

The Mariner



February - March 2026



It's all in the detail

Our homes feature bathrooms that provide a calm, welcoming oasis, with thanks to the attention to detail

Around the grounds

Check out who's new in the neighbourhood and what our homeowners have been up to

Street appeal

Our Talbot home design is a big, bright, breezy beauty. Walk through Talbot, inside...



Welcome

Hello everyone - It's that time again. Welcome to our latest edition of *The Mariner* newsletter, bringing you all the news out of Palm Lake Resort Paynesville.

Time passes us by so quickly which is all the more reason to call in and see us in the Sales Information Centre sometime soon. If you have been before, it's time for a refresh. Don't think about it - we are so happy to see you a second time around. Construction continues to progress across our masterplan and you will look at everything again in a different light on your second visit. What you thought you saw the first time will be different the second time. Give us a call to book your private inspection or just call in. We are open seven days a week.

Welcome to our newest homeowners, some of whom are pictured on Page 9. It's time for you to explore and experience your new surroundings. We encourage you not to leave any stone unturned - once you've checked out the resort grounds, head to our Weekly Activities list and make sure to have a go at everything on offer here. There's wonderful convenience in having such great activities available to you here, right on your doorstep. As I say to all of my clients, if you don't bowl when you arrive, you definitely will by the time you leave... that's if you ever leave!

And, of course, once you've explored and experienced all there is within our Palm Lake Resort Paynesville grounds, you have the incredible greater East Gippsland area - both land and sea - to also get to know more intimately. There's really so much to offer when you call our address home.

Stay safe and well. And don't forget to come and take a second look around.

**Sandy, Jess and Dylan,
Palm Lake Resort Paynesville Sales Team**

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Contact us

Looking for more information about Palm Lake Resort Paynesville? Contact our on-site Sales Information Centre for your private tour of our resort and display homes, as well as all other enquiries.

**Display homes open
7 days a week, 9am-4pm:**

78 Ashley Street,
Paynesville VIC 3880

PHONE: 1800 960 943

Email:
salespaynesville@pallmlake.com.au

Online: pallmlakeresort.com.au

Get social with us:

Follow us on Facebook (@pallmlakeresort) and on Instagram (@palm.lake.resort)



News briefs

Experienced Palm Lake Resort Paynesville? Leave us a review!

Have you stopped by Palm Lake Resort Paynesville, spoken to our team and experienced our Sales Information Centre? Maybe that visit turned out to be your exciting first step towards a wonderful new Palm Lake Resort lifestyle? Either way, we'd love to hear from you! If you scan the QR code above with your smartphone's camera and click on the link that pops up, you'll be able to leave us a Google review and help other over-50s, like you, better understand the award-winning Palm Lake Resort experience.



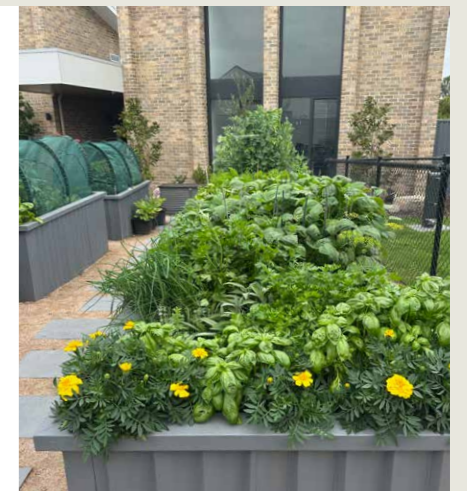
OUR SALES INFORMATION CENTRE IS OPEN 7 DAYS, 9AM - 4PM

Waiting for you

Playing pickleball is a great way to hone your hand-eye coordination, while staying active and (importantly) staying social. So grab a likeminded neighbour - our new pickleball courts are ready and waiting for you!

Green thumbs abound

Check out our Palm Lake Resort Paynesville community veggie garden. After only a few short months since the garden beds' completion, they are already flourishing into life with thanks to the homeowner volunteers (with the greenest green thumbs!) who tend to the crops. Well done!



