

Sept-Oct 2021

The Edge



Views for days

Your last chance is here to secure a slice of Stage 7 rural-view heaven!

Watt a guy

Have you met our security officer Joel? If not, let us introduce him to you

Top dogs

Are you planning to add a pooch to the family? Here are the Top 5 breeds for small yards



Welcome

Welcome to another newsletter from all of us here at Palm Lake Resort Toowoomba.

Spring has arrived and lots of our homeowners have been super busy in their yards, and also in our wonderful workshop, preparing for the upcoming Carnival of Flowers.

Toowoomba comes alive in September for the Carnival and our residents have been busy preparing our resort float for the Floral Grand Parade. The parade will wind its way through the streets of our wonderful city on Saturday, September 18. Make sure you keep an eye out for us. It's been wonderful seeing all our homeowners working together on the project - which is part of what living in a supportive community lifestyle resort is all about.

We here in the Sales Information Centre have also been kept busy with the release of our final stage, Stage 7. We've had so many prospective homeowners not wanting to miss out - have you been thinking about a new start out here with us on the Toowoomba Range? If so, now is the time to act!

Enjoy the read,

**Shirley and the Sales Team
Palm Lake Resort Toowoomba**



Contact us

Looking for more info about Palm Lake Resort Toowoomba? Find us here:

Online: palmakeresort.com.au and choose "Toowoomba" from the "Our resorts" menu.

Social media: Follow Palm Lake Resort on Facebook and Instagram to see what's happening right across our 25 Palm Lake Group locations.

Address:
Gate 1, 97-161 Hogg St, Cranley.

Freecall: 1800 280 129.

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News briefs



Extra, extra!

The Spring 2021 edition of the Palm Lake Group's company magazine has officially hit the news stands, and it's full of the latest and greatest news from Palm Lake Resort and Palm Lake Care. If you haven't received a hard copy in your mailbox, you can also read it online at our website palmakeresort.com.au/news

Refer your friends

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a new or established Palm Lake Resort home, you'll receive up to \$500 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Carnival kicks off

For homeowners here, September is famous for the blooming spectacle that is Carnival of Flowers. We love our town especially during this time of the year - such a captivating landscape with plenty of great events and activities to boot. For those who are thinking of downsizing to Palm Lake Resort Toowoomba, September is the PERFECT month to see our city (literally) in full bloom. Our resort will also be represented by a float in the grand parade - keep your eye out for us! For a full rundown of the 70+ events on this year, visit www.tcof.com.au



Making family memories

Jillian and Richard Hooke were snapped taking their granddaughters for a walk around our resort grounds recently. We love it when our homeowners' family members come and visit and get to enjoy our facilities - especially those littlest family members!



All the shiny new things!

Our resort has received some wonderful new facilities as part of its finalisation before being officially 'sold out'. Among the new additions, we've welcomed a new off-leash area for the resort doggos, a new caravan storage area and also a new mini golf course (pictured left). We're sure our homeowners' families will love that one as much as the homeowners themselves!



Your last chance is now

IT'S A BITTERSWEET TIME FOR US HERE AT PALM LAKE RESORT TOOWOOMBA AS OUR FINAL HOMESITES ARE NOW UP FOR GRABS.

After years of construction, Palm Lake Resort Toowoomba is reaching an incredible milestone – it will soon be completely sold out.

"It is with great excitement - and a little sadness - that we let you know we have now released the final stage of our amazing resort here at Toowoomba," Sales Consultant Jacky Poulter says.

