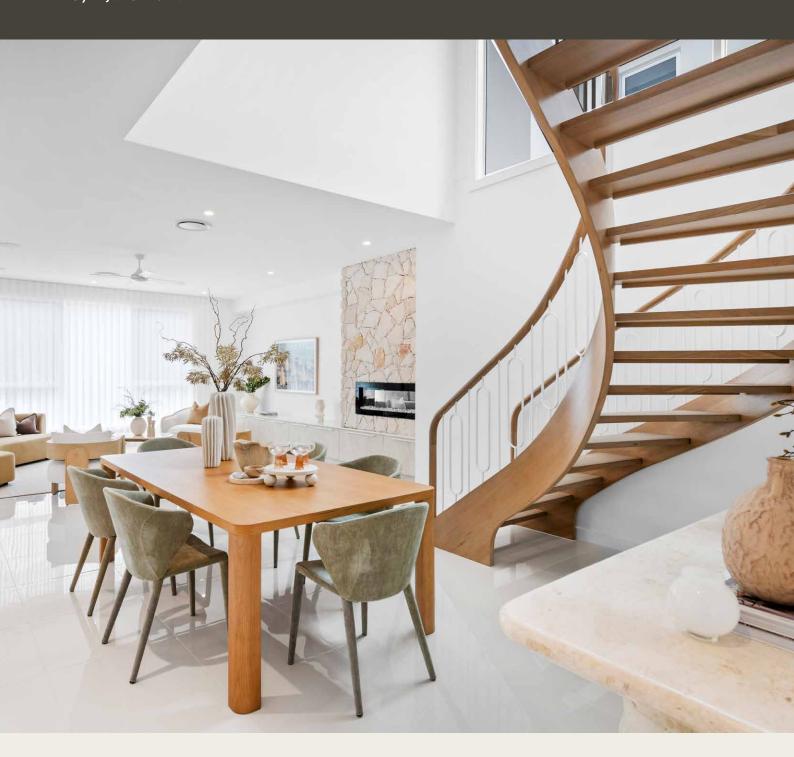
# OASIS



PELICAN ---- WATERS

May - June 2025



## THE COUNTDOWN IS ON!

We're only weeks away from the official grand opening of The Springs Country Club and we can't wait!

#### CARDÓN, NOW OPEN

Have you experienced Pelican Waters Golf Club's new restaurant? Cardón is now open for your dining pleasure.

### ZAFIRO IS A COMMANDING BEAUTY

If you're looking for a prestigious residence in a commanding location, our Zafiros are just the ticket



\* Welcome

Hello again! We are very excited to have welcomed more new homeowners into our community in the last month, who are now enjoying their new lifestyle and making new friends and memories. The Sales Team is also very excited about the unveiling of The Springs Country Club. The grand opening of this spectacular building is scheduled for July 16, from 10am-3pm. This event will be something you don't want to miss. If we have your email address on file you will be sent an invitation by our Marketing team soon, so please RSVP when you receive that email. If you're not on our list yet, but are interested in what Palm Lake Resort Pelican Waters has to offer, make sure to Freecall our Sales Information Centre on 1800 490 626.

Palm Lake Resort Pelican Waters has placed a special emphasis on creating the most opulent and considered over 50's lifestyle community here in Australia. This first-class resort is the premiere of a new standard of over 50's living. It's not just a community of residences but an elite destination. Right from the beginning of our planning for this project, it was always going to be a stand out. Homeowners will enjoy a life that is quite literally second to none. Palm Lake Resort homes really are something else. They offer unexpected architectural lines, contrasting textures, muted tones and visually striking facades. These residences honour the sophistication and class that the the resort's muse, the idyllic iternational holiday hot spot Palm Springs, does so well. Here's where we're at with construction and sales:

Stage 1: Sold out.

**Stage 2:** We have a few fabulous double-storey residences available in our exclusive enclave. Designs include Ceres, Zariro and Montebello. These homes have fabulous east-facing golf/waterway views or amazing lake views

**Stage 3:** In this current stage, we have single-level residences available including Mesquite and Tusin designs which are so close to The Springs Country Club. Take a short stroll down the boulevard and you will arrive at the front door of this amazing building.

