

NOVEMBER - DECEMBER 2025



Tea Time



Plan a trip using animal instincts

Capitalise on our country's incredible array of fauna when planning your next adventure

Putting the fun in fundraising

Two of our latest events did more than just entertain us - they raised money, too

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

As the year winds down and summer steps in with its warm, golden days, Palm Lake Resort Tea Gardens is buzzing with energy. It's often assumed that an over-55s community must be a quiet place filled with people taking it slow – but anyone who spends a day here knows that couldn't be further from the truth.

Our residents are some of the most active, vibrant and outdoors-loving people you'll ever meet. With the sunshine sticking around, you'll find locals out walking, bike riding, playing pickleball, swinging a racquet on the tennis courts, enjoying bowls, heading out fishing, perfecting their golf game or even gliding across the water in kayaks.

Indoors and out, the activity continues with exercise classes, yoga, Zumba, meditation, aqua aerobics, swimming and plenty of friendly faces making good use of the gym.

The warmer weather has also brought a steady stream of newcomers. Our sales office has been buzzing, with one settlement in September and three in October. Turn to Pages 8 and 9 to see for yourself! It's been wonderful to see our newest residents settling into their homes, exploring the resort and forming new friendships.

As we head into the festive season, we wish everyone a very Merry Christmas and a joyful New Year spent with friends, family and the people who make this community so special.

Here's to a bright and active summer at Palm Lake Resort Tea Gardens.

Until next time,

Lisa Weir
Palm Lake Resort Tea Gardens Sales Team

Contact us.

Looking for more information about Palm Lake Resort Tea Gardens? Here's how you can reach us:

PHONE: 1800 756 740

STREET ADDRESS:
50 Spinifex Ave
Tea Gardens NSW 2324

OFFICE HOURS:
9am to 4.30pm, Monday to Friday
(weekends, by appointment)

EMAIL:
salesteagardens@palllake.com.au

FIND US ONLINE AT:
palllakersort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakersort) and on
Instagram (@palllake.resort)

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News in brief.

After hours maintenance

Administration Hours: Monday to Friday, 9am to 4pm (closed for lunch 12.30pm to 1.30pm).

Maintenance Staff Hours: Monday to Friday, 8am to 4pm. For urgent maintenance outside these hours please contact the trade direct - your job will be triaged and scheduled as necessary. The contractor will notify resort management if they are required to attend site. Note: All other maintenance is to be logged as normal.

Country to Coast Plumbing (Tim Mason)

Mobile 0474 659 574

Howell electrical (James)

Mobile 0422 694 535

Medical emergency

Safetylink Emergency System:

Activate your pendant, the response centre will coordinate on your behalf.

Comms Co: 07 5607 4030

We want to hear from you!

Whether you've snapped photos at a recent event or there's a new activity you'd like to announce, this newsletter is the place to share the latest and greatest resort happenings. Chat to your caretaker about how to submit content and to find out deadlines for upcoming editions.

Get social

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @palllakersort
Instagram: @palllake.resort



Weekly activities

MONDAY

8.30am Golf Day at Hawks Nest Golf Club (last Mon. of month)

11am Line Dancing for beginners

1pm Sewing & Craft

1.30pm Musical Afternoons – Theatre (every 2nd & 4th Mon.), R.C Model Yacht Racing

2pm Table Tennis

7pm Meditation – Theatre (1st Mon. of month), Cards 500 & Snooker

TUESDAY

7.15am Kayaking (Anzac Park)

8am Fishing/Social Club (2nd Tues. of month)

9am Ladies Day @ Workshop, (Craft) Paint by numbers, Zumba

1pm Advanced Canasta

2pm Ladies Coffee Afternoon (1st Tues. per month)

3pm Pickleball*

7pm Movie night

WEDNESDAY

9am Exercise Class, Workshop open

10am Forget Me Nots dementia support group (2nd Wed. of month)

10.30am Aqua Aerobics, Line Dancing

11am Darts

12pm French Class

1pm Art

1.30pm Ladies Bowls

2pm Musical Afternoons – Theatre (1st & 3rd Wed. of month)

