

OCTOBER - NOVEMBER 2024



The Park Times



Spring into home cleaning

It's the season for growth and renewal - is it time for a spring clean up, or a spring clear out?

The festive season begins!

From food to music, catch up on all the fun of our Christmas in July celebrations

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

We are officially well into the spring season, and we are so blessed to have the beautiful climate we live in. As the weather heats up, please ensure to keep hydrated and protected from the hot sun. It is lovely to see the gardens sprouting to life again and to see the lovely colorful gardens presented by residents.

We now have a defibrillator installed at the rear entrance to the clubhouse, in case of emergency. A training session was held in September (we hope you attended) to instruct staff and homeowners on how to use it. The machine is fully automatic - after removing the machine from the case, just press the green (on) button and follow the prompts to use it.

New pool covers have been installed for the winter months. They are made from a heavier grade micron which will also help with retaining the heat overnight.

2024 is the year for celebrating as Palm Lake Resort Mt Warren Park turns 20 years old! We currently have 14 original homeowners still living our lifestyle, which has to be exceptional considering we are such a small resort. A celebration will be held at the end of October with details to follow.

We would like to extend a warm welcome to our newest member of the community Julie who moved here in mid-September. We know you will love it here and make some new friends.

"Life is better with friends."

Until next time,

Rik and Trish
Palm Lake Resort Mt Warren Park caretakers



Contact us.

Looking for more information about Palm Lake Resort Mt Warren Park? Here's how you can reach us:

FREECALL: 1800 282 314

Street address:
1 Mt Warren Blvd,
Mt Warren Park QLD 4207

Office hours:
9am to 12pm, Monday to Friday

Email:
mtwarrenpark@palllake.com.au

Find us online at:
palllakeresort.com.au

Get social:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)

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News in brief.

2024 Committee Members

RESIDENTS' COMMITTEE

President Dennis (Home 29)
Vice President Bob (Home 55)
Secretary Beryl (Home 29)
Committee Members:

- John K (Home 75)
- Margery E (Home 21)
- David A (Home 63)

SOCIAL COMMITTEE

President John K (Home 75)
Secretary Jan H (Home 69)
Treasurer Jan W (Home 41)
Committee Members:

- Shirley K (Home 75)
- Sue S (Home 58)
- Kerrie S (Home 14)
- Yvonne K (Home 8)



Exit gate update

Recent repairs to the exit gate have included the installation of speed humps, which are proving effective in reducing speeding upon exiting. For the safety of all, please adhere to the posted speed limit and remind visitors, family members, contractors, and couriers to maintain a safe travel speed of 10kmph, as indicated by the signage. Thank you for your cooperation in ensuring everyone's safety.



Bus trips

Hyperdome

Fridays, 9.15am – 11.30am

- October 4 & 18
- November 1, 15 & 29
- December 13 & 27

Beenleigh Market Place

9am - 11.45am

Tuesdays:

- October 1, 8, 15, 22 & 29
- November 5, 12, 19, 26
- December 3, 10, 17, 24 & 31

Fridays:

- October 11 & 25
- November 8 & 22
- December 6 & 20

Recycling

Guidelines for red recycle bins need to be followed for health and environmental reasons, especially in this hot weather.

DO:

- Place only recyclable items in the bin.
- Rinse/wash containers and cans before placing in recycle bins.
- Read the packaging to see if it can be recycled.

DON'T:

- Place items that are not recyclable in the bin.
- No used tissues - No dirty food containers - No clothing
- No rubbish that should go in the blue land-fill bins provided to you.

\$2 cabs for homeowners

Logan City Council has partnered with TransitCare Community Flyer to provide eligible residents the Council Cab service, for only \$2 per person each way.

You must be 65 or over. For more information and to book, please call TransitCare on 1300 153 636 by 11 am the day before you need the service and ask to book a Logan Council Cab.

Terms and Conditions apply.

Dinner is served

Wednesday dinners start at 5.30pm. All meals are served with vegetables and followed with dessert. Coming up...

October 2 Roast Pork
October 9 Chicken Thighs
October 16 Roast Beef
October 23 Roast Lamb
October 30 Cassrole and dessert
November 6 Pork Sausages
November 13 Roast Chicken
November 20 Cottage Pie
November 27 Silverside
December 4 Roast Pork
December 11 Christmas Party
December 18 Chicken (cold) and salads
December 25 No meals

Please ensure you are putting your order in via the portal system before the cut-off time (12pm on the Friday before the meal). As supplies for the meals are ordered on Friday afternoon, no further orders can be taken if you miss this cut-off time. If there are any cancellations, we may be able to add you to the list. Where for any 'unexpected reason' meals are cancelled, please ensure that you re-order for the next sitting. The list does not roll over.

