

JUNE- JULY 2024



Island Insight



Meet your neighbours

A colourful and interesting bunch of homeowners call Willow Lodge home - meet some inside...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

It's definitely winter wooly time here on the island! Whale watching season is upon us again. It's actually a great time of year to get out and about. There are less visitors which makes it a bit easier for us to get around.

Our dog-friendly area has been a great success. You can let your dog off their leash to have some exercise and play time. If you haven't been down to the yard yet, make sure you check it out. Our Olly loves it!

We would like to send a special welcome our new homeowners. They include:

- John & Julie (Home 108)
- Paul (Home 103)
- Don & Trish (Home 41)
- Joy (Home 74)
- Diane (Home 38)
- Pam (Home 88).

We are sure you will all enjoy what our resort has to offer. Keep an eye on our noticeboard for all our upcoming events and make sure you check in with your neighbours to hear all about what our resort community and also the local area has to offer.

In closing, we wanted to send a big thank you to all our committee members who helped to organise our annual Biggest Morning Tea event. It's an annual fundraiser that supports the Cancer Council and their research and support programs. Our morning tea event was a huge success, raising thousands for this great cause.

Caroline and Colin Wright
Palm Lake Resort Phillip Island Caretaker

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Contact us.

Looking for more information about Palm Lake Resort Phillip Island? Here's how you can reach us:

FREECALL: 1800 066 482

STREET ADDRESS:
48-80 Settlement Rd,
Cowes VIC 3922

OFFICE HOURS:
8.30am - 12.30pm, Monday to Friday
(weekends, by appointment)

EMAIL:
phillipisland@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)



News in brief.

Your Time is out now



Grab your copy of the Winter 2024 edition of our company magazine, Your Time, now. In it, we celebrate the progress of our newest resort locations, including Yamba Cove, Pelican Waters and Forster Lakes. You can also read about Fern Bay's 10th birthday and our features on active ageing, pickleball and more. If you haven't received a copy in your mailbox, you can always catch up online at palllakeresort.com.au

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

FIND OUR HOMES FOR SALE: PAGES 7-9

Note these upcoming green waste dates

- Tuesday, July 16
- Tuesday, August 20
- Tuesday, September 17

Remember, green waste is to be stored in a waterproof container with a removable lid for collection.

Get social with us

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palllakeresort) and also over on Instagram (@palllake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palllake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

Weekly activities.

MONDAY

9.30am Chair exercises
1pm Cards

TUESDAY

9.30am Yoga/Pilates class
2pm Housie in the Hall
5.30pm Homeowners' dinner (BYO drinks)

WEDNESDAY

9.30am Aqua Pilates
1pm Cards & Snooker in the Hall
1pm Shopping bus to Wonthaggi
7pm Cards

THURSDAY

9.30am Resistance class
10am Shopping bus to Cowes
1pm Cards
1.30pm Up Words board game
2pm Stitch and yarn
5.30pm Homeowners' dinner (BYO drinks)

FRIDAY

8.30am Informal light water exercises in the resort pool
1pm Cards

SATURDAY

1pm Cards
6pm Homeowners' BBQ (BYO food and drinks)





Do your friends love it here, too?

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase one of our established homes you'll receive \$250* cash. Easy!

\$250
cash bonus simply for referring a friend!

For more info or to refer your friend, FREECALL 1800 455 307.
*T&Cs apply



THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palmakeresort.com.au

Residents' Association report.

Our Social Coordinators have been busy bees!

Our Social Coordinators, Kerry Green and Yvonne Clode, have been extremely busy the last few months organising many social events for all homeowners of Palm Lake Resort Phillip Island. Thank you, ladies for all you do.

Among the events we've enjoyed these past few months have been:

Dine-ins: Build-a-burger was a huge success where homeowners had their choice of chicken or beef and went back to their tables to finish off their burger with tomatoes, lettuce etc. Cowes curry was also good on a recent cold winter's night. Pizza has been an all-time favourite and proved to draw a crowd, het again. Spit roast was another great dine-in night. Dave, the Spit Man, supplied succulent spit roast meat along with a choice of salad. Don't miss out on this event in the future!