4.00pm Tennis (2.30pm start May–October)

6.30pm Trivia (1st Wed. of month)

THURSDAY

9am Pickleball*

9.30am Yoga (cost for participating residents)

10am U3A French, French Movie – Theatre (last Thurs. of month)

1.15pm Ten Pin Bowling

1.30pm Social Bowls, Card Making

2pm Table Tennis

FRIDAY

8am Bus outings

9am Exercise Class

10.30am Line Dancing

1.30pm R.C Model Yacht Racing

5pm Happy Hour

SATURDAY

9am Workshop open, Pickleball

1pm Advanced Canasta

1.30pm Social Bowls

2pm Table Tennis

SUNDAY

1.30pm Mah Jong, Knit & Natter

2pm Movies

4pm Tennis

7pm Crazy Whist (last Sun. of month)

**This time is now locked in for the remainder of the financial year, regardless of daylight savings time*

A moment to say thank you.



COMMUNITY SPIRIT ISN'T JUST SOMETHING WE TALK ABOUT – WE EXPERIENCE IT EVERY WEEK, THANKS TO THE DEDICATION OF OUR INCREDIBLE SOCIAL COMMITTEE.

We would like to extend heartfelt recognition to our committee members, current and past. Each event, big or small, is always thoughtfully planned, whether it's a themed afternoon, a festive celebration or a chance to simply catch up with neighbours. These gatherings help shape the warm, welcoming atmosphere that defines Palm Lake Resort Tea Gardens living.

Just yesterday, our Social Committee outdid themselves once again with the hilarious Op Shop Tea Dance, and the fabulous Fashion Show (which raised much needed funds for a very worthwhile cause!).

And with more events always on the horizon, like our much-anticipated Melbourne Cup festivities, there's so much to look forward to.

A big thank you to our Social Committee for all they do. Your efforts make our resort the special place that it is.

Until next time,

Martina Cross
Palm Lake Resort Tea Gardens Resort Manager

Fabulous fashions – for a cause!

Palm Lake Resort Tea Gardens was proud to support a wonderful community event recently, hosted by the Tea Gardens Lions Club in support of the Umbrella Foundation. With 170 tickets sold, the fundraiser was an outstanding success – and many of our very own residents played a starring role.

Several Tea Gardens residents stepped onto the catwalk as models for the fashion show, and they did a truly spectacular job. After weeks of rehearsals, every step, turn and smile was delivered with confidence. Their enthusiasm set the tone for a fun, feel-good event that left the whole audience cheering.

A special mention goes to our talented resident Marina, who worked tirelessly behind the scenes. Not only did she help coordinate the choreography and support the models on the day, but she also generously styled every single look. From outfits to accessories, Marina supplied it all, ensuring each model looked polished, elegant and runway-ready. Her creativity and generosity played a huge role in making the show such a memorable occasion.

It's always impressive – though never surprising – to see how



wholeheartedly our residents support the wider Tea Gardens community. Whether stepping into the spotlight or helping behind the scenes, their involvement added warmth and spirit to a meaningful cause.

Congratulations to everyone involved, and a heartfelt thank you for helping make a positive difference.

And the fundraising fun continued...

Palm Lake Resort Tea Gardens just keeps on giving! On Sunday October 19, we enjoyed a good old-fashioned Tea Dance, complete with music from the 40s through to the 60s. Residents took to the floor for an afternoon of dancing, indulged in a glass or two of bubbly, and treated themselves to a delicious cupcake – with a comforting cup of tea for those who fancied it.

The added twist was the theme: an Op Shop Tea Dance. Everyone was encouraged to put together an outfit sourced from a local charity store, and the results were nothing short of delightful. We saw glamorous ensembles competing for “best dressed” and wonderfully daggy creations vying for “worst dressed”. The creativity was all part of the fun and gave the afternoon an extra layer of charm.

In true Tea Gardens spirit, the event also supported a worthy cause. Thanks to all the op-shop purchases, an impressive \$578 was raised in receipts – a testament to the generosity and enthusiasm of our residents.

