

FEBRUARY - MARCH 2024



The Park Times.



Dinner is served

Catch up on all the festive fun of our annual Christmas dinner on Pages 4-5

Everything's peachy

The Dulux Colour of the Year has been revealed. Find out how to style it in your home

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for a cash reward



Welcome.



Welcome to the latest edition of our resort newsletter - and the first with its new look and feel! We hope you all love the new name, 'The Park Times', as well as the cover and fresh design features throughout. We particularly enjoy the addition of the brand-new segment 'Over the back fence', which gives us an insight into what life is like at other Palm Lake Resort locations. We are part of a much larger family, after all!

Well, Christmas is all over and done with and we have arrived in the new year. Wow, 2024! Can you believe it? We hope that you all enjoyed the Christmas holidays and managed to spend some time with your loved ones or just some relaxing downtime. We are so looking forward to the year ahead, and are sure it will be another great one.

We would like to extend a warm welcome to new homeowner Gwen, who has moved into the resort in recent weeks. We also look forward to welcoming Carl and Kay who are moving in at the end of February. We trust you will all feel very welcomed here at Palm Lake Resort Mt Warren Park, and that you will quickly make new friends. We trust that our community of homeowners will be more than happy to help you find your way around and assist with making use of all the facilities and activities. There is so much to enjoy here!

Though the Christmas holidays aren't far behind us, already Easter is coming up at the end of March. We hope you have an enjoyable time and don't eat too much chocolate (just enough). Please be aware that visitors will be coming and going around the resort, and that the office will be closed statutory days Friday March 29 to Tuesday April 2, also Anzac Day on April 25.

Nothing is impossible. Even the word itself says "I'm possible". Audrey Hepburn

Until next time,

Rik and Trish
Palm Lake Resort Mt Warren Park caretakers

Contact us.

Looking for more information about Palm Lake Resort Mt Warren Park? Here's how you can reach us:

FREECALL: 1800 282 314

Street address:
1 Mt Warren Blvd,
Mt Warren Park QLD 4207

Office hours:
9am to 12pm, Monday to Friday

Email:
mtwarrenpark@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.



News in brief.



Happy Birthday!

We have some exciting birthdays coming up in the next few months. We hope you all have a wonderful day and feel the love.

FEBRUARY

Home 1 Brian
Home 5 Gwen
Home 10 Lyn
Home 34 Chris
Home 44 Aileen
Home 51 Jim
Home 54 Denise
Home 56 Edith
Home 64 John B
Home 68 Warren
Home 76 Chris
Home 77 Fay

MARCH

Home 4 Suzanna
Home 22 Anne
Home 36 Bryan
Home 37 Gwen
Home 38 Ann
Home 39 Bob
Home 46 Pat
Home 49 Brian
Home 63 Denise
Home 73 Seja
Home 75 John K
Home 78 Beverley

APRIL

Home 10 Peter
Home 26 Dot
Home 28 Robina
Home 30 Joan
Home 33 Isobell
Home 40 Rose
Home 47 Gary
Home 62 Len
Home 65 Jacquie

Recycling

Guidelines for red recycle bins need to be followed for health and environmental reasons, especially in this hot weather.

DO:

- Place only recyclable items in the bin.
- Rinse/wash containers and cans before placing in recycle bins.
- Read the packaging to see if it can be recycled.

DON'T:

- Place items that are not recyclable in the bin.
- No used tissues - No dirty food containers - No clothing
- No rubbish that should go in the blue land-fill bins provided to you.



Bus trips

Hyperdome

Fridays, 9.15am – 11.30am

- February 9 and 23
- March 8 and 22
- April 5 and 19

Beenleigh Market Place

9am - 11.45am

Tuesdays:

- February 6, 12, 20 and 27
- March 5, 12, 19 and 26
- April 2, 9, 16, 23 and 30

Fridays:

- February 2 and 16
- March 1 and 15 (no bus March 29)
- April 12 and 26

Car parking

Concessional car parking is available at Logan Hospital for age pensioners, allowing up to 50 percent off standard parking. For more information, please see the noticeboard.

Dinner is served

Wednesday dinners start at 5.30pm. Coming up...

February 7 Roast Beef

February 14 Silverside

February 21 Chicken Breast

February 28 Meatballs (Beef)

March 6 Roast Pork

March 13 Cottage Pie

March 20 Pork Sausages

March 27 Roast Lamb

April 3 Ham Salad

April 10 Roast Chicken

April 17 Roast Beef

All meals are served with vegetables and followed with dessert.

