

DECEMBER 2024 - JANUARY 2025



Eagleby Star



The race that stops the nation

Catch up on all the fun of this year's Melbourne Cup Day celebrations, inside...

So much to catch up on...

Our thriving sports and social groups reflect on the last few months (and the year that was)

Refer a friend, earn a reward

Do you know someone who is looking to move here? Refer them for a cash reward!



Welcome.

Welcome to the latest edition of the Eagleby Star - and the last for 2024. Where has this year gone? It doesn't seem five minutes since we were getting the Christmas decorations out last year, and here we are again.

We always love to see the beautiful Christmas decorations that our homeowners put up. We absolutely encourage each and every one of you to put something up, big or small.

The residents' Christmas meals will be on Tuesday December 17, Wednesday December 18 and Thursday December 19. Please wear your Christmas jumpers (air conditioning will be cranked up) and bring your festive spirit.

The office will be closed from COB on Friday December 20 and reopen on Monday December 30. The office number will be diverted to my mobile for emergencies.

I would like to take this opportunity to thank all the volunteers for their hard work around the resort. Whatever you volunteer for, please remember that your time and effort makes a big difference. Thank you.

On behalf of myself, Lauren, Daguy, Gary, Anne, Kate, Mark and Dee, we would like to wish you all a wonderful Christmas and a happy New Year.

Until next time,

Michaela Gee
Palm Lake Resort Eagleby Caretaker

Contact us.

Looking for more information about Palm Lake Resort Eagleby? Here's how you can reach us:

FREECALL: 1800 781 101

STREET ADDRESS:
272 Fryar Road
Eagleby QLD 4207

OFFICE HOURS:
9.30am to 12pm weekdays (11am to 12pm only on Wednesdays)

EMAIL:
eagleby@palllake.com.au

FIND US ONLINE AT:
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook (@palllakeresort) and on Instagram (@palllake.resort)

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News in brief.

Hosing hours

Please make note of our hosing hours for recycled water:

Mornings: 7am - 8am
Afternoons: 4pm to 5pm

Please hose during these times from Monday to Friday only. Please do not use the recycled water on weekends.

Waste reminder

Green waste (Tuesdays):

December 10 (the last for 2024),
January 7 and 21

Hard waste (Mondays):

December 9

Bulk billing skin clinic doctors

Dr Brent Paine and Dr Jeffrey Yu, working from Mount Warren Park Medical Centre, offer bulk billing and are now seeing new patients for skin checks. Please call their reception on 3807 8588 to make an appointment.

Medical & Disability Aids Register

A number of homeowners have asked me if I know of anyone who can lend them equipment for them to use after having a knee or hip operation. Through the generosity of our residents, I have made up an extensive list for anyone needing to loan this equipment. If you need anything after an operation, contact me and I will put you in touch with the owner of whatever it is that you require.

John Matheson
(Home 231, ph. 1431)

Salon specials

Visit our resort salon this December to receive a free raffle ticket, which will give you the chance to win a Nak gift basket (valued at over \$200). Gift packs and gift vouchers are also available for the holiday season. Then, in January, receive a style cut and blow dry, eyebrow wax or tint and a hot towel massage treatment for \$59.95.

Call the salon at 3489 7988.



Beauty in bloom!

How beautiful is this bougainvillea archway that Brian and Joyce (Home 290) have grown? The talent of our green-thumbed homeowners never ceases to amaze us.



Safety first

Palm Lake Resort Eagleby recently had a visit from the Beenleigh Fire and Rescue Department and the four firemen arrived in their big red truck. They gave a great talk on lithium batteries, electric cars and looking after the safety thereof. They also fielded lots of questions before being delighted with our yummy morning tea.



Doctors' surgery hours

Dr Anthony Ting
Wednesday 8.30am — 9.30am

Dr Nicholas Ting
Friday 11.30am — 12.30pm

Please phone Mt Warren Park surgery for an appointment or home visit on 3807 8588.

Podiatrist is available Tuesday (bookings sheet is in the Lakeview Clubhouse).



On September 11, Palm Lake Resort Eagleby Social Bowls Club would have, without doubt, been the envy of bowls clubs everywhere – and certainly Palm Lake Resorts throughout Australia.

Reason: the club was extremely fortunate and privileged to host the visit of the world's number one ranked lawn bowler, Aron Sherriff. Aron honoured the club with his presence for over three-and-a-half hours. All bowlers know Aron Sherriff the bowler; however, few know Aron Sherriff the person.

