

NOVEMBER - DECEMBER 2025



# Bay Breeze



## Plan a trip using animal instincts

Capitalise on our country's incredible array of fauna when planning your next adventure

## Keep your eyes on the skies

How many of these nine elusive and iconic Australian birds have you seen?

## What's happening over the back fence

Check out what's going on here and a little further afield within our extended Palm Lake Resort family



# Welcome.

Welcome to our festive Christmas edition of your *Bay Breeze* newsletter.

There's a general feeling of celebration in the air as we hit the downhill run into December 25. This month offers a time for people to come together and enjoy each other's company - as well as a few traditional Christmas treats along the way! Living at Palm Lake Resort means your friends are generally your neighbours so a cheeky egg nog or glass of celebratory bubbles is easy when you can walk home afterwards!

As we finalise the year, it's been great to watch the new footpath and fence be completed at the back of our Oceans Country Club, just in time for the Christmas break. The adjacent flowerbeds have been renewed with new plantings and that space is really coming together now.

I've enjoyed my time here at Hervey Bay as your relief Caretaker after the departure of Bev and Fury. While my time in the role will come to an end on December 12, your new Caretakers, Glenn and Lorraine Bell, will arrive on December 8 and are keen to mark their first Christmas at Palm Lake Resort Hervey Bay with you all. There will be plenty of time for you to get to know them, but being local to our area already means they'll come armed with loads of knowledge.

Enjoy your homeowner Christmas lunch here at the resort in mid-December. And enjoy all that the season brings for the rest of the month. And then it'll be time to make those New Year resolutions and welcome in a fresh start in January 2026!

Merry Christmas to you all, and stay safe on the roads if you're planning on travelling over the summer break.

**Mariella,**  
**Palm Lake Resort Hervey Bay Relief Caretaker**

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

## Contact us.

Looking for more information about Palm Lake Resort Hervey Bay? Here's how you can reach us:

**FREECALL:** 1800 455 307

**STREET ADDRESS:**  
25-67 Pialba-Burrum Heads Rd,  
Eli Waters QLD 4655

**OFFICE HOURS:**  
10am to 2pm, Monday to Friday  
(weekends, by appointment)

**EMAIL:**  
herveybay@palllake.com.au

**ONLINE:** Visit our website  
palllakeresort.com.au

**GET SOCIAL:**  
Follow us on Facebook  
(@palllakeresort) and on  
Instagram (@pall.lake.resort)



# Made with love.

CHRISTMAS IS ABOUT THREE THINGS: FESTIVITY, FAMILY AND FOOD. AND IN THE NEW PALM LAKE CARE COOKBOOK, 'FROM OUR HEARTS TO YOUR TABLE', YOU'LL FIND TWO OF THE THREE. HERE, WE SHARE SOME RECIPES DIRECT FROM THE COOKBOOK THAT WILL SEE YOU THROUGH THIS FESTIVE SEASON.

## Frangipani pie

COURTESY OF PALM LAKE CARE RESIDENT,  
JOAN LITTLEJOHN

**Ingredients:** 1 can crushed pineapple, 2 eggs (separated), 1½ cups milk, ¾ cup sugar, pinch of salt, ½ cup cornflour (mixed with ½ cup water, divided into two portions), 1 cup shredded coconut, 1 tbsp butter, 1 tsp vanilla extract, 1 pre-cooked 20cm pastry shell or crumb crust, grated lemon rind (for garnish), 4 tbsp sugar (for meringue).

### Method:

1. To make the pineapple layer, bring crushed pineapple to a boil. Beat the egg yolks and mix with half the cornflour mixture. Stir into pineapple and cook on low until thick. Set aside.
2. To make the coconut cream layer, heat milk, sugar and salt in saucepan until sugar dissolves. 5. Add remaining cornflour mixture and stir until thickened. Remove from heat and stir in coconut, butter, and vanilla.
3. To begin assembling the pie, spread half the coconut cream into the base. Top with pineapple mixture and remaining cream.
4. Make the meringue: Beat egg whites until stiff and glossy, gradually add sugar. Spread over pie and sprinkle with grated lemon rind. Bake at 180°C for 15 minutes or until golden.

