

this is your time.

PALM LAKE RESORT SUMMER 2023 -24

BRINGING MALIBU TO YOU

Here comes Palm Lake Resort Yamba Cove: an ultra-exclusive boutique collection of grand Malibu-inspired residences



2023

MASTER BUILDERS AWARDS

WINNER

We've done it again!

The 2023 Master Builders Association's statewide awards have been bestowed and Palm Lake Resort Forster Lakes scored two of the highest accolades in NSW

Pelican welcomes its first homeowners

There are some very excited homeowners unpacking their belongings at our most iconic address yet

WELCOME

THIS TIME OF the year is a rewarding one for me personally, but also for the whole team. It's the perfect time of the year to review another 12 months' worth of achievement and celebrate our successes, while acknowledging ways we can improve.

Among 2023's highlights would have to be the swag of Master Builders Association construction industry awards we received, including two statewide wins for our Palm Lake Resort Forster Lakes project. We broke ground at Paynesville and Yamba Cove, reopened our reconfigured Pelican Waters Golf Course, welcomed our first homeowners to the epic project that is Palm Lake Resort Pelican Waters and we also signed contracts on some exciting new parcels of land to ensure the Palm Lake brand continues to grow, well into the future.

While the summer holiday season gives us all a chance to stop and take a moment to rest, recharge and enjoy our families and all those other special people in our lives, we at Palm Lake Group haven't taken our foot off the accelerator - yet. As this magazine goes to print, I was delighted to hear the story of our first two deposits taken at Palm Lake Resort Yamba Cove. Our Senior Sales Executive on this project, Sandy, says one of the first homeowners into Yamba Cove will be someone relocating from the hustle and bustle of Sydney who was rapt to have found their "forever home" in this relaxed coastal paradise, nearby their friends. The elite residences we've designed for this very exclusive, boutique community are something else. With a short supply of homes, we anticipate high demand - you will have to be quick for this one. Read more about our Yamba Cove project on Pages 4-9.

While we are on the topic of resorts, we've just decided that early 2024 will see the start of earthworks for the 100+ new homes and additional facilities planned for our very last Palm Lake Resort Bargara extension. This extension will see even more community facilities added to our most facility-rich location of them all! We'll bring you more finalised details of this one in the next editions of 'Your time' magazine.

With our first homeowners moving into Pelican Waters in recent weeks, we are going gangbusters to complete the community facilities for this project as well. The walls of The Springs Country Club will be up by Christmas in readiness for a very impressive skydome that we've just added to the plan. We've also just completed a \$350,000 boardwalk that will allow our nature-loving homeowners the chance to really enjoy the rich array of flora and fauna we are blessed to have onsite. With a koala reserve right next door, the boardwalk (which is a few kilometres long) will allow our homeowners and their visiting family members and friends

to take in a little koala-spotting as well. This is one very, very exciting project for us all.

You'll remember that we announced the acquisition of land earlier this year at Zilzie (east of Rockhampton) and Dundowran (near Hervey Bay) for two new Queensland Palm Lake Resorts? As I sat down to write this column, we have just today finalised early designs for the Dundowran project. In a shift away from all previous masterplans in our company's 46-year history, Dundowran will take on a more circular layout with a much more flowing streetscape. This project will be all about the architecture. In my idea for the circular masterplan, I wasn't chasing maximum yield: more so it's about flowing connectivity and having curves in all the right places. This project also offers scope for a Palm Lake Care community, which will no doubt be a welcome addition to greater Hervey Bay.

On the topic of Palm Lake Care, I'm looking forward to travelling to the United States with Palm Lake Group founder, Wal, and our Care CEO, Dan Aitchison, in January. We will be touring various American care products with a view to bringing some fresh new ideas Downunder. We'll travel through Los Angeles, Florida and Las Vegas seeking out solutions for some of our current care challenges. I'm actually grateful to be travelling with Wal (my father) on this trip. Still, in his 80s, with 46 years of history at the helm of our family company, he's keen to seek out new ways to continue to improve our business and it's nothing short of inspiring for everyone. We all keep learning so much from him. He wants to keep moving and never sits still. And we're all here for it.

As the year draws to a close, I proudly watch my two boys move into the realms of manhood. My youngest is on his way into senior school, to join his brother who embarks on his Year 12 journey. Merry Christmas to all. May you also enjoy your loved ones this festive season.

**Scott Elliott,
Palm Lake Group
Managing Director**



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Turners Beach

Yamba Lighthouse

Yamba Beach

Yamba Ocean Pool

Yamba Markets

Mckittricks Beach

Yamba Marina

Yamba Golf & Country Club

Pippi Beach

Local Shops

Barri Beach



Green Point Beach

Angourie

Yamba Cove

LOCATION, LOCATION,

It's not every day that a designer over-50s development of this scope comes along in central Yamba. Located so close to essential services and all your retail needs, Palm Lake Resort Yamba Cove is also just a stone's throw from Yamba's incredible beaches and wildlife-rich waterways. Plus, we've completely reimagined our designs for these exclusive residences. Enjoying a sprinkling of luxury Malibu beach aesthetic, this resort will be nothing like you've seen before across the Palm Lake Group. Let us walk you through it...

One of the most unique developments in the 46-year history of the Palm Lake Group is coming to life right now, with all eyes on Palm Lake Resort Yamba Cove.

PALM LAKE GROUP has been designing, constructing and managing the operation of over-50s communities across Australia's east coast for more than 46 years. There are 30 Palm Lake Resort addresses in our family-owned company's portfolio, as well as seven aged caring communities. More than 10,000 people call Palm Lake Group home. But never before have we unveiled something so unique...

Palm Lake Resort Yamba Cove will be the Group's first truly boutique over-50s development. With just 78 exclusive residences in the masterplan, what this property might lack in footprint (compared to the Palm Lake Resorts that have come before it), is more than made up for in exclusivity and luxury. We've truly reimagined the modern over-50s abode for this very special parcel of land and the result is nothing short of spectacular.

Palm Lake Resort Yamba Cove Sales Executive Sandy Martin says the design team pulled out all the stops when it came to creating a chic coastal look and feel for this Malibu-inspired resort that calls one of northern New South Wales' most exquisite coastal locales home.

"The first four home designs (as pictured on Pages 7 and 8) feature memorable facades with striking lines," Sandy says. "There's a fresh, modern, coastal edge to these two-storey floorplans. Given the extremely limited number of these impressive residences, I know it'll be the savviest of buyers who snap them up."

The Malibu beach design aesthetic planned for Yamba Cove is described as a celebration of coastal living, nature and luxury. It combines a coastal colour palette, natural materials, open and airy spaces, organic shapes and a touch of minimalist elegance, in turn creating a serene and inviting environment that embraces the beauty of the Malibu coastline.

Studio Collective was, again, tasked with bringing the floorplans to life under these aesthetic guidelines. Interior Designer Breanna Josey says her team was eager to be given such an exciting brief.

"These residences meticulously blend opulence with the essence of coastal living," Breanna says. "Our goal is to create an atmosphere of tranquillity and sophistication that elevates the coastal living experience to new heights that hasn't been seen before in a Palm Lake Resort."

"In general, these homes exude an airy and refreshing ambience, bathed in abundant natural light. They exemplify a captivating approach to contemporary residential design, seamlessly blending with their surroundings. The incorporation of open-plan living not only enhances

Did you know...

- "Yamba" is presumed to be a local Yaegl Aboriginal word which either means carpet snake ("yambah") or was an historic term used for the headland.
- Yamba Surf Lifesaving Club is one of the oldest surf clubs in the world, dating back to 1908.
- Yamba's history and local economy has been built on fishing, oyster farming, prawn trawling and sugar cane farming.
- The Port of Yamba is the easternmost port in Australia

accessibility but also floods the space with natural light, making these homes particularly welcoming for individuals with mobility challenges".

Breanna says she is especially excited to witness the transformation of the home exteriors, with the incorporation of timber elements in each design, which promises to infuse coastal character and softness.

"The interiors will then exude a sense of refinement and luxury, inviting homeowners and their guests to savour the beauty of the coast while indulging in the comfort and elegance of their surroundings," she says.

Breanna explains that the interior colour palette will keep to the proven winning formula of 'light and bright' but will this time be dominated by shades of blue and green where "the rich blues evoke the expansive ocean vistas, while the soothing greens evoke the lush, coastal landscapes".