On the day, we found that Aron was extremely approachable and personable as he walked around the rinks during play, offering advice and tips to players. Aron has a status that is high on the list of Australia's top sportspeople. With that status, he could have easily been a different person. However, his display of openness, eagerness and willingness to help others shone through.

Aron gave bowlers an insight into his own, his family and his bowling life during the Q&A session that followed his time on the rinks. He also shared some of his training techniques (both physical and mental), leaving our bowlers with little doubt as to why he is ranked as the world's number one bowler.

Aron has shown his passion for helping others by committing to return to Palm Lake Resort Eagleby, not only once but twice. We can expect him again sometime in mid to late November and sometime in February 2025.

Many residents have never played bowls prior to living in our wonderful resort. For the regular newcomers, Aron's visits will be appealing and undoubtedly high on bowlers' agendas. Aron is an ambassador for leading and high-profile organisations. As bowling rinks are valuable to the



Palm Lake Resort marketing machine, what a popular and valuable ambassador he would be for (what we believe to be) Australia's number one over 50's resort.

Remember, if Aron Sherriff gave you a tip – practice it. It will work for you.

Good bowling for all,

John Matheson

Cup Day fun.

It's always one of the biggest events on our resort calendar, and our 2024 Melbourne Cup Day celebration was no exception. From 'Best Dressed' competitions to sweeps and delicious food aplenty, let's catch up on all the fun we had watching the race that stops the nation...



The book report.

Most of you are not getting any younger and, like me, are probably losing the ability to read small print. This is particularly galling for me as I help organise our two libraries and am constantly surrounded by books I can't read. We do have a good selection of large print books in our libraries, but they are difficult to obtain.

Then, recently, my family came up with the answer. They bought me a Kindle for my last birthday. These have been around for many years, but I have never found the need to get one.

This is the best present I have ever had! I can now read all the books I want without straining my eyes. Most of the books are free to download and the font size can be adjusted to my needs. I just make a note of any book I would like to read, and my granddaughter-in-law does the rest. Absolutely brilliant... Now, sitting with my feet up, a cup of coffee and a good book is not a thing of the past. Enjoy!

Jone Morganti (Home 57)



From the Social Club...

What a busy time we have had lately. We enjoyed a beautiful cruise up the Brisbane River, taking in the city after a fulfilling meal at the Hamilton Hotel. And, to cap off the night, we travelled up Mt Coot-tha to look out over the lights. The night was well supported as we had two busloads participating.

The Faulty Towers Dining Experience was also well supported, with 120 people in attendance. We all enjoyed the side-splitting antics provided by the three actors for our entertainment and had wonderful three course dinner. Of course, it was all made possible by our many volunteers. Thanks again, guys.

The villa draw has once again reached the \$500 mark, so we urge everyone to attend for their chance to be one of the lucky winners. Our Friday night events offer entertainment, food and villa draws – all at no cost to you.

The Melbourne Cup will have been run and won by the time of this publication, so we hope that you were all lucky punters.

I look forward to welcoming you all to our future functions.

Pam (Home 284)

ON THE CALENDAR...

DECEMBER

- **Friday December 6:** Happy Hour and Villa Draw at Lakeview
- **Friday December 13:** Happy Hour and Music Night at Lakeview with Rob Stephenson
- **Sunday December 15:** Christmas Show at Summer House (daytime)
- **Friday December 20:** Happy Hour and Villa Draw at Lakeview
- **Friday December 27:** Happy Hour and Snack Night at Lakeview
- **Tuesday December 31:** New Year's Eve Supper Dance at Lakeview with Lovely Daze

JANUARY

- **Friday January 3:** Happy Hour and Villa Draw at Lakeview
- **Friday January 10:** Happy Hour and Music Night at Lakeview
- **Friday January 17:** Happy Hour and Villa Draw at Lakeview
- **Monday January 20:** HO General Meeting at Summer House
- **Friday January 24:** Happy Hour and Snack Night at Lakeview
- **Sunday January 26:** Australia Day Celebrations at both Clubhouses and Bowls Club
- **Friday January 31:** Happy Hour and Lucky Door Prizes at Lakeview

FEBRUARY

- **Friday nights:** Happy Hours at Lakeview
- **Monday February 24:** Home Owners Assoc. Annual General Meeting



From the bowls club...

Good morning or evening, depending on when you are reading this report. As this is the last newsletter before Christmas, on behalf of the Bowls Club, I would like to wish each and every one of our homeowners a very safe and happy Christmas.