It was a joyful Sunday afternoon filled with music, laughter and community spirit.

Ann Gallagher
Social Committee Secretary



Animal instincts.

PERHAPS MORE THAN OUR BEACHES, OUR SLANG WORDS OR OUR ACCENT, HERE IN AUSTRALIA, WE'RE BEST KNOWN FOR OUR ANIMALS. BUT THERE'S MORE TO OUR FAUNA THAN JUST KANGAROOS AND KOALAS. WE KNOW PALM LAKE RESORT HOMEOWNERS LOVE TO TRAVEL, SO GO WILD WITH THESE AUSSIE ANIMAL ENCOUNTER IDEAS.

Quokkas of Rottnest Island

Unofficially dubbed the 'world's most photogenic animal', the quokka is the small macropod with a big Instagram presence (there are 380,000 posts under the '#quokka' hashtag and counting!). A vulnerable species, they can only be found in a small area of southwestern Australia – most notably, Rottnest Island. This small island off Perth annually draws over 750,000 visitors, all vying for the ultimate souvenir: a quokka selfie.

Whale sharks of Ningaloo Reef

Is it a whale, is it a shark? Technically, it's a fish – the largest living fish species, to be precise. Though whale sharks can be found in other corners of the world, like the Philippines, Galapagos and even Mexico, Western Australia's Ningaloo Reef boasts the highest rate of whale shark numbers and the best accessibility, meaning it's the best place to find these gentle giants close to home.

Crocodiles of Kakadu

Did you know that the Northern Territory is home to the world's largest wild crocodile population? Experts estimate there are around 100,000, which means there are plenty of places to spot them in the wild – Kakadu National Park included. For a heart-racing, blood-pumping croc spotting experience, look no further than a crocodile cruise on the Adelaide River. The cooler months of June, July and August are the best time to see them, when they make their way to the shore to bask in the sun. Our tip: Scared of encountering these prehistoric beasts in the wild? A trip to Australia Zoo's Crocoseum is the next best thing.

Penguins and seals of Phillip Island

Just over two hours from Melbourne by car, Phillip Island is home to the world's largest colony of 'little penguins' (as well as a Palm Lake Resort!). The smallest penguin species, these flightless seabirds are also known as fairy penguins and are best spotted during a 'Penguin Parade'. The best part? They're not the only animals you can spot on the island. At the appropriately named Seal Rocks, you'll also find Australia's largest colony of fur seals – and a boat cruise is one of the best ways to see them.

Wombats of Tasmania

Did you know that a group of wombats is called a 'wisdom'? Or that Tasmania is one of the best places to spot them? From Maria Island to Cradle Mountain, wombats abound on the

island state. While they are a slightly different sub-species to those found on the mainland, don't worry – they're just as round and adorable as you'd imagine. On Flinders Island, for example, they're blonder than most. Perhaps it's all the time they're spending at the beach?

Sealife of the Great Barrier Reef

African safaris have 'the big five' – on the Great Barrier Reef, they have the 'great eight'. Next time you're snorkelling around Lady Elliot Island, Heron Island or the Ribbon Reefs, keep an eye out for the following marine animals: clownfish, giant clams, manta rays, Maori wrasse (behold their 'puppy-like behaviour'), the friendly potato cod, turtles, whales, and over 50 species of sharks (don't worry – some are less dangerous than others).

Dingoes of K'gari (Fraser Island)

Unlike much of the country, dingoes in Queensland's national parks are protected as a native species – especially on K'gari, where they have had few chances to crossbreed with domestic and feral dogs. As a result, K'gari is home to around 200 dingoes – all protected, all 'pure strain' (or purer than anywhere else in the country). While it's beautiful to behold their distinctive golden coat and cute white 'socks', it's important you keep your distance. You're visiting their home, after all.