Please ensure you are putting your order in via the portal system before the cut-off time (12pm on the Friday before the meal). As supplies for the meals are ordered on Friday afternoon, no further orders can be taken if you miss this cut-off time. If there are any cancellations, we may be able to add you to the list. Where for any 'unexpected reason' meals are cancelled, please ensure that you re-order for the next sitting. The list does not roll over.





Tons of festive fun.

With the return of the festive season came the return of another very special event - our annual Christmas Dinner. As per usual, a great time was had by all in attendance.

Ham, turkey and spiced roasted vegetables were on the menu, and the food was very well received by the diners. For dessert, a Christmas pudding with custard, cream and a cherry on top! Judging by the speed at which it was consumed, this was also very well received. Thank you to everyone who was involved in the cooking and serving of dinner.

Thanks also to the talented Jared Alexander, who provided our entertainment on the night. We all very much enjoyed your singing both during and after dinner, and there was a great selection of songs. We certainly danced the night away.



Weekly activities.

***Please note: Times subject to change. Please refer to this list and consult with your Caretakers and class facilitator.**

TUESDAY

9.15am – 11.30am Bus trip to Beenleigh Market Place

9.30am – 10.30am Tai Chi with Shane

6.30pm Bowls (under lights)

WEDNESDAY

5.30pm Dinner in the Hall (remember your password to order on the computer)

THURSDAY

7.30am Aqua aerobics with Julie

2.30pm Bingo (every second week)

FRIDAY

9.15am – 11.30am Bus trip to Beenleigh Market Place or Hyperdome (alternates weekly - see Page 3 for details)

2pm – 3pm Yoga with Anand

3.30pm – 6pm Happy Hour (BYO drinks)

5pm – 6pm Trivia (last Friday of the month)

SATURDAY

1pm – 4pm Mah Jong (new players are always welcome!)



Christmas spirit on show.

It was fun to see so many homes decorated for the Christmas season. Those enjoying festive walks around the resort were very complimentary to all who participated. Even the smaller displays were well thought out and appreciated. The overall winner of the competition was Home 80. Congratulations and well done with sharing the Christmas spirit.



Life's a peach.

Did you know the international Pantone Colour Institute dates back 60 years and the 'Pantone Colour of the Year' celebrates its 25th birthday in 2024? It's quite the authority on all things colour. Pantone describes the 2024 Colour of the Year, "Peach fuzz", as a comforting hue "softly nestled between pink and orange" that was chosen to express a yearning for community and cosiness in uncertain times. A colour whose "all-embracing spirit enriches heart, mind and body".

"At a time of turmoil in many aspects of our lives, our need for nurturing, empathy and compassion grows ever stronger as does our imaginings of a more peaceful future," Pantone Colour Institute Vice President Laurie Pressman says. "We are reminded that a vital part of living a full life is having the good health, stamina and strength to enjoy it. That in a world which often emphasizes productivity and external achievements, it is critical we recognise the importance of fostering our inner selves and find moments of respite, creativity and human connection amid the hustle and bustle of modern life.

"As we navigate the present and build toward a new world, we are re-evaluating what is important. Reframing how we want to live, we are expressing ourselves with greater intentionality and consideration. Recalibrating our priorities to align with our internal values, we are focusing on health and wellbeing, both mental and physical, and cherishing what's special — the warmth and comfort of spending time with friends and family, or simply taking a moment of time to ourselves.

"With that in mind, we wanted to turn to a colour that could focus on the importance of community and coming together with others. The colour we selected to be our Pantone Colour

PANTONE HAS JUST ANNOUNCED ITS COLOUR OF THE YEAR FOR 2024 AND THE WINNER IS... PEACH FUZZ! IT MIGHT BE AN UNUSUAL NAME, BUT WE COULDN'T AGREE MORE WITH THE THEORY BEHIND THIS CHOICE...

of the Year 2024 needed to express our desire to want to be close to those we love and the joy we get when allowing ourselves to tune into who we are and just savour a moment of quiet time alone," Laurie explains.

"It needed to be a colour whose warm and welcoming embrace conveyed a message of compassion and empathy. One that was nurturing and whose cozy sensibility brought people together and elicited a feeling of tactility. One whose gentle lightness and airy presence lifts us into the future."

There are many synergies between Pantone's thinking and Palm Lake Resort's approach to people and community. We know our homeowners are at a place in their lives where they cherish special human connections and coming together, while also taking important time out for themselves. More and more, Palm Lake Resort homeowners are also putting themselves first and focussing on their health and wellbeing — our facilities and activities lists are supporting this trend now more than ever.

