

Eagleby Star.

DECEMBER 2023 - JANUARY 2024



And, they're off!

Catch up on all the fun of our recent Melbourne Cup Day celebrations, from great food to Fashions on the Field.

Good sports

Hear from the facilitators of our thriving sports groups inside, as they reflect on the year that was...





Welcome.



Welcome to the last edition of the year – and also, the first edition of 2024!

For some of us 2023 has been, as the Queen once said, 'Annus Horribilis' (a horrible year). I think we all know of a friend or family member who has passed away, or someone who is ill or in the hospital. My wish for everyone is that 2024 will be a year of health and happiness.

As we head into the holiday season, an important reminder to keep your homes and vehicles secure at all times – whether you are in or outside the resort. If they can't get in, they will move on.

We are keeping a watchful eye on the levels of the lake, which provides recycled water to most of the resort. If we don't get much rain, we may have to reduce the watering times so we will let you know as and when this decision is made. If these last weeks of spring are any indication of the summer to come, we will be in for a few showers!

Lauren and I would like to thank all our volunteers who have given up their time during the year. We really appreciate all that you do – thank you!

On behalf of all of the staff at Palm Lake Resort Eagleby, we would like to wish you all a very Merry Christmas and a happy New Year.

See you all around the resort,

Michaela Gee
Palm Lake Resort Eagleby Caretaker

CONTACT US

Looking for more information about Palm Lake Resort Eagleby?
Here's how you can reach us:

FREECALL: 1800 781 101

Street address:
272 Fryar Road
Eagleby QLD 4207

Office hours:
9.30am to 12pm weekdays (11am to 12pm only on Wednesdays)

Email:
eagleby@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News briefs.

DOCTORS' SURGERY HOURS

Dr Anthony Ting
Wednesday 8.30am — 9.30am

Dr Nicholas Ting
Friday 11.30am – 12.30pm

Please phone Mt Warren Park surgery for an appointment or home visit on 3807 8588.

Podiatrist is available Tuesday (bookings sheet is in the Lakeview Clubhouse).



SALON SPECIALS

Merry Christmas from the Palm Lake Resort Eagleby hair salon! In December, all customers will receive a free raffle ticket, giving you the chance to win a nak gift pack valued at over \$200. Then, in January, you can receive a style cut and blow dry with treatment, as well as a massage, eyebrow tint or wax, for \$59.95.

WASTE REMINDER

Green waste (Tuesdays):
December 12, January 9 and January 23

Hard waste (Mondays):
December 11. No hard waste in January 2024.

SOCIAL CALENDAR

Friday December 1 Happy Hour & Villa Draw @ Lakeview

Friday December 8 Happy Hour and Music night with residents Peter & Brian @ Lakeview

Friday December 15 Happy Hour & Villa draw @ Lakeview

Friday December 22 Happy Hour and snack night @ Lakeview

Friday December 29 Happy Hour & Lucky Door prizes @ Lakeview

Sunday December 31 New Year's Eve @ Lakeview. Music by Lex, Len & Les

Friday January 5 Happy Hour & Villa Draw @ Lakeview

Friday January 12 Happy Hour and Music night with 'Peter & Caz'

Friday January 19 Happy Hour & Villa Draw @ Lakeview

Friday January 26 Australia Day. Happy Hour & Snack Night @ Lakeview

Friday February 2 Happy Hour & Villa Draw @ Lakeview

Friday February 9 Happy hour with music by Terry Lindsay @ Lakeview

Friday February 16 Happy Hour & Villa Draw @ Lakeview



SHOW YOU CARE

Do you have some spare time and would like to give back to the community, while also making a difference in someone's life? Palm Lake Care Mt Warren Park are looking for volunteers to either visit the community or assist the Lifestyle Team in running activities. If this sounds like you, please call Lifestyle Coordinator Leona Counsell on 3444 6000 to discuss this further.

GET SOCIAL

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @palllakeresort
Instagram: @palllake.resort

HOSING HOURS

Please make note of our hosing hours for recycled water:

Mornings: 7am - 8am
Afternoons: 4pm to 5pm

Please hose during these times from Monday to Friday only. Please do not use the recycled water on weekends.

HOC report.

My trip to Belfast visiting my family came and went in a flash. To the right, I have included some photos of the fabulous original costumes at the 'Game of Thrones' studio just outside Belfast, plus the last scene in the Throne Room. I have also included a photo of the stunning Titanic Quarter in the centre of Belfast, built where the shipyard used to be and also opposite the land where the city of Kings Landing in 'Games of Thrones' was built and recreated.