Cassowaries of the Daintree

Named for the Papuan phrase 'kasu weri' (meaning horned head), the southern cassowary is the third tallest, second heaviest living bird – and, some say, the most dangerous. They're most often spotted in North Queensland – in fact, the Daintree Rainforest is in the heart of a 'cassowary corridor', and you'll likely see them from the moment you arrive at the visitors centre. Just be sure to keep your distance – their vivid colouring belies their aggression if provoked.

Camels of Uluru

Sure, they're not technically an Australian animal, but navigating the Red Centre atop a camel is one of the most memorable outback experiences you can have. After being introduced in the 18th century as working animals, they were released into the wild in the early 20th century – only to become pests. Now, responsible camel tour providers are putting them to work once again, leading 'camel trains' around the desert.



Eyes to the skies.

AUSTRALIA IS A BIRDWATCHER'S PARADISE, HOME TO MORE THAN 800 SPECIES. HERE ARE NINE OF THE MOST ELUSIVE AND ICONIC TO KEEP AN EYE OUT FOR WHILE YOU'RE ON YOUR NEXT TRAVEL ADVENTURE - OR FOR SOME LUCKY PALM LAKE RESORT HOMEOWNERS YOU JUST MIGHT SPY ONE IN YOUR OWN BACKYARD!

SUPERB LYREBIRD: Australia's ultimate mimic, the Superb Lyrebird can imitate everything from chainsaws to car alarms. Look (and listen) for them in the temperate rainforests where males fan their ornate tails in dazzling displays – particularly the Blue Mountains and Dandenong Ranges.

GLOSSY BLACK-COCKATOO: Smaller and rarer than their rowdy yellow-tailed cousins, these shy seed-crackers feed almost exclusively on casuarina cones. They're usually seen in pairs or small family groups among the coastal forests of Queensland, New South Wales and South Australia – including Noosa National Park and Kangaroo Island.

REGENT HONEYEATER: Once common across eastern woodlands, this critically endangered beauty now numbers fewer than 300. Its bold yellow-and-black plumage makes it a breathtaking sight when it appears among the eucalypts of the Capertee Valley and Chiltern–Mt Pilot National Park.

RAINBOW LORIKEET: Vibrant, noisy and impossible to ignore, Rainbow Lorikeets might be common along the coast, but their riot of colour and constant chatter make them one of Australia's most recognisable icons.

AUSTRALIAN KING PARROT: With their striking scarlet chests and emerald wings, King Parrots frequent forested areas and mountain trails and often appear in pairs or small flocks. Keep an eye out in eastern Australia, from Cooktown to Melbourne – especially Lamington National Park and the Otways.

PINK ROBIN: Small, shy and perfectly pastel, the Pink Robin is a cold-climate dweller best found flitting through the shadows of temperate rainforests. When in Tasmania, Victoria and the NSW highlands (including Wilsons Promontory), look up!

BLACK-BREASTED BUTTONQUAIL: A ground-dwelling phantom of the subtropics, this elusive bird leaves its tell-tale feeding "platelets" on the forest floor. Spot them in the vine scrub near Gympie and the Scenic Rim.

PALM COCKATOO: Among the world's largest and most charismatic parrots, the Palm Cockatoo uses sticks as drumsticks to court a mate, making it one of nature's great performers. They mostly reside throughout Cape York Peninsula.

AUSTRALIAN FAIRY TERN: Australia's smallest tern is a rare beach-nesting species that breeds along the southern coastline, its delicate form darting over the turquoise shallows of Western Australia and South Australia.



Homes for sale.

WANT TO BOOK A PRIVATE TOUR AND FIND OUT MORE ABOUT OUR RESORT?
PHONE 1800 756 740 OR EMAIL SALESTEAGARDENS@PALMLAKE.COM.AU.
YOU CAN ALSO VISIT US ONLINE AT PALMLAKERESORT.COM.AU

Home 26: \$1,075,000

Beds

3

Bath

2

Study

1

Living

2

Garage

2

Alfresco

1

Monet

Freshly painted with new carpet throughout, this beautifully presented Monet design home offers 3 bedrooms, including a main with ensuite and walk-in robe, plus built-in robes in the other two. The separate study overlooks a private courtyard. A formal lounge with gas fireplace complements the modern kitchen and spacious family room, which flows onto a tiled, landscaped courtyard ideal for outdoor living.



