

DECEMBER 2024 - JANUARY 2025



The Park Times



Fun that spans generations

Make the most of this holiday season to rediscover some childhood favourites

20 years and counting

When our resort hit a landmark birthday, you know we had to throw a party!

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

As we wrap up a busy few months at our resort, we take a moment to reflect on the community that makes this place so special. October marked a milestone – our 20th anniversary – celebrating 14 of our 80 homes. We're thrilled to acknowledge the residents who first joined us back in 2004. A huge congratulations to Lynda (Home 20), Brian (Home 1), Anna & Nic (Home 11), Nola (Home 17), Bob & Adie (Home 39), Denise (Home 54), Stan & Brenda (Home 80), Bill & Aileen (Home 44), Emily & Graham (Home 32), Doreen (Home 52), Gwen (Home 37), Phyllis (Home 70) Penny (Home 42) and John (Home 53) - you've been with us through so much, and we are grateful for your presence in the community. Your dedication and warmth are what make Palm Lake Resort Mt Warren Park such a wonderful place to live.

The 20th anniversary celebration was a huge success and well attended by our residents. We'd like to extend a special thank you to Dennis and Keith Arnfield for their heartfelt comments about the village and community spirit. It was a day of joy, reflection, and a reminder of how far we've come together.

In addition to the celebrations, we've been hard at work ensuring the continued growth and maintenance of our beautiful village. Road repairs have been completed, and an ongoing spraying program has been implemented on the embankments to keep the area tidy. Perhaps the most exciting development is the installation of air conditioning in the Clubhouse - something many of you have been eagerly anticipating! We've also been carrying out general repairs and upgrades to equipment throughout the resort, ensuring that it remains a comfortable, functional place for all residents to enjoy.

A big thank you goes out to the committees who consistently go above and beyond to support the community. Their dedication is invaluable, and it's clear that the spirit of collaboration here strengthens our bond as a community.

With Christmas fast approaching, we'd like to take this opportunity to wish each and every one of you a joyful, blessed holiday season. As we look toward 2025, we can't help but feel excited for all that the new year will bring to our incredible community. May your Christmas sparkle with moments of love, laughter, and good will, and may the year ahead be filled with contentment and joy.

Happy Christmas and New Year,

Rik and Trish
Palm Lake Resort Mt Warren Park caretakers



Contact us.

Looking for more information about Palm Lake Resort Mt Warren Park? Here's how you can reach us:

FREECALL: 1800 282 314

Street address:
1 Mt Warren Blvd,
Mt Warren Park QLD 4207

Office hours:
9am to 12pm, Monday to Friday

Email:
mtwarrenpark@pallmlake.com.au

Find us online at:
pallmlakeresort.com.au

Get social:
Follow us on Facebook
(@pallmlakeresort) and on
Instagram (@pallml.lake.resort)

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News in brief.

2024 Committee Members

RESIDENTS' COMMITTEE

President Dennis (Home 29)
Vice President Bob (Home 55)
Secretary Beryl (Home 29)
Committee Members:

- John K (Home 75)
- Margery E (Home 21)
- David A (Home 63)

SOCIAL COMMITTEE

President John K (Home 75)
Secretary Jan H (Home 69)
Treasurer Jan W (Home 41)
Committee Members:

- Shirley K (Home 75)
- Sue S (Home 58)
- Kerrie S (Home 14)
- Yvonne K (Home 8)



Tai Chi fun

Join us every Tuesday morning for a rejuvenating Tai Chi class, led by the esteemed instructor Shane (who has dedicated over 20 years to Palm Lake Resort). His classes are beloved by residents, and you can see why - just look at the wonderful group enjoying their gentle workout! We warmly invite you to be a part of this experience. In addition to Tai Chi, we also offer enriching Chair Yoga with the skilled Anand, and invigorating Aqua Exercise with the well-liked Julie. These classes are designed to help you stay active and maintain your health. Don't miss out - add your name to the clipboard in the clubhouse by the notice board to join!

\$2 cabs for homeowners

Logan City Council has partnered with TransitCare Community Flyer to provide eligible residents the Council Cab service, for only \$2 per person each way.