The Home Owners AGM is on February 26, 2024. There are some committee members stepping down, and Secretary Linda and I have decided that this will be our last year in the positions (ending in February 2025). We have both done about eight years non-stop on the committee, so time for others to take over. Committee positions are quite a simple job really, attending a meeting once a month to give opinions and most of the other interaction is done by email. We need residents to step up, particularly newer ones, to take on positions and learn about the resort.

Our Melbourne Cup Lunches at both clubhouses were great successes. The Home Owners Committee, and others, organized the day. After champagne and orange juice with a delicious lunch, some residents walked away richer after the races. Some great male and female fashion on the field as well!

Wine and spirit bottles are now included in the small recycle bins outside the clubhouses, along with cans and small beer bottles. Make sure you place your items there and not in the large recycle bins. The HOA get the money back from the small bins and we can use this money for the benefit of our residents.

Councillor Karen Murphy gave a talk in the Summer House on October 27 which was well received by over 60 residents who attended. She fielded questions as well, and many topics were covered. Some other members of the Council gave us information too. She spoke about the new road which has now been moved further back away from our resort – plus it is some 10-15 years away. Add to all this a lovely morning tea supplied by Councillor Murphy and it was a very enjoyable morning. We have since been told by her that there is a new shopping centre and hotel being built on Logan River Road in Beenleigh, where the old Department of Main Roads used to be.

On the entertainment scene, our last concert for the year at the Summer House was 'Hint of Swing Big Band' – it was a really good afternoon of music. Lakeview saw two new duos 'The Lovely Daze' and 'Roxbury' play on Friday nights, and our Villa Draws and Snack Nights were also well enjoyed. Along with a Fashion Parade and Craft Show, we were well entertained. New Year's Eve will see 'Lex, Len & Les' at Lakeview.



Pictured: The Titanic Quarter in Belfast



I send out a 'Resort News' email which contains information from around the Resort, along with the in-house/cinema movie lists every Wednesday. If you do not already receive this, send me an e-mail on annswitch@pamlake.net.au and I will add you to the list.

I wish all our residents a very Merry Christmas and a Happy New Year to come (and from Indianajones as well).

Ann Shannon
Home Owners Committee President

Road Runners.

After just over ten years as the facilitator of our RV group, I have decided to step back and let someone else have a go.

When we arrived here eleven years ago I saw all the RVs sitting in the compound and noticed that most were not being used (at least not very often). There was a lot of money just sitting there. I found out who owned all the RVs and I decided to call a meeting. All the owners in our resort came together in the theatre in the Summer House - I was pleasantly surprised at the number that turned up. I did not want to form a club because, if we did, we would need to be insured and this would mean that we would need to have a membership fee, an elected President, Secretary and Treasurer. Instead I suggested that we just form a like-minded group that travelled away once a month to locations between an hour and three hours of our village. For many years these trips were very well supported - as most of us were bowlers, we were able to combine our two loves.

Unfortunately a lot of our older residents have either sold their RVs, moved away or passed on. This year we are only getting a few people along to our get-togethers as a lot are doing their own thing (which is okay, too!).

Hence, this will be my last report as the group's facilitator. I have called for someone else to take it on, who may also bring new ideas for the group. I will still do the events calendar, phone lists and various other things that I do.

In early December we will have our annual RV Christmas Lunch which will be followed by a game of bowls.

I would like to take this opportunity to thank all those who have helped make the group a success. We have certainly had a lot of great times away together.

We hope you will all enjoy a great Christmas spent with family and friends. If you are travelling, take extra care on the roads as we want you all back safe and sound in the new year.

Cheers,

John Matheson
Facilitator for the Eagleby RV Road Runners Group

Bowls report.

This is the last report from me as the new committee will be in place for the next newsletter. A big thank you to all members who contributed to the smooth running of the Bowls Club. We all know volunteers are the heart of the club. Thanks to this year's committee, and welcome to the 2024 committee.

The Mens Open Singles Final Championship Game was a good battle between Roy Fuller and Ron Cassels with Roy scoring the win.

The Ladies Open Singles Final Championship was a good battle between Pam Breuer and Annie Beecham – the victor being Pam Breuer.

We returned to Ballina for the second round for the Ballina/Eagleby Shield Game (already behind in points as Ballina won the first round). Well done to all the teams as we returned with the shield in hand.