"We're thrilled to introduce vibrant pops of colour in our feature tiles - a design element previously unseen in Palm Lake Resort homes. We can't wait to witness how this addition will weave its way through the homes, enhancing their ambience and bringing a touch of beauty and uniqueness."

Breanna says the four home designs harmoniously complement each other while maintaining their own distinct individual narratives. She highlights the unique master bedroom layout in each design.

"This diversity in design choice breathes fresh life into the open plan living concept," she says.

"This resort presents a stunning departure from the past, introducing something remarkably beautiful and fresh. These designs boldly embrace a novel coastal concept that hasn't been widely explored. They truly capture the essence of Yamba's laid-back, small-town coastal lifestyle."

To learn more about these four home designs and the Yamba Cove masterplan, Sales Executive Sandy welcomes you to stop by the Sales Information Centre at 2 Orion Drive, Yamba. It's open seven days a week from 9.30am-4pm. You can also FREECALL 1800 960 946.



Pictured above: Yamba Cove's "Grafton" home design. Pictured below: The "Maclean" home design offers two alternative facades.





Yamba Cove
**BRINGING
 MALIBU
 TO YOU**

Palm Lake Resort Yamba Cove's planned Malibu beach house aesthetic will extend well beyond the homes and facilities – the resort grounds will exude unmistakable coastal chic as well.



WE TALK A LOT about the 'holiday every day' appeal of those Palm Lake Resorts located in coveted coastal locations along Australia's east coast – and Yamba Cove is no exception.

Situated close to all the retail amenities and services a homeowner could need, the beauty of this exclusive boutique resort is its prime coastal position. Yamba's neighbours include the Pacific Ocean, Clarence River, Yuraygir National Park and other rural land.

Taking into account this coastal wonderland's humid sub-tropical climate and the high-end residences proposed, Palm Lake Resort Yamba Cove's landscape design called for the skill of like-minded experts – and Zone Landscape Architecture (ZLA), based at Burleigh Heads on Queensland's Gold Coast, answered that call. Specialists in landscaping residential developments, ZLA is also the brand behind some of the Gold Coast's most memorable public spaces such as Palm Beach's family favourite Pirate Park and Schuster Park at Tallebudgera.

Senior Landscape Architect Monique Buchanan says ZLA's role in bringing the Yamba Cove project to life has been to consider all things outdoors – designing everything from a variety of lush green spaces with different specific functions, to the resort's meandering footpaths, right down to the selection of pots and planters.

"In general, the scope of the operational works is to provide an envelope of greenery that offers function and room for movement while also providing a lovely green outlook," Monique explains.

"We have designed everything from those big open green spaces where people can gather for barbecues, for

Pictured top: Yamba truly is a sub-tropical wonderland, on a pristine stretch of NSW coastline. **Pictured above:** An artist's impression of Yamba Cove's Vantage Country Club and resort pool.

example, to more specific tailored green areas - like the off-leash dog park and community veggie patch.

"And there will also be some lovely quiet little green nooks in the design, that will welcome homeowners to simply sit and soak up the sunshine and relaxation."

Among the plantings chosen specifically for this resort's coastal location and Malibu beach theme, Monique says she has selected a variety of species that can tolerate salt air and that tougher coastal climate while also bringing their own architectural statements.

"There's a strong trend in the design towards mass plantings of low moving grasses, with accent plantings of larger statement palms," she says.

Among the grasses chosen are many grey-green toned species such as Blue Oat Grass, along with other Lomandra and Tussock grasses. There will be gorgeous Livistona australis (or 'Cabbage palms') planted enmasse around the Vantage Country Club, and keep an eye out for the giant Canary Island date palms planned for this luxe resort's most grand entrance. All in all, Yamba Cove homeowners will no doubt enjoy that cool, lush, coastal holiday feel every day.



Pictured above: Yamba Cove's "Ulmarra" home design.
Pictured below: The "Iluka" home design offers two alternative facades.

Forster Lakes

WE'VE DONE IT AGAIN!



PALM LAKE RESORT Forster Lakes' \$18 million Belleair Country Club has proven a magnet for like-minded homeowners to come together and connect over sporting, social and creative pursuits as well as health and wellness activities. At the 2023 Masters Builders Association's Excellence in Construction Awards, this opulent and beloved community facility was named New South Wales' best "Sporting Facility - up to \$20 million".

Palm Lake Resort Sales Manager Alysia Nechvoglod was on hand to accept the award, at The Star Event Centre in Pyrmont, alongside our proud team (pictured right).

"We knew right from the start of this project that the Belleair Country Club would be a knockout just given how packed full of facilities and luxury features it is," Ms Nechvoglod says. "This award, judged by a panel of independent construction industry experts, proves that our planning, design and construction decisions are right on the money."

Belleair's win is, in fact, the second top gong for Palm Lake Resort Forster Lakes following our Carabelle display home being named best in the state in its category during MBA NSW's residential awards evening in September.

Turn over to read just how the award-winning Belleair Country Club is bringing like-minded people together >>



The Master Builders Association of NSW has bestowed yet another prestigious award on Palm Lake Resort Forster Lakes. Following our Carabelle display home being named best in the state in its category back in September, the Belleair Country Club has just received top commendations from the MBA's independent construction industry judging panel.



Forster Lakes

COUNTRY CLUBS: THE HEART OF EVERY RESORT

There's no doubting the theory that community facilities bring our Palm Lake Resort communities together. They're the glue that keeps our communities strong. The award-winning Belleair Country Club is such a great example of this theory in practice...

SINCE THE OFFICIAL opening of the Belleair Country Club, Palm Lake Resort Forster Lakes' resort activities list has exploded. A whole new range of engaging weekly activities has emerged with thanks to our most creative, talented and community-minded homeowners finding fun ways to utilise this most impressive (and now award-winning!) new facility.

Get painting

Barbara Karrer and Lynda Bowden are two Forster Lakes homeowners who have an impressive creative streak – one that is being enthusiastically shared with like-minded neighbours now that the Belleair Country Club is open for business. Every Thursday, at 9am, Barbara and Lynda welcome interested homeowners to join in their watercolour painting class. All levels of talent are warmly embraced in this informal, yet nurturing, studio setting.

"My background is in watercolour but there is scope for group members to try their hand at other media including acrylics or even charcoal drawing," Barbara explains.

While the talented artist won't admit to being a "professional" painter, she has spent a lifetime honing her skill, "painting and exhibiting with some success".

"I'm still a long way off being professional - I mainly do it for the pleasure of it," Barbara says. "Our Belleair Country Club has a beautiful studio – it's full of light with an outlook over the water. We can all spread out here and enjoy each other's company rather than working from home. Our people are getting a lot out of painting together in a group."

Barbara encouraged interested novice artists to join in any Thursday and try their hand at painting. For those starting out, she says you don't need to bring any materials as the studio has some limited supplies to get you underway.

"It's such a convivial group and a relaxing way to pass the time," she says.

In fact, the group was preparing for their first art exhibition as this magazine went to print. Lynda says the exhibition would be professionally staged on Belleair's dance floor in the spacious main dining area.

"We'll have 80 artworks on display from 12 of our homeowner artists across a variety of different mediums," Lynda explains. "There will be oils and acrylics on canvas, graphite drawings and even photography on display. We'll also be streaming vision of Van Gogh and Monet on the Country Club screens throughout the event to really set the mood."

The exhibition calls for guests to dress in "arty farty, glamour" attire - an event where top hats and bow ties will be the dresscode du jour. It's shaping up to be the kind of event that is a true fusion of all things Palm Lake Resort: like-minded homeowners, bonding over common interests, while having fun!

Lynda says she was predominantly an oil painter before the opportunity presented itself, here at Palm Lake Resort Forster Lakes, for her to dabble more in watercolour - a medium she says she's "very comfortable with now".

"During some of our classes, it's so quiet you could hear a pin drop - everyone is concentrating. Then other times it's a space filled with chat, chat, chatting!" she says. "Everyone brings a little talent with them and we wouldn't be doing any of it if it wasn't for the Belleair Country Club and our lovely art room."

Get tapping

Forster Lakes homeowner Lynn Wooten was just 18 months old when she was first strapped into a pair of tap dance shoes and instantly fell in love with the stage - and it's a pastime that has stayed with her, her whole life. Lynn says she danced right through from those early toddler days until she was 17 years old before moving to Australia (from her native England) and taking up dance again in latter years.

"I taught tap dance classes for about 12 years in Cronulla before moving out to Forster Lakes," Lynn says.