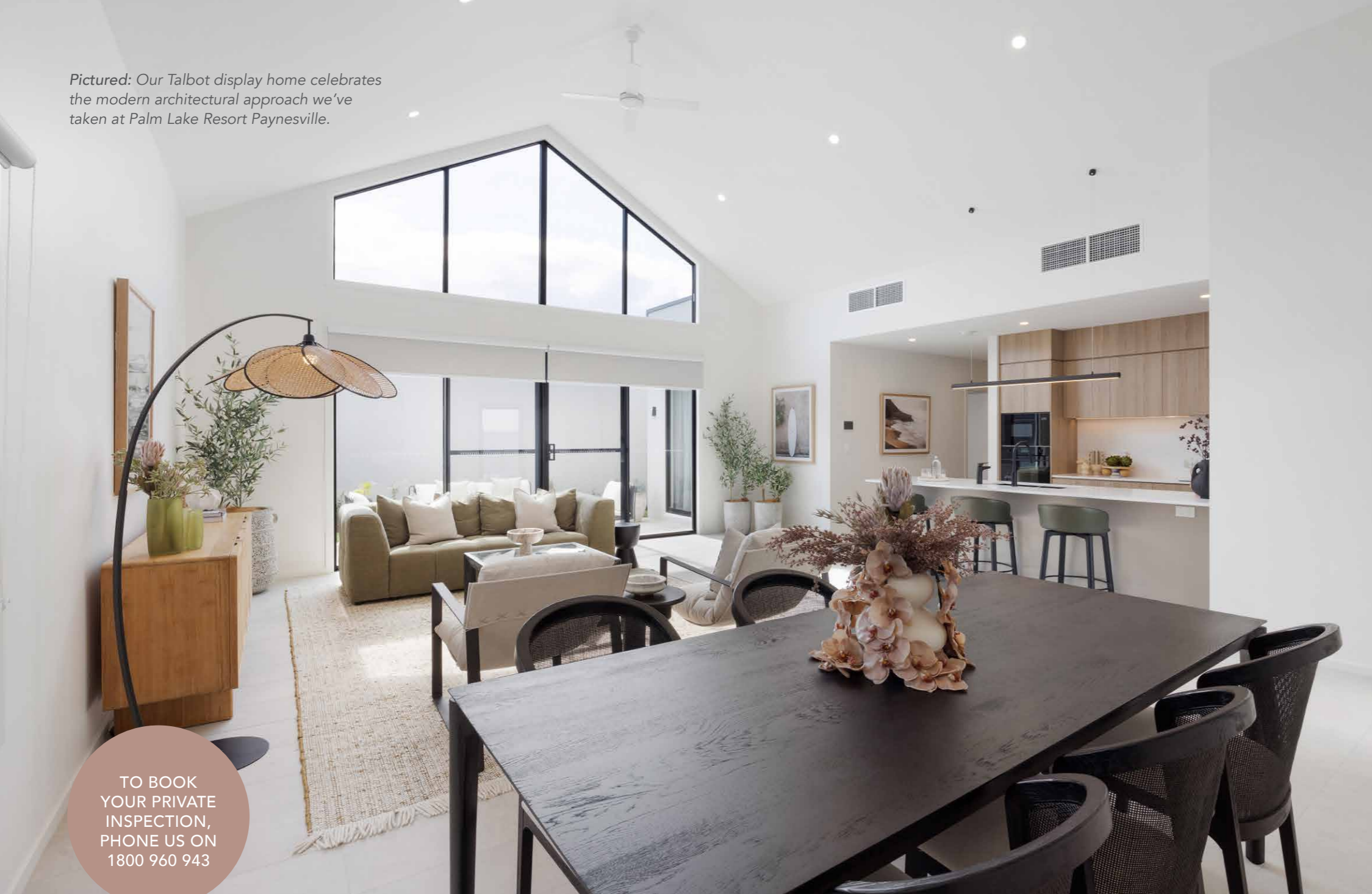
Why not come and stay awhile?

There's no better way to understand the Palm Lake Resort Paynesville masterplan, take in our site and explore our local surroundings better than by doing it in person. If you are travelling from out of town to tour our resort, we'd love to offer you a complimentary night's accommodation. Contact our Sales Team on 1800 960 943 to book your private inspection. We look forward to hosting you here at Palm Lake Resort Paynesville!

Get social, with us






Are you on social media? Make sure you follow our company's various social profiles to see what's happening right across our dozens of locations. Palm Lake Resort is on Facebook (@pallmlakeresort) and also over on Instagram (@palm.lake.resort). We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palm.lake.care). With 12,000 people calling a Palm Lake Group address home, there's always loads going on!