Please contact us to book your private inspection and tour our amazing display residences, the Mirador Wellness Centre and enjoy a beverage or bite to eat at Cardón

Dawn, Stacey, Jules, Shirley and Anna Palm Lake Resort Pelican Waters Sales Team

# Contact us

Looking for more information about Palm Lake Resort Pelican Waters? Inspections are by appointment only. To book a private inspection, contact us on 1800 490 626.

Street address: 40 Mahogany Drive, Pelican Waters QLD 4551

Sales Information Centre openina hours:

9am to 4.30pm, seven days a week

Email:

salespelicanwaters@palmlake.com.au

Online: palmlakeresort.com.au

Get social:

Follow us on our social media platforms including
Facebook (@palmlakeresort) and Instagram (@palm.lake.resort)



# \* News



#### Get social with us

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palmlakeresort) and also on Instagram (@palm.lake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@ palm.lake.care). With more than 10.000 people calling a Palm Lake address home, there's always loads going on!

### Have you sampled the Cardón menu?

Have you stopped by restaurant Cardón at Pelican Waters Golf Club yet? It's open for breakfast and lunch, from 7.30am-3pm. The team is continually curating the menu to bring delightful modern Australian cuisine to your doorstep. To experience Cardón, simply book your table via Open Table or head to the Cardón website online at cardon.com.au

## Updated golf course hours

Please note some changes to the Pelican Waters Golf Course operating hours, until further notice:

#### Mondays and Tuesdays:

Reserved exclusively for Palm Lake Resort Pelican Waters homeowners.

#### Wednesday to Sunday:

7am to 4pm: Open to Associated Players and the general public.



#### Welcome!

For those who haven't met them yet, Noel and Dianne are the newest members of our Palm Lake Resort Pelican Waters community. We know everyone will already be making them welcome and we hope they are loving their new lifestyle here with us!



#### Come, stay and play

There's no better way to understand the Palm Lake Resort Pelican Waters masterplan, take in our site and explore our local Sunshine Coast surroundings better than by doing it in person. If you are traveling from out of town to tour our resort, we'd love to offer you a complimentary night's accommodation as well as a complimentary game of golf on our very own Greg Norman-design golf course. Contact our Sales Team on 1800 490 626 for more.



They're perfectly situated in a prestige enclave right between the resort lake and the neighbouring Greg Norman-design Pelican Waters Golf Course. Homeowners have their choice of relaxed, glistening water views to the home's rear or manicured gardens, greens and fairways from Zafiro's front vantage points.

At 399.73m<sup>2</sup>, Zafiro's impressive size matches the wow factor of this Palm Springs-inspired residence's many premium inclusions. And if there's one defining feature, it's that Zafiro has curves in all the right places.

Zafiro's façade offers a considered blend of rendered Hebel, Knotwood timber-look metal cladding and dry stacked natural stone cladding. A stylish curve in this façade greets visitors first and gently guides them into the welcoming porch and entrance. Flowing down the entrance hall, the first major architectural feature you'll come across inside this residence is the sculptural curved timber staircase. Your eye is instantly drawn up the graceful lines of this impressive staircase. This stairwell is bathed in inviting natural light and while in other homes you expect stairs to simply be functional, here in the Zafiro they are more so a sculptural masterstroke. But there's also a chic internal lift, for your choice of convenience when it comes to accessing the upper level.

The central kitchen/dining/living area is open-plan in nature with architectural features that strategically define the zones. The crisp clean lines of the galley-style kitchen hide an impressive butler's pantry. This huge, hidden workhorse makes kitchen preparation tasks a breeze. And this clever kitchen also offers all the high-end features you'd expect such as SMEG Dolce Stil Novo appliances, an integrated refrigerator and a 5-in-1 Billi Tap that was custom-designed and manufactured specifically for Palm Lake Resort Pelican Waters residences. A stylish curve in the kitchen bench and the elegant curved pendant lights above it hark back to the façade curve and, of course, that staircase.

