

MARCH-APRIL 2022

# TEA TIME.



## MEET THE LAKERS

Hear from the residents working tirelessly to preserve the aquaculture in our Palm Lake Resort Tea Gardens lakes

## LIGHT IT UP

Christmas isn't over just yet - we're keeping the festive spirit going with a look back at our resort Christmas light competition

## CHOC-FUELLED FUN

It feels like we've just packed away the Christmas tree and now Easter's here! With visiting grandies expected, share in our Easter eggstravaganza



# WELCOME.

Welcome to our March-April newsletter – I hope everyone had an enjoyable Christmas and New Year break! I managed to see lots of residents out enjoying our beautiful resort with friends and family. I am sure they also enjoyed the beautiful Christmas lights on display (see the photos on Page 4).

It has been particularly lovely to see grandchildren playing ten pin bowls or enjoying swims in the pool with their grandparents. There is something so special about multiple generations coming together and creating beautiful memories.

I have noticed that the table tennis group has grown and has two new tables in the Promenade Clubhouse, meaning even more residents can now enjoy a game together. The pickle ball group is also growing, with many residents enjoying this fun game together on the tennis court near the Waterlilies Clubhouse. I watch with interest when I see them all on the court – I think I need to come and learn the rules.

I recently chatted with some of our newest residents and they expressed how much they are loving living at Palm Lake Resort Tea Gardens. I always keep an eye out to see how they are settling in and have seen many of them out and about and joining in with the various special interest groups.

It is so lovely when I am out with the visitors who come for a tour of our beautiful resort, and we come across a group of residents enjoying the facilities. We always stop to chat about what life is like here at Palm Lake Resort Tea Gardens. I would like to thank all the lovely residents who take the time to welcome new faces. It makes the tour special for the visitors and allows them to ask questions about life at our resort. I know they also love seeing your smiling faces.

**Lisa Weir**  
**Palm Lake Resort Tea Gardens Sales Team**

## CONTACT

If you have any questions about Palm Lake Resort Tea Gardens or if you are interested in a private tour of our resort grounds and facilities, simply contact us!

**Freecall:** 1800 756 740

**Visit us:** 50 Spinifex Ave, Tea Gardens

**Email:**  
salesteagardens@palllake.com.au

**Visit our website:**  
www.palllakeresort.com.au/teagardens

**Get social:** Follow us on Facebook (@palllakeresort) and on Instagram (@palm\_lake\_resort)

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# NEWS BRIEFS.

## STAY A NIGHT – ON US

Many of the sales enquiries we receive about homes at our resort come from people in distant locations right around Australia. Did you know that if you are coming to visit us from out of town, you can freecall our Sales Information Centre to arrange your resort tour and a complimentary night's accommodation - on us! This offer is subject to availability and conditions apply, but there's never been a better excuse to indulge in a stopover to properly inspect our world-class facilities and welcoming homes, as well as our fantastic location area.

## READ ALL ABOUT CARE

As part of the Palm Lake Group, Palm Lake Care offers six modern aged caring communities across South-East Queensland. Catch up on all things Palm Lake Care in the company's most recent magazine, The Difference. It features all the winners from our annual caregiver awards, as well as updates on every location. Read it online at: [www.palllakecare.com.au](http://www.palllakecare.com.au)



## MAKE A DATE

Here are some important upcoming dates to note in your diary:

- **New South Wales school holidays:** Saturday, April 9 to Tuesday, April 25 inclusive
- **Easter long weekend:** Friday, April 15 to Monday, April 18
- **Anzac Day (including public holiday):** Monday, April 25

## GET SOCIAL

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.  
**Facebook:** @palllakeresort **Instagram:** @palm\_lake\_resort



## CHRISTMAS CHEER!

The festive season may be over, but we had enough fun this Christmas to keep the joy going well into this New Year. Here, we take a look back at a few of the special memories we made over the Christmas period – including decorated golf carts and visiting grandchildren! **For more festive fun, turn to Page 4.**



## SHINE SO BRIGHT!

Palm Lake Resort Tea Gardens was a sight to behold at Christmas, with residents giving their all in our Christmas Light Competition. Everyone loved walking the streets and looking at the impressive light displays – the judges certainly had their work cut out for them! It was a very close competition, but the ultimate winners were as follows:

**Winning Grove:** Daffodil Grove (House 241 to House 248)

**Best Decorated House:** House 162, Barry and Christine Johnson

**People's Choice:** House 162, Barry and Christine Johnson

Congratulations to not only the winners, but everyone who participated. Your efforts did not go unnoticed, and it was a wonderful way to get into the festive spirit.