With the opening of Belleair Country Club and access to a grand dance floor, Lynn says she instantly saw an opportunity to bring the dance style that she adores to a new breed of Palm Lake Resort dancer. A now weekly addition to our resort's activities list, Lynn says her tap dance classes can attract as many intrigued audience members as class participants – everyone seems to want to watch and enjoy the dancing! For those participants, however, there are so many benefits to tap dancing. Lynn says it's a wonderful workout for your memory (as you have to remember the steps and choreography) as well as being a literal workout for your body.

"And I don't go easy on them – they definitely get a bit of sweat on!" Lynn smiles.

While Lynn's current dance troupe comprises one experienced dancer, the rest are 'newbies' who had never danced before now and who are "doing brilliantly" according to their experienced instructor.

"Tap dancing does take a lot of coordination – you've got to move your feet and hands and head all at the same time – but we're really all about having fun," she says. "At our age, that's what it's all about!"

Lynn says her dancers are enthusiastically practising right now for their upcoming Christmas concert performance, which will be complete with costumes (check out the sneak peek, below right). And they can't wait! Lynn encouraged anyone interested in trying tap dancing to simply stop by Belleair Country Club on any Wednesday, between 2-3pm, and have a go. You don't need tap shoes to get started – simply wear any flat-soled leather shoe. Lynn also encouraged any male homeowners to have go. Maybe we have a troupe of Forster Lakes 'Tapdogs' just waiting to be formed!

Get stretching

A massage therapist by trade and a self-professed "closet fitness fanatic", homeowner Janette Morris has many additional qualifications that make her the perfect facilitator for our resort's new Stretch and Relax class. She's as enthusiastic in personality as she is enthusiastic about getting people moving, for the health and wellness benefits.

"I started the Stretch and Relax class for those who might be a little too scared to try a full-on yoga session or train in a big group setting," Janette says. "I have a small group of regular core participants, with others joining in when they can, and everyone says they are really enjoying it."

With her Certificate III in fitness, experience in aqua fitness training and Zumba, as well as being a rock 'n roll dance teacher (along with husband, Steve), Janette says the opening of Belleair Country Club has provided so her with so many fun ideas for ways to help keep her like-minded neighbours active and healthy. She's keen to start a Tai Chi class next and even chair-based Zumba after that.

"I just want people to know there's more to life than simply sitting around and drinking tea," she smiles. "If you don't have your health, what else do you have?"





Forster Lakes *POOLSIDE AFFAIR*

Forster Lakes is blessed with some pretty breathtaking vistas but there's no better place to be this summer than poolside at the award-winning Belleair Country Club - especially when there's an opulent lunch to be shared with friends...



Paynesville *YOUR TASTE OF WHAT'S TO COME*

There's a fresh new face in the Palm Lake Group, but she's a long-time local bringing industry expertise aplenty to our unique new Paynesville customer experience centre.

curtains – helping visitors really visualise their future home.

“As visitors progress through the Centre, they walk past individual alcoves that highlight other current Palm Lake Resort projects, to help provide a well-rounded picture of what the Palm Lake Group is about,” Jessie says.

To the rear of the centre, there's a functional bar area with a baby grand piano (pictured above) and a golf simulator room.

“Visitors will get an overall feel for the resort's general aesthetic and a real taste of what's to come.”

Jessie says she already knows how much of an impact Palm Lake Resort Paynesville will make on her hometown. Jessie grew up on the Mornington Peninsula and has 10 years history in the Paynesville area, working in real estate. Her parents and her sister call Paynesville home, and Jessie and her husband are also raising their seven-year-old daughter there. The family has strong ties to the Bowls Club and RSL (given Jessie's husband is an ex-soldier) and they are also involved in various junior sporting clubs.

“Paynesville is such a close-knit little community – when you're out and about, you always see someone that you know,” Jessie smiles. “But what I personally love about the area is the access to boating and fishing. I have a stand-up paddleboard and love to be out on the water. Plus, you've got plenty of places to kayak and there's the Kingfisher Dragon Boat Club, too – there's plenty of water-based fun to be had and I know that will suit our future Palm Lake Resort Paynesville homeowners.”

OUR PALM LAKE Resort Paynesville project has been given an exciting new presence, with the opening of our first ever Customer Experience Centre. The centre, located at 120 Nicholson Street at Bairnsdale, is no traditional sales office space. This centre has been designed to provide visitors with a snapshot of the highly coveted Palm Lake Resort lifestyle that will be on offer once Palm Lake Resort Paynesville opens its doors to homeowners in the not-too-distant future.

At the helm of our Customer Experience Centre is long-time local Jessie Loe (pictured above right). While Jessie is new to the Palm Lake Group, her knowledge of Paynesville runs deep given three generations of her family call the town home.

“When you walk into our Customer Experience Centre, you're initially met at our reception area alongside our colour selection space,” Jessie explains.

The colour selection space provides tangible examples of the eight standard schemes and four upgrade schemes that will be on offer to future homeowners. Under each 'scheme', visitors will be able to view coordinating selections for paint, cabinetry, benchtops, tiles and grout, carpet, flooring and

The Palm Lake Resort Paynesville Customer Experience Centre is open weekdays, 9am-4.30pm, and weekends by appointment. You can also FREECALL 1800 960 943.



Pictured: Palm Lake Resort Pelican Waters is really taking shape. Water containment measures were removed recently and the lake has re-filled. Pictured right: Johann and Henriette Scholtz, along with Peter King (pictured with Sales Executive Monique Lee), are some of the resort's first official homeowners.



Pelican Waters

BUILDING HOMES AND BUILDING COMMUNITIES

A very exciting thing happened at Palm Lake Resort Pelican Waters in recent weeks – we have welcomed our first homeowners! From years of earthworks, civils and construction, now is when the cherries really start to go on top – when the all-important community finally starts to grow...

Meet Johann and Henriette

Ex-South Africans with 26 years' history living in Australia, Johann and Henriette Scholtz had called Palm Lake Resort Caloundra Cay home for the past year before moving across to Pelican Waters in recent weeks. They will officially go down in Palm Lake Resort Pelican Waters' history as the first homeowners in a two-storey abode – the mighty 'Escena' design.

The pair had originally been living in a canal house at Pelican Waters but, given their appetite for travel and strong sense of adventure, they seemed to spend more time exploring foreign lands. In fact, they spent 5-6 months of the year, for six years, sailing the world and have ticked many items off their bucket list including an Atlantic crossing from South Africa to the Caribbean, and other European ports around

the Mediterranean Sea. As Henriette explains, the biggest ongoing stress factor around their travel was ensuring their home was safe and the pool and garden were maintained.

"It was quite a revelation to us when we discovered Caloundra Cay as we didn't know that kind of community, and all its benefits, existed," Johann says.

"We were on our way to a 14-state tour of the United States at the time we discovered Caloundra Cay, but we just jumped on it and bought a home there," Henriette recalls. "It provided such peace of mind knowing we had the perfect home to come back to after our trip."

Among those Palm Lake Resort benefits that the Scholtzes were impressed with was the fact that their home and its contents would be safe and secure while they were away, with their front garden maintained for them. Plus, the fact that they'd have access to such a plethora of facilities that they wouldn't need to maintain them-selves – from pools and sporting facilities, to the hobby and craft spaces. And, of course, that's not to mention all the social opportunities that present themselves when your address is a Palm Lake Resort. Needless to say, this pair has been loving all that the resort lifestyle offers – and more.

"We enjoy meeting like-minded people in our same age group," Henriette says. "While we did downsize into a physically smaller house by moving to Caloundra Cay, what we have realised is that your home is mainly where you sleep and eat. But our 'backyard' is huge!"

And by "backyard", Henriette refers to their eight-rink undercover lawn bowls green, tenpin bowling alley, tennis courts, a Country Club and more! Now enjoying life at Palm Lake Resort Pelican Waters, that 'backyard' has grown exponentially given their neighbour is Pelican Waters Golf

Course and that the pair have been members of Pelican Waters Golf Club for some years already.

"We love the two-storey Escena design – at more than 400sqm, it's 'ginormous'," Johann smiles.

He explains that three bedrooms was the pair's minimum requirement given they love to have their Brisbane-based family come up and stay. Plus, the Escena provides garage space for all those toys that have made the retirement years so special for this pharmacist and GP – they've got room for two cars, two bicycles, their complimentary golf car as well as Johann's prized Harley Davidson. And there's a lovely garden space that helps make this house a home.