If there's one reason why you should incorporate some Peach Fuzz into your life in 2024, it's simply to remind yourselves of all these things Pantone suggests we should hold dear — with community, health and wellbeing at the core.

Clockwise from top left: 1. Country Road 'Fluid' linen/silk shirt, \$159, countryroad.com.au **2.** SMEG electric kettle, \$299, appliancesonline.com.au **3.** Kanoko 12-piece dinner set, \$118, saltandpepper.com.au **4.** Finmat 1.5L saucepan with lid, \$90, and 3L pot with lid, \$120, ikea.com.au **5.** Bed Threads 100 per cent French linen duvet cover in 'peach', \$196, bedthreads.com.au **6.** Hue 12-piece dinner set, \$99.95, saltandpepper.com.au

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Waterford's own toy story.

THERE'S A GROUP OF MODEST WOODWORK ENTHUSIASTS USING THEIR PALM LAKE RESORT WORKSHOP TO GREAT ADVANTAGE.

The aptly named 'Toy Boys' is a band of merry toymakers - akin to Santa's elves - who spend their spare time in their Palm Lake Resort Waterford workshop turning timber into toys for underprivileged kids each Christmas.

Current president Ray Johnstone says the Toy Boys utilise donated timber offcuts and fundraise to purchase other materials from their local Mitre 10 store, which also comes to the party with its own generous donations to the Toy Boys' cause. The Boys spend the whole year manufacturing everything from toy trucks to rocking horses to children's play furniture and then, at Christmas time, they make a donation to Beenleigh Special School and place the rest of their toys under the Mitre 10 Christmas tree as part of its annual appeal.

Ray says the Toy Boys have been making and donating toys for the best part of 15 years. Many hundreds of toys have passed through this resort's workshop on their way to grateful children.

Ray says the Boys were devastated to learn of the passing last week of one of their original members, Jim Blackwood, who was "the backbone" of this incredible group right up until the day he passed.

If you'd like to support the Toy Boys' cause, Mitre 10 and Bunnings gift cards are greatly appreciated, as well as any material donations. For more, phone the Palm Lake Resort Waterford caretakers on 1800 028 428.

Caloundra golfers reign supreme.

FOR THE SECOND SUCCESSIVE YEAR, CALOUNDRA CAY HAS WON THE COVETED PALM LAKE INTER-RESORT GOLF CLASSIC, RETAINING THE PALM LAKE RESORT CUP.

Golfers from Palm Lake Resorts Toowoomba, Cooroy-Noosa, Beachmere Sands, Beachmere Bay, Pelican Waters, Caloundra Cay and Hervey Bay descended on Pelican Waters Golf Course (owned by the Palm Lake Group) for the annual event, with 128 homeowners competing in a four-person Ambrose.

Caloundra Cay retained the trophy won in 2023 when the event was played at Woodford Golf Club and the team of Bernie Reddan, Archie Deans, Ian Ponton and Ray Pickup returned the best score of the day – an impressive nett 55.875.

Head of Golf, Dale Williamson, said it was the biggest field the course had enjoyed since re-opening.

"To have Palm Lake Resort represented by seven resorts and so many homeowners, was encouraging," Dale says. "Hopefully we can have even more of our resorts and homeowners involved next year."

Charitable Cooroy sewers rewarded.

PALM LAKE RESORT COOROY-NOOSA'S UNIFORMS 4 KIDS SEWERS ARE BEYOND HAPPY WITH A SET OF BRAND NEW SEWING MACHINES PAID FOR BY BENDIGO BANK, VIA THE LOCAL HERO AWARDS.



Uniforms 4 Kids (U4K) is a dedicated charity that sees sewers produce children's clothing items from old uniforms donated by the Police, Border Force, Flying Doctors, Fire Service, Ambulance Service, Australia Zoo and more. The clothing produced by these dedicated sewing enthusiasts is donated to underprivileged children in need. But the benefits don't stop there. The pre-loved uniforms would have otherwise gone into landfill but instead, our environment benefits and many underprivileged children are clothed and happier.

The pioneer and founder of U4K is Palm Lake Resort Cooroy-Noosa homeowner Yvonne Pattinson OAM.

One day, Yvonne wanted to clean out a cupboard crowded with material collected over a lifetime of sewing. She decided to turn that fabric into children's clothing that a friend of Yvonne's wanted to donate to an orphanage she supported in Asia. In stepped Yvonne's daughter, Debbie Platz (then a Queensland Police officer), who pointed out there were many underprivileged children right here in Australia who needed clothing and why not use the police uniforms she and her colleagues had to discard? U4K was officially born.

