

DECEMBER 2025 - JANUARY 2026



Island Insight



Plan a trip using animal instincts

Capitalise on our country's incredible array of fauna when planning your next adventure

Keep your eyes on the skies

How many of these nine elusive and iconic Australian birds have you seen?

What's happening over the back fence

Check out what's going on here and a little further afield within our extended Palm Lake Resort family



Welcome.

Hi everyone! Colin and I would like to thank you all for a wonderful year filled with love and laughs. We have had a very busy year around the resort and it is looking nice and fresh. We have welcomed new homeowners and said goodbye to a few. On that note, we'd like to send a warm welcome to Stephen and Elsie who have just moved into Home 34 and will be enjoying their first official festive season here with at Palm Lake Resort Phillip Island in the coming weeks.

On the topic of Christmas, thank you all so much for the lovely gifts we have received - I don't think I will get through all this wine in a hurry!

We wish you all the best for the New Year ahead. Stay happy, healthy and safe over the festive season, especially if you are travelling.

Until next time, take care and don't forget to check in on your neighbours. We'll catch you in 2026!

Caroline and Colin Wright,
Palm Lake Resort Phillip Island Caretakers

PS. Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palmlakeresort) and also over on Instagram (@palm.lake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palm.lake.care). With more than 12,000 people calling a Palm Lake address home, there's always loads going on!

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us.

Looking for more information about Palm Lake Resort Phillip Island? Here's how you can reach us:

FREECALL: 1800 066 482

STREET ADDRESS:
48-80 Settlement Rd,
Cowes VIC 3922

OFFICE HOURS:
8.30am - 12.30pm, Monday to Friday
(weekends, by appointment)

EMAIL:
phillipisland@palmlake.com.au

ONLINE: Visit our website
palmlakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palmlakeresort) and on
Instagram (@palm.lake.resort)



News in brief.

This is Your Time



The Summer 2025 edition of *This is Your Time* magazine harnesses the wonderful festive energy of the holiday season. It's such a great time of the year! While you'll get the most up-to-date information on all of the construction progress across our newest Palm Lake Resort addresses (including Yamba Cove, Paynesville, Pelican Waters and Forster Lakes), you'll also read about how charitable the homeowners are at our established resorts. It was definitely a big year for philanthropic pursuits, proving just how selfless and wonderful our homeowners are. Among the magazine's lifestyle features, readers can enjoy a kaleidoscope of colourful summer ideas across gift giving, recipes, travel and more. You can read the Summer 2025-26 edition online at palmlakeresort.com.au

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

Weekly activities.

- MONDAY**
9.30am Chair exercises
1pm Cards
7pm Darts in the Hall
- TUESDAY**
9.30am Yoga/Pilates class
1.30pm Housie in the Hall
5.30pm Homeowners' dinner (BYO drinks)
- WEDNESDAY**
9.30am Aqua Pilates
1pm Cards & Snooker in the Hall
1pm Shopping bus to Wonthaggi
7pm Cards
- THURSDAY**
9.30am Resistance class
10.30am Shopping bus to Cowes
1pm Cards
1.30pm Up Words board game
2pm John's Movie Group, in the Cinema
2pm Stitch and yarn
5.30pm Homeowners' dinner (BYO drinks)
- FRIDAY**
9.30am Informal light water exercises in the resort pool
1pm Cards
- SATURDAY**
1pm Cards
6pm Homeowners' BBQ (BYO food, drinks)



Merry Xmas to you!

From our family to yours,
Merry Christmas to all at Palm Lake Resort Phillip Island!

Refer a friend and earn fast cash

We know your friends love coming to visit your Palm Lake Resort Phillip Island home and enjoy sharing our resort facilities with you, right?

Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established Palm Lake Resort homes, you'll receive \$250 cash. Easy! A list of our current homes for sale can be found on Page 8 of this newsletter and you can ask about our 'Refer a Friend' incentive at the Caretakers' office.

Made with love.

SUMMER HOLIDAYS ARE ABOUT THREE THINGS: FESTIVITY, FAMILY AND FOOD. AND IN THE NEW PALM LAKE CARE COOKBOOK, 'FROM OUR HEARTS TO YOUR TABLE', YOU'LL FIND TWO OF THE THREE. HERE, WE SHARE SOME RECIPES DIRECT FROM THE COOKBOOK THAT WILL SEE YOU THROUGH THIS FESTIVE SEASON.