You must be 65 or over. For more information and to book, please call TransitCare on 1300 153 636 by 11 am the day before you need the service and ask to book a Logan Council Cab.

Terms and Conditions apply.



Dinner is served

Wednesday dinners start at 5.30pm. All meals are served with vegetables and followed with dessert. Coming up...

December 4 Roast Pork
December 11 Christmas Dinner
December 18 Chicken Salad
December 25 No Meal
January 1 No Meal
January 8 Roast Beef
January 15 Roast Lamb
January 22 Beef Sausages
January 29 Cottage Pie

Please ensure you are putting your order in via the portal system before the cut-off time (12pm on the Friday before the meal). As supplies for the meals are ordered on Friday afternoon, no further orders can be taken if you miss this cut-off time. If there are any cancellations, we may be able to add you to the list. Where for any 'unexpected reason' meals are cancelled, please ensure that you re-order for the next sitting. The list does not roll over.

Bus trips

Hyperdome

Fridays, 9.15am – 11.30am

- December 13
- January 10 & 24

Beenleigh Market Place
9am - 11.45am

Tuesdays:

- December 10, 17
- January 7, 14, 21 & 28

Fridays:

- December 20
- January 3, 17 & 31

Rubbish collection

Just a friendly reminder for your Wednesday rubbish bin collection: please make sure that all rubbish is placed inside the bin. Remember to recycle what you can using the red bins. For any bulky items, you can take them to the local refuse facility, which is conveniently just three minutes away around the corner. Thank you for helping keep our community clean!

Recycling

Guidelines for red recycle bins need to be followed for health and environmental reasons, especially in this hot weather.

DO:

- Place only recyclable items in the bin.
- Rinse/wash containers and cans before placing in recycle bins.
- Read the packaging to see if it can be recycled.

DON'T:

- Place items that are not recyclable in the bin.
- No used tissues - No dirty food containers - No clothing
- No rubbish that should go in the blue land-fill bins provided to you.



20 years young!

Recently, we hosted a vibrant gathering to mark the 20th anniversary of our special Palm Lake Resort Mt Warren Park.

The day was filled with much fun and celebration. Best of all, it was great to honour our original 14 homeowners – those who have proudly called this community home since 2004.

President Dennis Douglas opened the celebration at the clubhouse, warmly welcoming all attendees and acknowledging each of the original residents. He expressed heartfelt gratitude to the Palm Lake Group for envisioning the potential of the once-abandoned quarry and transforming it into a thriving retirement village that so many of us now enjoy.

Dennis then introduced Keith Arnfield, a representative from the Palm Lake Group, who conveyed his appreciation for being part of such a positive milestone. Keith congratulated the original homeowners and presented each with a Certificate of Recognition, acknowledging their commitment to the community for the past two decades. He also took the opportunity to thank residents for their contributions in making Palm Lake Resort Mt Warren Park a wonderful place to live. Keith then announced plans for air conditioning installation in the community hall, which is set to occur in two stages for the comfort of all.

After the presentations, everyone was invited to indulge in a delightful spread of healthy sandwiches, snacks, and party pies. A special moment was shared as Lynda and John, the first and last purchasers from 2004, were called on to cut the celebratory fresh cream cake, much to the delight of all present.

Thanks were extended to Karen Murphy from Logan Council for delivering Certificates of Appreciation to each homeowner, recognising their ongoing support for both Palm Lake and the local community.

The entire event was a resounding success. Thanks to all who contributed to making this celebration a memorable occasion.



Weekly activities.

***Please note: Times subject to change. Please refer to this list and consult with your Caretakers and class facilitator.**

TUESDAY	
9.15am – 11.30am	Bus trip to Beenleigh Market Place
9.30am – 10.30am	Tai Chi with Shane
6.30pm	Bowls
WEDNESDAY	
5.30pm	Dinner in the Hall (remember your password to order on the computer)
THURSDAY	
7.30am	Aqua aerobics with Julie
10.30am – 11.30am	Yoga with Anand
2.30pm	Bingo (every second week)
FRIDAY	
9.15am – 11.30am	Bus trip to Beenleigh Market Place or Hyperdome (alternates weekly - see Page 3 for details)
3.30pm – 6pm	Happy Hour (BYO drinks)
5pm – 6pm	Trivia (last Friday of the month)
SATURDAY	
1pm – 4pm	Mah Jong (new players are always welcome!)

