundraiser that requires participants to drive a car valued at less than \$1500 across various states of Australia. The rally saw her and husband Scott drive a 1989 VN Commodore from Brisbane to the starting line in Adelaide, through the centre of Australia, and over to Perth. Although the rally finished in Perth, the pair managed to complete a return trip and got their 'shitbox' back home to Brisbane - some 12,000km in total! This was Leona's fifth time in the Shitbox Rally, which has raised \$45 million for the Cancer Council in its 14-year history (Leona and her fellow Autumn 2024 rally participants raised \$3 million alone this trip!). Incredible! Leona's residents at Palm Lake Care Mt Warren Park followed her progress throughout the trip online, via a tracker she had in her car. There was loads of excitement across the community as she and Scott made it to each checkpoint. Bravo Leona - what fun, and what a great cause!

Inter-resort good sports.

Palm Lake Resort Eagleby hosted a team from Palm Lake Resort Waterford who put up a good fight, with some great lawn bowls played. However, Eagleby proved to be too strong and ran out winners 91 to 55.

Our Palm Lake Resort Cooroy-Noosa bowlers also took on visitors from Palm Lake Resort Beachmere Sands in a recent inter-resort bowls comp. After the morning session, Cooroy-Noosa were only up one point and one game. After a bit of banter and encouragement over lunch, the Cooroy teams lifted and won six out of eight games and scored 99 to 58 points to comfortably win the day. Final results were: Games won 10.5 to 5.5 and Points won: 196 to 154

Finally, Palm Lake Resort Bethania lawn bowlers took on their counterparts at Waterford recently. Although the final score was 102 to 63, it was no indication of the game. Both teams won three rinks each however one Waterford team won 34 to 5 with a very rare score of 9 on one end. This doesn't happen often - it's a bit like a hole in one in golf. It was a great game that all enjoyed whether playing or spectating.

They're sew good.

The talented crafters at Palm Lake Resort Deception Bay held their 10th annual Quilt Show in recent weeks. A few of the handmade quilts went home with lucky raffle winners – the rest are to be donated to local charities. Special mention to quilter Coral Welham, who turned fabric that wasn't suitable for quilting into pouches for rescued wildlife. Our Deception Bay homeowners really are sew good.



Cindy trains pups to empower.

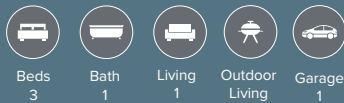
Palm Lake Resort Beachmere Bay homeowner Cindy is spending her free time in a brilliant way - training pups to become Assistance and Therapy Dogs. Cindy has opened up her Beachmere Bay home to support this fantastic cause and has an ever-changing variety of the most gorgeous pooches staying with her, via the "Empower Assistance Dogs" organisation. Well done, Cindy!

What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? We'd love to hear from you! **Simply email the details to belinda@bellepr.com**

Established homes for sale.

Home 244 - \$490,000



Cottage II

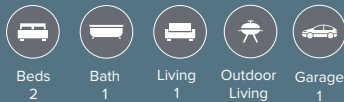
Come and join all that Palm Lake Resort Deception Bay has to offer.

This well-maintained home is situated at the end of a quiet street and has a large north-facing veranda where you can sit and relax on.

Walk in and start enjoying life, create a lifestyle with as many of the activities we offer as you desire. Close to a shopping centre, medical services and walk ways but still remaining peaceful. The home and resort are in a great location, come and see for yourself.



Home 173 - \$410,000



Charisma

Discover your perfect retreat within this meticulously tended home, complemented by effortlessly manageable gardens. Positioned conveniently close to resort amenities, a nearby shopping centre, medical facilities, and a picturesque bay-side promenade, this residence offers unparalleled convenience and excellent value. Unwind on the veranda, and watch the world go by. With the potential to infuse your style, this home awaits your personal touch to transform it into your perfect place.



WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 725 652 OR EMAIL DECEPTIONBAY@PALMLAKE.COM.AU.
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Weekly activities.