Dine-outs: We've been to a few different places these past few months. We host a Coffee Club where homeowners get to experience a different coffee place, on and off the island, on the first Saturday of each month. Our bus is available for all who require transport, so put your name down on the list on the noticeboard. Wooli Tavern proved a lovely Saturday night out where the Wooli Tavern bus picked up our homeowners and bought them home, safe and sound after a couple of drinks.

Upcoming events: 'Christmas in July' will be a dine-in event. Make sure you put your name on the list for a two-course Christmas meal. We've also got Val Harpers' "Happy Hour" which is always a great event. It's also a wonderful opportunity for homeowners to meet in the hall on the third Wednesday of the month. Bring a small plate of food to share. This a very relaxed event allowing homeowners to catch up with their neighbours while also meeting and welcoming new homeowners to our resort.

Terry's music

If you love a variety of different music this is the event to come to. Lately we have listened to music of the 1940s, Phantom of the Opera and stage show musicals. Curl up in our club chairs, bring a sip of wine and enjoy the tunes.



THERE'S
PLENTY TO
EXPLORE HERE
AND ACROSS
THE ISLAND...

How good is your trivia?

No, we haven't forgotten you trivia buffs! Put on your thinking caps and enjoy an evening of general knowledge, challenging your fellow homeowners.

'Stitch and yarn' has begun

A fun new activity is "Stitch and Yarn". It's hosted weekly on Thursday afternoons. This activity has been hugely popular already, thanks to Carol Ryan's conception. A group of ladies simply meet to knit or crochet together. In fact, you don't have to have any experience at all to join in - one of the ladies taught herself to crochet through Stitch and Yarn - how good is that?! There's always someone there to help you learn whatever you like. Make sure you stop by if you are interested.

Fashionable friends

U & I Fashions visited our resort recently, showing off their fashions for winter.

Best birthday wishes to these special homeowners...

Happy birthday to Doris Caruana who celebrated her 90th milestone birthday with friends at one of our recent Tuesday night dinners. Another big birthday was recently marked by Paul Woodford who turned 97 years of age. But wait, there is one more very important birthday coming up! One of our homeowners will turn 100 soon, but you'll have to find out more about that in the next edition of this newsletter!

Biggest Morning Tea

Biggest Morning Tea was held in June and what a huge turnout we had. A gigantic thank you to homeowners who donated goods and also to Dianne Hall who walked the streets going to businesses asking for donations. It was not an easy job but because of you all, we raised \$2272.

There's always something to do here!

In finishing, there is always something for you to get involved in at Palm Lake Resort, Phillip Island, check your what's on, the noticeboard in the hall or join us for Tuesday and Thursday night meals. Thank you everyone.

Meet your current committee

If you have any questions for our Residents' Association committee, you can ask the following people:

President: Faye Haslam
Secretary: Robyn Smith
Treasurer: Vickey Curphey
Committee: Kerry Green, Yvonne Clode, Jacqui Turner, Pauline Porter, Carol Ryan and Chris Jacobson.

Noticeboard and payments

Please keep a check on the noticeboard for functions, as new events come along and others may be cancelled. Homeowners wishing to go to some of our functions may now pay by direct debit to our bank account:

Bendigo Bank: BSB 633 000
Account number: 144 728 086
In the reference space please put your name and a brief description of the function.

Rug rules.

A WELL-CHOSEN RUG CAN BE ONE OF THE HARDEST WORKING PIECES IN YOUR HOME, TYING A ROOM TOGETHER, CREATING NEW SPACES AND ELEVATING YOUR HOME'S DESIGN. HERE ARE FIVE EASY HACKS FOR PERFECT RUG PLACEMENT.

