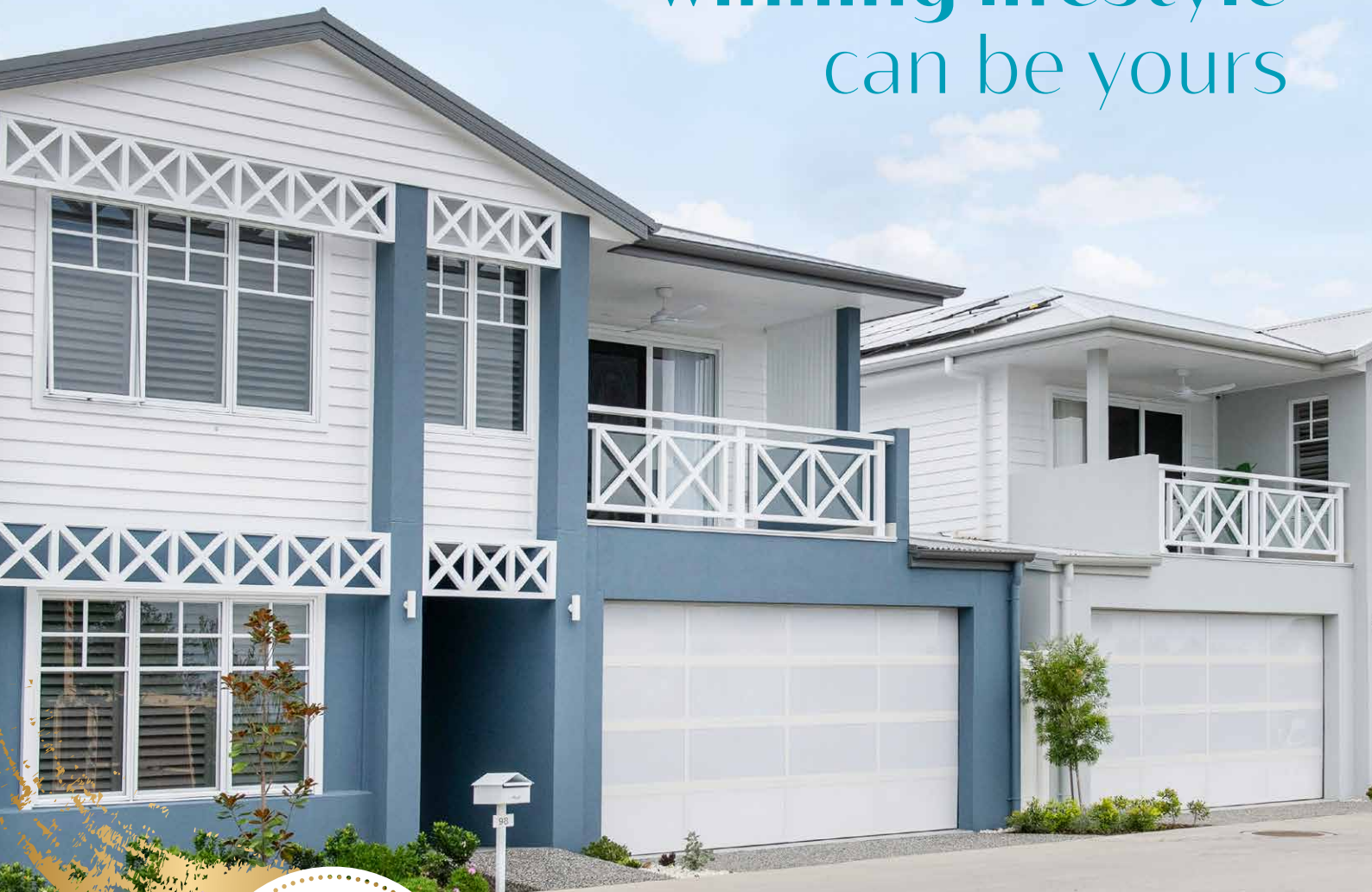


The Lakes



March - April 2026

An award-
winning lifestyle
can be yours



2023

MASTER BUILDERS AWARDS

WINNER

Homes,
glorious homes

Your last chance to secure a new Carrabelle home at Forster Lakes is now, before we're all sold out

White night,
bright future

Our homeowners gathered en masse, en blanc, for a very worthy cause



Pictured: Our double-storey Carrabelle homes prove big is beautiful. Turn over to Pages 4-5 for more details.