## RESORT MANAGER'S REPORT.



There is a lot to celebrate here at Palm Lake Resort Tea Gardens at the moment.

Restrictions are finally easing, bringing welcome relief from the many months of lockdown. I would like to thank all residents for their resilience during this time – you have all made our jobs so much easier by abiding by the COVID directives. We understand it has not been easy, and are so appreciative for all of your patience and understanding.

Now that we are able to once again sing and dance, our Residents' Committee has wasted no time in organising a full calendar of events. It's shaping up to be an exciting year! First event of 2022 will be a Saint Patrick's Dinner Dance with entertainment provided by our very own "Ol'Spice". It is bound to be an enjoyable evening. Stay tuned for updates from the Resident Committee to find out about upcoming events.

Not to be outdone, our Bowling Committee will be hosting an Intervillage Challenge with our new neighbours from Palm Lake Resort Forster Lakes. We look forward to welcoming them into our community and expect it will be competitive – we say, bring it on! I'm sure lots of encouragement and banter will be provided from both sides. We are hopeful it will be the first of many intervillage challenges - perhaps Palm Lake Resort Fern Bay will join us for the next round?

Until next time,

**Kym Bellamy,**

**Resort Manager  
Palm Lake Resort Tea Gardens**

## WEEKLY ACTIVITIES.

### MONDAY

- 10am** Social bowls
- 12noon** Bistro lunch (first Monday), WAC (Women & Cancer)
- 12.15pm** Yoga
- 1pm** Sewing & Craft
- 1.30pm** Movies (first Monday), Mah Jong, Sailing (alternate weeks - WLCC & PROM)
- 2pm** Table tennis
- 7pm** Cards 500, Snooker

### TUESDAY

- 7.30am** Kayaking (Anzac Park)
- 9am** Zumba, Aqua aerobics, Tech Savvy (first and third Tuesdays)
- 1pm** Advanced Canasta
- 2pm** Ladies' coffee afternoon (first Tuesday)
- 3pm** Pickleball
- 6pm** Residents' dinner
- 7.15pm** Movie night

### WEDNESDAY

- 9am** Workshop open
- 9.30am** Tai chi
- 11am** Line dancing (not first Wed), Darts
- 1.30pm** Ladies lawn bowls
- 2pm** Art, Tennis
- 6pm** Residents' dinner
- 7.15pm** Movie night

### THURSDAY

- 9am** Aqua aerobics
- 10.30am** Shibashi
- 12.30pm** Pie Day 'pick up'
- 1.15pm** Tenpin bowling
- 1.30pm** Card making
- 2pm** Table tennis
- 3pm** Social bowls

### FRIDAY

- TBC** Shopping bus
- 9.30am** Chair yoga
- 2pm** Tennis
- 5pm** Happy Hour

### SATURDAY

- 9am** Workshop open
- 1pm** Advanced Canasta
- 2pm** Social bowls, Table tennis
- 3pm** Pickleball

### SUNDAY

- 12noon** Sunday Roast (fourth Sunday)
- 1.30pm** Mah-jong
- 2pm** Movies, Tennis



# MEET THE LAKERS.

THEY'RE NOT MEMBERS OF LOS ANGELES' FAMED BASKETBALL TEAM – RATHER, A GROUP OF RESIDENTS WORKING HARD TO PROTECT THE AQUACULTURE IN PALM LAKE RESORT TEA GARDENS' THREE LAKES. MEET GRAHAM REYNOLDS, CHRIS HARVEY, STUART RHODES AND ROD IVISON - OUR VERY OWN 'LAKERS'.