Frangipani pie

COURTESY OF PALM LAKE CARE RESIDENT, JOAN LITTLEJOHN

Ingredients: 1 can crushed pineapple, 2 eggs (separated), 1½ cups milk, ¾ cup sugar, pinch of salt, ½ cup cornflour (mixed with ½ cup water, divided into two portions), 1 cup shredded coconut, 1 tbsp butter, 1 tsp vanilla extract, 1 pre-cooked 20cm pastry shell or crumb crust, grated lemon rind (for garnish), 4 tbsp sugar (for meringue).

Method:

1. To make the pineapple layer, bring crushed pineapple to a boil. Beat the egg yolks and mix with half the cornflour mixture. Stir into pineapple and cook on low until thick. Set aside.
2. To make the coconut cream layer, heat milk, sugar and salt in saucepan until sugar dissolves. 5. Add remaining cornflour mixture and stir until thickened. Remove from heat and stir in coconut, butter, and vanilla.
3. To begin assembling the pie, spread half the coconut cream into the base. Top with pineapple mixture and remaining cream.
4. Make the meringue: Beat egg whites until stiff and glossy, gradually add sugar. Spread over pie and sprinkle with grated lemon rind. Bake at 180°C for 15 minutes or until golden.

Yorkshire pudding and gravy

COURTESY OF PALM LAKE CARE SUPPORT SERVICES MANAGER, STEVE WHEELER

Ingredients: *For the Yorkshire pudding:* 140g plain flour, 4 large eggs, 200ml milk, pinch of salt, 2 tbsp vegetable oil. *Onion gravy:* 2 large onions (thinly sliced), 2 tbsp butter or oil, 1 tbsp plain flour, 500ml beef stock, 1 tsp Worcestershire sauce, salt, pepper, pinch of sugar

Method:

1. Preheat oven to 220°C (200°C fan). Heat an 8" tin inside.
2. Whisk flour, salt, eggs, and milk until smooth. Rest 30 mins (or use right away).
3. Add ½ tbsp oil to tin, heat briefly, then pour in batter halfway. Bake 20–25 mins until golden and puffed. No peeking!
4. Sauté onions in butter/oil over medium heat until golden.
5. Sprinkle over flour and cook for 1–2 mins. Gradually add stock, stirring to avoid lumps. Simmer until thick for 10-15 mins, add Worcestershire sauce, season to taste.
6. For the creamy mashed potato: 1kg potatoes, peeled and chopped add 100g butter, 150ml milk (or to taste), then add salt and pepper. Boil until soft, drain, mash with butter and milk. Season to taste.
7. Serve with finest Cumberland pork sausages and peas.



Jansson's Temptation

COURTESY OF PALM LAKE CARE BETHANIA'S CHEF MANAGER, VEIJO LEHTO

Ingredients: 900g potatoes, peeled and thinly sliced, 1 large onion, finely chopped, ½ cup butter, divided, ½ cup breadcrumbs, 1 can anchovy fillets (or use anchovy paste), 2 cups heavy cream, ½ cup milk, salt and pepper to taste, fresh dill for garnish (optional)

Method:

1. Preheat oven to 190°C (375°F).
2. Sauté onion in ¼ cup butter until soft and slightly caramelised.
3. Layer the casserole: Grease a baking dish. Layer half the potatoes, half the onion, and half the anchovies. Repeat with remaining ingredients.
4. Make the cream sauce: Mix cream, milk, salt, and pepper. Pour evenly over the dish. Top with breadcrumbs and drizzle with the remaining melted butter.
5. Bake for 45–50 minutes, or until golden and bubbling. Rest for 5–10 minutes. Garnish with dill, if using.

Residents' Committee notes.

The year's end is fast approaching and it's a time to reflect and say thank you to those people who do so much for us...

We send our thanks to...

Our Social Coordinator, **Kerry Green**, has given us a variety of dine-ins, dine-outs along with driving the bus to the 'Coffee Club' and other outings. Who can forget all the money we spent at the cosmetics, U & I fashions, handbag and jewellery shows - and I hear that Kerry has already organised a footwear show for next year! Keep your eye on the noticeboard or 'What's On' for more information on everything Kerry has planned for 2026.

Trivia, every month: John Hirst and Ian (Robbo) Robinson are who run this event and put in a lot of effort researching the questions. They are planning to run Trivia weekly on a Sunday in 2026. This will hopefully encourage more people to come and test out their general knowledge.