Go big where you can

A good rule of thumb when choosing a rug is to make sure it will extend beyond the key pieces of furniture you will place on it. For a dining room, this means it should be bigger than your table and chairs, even when they're tucked in. In a bedroom, this will typically mean it should be bigger than your bed and bedside tables. If this isn't possible – for example, if you have a particularly large couch – just place the front legs of the furniture item onto the rug. Just ensure the entirety of all smaller pieces of furniture will fit on the rug.

Aim for equality

If possible, try to make sure your rug has equal distance on all sides. Interior design expert Darren Palmer says you should aim for 30cm on each side of your rug. This will usually mean placing it in the exact centre of your room or chosen space. With diagonal walls or large furniture items surrounding it, this can be tricky – it may be worth investing in a slightly smaller rug in this case, or opting for an irregularly shaped rug instead of a classic square or rectangle.

Consider your colours

A rug really can make or break a room, especially when it comes to colour. Take a look at the largest textured items in your room – your couch, bed linen and curtains, for example – and consider whether a printed or plain rug would complement them better. Plain items may look better with a printed rug, and vice versa. Consider also how warm or cool the colours in your room are. A good rule of thumb is that warm colours will 'come towards you', and cool ones will move 'away from you'. Having a balance of both can elevate your room, so keep this in mind when choosing a rug.



Hang time.

YOU DON'T NEED TO BE AN EXPERT TO KNOW HOW TO DISPLAY ART PROPERLY AND SAFELY, BUT IT DOES HELP TO KNOW A FEW BASICS. FROM WHERE TO HANG YOUR CHOSEN ARTWORK TO HOW, KEEP THESE MUST-KNOW TIPS IN MIND.

Pick the perfect position

Generally, pictures should be hung at eye level – about 1.5m up the wall – and away from direct sunlight or heat sources, as these can damage them. When hanging pieces behind furniture, aim for the base of the frame to sit four to six inches above the highest point of the piece of furniture. If you are hanging multiple artworks together (like a gallery wall) treat the group as one piece of artwork and apply these same rules.

Decide how you will hang it

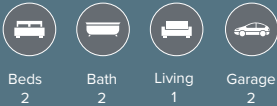
If you are hanging a heavy picture on a plaster wall, find a stud on which to safely anchor the wall hook. Lightweight pictures can simply be hung with adhesive hooks, which can typically be removed from the wall without damaging the paint. Will your painting be hung by picture wire or a metal hook? Wire will need screw eyes to be attached to the frame, and these screw eyes should be positioned on the inner right and left-hand edge of the frame a third of the way down from the top of the frame.

Get to work

Though you will be more accurate using a stud finder to hang your large or heavy pictures on, you can go without. Simply tap your knuckles along the wall until you feel and hear a solid backing – this will be your stud. To hang your picture, hold it up where you would like it and mark a line along the top of the frame. Then, on the frame, measure the distance from the top of the frame to the hook or picture wire (be sure to pull the picture wire taught to determine where it will sit when the frame is hung). Measure down that distance from the pencil mark you made on the wall to find where your chosen picture hook needs to be secured. Hang your picture and behold your home art gallery.

Homes for sale.

Home 31 - \$440,000



Location, location

Spacious two-bedroom home with built-in robes situated on Fourth Avenue adjacent to our clubhouse and indoor heated pool. Kitchen has laminate benchtops with electric wall oven, gas cooktop and a dishwasher. Reverse cycle heating/cooling. Direct access from lockup garage into home.

Key features:

- Ramp to front door
- Established gardens
- Roman blinds

Palm Lake Resort Phillip Island has its own indoor bowls area, an indoor heated pool (heated to 32 degrees every day) and a great barbecue area for the traditional Saturday night drinks to discuss the day's footy or a catch up with friends.

Palm Lake Resort Phillip Island also offers a magnificent Grand Hall which features a movie theatre, grand piano, dance floor and a huge games room where you can play table tennis, pool or billiards.

Other activities on offer include line dancing, yoga, mild paced aerobics, chair-based exercises or you can workout in the gym with a trainer. The resort also has a library and a computer room with broadband internet.

