

Hervey Bay.

DECEMBER 2021 - JANUARY 2022

Time to celebrate.

IT'S BEEN A YEAR, HASN'T IT? IF EVER THERE WAS A TIME FOR US TO CELEBRATE, IT IS THIS FESTIVE SEASON.

We hope you all spend some quality time relaxing with those people most important to you. We wish you a safe and happy holiday season and look onwards and upwards to what 2022 will bring us. Merry Christmas to you all. May you eat, drink and be merry!





Welcome.



Merry Christmas to everyone here in this beautiful resort, in our stunning location of Hervey Bay.

There have been plenty of elves very busy recently, magically transforming our Country Club into a festive Christmas grotto. Some of our resort's homes have also been lit up and it's lovely to see them at night - awesome job to those home wners! The homes look fantastic!

There are LOTS of Christmas parties and end-of-year break up parties going on around the resort. Make sure you take note of our kitchen closures, which are listed on Page 3, and don't forget the Christmas lunch with Kamahl on Christmas Day. It will be an extra-special event and if we cannot be with family due to the 'C' word, then this will be a lovely way to stay connected and not be alone on December 25.

Palm Lake Resort Hervey Bay is looking lovely and green with all of this rain and heat lately. The boys are mowing flat out, as you can almost see the grass growing! The lakes are also looking lovely. We are pleased to let everyone know that the lake on the western side has had the weevil family move in. It will be an interesting experiment to see how they go. Chomp, chomp, you little critters! Eat it all and be merry!

Sales of homes here are still strong. We have plenty of new residents moving in – such lovely people among them. It's been so good to see all the new residents joining in our weekly activities, utilising our resort facilities, coming along to dinner and lunch, and just fitting right in.

In closing, Bryce and I would like to wish everyone a safe and Merry Christmas. Thank you to everyone who has aided and guided us thru to the end of our first year, your support has been tremendous.

Bryce Fellows and Tracey Bekkers,
Palm Lake Resort Caretakers

CONTACT US

Looking for more information about Palm Lake Resort Hervey Bay? Here are four ways you can reach us:

Online: palmlakeresort.com.au

Street address: 25-67 Pialba-Burrum Heads Rd, Eli Waters QLD 4655

Phone: 1800 455 307

Sales Office hours: 10am to 2pm, Monday to Friday. Weekends, by appointment

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News briefs.

MAKE A NOTE OF THESE DATES...

Just to keep your planning on track, here are some important dates for our resort:

Christmas closure for the kitchen will be December 17 to January 4.

Christmas lunch for our homeowners will be held on Tuesday, December 14 with **Christmas dinner** scheduled for Thursday, December 16.

REFER YOUR FRIENDS

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort Phillip Island home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the office.

GET SOCIAL WITH US

Follow Palm Lake Resort on Facebook (@palmlakeresort) and on Instagram (@palm_lake_resort) to see what's happening right across our 28 Palm Lake locations.

CHECK OUT ALL THE CHRISTMAS SPIRIT!

MERRY CHRISTMAS EVERYONE!



Villa 61



Villa 64



Villa 6





Art and craft impresses

THERE'S A VERY TALENTED GROUP OF CREATIVES WHO CALL OUR RESORT HOME. BUT THEY ARE ALSO VERY CHARITABLE. CHECK OUT JUST SOME OF THE SIGHTS FROM OUR ANNUAL ART AND CRAFT EXHIBITION. BRAVO, ALL!

On October 27, Palm Lake Resort Hervey Bay Art Group members held their annual Art and Craft Exhibition and sale. It provided a great opportunity for their fellow neighbours to see the great range of artworks completed over the past year - with the addition, this exhibition, of some great craft and handmade cards. All of the creative treasures were available for purchase too, enabling exhibition visitors to conveniently shop for the upcoming festive season.

