

The Lakes



December 2023



2023

MASTER BUILDERS AWARDS

WINNER

We did it again!

Did you hear that our beloved Belleair Country Club has been named best Sporting Facility in the state?!

Meet all the new faces

Meet our newest batch of homeowners - there are lots of friends to be made here!



Welcome



Hello and welcome to our latest edition of *The Lakes* newsletter.

Summer is a wonderful time of year in Forster thanks to our beautiful natural environment and excellent climate. There are plenty of options for swimming in the crystal clear waters of Wallis Lake or one of our many coastal beaches. Whatever you are into - kayaking, fishing, paddle-boarding, or sailing - there are so many ways to enjoy our local environment. Of course, we also have our superb resort swimming pool in the Belleair Country Club, available to all homeowners and their guests everyday. The outdoor pool temperature is currently 22 degrees, which sounds perfect for a summer dip! The poolside BBQ area is proving to be a popular venue for homeowners when their families visit on the weekends, as is the tenpin bowling alley – so wonderful to see people enjoying these facilities.

Speaking of our Belleair Country Club, did you know that we recently won a Master Builders Award for this exceptional building? Read more on Pages 4-5. New activities have been added to our weekly timetable including tai chi, balance classes and tap dancing. The Country Club calendar has been filling with special events, too. The resort bar was officially opened in November with a large, happy crowd in attendance and live music on stage. Our inaugural Art Exhibition, showcasing the talents of artists living in the resort, was another great success. More than 150 homeowners and guests enjoyed drinks, nibblies and all the impressive creations on display.

Our Sales Team members were recently invited to tour the Rhodes Sports Club that is currently under construction. With eyebrows up and sparkling eyes, we were absolutely delighted to see firsthand the brilliant scope and design of this unique facility with its eight-rink championship undercover lawn bowls green. The sports club will also include an indoor/outdoor bar and BBQ area, two virtual golf simulator booths (where you can play many golf courses from around the world), a lounge and café area, a games room with snooker tables and more. The putting green will be located alongside the clubhouse, as well as a tennis court, pickleball court and workshop. As with the Belleair Country Club, the Rhodes Sports Club will put a spring in our step when we are able to bring clients through for a look, sometime in early 2024.

Progress on our construction site remains brisk with our new Stage 7 release well underway. We have taken deposits on half of the homes in this release already! We also have a small handful of homes finished and ready to occupy in Stage 11 as well as some absolutely stunning two-storey homes with views towards Wallis Lake from their upstairs balcony – the perfect spot to enjoy a chilled glass of something special on a summer's afternoon. Sales are always lively at this time of year, so our best advice would be to get in touch sooner rather than later to secure one of these superb homes.

Before we sign off, we would like to invite you to book a site tour, with your family members welcome to come along too, as we are open every day over summer (except Christmas Day). Wishing you all a very Merry Christmas and best wishes for the New Year from the team at Palm Lake Resort Forster Lakes.

Jen, Jo and Shona - Palm Lake Resort Forster Lakes Sales Team

Contact us

Looking for more info about Palm Lake Resort Forster Lakes? Here's how you can reach us:

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Get social: Follow us on Facebook and on Instagram (@palm.lake.resort)

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News briefs



Your summer read has arrived

The next edition of our company magazine, *Your Time*, is hot off the press for Summer 2023-24. In it, we keep you up to date on all things Palm Lake Group including progress on our newest communities at Yamba Cove, Pelican Waters, Paynesville and more. Did you also hear that we won two statewide construction industry awards? We're proud of the communities we build and manage - and with 10,000 people calling a Palm Lake address home, there's a lot of news from around the grounds. Get your copy in your letterbox, or you can also read it online at our website: palllakeresort.com.au

A great excuse to come and visit us!

Stay a night, on us

Many of our enquiries come from people in distant locations right around Australia. If you are coming from out of town, simply FRECALL us on 1800 577 542 to arrange a resort tour and a complimentary night's accommodation on us. This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a Forster stopover to properly inspect our expanding resort.



Fillies find great form

Check out our 'Follyfoot Fillies' homeowner tap dance group that will be performing at our various Christmas parties this month. If you're keen to join this energetic group of fun-lovin' 'fillies', simply stop by their weekly class on Wednesdays, 2-3pm, at the Belleair Country Club.

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home. Refer a friend to join you and become part of our exclusive community, and if they purchase a new home here at Palm Lake Resort Forster Lakes, you'll receive \$500 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Let's be social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia. Facebook and Instagram: @palm.lake.resort

You beauty, Belleair!