## Yorkshire pudding and gravy

COURTESY OF PALM LAKE CARE SUPPORT SERVICES  
MANAGER, STEVE WHEELER

**Ingredients:** *For the Yorkshire pudding:* 140g plain flour, 4 large eggs, 200ml milk, pinch of salt, 2 tbsp vegetable oil. *Onion gravy:* 2 large onions (thinly sliced), 2 tbsp butter or oil, 1 tbsp plain flour, 500ml beef stock, 1 tsp Worcestershire sauce, salt, pepper, pinch of sugar

### Method:

1. Preheat oven to 220°C (200°C fan). Heat an 8" tin inside.
2. Whisk flour, salt, eggs, and milk until smooth. Rest 30 mins (or use right away).
3. Add ½ tbsp oil to tin, heat briefly, then pour in batter halfway. Bake 20–25 mins until golden and puffed. No peeking!
4. Sauté onions in butter/oil over medium heat until golden.
5. Sprinkle over flour and cook for 1–2 mins. Gradually add stock, stirring to avoid lumps. Simmer until thick for 10–15 mins, add Worcestershire sauce, season to taste.
6. For the creamy mashed potato: 1kg potatoes, peeled and chopped add 100g butter, 150ml milk (or to taste), then add salt and pepper. Boil until soft, drain, mash with butter and milk. Season to taste.
7. Serve with finest Cumberland pork sausages and peas.



Purchase a copy of this great little cookbook for \$20 at any Palm Lake Care Reception desk. Locations at [www.palllakecare.com.au](http://www.palllakecare.com.au)



## Jansson's Temptation

COURTESY OF PALM LAKE CARE BETHANIA'S  
CHEF MANAGER, VEIJO LEHTO

**Ingredients:** 900g potatoes, peeled and thinly sliced, 1 large onion, finely chopped, ½ cup butter, divided, ½ cup breadcrumbs, 1 can anchovy fillets (or use anchovy paste), 2 cups heavy cream, ½ cup milk, salt and pepper to taste, fresh dill for garnish (optional)

### Method:

1. Preheat oven to 190°C (375°F).
2. Sauté onion in ¼ cup butter until soft and slightly caramelised.
3. Layer the casserole: Grease a baking dish. Layer half the potatoes, half the onion, and half the anchovies. Repeat with remaining ingredients.
4. Make the cream sauce: Mix cream, milk, salt, and pepper. Pour evenly over the dish. Top with breadcrumbs and drizzle with the remaining melted butter.
5. Bake for 45–50 minutes, or until golden and bubbling. Rest for 5–10 minutes. Garnish with dill, if using.

# Weekly activities.

## MONDAY

**8.15 - 8.45am** Walking aerobics, Dance floor  
**9 - 9.45am** Aqua aerobics with Leslee  
**9am** Lawn bowls  
**1 - 4pm** Sewing/craft, Craft room  
**2.30 - 3.30pm** Tai chi/Qigong, Dance floor  
**6pm** Indoor bowls

## TUESDAY

**6.30 - 7.30am** Gym class with Jordan, in the Gym  
**7.30am** Tennis  
**8.15 - 8.45am** Walking aerobics, Dance floor  
**9 - 10am** Chair yoga with Lesley, Dance floor  
**10-12 noon** Art class with Robyn, Long Room  
**12.30pm** Lunch  
**1.30 - 3.30pm** Mah-jong, Dining Room  
**6-8pm** Line dancing, Dance floor  
**6pm** Lawn bowls (nominated pairs)

## WEDNESDAY

**7.30am** Walking group, near Aqua-Vue Cafe  
**8.15 - 8.45am** Walking aerobics, Dance floor  
**9.30 - 11am** Tai chi/Qigong, Dance floor  
**11am - 3pm** Cards (Hand & Foot), Bistro  
**1 - 3.30pm** Knitting, Craft Room  
**3.15 - 4.15pm** Health & strengthening, Dance floor  
**6-7pm** Line dancing (beginners), Dance floor