We're blessed with beautiful natural scenery here at Palm Lake Resort Tea Gardens, both within and around our resort. It's only natural that our residents would want to protect it, which is exactly what The Lakers are doing.

"This project started around March last year, with a view to enhance the fishing prospects in our resort while also protecting the aquaculture in the resort's three lakes," says Laker Rod Ivison. "We have a lot of avid fishermen and women here, but we also realised that fish are important to the health of the lakes. That's where it all began."

While none of The Lakers are qualified in marine biology, they are all keen fishermen with a commitment to learning all they could about the lakes' ecosystems. They even arranged to meet with a retired marine biologist, who pointed out that the lake is actually healthy - the growth of slimy weed simply makes it look a lot worse than it is.

"We came up with a plan and put together a presentation to help us secure funding, which the Residents' Committee graciously gave us," says Rod. "The bar committee kindly put up \$1000, and contributions from other residents gave us another \$1400 which was enough to get started."

The Lakers have been introducing yabbies, fingerlings and larger fish to support the lakes' aquaculture, and the resort's gardeners are on board to poison selected plants. While the project is far from completed, it is going well so far.

"We have been pleased to be a part of it," says Rod. "It's generated a lot of interest around the village, as people are interested in what we're doing and what we're learning."

The Lakers get the fish from local suppliers – one breeds large fish for Chinese restaurants, and another nearby yabby farm provides zoos with feed for platypuses and other animals.



"It's rather nice to talk to these people and get an understanding of what it is we're putting in there," says Rod. "We are amateurs, but having these experts on our side has been a huge help."

Thanks to the care and attention from The Lakers, the three on-site lakes are now self-sustaining. There are still more fish to release – a new batch of yabbies will be introduced in March – and a pesky pelican and cheeky cormorant who like to hang around, but for the most part, The Lakers' hard work is almost done.

"We will have to manage the eels long-term, but we are in a good position," says Rod. "It will still be a little while until the results are shown, so we are excited to see what happens. We are happy that we have had the opportunity to take an eco-friendly approach to improving fishing here at the resort."



# FIVE FUN WAYS TO CELEBRATE EASTER.



EASTER IS ALL ABOUT FAMILY, DELICIOUS FOOD AND CELEBRATION. WHETHER YOUR GRANDKIDS ARE COMING TO TOWN, YOU'RE HEADING OUT TO VISIT THEM, OR YOU'RE ENJOYING A MORE LOW-KEY EASTER CELEBRATION AT HOME, HERE ARE A FEW WAYS YOU CAN SPEND THE LONG WEEKEND.

## Easter baking

Baking is one of those skills that is passed on from grandparent to grandchild. With all the extra chocolate going around, this is a great time of year to get your grandkids in the kitchen. Choose simple recipes (with minimal sharp knives and hot surfaces) if you're working with younger kids, or consult your recipe archives to pass on a family favourite if you feel your grandchildren are old enough. The easiest dish to make with children is definitely rocky road – see the opposite page for a simple recipe.

## Get giving

Christmas is usually associated with gifting, but who says you can't give out Easter presents, too? The perfect alternative to chocolate (should your gift recipient have allergies or dietary requirements) your Easter gift might include a baked treat, a small card, a cute decoration or craft item or even some potpourri or homemade soaps. If the grandkids are in town, have them help you assemble these small gifts and deliver them around the resort.

## Fun crafts

Everyone loves a good craft activity, and Easter is full of inspiration. Why not make a small nest for some faux baby chickens or Easter basket for your next resort egg hunt? For

something a bit more functional, why not make beautiful homemade cards to help you spread the love around your resort? The internet is full of inspiration for Easter crafts of all kinds.

## Decorate

Decorating your home is a great way to get into the Easter spirit! Soft pastel tones are the obvious choice, but you could play with fresh flowers and greenery to liven things up a bit too. If you're hosting Easter brunch, lunch or dinner, it's all about your table setting. Light colours will be your best friends, as will natural textures like wicker, rattan and straw. Balance them out with gleaming glass and silverware, add some fresh florals and a beautiful spread and you're sorted.

