

# The Lakes



March - April 2025



## Reception Centre now open!

Bubbles and oysters were enjoyed by those who attended the grand opening of our Reception Centre

## Tampa ticks all the boxes

Get to know our popular three-bedroom Tampa home design, inside

## Big Blue Bows

We love a 'Big Blue Bow' here at Forster Lakes because it means another new home has been filled with more happy homeowners



# Welcome



Things are really 'moving' here at Palm Lake Resort Forster Lakes – both literally and figuratively! Firstly, we have plenty of new Forster Lakes homeowners moving into their impressive over-50s dream homes. You can meet some of those elated new neighbours and their 'Big Blue Bows' on Page 6.

Secondly, our Sales Team has also just moved to brand new digs at the new roundabout entrance to our resort. The Palm Lake Resort Forster Lakes Sales Information Centre can now be found at 223 The Lakes Way, Forster. It's a wonderful new office space that has brought fresh energy to our delighted Sales Team and comes at the perfect time to see us through to the end of this project.

And finally, there's real 'movement' across construction right now with civil works commencing soon for our Stage 12 homes and our highly anticipated Palm Lake Care aged caring community - which is so exciting for us and for those homeowners who are seeking care options. It's actually hard to believe we are already at Stage 12 and seeing the final pieces of this Palm Lake Resort puzzle coming together.

On the construction front, we just hosted a fabulous 'Bubbles and Oysters' event for our homeowners to celebrate our new Reception Centre's opening. It's another wonderful community facility that provides opportunities for homeowners to book and host their own private gatherings and also for our resort's special interest groups to gather. We're already hearing great things from our yoga and tai chi enthusiasts who love the quiet new space for their practise.

With this new community space now open and a wonderful energy around the resort grounds, never before has our community felt so much like a 'community'. It's definitely exciting to first break ground on any new resort project (and we've seen a fair few new resorts through from concept to reality in our time with Palm Lake Group) but it's even more exciting to see these busy construction sites turn into polished neighbourhoods where likeminded people feel safe and secure and, most importantly, where they feel welcome.

**Jen, Jo and Karina**  
**Palm Lake Resort Forster Lakes Sales Team**

PS. We have recently sold another two Stage 8 Tampa design homes and only have two left in that stage so if Tampa ticks your boxes, be quick! See Pages 4-5 for more details and freecall our Sales Team on 1800 577 542 for your private inspection.

## Contact us

Looking for more info about Palm Lake Resort Forster Lakes? Here's how you can reach us:

**FREECALL:** 1800 577 542

**Street address:**  
6 Tea Tree Road,  
Forster NSW 2428

**Office hours:**  
9am-4.30pm,  
seven days a week

**Email:**  
salesforster@pallmlake.com.au

**Find us online at:**  
pallmlakeresort.com.au

**Get social:** Follow us on Facebook and Instagram (@palm.lake.resort)



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## News briefs

### Let's be social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

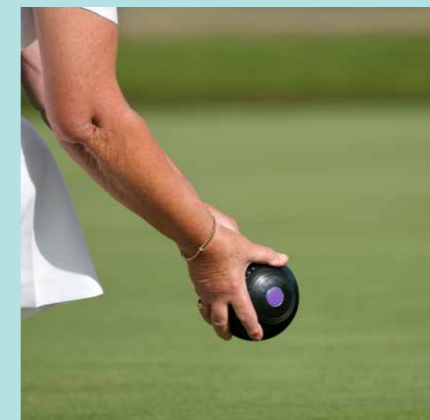
**Facebook and Instagram:**  
**@palm.lake.resort**

### Refer a friend, to share the fun

Refer a friend to join you and become part of our exclusive community, and if they purchase a new home here at Palm Lake Resort Forster Lakes, you'll receive \$500 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

### Stay a night, on us

Many of our enquiries come from people in distant locations right around Australia. If you are coming from out of town, simply FREECALL us on 1800 577 542 to arrange a resort tour and a complimentary night's accommodation on us. This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a Forster stopover to properly inspect our expanding resort.