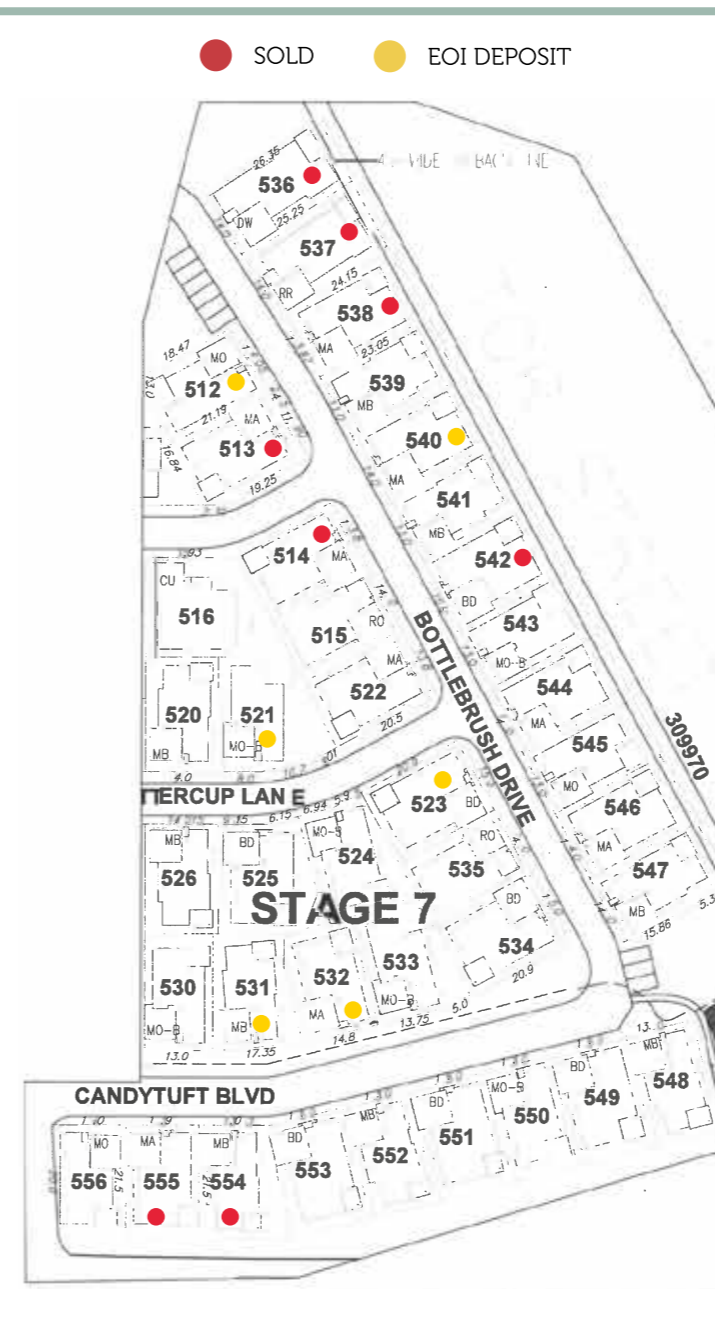
Jacky says there are just 31 homes remaining in Stage 7 which include architectural home designs such as Belvidere, Majella, Montalto and those two new designs - Manaboa and Rosalie. She says it's an "absolute joy" seeing new residents accept the keys to their new 'forever' home.

"Stage 7 has many appealing advantages," Jacky says.

"Firstly, its proximity to the Pinnacle Country Club, as well as several sites offering amazing views and the new access we have from Tor Street.

"We have met, and continue to meet, so many wonderful people who are on their journey to a new lifestyle and it has been a privilege to help these new homeowners navigate their way."

If you are considering joining the Palm Lake Resort Toowoomba family, do not delay. This opportunity won't last. Construction is expected to be completed by March 2022. Check out the site map and this list of the last new homes available in Stage 7 to find your community lifestyle dream here at Palm Lake Resort Toowoomba. For more, Freecall 1800 280 129 or stop by the Sales Information Centre at Gate 1, 97-161 Hogg Street, Cranley.



Last homes for sale

Belvidere (from \$714,000):

Homesites 549, 551, 553, 534, 523 525.

Montalto (from \$564,000):

Homesites 512, 543, 545, 550, 556, 530, 533, 524, 521.

Rosalie (from \$604,000):

Homesites 515, 535.

Majella (from \$614,000):

Homesites 540, 544, 546, 532, 522.

Manaboa (from \$614,000): Homesites 539, 541, 547, 548, 552, 531, 526, 520.