## THURSDAY

**6.30 - 7.30am** Gym class with Jordan, in the Gym  
**7.30am** Tennis  
**7.45am** Lawn bowls (Scroungers + Kelly's)  
**8.15 - 8.45am** Walking aerobics, Dance floor  
**9am - 12noon** Card making, Long Room  
**11.30am - 1.30pm** Art class with Robyn, Long Room  
**1.30 - 4pm** Bingo, Dining Room  
**5.30pm** Homeowners' dinner

## FRIDAY

**6.30am for 7am** Golf at Hervey Bay Golf Club  
**8.30 - 10.30am** Table tennis, Pool alfresco area  
**9 - 9.45am** Aqua class, with Leslee  
**9.30 - 10.30am** Golf group, Bistro lounge area  
**3pm** Lawn bowls

## SATURDAY

**8.15 - 8.45am** Walking aerobics, Dance floor  
**9.30am - 12.30pm** Anything musical, Dining room  
**1pm** Lawn bowls

## SUNDAY

**7 - 8am** Gym class (homeowner instructor)  
**1 - 6pm** Cards (various games), Dining room/bistro  
**4pm onwards** Community barbecue on the last Sunday of the month, Pool barbecue area

# Paw-some travel tips for your summer break.

**PALM LAKE RESORT HOMEOWNERS LOVE TO HOLIDAY – AND FOR MANY, IT JUST WOULDN'T BE THE SAME WITHOUT THEIR FOUR-LEGGED COMPANIONS. FROM CARAVANNING ADVENTURES TO LUXURY HOTEL STAYS, HERE ARE SOME TIPS TO MAKE TRAVELLING WITH YOUR DOG A BREEZE.**

## Check in to a pet-friendly stay

Pet-friendly accommodation has come a long way from the simple roadside motel. Today, more and more hotels are rolling out the welcome mat for pets, with chains like QT Hotels and W Hotels leading the way. These stylish city stays often include extras such as cosy pet beds, room-service menus designed for dogs, and even curated walking maps so you can explore the neighbourhood together. Boutique B&Bs and short-term rentals can also be a great option, especially for longer stays. The key is to always double-check before you book – some providers only allow pets in specific rooms, or may have limits on breed, size or number of pets. A quick phone call or email before arrival will save any disappointment at check-in. Check out websites like [www.bringfido.com](http://www.bringfido.com) to find other pet-friendly stays in your chosen destination.

## Camping with your canine

If you prefer caravanning or camping, you'll find plenty of holiday parks around Australia that welcome pets. Many Palm Lake Resort homeowners love the freedom of the open road, and having your dog along for the ride makes the experience even more fun. When choosing a campsite, look for those with dog-friendly facilities such as off-leash areas, shaded outdoor spots, and nearby trails. Keep in mind that dogs are not permitted in national parks, so planning your route in advance is essential. Inside the caravan, create a safe, consistent sleeping space for your dog – a portable crate or travel bed works wonders for helping them settle. Having their own spot also makes it easier to keep fur and muddy paws contained in one area. Apps like AnyCamp can help you filter out campsites that aren't dog-friendly.

## On the road

Long drives can be daunting for dogs, especially if they're not used to extended car travel. To make the journey smoother, plan regular stops every two to three hours so your pup can stretch their legs, hydrate and go to the toilet. Carry plenty of water and a collapsible travel bowl for convenience. Never leave your dog unattended in the car – even for a few minutes – as temperatures can rise dangerously fast. For safety, invest in a good-quality seatbelt harness, booster seat or secured crate to keep your dog restrained. Gradually building up to longer trips via shorter drives can help ease your dog into life on the road.