Stich and Yarn, every Thursday: Whether you knit, crochet, embroidery or just want a chat, Carol Ryan has it all covered for you including afternoon tea and a free raffle to top it off. I'm sure that you have seen the items the ladies have made spread out on display on the billiard tables every now and then? Beautiful pieces, you say? Well, come and try your hand at creating something of your own! Carol is there to give you a helping hand, or maybe you have a craft of your own that you could help others enjoy by teaching them your skills?

Movie Club, every Thursday: Hosted by John Buttrose, this is when you can become a movie reviewer. If you enjoy movies, this is the regular event for you. Held in our Theatre, Movie Club members watch a movie together and then come and sit in the lounge afterwards to discuss the actors and whether they were the right person for that part, the plot, motivations, the camera work. Not that we are experts, but we all have an opinion on the movies we watch and it's great to hear how others viewed the same piece.

Snooker in the hall, every Wednesday: Ladies and gentlemen, remember years back, going into your local pub or snooker hall with all that smoke and banter? Well this is the same, but without the smoke! If you haven't played since that time, but would like to try your hand at potting the ball you shouldn't have (LOL!) come to the hall and join in the fun and laughter on snooker night. Nothing is taken seriously.

Cards (Canasta), every day except Tuesday, Sunday: I hear that you don't know how to play Canasta? Well, let me put your mind to rest. The ladies will teach you, and they are extremely patient! You play the game in pairs so you're never alone and it won't take you long to get the hang of it. Come and watch a few times then give it a go.



Other recent celebrations at our resort

Joan Menzies turned 100 (pictured above): On October 31, Joan celebrated turning 100 with her family - many of whom she hadn't seen for years. Then afterwards, friends joined in to help celebrate this huge milestone. Congratulations, Joan!

November, Melbourne Cup Long Weekend: This was when we held our 'Spring Market'. Thanks to Wendy Hamilton who coordinated this event. A beautiful sunny day bought the people out and about, and our stallholders were pleased to see them. A variety of goods were on offer from bric-a-brac and clothing, to homemade goods and more. A special mention must go to Lyn Stamper who spent three days out the front of IGA selling raffle tickets for the chance to win a staghorn plant. Lyn also had a stall at the Spring Market selling plant, with all proceeds going towards the Biggest Morning Tea for 2026.

December, Christmas Lunch: What a wonderful time 70 of our homeowners had celebrating Christmas together this year! With the dining room all set up and decorated, it was time for guests to enjoy either some bubbly, an eggnog or orange juice (which must have been a good start as people came back for seconds!). The entertainment by Chris Newman had us singing and dancing to carols as well as 1960-80's songs for the next couple of hours. The Spit Roast Man (aka David Kane) called us up to fill our plates with roast lamb, ham and pork along with vegies and salad - there was so much food no one went hungry. None of the homeowners could not fault the spread. To top it off, we enjoyed Christmas pudding with loads of brandy custard. A visit from Santa (Ken Reeve) and his helper Tinkerbell (Val Harper) was fun, and we all enjoyed a sweet treat courtesy of the lollies handed out. Thank you to all those Committee members who put in a lot of time and phone calls to help organise this special event.

In fact, thank you to every person who organised or helped with events throughout 2025. Without you, Palm Lake Resort Phillip Island would not be what it is. We ALL look forward to seeing what joy 2026 brings!

Wishing you, your family and friends a happy holiday season and all the best for 2026.

Caroline and Pauline,
Residents' Committee Secretaries

Animal instincts.

PERHAPS MORE THAN OUR BEACHES, OUR SLANG WORDS OR OUR ACCENT, HERE IN AUSTRALIA, WE'RE BEST KNOWN FOR OUR ANIMALS. BUT THERE'S MORE TO OUR FAUNA THAN JUST KANGAROOS AND KOALAS. WE KNOW PALM LAKE RESORT HOMEOWNERS LOVE TO TRAVEL, SO GO WILD WITH THESE AUSSIE ANIMAL ENCOUNTER IDEAS.

Quokkas of Rottnest Island

Unofficially dubbed the 'world's most photogenic animal', the quokka is the small macropod with a big Instagram presence (there are 380,000 posts under the '#quokka' hashtag and counting!). A vulnerable species, they can only be found in a small area of southwestern Australia – most notably, Rottnest Island. This small island off Perth annually draws over 750,000 visitors, all vying for the ultimate souvenir: a quokka selfie.