Pictured: Our Talbot display home celebrates the modern architectural approach we've taken at Palm Lake Resort Paynesville.



TO BOOK
YOUR PRIVATE
INSPECTION,
PHONE US ON
1800 960 943



 Beds 3
 Bath 2
 Living 1
 Outdoor living
 Garage 2

Street appeal

THE TALBOT HOME DESIGN AT PALM LAKE RESORT PAYNESVILLE OFFERS A DISTINCTIVE LAYOUT THAT SETS IT APART FROM TRADITIONAL HOME DESIGNS. AND IT ALL STARTS AT THE STREET...

With its longest side facing the street, the Talbot presents a unique and expansive facade, creating a commanding street presence. This design choice not only enhances street appeal but also allows for a more spacious-feeling, light-filled interior catering to those over-50s homeowners seeking both style and functionality.

Upon entering the Talbot, you're immediately welcomed into a thoughtfully arranged living space that prioritises openness and natural light through a super-high peaked ceiling and a glorious glass feature wall to the outdoor living area. This expansive living area seamlessly connects the dining and kitchen zones.

The galley-style kitchen is equipped with modern appliances and ample storage, and the whole living area is cleverly and conveniently extended via the adjacent outdoor living space, making this home's main living area ideal for entertaining guests.

The master suite provides privacy and tranquillity. It features a spacious bedroom, a generous walk-through robe and a luxurious ensuite with a twin-basin vanity. This is not your standard master bedroom – in combination with the robe and ensuite, it's a retreat offering ultimate comfort and luxurious convenience. Glass sliding doors connect the master to the alfresco area, allowing for seamless indoor-outdoor living and a private sanctuary for relaxation.

Bedrooms two and three each offer ample space and built-in storage. These rooms are versatile, suitable for accommodating guests, setting up a home office or pursuing those hobbies that make the over-50s years the best.

Beyond the distinctive orientation of this layout, another notable feature of the Talbot design is the expansive outdoor living area, measuring 6.95m x 3.1m. Accessible from both the living area and the master suite, this

space is perfect for alfresco dining, a revitalising brew or simply enjoying the fresh air. The integration of indoor and outdoor spaces enhances this home's liveability and supports an active, healthy lifestyle.

Designed with the over-50s demographic in mind, the 219.57m² (23.64 squares) Talbot design combines style, functionality and low-maintenance living. Features such as a double garage with internal access, a spacious laundry and thoughtful storage solutions throughout the home contribute to its practicality. The unique layout, coupled with high-quality finishes and attention to detail, makes the Talbot an ideal choice for those seeking a comfortable and stylish home in Palm Lake Resort Paynesville's vibrant community. Inspect our display homes for yourself. Our Sales Information Centre is open seven days a week.

Turn over to explore the many features of Talbot's bathroom >>

Warm welcome

A heated vertical towel rail and heat lamps keep things in here toasty warm

Let the water flow

Twin shower head offers an overhead rainwater option

Modern edge

Square set cornice and floor-to-ceiling tiles give our bathrooms a modern edge

Statement taps

High quality designer black tapware makes a bold and memorable statement

Slick lighting

LED strip lighting in the shower niche is an elegant, designer touch

Designer touches

The tile insert floor waste and frameless shower screen exude luxury

Floating on air

Our wall-mounted vanity with stone benchtop presents clean, uncluttered lines

It's all in the details

PALM LAKE RESORT PAYNESVILLE BATHROOMS ARE AS STYLISH AS THEY ARE PACKED FULL OF FEATURES, INCLUDING THIS ONE, OUR POPULAR 'TALBOT' FLOORPLAN. MODERN DESIGN MEETS MODERN FITTINGS AND FINISHES. PERFECTION.



The wonder of water

WITH SUMMER IN FULL SWING, THE ACTIVITIES MAKING A BIG SPLASH ARE ONES THAT CAN BE DONE IN THE WATER. WE SPOKE TO PALM LAKE RESORT PERSONAL TRAINER DI CLAPP ABOUT THE BENEFITS OF WATER-BASED FITNESS.