Welcome



Hello and welcome to another edition of *The Lakes* newsletter. It's an exciting time here at the resort, with several new projects underway that will further enhance the lifestyle our homeowners enjoy every day.

Construction has officially begun on our new putt-putt golf course, which we know will quickly become a favourite place for homeowners to relax, have a laugh with friends and enjoy a little friendly competition. We're also pleased to see the Men's Shed workshop taking shape, providing a fantastic space for creativity, camaraderie and shared projects within our community. At the same time, our final stage of the resort is now underway. It's wonderful to see the vision for Palm Lake Resort Forster Lakes continuing to come to life, welcoming new homeowners and completing what will be a truly special lifestyle community.

Living here is about so much more than beautiful homes and first-class facilities. The Forster Lakes region offers the best of coastal living, with stunning beaches, peaceful waterways, national parks and vibrant local cafés and shops all within easy reach. Whether it's a morning walk along the water, bowls, fishing on the lake, or simply catching up with neighbours, there is always something to enjoy. What truly makes this community special, though, is the people. The friendly, welcoming atmosphere created by our homeowners is something we are incredibly proud of. It's a place where neighbours become friends and where new homeowners quickly feel at home.

For those considering joining our community, there has never been a better time to discover the relaxed lifestyle, beautiful surroundings and strong sense of connection that makes Palm Lake Resort Forster Lakes such a wonderful place to live. We look forward to sharing more updates with you in the coming months as the resort continues to grow.

Suzanne, Jo and Karina
Palm Lake Resort Forster Lakes Sales Team

This newsletter is intended to give general information only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us

Looking for more info about Palm Lake Resort Forster Lakes? Here's how you can reach us:

FREECALL: 1800 577 542

Street address:
223 The Lakes Way,
Forster NSW 2428

Office hours:
9am-4.30pm,
seven days a week

Email:
salesforster@pallmlake.com.au

Find us online at:
pallmlakeresort.com.au

Get social: Follow us on Facebook and Instagram (@pallmlake.resort)



News briefs

That's when good neighbours become **good friends!**



Our ladies, who lunch

Check out this gorgeous bunch of Forster Lakes homeowners who enjoyed a lovely ladies' lunch together recently. The resort buses come in so handy for these types of activities, allowing our homeowners to enjoy their day without the need to drive themselves. That way, the journey together also becomes part of the fun!

Stay a night, on us

Many of our enquiries come from people in distant locations right around Australia. If you are coming from out of town, simply phone us on 1800 577 542 to arrange a resort tour and a complimentary night's accommodation... on us. This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a Forster stopover to properly inspect our expanding resort.

The cruiseship lifestyle on land

We're often told that Palm Lake Resorts are like cruiseships on land for the wealth of fun activities and entertainment available all at the one place. Here at Forster Lakes, we take that definition literally. Our Sales Team invites you to join in a weekly cruise aboard our resort pontoon boat. Departing at 9.30am every Thursday (weather dependent), participants spend two hours exploring our local Wallis Lake waterways before arriving back at the resort pontoon to enjoy lunch at our award-winning Belleair Country Club. To join in a weekly cruise and lunch, phone 1800 577 542.