Pictured left: Check out the Palm Lake Group representatives who collected our Master Builders Association Award for 'Best Sporting Facility' in NSW, for the Belleair Country Club. Beyond the awards, Belleair is helping bring likeminded homeowners together to indulge their creative, artistic and wellness interests and that's the biggest win in our books!



BELLEAIR COUNTRY CLUB HAS MADE US ALL PROUD (AGAIN!), SCORING US ANOTHER TOP STATE AWARD FROM A PANEL OF INDEPENDENT CONSTRUCTION INDUSTRY EXPERTS.

Palm Lake Resort Forster Lakes continues to go from strength to strength with the Master Builders Association of NSW bestowing a second prestigious state award on our thriving local over-50s community.

Palm Lake Resort Forster Lakes representatives attended a gala black-tie event at The Star Event Centre in Pyrmont in recent months. The 2023 Excellence in Construction Awards saw regional winners across a variety of commercial projects vying for the top state title in their respective categories.

Our \$18 million Belleair Country Club opened earlier this year and has proven a magnet for like-minded homeowners to come together and connect over sporting, social and creative pursuits as well as health and wellness activities. On the awards night, our opulent and beloved community facility took out the category win, named best "Sporting Facility" in New South Wales.

Highly contested in all sectors, the Master Builders Association's awards programs represent the encouragement and promotion of excellence in construction, workmanship, innovation and dedication to the industry across residential, commercial and civil engineering sectors. This is one of the construction industry's oldest awards programs.

Palm Lake Resort Sales Manager Alysia Nechvoglod was on hand to accept the award alongside some of the our Forster Lakes and construction management team members.

Continued on Page 6 >>

2020

MASTER BUILDERS AWARDS

WINNER

2021

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2022

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<< Continued from Page 5

"We knew right from the start of this project that the Belleair Country Club would be a knockout among our homeowners just given how packed full of facilities and luxury features it is," Alysia says.

"This award, judged by a panel of independent construction industry experts, proves that our planning, design and construction decisions are right on the money - and we couldn't be prouder."

The awards event celebrated commercial project categories such as "Adaptive Re-use of Historic Buildings", "Refurbishment/Renovation/Extension", and "Industrial Buildings".

The night's overall winner was "Commercial Buildings - \$150 million and over" with 668 Parramatta Square taking home the title.

Belleair Country Club's win is, in fact, a second top gong for Palm Lake Resort Forster Lakes following our popular Carabelle display home being named best in the state in its category during the residential awards evening in September. Carabelle was competing in a category against other display homes after winning the Master Builders Newcastle regional category.



Book your private resort inspection on 1800 577 542

Natural wonders

WHEN IT COMES TO PALM LAKE RESORT ADDRESSES (OF WHICH THERE ARE NOW 30 ALONG AUSTRALIA'S EAST COAST), FORSTER LAKES IS ONE OF THE MOST ENVIRONMENTALLY SPECTACULAR.

Nestled among protected wetlands, Palm Lake Resort Forster Lakes is proud to call the thriving Wallis Lake ecosystem its neighbour.

Palm Lake Works General Manager of Development Suzanne Jensen says her team is acutely aware of the environmental significance of this site – and the gift it is for lucky Forster Lakes homeowners.

"It's a tranquil wetland full of significant vegetation, creating an incredible habitat for wildlife," Ms Jensen says. "This place is a birdwatcher's dream."

Ms Jensen says Palm Lake Works has been working diligently, under the guidance of MidCoast Council, to rehabilitate this parcel of environmentally protected conservation land, which was damaged by its previous owners.

"We work hard to understand the intricacies of the local ecosystem at every one of our new sites before we start any new project and Forster Lakes was no different," she says.

Palm Lake Works' Project Coordinator Jessica Rissman says among the work being carried out at Forster Lakes, around 59,500 tubestock natives will go into the replanting and revegetation efforts.

"While civil works are well underway in Precinct 2 of our resort development, Palm Lake Works' key focus currently is on rehabilitation of the roughly 1.6ha of land on the southern side of Precinct 2, as per our approved Vegetation Management Plan," she explains.

"We're in the process of planting about 8500 flooded gums, broad-leaved paperbarks, swamp mahogany and

red mahogany to create a canopy, with species such as prickly paperbark, willow bottlebrush, Sydney golden wattle and lemon-scented tea tree among those in the additional 17,000 mid-level planting.

"There are around 34,000 ground cover plants going in as well."

Ms Rissman says other environmental protection initiatives have already been carried out.

"We've installed squirrel glider protection fencing and wildlife nesting boxes have also been built and installed."

Ms Jensen says Palm Lake Works is continuing to work with MidCoast Council to research strategies to improve the water quality coming into the project from the upstream catchment, given that water then eventually flows into Wallis Lake.