There's no need to get a sweat up to stay fit during summer. Thanks to the many kinds of exercise that can be done in the water, it's never been easier to cool down and tone up at the same time. Once upon a time, those looking to exercise in the water were limited to swimming laps. Now, with the advent of fitness styles like H2O Pilates and Tai Chi Hydro – not to mention classic aqua aerobics – there is a variety of water-based fitness for everyone.

"Water-based fitness is beloved for its health benefits, and not just by seniors," says Di, who has been teaching water classes for more than 30 years. "There are so many styles of water-based fitness available nowadays, and they all serve different – though equally beneficial – purposes."

Aqua aerobics is a favourite for Palm Lake Resort homeowners, and for good reason. Ideal for those who have issues with weight-bearing exercises, aqua aerobics helps you increase muscle strength without straining and risking injury.

"Aqua aerobics – along with many other styles of water-based fitness – removes the force of gravity," explains Di. "When you combine that with the buoyancy provided by the water, you feel much lighter and nimbler."

Forms of exercise that may present complications on land can be made more accessible when performed in the water. Di explains that H2O Pilates, for example, is less cardiovascular-based than traditional Pilates, allowing you to better focus on posture, flexibility and a deep core connection. Aqua aerobics, on the other hand, offers a cardiovascular workout while also encouraging core engagement, muscle strength and flexibility.

"One great benefit of working out in the water is that it keeps you cooler, so there is less risk of overheating," says Di. "Water also allows for more adaptability in terms of the intensity of your workout. It is very easy to maximise the force of the water resistance to suit your strength, thus tailoring your workout."

Exercising in a vertical position offers additional benefits, particularly for those with limited neck and shoulder mobility. Keeping your head above the water also allows for greater social interaction and engagement with the music being played, which Di says is one big reason people keep coming back time and time again.

"To the untrained eye, water-based training can look like it doesn't take much effort," says Di.

"But there are so many benefits to working with water, and when you do it right, you will definitely feel them."



Tony & Jayne (with Oushie)



Ian & Lillian

MAKE SURE YOU STOP AND SAY HI TO ALL THESE NEW FACES!



Richard & Joy



Jayne & Rod

Welcome, neighbours

MORE AND MORE SHINY NEW HOMES ARE POPPING UP RIGHT ACROSS PALM LAKE RESORT PAYNESVILLE ALL THE TIME. CHECK OUT ALL THESE BIG DOOR BOWS AND HAPPY FACES! WE WELCOME YOU ALL TO OUR VIBRANT COMMUNITY.



OUR RESORT'S
OFF-LEASH DOG
PARK IS NOW
OPEN!

DACHSHUND

Dachshunds are energetic, loveable and loyal, promising to be the perfect companion for any retiree. Their medium-level exercise needs mean they prefer homes with a small backyard, but also enjoy daily walks and space to run outside the confines of your home. They are highly playful and likely to bark but are certainly trainable, showing intelligence and energy. You just need to consider that although their coats are short, they can still shed.

CAVALIER KING CHARLES SPANIEL

Small and sophisticated, don't let the Cavalier King Charles Spaniel's petit size fool you – this regal breed is tough to beat. With an even temperament and gentle disposition, the Cavalier will often adapt easily to its owner's lifestyle; they can be active and inactive in equal measure. Bred to be a beloved lap dog, they are also descendants of sporting breeds and will enjoy moderate exercise and outdoor activities. You'll find a Cavalier enjoys an afternoon walk just as much as an evening on the lounge.

YORKSHIRE TERRIER

The Yorkshire Terrier, affectionately known as a 'Yorkie,' is small and quiet, making them the perfect housemate. Their friendly nature means they don't mind company and are typically relaxed around other pets and people, making them perfect for social owners who would enjoy spending time at the dog park. While they have a lot of energy, it can be well spent in a small backyard – though they will never say no to an afternoon stroll. Bonus: they look like puppies for most of their life, making them perfect for owners who never want their fur babies to grow up.

BOSTON TERRIER

Commonly confused with a French Bulldog, the Boston Terrier boasts tall, upright ears and a flat face, with black and white markings sometimes referred to as a 'tuxedo jacket'. Originating from, you guessed it, Boston, the Boston Terrier requires active exercise (throwing a ball or a toy, or agility training) and can become frustrated when left alone for long periods of time. Considering adopting your very own? Be warned: their big, round eyes will surely win you over, promising love at first sight.