Whale sharks of Ningaloo Reef

Is it a whale, is it a shark? Technically, it's a fish – the largest living fish species, to be precise. Though whale sharks can be found in other corners of the world, like the Philippines, Galapagos and even Mexico, Western Australia's Ningaloo Reef boasts the highest rate of whale shark numbers and the best accessibility, meaning it's the best place to find these gentle giants close to home.

Crocodiles of Kakadu

Did you know that the Northern Territory is home to the world's largest wild crocodile population? Experts estimate there are around 100,000, which means there are plenty of places to spot them in the wild – Kakadu National Park included. For a heart-racing, blood-pumping croc spotting experience, look no further than a crocodile cruise on the Adelaide River. The cooler months of June, July and August are the best time to see them, when they make their way to the shore to bask in the sun. Our tip: Scared of encountering these prehistoric beasts in the wild? A trip to Australia Zoo's Crocoseum is the next best thing.

Penguins and seals of Phillip Island

Just over two hours from Melbourne by car, Phillip Island is home to the world's largest colony of 'little penguins' (as well as a Palm Lake Resort!). The smallest penguin species, these flightless seabirds are also known as fairy penguins and are best spotted during a 'Penguin Parade'. The best part? They're not the only animals you can spot on the island. At the appropriately named Seal Rocks, you'll also find Australia's largest colony of fur seals – and a boat cruise is one of the best ways to see them.

Wombats of Tasmania

Did you know that a group of wombats is called a 'wisdom'? Or that Tasmania is one of the best places to spot them? From Maria Island to Cradle Mountain, wombats abound on the

island state. While they are a slightly different sub-species to those found on the mainland, don't worry – they're just as round and adorable as you'd imagine. On Flinders Island, for example, they're blonder than most. Perhaps it's all the time they're spending at the beach?

Sealife of the Great Barrier Reef

African safaris have 'the big five' – on the Great Barrier Reef, they have the 'great eight'. Next time you're snorkelling around Lady Elliot Island, Heron Island or the Ribbon Reefs, keep an eye out for the following marine animals: clownfish, giant clams, manta rays, Maori wrasse (behold their 'puppy-like behaviour'), the friendly potato cod, turtles, whales, and over 50 species of sharks (don't worry – some are less dangerous than others).

Dingoes of K'gari (Fraser Island)

Unlike much of the country, dingoes in Queensland's national parks are protected as a native species – especially on K'gari, where they have had few chances to crossbreed with domestic and feral dogs. As a result, K'gari is home to around 200 dingoes – all protected, all 'pure strain' (or purer than anywhere else in the country). While it's beautiful to behold their distinctive golden coat and cute white 'socks', it's important you keep your distance. You're visiting their home, after all.

Cassowaries of the Daintree

Named for the Papuan phrase 'kasu weri' (meaning horned head), the southern cassowary is the third tallest, second heaviest living bird – and, some say, the most dangerous. They're most often spotted in North Queensland – in fact, the Daintree Rainforest is in the heart of a 'cassowary corridor', and you'll likely see them from the moment you arrive at the visitors centre. Just be sure to keep your distance – their vivid colouring belies their aggression if provoked.

Camels of Uluru

Sure, they're not technically an Australian animal, but navigating the Red Centre atop a camel is one of the most memorable outback experiences you can have. After being introduced in the 18th century as working animals, they were released into the wild in the early 20th century – only to become pests. Now, responsible camel tour providers are putting them to work once again, leading 'camel trains' around the desert.



Eyes to the skies.

AUSTRALIA IS A BIRDWATCHER'S PARADISE, HOME TO MORE THAN 800 SPECIES. HERE ARE NINE OF THE MOST ELUSIVE AND ICONIC TO KEEP AN EYE OUT FOR WHILE YOU'RE ON YOUR NEXT TRAVEL ADVENTURE - OR FOR SOME LUCKY PALM LAKE RESORT HOMEOWNERS YOU JUST MIGHT SPY ONE IN YOUR OWN BACKYARD!

SUPERB LYREBIRD: Australia's ultimate mimic, the Superb Lyrebird can imitate everything from chainsaws to car alarms. Look (and listen) for them in the temperate rainforests where males fan their ornate tails in dazzling displays – particularly the Blue Mountains and Dandenong Ranges.