Happy birthday!

We have some exciting birthdays coming up in the next few months. Happy Birthday to all!

DECEMBER	Home 31 Keith
Home 2 Kata	Home 51 Jenny
Home 12 Kay	Home 70 Phyllis
Home 34 Micheal	Home 79 Margaret
Home 38 Gerry	
Home 42 Penny	FEBRUARY
Home 45 Rod	Home 1 Brian
Home 53 John B	Home 5 Gwen
Home 59 John S	Home 10 Lyn
Home 66 Kevin	Home 44 Aileen
Home 78 Wayne	Home 51 Jim
Home 80 Brenda	Home 54 Denise
	Home 64 John B
JANUARY	Home 68 Warren
Home 2 Stipo	Home 76 Chris
Home 23 Margaret	Home 77 Fay

Around the Grounds.

CATCH UP ON ALL THE FUN THAT HAS BEEN HAPPENING AROUND OUR RESORT IN THE LAST FEW MONTHS...



Winner, winner!

Congratulations to Robina on being the official Melbourne Cup winner for 2024! Jan, winner for 2023, had the privilege of handing over the cup.



Learning keeps us safe

What a great turnout at the recent defibrillator demonstration held in the clubhouse. Racheal led an informative session on resuscitation, thoroughly explaining the RACE process while demonstrating CPR techniques. Participants had the opportunity to learn how to perform CPR effectively, and observed Racheal demonstrating using the defibrillator. The demonstration allowed everyone to hear and understand the commands given by the machine, which are crucial during an emergency. Thank you to all who attended and took part in this vital training!



Road and path repairs

You may have noticed the truck actively moving around the resort in October, working to realign certain pathways and driveways. While the process was quite noisy, it is a more efficient method for ensuring that our paths and roadways remain aligned over the long term. The repairs are designed to enhance safety and improve accessibility throughout the resort. Thank you for your understanding whilst this important maintenance work was carried out!



Fun that stands the test of time.

ARE YOU HOSTING YOUNGER GENERATIONS THIS HOLIDAY SEASON? TAKE A TRIP DOWN MEMORY LANE WITH THESE OLD SCHOOL FAVOURITES, WHICH WILL BRING AS MUCH JOY TO YOUR CHILDREN AND GRANDCHILDREN (AND EVEN GREAT-GRANDCHILDREN?) AS THEY DID YOU...

Movies

- Mary Poppins (1964): Watch it on Disney+
- A Charlie Brown Christmas (1965): Watch it on Apple TV
- The Love Bug (1968): Watch it on Disney+
- The Pink Panther (1963): Watch it on Apple TV
- The Parent Trap (1961): Watch it on Disney+

TV shows

- The Beverly Hillbillies (1962-1971): Watch it on Prime Video
- Bewitched (1964-1972): Watch it on Apple TV
- I Dream of Jeannie (1965-1970): Watch it on Apple TV
- The Munsters (1964-1966): Watch it on Foxtel Now
- The Addams Family (1964-1966): Watch it on Apple TV

Songs

- 'God Only Knows' by The Beach Boys (1966)
- 'I Want You Back' by The Jackson 5 (1969)
- 'Like A Rolling Stone' by Bob Dylan (1965)
- 'Be My Baby' by The Ronettes (1963)
- 'You Can't Hurry Love' by The Supremes (1966)

Indoor games

Dominoes: Each player starts with seven dominoes. The remaining dominoes are placed face down. The first player places a domino with a matching number of dots (e.g., a 6-6). The next player must add a domino that matches one of the numbers on the open ends of the chain. If a player cannot play, they must draw from the pile until they find a playable piece. The game continues until one player uses all their dominoes or no more plays can be made. The winner is the person who runs out of dominoes first.