We also won the home game against Lewani Palms.

The last away game for the year was at Toowoomba, with Toowoomba being the winner on the day.

Don't forget the Members Draw every Saturday night 4pm. It is a chance to socialise and catch up with members for a chat and drink.

Have a happy and healthy Christmas and 2024, and enjoy sharing good times with friends and family.

See you on the green and at social activities.

Grace Currie
Bowls Club Vice President





Pool Club report.

I arrived at Palm Lake Resort Eagleby in 2010. Our home was part of Stage 1 and a short distance from the Lakeview Clubhouse. Being a Pom I was looking forward to the darts, playing snooker and hoping I could get Foxtel Sport online.

The final stage of the roof was placed over the bowling green. Zumba was taking off and the Summer House was getting the last touches done before the Grand Opening.

On Tuesday, pool was played in the evening, including darts, dominoes and table tennis - all very well organised by Jim Woodcock.

A couple of years later, our request for a third table was granted. The only delay was the matching of the legs to the existing tables. However, when it arrived thanks to Scott Elliott for his support and generosity, we were able to accommodate more players.

Over the years this club has catered for many players who have formed long-term friendships. Unfortunately, this year has not quite been the same.

We've said goodbye to many of our members. Some of us have travelled together, others have formed syndicates, football, horse racing, etc. Many have enjoyed playing bowls in teams. We also see some guys come down just for a visit, to have a chat and a drink. They will be sadly missed and forever remembered.

Our club is a great club. We would love to see you down here on a Saturday. I get down to Lakeview around 12pm, set the tables up, organise the players' name tags, rearrange the game markers and generally set the scene. I then practice my shots. I am not the best player, but I am willing to help you settle in; we have plenty of cues to choose from.

Following on from the last report, the results were:

- **September 2:** 22 Players, outright winners were Hugh Wilkins and Harry Creevey, they played six games. Well done to Hugh and Harry.
- **September 9:** All teams played six games, winners were Frank Buckley and Peter White. This was the start of Peter's run.
- **September 16:** Number of players today were 20, result came down to a three way draw. Winners were Bob Allen and Peter White.
- **September 23:** Outright winners were Kevin Swords and Roly Fahrenhorst. Numbers were down but five wins out of five was excellent.
- **September 30:** Number of players were 20, outright winners were Kevin Swords and Jim Smith. Well done Kevin, two in a row.
- **October 7:** Same numbers as last week, winners were Kevin Swiles and Peter White. Three wins in five weeks can see an upgrade for Peter.
- **October 14:** Seven games were played this week resulting in a three way draw. Winners were Karl Vorhauser and Jim Smith.
- **October 21:** Numbers were down this week, but we still had a strong competition. Outright winners were Bert Edwards and Ron Clibbon.
- **October 28:** Only 14 players today, some members were cruising, others had family over. Winners were Frank Buckley and Boyd Everett.

Peter Emerson
Pool Club Facilitator

The race that stopped Eagleby.

Our Melbourne Cup Day celebrations drew an impressive turn out this year, with 160 residents enjoying a luncheon together at the Summer House on Tuesday, November 4. It was a fancy affair. A tasty chicken and ham salad was provided, followed by dessert, along with a complimentary glass of champagne with orange juice on arrival.

In true Cup Day style, there was a 'Fashions on the Field' competition for both ladies and gentlemen. There was also a prize for 'Best Hat'. Loretta and Nadine were deemed the 'Best Dressed Ladies', and Nigel and Alan won the men. Well done to all! Judy and Bill Lamond ran some great sweeps, and Trevor organised some horse races with Jane and David as bookies.

After the racing - both at the resort and Flemington - we were entertained by our Resident band, who gave an impromptu performance. Even better, they were joined by another few guitarists and Alan, who sang and played some ballads. The dance floor was full. All in all it was a wonderful day. Well done to those who went homes as winners, and thank you to the organisers.



Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250* cash!

\$250

cash bonus simply for referring a friend!

For more info or to refer your friend,
FREECALL
1800 781 101.

*T&Cs apply



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palmakeresort.com.au



How (and why) to start a worm farm.

IT'S LIKELY THE SMALLEST KIND OF 'FARM' YOU COULD OWN, BUT DON'T LET ITS SIZE DECEIVE YOU – A WORM FARM IS THE SECRET TO GARDENING SUCCESS. AND IT'S SERIOUSLY EASY TO SET UP!