## Taking flight

Air travel with pets requires more planning, but it can be done smoothly with preparation. Most domestic airlines in Australia allow dogs to travel in the cargo hold, while some international carriers even offer cabin spots for very small breeds. To prepare, introduce your dog to their airline-approved travel crate weeks before the trip – encourage them to sleep and rest in it at home so it feels familiar and safe on the day. Lining the crate with a favourite blanket or worn T-shirt can help soothe them with a familiar scent. On the day of travel, feed your dog a light meal a few hours before departure to avoid discomfort, and always provide access to water (airline crates often have clip-on bowls or bottles). A chat with your vet can also help – they may recommend calming sprays, natural remedies or even a pre-flight check-up to make sure your dog is fit to fly.

Whether you're towing a caravan along the coast, checking into a chic city hotel or planning your first flight with your pet, the golden rule is preparation. A little extra planning – from confirming pet-friendly stays to packing your dog's favourite toys – goes a long way in making your dog feel comfortable, secure and included. After all, adventures are always better with your best friend in tow.



**Pawz pet car seat,**  
\$47, Bunnings

**Springer travel water bottle,** \$25  
[www.chewy.com](http://www.chewy.com)



# Animal instincts.

PERHAPS MORE THAN OUR BEACHES, OUR SLANG WORDS OR OUR ACCENT, HERE IN AUSTRALIA, WE'RE BEST KNOWN FOR OUR ANIMALS. BUT THERE'S MORE TO OUR FAUNA THAN JUST KANGAROOS AND KOALAS. WE KNOW PALM LAKE RESORT HOMEOWNERS LOVE TO TRAVEL, SO GO WILD WITH THESE AUSSIE ANIMAL ENCOUNTER IDEAS.

## Quokkas of Rottnest Island

Unofficially dubbed the 'world's most photogenic animal', the quokka is the small macropod with a big Instagram presence (there are 380,000 posts under the '#quokka' hashtag and counting!). A vulnerable species, they can only be found in a small area of southwestern Australia – most notably, Rottnest Island. This small island off Perth annually draws over 750,000 visitors, all vying for the ultimate souvenir: a quokka selfie.

## Whale sharks of Ningaloo Reef

Is it a whale, is it a shark? Technically, it's a fish – the largest living fish species, to be precise. Though whale sharks can be found in other corners of the world, like the Philippines, Galapagos and even Mexico, Western Australia's Ningaloo Reef boasts the highest rate of whale shark numbers and the best accessibility, meaning it's the best place to find these gentle giants close to home.

## Crocodiles of Kakadu

Did you know that the Northern Territory is home to the world's largest wild crocodile population? Experts estimate there are around 100,000, which means there are plenty of places to spot them in the wild – Kakadu National Park included. For a heart-racing, blood-pumping croc spotting experience, look no further than a crocodile cruise on the Adelaide River. The cooler months of June, July and August are the best time to see them, when they make their way to the shore to bask in the sun. Our tip: Scared of encountering these prehistoric beasts in the wild? A trip to Australia Zoo's Crocoseum is the next best thing.

## Penguins and seals of Phillip Island

Just over two hours from Melbourne by car, Phillip Island is home to the world's largest colony of 'little penguins' (as well as a Palm Lake Resort!). The smallest penguin species, these flightless seabirds are also known as fairy penguins and are best spotted during a 'Penguin Parade'. The best part? They're not the only animals you can spot on the island. At the appropriately named Seal Rocks, you'll also find Australia's largest colony of fur seals – and a boat cruise is one of the best ways to see them.

## Wombats of Tasmania

Did you know that a group of wombats is called a 'wisdom'? Or that Tasmania is one of the best places to spot them? From Maria Island to Cradle Mountain, wombats abound on the

island state. While they are a slightly different sub-species to those found on the mainland, don't worry – they're just as round and adorable as you'd imagine. On Flinders Island, for example, they're blonder than most. Perhaps it's all the time they're spending at the beach?