All three of Zafiro's bedrooms are located upstairs to capitalise on the commanding variety of views available on this level. The generous master suite unashamedly occupies half the upper level with its impressive 6.1m x 6.2m bedroom adjoining an additional retreat area, a full-size bathroom ensuite, spacious walk-in robe and a breezy private balcony overlooking the lake. A two-car garage and dedicated additional space for your complimentary Club Car golf complete the floorplan.

And finally, this residence is as 'smart' as it is eye catching. A 5kW solar system meets a convenient home automation system, integrating AV, lighting and security while being linked to the Palm Lake Resort portal. Smart-controlled fully ducted reverse cycle air-con and energy efficient LED downlights add to the mix.

To check out our Zafiro display, the resort grounds, Mirador Wellness Centre and more, freecall 1800 490 626 to book your private inspection.













# \* The wait is over!

AUSTRALIA'S LARGEST AND MOST EXCLUSIVE COUNTRY CLUB IS SET TO BE UNVEILED ON JULY 16 - A \$50 MILLION DREAM COME TRUE FOR THE ELLIOTT FAMILY AND THOSE SAVVY OVER-50s WHO CALL (AND WILL SOON CALL) OUR SIX-STAR GATED COMMUNITY HOME.

The Springs Country Club is the undisputed jewel in the crown for Palm Lake Resort Pelican Waters. Ours is an unparalleled industry-award-winning lifestyle resort that has redefined luxury and the landscape of over-50s communities in this country, while drawing interest from all corners of the world.

Palm Lake Group's flagship resort has been the realisation of a dream for our owners on the eve of their 50th anniversary in business. The Palm Lake Group, owned and operated by the Elliott family, has a portfolio of 27 over-50s lifestyle community resorts and seven aged caring communities stretching Australia's east coast, with three additional new communities underway. More than 10,000 people call a Palm Lake Group address home.

At an impressive 11,200m<sup>2</sup>, The Springs Country Club is segmented into five distinct precincts, each meticulously planned and crafted to cater to the ultimate wellness, sporting pursuits and social engagement of resort homeowners.

#### Mirador

As you know, The Springs Country Club's first precinct, Mirador, opened in recent months, giving us all a glimpse of what's to come when the greater country club is unveiled in full in July. Mirador Wellness Centre can only be described as a lakeside sanctuary dedicated to health and wellbeing. It features new-age wellness spaces for practises including yoga, reformer Pilates, sound healing and meditation. Our indoor heated magnesium pool and premium Milon fitness equipment make a workout less like work, with his-and-hers steam rooms, Vichy showers and personal locker rooms completing the picture.

#### Eldorado

Eldorado will be our resort's sporting precinct, where those more active and competitive homeowners can find their energetic outlet. While the centrepiece is Artist's impression, above: The countdown is officially on for the July 16 official opening of The Springs Country Club - a truly game-changing world-class asset for our Palm Lake Resort Pelican Waters community.

the championship eight-rink undercover bowling green, Eldorado will also cater to those who enjoy tenpin bowling, tennis, pickleball, table tennis, billiards and even card games. And, of course, those all-important post-match drinks can be enjoyed in Eldorado's vibrant Sports Bar or even the dedicated whiskey lounge (complete with cellar).

#### Sonora

Sonora will be the resort's social hub - a vibrant epicentre for social interaction offering morning coffees, lunchtime gatherings and evening cocktails. Highlights of this precinct include an inviting main dining space and dance floor, as well as a rooftop bar and terrace overlooking that expansive bowling green.

#### Cerante

The Cerante arts and leisure precinct is where our hobbyist homeowners can explore their creative and artistic passions. From crafters to musicians, Cerante will be the place for homeowners to find a host of likeminded friends. The luxury movie theatre will also provide a coveted gold-class viewing experience, that's conveniently right on our homeowners' doorsteps.

#### Miraae

And finally, heading outdoors, Mirage is the precinct where homeowners and their guests will take in relaxing views of this resort's exquisite natural waterfront location courtesy of an expansive pool deck. They can relax by the pool in one of our private cabanas (each with its own refrigerator), in the spa, or on one the submerged day beds. And as the sun sets, Mirage's outdoor kitchen, alfresco dining area, the lakeside boardwalk and sunken firepit lounge will entice.