MONDAY

- 8am Zumba Gold - Beach House, Weight Group - Craft Room
- 9am Tai Chi - Beach House
- 10am Sing-along (first and third Mondays)
- 1.30pm Lawn Bowls
- 2pm Smart Moves - Beach House
- 6.15pm Social Tennis

TUESDAY

- 9am Mah Jong - Sports Club, Garden Group (first Tuesday of the month) - Sports Club
- 9.30am Oil Painting - Craft Room (not first Tuesday of the month), Scrabble - Beach House
- 1pm Cards (500) - Beach House, Indoor Bowls - Beach House
- 5pm Residents Meal - Beach House
- 6pm Square Dancing - Beach House

WEDNESDAY

- 7.30am Aqua Aerobics - Indoor Pool
- 8am Group Fitness - Beach House
- 12noon Residents Meal - Beach House
- 1pm Cards - Sports Club (5 Crowns)
- 1.30pm Round Dancing - Beach House
- 3.30pm Lawn Bowls
- 4pm Croquet - Croquet Park
- 6pm Line Dancing - Beach House

THURSDAY

- 9am Tai Chi - Beach House
- 10am Red Hatters meeting (third Thur of the month) - Sports Club, Painting (Artist) Group - Craft Room
- 10.30am Smart Moves- Beach House
- 2pm Cards (Euchre) - Beach House, Line Dancing - Beach House
- 5pm Residents Meal - Beach House
- 6.30pm Table Tennis - Sports Club, Cards - Beach House

FRIDAY

- 8.30am Lawn Bowls
- 8.45am Aqua Aerobics - Indoor Pool (Alternate Fridays)
- 9am Craft Club - Craft Room
- 10am Legacy Morning Tea - Beach House (2nd Friday of the month)
- 2pm Bingo - Beach House
- 6.30pm Cards - Beach House
- 6.15pm Social Tennis

SATURDAY

- 8am Keyboarders (alternate Saturday) - Sports Club
- 9am Quilters Group - Craft Room
- 1pm Cards (500) - Beach House, Indoor Bowls - Beach House
- 4pm Croquet - Croquet Park

SUNDAY

- 6pm Cards (500) - Beach House

DAILY

- 1.30pm - 4pm Billiard and Snooker Club (Ladies' Day Tuesday)

Important contact numbers.

EMERGENCY NUMBERS (Police - Fire - Ambulance):
Remember '0' before the 000

To open gate from your home: 11

Air Conditioning (Connor Harm): '0' 0407 310 767

Police-non emergency: '0' 131 444

Tel/Internet support: '0' 5607 4030

Office: ext. 601

Caretakers/Managers - after hours: ext. 600

Caretakers/Managers/Sales: 1800 725 652

Beach House: ext. 605

Electrician - Air Spark (Paul) '0' 0417 147 180

Gas - smells/leaks: '0' 1800 808 526

Gas - Origin Energy: '0' 132 461

Garage Door Repairs - Brisbane & Bayside Garage Doors: '0'3888 1577

Home Assist: '0' 5490 6820

Neil Judge - JP Qualified: ext. 743

Newspapers - The Courier-Mail & The Australian: '0' 1800 630 130

Painter & Decorator - Andrew McNamara: '0' 0438 801 320

Palm Lake Aged Care: '0' 3293 5800

Plumber - North West Plumbing: '0' 0418 868 848

Handyman/Builder - Barry Corocher: '0' 0407 678 419

Poisons Information Centre: '0' 131 126

Prince Charles Hospital: '0' 3139 4000

Redcliffe Hospital: '0' 3883 7777

Royal Brisbane & Women's Hospital: '0' 3646 8111

RACQ Breakdowns: '0' 131 111

State Emergency Service: '0' 132 500

Sports' Club: ext. 603

Taxi - Redcliffe Taxi Service: '0' 131 008

For emergency

AMBULANCE FIRE, POLICE: '0' 000

We're all good sports.



FREECALL 1800 725 652 | deceptionbay@palllake.com.au
1 Webster Rd, Deception Bay QLD 4508

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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