## Sealife of the Great Barrier Reef

African safaris have 'the big five' – on the Great Barrier Reef, they have the 'great eight'. Next time you're snorkelling around Lady Elliot Island, Heron Island or the Ribbon Reefs, keep an eye out for the following marine animals: clownfish, giant clams, manta rays, Maori wrasse (behold their 'puppy-like behaviour'), the friendly potato cod, turtles, whales, and over 50 species of sharks (don't worry – some are less dangerous than others).

## Dingoes of K'gari (Fraser Island)

Unlike much of the country, dingoes in Queensland's national parks are protected as a native species – especially on K'gari, where they have had few chances to crossbreed with domestic and feral dogs. As a result, K'gari is home to around 200 dingoes – all protected, all 'pure strain' (or purer than anywhere else in the country). While it's beautiful to behold their distinctive golden coat and cute white 'socks', it's important you keep your distance. You're visiting their home, after all.

## Cassowaries of the Daintree

Named for the Papuan phrase 'kasu weri' (meaning horned head), the southern cassowary is the third tallest, second heaviest living bird – and, some say, the most dangerous. They're most often spotted in North Queensland – in fact, the Daintree Rainforest is in the heart of a 'cassowary corridor', and you'll likely see them from the moment you arrive at the visitors centre. Just be sure to keep your distance – their vivid colouring belies their aggression if provoked.

## Camels of Uluru

Sure, they're not technically an Australian animal, but navigating the Red Centre atop a camel is one of the most memorable outback experiences you can have. After being introduced in the 18th century as working animals, they were released into the wild in the early 20th century – only to become pests. Now, responsible camel tour providers are putting them to work once again, leading 'camel trains' around the desert.



# Eyes to the skies.

AUSTRALIA IS A BIRDWATCHER'S PARADISE, HOME TO MORE THAN 800 SPECIES. HERE ARE NINE OF THE MOST ELUSIVE AND ICONIC TO KEEP AN EYE OUT FOR WHILE YOU'RE ON YOUR NEXT TRAVEL ADVENTURE - OR FOR SOME LUCKY PALM LAKE RESORT HOMEOWNERS YOU JUST MIGHT SPY ONE IN YOUR OWN BACKYARD!

**SUPERB LYREBIRD:** Australia's ultimate mimic, the Superb Lyrebird can imitate everything from chainsaws to car alarms. Look (and listen) for them in the temperate rainforests where males fan their ornate tails in dazzling displays – particularly the Blue Mountains and Dandenong Ranges.

**GLOSSY BLACK-COCKATOO:** Smaller and rarer than their rowdy yellow-tailed cousins, these shy seed-crackers feed almost exclusively on casuarina cones. They're usually seen in pairs or small family groups among the coastal forests of Queensland, New South Wales and South Australia – including Noosa National Park and Kangaroo Island.

**REGENT HONEYEATER:** Once common across eastern woodlands, this critically endangered beauty now numbers fewer than 300. Its bold yellow-and-black plumage makes it a breathtaking sight when it appears among the eucalypts of the Capertee Valley and Chiltern–Mt Pilot National Park.

**RAINBOW LORIKEET:** Vibrant, noisy and impossible to ignore, Rainbow Lorikeets might be common along the coast, but their riot of colour and constant chatter make them one of Australia's most recognisable icons.

**AUSTRALIAN KING PARROT:** With their striking scarlet chests and emerald wings, King Parrots frequent forested areas and mountain trails and often appear in pairs or small flocks. Keep an eye out in eastern Australia, from Cooktown to Melbourne – especially Lamington National Park and the Otways.

**PINK ROBIN:** Small, shy and perfectly pastel, the Pink Robin is a cold-climate dweller best found flitting through the shadows of temperate rainforests. When in Tasmania, Victoria and the NSW highlands (including Wilsons Promontory), look up!

**BLACK-BREASTED BUTTONQUAIL:** A ground-dwelling phantom of the subtropics, this elusive bird leaves its tell-tale feeding "platelets" on the forest floor. Spot them in the vine scrub near Gympie and the Scenic Rim.

**PALM COCKATOO:** Among the world's largest and most charismatic parrots, the Palm Cockatoo uses sticks as drumsticks to court a mate, making it one of nature's great performers. They mostly reside throughout Cape York Peninsula.