### We're proudly supporting Police Legacy

Palm Lake Resort Forster Lakes is proud to be financially supporting the New South Wales Police Bowls Charity Day to be held at Forster Bowling Club on April 8. This charitable event will see all money raised go to New South Wales Police Legacy. What a wonderful cause. Good luck to all those players on the day!

### Our congrats to Greg

Palm Lake Group was pleased to hear that Australian sporting identity Greg Norman was handpicked by Prime Minister Anthony Albanese to join the board organising the 2032 Brisbane Olympic and Paralympic Games. Greg Norman Golf Course Design was the team behind the original Pelican Waters Golf Course layout and they also helped our local team reconfigure the course to make way for Palm Lake Resort Pelican Waters. Greg is a supporter of the Palm Lake Group and we couldn't think of anyone more perfectly suited to this Olympic role. We send our congratulations to Greg and look forward to hosting him at Pelican Waters for a round, when he's in town.



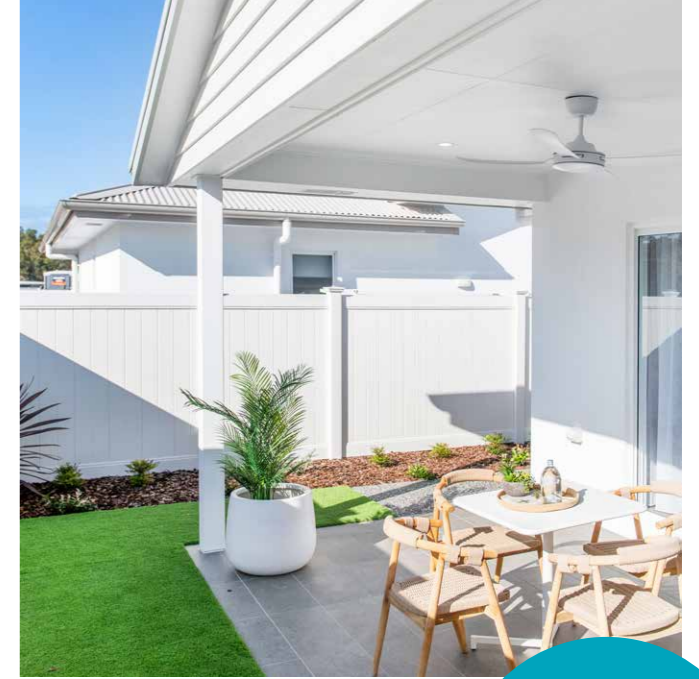
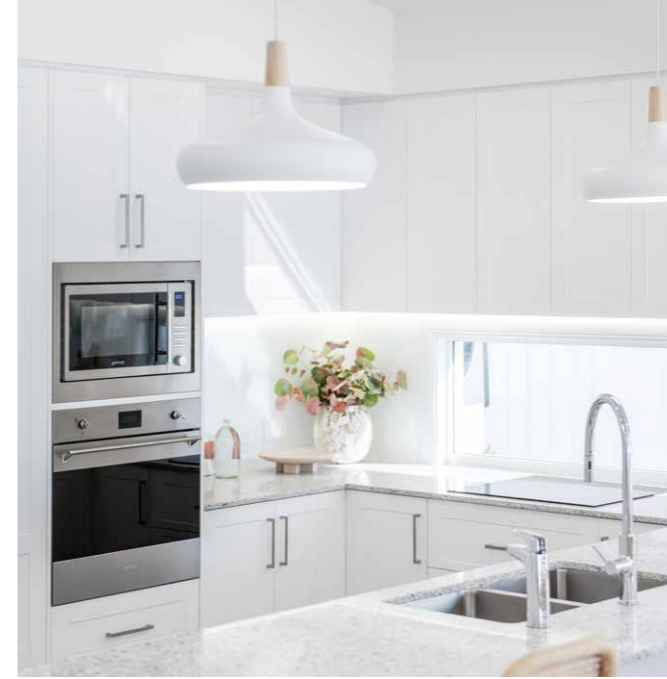
### Autumn's here, and it's Your Time