"We are continually striving to improve our environmental management procedures and environmental policies," Ms Jensen says.

For those interested in reading more about Palm Lake Group's environmental ethos, visit pallmlakeresort.com.au/environmental-policy

Weekly activities

HERE'S WHAT'S ON AROUND THE GROUNDS EACH WEEK AT PALM LAKE RESORT FORSTER LAKES...

MONDAY

9am Craft. See Lyn (Home 168) or Deb (Home 171)
12noon Librarian in attendance, Sue (Home 185)
2pm Mah-jong. See Robyn (Home 188)
4pm Stretch and Relax. See Janette (Home 225)

TUESDAY

10am Librarian in attendance, Jan (Home 251)
10.15am Balance exercise in the Auditorium
1.15pm Craft: various
2pm Craft: flower tooling workshop with Marcia
2pm Cards (500) in the Belleair Country Club. New players always welcome!

WEDNESDAY

10am Aqua aerobics in the indoor pool
1.15pm Craft: Cardmaking and scrapbooking, Maureen (Home 217) and Dorren (Home 180)
2pm Tap dancing for beginners. See Lynn (Home 277)
3pm Librarian in attendance, Jenny (Home 283)
7.30pm Movie night, in the Theatre

THURSDAY

9am Art class. See Barbara (Home 230) and Lynda (Home 245)
12.30pm Craft: Sewing. See Diana (Home 180)
2pm Librarian in attendance, Dianne (Home 160)
6.30pm Trivia at the Belleair Country Club
7.30pm Rugby league match, on the big screen in the Theatre

FRIDAY

9am Gentle exercise, in the Auditorium
10.30am Aqua aerobics in the indoor pool
2pm Librarians in attendance, Cheryl (Home 184) and Liz (Home 151)
4pm Happy Hour at the Belleair Country Club
7.30pm Rugby league match, on the big screen in the Theatre

SATURDAY

2pm Librarian in attendance, Jen (Home 274)

SUNDAY

2pm Librarian in attendance, Gail (Home 227)
7pm Movie night, in the Theatre

Fill your diary with these great ideas!

Get your golf on

LIVING IN A PALM LAKE RESORT BRINGS MANY OPPORTUNITIES TO ENJOY TIME WITH LIKEMINDED NEIGHBOURS – AND THAT EXTENDS TO THE GOLF COURSE, TOO.

Avid golfers from Palm Lake Resorts Forster Lakes, Tea Gardens and Fern Bay have recently kicked off a wonderful inter-resort golf competition that sees around 40 homeowners from across the three locations gather regularly to compete for the 'Greys on the Green' shield.

With three stableford competitions already played, our Forster Lakes team has won once and Tea Gardens have won twice, giving them the shield for 2023.

Palm Lake Resort Forster Lakes homeowner Warren Arnold (an avid golfer for more than 50 years) says players from different resorts are grouped together for each day's play which allows everyone to get to know each other that little bit better.

Warren says one of the most enjoyable aspects of every competition is at the '19th hole' – where all players come together after the game to share a meal and some drinks. The competition will kick off for 2024 on February 12 at Hawks Nest Golf Club.



Pictured above: Forster Lakes homeowner Warren Arnold (left) presenting Glen Byrnes from Palm Lake Resort Tea Gardens with the 'Greys on the Green' shield after his team's win at Hawks Nest Golf Club.



John & Gail



Bruce



Denise & Robin



Wendy & Ron



Tony & Maree



Denis & Carole



Marilyn



Craig & Fon



Jenny & Keith



Peter



Kim & Greg



Colin & Helen

Welcome home!

MORE SHINY NEW HOMES ARE POPPING UP RIGHT ACROSS FORSTER LAKES. CHECK OUT ALL THESE BIG BLUE BOWS! WE WELCOME YOU ALL.



How to be water wise

Pictured: Our award-winning Carabelle display home.

SUMMER HAS ARRIVED AND THE AUTHORITIES ARE PREDICTING ANOTHER LONG, HOT ONE AT THAT. WITH THE HEAT COMES GREATER PRESSURE ON OUR COMMUNITY'S WATER CATCHMENTS. DID YOU KNOW THAT ONE OF THE EASIEST WAYS TO SAVE MONEY AROUND THE HOME, WHILE ALSO PUTTING OUR ENVIRONMENT FIRST, IS TO TAKE A CLOSER LOOK AT YOUR WATER USAGE. HERE'S HOW...

In the kitchen

How much time do you spend waiting for the water, running from your kitchen tap, to cool down or warm up? Rather than letting it simply pour down the drain, pop a glass (or even a large bottle) under the tap to collect the water – then, let it cool down/warm up to use however you like. Maybe you can use the water to give your indoor plants a drink? Or fill up the dog's water bowl?