There is also an elegant community dining room and every home in the resort receives one free weekly meal. If you need somewhere to entertain family and friends, our dining room is just the place.

For more information on this home and our resort, FREECALL 1800 066 482.

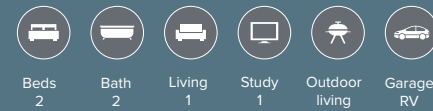
TURN OVER
FOR MORE
GREAT
HOMES...

Homes for sale.

WANT TO BOOK A PRIVATE INSPECTION AND FIND OUT MORE ABOUT OUR RESORT?
 FREECALL 1800 066 482 OR EMAIL PHILLIPISLAND@PALMLAKE.COM.AU
 YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 103 - \$399,000

SOLD!



Room(s) to move

This two bedroom home comes with a study (or you could make it a third bedroom). It's a Fairhaven design and is situated on Sixth Avenue adjacent to parkland.

Other features include:

- An extra wide garage with more storage space
- One bathroom, two toilets
- Open plan living



Home 74 - \$430,000

SOLD!



Peaceful and serene

This home is a cracker. It is so well presented and embodies peace, tranquil, and homeliness. Home 74 is situated on 2nd Avenue beside a walkway to the resort amenities. It features two bedrooms, one bathroom, one toilet and one garage space with a large living area and a step-up to the dining room and kitchen. This home has recently been renovated with new floor coverings and fittings throughout. It has also been freshly painted and is a delight to inspect.



Home 1 - \$370,000



UNDER CONTRACT

Home 143 - \$475,000



**UNDER
OFFER**

Has your situation **changed**?



Looking to sell?

Here at Palm Lake Resort Phillip Island, we understand that situations change. Your lifestyle needs or family situation may require you to move on. If you are thinking about selling, make sure you contact our office to find out what your home may be worth. We also have a waiting list of people looking to move into their perfect home so there's every possibility that we can help you find a buyer for your home quite quickly. Please drop by the office for a chat if you'd like to know more.

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Resort workshop put to amazing charitable use.

IT HAS BEEN A BUSY 12 MONTHS FOR A DEDICATED GROUP OF PALM LAKE RESORT BALLINA RESIDENTS WHO HAVE BEEN HELPING THE ROTARY CLUB OF BALLINA-ON-RICHMOND WITH THEIR TEMPORARY HOUSING PROJECT FOR PEOPLE DISPLACED BY THE BIG 2022 FLOOD.

The waters may have subsided long ago, but many people still remain in very poor living conditions after the severe flooding of 2022. Thankfully though, a project from the local Rotary Club is providing warm, safe, secure and compact homes for people to live in while they are either waiting to have their original homes restored or until they find alternative accommodation.

Palm Lake Resort Ballina resident Col Lee is the coordinator of the Rotary Club of Ballina-on-Richmond's Flood Recovery group. He engaged members of the Ballina Satellite Club, based at Palm Lake Resort Ballina, to assemble kitchenettes in the resort workshop and help with the fit outs of the temporary homes across the Northern Rivers region. All up, 38 homes have been erected, housing more than 100 people across seven affected local government areas.

The satellite assembly team – led by resident Michael Sherlock, a former cabinetmaker – put together the kitchen packs, adding plumbing, sink and hardware to the cupboards. The well-equipped Palm Lake Resort workshop made the job much more efficient and less confined than it would be in a normal garage. Once completed, the kitchenettes are then installed into the temporary homes to

make them ready for occupancy. Under State Government legislation, each temporary home can be occupied for up to five years and must have running water, some form of electricity and a working toilet. A development application is not required, being a temporary dwelling.

Palm Lake Resort Ballina's Resort Manager, Rick Stewart, says it is wonderful to see our residents engaging in such a worthwhile community project.

"The fellowship and sense of commitment among the members has given everyone so much pleasure in our workshop," says Rick.

"Projects such as this give a genuine purpose to all involved in our Resort where we strive to have a close connection to major community projects."