Looking back on some of the highlights over the year, I mentioned in a previous report that we had Aron Sherriff – world number one and six-times Australian Lawn Bowls Champion – visit us on September 11. He also gave some of us coaching lessons.

Our Gold Team also won the resort challenge, which was played over three months (starting in March) between about eight resorts.

In September, we took 24 bowlers down to Ballina to play for the PLR Eagleby/Ballina Shield. Though Eagleby lost on the day, we won by 10 points when Ballina came to Eagleby earlier this year, so the competition was called a draw. This means we get to retain the shield for another year.

Our supporters, Niagara Therapy, sponsored a great day of Bowls on September 29 with \$600 in prize money, which was arranged by Keith Meiforth. Thanks, Keith!

During the year we played host to many teams, including Lewani Palms, Ruby Gardens, Halcyon Green, Halcyon Rise, Chambers Pines, Gold Crest, Ingenia, Opal Gardens, Mt Gravatt, Victoria Point and Palm Lake Resorts Waterford, Beachmere Bay, Ballina and Toowoomba.

At the time of writing, we are preparing to host the Renaissance Retirement Village from Victoria Point on November 6.

On Saturday November 23, we will be holding our annual presentation night at the Summerhouse. This evening will be catered for by Ann, our resort cook, and is sure to be a great night – it always is.

We had new carpet tiles installed in the clubhouse which has helped to reduce the noise in the room, Thanks to Palm Lake Resort and our Home Owners for the help with the costs of having them installed.

And to finish off the year's activities, we will be holding our AGM in the theatre at the Summer House at 9am on November 25.

Wishing you all the very best for a great Christmas and a Happy New Year.

Cheers everyone,

John Matheson
Vice President, Eagleby Social Bowls Club



From the pool group...

G'day to all you Pooligans,

Life at Palm Lake Resort Eagleby is not too shabby. There are many distractions to keep us entertained throughout the community – one being the five pool tables set between the Lakeview club house and the Summer House.

When I get the chance, I for one enjoy the Saturday afternoon challenge, not only to improve my skill level (which needs much improving) but also to interact with the members in a club-like atmosphere. There are always cold drinks at the bar, horse races on the telly and balls clicking in the background as we have a yarn. Yep, it brings back memories of how it was at the pub in the late 70s and early 80s.

For those who wish to join in, we are here each Saturday just after midday. Give it a try, it's fun. I would like to take this opportunity to wish all residents a great Christmas and an equally happy New Year.

Here are the recent pool results:

August 31: Number of players 20 – outright winners were Frank Buckley and Ian Broadfoot.

September 7: Number of players 18 – two-way draw, winners were Ian Broadfoot and Bill Lamond.

September 14: Number of players 20 – three-way draw, winners were Ian Broadfoot and Bert Edwards.

September 21: Number of players 16 – two-way draw, winners were Peter Emerson and Roly Farhrenhorst.

September 28: Number of players 18 – two-way draw, winners were Peter Emerson and Keith Johnson.

October 5: Number of players 20 – outright winners were Peter Emerson and Ron Murray.

October 12: Number of players 22 – four-way draw, winners were Frank Buckley and Peter White.

October 19: Number of players 24 – overall winners were Frank Buckley and Peter White.

Phil Mangano
Pool Club Facilitator

Weekly activities list.

MONDAY	
9am	Gentle Exercise LV, Knitting/Crocheting SH
1pm	Cards, Paper Craft, Club Bowls
3pm	Ukulele LV cinema
4.30pm	Happy Hour LV
TUESDAY	
8am	Tennis, Aqua Aerobics
8.30am	Line Dancing LV (*til 11.30am)
9am	Patchwork Quilting, Aqua Aerobics
9.30am	Mah-jong SH, Ukulele LV cinema
1pm	Ladies Bowls
6.45pm	Trivia SH
WEDNESDAY	
8.30am	Mixed Pool LV
8.30am	Zumba SH
9.30am	Sewing/Craft SH, Colouring in SH (*til 11.30am)
1pm	Cards SH
1pm	Gym with Aubrey (*til 4.30pm)
THURSDAY	
9am	Aqua Aerobics
10.30am	Tai Chi SH
12pm	Art Group workshop SH Craft (*til 3pm)
1pm	Mens Bowls
2pm	Bingo LV
6.30pm	Movie Cinema SH
7pm	Indoor Bowls LV
FRIDAY	
7am	Gym with Aubrey (*til 1pm)
8.30am	Table Tennis LV
9am	Embroidery (*til 2.30pm)
10am	Garden club (first Friday, SH)
1pm	Club Bowls
4.30pm	Happy Hour LV
5pm	Darts LV
8.30pm	Relaxation SH, Cinema (first & second Friday)
SATURDAY	
8am	Tennis, Mixed Bowls
10am	Trevor on Keys SH (*til 12pm)
12.45pm	HOY at the Bowls Club, Pool Players Comp LV
1pm	Cards SH
2pm	Movie SH
4.30pm	Happy Hour Bowls Club
SUNDAY	
2.30pm	Christian group SH (fourth Sunday, *til 4.30pm)

Important contact numbers.