MALTESE

Small but mighty, don't be fooled by the Maltese's prim and proper appearance – behind the white, fluffy exterior is a dog you're sure to love. Their small stature makes them ideal for small backyards, while their soft coat is unlikely to shed, making them a great choice for indoor living. Their coat is even considered hypoallergenic, meaning they will fit seamlessly into almost any family. Your Maltese will love running around in your Palm Lake Resort backyard but will also never say no to a walk or a trip to the resort's off-leash dog park.

Small yard, big furry love

OVER-50s DON'T TYPICALLY MOVE TO PALM LAKE RESORT WITH CHILDREN IN TOW, BUT FUR KIDS ARE A WHOLE OTHER STORY. IF YOU'RE CONSIDERING GROWING YOUR FAMILY – ESPECIALLY NOW THAT OUR RESORT'S OFF-LEASH PARK IS OPEN FOR PLAY – TRY THESE SMALL-YARD BREEDS ON FOR SIZE.

If there's one type of homeowner we love here at Palm Lake Resort it's the furry four-legged variety. When the actual kids grow large enough to fly the coop, pets can fill in a big void left by the children's departure. The joy of owning a pet isn't new to most Australians - we have one of the highest rates of pet ownership in the world.

Here at Palm Lake Resort, we've built our homes and resorts to be pet friendly because we know just how important pets are for the majority of our over-50s homeowners, too. We find that resort neighbours tend to catch up while out on regular walks with their pooches, providing dog owners with that all-important incidental exercise (the fresh air and vitamin D are simply cherries on top). Our resorts are pet friendly, because we know just how important pets are to you!

Now that our Palm Lake Resort Paynesville dog off-leash park is open, maybe it's time to consider a new family member? Here are some breeds built for Palm Lake life:

Caretakers' note

ANOTHER NEWSLETTER EDITION, ANOTHER COUPLE OF MONTHS OF WONDERFUL FUN AND ACTIVITY HERE AT PALM LAKE RESORT PAYNESVILLE!

As our homeowner community grows, so too does our regular activity offering here at the resort. Already we're seeing new friendships blossom as likeminded neighbours join forces for social fun. For example, take the growing group of homeowners who meet weekly for social Rummykub games on Thursdays at 2pm. They are enjoying each other's company as much as they are enjoying laying down game tiles in a strategic way! We also saw a group of homeowners get into their activewear to meet local Zumba instructor, Nicole, for a demonstration class. From all reports, they thoroughly enjoyed moving their bodies in this fun way, for fitness. Trivia night has also been a huge success, now running monthly, by popular demand, in our Latitude Country Club. There are door prizes and quiz cash prizes - it's only smartphones and watches that aren't invited!

Our community is also thriving with thanks to the homeowner volunteers who are coming forward to assist where necessary. We've just inducted two more drivers to help keep the resort bus's wheels turning. Thank you Tim and Mick (pictured top, right). We are also seeing more homeowner volunteers completing their RSAs so they can serve drinks from behind our resort bar at Happy Hour - like Lilian (pictured middle, right), Ian, Jayne and Jenny B.

Our homeowners also continue to get together for those big one-off social events on the calendar, all led by our volunteers. For example, homeowners just marked an amazing Australia Day, getting together for a bite to eat, then fun games like thong throwing, egg and spoon races and of course a game of cricket, using a bin as the wicket! They're also currently planning a St Patrick's Day celebration in our Latitude Country Club. We've heard they will be serving Irish-themed drinks at the Bar and traditional beef and Guinness pie with colcannon (Irish mashed potatoes). There are also bus trips planned to Opera by the Lake near Lakes Entrance, and the Bairnsdale Cup horse races to name a few.

It's all happening here. Come and get involved!



JO AND TROY,
CARETAKERS



Better, together

Surrounded by idyllic lakes and undisputed natural beauty, a wonderful water-world awaits you at Palm Lake Resort Paynesville. The perfect community to come home to, boasting world-class facilities that Palm Lake Resort is renowned for. Homeowners are now enjoying their multi-million dollar Latitude Country Club with its eight-rink undercover bowling green, tenpin bowling alley, movie theatre, heated indoor pool and spa, and much more. This is a place where friendships abound. This is your time.



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78 Ashley Street, Paynesville VIC 3880

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
pallakeresort.com.au