"The finishes are superb and you can see that a lot of thought has gone into this whole development," Johann says. "Every single thing is high quality – from the finishes and fittings and the structure of our home, to the resort bridge and gates as well – there's no skimping on anything at all."

Johann and Henriette's plan is to complete two more touring adventures across Alaska and Canada in the coming years, while construction continues on the greater Pelican Waters resort grounds (they have their fifth-wheeler RV currently stored in Washington State, just outside of Seattle, awaiting their return). Then, maybe - just maybe! - it'll be time to slow down a little and get back into all those Palm Lake Resort-style activities that they had so enjoyed while living at Caloundra Cay – only this time, they'll be doing it at Pelican Waters: things like tenpin bowling, lawn bowls and golf. Henriette says she is also keen to re-immers herself in a well-stocked resort library and get her creativity on in the dedicated art and craft spaces once The Springs Country Club is complete.

Continued on Page 18 >>



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"It's been so nice to be one of the first here at our new resort so we can build strong friendships with the other like-minded homeowners," Johann says. "We are really looking forward to all of the social activities that will keep us connected to the others here.

"This is going to be one absolutely stunning development when it's done. We're planning to stay forever!"

Meet Peter

Palm Lake Resort Pelican Waters homeowner Peter King was flicking through a golf magazine one day, about two years ago, when an article in its pages caught his eye. A mad-keen golfer who had spent most of his life in Canberra, Peter was intrigued by what he was reading – intrigued to the point of flying to the Sunshine Coast to see firsthand if the golfing dream he was reading about was, in fact, a reality. Fast forward to October 2023 and Peter is proudly one of the first in Palm Lake Resort Pelican Waters.

"I have two children, but all of my family lives overseas so I had nothing really tying me to Canberra," Peter explains. "I just thought, why not? I came up to Queensland cold, but am already enjoying it immensely.

"A lot of my friends in Canberra think I'm a fool," he smiles. "They say it'll be too hot and that I'll be back in two years. But I'm very happy with my home and how it's all working out – I think they'll be the ones to follow me up here!"

Golf, and access to the neighbouring Greg Norman-designed Pelican Waters Golf Course, was definitely a driving factor in Peter's decision to come to Palm Lake Resort Pelican Waters. He's been a member of the Royal Canberra Golf Club for 42 years (and is even one of the club's past Presidents) with previous memberships at The Grange and Mollymook golf clubs across New South Wales.

"I intend to play three or four times a week here at Pelican Waters, if I can," Peter says. "Dale, Harry, Dylan and Riley (Pelican Waters Golf Club staff) are a great bunch - I've actually been very impressed with all the staff here at the resort and at the golf club."

Peter says he's also keen to get into more resort club sports like lawn bowls and ten-pin bowling once The Spring Country Club is complete. Truth be known, it's the people that Peter is most excited about – those new friendships that await him as the community here grows.

"That's a big thing for me – the companionship that a resort like this can offer. I'm excited to see more homeowners move in and for the Country Club to be complete so we have even more places to get together."

In the meantime, Peter is enjoying the regular homeowner cocktail parties that are already being hosted to help neighbours get to know each other.

"It's a spectacular development," he says. "The future, for me, is exciting."



CONSTRUCTION UPDATE

Let us take you on a quick construction tour, around the grounds of our newest projects.

PELICAN WATERS: Civils for Stage 1 are now complete with council approval pending before we move into the next stage of civils on this project. Pictured above, residences in Stages 1a and 1b are well underway, with first homeowners now moved in. Stage 2 residences are soon commencing, offering both golf course frontage and waterfront positions - the most prestigious locations and designs in this resort. The Springs Country Club is also officially underway with footings complete and underslab progressing. Our driving range and coaching facility is on track for completion early in the New Year.

FORSTER LAKES: Civils works continues in Precinct 2, with roads starting to be poured as this magazine goes to press. We gained approval from council for a new recreational facility near the entry, so we are now moving to detailed design stage, with works to start next year. Bowls green and Sports Club construction will continue into early 2024.

YAMBA COVE: Some 31 residences in Stage 1 are under construction, with the first phase of these exclusive homes already at fit-out stage. The Vantage Country Club is also on track to be roofed before Christmas.

PAYNESVILLE: Civils work across Stage 1 continues, with roads now being poured. The Country Club is also starting to go vertical, with all steel frames now installed. Homes here are just getting started. New floorplans have been designed specifically for the climate.

OLD BAR BEACH: The development team is currently undertaking significant design exercises for the golf course, flooding constraints, layouts and Country Club concept plans (including a Beach House). This work will continue into 2024 as we obtain development consents from MidCoast Council for the many components of this project. Most recently, we sought approval from council for the golf course, forming the centrepiece of the three precincts making up this expansive beachside resort.



DEVELOPMENT UPDATE

WE TAKE DELIVERING our company tagline, "The best in over-50s living", very seriously. The key to the success of our lifestyle resort communities is in the exceptional facilities we provide, creating a community atmosphere second to none. Put simply, we deliver the best Country Clubs and recreational facilities that the industry has to offer. And we are continually revolutionising how we deliver these key components of our incredibly successful projects. Our recent statewide win at the Master Builders Association of NSW gala awards evening for our Bellair Country Club at Forster Lakes is the proof in the pudding! With Belleair completed, we have moved onto even more exciting facilities. We have started construction of three Country Clubs at Paynesville, Yamba Cove and Pelican Waters, while we are nearing completion of the eight-rink undercover bowls green and Sports Club at Forster Lakes, complementing their award-winning Belleair Country Club.

These Palm Lake Resort facilities are a far cry from those basic halls and pools that may be typical elsewhere. The three Country Clubs currently under construction are our 'new generation' clubhouses, with designs taking all the successful components of our existing similar facilities around the country and improving on those areas where we feel we can do better. No small detail is overlooked, so the design and approval process for each of these amazing facilities has been more than two years in the making. You can understand why we are all so incredibly excited to have these major projects finally under construction.

All of these state-of-the-art facilities have been architecturally designed by award winning VIA Architects. Our architects have considered the unique locations and climates of each of these resorts and orientated each building to ensure all vantages are maximized, including beautiful water views for both our Yamba Cove and Pelican Waters Country Clubs. And the list of exclusive recreational inclusions in these buildings is extensive. Our team goes to great lengths to ensure the buildings' inclusions have the over-50s user top of mind. For example, the depth of steps in the pools are reduced, textured tiles have been chosen to improve slip resistance, benches are built higher than standard, lower above-head cupboards make access easier, recessed doorways reduce trip hazards and custom furniture keep the end user firmly in mind.

Whilst varying the range of activities provided in each resort, we strive to include as many opportunities as possible for each address. Our Milon gyms, provided in every new project, are a prime example of keeping the end user in mind. These motivating exercise circuits offer the safest and easiest form of training for those aged over 50. They have, time and time again, proven their benefit to our homeowners, in those resorts where they've already been installed. Also, our indoor pools are a consistent 1.2m depth to best cater for those who like water-based

exercising such as water aerobics, while our newest full size eight rink lawn bowls greens are roofed to ensure comfortable use for all in any season or weather.

Our Country Club bars are fully equipped with all the essentials needed to host a good party and the cabinetry is designed to ensure useability and functionality to suit our specific demographic's needs. Our outdoor pools are partially covered whenever possible to provide ample shade for our homeowners whilst they swim. And our dance floors continue to grow in size with each resort, ensuring our homeowners have no excuse but to dance the night away! And let's not forget the tenpin bowling alleys - an activity for the young and old (read: young-at-heart!), providing entertainment for all visiting family members.

As we watch our new facilities take shape, I'm already champing at the bit to see the finished products given each have their own unique character. These buildings really are second to none. We continue to outdo ourselves again and again, which means even more exciting times are coming.

Suzanne Jensen,
General Manager, Development



PALM LAKE PEOPLE

ON SEPTEMBER 14, many of our locations supported RUOK Day. This national non-profit initiative reminds us all about the importance of looking after our mental health as well as our physical health. It's a concept important to our organisation given our workforce spans 30 Palm Lake Group addresses in three states, numbering in the thousands. That's on top of our extended 'family' of homeowners and residents which numbers more than 10,000 - it's a lot of people and it's also why we firmly believe in the importance of asking yourselves and those in your network, "Are you OK?". While official RUOK Day is one day in 365 days of the year, we really should be asking this question a lot more frequently. I challenge you to ask someone in your network how they're doing today - and most importantly, I challenge to you actively listen to their response. Asking the question is the starting point: Listening and taking the time to understand their response is the most important part.