Emergency Ambulance/Police/Fire
0 000
State Emergency Service
0 132 500
Poisons Information Line
0 131 126
Beenleigh Police 0 3801 0777
Communications Co
0 5607 4030
Doctors Room
0 3489 7983 or 7983
Alfords Plumbing and Gas Services 0411 109 806
Logan City Council
0 3412 3412
Logan Hyperdome Library
0 3209 6133
Locksmith (Blacks Mobile)
0 3382 0755
Logan Hospital 0 3299 8899
Logan Animal Pound
0 3286 5397
RSPCA 0 3462 9999
Air Train 0 3216 3308
QR City Train 0 131 230
RACQ Breakdown Service
0 131 111
Newspaper Delivery
0 1800 630 130
Palm Lake Resort Hair Salon 7988 or 3489 7988
Kitchen (Summer House)
1592 or 3489 1592
Kitchen (Lakeview Clubhouse) 7998 or 3489 7998
Caretakers Office (Micky)
1590 or 3489 1590
Workshop 1594 or 3489 1594
Resort Gym 7993
Bowls Club 7987 or 3489 7987
Local Snake Catcher 0 0434 146 109
JP Dave Murphy (H334) 1534
JP (Qual) Qld June Steinweiss (H305) 1505
Michelle Tavli – Travel Agent 0414 716 443
INF Electrical 0411 964 401



As we come to the end of the year and with our Home Owners Association AGM scheduled for February, I am pleased to say that most of our Committee Members will be standing again next year. I am very grateful to them all for the huge amount of work we have done this year...

- A successful outcome to the revamping of the Croquet Court, to be carried out next year
- Re-writing the Constitution to now include vital points
- Revising and updating the Policies and Procedures
- Facilitating visits from Head Office personnel which produced many items of interest
- Facilitating visits from council and government officials, including the new Mayor
- Facilitating visits from the Fire Dept and Aged Care Advocates
- Lodging submissions to the Manufactured Homes Act with a very successful outcome – the highlight being rent reviews being banned
- The formation of a new Social Club
- The purchase of new outdoor blinds at Lakeview
- The purchase of a laptop for our lighting system at the stage in the Summer House
- The purchase of a new ice making machine for the Lakeview bar
- The removal of the old car outside the Summer House
- The donation towards the new tiles in the Bowls Club Clubhouse
- The support of the many groups in the Resort with regular payments
- The yearly \$1000 donation to the libraries for new books
- Liaising with Centa Care re the \$500 yearly allowance for home works
- Liaising with the council regarding truck noise on Fryar Rd, mowing of the fence line on the block of land behind the Summer House and removal of weeds on the lake on the same block

Unfortunately, we have had another attempted break-in at the resort. I would urge all residents to lock doors and windows and

From the HOC President...

put away all wallets, handbags, phones and keys so they are not visible through the windows.

This edition will come out just before Christmas and I wish each and every one a very merry Christmas and a happy New Year. I am taking myself on a nice cruise to Vanuatu over Christmas which I am looking forward to.

Ann Shannon
Home Owners’ Committee President

I include hereunder a piece I wrote in our weekly ‘Resort News’. If you do not receive this, send me an email to be included on the mailing list.

I am concerned at the number of dogs being exercised by running alongside a motorised or non-motorised vehicle. As a dog expert, I can tell you that dogs who do this for competition are very well conditioned and trained to adapt to this sport, and speed is of the utmost importance. Most I see in here are going far too fast for their size and condition. Our resort speed limit anyway is 10kmph, which is walking speed, and this is about right for having a dog alongside. They should not be running or galloping whatsoever – they should be pacing or trotting gently. The strain on heart and lungs during this exercise can be very detrimental to the dog. Can I also tell you that, when the sun is out, the asphalt heat rises very quickly. On a hot day, lean down and touch the road with your palm and then ask, ‘Why should a dog in bare pads be subjected to this heat?’. Even walking around in the heat of the day? Competition dogs in this sport wear bootees. Our body temperature is 98 degrees – a dog’s is 101. This means heat is a great factor, internally and externally, before they even start exercising. Also, our off-lead dog park is the only place where dogs are allowed to be off lead and run free – and we are so lucky to have this dog park. However, I see them around the resort running here and there. I have been told this happens particularly along the back fence at the Summer House – which is, again, against the rules. Finally, please do not put dog poo bags in any of the bins around the resort; take them home with you or put in the dog park bin. The black bins particularly at the post boxes are for paper only – and not for dog poo bags.