It's the start of a new season and that means there's a new edition of This is Your Time, our company magazine, hitting mailboxes around the nation. In this edition, let us introduce you to Mirador Wellness Centre which is part of Palm Lake Resort Pelican Waters. Mirador is the largest and most opulent over-50s wellness centre in the Southern Hemisphere. We couldn't be prouder of this one - it's a showstopper. We've actually taken that wellness theme and sprinkled it right throughout this magazine edition. Learn more about all those wellness therapies that are 'trending' right now (spoiler alert: they aren't 'trending' as much as they are here to stay!) and why you should incorporate a little more wellness into your daily life. We also catch you up on the progress we're making on our construction sites. If you haven't received a hard copy in your mailbox, you can always read it online at [pallmlakeresort.com.au](http://pallmlakeresort.com.au)

# Tampa ticks all the boxes



*Pictured: Our Tampa display residence is available for your private inspection.*



Book your private resort inspection on **1800 577 542**

MODERN PALM LAKE RESORT HOMEOWNERS ARE LOOKING FOR LOW-MAINTENANCE, DESIGNER HOMES WITH LUXURY INCLUSIONS, IN A COMMUNITY THAT OFFERS THEM SAFETY, SECURITY AND SOCIAL CONNECTION. COMMUNITY LIFESTYLE FACILITIES WITHIN THE RESORT ARE REGARDED AS AN EXTENSION OF OUR HOMEOWNERS' ABODES. PALM LAKE RESORT FORSTER LAKES TICKS ALL THESE BOXES AND MORE.

Palm Lake Resort Forster Lakes' "Tampa" home design is a three-bedroom offering that spans 199.39m<sup>2</sup> and incorporates the resort's overall Florida Keys coastal aesthetic. From the street, Tampa offers one of this resort's more traditional/classic facades. Dual gables greet the homeowner centrally, each containing a unique louvered porthole feature. There's a welcoming front pathway up to the entry porch, also centrally located under the gables, easing homeowners into their abode.

Bedrooms 2 and 3 are found immediately upon entry, with the home's main bathroom supporting these spaces. The rooms have been strategically positioned here for several reasons. Firstly, when guests are staying, they will feel privacy here being away from the main part of the home, as well as being separated from the homeowners' suite. These front rooms can also double as a convenient work-from-home office alongside the entry, or a quiet space for creative pursuits.

From here, walking through this home, the feeling is one of overwhelming spaciousness. Past the front bedrooms, the open-plan living space immediately opens up firstly

offering an ample U-shaped kitchen. The kitchen is filled with high-end SMEG appliances, a Billi Tap, premium Fienza tapware and more, offering homeowners a luxurious space for entertaining. There's an adjacent dedicated dining space and then a comfortable light-filled living room beyond.

At the home's rear, the master is more-so a 'suite' than a bedroom when you take into account its oversized walk-in robe and luxury ensuite with double basins. Homeowners love the tiled alfresco area, adjacent to the master. Access to this inviting alfresco space is via large glass sliding doors from the master as well as the main living area, bringing revitalising sunlight into both these key areas of the home. A handy built-in study nook for home administration tasks, ample walk-through laundry and double-car garage complete the Tampa's popular floorplan.

The best way to picture your Palm Lake Resort Forster Lakes lifestyle in our Tampa design is by walking through one. And we have a Tampa display residence available for your private inspection now. Freecall our Sales Information Centre on 1800 577 542 and book your tour and let us show you around.



# Resort Caretakers' update

Hi everyone! Wow, how fast is this year is going? We're into March already. And what's going on with this weather? Cyclone Alfred has certainly made an impact up and down Australia's east coast. Luckily we did not sustain any serious damage through that weather event, compared to our more northern neighbours.