On the subject of people, we were beyond delighted to see our first homeowners unpacking their belongings into those exquisite residences emerging at Palm Lake Resort Pelican Waters. What an absolute game changer this resort is for the Australian over-50s market. We are beyond proud.

With the festive season now on our doorstep, we hope you spend your summer enjoying all those special people in your lives, whoever they may be. And make sure to travel safely. Merry Christmas to all!

Amanda Clements
Executive Manager, People & Operations



BOWLS BRINGS US TOGETHER

When it comes to inter-resort bowls competitions, one resort has really shown its supremacy on the green.

FOR THE SECOND time in three competitions, Upper Coomera has walked away from the 2023 Palm Lake Resort bi-annual inter-resort bowls competition as the overall winning resort.

There were 150 bowlers in attendance this year from Palm Lake Resorts including Bargara, Cooroy-Noosa, Hervey Bay, Upper Coomera and Beachmere Bay. Players formed 50 teams of three for the three-day competition at Biloela Bowls Club. Another 40-odd homeowners joined in the fun as official spectators. In total, around 200 homeowners enjoyed Biloela's hospitality for social catch ups, fine food and lots of fun. The event was organised, for the third time running, by Palm Lake Resort Bargara homeowner Joy Williams.

While all of the top three competition placings went to Palm Lake Resort Hervey Bay teams, the winning resort title is based on the overall average points scored by each resort - and the Upper Coomera players proved too good for a second year.

"Hervey Bay cleaned up and should be congratulated for having such excellent players," Joy says. "But Upper Coomera's efforts were also rewarded with the perpetual trophy going back to their resort for a second time."

The official results are as follows:

First place: "The Legends" of Hervey Bay: David Wilson, Colin Goodall and Harold Self (52.0 points)

Second place: "Misere" of Hervey Bay: Tony Fergusson, Roy Kelly and Patrick O'Brien (49.0 points)

Third place: "The Bowling Stones" of Hervey Bay: Carol Elboz, Vaughan Munro and Noel Pidgeon (48.0 points).

Joy gave a special shout out to team "Tres Bandidos" from Palm Lake Resort Bargara (Denis Buckingham, Joan Bradford and Merv Bradford) who came in last spot but had a whale of a time doing it.

For those keeping score, the first of these major bi-annual competitions was run in 2019 at Kingaroy with the "Riverside Rebels" of Upper Coomera taking out the resort prize. In 2021, Dalby hosted a wonderful event and the winning team, named "JAM", was from Bargara with the winning resort that year a tie between Beachmere Bay and Bargara.



CRAFTING FOR GOOD

Many long-time crafters will know the joy their hobby brings. Now, a creative group at Beachmere Bay is taking that joy one step further.

FOR ONE OF the craft groups at Palm Lake Resort Beachmere Bay, there's pure joy in sewing and knitting. But when you mix some charitable organisations into the equation, the joy of craft becomes exponential.

Homeowner Rae Densley says a small and dedicated group of Beachmere Bay ladies has spent the majority of 2023 turning a wonderfully kind bulk donation of fleece fabric, and other wool, into 80 gorgeous handmade blankets. The epic donation has recently been presented to Zonta Caboolture for distribution to locals in need - everyone from the homeless, to those fleeing domestic violence. A portion of the blankets was also donated to a local police station that requested them for their 'soft room' - a place where children in domestic violence situations are cared for while their family members are speaking with officers.

"We have about 20 homeowners who belong to our craft group and there would be around 12 to 15 who get together weekly on Thursday afternoons to sew and knit together," Rae says. "Most of us have been sewers and/or knitters all our lives, but there are others who just come along to help out."

Rae says the resort craft room's four supplied sewing machines are always buzzing - the group also regularly produces cushions for breast cancer patients at the local hospital. To donate any spare fabric to this wonderful cause, simply FREECALL Beachmere Bay's Caretakers on 1800 338 382.

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Lifestyle HERE COMES THE SUN

'Tis the season for entertaining! A time when we eat, drink and be extra-merry. Bring on the summer holidays, especially when you've got a home and a community that thrives on people... and fun!



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Lifestyle

TABLE TALK

There's no mistaking, Palm Lake Resort homes are built for entertaining. No matter what you're setting your table for this summer, do it in style with these unconventional (and affordable) tips.

Before you bin it...

Believe it or not, the secrets to 'tablescaping' success can be found in your recycling bin. Peel the label off that empty jar and place a candle or some fairy lights inside and watch them glow after dark – this trick works particularly well en masse. Your old olive oil or wine bottles can become rustic vases (again, just peel off the labels), housing dainty Baby's Breath flowers or poppies in the centre of your table. Even your wine corks can hold place cards if you cut a small slit along the length of them - file down the other side if they're wobbling.

The place to be

Speaking of place settings, this is one small area that can make a big impact at your next gathering. For example, you could fold your napkins in a unique way – or, if you have fabric napkins, fold them lengthways and place them under the centre of the plate, draping over the edge of

the table. For cutlery, you could tie each set together with a piece of twine or ribbon (perhaps you could even add a sprig of foliage? More on that in a moment...). Placing a party favour on each plate is another way to make your get-together memorable, even if it's just a small treat or a sparkler to light later in the night.

Go organic

Another unlikely place to find table décor? Your backyard! Twigs and branches can offer a beautiful alternative to flowers, especially when placed upright in a decorative vase. Or, if you find a particularly large branch, lie it down along the middle of the table as a rustic centerpiece - just clean it off and dry it out first.

Sprigs of rosemary or olive tree leaves give life to vases and place settings, while fresh flowers – if you're lucky enough to have access to them – are the classic choice for a beautiful tablescape.

A little bit fruity

'Tis the season for fresh fruits, so why not make use of them in your festive table setting? Cut citrus fruits like orange, lemon, lime and grapefruit in half and arrange them on a bed of foliage as a cheap and cheerful centerpiece. Bonus: this also means dessert is sorted... Fresh fruit for everyone! Whole pears and bunches of grapes are an easy way to create a French feel, especially coupled with natural linens and vintage glassware.

No limit with linen

No tablecloths? No worries. Your bed linen can provide the foundation for your table setting when you're in a pinch. Even if you do have a table cloth, placing a plain coloured flat sheet underneath it can create a sophisticated layered look. You could also fold a patterned flat sheet into a table runner and lay it on top of a plain coloured table cloth (or a plain sheet on top of a printed table cloth... the possibilities are endless!). You could even fold pillowcases in half and use them as fabric placemats – experiment and see what you come up with.

Make a meal of it

Sometimes, depending on the event, an extravagant tablescape can just get in the way. For those occasions, make the food you're serving part of the decoration. Arrange everything down the centre of the table in your best bowls and serving platters. Fill jugs with bright drinks topped with fresh garnish (hello again, seasonal fruit!). If you have any on hand, use your most colourful glassware and dinnerware – if not, pick up some patterned paper serviettes to add a pop of colour. There is no such thing as too much colour in the summertime, as you'll set it all against a crisp white tablecloth. Easy.



Left: In The Roundhouse Byron Beach plate, \$29

Above: Kip & Co Toasted Marshmallow linen napkins, \$69 for four

Above: Ladelle Sunflower drinking glasses, \$44.65 for four

Lifestyle

DIY DÉCOR



In the spirit of upcycling things around your home for your tablescape, why not DIY your festive decorations as well?

IN THEIR BOOK 'Stars & Snowflakes', Jennie Lantz and Cecilia Möller Kirchsteiger share inspired paper crafts for the festive season and beyond. Here is just one of their easy ideas - cute Christmas trees made from an unlikely material... books!

Level of difficulty: Easy

Time needed: 30 minutes

You will need:

A book (choose one that is already falling apart or destroyed if you prefer)

Optional: star, glue stick, toothpick

Instructions:

1. Remove the covers from the book, leaving only the pages.
2. Divide the book into sections of 40 to 70 pages each. The number of pages will determine how dense the tree is.
3. Fold the top right corner of the first page down towards the spine of the book.
4. Then fold the diagonal edge just created down towards the spine of the book.
5. Fold up the flap sticking out below the book.
6. Unfold the page to hide the flap.
7. Refold the page the way it was folded in Step 4.
8. Turn the page and repeat Steps 3 to 7 for the remaining pages. When all the pages are folded, shape the book into a standing Christmas tree.
9. If you want a star on top of your book tree, cut out two paper stars and glue them together with a toothpick in between. Stick the star into the top of the book tree.