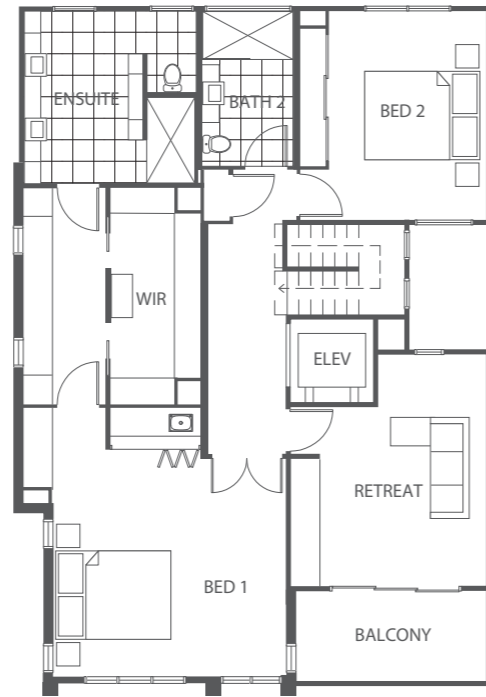


This is Your Time

The Autumn 2026 edition of This is Your Time magazine keeps you updated on all the news across our 27 Palm Lake Resort addresses – and more. Read all about the incredible Palm Lake Group precinct that takes in Palm Lake Resort Pelican Waters, Pelican Waters Golf Course and Pelican Waters Golf Club (including our restaurant, Cardon). These are undoubtedly the best residences and facilities ever designed and built by the Group in our almost 50-year history. Among the magazine's lifestyle features, readers will enjoy all things "The Bright Side" – from the myriad benefits of a 'bright' existence via alfresco living, and decorating with the year's bright colour winner, to holidaying in our bright new holiday home, and bright-flavoured citrus recipes. You can read the Autumn 2026 edition of our magazine online at pallmlakeresort.com.au

Refer a friend

We know your friends love visiting your Palm Lake Resort home and sharing our resort facilities with you. Refer a friend to join you and become part of our exclusive community, and if they purchase a new home here at Palm Lake Resort Forster Lakes, you'll receive \$500 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.



FIRST FLOOR



GROUND LEVEL

The best way to picture your Palm Lake Resort Forster Lakes lifestyle in our Carrabelle design is by walking through one. And we have some Carrabelle display homes available for your private inspection now. Phone our Sales Information Centre on 1800 577 542 to book your visit and let us show you around.

Living the high life



2023
MASTER BUILDERS AWARDS
WINNER

WHILE ALL OUR FORSTER LAKES FLORIDA KEYS-INSPIRED HOME DESIGNS OFFER RELAXED OPEN-PLAN LIVING, THE AWARD-WINNING CARRABELLE DESIGN TAKES THINGS ONE STEP FURTHER - AND ONE LEVEL UP.

At 280.56m² (or 30.19 squares), the Carrabelle offers two bedrooms, an activity room, two bathrooms and ample living space across its two storeys. In fact, the first-floor master suite is more of a sanctuary than a 'bedroom'. With its own adjacent retreat/living area, hidden kitchenette, expansive walk-through robe, study nook and ensuite, homeowners can live large here.

An internal elevator comes as standard on all two-storey Palm Lake Resort Forster Lakes homes, including Carrabelle. These lifts provide safety and convenience for over-50s homeowners, as well as proving to be a chic point of difference and talking point.

Palm Lake Resort homes have been awarded for their layout and design but it's the little details that count immensely for us, when it comes to presenting potential homeowners with their dream retirement abode. Our homes offer only the very best fixtures, fittings and materials help make every moment pure indulgence for homeowners.

From a construction perspective, Carrabelle features Hebel Power Wall Panel with a rendered finish (bringing both acoustic and climatic insulation properties) alongside ExpressPanel Cemintel external cladding and a Colorbond roof. Step inside and you are greeted by slick 2 Pac cabinetry and Caesarstone throughout. Tasmanian oak timber feature screens add warmth to the colour palette. High-end SMEG appliances are the preferred choice for all

Palm Lake Resort kitchens and here at Forster Lakes we take it a step further by semi-integrating the dishwasher for an even sleeker look. A Billi Tap adds utility and further style to the kitchen alongside other Phoenix tapware.

Other construction choices making our Carrabelle design so memorable include floor-to-ceiling tiling in bathrooms, frameless shower screens and a semi recessed shaving cabinet, as well as plantation shutters throughout.

Outside, PVC fencing and Modwood decking are two strategic inclusions for our over-50s homeowners who are too busy enjoying the retirement years to think about home maintenance. Exposed aggregate paths and driveway and a tiled patio, finish the picture. And, of course, there are a host of additional features that come standard in our Carrabelle, and every other Palm Lake Resort Forster Lakes home:

- Ducted air con (living areas, bedrooms, activity room)
- 3.0kW solar system with wall-mounted inverter
- Keyed locks to all opening windows and sliding doors as well as a designer glazed entry door. There's also flyscreens to windows and sliding doors and a security screen to the front entry door
- Heat pump hot water system
- Distress alarm, and more

We're proud to note that Carrabelle also received the Master Builders Association award for best display home in its category in 2023. A true winner!