Knuckles/Jacks: Scatter the knuckles on the ground. The first player tosses the ball into the air, quickly picks up one knuckle, and catches the ball before it hits the ground. The player continues picking up one knuckle at a time. After clearing all knuckles, the player moves on to picking up two at

a time, then three, and so on. The game ends when a player fails to pick up the right number of knuckles or drops the ball.

Marbles: Draw a circle (about one metre wide) on the ground and place a few marbles inside. Players take turns flicking their "shooter" marble (a larger marble) at the smaller ones, aiming to knock them out of the circle. If a player knocks a marble out, they get to keep it and take another turn. The game continues until all the marbles have been knocked out. The player with the most marbles wins.

Outdoor games

Yo-yo: To start, hold the yo-yo in your hand with your palm facing up and the string wrapped around your middle finger. Throw the yo-yo downward with a flick of your wrist, letting it unwind and "sleep" (spin) at the bottom. Give the string a small tug to bring the yo-yo back to your hand. As you get comfortable, you can try simple tricks like "Walk the Dog" (letting the yo-yo roll along the ground) or "Around the World" (spinning the yo-yo in a circular motion).

Handball/Four Square: Stand a few feet away from the wall and hit the ball against it using the palm of your hand. The ball must bounce once on the ground before hitting the wall, and the other player must return it after it bounces once on the ground. Play continues as long as players can keep hitting the ball back and forth. If a player misses, lets the ball bounce more than once or hits the ball out of bounds, the other player earns a point.

Elastics: Tie a long piece of elastic into a loop. Two people stand inside the elastic, stretching it around their legs at ankle height to form a rectangle. The third player jumps over and on the elastic in a sequence, chanting a rhyme (e.g., "England, Ireland, Scotland, Wales..."). As the player succeeds, the elastic is moved higher, first to knees, then hips, etc. The aim is to complete the jumping pattern without touching the elastic incorrectly or missing a jump.

Homes for sale.

Home 72 - \$447,000


Beds
2


Bath
2


Living
1


Alfresco
1


Garage
1.5

Waiting for you.

Discover this charming two-bedroom home boasting a spacious open-plan layout seamlessly integrating living, kitchen, and dining areas. Enhanced by new air conditioning, high-quality kitchen fixtures and abundant natural light, this freshly painted retreat exudes tranquility in every corner. With low-maintenance features throughout and an elevated position offering scenic views, this vacant property is primed for your enjoyment. Situated with-in the quaint Mt Warren Park resort, it offers convenient proximity to shopping and medical services just a short stroll away.



WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 282 314 OR EMAIL MTWARRENPARK@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

CASH BUYERS AWAIT.

LISTINGS WANTED

Word has spread about our secure resort grounds, low-maintenance/high-quality homes, world-class facilities, myriad weekly activities and welcoming coastal community - so much so, we have a record number of buyers looking to purchase at Palm Lake Resort Mt Warren Park.

If you're a homeowner here and your situation has changed, call our Sales Team for a free market appraisal. We have qualified buyers waiting to hear about any new homes as they hit the market.

To find out more, FREECALL 1800 282 314 or stop by the Sales and Information Centre anytime from 9am-3pm, Monday-Friday.

COMMISSION-FREE TRANSITION

Did you know that if you are a resident of any Palm Lake Resort and relocate to a new home in a different Palm Lake Resort location, you won't pay any agent's commission on the sale of your original Palm Lake Resort home?



MARKETING AND ADVERTISING SERVICES INCLUDE:

- Professional photography of your home
- Listing on realestate.com.au
- Listing on Palm Lake Resort website
- Presented in our sales newsletter
- Printed professional flyers included in our information packs
- Homes for sale emailed to potential buyers on our database

ONLY
\$550

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Deception Bay quilt club turns 20.

Palm Lake Resort Deception Bay's quilters have just celebrated an impressive milestone: 20 years of togetherness AND an incredible number of quilts produced for charity...