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Lamb chops scottadito

3 large rosemary sprigs
4 garlic cloves
1 bunch of mint
2 (8-rib) racks of lamb (910g)
½ cup plus 3 tablespoons extra-virgin olive oil, plus more as needed
Kosher salt and freshly ground black pepper
1 jar marinated artichokes (340g)
1 can butter or cannellini beans (440g)
3 tablespoons capers in brine, drained
6 oil-packed anchovy fillets
¼ cup red wine vinegar, plus more as needed

DO SOME PREP: Position a rack in the center of the oven. Preheat the oven to 375°F/190°C. Finely chop the leaves of 3 large rosemary sprigs (about 1 heaping tablespoon). Transfer to a small bowl and stir in 4 finely grated garlic cloves and a couple tablespoons olive oil. Cut racks of lamb in half, leaving you with 4 (4-rib) sections. Season all over with salt and freshly ground black pepper. Drain jar marinated artichokes and 1 (15.5-ounce) can butter beans, separately. Finely chop 3 tablespoons drained capers

SEAR AND ROAST THE RIBS: In a large cast-iron skillet, heat a glug of olive oil over high heat until you see signs of smoke. Add the lamb and sear, turning every 2 minutes or so, until golden brown all over, including the sides, 6 to 8 minutes total. Remove from the heat, scoot the racks to the side, and add the artichokes to the skillet. Lamb chops cook fairly quickly, so we wanna make sure that skillet is really hot in order to get great caramelization! Arrange the lamb racks on top of the artichokes and, using a pastry brush, brush all over with the garlic-rosemary oil (including the undersides!). Nestle the racks back on top of the artichokes, fat-side up. Transfer to the oven to roast until an instant-read thermometer registers 55°C at the chops' thickest points, 13 to 17 minutes. Transfer the lamb racks to a cutting board to rest. Return the skillet (artichokes and all) to the stovetop and set over medium-high heat. Add the chopped capers and 6 oil-packed anchovy fillets. Cook, stirring occasionally, until the capers are crisp and the anchovies have disintegrated, 3 to 4 minutes. Remove from the heat and stir the butter beans along with the remaining ½ cup olive oil and ¼ cup red wine vinegar. Taste and add more oil or vinegar as you see fit. Pick the leaves of 1 bunch of mint and finely chop. Stir into the chokes and beans. Taste and add more salt or vinegar if needed.

SERVE: Slice the racks into individual chops, cutting

between each bone. Spoon the bean mixture and its juices onto a serving platter and arrange the chops on top. Drizzle generously with more olive oil.

Crispy, crunchy brocc & grains

2 to 3 heads broccoli
1 Fresno chile or jalapeño
1 large shallot
1 bunch of mint, basil, or cilantro
55g smoked cheddar or other hard smoked cheese
Kosher salt and freshly ground black pepper
½ cup grains, such as farro, wheatberries, or barley
Extra-virgin olive oil
3 tablespoons white wine vinegar or champagne vinegar

DO SOME PREP & COOK THE FARRO: Set two oven racks in the lower third of the oven and preheat it to 450°F/230°C. Bring a medium pot of salted water to a boil. Add 2 big handfuls of grains (about ½ cup) and cook until tender but not mushy, 10 minutes (cook time may vary if using a different grain!). Drain and let cool to room temp.

CHAR THE BROCCOLI: Cut 1½ pounds broccoli into 2-inch pieces, separating the florets from the stems and discarding just the woodiest tough ends. Divide the broccoli between 2 large rimmed baking sheets, drizzle generously with olive oil, and season with salt and freshly ground black pepper. Place one baking sheet on the bottom of the oven, if it is available to you, and the other on the lowest rack. Roast, switching the baking sheets halfway through, until the bottoms are well charred, 18 to 24 minutes, depending on the heat of your oven.

MAKE THE DRESSING: Finely chop 1 Fresno chile, discarding the seeds. Thinly slice 1 large shallot. In a large bowl, whisk together 3 tablespoons white wine vinegar, a couple tablespoons of olive oil, and a pinch of salt. Add the Fresno and shallot.

CRISP THE FARRO: In a medium nonstick skillet, heat a few good glugs of olive oil (about 2 tablespoons) over medium heat. Add the drained and cooled grains and cook, undisturbed, until crisped and chewy on the bottom, 2 to 3 minutes. Give it a stir and continue to crisp for 1 to 2 minutes longer, until lightly golden and crisp but chewy. Season with salt and transfer to the bowl of dressing.

ASSEMBLE: Coarsely chop or crumble 2 ounces smoked cheddar cheese into bite-size pieces (you'll have about ½ cup). Add to the bowl, along with the leaves from 1 bunch of mint. Add the broccoli. Toss everything together, season with salt and pepper, and serve!

Bring back bruschetta

4 garlic cloves
340g Sungold or cherry tomatoes
1 small bunch of basil and/or chives
½ cup full-fat cottage cheese
Extra-virgin olive oil
Kosher salt
Any grape-based vinegar (red, white, balsamic, or sherry)
Sugar
Red pepper flakes
2 crusty, sturdy bread slices (1-inch thick)

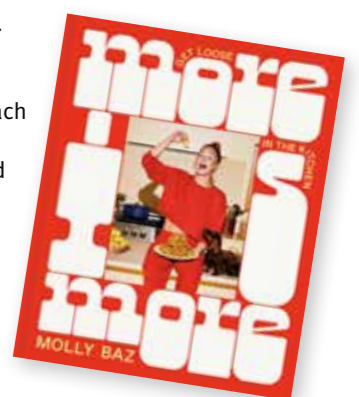
FRY THE GARLIC: Thinly slice 3 garlic cloves. Line a plate with paper towels. In a large nonstick skillet, combine the sliced garlic with several glugs of olive oil—the garlic should be swimming in a shallow pool of it—and set it over medium heat. Cook, stirring to separate the slices, until just lightly golden brown (watch closely, they burn very easily), 3 to 4 minutes. Transfer to the paper-towel-lined plate with a slotted spoon to drain. Season lightly with salt. Don't discard the oil in the skillet! We're gonna get into that shortly.

MARINATE THE TOMATOES: Cut tomatoes in half. Toss in a medium bowl with a splash of vinegar, a few big glugs of olive oil, a big pinch each of salt and sugar, and some red pepper flakes to taste. Taste and adjust the seasoning to your liking. Chop or tear 1 small bunch of basil and toss through the tomatoes.

FRY THE BREAD: Place bread slices in the garlic oil remaining in the skillet and set over medium heat. Cook until deeply golden brown and fried to a crisp on both sides, flipping once, about 6 minutes total. Transfer the toasts to a cutting board and rub all over with the remaining whole garlic clove—the craggy nature of the bread will act as an abrasive to grate the garlic. Season with salt.

ASSEMBLE: Cut each toast in half. Spoon some of the tomato juices over the toasts. Schmear a big spoonful of cottage cheese on each toast. Spoon the tomatoes over the top and garnish with the fried garlic and a drizzle of olive oil.

Images and recipes from
More is More by Molly Baz.
Murdoch Books RRP \$55



Lifestyle

MORE IS... MÖRE!

This summer, we're going bigger, bolder and brighter - especially in the kitchen. Molly Baz's new cookbook 'More is More' is dishing up endless inspiration.

TASTE THE RAINBOW

Why stick to one cocktail this summer when there's a whole rainbow of colours to choose from? Make your summer soiree pop with this liquid eye candy.



Red Sangria

Ingredients: ½ medium apple (skin on, chopped into small pieces); ½ medium orange (rind on, sliced into small pieces) plus more for garnish; 4 tablespoons brown sugar; ¾ cup orange juice (plus more to taste); ½ cup brandy (plus more to taste); 750ml dry Spanish red wine; 1 cup ice (to chill). **Method:** Add apples, oranges and sugar to a large pitcher and muddle well. Add orange juice and brandy, muddle again. Add red wine, stir, then taste and adjust as needed. Add ice and stir to chill. Serve as is, or with a bit more ice. Garnish with orange or lemon segments (optional).

Aperol Spritz

Ingredients: Ice; 50ml Aperol; 75ml Prosecco; soda water (optional, to top up). **Method:** Put a couple of cubes of ice into a glass and add 25ml of Aperol. Add 75ml of Prosecco and then top up with soda water (if you like).