Home, sweet home



MOVING INTO A NEW HOME IS AN EXCITING AND SOMEWHAT DAUNTING PROCESS. BUT THE JOB DOESN'T END ONCE THE MAIN THINGS ARE UNPACKED. IT'S THE LITTLE THINGS THAT TRANSFORM A HOUSE INTO A HOME. LOOK AROUND YOUR SPACE: HOW MANY OF THESE HOME-MAKERS CAN YOU SAY YOU HAVE?

IS YOURS A HOUSE OR A HOME?

Wondering how 'homely' your house is? Tick each item in the list (right) that you can see around your house, then score yourself using the scale below...

0–8 points: You're just getting started! Try adding a few personal touches to make your space feel even more welcoming.

9–16 points: You're well on your way. Your home already has plenty of personality – perhaps add a few more memory-filled items or cosy corners.

17–21 points: Lovely and lived-in. Your home clearly reflects your life, interests and memories.

22–25 points: Home sweet home! Your space is full of warmth, stories and personal touches, and we're sure you're enjoying the energy it brings.

- Family photo albums:** Keep treasured memories close by with photo albums from family holidays and celebrations. Websites like Vistaprint or Canva can help.
- Framed photos:** Display favourite photographs around the home – try adding fabric or coloured backing to frames for a creative touch.
- Fresh flowers:** A simple vase of fresh flowers instantly brightens a room and brings a little bit of nature indoors.
- Indoor plants:** Plants add life and colour to your home while helping create a calm, welcoming atmosphere.
- Candles and essential oils:** Candles and oil burners help create a warm glow and set the mood.
- Pre-loved furniture:** Vintage or inherited furniture comes with a story, and that kind of character is something brand-new pieces simply can't match.
- Gifts from loved ones:** Display meaningful gifts from friends and family as reminders of special relationships.
- Handwritten cards:** Birthday and holiday cards become keepsakes when displayed on a shelf, noticeboard or table.
- Coffee table books:** Books about travel, art or hobbies you love can spark conversation when visitors drop by.
- Your favourite artwork:** Paintings, prints or photographs that you love instantly add personality to your walls.
- Holiday souvenirs:** Display mementos from places you've visited to bring back memories of your travels.
- Pets:** Our furry companions bring warmth, routine and plenty of personality into the home.
- Cosy throws and cushions:** Soft textiles add comfort while helping create a relaxed, lived-in feel.
- A comfortable reading nook:** A favourite armchair, good lighting and a small side table can create the perfect spot to unwind with a book.
- Music you love:** Playing favourite songs or records can quickly make a house feel lively and familiar.
- A favourite mug on display:** Everyone has one, why not show it off?
- Personal collections:** Whether it's coins, shells or fridge magnets, collections tell a story about what you love.
- A memory shelf:** Dedicate a shelf or mantelpiece to treasured keepsakes from throughout your life.
- Family recipes in the kitchen:** Displaying handwritten recipes can keep family traditions alive while cooking.
- A welcoming front door:** A seasonal wreath, fun doorknob, cheerful mat or potted plant greets visitors warmly.
- A well-loved armchair:** A chair that's moulded perfectly to you quickly becomes a favourite place to relax.
- Soft lighting:** Table lamps and warm lighting can make your home feel calm and comfortable.
- Seasonal decorations:** Small decorations for Christmas, Easter or special occasions can add fun and colour throughout the year.
- A place for visitors:** Keeping a comfortable seat ready for friends and neighbours encourages connection and conversation. Better yet, an equipped guest bedroom!
- Things that make you smile:** Ultimately, the best way to make a house a home is to surround yourself with things that bring you joy every day.



John & Janine (with Ginga)



Gai & Shane



Paul



Delma & Paul



Jo & Danny



Rose



Michele

Welcome home

CHECK OUT ALL THESE NEW BIG BLUE DOOR BOWS! WE WELCOME YOU ALL TO OUR VIBRANT COMMUNITY.