## Sunday fun

How do you spend Easter Sunday itself? Maybe this year is the year to try a new tradition? If you're spending it with your grandchildren, you could start the day with a special Easter breakfast followed by an egg hunt (utilising those baskets they made, of course!). Grandchildren or no grandchildren, you could also spend the day playing fun board games, relaxing with a good book and a cup of tea, or enjoying some time outdoors. Your traditions are exactly that – yours.

## HOW TO USE UP ALL THAT CHOCOLATE.

EASTER, OBVIOUSLY, MEANS TONNES AND TONNES OF CHOCOLATE. EVEN WITHOUT THE EASTER BUNNY PAYING YOU A VISIT, YOUR EXTENDED FAMILY MEMBERS, FRIENDS AND NEIGHBOURS WILL LIKELY GIVE YOU A FAIR AMOUNT OF CHOCOLATE THIS WEEKEND. INSTEAD OF ENDING UP IN A CHOCOLATE COMA, PUT YOUR EASTER CHOCOLATE TO BETTER USE WITH THESE CLEVER IDEAS.

### Make a bunny milkshake

Those tall Easter bunny-shaped chocolates also make for awesome milkshake holders! Mix up your favourite flavour, bite off the bunny's ears and pour it inside (just be sure to keep most of the wrapping on, to prevent your fingers melting all the chocolate). Then, grab a straw and get sipping! This idea is perfect for the visiting littlies (or the big kids, at heart!)

### Chocolate bark

It's so simple, but so tasty. Chocolate bark is simply just melted chocolate poured onto a baking tray, sprinkled with whatever toppings you like and re-refrigerated. Dried fruit and nuts make it ever so slightly healthy, but you can also get experimental and make it taste like your favourite chocolate bars – sprinkle desiccated coconut for a Bounty Bar effect, or caramel and crushed up biscuits if you love Twix.

### Chocolate-dipped fruit

Make the most of the fact that you've got a near-endless

supply of quality chocolate and melt it all together to make the most delicious chocolate dip. You can make chocolate strawberries or bananas, or even throw some blueberries, goji berries or raspberries in there and make a tasty, chocolatey snack that everyone will love. Just pop them in the fridge and enjoy them whenever you like!

### Homemade chocolate topping

Is there anything better than ice cream and chocolate sauce? Yes – ice cream with Easter egg-flavoured chocolate sauce! Simply melt all that chocolate together and pour it over your favourite ice cream flavour for an easy dessert idea (and an easy way to get through the Easter egg supply).

### Hijack your baking

Whether you bake up a batch of cookies, muffins or cupcakes, toss a couple of Easter eggs into the mix to take it to the next level. Your grandkids or neighbours will love biting into their favourite baked goods and discovering an oozy, melted Easter egg inside. Who wouldn't?!

## RECIPE: ROCKY ROAD.

### Ingredients:

- 100g biscuits, roughly crushed
- 400g dark chocolate, chopped
- 200g milk chocolate, chopped
- 200g strawberries and cream sweets
- 250g pink and white marshmallows, quartered
- 100g milk chocolate hollow eggs
- 100g slivered almonds, toasted (or peanuts, optional)

### Method:

1. Line a 20cm square cake pan with baking paper, leaving sides to overhang.
2. Place dark and milk chocolate in a heatproof bowl over a saucepan of simmering water. Stir with a metal spoon until melted and smooth. Remove from heat.
3. Reserve some of the marshmallows, sweets and Easter eggs for decorating. Stir the remaining ingredients into the chocolate until combined.
4. Spoon mixture into pan. Top with reserved sweets and Easter eggs, pressing them into the chocolate. Chill for two hours or until set.
5. Remove from pan by lifting out with paper. Cut into pieces to serve.

# CASH BUYERS AWAIT.



There has been an unprecedented level of enquiry on homes at Palm Lake Resort Tea Gardens - so much so that we are short on properties to sell! It seems our secure resort grounds, the low-maintenance/high-quality homes, world-class facilities, myriad of weekly activities and our welcoming coastal community have made Palm Lake Resort Tea Gardens a very sought-after local neighbourhood. If you're a homeowner here and your situation has changed so you are contemplating a move, please let our Sales Consultant, Lisa, know. She can give you an appraisal to help you make up your mind. We have qualified buyers waiting to hear about any new homes as they hit the market. Stop by the Sales Centre, 9am-4.30pm, Monday-Friday.