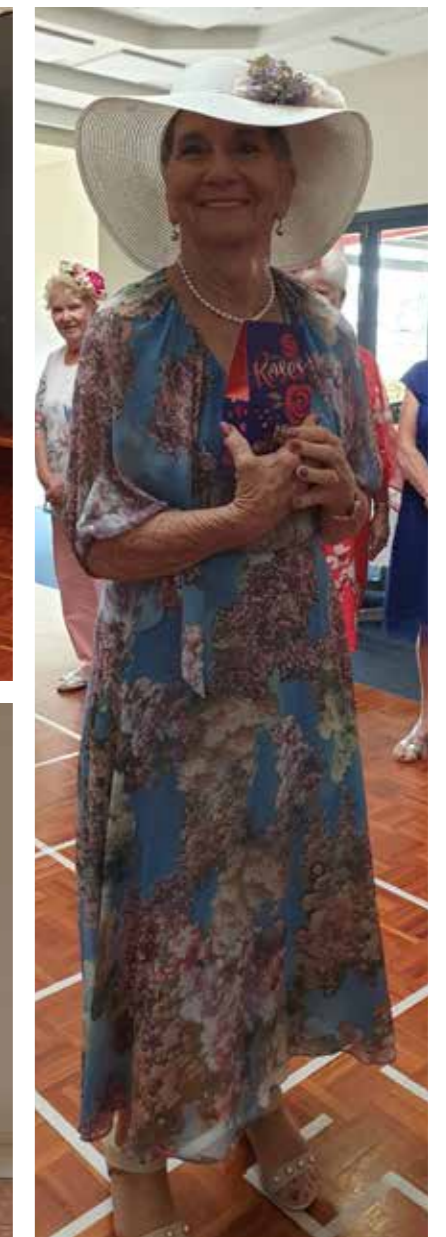
Two paintings were donated by Art Group instructor Robyn Fuller and our own talented pastel artist Peter Cooper, to be raffled. These pieces were won by ecstatic winners Yvonne Loughlin (Villa 149) and Janet Ismail (Villa 67).

Drinks and finger food were enjoyed by all who attended. Proceeds of the raffle, 10 per cent of sales, plus the takings from the evening were donated to the Smith Family and the Royal Flying Doctors' Service.



Another cup is run and won

ANOTHER YEAR, ANOTHER REASON TO GET FROCKED UP AND EXCITED ABOUT A HORSE RACE! WE LOVE MELBOURNE CUP HERE AT PALM LAKE RESORT - AS THESE MEMORIES SHOW...



Bring a plate.



WE ALL KNOW JUST HOW MUCH PALM LAKE RESORT RESIDENTS LOVE A CATCH UP. OUR COMMUNITIES ARE LITERALLY BUILT ON 'COMMUNITY'. WHETHER IT'S A STREET PARTY WITH GARAGES DOORS WIDE OPEN AND FOLD-OUT CHAIRS ENMASSE IN DRIVEWAYS, OR VISITING FAMILY CATCHING UP AROUND A BARBECUE OR OUR RESORT POOL, ONE THING IS FOR SURE – YOU SHOULD ALWAYS BRING A PLATE.

Ahhh, summer – it's the season of entertaining here in Australia, when neighbours, friends and family come together to celebrate, well, just about anything. Even when you're told not to bring a thing, it's nice to not turn up empty handed. Here are our Top 5 easy 'bring a plate' idea to get your through another Palm Lake celebratory season because, guess what? It's already that time of the year again!

Cheese platter

Cheese platters are always crowd favourites and should be your Number 1 go-to. Whatever your taste, there's always something on a good cheese platter that everyone can enjoy. In our opinion, a solid cheese platter should include the following:

- A soft cheese like brie, goats' cheese or camembert
- A hard cheese like cheddar or gouda
- A blue cheese like gorgonzola, Roquefort or stilton
- A mix of crackers and bread
- A selection of dips, both dairy-based (ie, French onion) and dairy free (ie, pesto)
- Quince paste

- Something salty, like olives, cured meats or nuts
- Something sweet, like fruit or chocolate.

Also, note that presentation is key when it comes to a memorable platter. Wooden chopping boards make a great base for your platter and don't forget a cheese knife.

Spinach cob loaf

This Aussie party classic has been on high rotation for more than 100 years (yes, really!). And it's so simple to make. Take a large cob loaf (your choice of white, sourdough or whole-meal bread) and slice off the top, allowing you to remove the soft internal bread – save it for the next steps though. Drain a bag of frozen spinach of all water and mix with sour cream, mayonnaise, red onion and powdered vegetable stock until it forms a dip-like consistency. Scoop the mixture into the hollowed-out cob loaf and, under the grill, toast the bread chunks you tore out of the middle to serve.

Sushi tray

For something a little bit more exotic, you can't go past a sushi tray. Sushi is a lot of fun to make, too! Simply cook

Up the ante.