Around the grounds.

CATCH UP ON ALL THE FUN THAT'S BEEN TAKING PLACE AROUND OUR RESORT OVER THE PAST FEW MONTHS! PALM LAKE RESORT MT WARREN PARK REALLY IS THE PLACE TO BE...

Power to the people!

Councilor Karen Murphy recently organized a meeting with the resort homeowners to express her gratitude for their support during the local elections, which enabled her to retain her seat and continue her work on their behalf.

During the meeting, Karen highlighted recent improvements, including road adjustments made to enhance safety for exit and entry at high traffic times. Residents appreciated these changes and requested a few additional minor adjustments, which were promptly addressed.

The gathering also featured a much-appreciated morning tea, providing a warm and inviting atmosphere for further discussion. Karen remained engaged throughout the event, attentively listening to additional suggestions and requests from our homeowners. Thanks for stopping by, Karen!



Solar lighting

Solar lighting has been installed around the resort for safety walking at night. They are sensor activated and turn off after a short period. While the sensor-activated lights provide illumination, it is advisable to carry a torch for personal reassurance and additional safety when walking around at night. It's always better to be prepared in case of any unforeseen circumstances.

New pool cover

In August, we received and installed new pool covers designed to help retain heat during the cooler months. With summer now upon us, the covers have been stored away, but early morning aqua class attendees have expressed their gratitude for the warmer pool water on those chilly mornings.



New defibrillator

We extend our heartfelt thanks to Palm Lake Resort management for providing a defibrillator to our community. The September training and information session was well-attended, and we appreciate everyone who participated. The defibrillator is now available for use at the rear entrance to the clubhouse, near the doors. Your safety is our priority, and we encourage everyone to familiarize themselves with this valuable resource.



Christmas came early!

Our annual Christmas in July celebration was once again a resounding success, drawing a great crowd. Guests enjoyed a sumptuous meal featuring roasted leg of ham and roasted vegetables, followed by a delightful dessert of pavlova, cream, and fresh berries.

Darren Leigh provided excellent entertainment with a selection of Christmas music during dinner, followed by more lively songs that inspired much dancing and singing along. The excitement didn't end there, as lucky door prizes and raffle winnings brought joy to many attendees.

The festive spirit was beautifully captured with vibrant decorations and colorful attire, adding to the joyous atmosphere. Kudos to the Social Committee for their stellar efforts in creating such a lively and festive environment. We can't wait until next year!



The big spring clean out.



THE START OF SPRING HAS US THROWING OPEN OUR WINDOWS, LETTING IN THE FRESH AIR AND GIVING OUR HOMES A MUCH-NEEDED REFRESH. BUT BEFORE YOU DO A BIG CULL, STOP AND THINK – IS THERE A WAY TO BRING NEW LIFE TO YOUR OLD ITEMS?

REPURPOSE VINTAGE LINENS

Do you have a stash of old hankies, tablecloths and other household linens tucked away in a drawer? Instead of discarding them, take a moment to look at them in a new way. These vintage pieces can be transformed into beautiful, sentimental gifts for family members or friends. We guarantee your younger family members will have seen the current trend for using preloved linens in fashion – perhaps a dress made of repurposed handkerchiefs or a skirt made from a tablecloth? Head to Google for inspiration. Trust us – you'll find plenty!

TRANSFORM OLD BOOKS INTO ART

That stack of hardcover books you've been meaning to get rid of could be the perfect material for a unique piece of wall art. With a bit of creativity, you can fold the pages of these books into intricate patterns (like the example, pictured above right) and mount them on the wall in a group, creating a stunning visual display. This simple yet elegant artform not only repurposes old books, it also adds a personalised touch to your home. If you're looking for inspiration, there are plenty of resources online to guide you through the folding process.

CREATE A MEMORY BOX FROM SENTIMENTAL ITEMS

We all have those little keepsakes – concert tickets, postcards, or family letters – that we don't want to part with but don't quite know what to do with either. Instead of letting them clutter up your drawers, why not create a memory box? This can be as simple or elaborate as you like, using a decorative box or even an old suitcase to store your

treasures. Try your best to preserve them and you'll have a beautiful time capsule to pass down to future generations.

UPCYCLE FURNITURE AND HOME DÉCOR

Before you decide to get rid of that old chair, lamp or dresser, consider whether it could be upcycled into something new and exciting. A fresh coat of paint or some new upholstery can completely transform a piece of furniture. If you're handy with tools, you might even consider reconfiguring old furniture into something entirely different – a chair can become a plant stand, or a dresser can be turned into a stylish vanity. Upcycling not only gives new life to old items but also allows you to personalise your space with unique, one-of-a-kind pieces that reflect your style. These pieces are also, perhaps, the kind of gift a sentimental family member will adore.