Lemon Margarita

Ingredients: Ice; 3 tablespoons tequila; 2 tablespoons Cointreau; 1½ tablespoons fresh lemon juice; flaky sea salt (for the rim). **Method:** Run lemon wedge around the rim of a glass, then dip into a plate of salt. Place all other ingredients in a cocktail shaker and shake until cold. Strain margarita into the salt-rimmed glass. Fill with ice and serve.

Lime Mojito

Ingredients: 1 lime (juice of); 1 teaspoon granulated sugar; small handful mint leaves (plus an extra sprig to serve); 60ml white rum; soda water. **Method:** Muddle lime juice, sugar and mint leaves in a small jug, crushing the mint. Pour into a tall glass, add a handful of ice. Pour over the rum and stir. Top with soda water, garnish with mint to serve.

Blue Lagoon

Ingredients: Ice (cubed and crushed); 100ml Blue Curacao; 100ml vodka; 1 lemon (juiced); 1 orange (juiced); 1 lime (juiced); 8 maraschino cherries (and 1 tsp syrup); 200ml soda water. **Method:** Over ice, pour Curacao, vodka, fruit juices and cherry syrup. Stir until glass feels cold. Half-fill four glasses with crushed ice, then strain in the cocktail. Top with the soda water, gently stir, then garnish with maraschino cherries.

Lavender Martini

Ingredients: Ice; 120ml vodka; 30ml vanilla vodka; 30ml lavender syrup. **Method:** Combine all ingredients in a cocktail shaker. Shake well. Serve in two martini glasses rimmed with sugar and garnish with a sprig of lavender.

Lifestyle

GIFTS WITH HEART

It's easy to get caught up in the end-of-year chaos and wind up rushing out to buy your loved ones things they don't really need. A meaningful or sentimental gift from the heart, on the other hand? Now that's always a good idea...

Commission an artwork

Owning original artworks is a true luxury – it's even better when that artwork has been made just for you. Commissioning an artwork for a friend or family member, or perhaps even to celebrate a milestone of your own, is such a special gift. There are so many talented artists around (some may even live in your community) who can immortalise a special person, place or memory for you.

Make something yourself

They say it's the thought that counts when it comes to gift giving, and nothing is more thoughtful than something made by hand. Many Palm Lake Resorts have workshops and art or craft studios, so set some time aside to make something special for your loved ones. It doesn't have to be perfect – as long as it comes from the heart and the recipient knows you took some time to make them something special, they will love it regardless.

A cookbook of family recipes

This is the perfect gift to give to any of your relatives, no matter what generation they are. Think about the recipes you grew up eating or cooking with your family – they may have been midweek dinners, special desserts or favourite drinks. They may also be recipes you made with your children, or even your grandchildren. Write them all down (or type them up) and bind the pages together in a book. You could even make and photograph the recipes or draw the ingredients on each page as decoration. Again, it's the thought that counts!



Pictured: One of a kind, hand-turned vases and clocks (made by a husband and wife team at Tamborine, in Queensland's Scenic Rim). Priced from \$39. slowintentions.com.au

Buy from a local artisan

No matter what it is, owning a handmade item is infinitely more special than buying something that has been cheaply mass produced. For one thing, you know that not many others will have anything like it. You also have the chance to learn the story behind the item, and the person who made it – which adds its own value. But most importantly, you know that you're supporting someone who is pursuing their passions – as they say, when you buy from a small business, an actual person does a happy dance.

Pass on an old keepsake

Whether it's a family heirloom or a beloved item you purchased years ago, if you're ready to let it go, it will become all the more special when you give it to someone you love. It could be a sentimental book, a piece of jewellery or even an item of furniture. Whatever it is, consider freshening it up and passing it on to someone you know will cherish it just as much as you have. What makes these things special is when you write a card explaining what the keepsake means to you, recounting how you came to own it and the memories you've made with it.

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SUMMER EDITION 2023-24



*Pictured: Palm Lake Resort
Beachmere Bay.*

Lifestyle

MAKING HOLIDAY MEMORIES

Are you hosting your grandchildren over the festive season? You may need some ideas to keep them not only busy, but happy, too. From exploring your resort and its surrounds to fun activities at home, here are 10 ideas to make it a summer to remember.

1 Watch old movies

Your grandchildren are always going on and on about the movies and TV shows they love to watch. But have they seen the classics, or the movies you grew up watching? These summer holidays are the perfect opportunity to remedy that. Take advantage of one of the inevitable rainy days for a classic movie marathon (emphasis on 'classic') or even book out your resort's cinema – maybe your neighbours and their grandchildren will want to join in?

2 Cook together

Every family has their favourite recipes, but have you ever tried making yours with your grandchildren? Moments like these are what magical childhood memories are made of – and better yet, you'll all get to enjoy a delicious treat when it's ready. Try to think of the recipes you made with or for your children when they were growing up, or even the recipes your parents and grandparents made with you.

3 Play board games

Board games are a tried-and-true way to keep children entertained – and they're a lot of fun for grownups, too. Dust off classics like Monopoly, Battleships, chess or snakes and ladders, or have your grandchildren teach you some of their current favourites. And, if you run out or feel like getting creative, you can always use your own. All you'll need is some cardboard, coloured pens and a bit of imagination.

4 Complete a puzzle

Whether you're on a plush rug indoors or soaking up the sun outside, a jigsaw puzzle is a great way to keep your grandchildren both entertained and engaged (while stimulating their young minds, too). It also means you can take some time out to sit and chat with them, which certainly beats chasing them around all day. Win, win.

5 Build a cubby

Get out those spare blankets and sheets and replenish the peg supply – building a cubby house is one easy way to keep kids entertained for hours. All they'll need are some well-positioned chairs, a bit of floor space and a lot of creativity. Plus, once it's done, they'll have somewhere to chill out.

6 Make a family tree

If you're inspired to do something memorable with your visiting grandkids, get out any family photos you have and create a visual family tree. It's a fantastic way to show them where they've come from, and hard copy photo albums can be quite the engaging novelty in this digital day and age. Time well spent with your family's youngest generation.

7 Play pool games

There is so much fun to be had not only inside, but around your home at Palm Lake Resort. Take a trip to the pool and play some classic pool games like Marco Polo or Red Rover. Kids are like magnets on steel when it comes to water fun, and a few pool toys – whether they're noodles, diving toys, inflatables or balls – will go a long way.

8 Get crafty

Knitting and crochet are classic skills for creative grandparents to pass on to younger generations. Clichés? Sure, but they're still great ways for you to bond with the younger generations that you might not see all that often. Your grandies will take home a skill that makes them think of you every time they pick up a needle or a crochet hook – and some crafty keepsakes as well. If you're not into knitting, head to your resort craft room for a spot of drawing, painting or collaging.

9 Have fun in the garden

Having a green thumb may not be genetic, but it is certainly a skill that can be passed down through the generations. Spending time in the garden with your grandchildren will teach them important lessons, whether they're helping you water or weed your plants, building a worm farm with you or simply observing the bird and insect life your garden attracts.

10 Play outside

Children these days might have a lot more entertainment at their fingertips, but one thing that isn't likely to fade is the fun of backyard games (think 'capture the flag' or 'hide and seek'). Can you remember the games you played when you were their age? You never know, they may end up teaching them to their school friends. Plus, a healthy dose of vitamin D and fresh air never hurt anyone!



Palm Lake Care
**AROUND THE
GROUNDS**

Some 10,000 people call a Palm Lake Group address home including a vibrant community of Palm Lake Care residents who are living large!



Pictured above: Palm Lake Care CEO Dan Aitchison and COO Trish Heke were excited to join their friends at Palm Lake Care Mt Warren Park for their community's biggest annual event of the year: Gala Evening.

Pictured top left: Palm Lake Care Toowoomba celebrated its third birthday recently and who did the team invite along to the celebrations? Elvis, of course! He was a definite hit among his fans. **Pictured left:** Aged care never looked as good as it does at Palm Lake Care Caloundra and Toowoomba where residents enjoy formal dining opportunities with the management team.



Pictured above: There's no shortage of animal therapy opportunities across our care communities. Sometimes the animals come to us - like when these alpacas stopped by our Bargara community, or when the chick-hatching program at Bethania caused much excitement in recent months! And other times, we love to visit the animals - like when our Mt Warren Park residents enjoyed a day trip to a very hands-on camel farm!