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Deception Bay quilt club turns 20.

Palm Lake Resort Deception Bay's quilters have just celebrated an impressive milestone: 20 years of togetherness AND an incredible number of quilts produced for charity...

"Our numbers have waxed and waned over the years, but we've always had around 12 regulars to our Saturday morning get-togethers," explains quilt group members Dawn and Jan. "In the early days, we all just shared our knowledge of quilt making and enjoyed the chats. But in 2008, we began handing out quilts to homeowners within our resort who we had been advised had moved into care. We also gave some quilts to Palm Lake Care when they first began operating.

"In early 2020, we became aware of the dreadful fires down in the Bega area of New South Wales. A call out for some more members to make quilts for those affected resulted in over 100 quilts making their way down to fire victims."

While COVID limited things in 2020 and 2021, members continued to quilt at home. They also made hundreds of masks that were sold both within the resort and outside, helping to raise funds for the purchase of backing fabrics, wadding and other requirements.

"For some time now we have also been donating quilts to various charities and we will continue to keep spreading the goodwill," the pair says.

And you won't believe the numbers. Here's a snapshot of the almost ONE THOUSAND quilts that have been produced and donated by the group over the years:

- Deception Bay Neighbourhood Centre: 350
- Drought Angels, Chinchilla (now "Farm Angels"): 260
- Palm Lake Resort homeowners going into care: 170
- Palm Lake Care: 30
- Bega Fires: 100
- Centre Against Domestic Abuse Caboolture: 75

Dawn and Jan sent out a special thank you to their fellow Palm Lake Resort Deception Bay neighbours who support the group's monthly dinner raffles and their annual quilt show.

"We'd also like to thank the homeowners who donate fabric for us to make into quilts. Our cupboard is filled with fabrics, all waiting to become part of some more colourful quilts!"



Eric's birthday tradition.

There's a fun tradition at Palm Lake Resort Toowoomba that always makes us smile. Homeowner Eric Gibbons owns a bright yellow motorcycle with sidecar and when a fellow homeowner celebrates a milestone birthday, Eric takes them for a spin! Most recently Annette Walker had the delight of a cruise with Eric on her 80th birthday.

Gold medal-winning Olympian brings celeb flavour to Cooroy-Noosa.

There's no doubt about it – when Palm Lake Resort Cooroy-Noosa homeowners get together, they go for all-out fun! So, of course, when the Olympics are on – you have to have your own Mini Olympics. It helps, of course, when the daughter of one of the homeowners happens to be none other than gold-medal-winning former heptathlete Glynis Nunn-Cearns.

The resort's very vibrant Social Committee of 22 volunteers got their heads together with Glynis and arranged for some fun activities.

Six teams organised themselves for competition, complete with uniforms and table decorations – Australia, England, Italy, Scotland, Switzerland and the USA. Spectators were not left out, with games organised for them as well.

Some very tricky games were embarked upon with much enthusiasm and determination, with co-operation the key to success. Gold, silver and bronze medals were awarded to the winners on the day, with Scotland ultimately the victorious team.



Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com

We like to come together for fun.

There's no doubting that each of our resort communities offer fun for their homeowners - it's when multiple Palm Lake Resort communities come together that the magic happens. Here's a snapshot of the most recent inter-resort events we've seen...

Palm Lake Resorts Bethania and Waterford converged at Bethania for a McGrath Foundation 'pink' breast cancer fundraiser. A raft of local dignitaries attended and \$4000 was raised for charity (pictured right).

On the sporting pitch, 66 Beachmere Bay bowlers and friends travelled to Bargara for a two-day tournament. Many spectators also attended - vantage points were at a premium. Team Bargara came out on top.

Still on lawn bowls, the third game in the annual "Across the tracks" competition saw Palm Lake Resort Bethania come out on top, over their friends at our Waterford resort. Waterford actually won the series, two games to one, but Bethania took home the trophy on points.



Entertain your friends.



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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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