Bryce and I are back from annual leave and while we had a wonderful time away, we're more than happy to be back in the swing of things and catching up with all our homeowners. The resort looks spectacular, as always and what we did notice upon our return was the number of homes going up super-fast.

The Reception Centre is also looking lovely. With the new coffee machine now installed, this is such a wonderful new place for our homeowners to stop by and enjoy a cuppa while they catch up with each other. We encourage you to visit, if you haven't already, and take in the spectacular views from the Reception Centre's upstairs balconies while you enjoy your caffeinated brew.

There have been a few updates to the Weekly Activities list so I encourage you to check out that updated list. You can find a copy on Page 8.

Aqua Zumba is going great. I have had great feedback from the instructor, Lauren, that our homeowner participants are all doing so well with their classes.

I also hear that the line dancing, which started just before we went away, is also in top flight! Great to see homeowner Val putting her hand up to take an extra class for revision of the steps. This is what community resort living is all about - everyone working together to make it a wonderful place to call home.

**Bryce Fellows and Tracey Bekkers,  
Resort Caretakers**



Pictured left, from top down: St Patrick's Day frivolities, our Rummikub enthusiasts gather, and so too do our line dancers.



Susan



Nienke and Tony



Sue and Jim



Peter and Karen



Jo and John (with Lola and Ruth)



Sandra and Graham



Kaylene and Gary



Chris and Linda



Glen and Karen

# Welcome home!

MORE SHINY NEW HOMES ARE POPPING UP RIGHT ACROSS FORSTER LAKES. CHECK OUT ALL THESE BIG BLUE BOWS! WE WELCOME YOU ALL.

# Weekly activities

## MONDAY

- 9am Craft: Sewing/patchwork/crochet, Craft room
- 9.30am Bowls: 3-bowl triples, Rhodes Bowls Green
- 10.30am Cardio with PLR instructor Terri, Dance Floor
- 12noon Librarian in attendance
- 1pm Mah-jong, Rhodes Sports Club
- 2.30pm Line dancing practise with Val, Belleair
- 7pm Canasta, Belleair Dining Room

## TUESDAY

- 7.30-9.30am Bus trip to Main Beach. Meet in the foyer
- 8.45am Stretch and Relax class, Reception Centre
- 9am Craft: Workshop projects, Craft room
- 9am Aqua Zumba with PLR instructor Lauren, indoor pool
- 10am Librarian in attendance
- 10.15am Cardio with PLR instructor Terri, Dance Floor
- 12-3pm Radio sailing, Tuncurry Racecourse
- 1pm Cards (500), Belleair Dining Room
- 1.15pm Craft: Various, Craft room
- 2pm Ukulele & other instruments, Meeting Room
- 2pm Chess, Belleair Dining Room
- 6pm Homeowners' dinner, Belleair Dining Room

## WEDNESDAY

- 9.30am Craft: Card making, Craft room
- 10am Line dancing with PLR instructor Linda, Belleair
- 11am-3pm Milon Gymnasium bookings for inductions and reviews, with PLR instructor Terri
- 3pm Librarian in attendance
- 6pm Homeowners' dinner, Belleair Dining Room
- 7.30pm Movie night, Belleair Theatre

## THURSDAY

- 9am Art, Craft room
- 9.30am Aqua Zumba with PLR instructor Lauren, indoor pool
- 12pm Homeowners' lunch, Belleair Country Club
- 1.30pm Bowls: 3 bowl triples, Rhodes Bowls Green
- 2pm Librarian in attendance
- 2.30pm Tap dancing, Belleair dance floor
- 6.30pm Trivia, Belleair Dining Room

## FRIDAY

- 8.45am Yoga with PLR instructor Bernie, Reception Centre
- 9am Pickleball (social games)
- 3pm Librarian in attendance
- 4pm Happy Hour, Belleair Country Club
- 4.30pm Bowls: Twilight, Rhodes Bowls Green