Custom: 516

Weekly activities

(PLR) denotes Palm Lake Resort-sponsored activities. (RC) denotes activities organised by our residents. Please check with the Residents' Committee and/or the specific organisers of each event for more info before you attend.

Monday

- 8.30am: Aerobics, Misty Ridge (PLR)
- 8.30am: 500 cards, Pinnacle (RC)
- 9.30am: Beginners line dancing, Pinnacle (PLR)
- 10.45am: Intermediate line dancing, Pinnacle (PLR)
- 12noon: 500 cards, Misty (RC)
- 1pm: Mahjong, Misty (RC)
- 1pm: Hand and Foot cards, Pinnacle (RC)
- 2pm: Darts, Pinnacle (RC)
- 3pm: Indoor bowls, Misty (RC)

Tuesday

- 8.30am: Beginners line dancing, Pinnacle (PLR)
- 8.45am: Bus to Grand Central (PLR)
- 9.30am: Intermediate line dancing, Pinnacle (PLR)
- 10.30am: Aqua aerobics, Misty (PLR)
- 12noon: Bistro lunch, Misty Ridge (PLR)
- 1pm: Craft work and Canasta, Misty (RC)
- 1pm: Pool/billiards, Pinnacle (RC)
- 2pm: Aqua aerobics, Pinnacle (PLR)
- 2pm: Tai chi, Pinnacle Bowls (PLR)
- 6pm: Dinner, Pinnacle (PLR)

Wednesday

- 8.30am: 500 cards, Pinnacle (RC)
- 9am: Tai chi, Misty Ridge (PLR)
- 10.15am: Steady steps, Pinnacle (PLR)
- 10.30am: Yoga, Misty Ridge (PLR)
- 11.15am: Pilates mat class, Pinnacle (PLR)
- 12noon: Bistro lunch, Pinnacle (PLR)
- 1pm: Hand and Foot cards, Pinnacle (RC)
- 5.30pm: Dinner, Misty Ridge (PLR)

Thursday

- 8.30am: Intermediate line dancing, Misty Ridge (PLR)
- 8.45am: Bus to Clifford Gardens, departs from both Country Clubs (PLR)
- 9am: Stitchers and Knitters, all day, Pinnacle (RC)
- 12noon: Bistro lunch, Misty Ridge (PLR)
- 12noon: Lunch, Pinnacle (PLR)
- 12noon: 500 cards, Misty (RC)
- 1pm: Craft work, Misty (RC)
- 1pm: Trivia and Pool/billiards, Pinnacle (RC)
- 1.15pm: Bingo, Misty (RC)
- 2pm: Aqua aerobics, Pinnacle (PLR)
- 2pm: Ukulele lessons, Pinnacle (RC)
- 3pm: Indoor bowls, Misty (RC)
- 6pm: Dinner, Pinnacle (PLR)

Friday

- 8am: Pilates mat class, Misty Ridge (PLR)
- 8.30am: 500 cards, Pinnacle (RC)
- 9am: Steady Steps, Misty Ridge (PLR)
- 9am: Bus to Bunnings, last Friday of the month (PLR)
- 9am: Craft work, Misty (RC)
- 10am-12noon: Milon Gym inductions, Pinnacle (PLR)
- 1pm: Mahjong, Misty (RC)

Saturday

- 9am: Colouring-in, Misty (RC)
- 12noon: Hand and Foot cards, Misty (RC)
- 12noon: Watercolours, Pinnacle (RC)
- 1pm: Backgammon, Misty (RC)
- 1pm: Pool/billiards, Pinnacle (RC)

Sunday

- 12noon: 500 cards, Misty (RC)



You're in safe hands

WHETHER HE'S FIXING LIGHTBULBS MOWING THE LAWNS OR DUTIFULLY WATCHING SECURITY CAMERAS AFTER DARK, PALM LAKE RESORT TOOWOOMBA SECURITY GUARD JOEL WATT RECKONS IT'S ALL IN A DAY'S WORK.