Don't just bring a plate to that next summer soiree - bring a jug as well! Here's a fruity sangria recipe to get you through the festive months! In a large glass pitcher, pour one bottle of white or red wine over ice. Then add four tablespoons of white sugar, 60ml of brandy and two cups of ginger ale. Stir. Add sliced oranges, lemons and limes and muddle slightly with your stirrer. Garnish each glass with a fruit wedge.



some sushi rice (short grain white rice made stickier with rice vinegar, sugar and salt), lay out a bamboo sushi mat and a sheet of seaweed (nori). Spread the rice onto the nori evenly, and right to each edge. Have a bowl of water on hand to help you form the sushi without the rice sticking to your hands. Add your preferred fillings along one side – fish, chicken, fresh vegetables, avocado and egg are popular choices – then roll it all together and cut with a super sharp knife.

Skewers

Does anything beat a skewer when it comes to finger food? There are no crumbs, no cutlery needed and plenty of deliciousness – plus, they're a lot of fun! Some exciting chargrilled skewer combinations include:

- Prawn, mango and avocado
- Steak, mushrooms, red onion
- Italian chicken, zucchini, cherry tomatoes, capsicum
- Grilled tofu or tempeh, carrots and mushrooms.

And to extend on your skewer repertoire, why not do fruit skewers? Pick the most colourful seasonal fruit available and chop into bite-sized pieces. For colour, you can't go past a combination featuring watermelon, grapes, rockmelon, honeydew, pineapple and the like. Easy!

Weekly activities.

MONDAY

8am: Lawn bowls (Social teams)
8.30am-9am: Walking aerobics
9.30am-10.30am: Pilates (8-week course)
10am: Lawn bowls
1pm-2.30pm: Yoga
1pm-4pm: Sewing
2.30pm-3.30pm: Tai Chi/Qigong
7pm: Carpet bowls

TUESDAY

7am-8am: Gym class, with John Clough
7.30am: Tennis
8am-8.30am: Walking aerobics
9.30am-11.30am: Art class
10.30am: Aqua aerobics – Jen Murphy
12.30pm: Lunch
1.30pm-3.30pm: Mah-jong
7pm-9pm: Line dancing

WEDNESDAY

8.30am-9am: Walking aerobics
9.30am-11am: Tai Chi/Qigong
3pm: Lawn bowls
3pm-4.15pm: Health & Strengthening (no floorwork) Qigong/Tai Chi
5pm: Night tennis
6pm-7.30pm: Beginners' line dancing

THURSDAY

7am-8am: Gym class, with John Clough
7.30am: Tennis
7.45am: Kelly's bowls
8am: Lawn bowls (Scroungers)
8.30am-9am: Walking aerobics
12noon-2pm: Art class
9am-12noon: Card making
1.30pm-3.30pm: Bingo
5.30pm: Residents' dinner

FRIDAY

6.30am for 7am: Golf (tee off) at Hervey Bay Golf Club
8am: Lawn bowls (Social teams)
8am-9.30am: Yoga - Resident
9.30am: Aqua aerobics – Jen Murphy

SATURDAY

8.30am: Walking aerobics
9.30am-12.30pm: Ukulele club
1pm: Lawn bowls (Social triples/pairs)

SATURDAY

1pm-6pm: Cards (inc. Texas Hold 'Em)



Helping friends become neighbours.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes (or a new home from elsewhere in the group, for that matter), you'll receive up to \$500* cash. Easy!

\$500
for a brand new home.

\$250
for an established home.

For more information and to refer your friend, simply contact our Sales Information Centre on 1800 455 307. *T&Cs apply



THE BEST IN OVER-50S LIVING. THIS IS YOUR TIME.
palmakeresort.com.au



Right on cue.

WALK INTO ANY PALM LAKE RESORT COUNTRY CLUB AND YOU'LL LIKELY FIND A GROUP OF RESIDENTS GATHERED AROUND THE BILLIARDS TABLE, WATCHING OR PARTICIPATING IN A NEIGHBOURLY GAME. BUT IT'S A GAME THAT SPANS THE GENERATIONS – SO OUR VISITING FAMILIES LOVE IT TOO.