UNDER OFFER

Home 43: \$995,000

Beds

3

Bath

2

Living

2

Garage

2

Outdoor Living

Degas.

This highly sought-after home is perfectly positioned within the resort, just a short walk to the Waterlilies Country Club, tennis court and library. Surrounded by beautiful gardens, the home offers a peaceful and private setting. Recently painted inside and out, with new carpets laid, it feels fresh and inviting. The kitchen features European appliances and stone benchtops, while solar power and solar hot water add energy efficiency.



Home 202: \$1,300,000

Beds

3

Bath

2

Study

1

Living

2

Garage

2

Alfresco

1

Renoir III

This private Renoir III home sits beside tranquil lake and bushland, with a greenbelt opposite offering easy access to the Promenade Clubhouse. Enjoy three bedrooms, a large study, light-filled formal living, and an open kitchen/family zone flowing to a spacious, north-facing alfresco oasis overlooking the lake. With a luxurious master suite, quality finishes, ducted air, solar, and double garage, it's an exceptional retreat.



Home 172: \$950,000

Beds

2

Bath

2

Study

1

Living

2

Garage

2

Alfresco

1

Van Gogh III

This sought-after design is immaculately maintained and perfectly located. It features two bedrooms, a study, and a light-filled lounge/dining area. The open-plan kitchen and family room have high raked ceilings and triple stacker doors leading to a private northerly alfresco area, ideal for entertaining. Luxury additions include ducted air, Smeg appliances, quartz benchtops, and a ducted vacuum system.



SOLD

Home 133: \$1,100,000

Beds

3

Bath

2

Study

1

Living

2

Garage

2

Alfresco

1

Renoir III

This beautifully positioned home offers privacy and peace, backing onto open green space while remaining just a short stroll from resort facilities. Designed with comfort and space in mind, it features three bedrooms - two at the front creating a guest wing, and a rear master suite with walk-in robe and ensuite including a bath. The spacious kitchen, with stone benchtops and European appliances, overlooks a north-facing alfresco area.



UNDER OFFER

Home 27: \$750,000

Beds

2

Bath

1.5

Living

1

Garage

2

Outdoor Living

Rembrandt.

If you are looking to truly relax and enjoy an easy, retired lifestyle, then look no further! A unique duplex and the best value in the entire resort, this well maintained two-bedroom home also has a large sunroom that could easily be used for additional guest accommodation. The open plan living/dining/kitchen looks out onto a north facing courtyard surrounded by beautifully manicured gardens.



UNDER OFFER

Home 100: Contact agent

Beds

3

Bath

2

Study

1

Living

2

Garage

2

Outdoor Living

Renoir II

Featuring three bedrooms, the master bedroom is to the rear of the home while the two guest rooms to the front of the home, making it feel like the 'guest wing'. The master bedroom features a large ensuite with a bath and WIR. The entertainer's kitchen is large and features stone benchtops and European appliances and is the real heart of the beautiful home. It overlooks the north facing covered alfresco area.



SOLD

Home 44: Contact agent

Beds

3

Bath

2

Study

1

Living

3

Garage

2

Outdoor Living

Renoir.

This home design boasts spacious rooms throughout with an open plan kitchen/family room opening onto the large private courtyard which has been recently landscaped. The kitchen shines with Quantum quartz benchtops and European appliances. The home will have new blinds throughout, new carpet, security screen doors, solar hot water, solar power system, plus a terrific location close by to Waterlilies Country Club.



SOLD

Over the back fence.

THE PALM LAKE GROUP SPANS 27 RESORT ADDRESSES ACROSS THREE STATES AND SOME 12,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW 'FAMILY MEMBERS' HAVE BEEN UP TO - WHETHER JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN!

Our Bargara homeowners prove themselves charity champions

BARGARA
RAISES
\$250,000 FOR
CHARITY!