REIMAGINE GARDEN TOOLS AND OUTDOOR ITEMS

If you've got a collection of old garden tools or outdoor items like pots and planters that are no longer in use, consider how they could be repurposed. Old wooden ladders can be turned into charming plant stands, while mismatched pots can be painted in a similar colour and grouped together for a garden display. Even rusted or broken tools can be transformed into garden art – think of creating sculptures or using them as trellises for climbing plants. These repurposed items can add character and personality to your garden, making it a more enjoyable space as you spend more time outdoors this spring.

HOST A SWAP PARTY

One person's clutter is another's treasure, so why not host a swap party with your friends and neighbours? Everyone can bring items they no longer need, from clothing to kitchen gadgets, and trade them for something new-to-them. It's a fun way to declutter while also finding new homes for your items – and new items for your home. Plus, it's a great excuse to socialise and catch up with your community.



TURN
YOUR OLD
BOOKS INTO
WALL ART

DONATE TO YOUR NEIGHBOURS

If your collection of wool, yarn or other craft supplies has been slowly accumulating over the years, now is the perfect time to sort through it. Instead of letting these items gather dust, consider passing them on to someone who can put them to good use. The wider Palm Lake Resort community is home to several active knitting and crafting groups, and they're always on the lookout for materials for their charitable projects (see Page 10 for some great examples). Donating your excess supplies is a great way to support these groups and contribute to their mission of creating handmade items for those in need.

SHARE WITH LOCAL SCHOOLS OR CHARITIES

Don't underestimate the value of donating items to local schools, charities or community groups. Schools often need supplies for art projects and charities can benefit from clothing, toys and household items. By donating locally, you're not only clearing out your space but also contributing to causes that make a difference right here in our community. If your resort craft group doesn't need your items, ask around to see whether there is a business that could use them. The Nest in Brisbane, for example, upcycles donated vintage linens and other haberdashery items into something new, ensuring they continue to bring beauty and function to the world.

Spring cleaning doesn't have to mean getting rid of everything you no longer use. By repurposing or donating items, you can declutter your home while also making a positive impact on your community and the environment. So, as you begin your spring clean, take a moment to think about how you can give new life to the items you no longer need. Who knows? You might just discover a hidden treasure in the process!



Weekly activities.

***Please note: Times subject to change. Please refer to this list and consult with your Caretakers and class facilitator.**

TUESDAY

9.15am – 11.30am Bus trip to Beenleigh Market Place
9.30am – 10.30am Tai Chi with Shane
6.30pm Bowls

WEDNESDAY

5.30pm Dinner in the Hall (remember your password to order on the computer)

THURSDAY

7.30am Aqua aerobics with Julie
10.30am – 11.30am Yoga with Anand
2.30pm Bingo (every second week)

FRIDAY

9.15am – 11.30am Bus trip to Beenleigh Market Place or Hyperdome (alternates weekly - see Page 3 for details)
3.30pm – 6pm Happy Hour (BYO drinks)
5pm – 6pm Trivia (last Friday of the month)

SATURDAY

1pm – 4pm Mah Jong (new players are always welcome!)

Happy birthday!

We have some exciting birthdays coming up in the next few months. Happy Birthday to all!

OCTOBER

Home 6 Betty
Home 29 Beryl
Home 32 Graham
Home 74 Gwen
Home 80 Stan

NOVEMBER

Home 13 Judith
Home 31 Noela
Home 55 Nicola
Home 57 Tom
Home 67 Ruth
Home 69 Jan

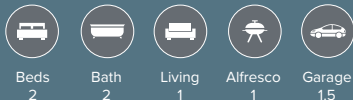
DECEMBER

Home 2 Kata
Home 12 Kay
Home 34 Micheal
Home 38 Gerry
Home 42 Penny
Home 45 Rod
Home 78 Wayne
Home 53 John B
Home 59 John S
Home 66 Kevin
Home 80 Brenda

Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 282 314 OR EMAIL MTWARRENPARK@PALMLAKE.COM.AU
OR VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 72 - \$447,000



Waiting for you.

Discover this charming two-bedroom home boasting a spacious open-plan layout seamlessly integrating living, kitchen, and dining areas. Enhanced by new air conditioning, high-quality kitchen fixtures and abundant natural light, this freshly painted retreat exudes tranquility in every corner. With low-maintenance features throughout and an elevated position offering scenic views, this vacant property is primed for your enjoyment. Situated with-in the quaint Mt Warren Park resort, it offers convenient proximity to shopping and medical services just a short stroll away.