Similar to compost bins, worm farms help break down food waste and turn it into nourishing fertiliser for your garden. They typically look like a bin or bucket and may be stored outside or in the kitchen.

Unlike traditional compost, worms help to mix layers of soil together. They do this by burrowing under the ground and making tunnels, breaking down dead plants and flowers in the process. They also love eating dead leaves, plants, flowers and old fruit and vegetables – the waste they create (called 'castings') mixes with the soil to create a garden fertiliser that your plants will love.

The official term for worm farming is 'vermiculture', and worm farms may also be called wormeries or vermicomposting. These terms can be helpful to keep in mind when learning more about worm farms.

But why should you set up a worm farm? A better question might be: why not?! For one, they're a great way to get rid of organic food waste in a sustainable way, rather than sending it to landfill where it releases methane gas as it breaks down. Worms can eat three to four kilograms of organic kitchen waste every week, which is a lot of waste saved from landfill.

The worm castings and 'worm tea' (a liquid made from worm urine) are also budget-friendly, sustainable plant fertilisers. They will nourish your vegetable, flower and herb gardens, helping you grow your own produce – which, in turn, reduces the plastic waste and transport emissions that are created when you buy produce at supermarkets. If you're looking to establish small yet sustainable habits in your own garden, a worm farm is the perfect place to start.

SETTING UP YOUR WORM FARM

There are many ready-made worm farms to choose from, but you may also want to make your own. They're very easy to set up.

You'll need: two containers (a larger one with a lid to catch the waste, and a smaller one to house the worms and soil); enough shredded paper and compost to create a 10cm layer in your smaller container; water; a knife or other instrument to poke holes in one of the containers; and last but not least, worms.

1. Find a warm, shady spot to set up your worm farm
2. Put the larger container on the ground
3. Poke several holes in the smaller container
4. In the smaller container, create a 10-centimetre-deep layer of shredded paper and compost
5. Gently add water so the layer is moist, then gently add the compost worms
6. Add food scraps for the worms to feed on
7. Close the lid and wait about a week while your worms settle into their new home

Remember: Not all food scraps are good for worms. Try to only feed them fruits, vegetables, coffee grounds and tea bags, egg shells and shredded paper. Avoid citrus fruits, onions, capsicums, leeks and garlic, meat, dairy products, pasta, cereals and shiny, coated paper.



Weekly activities.

- MONDAY**
8.30am Mixed Bowls
9am Gentle Exercise LV (not on August 14 due to Ekka public holiday), Knitting/Crocheting SH
1pm Cards, Paper Craft, Club Bowls
3pm – 4pm Ukulele LV cinema
4.30pm Happy Hour LV
- TUESDAY**
8am Tennis
8.30am – 11.30pm Line Dancing LV
9am Patchwork Quilting, Aqua Aerobics
9.30am Mah-jong SH, Ukulele LV cinema
10am Aqua Aerobics
1pm Ladies Bowls
6.45pm Trivia SH
- WEDNESDAY**
8.30am Mixed Pool LV
8.30am – 9.30am Zumba SH
9.30am Sewing/Craft SH
9.30am – 11.30am Colouring in SH
1pm Cards SH, Mixed Bowls
1pm – 4.30pm Gym with Aubrey
- THURSDAY**
9am Aqua Aerobics
10.30am Tai Chi SH
12pm – 3pm Art Group workshop SH Craft
1pm Mens Bowls
2pm Bingo LV
6.45pm Movie Cinema SH
7pm Indoor Bowls LV
- FRIDAY**
7am – 1pm Gym with Aubrey
8.30am Table Tennis LV
9am – 2.30pm Embroidery
10am Garden club (first Friday, SH)
1pm Club Bowls
4.30pm Happy Hour LV
5pm Darts LV
8.30pm – 9.30pm Relaxation SH, Cinema (first & second Friday)
- SATURDAY**
8am Tennis, Mixed Bowls
10am – 12pm Trevor on Keys SH
12.45pm HOY at the Bowls Club, Pool Players Comp LV
1pm Cards SH
2pm Movie SH
4.30pm Happy Hour Bowls Club
- SUNDAY**
2.30pm – 4.30pm Christian group SH (fourth Sunday)

Important contact numbers.