GLOSSY BLACK-COCKATOO: Smaller and rarer than their rowdy yellow-tailed cousins, these shy seed-crackers feed almost exclusively on casuarina cones. They're usually seen in pairs or small family groups among the coastal forests of Queensland, New South Wales and South Australia – including Noosa National Park and Kangaroo Island.

REGENT HONEYEATER: Once common across eastern woodlands, this critically endangered beauty now numbers fewer than 300. Its bold yellow-and-black plumage makes it a breathtaking sight when it appears among the eucalypts of the Capertee Valley and Chiltern–Mt Pilot National Park.

RAINBOW LORIKEET: Vibrant, noisy and impossible to ignore, Rainbow Lorikeets might be common along the coast, but their riot of colour and constant chatter make them one of Australia's most recognisable icons.

AUSTRALIAN KING PARROT: With their striking scarlet chests and emerald wings, King Parrots frequent forested areas and mountain trails and often appear in pairs or small flocks. Keep an eye out in eastern Australia, from Cooktown to Melbourne – especially Lamington National Park and the Otways.

PINK ROBIN: Small, shy and perfectly pastel, the Pink Robin is a cold-climate dweller best found flitting through the shadows of temperate rainforests. When in Tasmania, Victoria and the NSW highlands (including Wilsons Promontory), look up!

BLACK-BREASTED BUTTONQUAIL: A ground-dwelling phantom of the subtropics, this elusive bird leaves its tell-tale feeding "platelets" on the forest floor. Spot them in the vine scrub near Gympie and the Scenic Rim.

PALM COCKATOO: Among the world's largest and most charismatic parrots, the Palm Cockatoo uses sticks as drumsticks to court a mate, making it one of nature's great performers. They mostly reside throughout Cape York Peninsula.

AUSTRALIAN FAIRY TERN: Australia's smallest tern is a rare beach-nesting species that breeds along the southern coastline, its delicate form darting over the turquoise shallows of Western Australia and South Australia.



Homes for sale.

WANT TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT?
FREECALL 1800 066 482 OR EMAIL PHILLIPISLAND@PALMLAKE.COM.AU
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 145: \$525,000

Beds

2

Bath

1.5

Living

1

Study

1

Garage

1.5



Desirable location

Situated in the desirable Eighth Avenue, this beautifully presented home offers comfort and convenience in equal measure. Featuring two bedrooms plus a study, all with built-in robes, and an ensuite-style bathroom with generous space, along with a second toilet for added practicality. Freshly painted interiors pair perfectly with near-new floor coverings, while stainless steel appliances enhance the modern kitchen. Enjoy year-round efficiency with solar panels, and relaxed outdoor living under the pergola. A large lock-up garage completes this easy-care package, ready for you to move in and enjoy.

Home 157: \$545,000

Beds

2

Bath

2

Living

1

Garage

1



Immaculately maintained

This beautifully presented two-bedroom, two-bathroom home combines comfort with easy living. Expansive windows fill the interiors with natural light, creating a bright and airy feel. Reverse-cycle air conditioning and ceiling fans throughout ensure year-round comfort. Immaculately maintained, this home offers the ideal setting for relaxed living and effortless entertaining, whether you're hosting friends or simply enjoying a quiet evening in. Ready to move into now, it's a home designed for lifestyle and ease.

SOLD!

Home 87: \$395,000 - \$415,000

Beds

2

Bath

1

Living

1

Garage

1



Perfectly presented

This perfectly presented home is light and bright throughout and ready to move in and enjoy. As part of their new resort life here, homeowners get to enjoy a range of facilities on offer such as an indoor heated pool, caravan storage, lounge area and more. The Weekly Activities list offers wonderful social opportunities, art and craft get togethers, wellness pursuits and sporting competitions. This gated community is pet friendly as well.

Only minutes to Cowes Shopping Centre, the beach and all other amenities.

Home 34: \$408,000

Beds

2

Bath

1

Living

1

Garage

1



Light and bright

Filled with natural light and thoughtfully updated, this inviting two-bedroom home features built-in robes and an L-shaped living, dining and kitchen area. Near-new vinyl plank flooring and plantation shutters add style and comfort to the living spaces, while full-length front windows create a bright, airy feel. The freshly painted exterior offers instant street appeal. A large ramp to the garage provides easy access to the home via the laundry, enhancing everyday convenience.