Growing up on a one-hundred-acre farm in Pittsworth – a small town 30-minutes outside Toowoomba – means Joel is no stranger to hard work. Fixing, maintaining, and upgrading things is just in his nature.

"I started out working as a farm hand, but after seeing my brother work as a security guard for a long time, I decided I'd had enough of tractors and I'd like to give it a go," says Joel.

Around six years ago, at age 26, Joel undertook the two-week training course he needed to gain a Certificate III in Security Operations. It wasn't long before he found a job at Toowoomba's Grand Central Shopping Centre, but after just two years there, almost 40 security guards were let go.

"I was only getting about one shift a week, so I decided I needed to find something else – that's when I discovered Palm Lake Resort," says Joel. "I jumped onto Seek and saw that they were hiring and now, four years later, I still love working here."

Joel lives on-site, working Tuesday through Saturday from 2pm until 10pm. While 'security' is his official job description, Joel says he is always happy to help out with whatever needs doing around the resort.

"I think it's because I've spent so much time on farms that I'll never say no to a bit of maintenance," says Joel. "I enjoy the hands-on work. I like that I can still get out and see what's going on around the place, and if something needs fixing I can do it there and then."

An average day in Joel's job could see him fixing a drain at the start of his shift, and ensuring residents get home safely after an event before knocking off. Much of his time is spent patrolling, ensuring everyone is safe during the day and locking all of the gates and facilities at night.

"At the end of my shift I monitor the cameras, and I'll stay later if there's something happening around the resort," says Joel. "I also drive out to the other properties that Palm Lake Resort own and ensure everything looks good out there. I love any excuse to drive the security car around."

A self-confessed lover of anything with an engine, when he's not working Joel's recreational vehicle of choice is a side-by-side sports buggy, which he loves tearing around his parent's Pittsworth property. On Sunday and Monday, his days off, Joel can usually be found hunting or fishing – anything that allows him to enjoy the peaceful scenery of his native Toowoomba region.

"Sometimes I take the residents out fishing on my boat, which is always a lot of fun," says Joel. "I don't get to do it as much as I'd like, but I certainly can't complain about working too much, either."

When asked what he most looks forward to ahead of the work day, Joel says, "Pretty much everything!".

"I always look forward to starting work and catching up with the staff and the residents," says Joel. "I enjoy checking in on them to make sure they're all good during the day."

Welcome friends

WE LOVE WELCOMING NEW FRIENDS INTO OUR RESORT AND THESE NEWBIES ARE NO EXCEPTION! WE'VE ALSO JUST SEEN THE ARRIVAL ONSITE OF THE FIRST FREE CLUB CAR 'TEMPO' LUXURY GOLF CARS FOR NEW HOMEOWNERS – THEY RECEIVED THESE \$20,000 GOLF CARS FREE WITH THEIR RECENT NEW HOME PURCHASE.



Barry & Kay Griffiths



Ian & Marion Henderson



Bruce & Lynnette Edwards




John Whatley



Kate & Richard Behrend



Margrit Tapner



Small yard, big furry love

DOWNSIZERS DON'T TYPICALLY MOVE TO PALM LAKE RESORT WITH CHILDREN IN TOW, BUT FUR KIDS ARE A WHOLE OTHER STORY! IF YOU'RE CONSIDERING GROWING YOUR FAMILY, TRY THESE SMALL-YARD BREEDS.

If there's one type of resident we love here at Palm Lake Resort it's the furry four-legged variety. When the actual kids grow large enough to fly the coup, pets can fill in a big void left by the children's departure. The joy of owning a pet isn't new to most Australians - we have one of the highest rates of pet ownership in the world. Here at Palm Lake Group, we've built our resorts to be pet friendly because we know just how important pets are for the majority of our over-50s residents, too. For example, Palm Lake Resort Toowoomba offers a safe, fully fenced off-leash dog run complete with seating for owners and water for dogs. Palm Lake Resort pooches can roam free in our dog run, enjoying a spot of exercise while also getting that important social interaction with their four-legged neighbours. What we've found right across the Group, however, is that our off-leash dog runs are magnets for likeminded residents. Neighbours congregate to let their furry friends enjoy time together but for the humans themselves, it's a great social outlet. And the regular walks to and from the off-leash areas are providing our residents with that all-important incidental exercise (with fresh air and vitamin D the cherries on top). As a relatively new addition to our resort, homeowners are also enjoying our doggie day spa that provides convenient dog-wash/hydrobathing services, on-site, with 24-7 access. Our resorts are pet friendly, because we know just how important pets are to you!