**AUSTRALIAN FAIRY TERN:** Australia's smallest tern is a rare beach-nesting species that breeds along the southern coastline, its delicate form darting over the turquoise shallows of Western Australia and South Australia.





# Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250\* cash. Easy!

\$250

cash bonus simply for referring a friend!

For more info or to refer your friend, FREECALL 1800 455 307.  
\*T&Cs apply



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.  
palmakeresort.com.au

## Meet your homeowner experts.

If you're looking to join one of our special interest groups, or need more information about getting involved in a resort sport or hobby, here are the homeowners who can point you in the right direction:

- Anything Music** Col Miller (Home 73)
- Aqua Aerobics** Pat Wilson (Home 201)
- Art** Maureen Munro (Home 148)
- Bingo** Helen Jones (Home 203)
- Bowls (Indoor)** Gay & Dennis Alcoe (Home 101)
- Bowls (Outdoor)** Liz Kelly (Home 26)
- Card Making** Gai Clark (Home 7) and Lillian Smilie (Home 116)
- Cards** Shirley Brown (Home 84)
- Cards (Texas Hold' Em)** Bob Caldwell (Home 42)
- Cards (Hand & Foot)** Bev Goodall (Home 65)
- Community BBQ** Lindsay Forsyth (Home 93)
- Containers for Change** Malcolm Colegate (Home 200) and Max Emery (Home 183)
- Golf** Ron Dupuy (Home 107), Steve Hart (Home 176)
- Gym** John Clough (Home 121)
- Health and Strengthening** Joan Staddon (Home 155)
- Jigsaws** Maureen Munro (Home 148)
- Line Dancing** Ron Henson (Home 6) and Fran Shaw (Home 32)
- Library** Marion Myers (Home 162)
- Mahjong** Prue Lovell (Home 131)
- PLACES (Palm Lake Art & Cultural Events)** Ken & Wendy Beikoff (Home 60)
- Sewing/Craft** Yvonne Loughlin (Home 149) and Bronwyn Colgate (Home 200)
- Table Tennis** Sue Baumann (Home 40)
- Tai-Chi/stretching/strengthening class (no floor work)** Joan Staddon (Home 155), Shirley Brown (Home 84)
- Tennis** Peter Cooper (Home 110)
- Walking Aerobics** Denise McGrath (Home 143) and Pat Halliday (Home 123)
- Walking Group** David Halliday (Home 123)
- Workshop** Lindsay Forsyth (Home 93)

# Homes for sale.

Home 76 - \$649,000

Beds  
2

Bath  
2

Living  
1

Study  
1

Outdoor living

Garage  
2



**Hidden secret...**

This beautifully presented, well secluded unique designed home is sure to impress with its large kitchen, open-plan living and dining, immaculate presentation and expansive easy care gardens. Tucked away in a peaceful cul-de-sac close to resort facilities. The best way to appreciate this lovely home is to see it for yourself.

- Exclusive one-of-a-kind design, comfortable, spacious living
- Desirable location with two street frontages
- Front and rear decks
- Solar panels
- Light, bright and appealing
- Well maintained
- Special touches

Home 104 - \$725,000



Home 83 - \$745,000



WANT TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT?  
FREECALL 1800 455 307 OR EMAIL HERVEYBAY@PALMLAKE.COM.AU  
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

# Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

## Our Bargara homeowners prove themselves charity champions

BARGARA  
RAISES  
\$250,000 FOR  
CHARITY!

Palm Lake Resort Bargara again this year proved their passion for worthy charitable causes, raising another \$28,500 for Relay for Life. This effort takes the resort's total figure raised for the annual Cancer Council Queensland event to an incredible \$250,000!

Palm Lake Resort Bargara's team, "Young at Heart", was proud to see previous team member Ron Myler named the 2025 Relay For Life Patron. Ron was the driving force behind this resort's involvement with the Cancer Council after himself suffering cancer. Bundaberg and Fraser Coast Relay for Life chair Harrison Titmarsh said having such dedicated team return year after year was really meaningful.