## SATURDAY

- 12-3pm Radio sailing, Tuncurry Racecourse
- 1.30pm Bingo, Belleair Dining Room
- 2pm Librarian in attendance

## SUNDAY

- 1pm Canasta, Belleair Dining Room
- 2pm Librarian in attendance
- 3pm Friendship Group/Happy Hour, Belleair
- 5.30-7pm Community BBQ, Belleair BBQ
- 7pm Movie night, Belleair Theatre



# Bubbles & Oysters

OUR FABULOUS NEW RECEPTION CENTRE WAS OFFICIALLY OPENED AT AN EVENT THAT SAW 200 HOMEOWNERS ENJOY SPARKLING WINE, BEER, OYSTERS AND CANAPES. WHAT A WONDERFUL NEW ADDITION TO OUR RESORT.

Another wonderful new community facility is now open!

The colour green promotes calm, balance, relaxation, renewal

# Green thumbs up.



POTTED PLANTS ADD A SPECIAL SOMETHING TO EVERY INTERIOR. THEY INJECT LITERAL LIFE INTO INANIMATE SPACES AND BEYOND THAT, THEY BENEFIT HOMES – AND THE HUMANS THAT INHABIT THEM – BY FILTERING AIR AND ABSORBING AIRBORNE TOXINS.

The biggest problem homeowners have with incorporating potted plants into their interior scheme is keeping them alive. Yes, unfortunately, many of us either set and forget our plants or at the other end of the scale, we shower them with too much love (read: water) and the end result is the same. Having said that, the biggest mistake homeowners make around indoor plants is in the very first step: Choosing the wrong plant for the space. You simply can't enter a nursery, fall in love with any lush pot of greenery and expect it to live anywhere in your home. Just like humans, plants can be fussy when it comes to their living arrangements. To help get you off on the right foot with adding plants to your home interior, follow these guidelines and suggestions to find a plant for some of the most obvious places...

## In the kitchen

A lovely little potted plant on a bright kitchen windowsill or a bright benchtop, can do wonders for the heart of your home. Try these options that are cute in size but add mighty impact:

**Geranium:** Compact. Flowers beautifully in full sun.

**African Violet:** Prefers bright light but not extreme heat, making it great for sunny but cooler windowsills.

**Kalanchoe:** A flowering succulent that enjoys direct sun.

**Echeveria:** A beautiful rosette-shaped succulent that does

well in sunny spots. Enmasse, these guys add even more impact. For example, put four different Echeveria in four individual but matching/coordinating pots and group them together on a bright bench.

**Basil:** Grows well in a sunny spot with regular watering.

**Thyme:** A hardy herb that loves warmth and sunlight.

## In the bathroom

Bathrooms are typically high humidity, low light spaces with temperature fluctuations, so the best plants are ones that thrive in moisture-rich environments.

**Peace Lily** (Spathiphyllum): Handles low light and high humidity, plus it purifies the air.

**ZZ Plant** (Zamioculcas zamiifolia): Extremely hardy, tolerates low light and moisture.

**Cast Iron Plant** (Aspidistra elatior): Almost indestructible and thrives in low light.

**Boston Fern** (Nephrolepis exaltata): Loves humidity but needs regular watering. The good thing here is that you're probably more likely to remember to water your boston fern given it's a room where water is easily accessible.

**Maidenhair Fern** (Adiantum spp.): Thrives in high humidity, though it needs consistent moisture. Again, a great location to remember to water your fern.

## In the living area

These spaces call for larger plants that make more of a statement. Living spaces can be bright, or offer lower/indirect light, depending on the orientation of your home and the available windows so you'll want something that can handle filtered light while also able to grow to a good size.

**Fiddle Leaf Fig** (Ficus lyrata): Popular choice for its big glossy leaves. Prefers bright, indirect light and occasional watering.

**Rubber Plant** (Ficus elastica): Low maintenance with dark green or variegated leaves; thrives in bright, indirect light.