"Our numbers have waxed and waned over the years, but we've always had around 12 regulars to our Saturday morning get-togethers," explains quilt group members Dawn and Jan. "In the early days, we all just shared our knowledge of quilt making and enjoyed the chats. But in 2008, we began handing out quilts to homeowners within our resort who we had been advised had moved into care. We also gave some quilts to Palm Lake Care when they first began operating.

"In early 2020, we became aware of the dreadful fires down in the Bega area of New South Wales. A call out for some more members to make quilts for those affected resulted in over 100 quilts making their way down to fire victims."

While COVID limited things in 2020 and 2021, members continued to quilt at home. They also made hundreds of masks that were sold both within the resort and outside, helping to raise funds for the purchase of backing fabrics, wadding and other requirements.

"For some time now we have also been donating quilts to various charities and we will continue to keep spreading the goodwill," the pair says.

And you won't believe the numbers. Here's a snapshot of the almost ONE THOUSAND quilts that have been produced and donated by the group over the years:

- Deception Bay Neighbourhood Centre: 350
- Drought Angels, Chinchilla (now "Farm Angels"): 260
- Palm Lake Resort homeowners going into care: 170
- Palm Lake Care: 30
- Bega Fires: 100
- Centre Against Domestic Abuse Caboolture: 75

Dawn and Jan sent out a special thank you to their fellow Palm Lake Resort Deception Bay neighbours who support the group's monthly dinner raffles and their annual quilt show.

"We'd also like to thank the homeowners who donate fabric for us to make into quilts. Our cupboard is filled with fabrics, all waiting to become part of some more colourful quilts!"



When you're on a good thing...

Did you know that almost the whole team at Palm Lake Resort Eagleby are long-time employees? It's quite the achievement to have all of these long-timers in one resort and most likely reflects the strong sense of community there. The superstars include:

- **Micky:** Caretaker, 15 years
- **Anne:** Cook, 10+ years
- **Kate:** Kitchen hand, 10+ years
- **Lauren:** Administrator, 10 years
- **Daguy:** Assistant Caretaker, 10 years



Eric's birthday tradition

There's a fun tradition at Palm Lake Resort Toowoomba that always makes us smile. Homeowner Eric Gibbons owns a bright yellow motorcycle with sidecar and when a fellow homeowner celebrates a milestone birthday, Eric takes them for a spin! Most recently Annette Walker had the delight of a cruise with Eric on her 80th birthday.

Gold medal-winning Olympian brings celeb flavour to Cooroy-Noosa.

There's no doubt about it – when Palm Lake Resort Cooroy-Noosa homeowners get together, they go for all-out fun! So, of course, when the Olympics are on – you have to have your own Mini Olympics. It helps, of course, when the daughter of one of the homeowners happens to be none other than gold-medal-winning former heptathlete Glynis Nunn-Cearns.

The resort's very vibrant Social Committee of 22 volunteers got their heads together with Glynis and arranged for some fun activities.

Six teams organised themselves for competition, complete with uniforms and table decorations – Australia, England, Italy, Scotland, Switzerland and the USA. Spectators were not left out, with games organised for them as well.

Some very tricky games were embarked upon with much enthusiasm and determination, with co-operation the key to success. Gold, silver and bronze medals were awarded to the winners on the day, with Scotland ultimately the victorious team.

We like to come together for fun.

There's no doubting that each of our resort communities offer fun for their homeowners - it's when multiple Palm Lake Resort communities come together that the magic happens. Here's a snapshot of the most recent inter-resort events we've seen...

Palm Lake Resorts Bethania and Waterford converged at Bethania for a McGrath Foundation 'pink' breast cancer fundraiser. A raft of local dignitaries attended and \$4000 was raised for charity (pictured right).

On the sporting pitch, 66 Beachmere Bay bowlers and friends travelled to Bargara for a two-day tournament. Many spectators also attended - vantage points were at a premium. Team Bargara came out on top.

Still on lawn bowls, the third game in the annual "Across the tracks" competition saw Palm Lake Resort Bethania come out on top, over their friends at our Waterford resort. Waterford actually won the series, two games to one, but Bethania took home the trophy on points.



Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com

Entertain your friends.



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