Refer a friend and earn yourself a reward

A \$250
CASH BONUS
FOR YOU



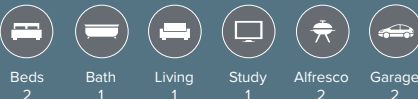
Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250 cash. Easy! Terms and conditions apply.

For more information or to refer your friend, FREECALL 1800 282 314.



Home 56 - \$460,000



SOLD



Charisma.

Spacious and cosy, this inviting home has two comfortable bedrooms, a separate kitchen/dining area, and an expansive living room that perfectly embodies cozy and well-appointed living.

The low-maintenance outdoor area features a small, paved garden, providing a peaceful and tranquil spot to unwind.

Located within the charming Mt Warren Park resort, the home offers the convenience of being just a short stroll away from essential amenities, including shopping and medical services.

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!



Community helping community.

We hear so many lovely stories of our craftiest homeowners donating their time and talents to support the less fortunate in their community.

At Palm Lake Resort Upper Coomera (QLD), the lovely ladies from the Monday Craft Group have been busy knitting trauma teddies for donation to their local doctors' rooms. Pictured above left, the teddies are kept with the pathology nurses to give to any tearful visiting children, to help cheer them up on a sad day.

Down at Truganina (Victoria) on Wednesday afternoons, a group of homeowners gets together to handcraft the most beautiful items for the greater good. The Craft Group ladies have been working hard getting beautifully handmade crafts ready for delivery to vulnerable children in war-affected Syria. It is no understatement to say that these pretty little bags

filled with haircare accessories for the dear children in war-affected Syria will make such a huge difference in their lives (pictured above, middle). You can imagine just how special these children will feel when they open their packs to reveal their beautiful handmade bag with goodies inside.

The group also makes and donates other goodies to Victoria's most loved family charities including St Kilda Mums, Geelong Mums and Eureka Mums. Items they create for donation include knitted jumper, beanie and mitten sets, beautiful baby cardigans, blankets and toys.

The Truganina Craft Group ladies all say it's rewarding to knit for such wonderful causes. They know there will be such joy among the children when they receive a handmade gift.

At Palm Lake Resort Bethania (QLD), the wonderful Tuesday morning ladies'

Craft Group (pictured below) has also been giving back to their local community knitting beanies, scarves and gloves for the homeless as well as dolls for the children's hospital. These ladies are always seeking donations of wool to continue their great work. You can also purchase one of their handmade beanies for just \$10 with all funds raised going towards the purchase of more wool for knitting and stuffing for the dolls.



'Love' these milestones!

Celebrating their 65th wedding anniversary recently, Kevin and Helen of Palm Lake Resort Carindale (QLD, pictured above) were congratulated with cheers and acclamation by all at the resort's Wednesday dinner. The pair met at a tennis night in Sydney on July 10, 1959. Both are keen gardeners who have been living at Palm Lake Resort for 16 years where they have graciously endeared themselves to fellow homeowners and our management team. Congratulations to you both!

Over at our sister company, Palm Lake Care, another incredible milestone anniversary was recently noted. Max and Joan of Palm Lake Care Caloundra (QLD, below) just clocked up 73 years of wedded bliss! What an incredible achievement!



Organ brings back yesteryear.



There's a beautifully restored original cinema theatre organ that can be heard right across Palm Lake Resort Beachmere Bay (QLD). Homeowner/musician Barry Moore painstakingly restored the organ himself. On completion, the organ looked perfect on display in its rightful place, at the resort's plush Hamptons Country Club cinema, akin to the days of yore when all the prestigious cinemas featured a similar organ. Of course, Barry is more than happy to play a tune whenever asked.

'Big O' bash at Beachmere Sands.

Palm Lake Resort Beachmere Sands (QLD) residents recently came together to celebrate a very big milestone - several of them, in fact. The resort's annual 'Big O' party is held for those celebrating a milestone birthday that year. This year's 'Big O' event was another fantastic night. There have been whispers around the resort that it was the 'best one yet!' The most impressive 'Big O' of them all was Agnes (right), who turns 100 this year!



Award winners, five years in a row.

The Master Builders Association Queensland's independent judges recently named a Palm Lake Resort Pelican Waters' display residence the best in its category on the Sunshine Coast.

At the same glittering awards ceremony, the renovation of Pelican Waters Golf Club (also owned and operated by the Palm Lake Group) was named best Commercial Refurbishment/Renovation project.

These two recent wins see Palm Lake Group's award-winning streak stretch to five consecutive years - a proud achievement for all those involved and for anyone who calls a Palm Lake Resort address home!

Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too?

We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com



Bring
your **best**
mates.



FREECALL 1800 282 314 | mtwarrenpark@palllake.com.au
1 Mt Warren Blvd, Mt Warren Park QLD 4207

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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