U4K sewers exist in groups spanning Cooktown to Canberra and have made a total of almost 30,000 items of clothing for children in need since the charity began - what an incredible effort!

U4K sewers have also made lasting friendships and have a new purpose in life through their volunteer work with this charity. Not to mention the positive effect U4K has in bringing emergency services and local communities together in those areas where a U4K group operates.

The U4K ladies of Palm Lake Resort Cooroy-Noosa (pictured above) were rewarded by Bendigo Bank recently with a donation of brand new sewing machines to enable them to continue their good work. Congratulations to you all - you make us proud!

Maybe you can start a U4K group with your Palm Lake Resort friends? Visit www.uniforms4kids.com.au

Tea Gardens' jam-packed day.

FORGET TURNING LEMONS INTO LEMONADE - A GROUP OF PASSIONATE PALM LAKE RESORT TEA GARDENS RESIDENTS ARE TURNING THEIR RESORT CUMQUATS INTO DELICIOUS JAM FOR ALL TO ENJOY.

Palm Lake Resort Tea Gardens is filled with many fruit-bearing cumquat trees - some on resort grounds but many in the residents' own backyards. Noticing this, a band of enthusiastic jam-lovers came together and the annual PLR Cumquat Jam Production Day was born. One resident spent a year collecting, washing, de-labelling and storing hundreds of jars. Others organised the donation of masses of sugar and the collection of all the required cooking utensils. The resort's Bowls Club kitchen was booked, and dozens of residents arrived early on the day to form teams, washing, cutting and weighing fruit and sugar, sterilising jars and lids, cooking the jam, then bottling and labelling it. Of course, a community event like this would not be a Palm Lake Resort event if there wasn't a morning tea shared and a few glasses of bubbles later in the day! By 7pm, the job was done. Some 38kg of fruit (all grown around the Palm Lake Resort Tea Gardens grounds) and 38kg of sugar produced more than 200 jars of jam. What a wonderful community initiative - and a delicious result!



What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? Email the details to belinda@bellepr.com

Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 282 314 OR EMAIL MTWARRENPARK@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 66 - \$450,000

Beds

2

Bath

1.5

Living

1

Study

1

Alfresco

1

Garage

1



Waiting for you.

Come and view this freshly decorated home which features two bedrooms, two toilets, two-way bathroom, study/ multi-use room and open plan living. New carpets throughout the living and bedrooms spaces, give comfort and appeal for a new owner. Sited close to the amenities and resort gates this elevated location catches the sun from morning till late afternoon, yet with the raked ceilings and cool breezes, keeps cool all year round. Room for your car in the garage along with storage/workshop room and tiled rear area, no need to mow any lawns here.

Home 12 - \$465,000

Beds

2

Bath

2

Living

1

Alfresco

1

Garage

1.5



UNDER CONTRACT

Islander.

This impressive home has an open-plan kitchen, dining and lounge living area at the front of the home, a gas cooktop and plenty of kitchen storage. Fans are throughout the home with two bedrooms, two toilets, a large master with ensuite and walk-in robe, air conditioners in both bedrooms and the main living space. The expansive outdoor area catches the morning sun and offers a whole new outdoor living space surrounded by tropical, refreshing gardens. Security screens line all the doors and windows. Two garden sheds and a 1.5 garage are added value. Location is a huge advantage, with a supermarket, medical services, bus stop and more close by.

Home 5 - \$375,000

Beds

2

Bath

1

Living

1

Study

1

Alfresco

1

Garage

1



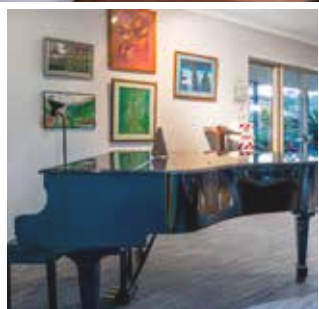
SOLD

Willow.

This home has an open-plan kitchen, dining and lounge area at the front of the home. Kitchen has electric cooktop, oven and plenty of storage. Fans throughout the home. Two roomy bedrooms plus a convenient separate bathroom close by. There is a third room at the back of the garage, which catches the morning and afternoon sun. Enjoy the large paved, covered area in the rear for afternoon activities or entertaining. A single garage with remote opening and visitor parking adjacent to your home. Security on all windows and doors for peace of mind. Close to the entry gates, facilities and walking distance to local businesses.



retirement **REIMAGINED**



FREECALL 1800 282 314 | mtwarrenpark@pallake.com.au
1 Mt Warren Blvd, Mt Warren Park QLD 4207

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
pallakeresort.com.au