Dachshund

Dachshunds are energetic, loveable and loyal, promising to be the perfect companion for any retiree. Their medium-level exercise needs mean they prefer homes with a small backyard, but also enjoy daily walks and space to run outside the confines of your home. They are highly playful and likely to bark but are certainly trainable, showing intelligence and energy. You just need to consider that though their coats are short, they can still shed.

Cavalier King Charles Spaniel

Small and sophisticated, don't let the Cavalier King Charles Spaniel's petit size fool you - this regal breed is tough to beat. With an even temper and gentle disposition, the Cavalier will often adapt easily to its owner's lifestyle; they can be active and inactive in equal measure. Bred to be a beloved lap dog, they are also descendants of sporting breeds and will enjoy moderate exercise and outdoor activities. You'll find a Cavalier enjoys an afternoon walk just as much as an evening on the couch.

Yorkshire terrier

The Yorkshire Terrier, affectionately known as a 'Yorkie,' is small and quiet, making them the perfect house-mate. Their friendly nature means they don't mind company and are typically relaxed around other pets and people, making them perfect for social owners who would enjoy spending time at the dog park. While they have a lot of energy, it can be well spent in a small backyard - though they will never say no to an afternoon stroll. Bonus: they look like puppies for most of their life, making them perfect for owners who never want their fur babies to grow up.

Boston terrier

Commonly confused with a French Bulldog, the Boston Terrier boasts tall, upright ears and a flat face, with black and white markings sometimes referred to as a 'tuxedo jacket'. Originating from, you guessed it, Boston, the Boston Terrier requires active exercise (throwing a ball or a toy, or agility training) and can become frustrated when left alone for long periods of time. Considering adopting your very own? Be warned: their big, round eyes will surely win you over, promising love at first sight.

Maltese

Small but mighty, don't be fooled by the Maltese's prim and proper appearance - behind the white, fluffy exterior is a dog you're sure to love. Their small stature makes them ideal for small backyards, while their soft coat is unlikely to shed, making them a great choice for indoor living. Their coat is even considered hypoallergenic, meaning they will fit seamlessly into almost any family. Your Maltese will love running around in your backyard but will also never say no to a trip to the dog park or a walk.



Don't stop the music

UKULELE
CLASSES HERE
AT THE RESORT:
THURSDAYS
2PM

IT MAY HAVE BEEN DECADES SINCE YOUR PARENTS INSISTED YOU TAKE PIANO LESSONS, BUT DON'T THINK YOUR MUSICAL DAYS ARE BEHIND YOU. THERE ARE PLENTY OF REASONS TO PICK UP A MUSICAL INSTRUMENT AGAIN NOW.

It boosts brain power

Much like puzzles or playing chess, learning to play music is a great way to improve your cognitive ability. Reading and playing music is believed to stimulate the brain in a way that benefits your memory retention and also helps you retain new info. Experts believe that, when it comes to brain power, you 'use it or lose it'. In particular, learning to play a musical instrument has been associated with a lower risk of developing dementia. Why? Musical training and performance are believed to increase your brain's resiliency - so much so that musicians are 64 per cent less likely to develop mild cognitive impairments and dementia.

It relieves stress

Listening to music is a great stress reliever, but did you know that playing a musical instrument also has calming powers? According to studies, playing an instrument can help us refocus negative feelings into something not only positive, but enjoyable. Whether you are banging out a rhythm on the drums or plucking a melody on the guitar, making music is believed to have a unique ability to reduce your blood pressure and heart rate. This act can also contribute to the release of 'happy hormones' (endorphins) into the bloodstream, leaving you feeling relaxed.