In all, The Springs Country Club is an exclusive and highly coveted extension of every Palm Lake Resort Pelican Waters homeowners' own luxury residence. Combined with our everexpanding Weekly Activities program, this impressive building will be the place where our homeowners' lifestyle experience truly shifts up a gear.

The Springs Country Club will be officially opened at a VIP event on July 16. Australian government dignitaries, media personalities and other celebrities will be in attendance one the day to celebrate and mark the start of a bold new era in Australian over-50s lifestyle, right here on the warm and welcoming Sunshine Coast.



# \*Pelican in the Top 100

WE'VE ALWAYS KNOWN IT WAS SPECIAL - NOW PELICAN WATERS GOLF COURSE HAS JUST BEEN NAMED IN THE TOP 100 GOLF COURSES IN THE COUNTRY BY LEADING GOLF MEDIA OUTLET, AUSTRALIAN GOLF DIGEST.

The course was originally designed by Greg Norman's team some 25 years ago and underwent a reconfiguration in recent years to make way for the development of Palm Lake Resort Pelican Waters. The course's recent transformation was also completed under the watchful eye of Norman's expert designers to ensure it remained true to the signature brand.

The former first, second, eighth and ninth holes were replaced by four newcomers that now play as the 10th, 11th, 17th and 18th holes after a reversal of the two nines.

According to the magazine, "the resort-style surroundings scream Queensland, yet the bunkering style has you wondering if you're really in Melbourne".

"There's also far more variety in the Par 3s, creating five feature moments in every round," the article states. "The renovation also saw many of the bunkers fortified with Capillary lining, a popular modern process that adds a porous layer of concrete well below the sand to improve drainage and minimise the impact of heavy downpours.

"The new-look Pelican Waters turns two years old this winter and serves as a reminder of its lofty position within Sunshine Coast golf."

For golf-loving Palm Lake Resort Pelican Waters homeowners, having this incredible asset right on their doorsteps has proven not just a convenient way to get their daily serve of 'greens' but an undeniable aesthetic beauty as well.

# \* Resort update

Since the Mirador Wellness Centre was unveiled, we've seen more and more homeowners enjoying resort activities and – importantly – the company of their Palm Lake Resort neighbours. Our sound healing class has been well received, as have our reformer Pilates classes.

If you've been thinking about starting something new, to benefit your wellness, or just to meet some new friends courtesy of the likeminded community we have here, maybe our weekly barre class, a yoga session or even mat Pilates would pique your interest? We'd love to see you there!

If less 'active' activities are more your style, we can't wait to unveil the luxury movie theatre that's coming with The Springs Country Club's official opening in July. While all the facilities within this incredible building are mind-blowing, I've been especially impressed by the luxury fit-out of this theatre space. With push-button reclining seats, including pop-up footrests, each seat is individually embroidered to add that special finishing touch. The screen and sound are all premium technology to bring you a truly gold-class-plus viewing experience.

In fact, all the furniture right throughout The Springs Country Club has been specially chosen for its elegance and uniqueness. We've been busily unwrapping it in recent weeks! Add to that all the custom cabinetry and, of course all the function of the various incredible spaces within, and our homeowners have a very special place to call (their extended) home. The July 16 opening event is definitely going to be one for the history books!

In closing, make sure you take the opportunity to visit our new restaurant, Cardón, at Pelican Waters Golf Club soon. With breakfast and lunch menus offering a wide array of gourmet delights, this is one of the loveliest places to enjoy our Sunshine Coast winter sun in the mornings before you get about the busy part of your day. Check out the menu online at www.cardoncom.au

We look forward to seeing you here at Palm Lake Resort Pelican Waters soon.

LOUISE LAWRENCE, HEAD OF RESORT



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AS THE HUM OF THE CRYSTAL SINGING BOWLS FILLS THE MIRADOR WELLNESS CENTRE STUDIO, A GROUP OF PALM LAKE RESORT PELICAN WATERS HOMEOWNERS LIE BACK, EYES CLOSED, ALLOWING WAVES OF SOUND TO WASH OVER THEM.