Pictured top: Our newest location, Caloundra, welcomed its 100th resident in recent weeks, while Bargara is also in the 100 club for other reasons: Happy 101st birthday to Mavis, who was joined on her special day by our other Palm Lake Care Bargara centenarians, **above**.

Pictured bottom: Our Deception Bay residents are blessed to call a seaside suburb their home, while our Caloundra residents, **below**, also have a picturesque backyard.



PALM LAKE RESORT



Palm Lake Resort Pelican Waters

NOW SELLING! Our most coveted resort ever is under construction on the Sunshine Coast. Some residences will enjoy water frontage, some will have direct golf course access and some will feature both. This resort neighbours our Greg Norman-designed Pelican Waters Golf Course.

1800 490 626 40 Mahogany Drv, Pelican Waters QLD 4551



Palm Lake Resort Forster Lakes

NOW SELLING! Currently under construction, Palm Lake Resort Forster Lakes is situated right on the edge of Wallis Lake and takes its inspiration from the Florida coast. The best of the almost 300 homesites will enjoy coveted lakefront positions with marina berths also available.

1800 577 542 223 The Lakes Way, Forster NSW 2428



Palm Lake Resort Paynesville

NOW SELLING! Earthworks and civils are underway on this greenfield site, with close to 200 ultra-modern homes planned, along with all the most outstanding community facilities. The rich maritime history of this region will be captured in this project. For more information, stop by our new Customer Experience Centre at 120 Nicholson Street, Bairnsdale and speak to Jessie.



**1800 960 943
76 Ashley Street,
Paynesville VIC 3875**

Palm Lake Resort Yamba Cove

NOW SELLING! Yamba Cove offers a boutique Palm Lake Resort experience for this thriving coastal holiday town. While smaller in footprint compared to those Palm Lake Resorts that have come before it, this exclusive address will offer upmarket residences and the stellar Vantage Country Club. Sandy welcomes you to stop by our on-site Sales Information Centre to find out more.



**1800 960 946
2 Orion Drive,
Yamba NSW 2464**

BALLINA
1800 335 666
120 North Creek Road,
Ballina NSW 2478

BANORA POINT
1800 641 665
67 Winders Place,
Banora Point NSW 2486

BARGARA
1800 501 119
24 Rifle Range Road,
Bargara QLD 4670

BEACHMERE BAY
1800 338 382
194 Bishop Road,
Beachmere QLD 4510

BEACHMERE SANDS
1800 338 333
218 Bishop Road,
Beachmere QLD 4510

BETHANIA
1800 774 866
43 Goodooga Drive,
Bethania QLD 4205

CALOUNDRA CAY
1800 556 677
96 Village Way,
Little Mountain QLD 4551

CARINDALE
1800 770 057
2 Ford Court,
Carindale QLD 4152

COOROY-NOOSA
1800 885 851
19 Trading Post Road,
Cooroy QLD 4563

DECEPTION BAY
1800 725 652
1 Webster Road,
Deception Bay QLD 4508

EAGLEBY
1800 781 101
272 Fryar Road,
Eagleby QLD 4207

FERN BAY
1800 648 868
1117 Nelson Bay Road,
Fern Bay NSW 2295

HERVEY BAY
1800 455 307
25-67 Pialba-Burrum Heads Road,
Eli Waters QLD 4655

MT WARREN PARK
1800 282 314
1 Mt Warren Boulevard,
Mt Warren Park QLD 4207

PHILLIP ISLAND
1800 066 482
48-80 Settlement Road,
Cowes VIC 3922

TEA GARDENS
1800 756 740
50 Spinifex Avenue,
Tea Gardens NSW 2324

TOOWOOMBA
1800 280 129
97-161 Hogg Street,
Cranley QLD 4350

TRUGANINA
1800 686 096
7 Taronga Road,
Truganina VIC 3029

TWEED RIVER
1800 881 041
2 Barneys Point Road,
Banora Point NSW 2486

UPPER COOMERA
1800 757 457
40 Riverbrooke Drive,
Upper Coomera QLD 4209

WATERFORD
1800 028 428
29-71 High Road,
Waterford QLD 4133

WILLOW LODGE
1800 974 981
2 Willow Road,
Bangholme VIC 3175

YAMBA
1800 084 119
1 Orion Drive,
Yamba NSW 2464



PALM LAKE CARE

Palm Lake Care Bargara

Palm Lake Care Bargara was built alongside one of our largest Palm Lake Resort locations (one that is still expanding!) therefore families in the Bargara/ Bundaberg area enjoy a convenient care structure to support every member's differing health needs. An onsite hair salon, movie theatre, sporting and leisure facilities and more provide residents here with all they need to thrive.

1800 501 119
55 Wearing Road,
Bargara QLD 4670

Palm Lake Care Beachmere

Palm Lake Care Beachmere's exquisite Hamptons styling was the perfect option for this most impressive absolute waterfront location. With sand between their toes, sun on their skin and salt air in their lungs, residents here are lucky to call Moreton Bay their nextdoor neighbour. Our coveted luxury waterfront suites are the cherries on top.

1800 338 382
145 Bishop Road,
Beachmere QLD 4510

Palm Lake Care Bethania

With relaxing lakeside views from many vantage points around this community and loads of birdlife, Palm Lake Care Bethania's residents also benefit from a wonderful team of lifestyle facilitators and care providers. In fact, every one of the team is committed to ensuring our residents live their best life.

07 3086 3000
1 Goodooga Drive,
Bethania QLD 4207

Palm Lake Care Caloundra

NOW OPEN! Situated conveniently alongside Palm Lake Resort Caloundra Cay, this new luxury aged caring community was recently named best Aged Care Facility at the Sunshine Coast Master Builders Association's 2023 Housing and Construction Awards. Just like its adjacent over-50s resort, this impressive community has been styled with a Caribbean feel, to ensure residents here enjoy a holiday-everyday lifestyle.

1800 24 66 77
96 Village Way,
Little Mountain QLD 4551

Palm Lake Care Deception Bay

Palm Lake Care Deception Bay holds the coveted title of being the very first aged caring community in the Palm Lake Group. This location has recently undergone a renovation, with a vibrant new cafe added and other administrative and community facilities upgraded. Palm Lake Care's 'Caregiver of the Year' award recipient calls this address her workplace. She and others here have each clocked up an impressive decade (or more) of dedicated service with us.

1800 725 652
42-46 Bay Avenue,
Deception Bay QLD 4508

Palm Lake Care Mt Warren Park

Palm Lake Care Mt Warren Park is a two-storey beauty, home to one of the most active and engaged communities of them all. Residents here are making a difference by organising wonderful fundraisers and are staying connected to their local communities through excursions and other visits. Mt Warren Park was named "Community of the Year" at the most recent Palm Lake Care annual awards evening.

1800 282 314
33 Mt Warren Boulevard,
Mt Warren Park QLD 4207

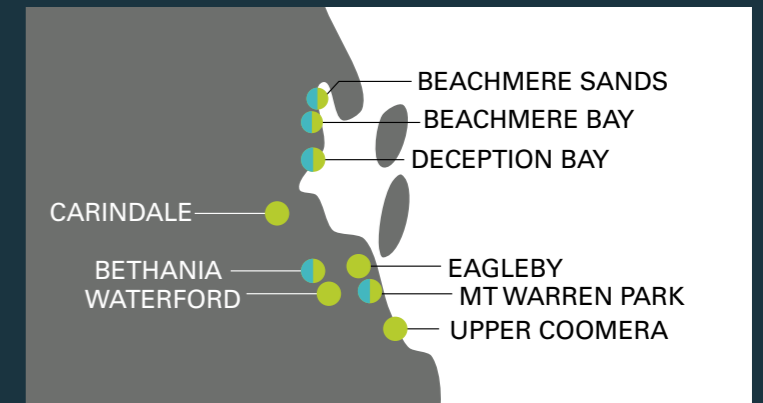
Palm Lake Care Toowoomba

Palm Lake Care Toowoomba offers a breathtakingly stunning building with luxury design cues taken from its semi-rural location atop the Great Dividing Range. Independent construction industry judges from the Master Builders Association were so impressed, they awarded Palm Lake Care Toowoomba 'Best Community Accommodation' in 2021.

1800 280 129
97-161 Hogg Street,
Toowoomba QLD 4305



- PALM LAKE RESORT
- PALM LAKE CARE
- NEW HOMES NOW SELLING



FIND US ALL HERE





PALM LAKE
RESORT

PELICAN — WATERS

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THE BEST IN OVER-50s LIVING
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