Caretakers make the Palm Lake world go 'round

EVERY PALM LAKE RESORT COMMUNITY HAS AN ONSITE CARETAKER (OR TWO) AT THE HELM, MANAGING THE DAY-TO-DAY OPERATIONS AT THAT ADDRESS. AND THEY ARE A CRITICAL COG IN THE WELL-OILED MACHINE...

Resort Caretakers oversee local teams of groundspeople, cleaners, cooks and more. Many Caretakers in our established resort communities also facilitate home sales, while also rolling up their sleeves when it comes to serving weekly dinners, for example. They are the first port of call for homeowner queries and oversee all the various local resort special interest groups. They are also an important conduit between Palm Lake Resort headquarters at Southport and their respective local address. They are the glue that holds each of the country's 27 resorts together.

As Palm Lake Group's Executive Manager, People & Operations, Amanda Clements says, "We are very grateful to have a wonderful group of dedicated and long-time Caretakers across our 27 resort addresses".

Here at Forster Lakes, our Caretakers are Tracey Bekkers and Bryce Fellows. The pair have been with us since the early part of 2024, arriving at Forster Lakes after working as Caretakers at Palm Lake Resort Hervey Bay. They've recently clocked up five years with the Palm Lake Group - a milestone achievement, according to Amanda.

If you asked Tracey and Bryce, they would describe themselves as seasoned travellers and adventure seekers - it's that spirit that originally brought them to Australia from New Zealand back in 2011. At the time, the pair had decided things were a little "stagnant" in their lives. It wasn't that they were unhappy, it was just that life needed a little jazzing up. Tracey had been working in the fitness industry in sales and management roles, while Bryce is a butcher by trade who had, up to that point, spent two decades operating his own lawnmowing and yard maintenance franchise. So, what do you think this outgoing couple decided to do? They moved countries and got to work picking apples! Their stint in Stanthorpe, after arriving in 'the land Downunder', was a physically challenging one, but it was just the tip of the adventure iceberg. In the almost-decade to follow, this pair lived in their caravan and worked around the country in far-flung places from Onslow in Western Australia, to Kununurra in the Kimberley, and from Cloncurry in Outback Queensland to "bitterly cold, but beautiful" Melbourne.

While they started their Aussie employment as "nomads" picking fruit, they quickly found their stride working in caravan parks and holiday resorts in caretaker/manager roles which is how they came to applying at Palm Lake Resort Hervey Bay. Tracey says she and Bryce discovered Hervey Bay having spent quite a bit of time there while working for two years in Biloela running the tourist park/workers' camp.

"Hervey Bay was our getaway place, a place to breathe in the salt air," she recalls.

The other reason Hervey Bay was such a winning location for them was that Tracey and Bryce are beach lovers and keen paddleboarders. While Bryce used to surf, Tracey says his board was more "for decoration" these days. You can see why Foster Lakes has been a great fit for them.

Tracey and Bryce have five adult kids between them as well as a host of grandchildren, with family spread all over the country and internationally. Tracey says she might be biased, but labels Bryce "the nicest man". She says he fits right into his Palm Lake Resort role given his vast experience in groundskeeping and his affable personality. Tracey says she is a stickler for organisation and procedures. Their combined skillset makes them a formidable team in the Caretakers' office. Five years down the track, Tracey says she's ever so grateful for the homeowner community that supports them here every day.

Proving Palm Lake Group's commitment to its Caretakers and also the Caretakers' loyalty to the company, there are many other Palm Lake Resort locations enjoying long-time leaders in the caretaking office, including:

- Lea (Phillip Island/Willow Lodge): 17 years
- Michaela (Eagleby Heights): 16 years
- Trish and Rik (Mt Warren Park): 14 years
- Wayne and Di (Banora Point): 11 years
- Robyn and Bernie (Yamba): 10 years
- Jo and Troy (Paynesville): 9 years
- Ron and Jo (Fern Bay): 7 years
- Karen and Mark (Toowoomba): 6 years
- Tracey and Bryce (Forster Lakes): 5 years
- Kym (Yamba Cove): 5 years
- Phil and Lyn (Deception Bay): 5 years

Without doubt, Caretakers underpin the success of every one of our Palm Lake Resort communities and we're grateful to have them onboard, especially here at Forster Lakes!