This is sound healing – a regular class on our resort's Weekly Activities list and a therapeutic practice that's gaining popularity among over-50s, and for good reason.

Sound healing uses vibrations from instruments such as crystal bowls, Tibetan bowls, drums, gongs, rattles and chimes to promote relaxation, reduce stress and support overall wellbeing.

The idea is rooted in the principle that everything in the universe – including our bodies – vibrates at specific frequencies. When those vibrations are out of balance due to stress, illness or emotional upheaval, sound can help bring the body back into harmony.

For people aged over 50, the benefits can be particularly profound. As we age, we experience a range of physical and emotional challenges, from joint pain and sleep disturbances to anxiety, loneliness and cognitive decline. Sound healing offers a gentle, non-invasive way to help manage these concerns.

Studies suggest that sound therapy can lower blood pressure, improve sleep quality, reduce symptoms of depression and even enhance memory and mental clarity. Michelle Robinson of Soulsona Sound Healing facilitates our weekly sound healing classes. Michelle says homeowner participants have so far been a mix of those experienced in sound healing with many others completely new to the practise. All, however, report a deep sense of relaxation, peace and rejuvenation after each weekly session.

"Many of us live our lives in a constant state of flight or fight," she explains. "Sound healing works to slow down the nervous system through the different vibrations, frequencies and sounds."

Unlike a traditional exercise-based wellness class, Michelle says sound healing requires no physical exertion – just a willingness to find the time to be still, breathe deeply and let the sound do the work.

Among the benefits of sound healing, Michelle says her class participants have reported that they've never felt so deeply relaxed, clearer and lighter in mind and body. Sound healing has also be shown to lower heart rate and blood pressure, resulting in reduced stress levels.

The practise is also particularly appealing and beneficial to those who may struggle with muscle tension and pain,



SOUND
HEALING CLASSES
ARE HELD EVERY
WEDNESDAY AT
8.30AM

she says. Sound healing may also help you get a better night's sleep. But there's more to sound healing than just the physical experience. Group classes, like those held weekly at Palm Lake Resort Pelican Waters, are also a valuable opportunity for participants to connect with others, Michelle says.

Social connection is essential for mental and emotional health at any age, and sound healing groups foster a sense of belonging without the pressure of small talk or performance. Michelle encouraged other Palm Lake Resort Pelican Waters homeowners to come along and experience the class for themselves.

"You don't need any previous experience or knowledge to attend - in fact we encourage new class members to come along without judgement or any preconceived ideas and see what benefits they discover."

Whether you're curious about alternative wellness practices or simply seeking a soothing escape from everyday stress, sound healing offers a beautiful blend of calm, connection and care. For over-50s looking to stay well in body, mind and spirit, it's a practice well worth exploring.

# \* Weekly activities

#### Monday

9.30am Coffee catch up (Golf Club Cafe)9.30am Reformer Pilates (Mirador Wellness Centre)

10.30am Barre class (Mirador Wellness Centre)

11.30am Reformer Pilates (Mirador Wellness Centre)

#### **Tuesday**

**8am and 9.30am** Ladies golf competition (Pelican Waters Golf Club)

11am Aqua aerobics (Mirador Wellness Centre)

**12noon** Milon Gymnasium inductions and reviews (held fortnightly)

4pm Book Club (third Tuesday of the month)

#### Wednesday

8.30am Bus trip, fortnightly (meet at Golf Club)8.30am Sound healing (Mirador Wellness Centre)

#### Thursday

9am Yoga (Mirador Wellness Centre)3.30pm Happy Hour (Golf Club Cafe)

#### Friday

11am Pilates (Mirador Wellness Centre)

4.30pm Informal BYO get together (Golf Club)

#### Saturday

3.30pm Happy Hour (Golf Club Cafe)

#### Sunday

**5pm** Pickleball





# WORLD-CLASS GOLF MEETS MODERN AUSTRALIAN CUISINE

Restaurant now open at Pelican Waters Golf Club
Open 7 days for breakfast and lunch | 7.30am - 3pm

40 Mahogany Dr, Pelican Waters. Phone 07 5437 5000