SOLD!

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

Our Bargara homeowners prove themselves charity champions

**BARGARA
RAISES
\$250,000 FOR
CHARITY!**

Palm Lake Resort Bargara again this year proved their passion for worthy charitable causes, raising another \$28,500 for Relay for Life. This effort takes the resort's total figure raised for the annual Cancer Council Queensland event to an incredible \$250,000!

Palm Lake Resort Bargara's team, "Young at Heart", was proud to see previous team member Ron Myler named the 2025 Relay For Life Patron. Ron was the driving force behind this resort's involvement with the Cancer Council after himself suffering cancer. Bundaberg and Fraser Coast Relay for Life chair Harrison Titmarsh said having such dedicated team return year after year was really meaningful.

"It shows an incredible level of commitment and passion, not only for the event but also for the purpose as to why we Relay For Life," Harrison said.

"As Chair, I am incredibly grateful to have them join us year after year, they are simply amazing at what they do."

Harrison said our resort's passion, commitment, dedication and determination for raising funds for Cancer Council was simply incredible.

"This team inspires myself to do even more fundraisers to raise vital funds for Cancer Council Queensland," he said. "As someone who has been touched by cancer twice in their life. I've seen firsthand the strength it takes to keep fighting. It's so important to raise much needed funds

for Cancer Council Queensland so they can continue research, early prevention and cancer support services.

As Harrison pointed out, and Palm Lake Resort Bargara homeowners agree, Relay For Life injects fun into what we all know as "an evil disease".

"(Our team) certainly give everyone a run for their money with how well they do and they should be incredibly proud of themselves. The Young at Heart team fundraises 365 days of the year, they have turned fundraising into a full-time sport and trust us, they're in 'relay' good shape!"



Pictured above: Ron Myler, Relay for Life team member Bernice Davis and Relay for Life chair Harrison Titmarsh, as they appeared in the Bundaberg Today newspaper.



Bowlers converge on Roma

A long-standing tradition among a group of dedicated Palm Lake Resort bowlers sees teams converge on a regional town for a few days of greens action. This year, the inter-resort bowling competition hit Roma, which is about 5.5 hours west of Brisbane along the Warrego Highway. Players travelled from Palm Lake Resorts Upper Coomera, Hervey Bay, Bargara and Beachmere Bay for the event. While the point of the event is a bowls tournament, we can tell you that the main attraction is the social connection, with bowlers (and many tag-along non-bowling friends) meeting up with homeowners from fellow Palm Lake Resorts.



The Cup stops by

Check out the special visitor that stopped by Palm Lake Resort Truganina recently - the 2025 Lexus Melbourne Cup! It's an iconic piece of Aussie sporting history and our team was thrilled to have it in their (gloved) hands while it was on its annual Melbourne Cup tour. Giddyup!

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. **Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com**

Tasty Tea Gardens tradition

Each year, as the resort cumquats ripen, a group of dedicated Palm Lake Resort Tea Gardens residents roll up their sleeves, gather in the resort kitchen and turn baskets of fruit into jars of golden jam. Jam making has become more than just a seasonal event; it's a highlight on the Palm Lake Resort calendar! There's always laughter, plenty of taste-testing and, of course, a delicious reward at the end. Best of all, the jars are shared far and wide, bringing a little homemade joy to residents and visitors alike. Such a special resort tradition that we all think is fab!



Collection makes cents

Palm Lake Resort Deception Bay homeowners Pete and Jenny report that they've collected 23,689 containers for recycling so far this year! That means \$2328.90 has gone to Farm Angels, their chosen charity. Farm Angels provides support to outback communities facing fire, flood, plagues, droughts and other calamities. Pete and Jenny say it's surprising how much their collections vary month to month. "In the warmer months, December to March, we get \$75 to \$80 a week - sometimes over \$100," they say. "It's a good job we have a large SUV to squeeze all the bags in!" Last year the pair raised \$4000 for the year by collecting and recycling cans. Let's hope the Deception Bay community helps to get this very dedicated pair to their same target again this year.



65 years of love!

Palm Lake Resort Hervey Bay homeowners Les and Anita enjoyed a lovely resort celebration to mark their 65th Wedding Anniversary recently. What a wonderful milestone!

Connections, for life.



FREECALL 1800 066 482 | phillipisland@palllake.com.au
48-80 Settlement Road, Cowes VIC 3922

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au