Palm Lake Resort Bargara again this year proved their passion for worthy charitable causes, raising another \$28,500 for Relay for Life. This effort takes the resort's total figure raised for the annual Cancer Council Queensland event to an incredible \$250,000!

Palm Lake Resort Bargara's team, "Young at Heart", was proud to see previous team member Ron Myler named the 2025 Relay For Life Patron. Ron was the driving force behind this resort's involvement with the Cancer Council after himself suffering cancer. Bundaberg and Fraser Coast Relay for Life chair Harrison Titmarsh said having such dedicated team return year after year was really meaningful.

"It shows an incredible level of commitment and passion, not only for the event but also for the purpose as to why we Relay For Life," Harrison said.

"As Chair, I am incredibly grateful to have them join us year after year, they are simply amazing at what they do."

Harrison said our resort's passion, commitment, dedication and determination for raising funds for Cancer Council was simply incredible.

"This team inspires myself to do even more fundraisers to raise vital funds for Cancer Council Queensland," he said. "As someone who has been touched by cancer twice in their life. I've seen firsthand the strength it takes to keep fighting. It's so important to raise much needed funds

for Cancer Council Queensland so they can continue research, early prevention and cancer support services.

As Harrison pointed out, and Palm Lake Resort Bargara homeowners agree, Relay For Life injects fun into what we all know as "an evil disease".

"(Our team) certainly give everyone a run for their money with how well they do and they should be incredibly proud of themselves. The Young at Heart team fundraises 365 days of the year, they have turned fundraising into a full-time sport and trust us, they're in 'relay' good shape!"



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Bowlers converge on Roma

A long-standing tradition among a group of dedicated Palm Lake Resort bowlers sees teams converge on a regional town for a few days of greens action. This year, the inter-resort bowling competition hit Roma, which is about 5.5 hours west of Brisbane along the Warrego Highway. Players travelled from Palm Lake Resorts Upper Coomera, Hervey Bay, Bargara and Beachmere Bay for the event. While the point of the event is a bowls tournament, we can tell you that the main attraction is the social connection, with bowlers (and many tag-along non-bowling friends) meeting up with homeowners from fellow Palm Lake Resorts.



The Cup stops by

Check out the special visitor that stopped by Palm Lake Resort Truganina recently - the 2025 Lexus Melbourne Cup! It's an iconic piece of Aussie sporting history and our team was thrilled to have it in their (gloved) hands while it was on its annual Melbourne Cup tour. Giddyup!

What's over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? We'd love to include it in the next editions of our resort newsletters. Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com

Tasty Tea Gardens tradition

Each year, as the resort cumquats ripen, a group of dedicated Palm Lake Resort Tea Gardens residents roll up their sleeves, gather in the resort kitchen and turn baskets of fruit into jars of golden jam. Jam making has become more than just a seasonal event; it's a highlight on the Palm Lake Resort calendar! There's always laughter, plenty of taste-testing and, of course, a delicious reward at the end. Best of all, the jars are shared far and wide, bringing a little homemade joy to residents and visitors alike. Such a special resort tradition that we all think is fab!



Collection makes cents

Palm Lake Resort Deception Bay homeowners Pete and Jenny report that they've collected 23,689 containers for recycling so far this year! That means \$2328.90 has gone to Farm Angels, their chosen charity. Farm Angels provides support to outback communities facing fire, flood, plagues, droughts and other calamities. Pete and Jenny say it's surprising how much their collections vary month to month. "In the warmer months, December to March, we get \$75 to \$80 a week - sometimes over \$100," they say. "It's a good job we have a large SUV to squeeze all the bags in!" Last year the pair raised \$4000 for the year by collecting and recycling cans. Let's hope the Deception Bay community helps to get this very dedicated pair to their same target again this year.



65 years of love!

Palm Lake Resort Hervey Bay homeowners Les and Anita enjoyed a lovely resort celebration to mark their 65th Wedding Anniversary recently. What a wonderful milestone!

Connections, for life.



1800 756 740 | salesteagardens@palllake.com.au
50 Spinifex Ave, Tea Gardens NSW 2324

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