"It shows an incredible level of commitment and passion, not only for the event but also for the purpose as to why we Relay For Life," Harrison said.

"As Chair, I am incredibly grateful to have them join us year after year, they are simply amazing at what they do."

Harrison said our resort's passion, commitment, dedication and determination for raising funds for Cancer Council was simply incredible.

"This team inspires myself to do even more fundraisers to raise vital funds for Cancer Council Queensland," he said. "As someone who has been touched by cancer twice in their life. I've seen firsthand the strength it takes to keep fighting. It's so important to raise much needed funds

for Cancer Council Queensland so they can continue research, early prevention and cancer support services.

As Harrison pointed out, and Palm Lake Resort Bargara homeowners agree, Relay For Life injects fun into what we all know as "an evil disease".

"(Our team) certainly give everyone a run for their money with how well they do and they should be incredibly proud of themselves. The Young at Heart team fundraises 365 days of the year, they have turned fundraising into a full-time sport and trust us, they're in 'relay' good shape!"



**Pictured above:** Ron Myler, Relay for Life team member Bernice Davis and Relay for Life chair Harrison Titmarsh, as they appeared in the Bundaberg Today newspaper.



## Bowlers converge on Roma

A long-standing tradition among a group of dedicated Palm Lake Resort bowlers sees teams converge on a regional town for a few days of greens action. This year, the inter-resort bowling competition hit Roma, which is about 5.5 hours west of Brisbane along the Warrego Highway. Players travelled from Palm Lake Resorts Upper Coomera, Hervey Bay, Bargara and Beachmere Bay for the event. While the point of the event is a bowls tournament, we can tell you that the main attraction is the social connection, with bowlers (and many tag-along non-bowling friends) meeting up with homeowners from fellow Palm Lake Resorts.



## The Cup stops by

Check out the special visitor that stopped by Palm Lake Resort Truganina recently - the 2025 Lexus Melbourne Cup! It's an iconic piece of Aussie sporting history and our team was thrilled to have it in their (gloved) hands while it was on its annual Melbourne Cup tour. Giddyup!

## What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at [belinda@bellepr.com](mailto:belinda@bellepr.com)**

## Tasty Tea Gardens tradition

Each year, as the resort cumquats ripen, a group of dedicated Palm Lake Resort Tea Gardens residents roll up their sleeves, gather in the resort kitchen and turn baskets of fruit into jars of golden jam. Jam making has become more than just a seasonal event; it's a highlight on the Palm Lake Resort calendar! There's always laughter, plenty of taste-testing and, of course, a delicious reward at the end. Best of all, the jars are shared far and wide, bringing a little homemade joy to residents and visitors alike. Such a special resort tradition that we all think is fab!



## Collection makes cents

Palm Lake Resort Deception Bay homeowners Pete and Jenny report that they've collected 23,689 containers for recycling so far this year! That means \$2328.90 has gone to Farm Angels, their chosen charity. Farm Angels provides support to outback communities facing fire, flood, plagues, droughts and other calamities. Pete and Jenny say it's surprising how much their collections vary month to month. "In the warmer months, December to March, we get \$75 to \$80 a week - sometimes over \$100," they say. "It's a good job we have a large SUV to squeeze all the bags in!" Last year the pair raised \$4000 for the year by collecting and recycling cans. Let's hope the Deception Bay community helps to get this very dedicated pair to their same target again this year.



## 65 years of love!

Palm Lake Resort Hervey Bay homeowners Les and Anita enjoyed a lovely resort celebration to mark their 65th Wedding Anniversary recently. What a wonderful milestone!

# Connections, for life.



FREECALL 1800 455 307 | [herveybay@palllake.com.au](mailto:herveybay@palllake.com.au)  
25-67 Pialba-Burrum Heads Road, Eli Waters QLD 4655

**THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.**  
[palllakeresort.com.au](http://palllakeresort.com.au)