When cooking – specifically, boiling – only use enough water to just cover your food in the saucepan. And always try to defrost frozen food in the fridge overnight rather than under a hot running tap.

But, the biggest water waster, when it comes to kitchen activities, is the clean up. Your dishwasher is the highest consumer of water in your kitchen. You probably know to only run your dishwasher when it's full, but did you know that you can also use the rinse function (if it has one) instead of rinsing your dishes in the sink pre-wash? If you don't use a dishwasher, just be sure to put the plug in the sink when washing up. If you have two sinks, it's a good idea to fill one with water for cleaning and the other with water for rinsing – and go easy on the dishwashing liquid so you don't need to rinse as much!

In the bathroom

Much like in the kitchen, it's important to only have the tap or shower running when you're actually using the water. Shaving, brushing teeth and even applying shampoo or conditioner can all be done without the water going – just turn it on to rinse off!

On that same note, while we all love a long, hot shower, this seemingly small luxury comes at a price (and not just financially). Did you know that your showerhead could be using anywhere from nine to 19 litres per minute? It's good practise to find out if your showerhead could be more efficient (and if so, take action) and also simply keep your showers to four minutes or less. Use your phone as a timer if you haven't got a bathroom-specific timer.

Speaking of upgrades, did you know that you may be able to modify the float arm in your toilet to lower the flush volume? There are plenty of tutorials online to walk you through the process, which will have your toilet using less water for each flush (just make sure your pan is suitable for lower flow rates).

Of course, the most important thing to do is to constantly check for leaks – not just dripping taps, but also in your toilet. To check for toilet leaks, add a few drops of dye to the cistern and wait an hour (don't flush). If dye appears in the toilet bowl, you may have a leak.

In the garden

A huge portion of your home's water wastage won't actually occur *in* your home. According to a study by Western Australian service 'Water Corporation', sprinklers or irrigation systems account for an estimated 28 per cent of your home's water use. Hand-watering plants takes up another three per cent.

The good news is that being savvy about your water usage inside your home can help you be smarter in the garden, too. Now that you know to collect tapwater while you're waiting for it to cool down or warm up, you can use that on your plants.

When you do need to water your garden using the hose, pay attention to when you do it. The best time to water a garden is in the early morning or the evening, in order to reduce the amount lost to evaporation. Also, be sure to water thoroughly (though less frequently) to maximise the benefit to your plants and use mulch to prevent moisture loss.

If you have the opportunity to plant something new, consider choosing plants that don't require as much water. Australian natives are always a good choice as they're used to the climate (not to mention bursting with colour). Succulents and cacti are other great on-trend options.



Help your pup beat the heat

IT'S HARD ENOUGH BEING A HUMAN DURING THE HEAT OF SUMMER – IMAGINE HOW IT FEELS BEING COVERED IN FUR?! TO HELP FIDO STAY COOL AND COMFORTABLE THIS SUMMER, REMEMBER THESE TIPS.

Bring them with you: It goes without saying, but it's always worth mentioning: never leave your pets in a parked car. Not even for a minute. The temperature can rise rapidly in a vehicle, even when the windows are opened slightly, and the extreme heat can quickly result in organ damage or death. It's just not worth the risk! Bring them inside with you, or leave them at home.

Limit exercise when it's hot: Would you want to go for a long run in the middle of a summer day? Chances are, neither does your pet. Try to schedule their walks or dog park visits during cooler parts of the day – it will be much more pleasant for both of you. If you must walk them during peak temperatures, keep it brief.

Plenty of water and shade: Make sure your pet has easy access to water and shade when they're outside. This might mean investing in a refillable water fountain, or erecting a shade structure if you don't have much natural shade. Air flow is also important, and doghouses aren't ideal in summer (they can actually make the heat worse).

Offer them refreshments: Yes, you read that right! When it's really hot, your pet will love chowing down on ice cubes or even 'pupsicles' (dog-friendly ice blocks which you can make at home). You may also want to purchase a cooling body wrap or vest for your pup, or give them a nice cold bath.

Know the signs of heatstroke: If your dog is suffering from heatstroke, they'll exhibit some scary symptoms. Keep an eye out for heavy panting, glazed eyes, rapid heartbeat, fever, dizziness, vomiting or lack of coordination. If you suspect heatstroke, apply ice packs or cold towels to their head, neck and chest, or run cool water over them and take them to the nearest vet.

Retirement reimagined.



SALES INFORMATION CENTRE OPEN 7 DAYS | FRECALL 1800 577 542
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palmakeresort.com.au