## HOME 5 - \$875,000

SOLD!



### WELL POSITIONED

This highly sought after Degas 1 design is positioned in a coveted, premium location within the Tea Gardens resort. Situated in Stage 1, this home has an amazing outlook backing onto the open land next door. It is in walking distance to Waterlilies Country Club, tennis court, library and has beautiful established gardens. For added convenience, this home is close to the local shopping centre and features cost saving solar panels. The floor plan is masterfully designed featuring an open plan kitchen and living area, perfect for flexible living or entertaining family and friends and a separate lounge room. There are three generous sized bedrooms, bathroom and ensuite. The north facing alfresco area is a private oasis.

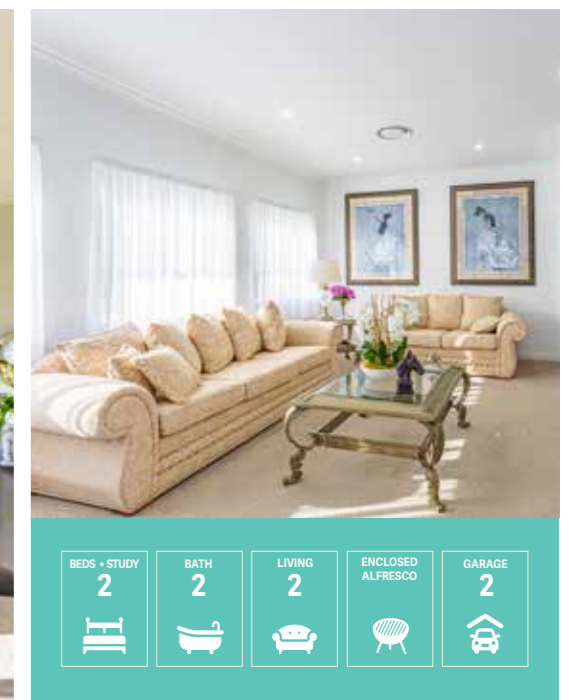
BEDS + STUDY 3	BATH 2	LIVING 2	ENCLOSED ALFRESCO	GARAGE 2
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## HOME 266 - \$860,000

SOLD!

### VAN GOGH III

Located in a peaceful cul-de-sac within walking distance to the Promenade Country Club, this lovely Van Gogh design has an open, spacious feel. Featuring two indoor living areas and a generous outdoor entertaining area with a northerly aspect, this home has two bedrooms plus a study large enough for an extra guest bed if required. The Master bedroom also has an Ensuite with bathtub and walk-in-robe. A number of upgrades have been added to this home including a 5.2kw Solar System, undercover alfresco area with full length weather screens to protect the outdoor living area. Ducted air-conditioning, ceiling fans, insulation, wide eaves, raked ceilings, and plenty of windows to catch the coastal breeze make this home light, airy and comfortable no matter the season. European appliances in the kitchen and a powerful ducted vacuum system are perfect for modern living. Call to inspect this delightful home today.



BEDS + STUDY 2	BATH 2	LIVING 2	ENCLOSED ALFRESCO	GARAGE 2
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To find out more, freecall 1800 756 740 or stop by the Sales Information Centre, 9am-4.30pm, Monday to Friday (and weekends by appointment).

# Your cruise ship ashore.

Living at Palm Lake Resort has been compared to living the cruise ship lifestyle everyday. Just like cruising, our homeowners have everything they need, right on their doorstep. Think resort-style pools, gymnasiums, a wealth of activities and entertainment, social gatherings, food and drink, and more. But you can captain your own ship, here at Palm Lake Resort.

**This is your time.**



SALES INFORMATION CENTRE OPEN MONDAY TO FRIDAY FROM 9AM  
TO 4.30PM, WEEKENDS BY APPOINTMENT | 1800 756 740  
salesteagardens@pallmlake.com.au | 50 Spinifex Ave, Tea Gardens NSW 2324

**THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.**  
[pallmlakeresort.com.au](http://pallmlakeresort.com.au)