It makes you more patient

Many of our Palm Lake Resort residents will agree that life doesn't slow down in retirement - in fact, with so much to do, things move at a faster pace than ever before! Learning a musical instrument is one fantastic way to chill out, slow down and enjoy the moment. Patience is an essential skill for any budding musician to master as they learn to read and play the notes, and many report finding themselves employing more patience when they interact with the people and things around them.

It's good for your body

You may not break a sweat, but playing an instrument promises a host of physical benefits that you may not have thought about. Moving your fingers along the keys of a piano or the strings of a guitar enhances your hand-eye coordination and fine motor skills - two skills that can easily be transferred to almost any other activity, be it crochet or croquet. Wind instruments, too, improve the function of your respiratory system by ensuring you breathe properly. Need we go on?

It's a great way to make friends

Looking to widen your social circle? Playing a musical instrument could help! A number of Palm Lake Resort locations have resident music groups where likeminded musos can come together and jam out. From choir to the ukulele to all-out Rock 'n Roll bands, our residents make use of the time and resources available to them in retirement to live out their dreams of musical stardom.

This is your time.



This well presented home is situated in a wonderful location next to the resort's hairdresser/doctors' rooms and a short walk from the Misty Club House. Freshly painted with vinyl plank flooring throughout, the home has a fresh crisp feel. A north-facing back patio is covered and tiled, making it a perfect place to relax and enjoy the winter sun. Solar panels, Crimsafe doors (front and back) and a modern kitchen are just a few of the features this home has to offer. Priced well to sell. Ready for the new owner to move straight in.

Villa 59 \$360,000

Beds 2
 Baths 1
 Living 1
 Garage 1
 Activity 1
 Outdoor Living



This immaculate Belvidere design home is only six months old and presents as brand new. Large open-plan living and kitchen boasts stone benchtops, SMEG dishwasher, microwave, oven and cooktop. It is one of our most popular designs, in a quite location with beautiful views from your front porch.

It has ducted air conditioning, solar panels and a fully landscaped low-maintenance yard. Double garage offers built-in storage. To fully appreciate all this stunning home has to offer, call the Sales Information Centre today to arrange an inspection. You won't be disappointed.

Villa 369
\$635,000

Beds 2
 Baths 2
 Living 1
 Garage 2
 Activity 1
 Outdoor Living



Home 297
\$749,000

Beds 2
 Baths 2
 Living 1
 Garage 2
 Activity 1
 Outdoor Living

This is a rare opportunity to acquire 'simply the best' and enjoy one of Palm Lake Resort's largest home designs - the Miraval.

This home redefines luxury lifestyle for over 50s living, situated on a sought-after double-sized block with established gardens, lush grassed areas and the ultimate entertainers' alfresco.

With two spacious bedrooms plus an activity room, a generous-sized master bedroom with a luxury ensuite and walk-in robe, this home is sure to please.

The luxury kitchen has stainless steel SMEG appliances, 2 pac cabinetry, electric blind and Caesarstone benchtops.



Villa 170
\$395,000

Beds 2
 Baths 1
 Living 1
 Garage 1
 Activity 1
 Outdoor Living

This cute home has so much to offer. With three living areas, there is no shortage of space. The single garage has an extra large separate area to use as a workshop. The covered gazebo at the back faces north to capture the winter sun or relax in the enclosed patio. A well loved home and sure to sell quickly.

For more info, phone 1800 280 129 or email salestoowoomba@palllake.com.au
Visit palllakeresort.com.au



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WITH YOUR
NEW HOME**

T&Cs apply

Nice drive!

Experience Palm Lake Resort from behind the wheel of your very own premium golf car. Purchase a new Palm Lake Resort home at Toowoomba and receive a four-seat Club Car 'Tempo' (with lithium ion technology) absolutely FREE*



SALES INFORMATION CENTRE OPEN 7 DAYS | 9am – 4.30pm | 1800 280 129
salestoowoomba@pallmlake.com.au | 97-161 Hogg St, Toowoomba QLD

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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