- Ambulance/Police/Fire (Emergency)** 0 000
State Emergency Service 0 132 500
Poisons Information Line 0 131 126
Beenleigh Police 0 3801 0777
Communications Co 0 5607 4030
Doctors Room 0 3489 7983 or 7983
Alfords Plumbing and Gas Services 0411 109 806
Logan City Council 0 3412 3412
Logan Hyperdome Library 0 3209 6133
Locksmith (Blacks Mobile) 0 3382 0755
Logan Hospital 0 3299 8899
Logan Animal Pound 0 3286 5397
RSPCA 0 3462 9999
Air Train 0 3216 3308
QR City Train 0 131 230
RACQ Breakdown Service 0 131 111
Newspaper Delivery 0 1800 630 130
Palm Lake Resort Hair Salon 7988 or 3489 7988
Kitchen (Summer House) 1592 or 3489 1592
Kitchen (Lakeview Clubhouse) 7998 or 3489 7998
Caretakers Office (Micky) 1590 or 3489 1590
Workshop 1594 or 3489 1594
Resort Gym 7993
Bowls Club 7987 or 3489 7987
Local Snake Catcher 0 0434 146 109
JP Dave Murphy (H334) 1534
JP (Qual) Qld June Steinweiss (H305) 1505
Michelle Tavli – Travel Agent 0414 716 443
Bishlec Power & Data 0421 353 304

Homes for sale.

Home 161 - \$460,000

Beds

2

Bath

1

Living

1

Outdoor living

Garage

1.5



Recently renovated.

This home features new floor coverings throughout, and has been painted inside and out. New cabinet doors have been fitted to the kitchen cupboards and new Smeg appliances installed. This home has two bedrooms, both with built-in robes. The main bedroom has a two-way bathroom and a separate second toilet off the laundry. New ceiling fans have been installed in all the rooms, plus a new air conditioner in the living area. There is a large undercover entertainment area to the side and rear with a low-maintenance garden to the front. New roller door and motor in garage.

Home 156 - \$460,000

Beds

2

Bath

2

Living

1

Study

1

Outdoor living

Garage

1



UNDER CONTRACT

Ideal location.

This home is located near to one of the resort clubhouses, the bowling green and swimming pool. The home is well presented with two bedrooms, the main with a twin basin ensuite and a walk-in robe. There is a good size study with skylight for extra lighting. There is an open-plan living and dining area and a generous size kitchen to the side. Glass sliding doors lead from the living area to the undercover entertainment deck. A smaller entertaining deck is found off the dining area. This home has the luxury of ducted air conditioning.

Home 61 - \$430,000

Beds

2

Bath

2

Living

1

Study

1

Garage

1



SOLD

Low maintenance.

This two-bedroom home has an ensuite bathroom off the main bedroom. There is a good size study. Living area plus separate dining area off the kitchen. Undercover entertainment deck to the rear, with low maintenance courtyard. One-and-a-half width garage with space for storage. Low maintenance gardens to front with driveway to garage.

Home 96 - \$420,000

Beds

2

Bath

1

Living

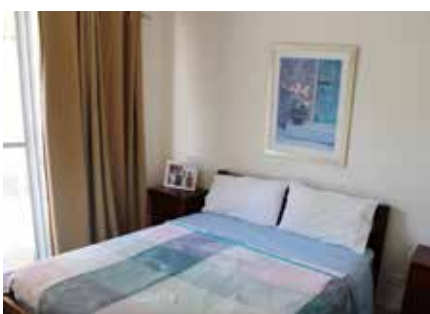
1

Study

1

Garage

1.5



UNDER CONTRACT

Everything you need.

This home has two good-sized bedrooms plus a study. The living dining and kitchen are open plan. There is tiling or laminate flooring throughout the home. The main bedroom has a two-way bathroom and there is a second separate toilet off the laundry. Good size kitchen with corner pantry. There is a generous size covered entertainment area to the side and rear, with low-maintenance gardens to both front and rear. This home has a one-and-a-half tandem-length garage with parking for a vehicle on the driveway.

Want to book a private tour and find out more about our resort? FREECALL 1800 781 101 or email eagleby@palmlake.com.au You can also visit us online at palmakeresort.com.au

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10,000 REASONS TO CELEBRATE

With more than 46 years' history and properties right along Australia's east coast, did you know that 10,000 likeminded people call a Palm Lake Group address home? Come join our 10,000-strong community in 2023. We welcome you home.



FREECALL 1800 781 101 | eagleby@palllake.com.au
272 Fryar Road, Eagleby QLD 4207

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au