If there's one thing many Palm Lake Resort residents have in common, it's that they love a good game of snooker – it's the reason most of our resorts across Queensland, New South Wales and Victoria have their own billiards tables. Pool, snooker and billiards are all beloved as social games best enjoyed with a drink and good company, but did you know there are distinct differences between them? Paul Cosgriff, president of the Victorian Billiards and Snooker Association, explained the differences clearly. Paul says billiards is played with only three balls (one red, one white and a yellow cue ball). Both snooker and pool begin with a triangle of 15 balls each - in pool they are multicoloured and divided into solids and stripes, while in snooker they are red. Snooker is also played with an additional six coloured balls. Both of these games also require a white cue ball.

"The thing I love most about these games is the combination of physics and artistry," says Paul. "Physics tells you that if you hit the ball a certain way, it will end up in a certain position.

"Mastering all of the other factors - like side, intentional spin and strength - is where the artistry comes in. The best players will finish exactly where they want to finish, under incredible pressure. That's the beauty of the game."

Paul's tips for bettering your game

1. Although cues are provided, your own cue is always best. Your individual cue gives the best 'feel' and on large professional tables, players fit extensions to their own cue because that familiarity is so important.

2. Two-piece cues are best for ease of transport, and storage. The join can be at half-way or "3/4" - meaning well down near the butt end of the cue. Under the rules, a cue must be at least three feet in length, so if you take the butt end off a "3/4" cue you could still play a shot. Most cues are 54" in length - generally standing about shoulder height, or just above, or below. Therefore, you could not unscrew the 2-piece cue with a mid-join and play a legal stroke.

3. When purchasing a Cue, play a number of shots hitting 'high' on the cue-ball so that it follows on, or runs through, after the object ball. This translates to 'feel' and helps when comparing cues. The more expensive cue is not necessarily the best feel for you. The tip of the cue is your only means of control for spins on the ball (screw, stun and side) so maintain it well. Good chalk is essential.

4. Persistence is the key to improvement and full enjoyment. Practice, especially for plain ball striking, is essential to eliminate unintentional spins. Later practice allows for intentional spins to manoeuvre the cue ball to the desired position for the succeeding stroke.

5. An adjunct to persistence is maintenance. The cue should be kept clean and dry, with a little wood oil on exposed wood near the tip, and below the ferrule. The billiard table should have a dust cover. When the dust cover is removed, the table should be brushed from the baulk end (the "D") all the way to the top of the table where the black spot is. Never "bang" a ball onto a spot. It can only cause damage. The table should be serviced by a qualified person if there are problems with spots, wear and tear to the cloth, or if the table is out of level.

Homes for sale.

Villa 23: \$665,000



UNDER OFFER

Spectacular lakefront home.

This beautiful home has sweeping views across beautiful manicured lawn to Lake Condor. Gardens flow over the embankment - this is perfect for the green thumb homeowner. Large kitchen overlooking the lake, from the front window. Extra large double garage with epoxy flooring. Gorgeous tiled floors throughout with carpeted bedrooms.



Villa 194: \$550,000



Gorgeous home up for grabs.

This home is sure to please with its freshly painted exterior, two bedrooms plus study/media room and large ensuite off the master bedroom.

This home offers tiled wet areas, blinds throughout and carpet in the bedrooms. There's a high ceiling in the dining area with open-plan kitchen and large pantry. Ceiling fans throughout. Air conditioning in living areas. Solar hot water. Flyscreens throughout and double garage.

Key features:

- Solar hot water
- Fresh external paint
- Low maintenance garden
- Close proximity to the clubhouse

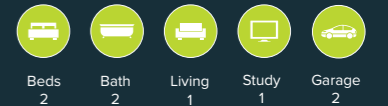
Villa 208: \$550,000



Beautifully presented Monte Carlo.

Open plan kitchen/dining and extended lounge/media area. The kitchen features all white 2 pac cupboards - an entertainer's dream. The bathroom is dual access off the master. Single garage, with internal access, flows out through glass ranch sliders onto the covered alfresco entertainment area featuring lovely gardens and pull-down shades. Six solar panels.

Villa 209: \$540,000



This Banksia will impress.

This beautifully presented Banksia-design home features open-plan extra large kitchen/dining and lounge. This home has access to the backyard via the side gates, where you'll find a larger side garden area.

Key features include:

- Solar panels x 7
- 2 x garden sheds
- Sun shade awnings on external windows
- Tiled throughout including bedrooms



Want to book a private tour and find out more about our resort? Freecall **1800 455 307**
Email herveybay@palllake.com.au and visit us online at palllakeresort.com.au

“LIVING OUR
Best
LIVES”



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