**Bird of Paradise** (Strelitzia nicolai): Large tropical plant with broad leaves. Loves bright spaces but not direct sun.

**Kentia Palm** (Howea forsteriana): A graceful, slow-growing palm that adapts well to indoor conditions.

**Parlor Palm** (Chamaedorea elegans): Classic indoor palm with a soft, tropical look; thrives in bright, indirect light.

**Dragon Tree** (Dracaena marginata): Tall and slim with striking foliage, easy to care for, great for indoor air quality.

**Umbrella Tree** (Schefflera actinophylla): Lush and bushy with an elegant shape, perfect for bright rooms.

## From the ceiling

Hanging pots can provide unexpected drama in the right interior spaces. They can fill a space well and bring height to that space. Low-maintenance, lush indoor hanging plants are quite inexpensive and many require minimal care, including:

**Heartleaf Philodendron** (Philodendron hederaceum): A fast-growing, trailing plant that thrives in indirect light and only needs occasional watering.

**Spider Plant** (Chlorophytum comosum): Hardy and adaptable, this strappy-leaved specimen gets better and better as it matures as it produces baby 'spiderettes' that drape beautifully down from the pot.

**Devil's Ivy** (Epipremnum aureum): One of the easiest plants to grow. It tolerates low light, occasional neglect and still looks full and lush. If you like this one, you'll also love the striking green and yellow variegated leaves of Philodendron Brasil and the bright lime-green version called Neon Pothos and finally, Marble Queen Pothos for its variegated white/green marbled leaves.

## ...and a few other hot tips

- If you want to make a statement in your living space but your preferred indoor plant doesn't have a tall, upright shape, simply choose a tall statement pot that lifts your plant off the ground.
- If the spot you want to fill is simply too dark for any plant to thrive, a vase filled with greenery is a great substitute. Monstera (Monstera deliciosa) offers iconic split leaves that last weeks in water. Lucky Bamboo (Dracaena sanderiana) thrives in water. Eucalyptus branches are a great option.
- Have a few indoor plants on an indoors/outdoors rotation so they're always getting time outside to recharge and revitalise. They'll also love a little incidental nitrate-filled rainwater while they're out having a holiday.

# Green helpers

IS YOUR GREEN THUMB NOT AS BRIGHT GREEN AS YOU'D LIKE? CHECK OUT THESE GREEN ASSISTANTS THAT WILL HELP MAKE BEING A PLANT PARENT EASY!

**The Plant Society Design Handbook by Jason Chongue, \$45, from Murdoch Books**

Love plants? Appreciate design? Want to combine the best of the two in

your home? The Plant Society Design Handbook brings together essential know-how for incorporating the ethereal magic of plants into your living spaces, where a striking arrangement of succulents is just as important as an investment lounge or a standout piece of art.

Plant Society founder Jason Chongue offers a comprehensive guide to 80+ of his go-to plants, the conditions they thrive in and how to nurture them for a long life. He reveals the secrets to successful garden layouts, sharing design-led templates that are adaptable to different spaces, and explains how to navigate plant grouping and placement, as well as style fundamentals including colour, texture, shape and scale.

Whatever the scale of your living spaces and ambition, Jason brings the rewards of a personal plant stylist into your home.

## Apps for smartphones



**Planta:** Individual care schedule and reminders for your plants, recommendations, step by step guides, identification, light meter and more. Keep your plants alive with Planta! Visit [getplanta.com](http://getplanta.com)



**PictureThis - Plant Identifier:** This app identifies millions of plants with over 98 per cent accuracy, making plant care simple and accessible. It also offers a plant disease diagnosis tool, identifies toxic plants for pets and kids, and has a great water tracker and reminder function. For iPhone and iPad in the App Store.



# Making memories



**SALES INFORMATION CENTRE OPEN 7 DAYS | FREECALL 1800 577 542**  
salesforster@palllake.com.au | 223 The Lakes Way, Forster NSW 2428

**THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.**  
palllakeresort.com.au