Pictured right: Bryce Fellows and Tracey Bekkers, Forster Lakes Caretakers

White night, bright future

MORE THAN 12 MONTHS AGO, THE STORY OF A YOUNG BOY'S BRAVE BATTLE WITH BRAIN CANCER MOVED THE PALM LAKE RESORT FORSTER LAKES COMMUNITY DEEPLY. THE END RESULT WAS A (WHITE) NIGHT TO REMEMBER.

By Dian Brennan
On behalf of the White Dinner Working Group

When Forster Lakes homeowners learned of a brave young boy's battle with illness, and that that boy's grandparents were part of our own Palm Lake Resort family, the impact became personal. The immediate question on everyone's lips was: "What can we do?"

The answer came from the vision of Carol Galvin, who proposed hosting a 'Le Dîner en Blanc' (a "White Dinner") — an evening of elegance dedicated to a meaningful cause.

The 'Le Dîner en Blanc' movement began in 1988 as a simple 'friends-only' garden party in Paris. Since then, it has evolved into a global phenomenon across 85 cities, defined by its strict, stunning dress code: participants must wear only white. Today, Palm Lake Resort Forster Lakes proudly joins that international tradition.

Once the seed was planted, the enthusiasm within the resort was electric. A 'White Dinner Working Group' was quickly formed, with Carol, myself, Robin Warner, Bron Davie, Kaylene Spencer and Chris Andrews taking the lead on the months of planning required to bring this vision to life.

In the weeks leading up to the event, the resort was abuzz. Homeowners hunted for the perfect white outfits, while groups held 'top-secret' meetings to plan elaborate, white table decorations.

The success of the night rested on the shoulders of our incredible volunteers. From those crafting floral arrangements and managing technical entertainment to the 'heavy lifters' who handled the logistics of setting up and clearing away — it was a true team effort.

While the evening was visually spectacular, its true beauty lay in its purpose. It was about more than just dressing up or fundraising; it was about connection. The event brought homeowners together, forged new friendships, and encouraged owners from both sides of the bridge to strengthen their bonds.

The night was an overwhelming success, and the question is already being asked: "When is the next one?" We look forward to making this a cherished tradition, continuing to support the grandchildren and families within our resort community for years to come.



A night in white for a worthy cause





Homeowner activities

Join us at a dancing class – they're good for you!
Read all about it on Page 11

MONDAY

- 9am Craft: Sewing/patchwork/crochet, Craft Room
- 9.30am Bowls: 3-bowl triples, Rhodes Bowls Green
- 10.30am Cardio with PLR instructor Terri, Dance Floor
- 12noon Librarian in attendance, Belleair Library
- 1pm Cards - Hand & Foot, Reception Centre
- 1.15pm Mah-jong, Rhodes Sports Club
- 2.30pm Line dancing practise with Val, Belleair
- 3pm Social pickleball, Pickleball courts
- 7pm Darts, Belleair Billiards Room

TUESDAY

- 7.15-9am Bus trip to Main Beach. Meet in the foyer
- 9am Craft/Workshop projects, Craft room
- 9am Aqua Zumba with PLR instructor Lauren, indoor pool
- 10am Librarian in attendance, Belleair Library
- 10.15am Cardio with PLR instructor Terri, Dance Floor
- 1pm Cards (500), Belleair Dining Room
- 1pm Cards (Mixed), Reception Centre
- 1pm Chess, Rhodes Sports Club
- 2pm Ukulele and other instruments, Meeting Room
- 2pm Chess, Rhodes Sports Club
- 2-4pm Art Group, Belleair Craft Room
- 6pm Homeowners' dinner, Belleair Dining Room

WEDNESDAY

- 9.30am Craft: Card making, Belleair Craft Room
- 10am Line dancing with PLR instructor Linda, Belleair
- 11am-3pm Milon Gym inductions/reviews (booking req)
- 1pm Rummikubs, Belleair Dining Room
- 2pm Mah-jong, Belleair Country Club
- 3pm Librarian in attendance, Belleair Library
- 6pm Homeowners' dinner, Belleair Dining Room
- 7.30pm Movie night, Belleair Theatre