The last of the six homes were erected in the Nimbin area, which many feel has been forgotten by government authorities. This area was very badly affected by landslides – landholders' properties and homes were swept into sunken valleys and roads were covered with up to 15 metres of rock, soil and trees. Their homes and contents have been totally destroyed, never to be seen again. This Palm Lake Resort-based project has been a life changer for those who have suffered severely from the total devastation of their properties and livelihood – finally, thanks to this dedicated, community-focused group, they can begin to move forward. Through their work and expertise, these volunteers have lifted the morale and self-esteem of many people who had all but given up hope. Well done, all!



Leona is driven.

GOSH, WE HAVE A VIBRANT COMMUNITY OF RESIDENTS ACROSS BOTH OUR PALM LAKE RESORT AND PALM LAKE CARE COMMUNITIES - AND OUR TEAM MEMBERS ARE PRETTY VIBRANT THEMSELVES!

Case in point: Leona from Palm Lake Care Mt Warren Park. When she's not heading up the Lifestyle Team, she's generously giving her time to others, including charity. Leona has just returned from the "Shitbox Rally" - an aptly named annual Cancer Council fundraiser that requires participants to drive a car valued at less than \$1500 across various states of Australia. The rally saw her and husband Scott drive a 1989 VN Commodore from Brisbane to the starting line in Adelaide, through the centre of Australia, and over to Perth. Although the rally finished in Perth, the pair managed to complete a return trip and got their 'shitbox' back home to Brisbane - some 12,000km in total! This was Leona's fifth time in the Shitbox Rally, which has raised \$45 million for the Cancer Council in its 14-year history (Leona and her fellow Autumn 2024 rally participants raised \$3 million alone this trip!). Incredible! Leona's residents at Palm Lake Care Mt Warren Park followed her progress throughout the trip online, via a tracker she had in her car. There was loads of excitement across the community as she and Scott made it to each checkpoint. Bravo Leona - what fun, and what a great cause!

Inter-resort good sports.

Palm Lake Resort Eagleby hosted a team from Palm Lake Resort Waterford who put up a good fight, with some great lawn bowls played. However, Eagleby proved to be too strong and ran out winners 91 to 55.

Our Palm Lake Resort Cooroy-Noosa bowlers also took on visitors from Palm Lake Resort Beachmere Sands in a recent inter-resort bowls comp. After the morning session, Cooroy-Noosa were only up one point and one game. After a bit of banter and encouragement over lunch, the Cooroy teams lifted and won six out of eight games and scored 99 to 58 points to comfortably win the day. Final results were: Games won 10.5 to 5.5 and Points won: 196 to 154

Finally, Palm Lake Resort Bethania lawn bowlers took on their counterparts at Waterford recently. Although the final score was 102 to 63, it was no indication of the game. Both teams won three rinks each however one Waterford team won 34 to 5 with a very rare score of 9 on one end. This doesn't happen often - it's a bit like a hole in one in golf. It was a great game that all enjoyed whether playing or spectating.

They're sew good.

The talented crafters at Palm Lake Resort Deception Bay held their 10th annual Quilt Show in recent weeks. A few of the handmade quilts went home with lucky raffle winners – the rest are to be donated to local charities. Special mention to quilter Coral Welham, who turned fabric that wasn't suitable for quilting into pouches for rescued wildlife. Our Deception Bay homeowners really are sew good.



Cindy trains pups to empower.

Palm Lake Resort Beachmere Bay homeowner Cindy is spending her free time in a brilliant way - training pups to become Assistance and Therapy Dogs. Cindy has opened up her Beachmere Bay home to support this fantastic cause and has an ever-changing variety of the most gorgeous pooches staying with her, via the "Empower Assistance Dogs" organisation. Well done, Cindy!

What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? We'd love to hear from you! **Simply email the details to belinda@bellepr.com**

We're all good sports.



FREECALL 1800 066 482 | phillipisland@palllake.com.au
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THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
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