THURSDAY

- 9am Art, Belleair Craft room
- 9.30am Aqua Zumba with instructor Lauren, indoor pool
- 12pm Homeowners' lunch, Belleair Country Club
- 1pm Mah-jong, Reception Centre
- 1pm Rummikubs, Belleair Dining Room
- 1.30pm Bowls: 3 bowl triples, Rhodes Bowls Green
- 2pm Librarian in attendance, Belleair Library
- 2.30pm Tap dancing, Belleair Dance Floor
- 6.30pm Trivia Night, Belleair Dining Room

FRIDAY

- 8.45am Yoga with PLR instructor Bernie, Reception Centre
- 9am Social pickleball, Pickleball courts
- 3pm Librarian in attendance, Belleair Library
- 3.30pm Twilight Bowls, Rhodes Bowls Green
- 4pm Happy Hour, Belleair and Rhodes bars

SATURDAY

- 9am Social pickleball, Pickleball courts
- 1.30pm Bingo, Belleair Dining Room
- 2pm Librarian in attendance, Belleair Library

SUNDAY

- 12.45pm Canasta/Hand & Foot, Belleair Dining Room
- 12.45pm Lawn bowls Scroungers
- 1pm Rummikubs, Belleair Dining Room
- 2pm Librarian in attendance, Belleair Library
- 3pm Friendship Group/Happy Hour, Belleair
- 3pm Rummikubs, Belleair Dining Room
- 5.30-7pm Community BBQ, Belleair BBQ
- 7pm Movie night, Belleair Theatre

Boot-scootin' benefits

DANCING. IT'S THE SIMPLE, JOYFUL AND COST-FREE FITNESS ACTIVITY THAT SCIENCE SAYS IS GOOD FOR THE BODY, MIND AND SOUL.

Whether it's dancing along to country classics or pop favourites, getting into the groove has been shown to improve balance, boost mood and help people feel more connected to those around them. It's no wonder, then, that dancing has become a favourite pastime for homeowners at many Palm Lake Resort locations including here at Forster Lakes.

According to multiple studies, dancing can help combat depression and anxiety, improve strength and mobility, and even reduce the need for pain medication. One standout example comes from a 2013 study by the University of New England and the Australian National University, where participants aged up to 73 took part in just eight tango sessions across two weeks. The results? Reduced stress, anxiety and insomnia, and a notable lift in self-confidence and overall wellbeing. Even a month later, those positive effects had stuck around.

While you don't need to don a ballgown or dance cheek-to-cheek to get the benefits, you do need to move – and that's where line dancing and tap dancing really shine. Both styles of dance have been warmly embraced here at Forster Lakes. Easy to learn and accessible to all levels, tap and line dancing get the body moving and the mind focused, without the pressure of having to find a partner or remember super-complicated choreography. It's also incredibly social, bringing neighbours together in a shared rhythm.

Line dancing is a popular activity across many Palm Lake Resorts, and features on our own Weekly Activities list on Mondays (2.30pm) and Wednesdays (10am). Tap dancing is less common among the Palm Lake Group of resorts, but don't underestimate its popularity here at Forster Lakes. Our tappers get together weekly on Thursdays (2.30pm).

Our homeowners tell us they love the upbeat nature of both styles of dance, the sense of inclusion and the feeling of accomplishment that comes from learning something new together. The routines are often simple enough for beginners but still provide a great mental and physical workout. Not to mention, they're a lot of fun!

So whether you're looking to improve your balance, lift your spirits, or just have a good time with your neighbours, consider giving dancing a go. It's good for the body, great for the brain, and a whole lot of fun!



Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community. If they purchase a new Forster Lakes home, you'll receive \$500* cash. And if they choose one of our established homes, you'll receive \$250* cash. Easy!

up to
\$500 cash simply for referring a friend

For more info or to refer your friend,
PHONE 1800 577 542

*T&Cs apply



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palmakeresort.com.au



Connect, for life



SALES INFORMATION CENTRE OPEN 7 DAYS | 1800 577 542
salesforster@palmlake.com.au | 223 The Lakes Way, Forster 2428

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