

NOVEMBER-DECEMBER 2022

TEA TIME.



BACK IN THE SALON

It's been almost five years, but we are delighted to have hairdresser Jayne Kippers back in our resort salon

WALK DOWN MEMORY LANE

Reminiscing is good for you, so we've recalled the biggest moments from the 70s-80s. Do you remember them?

THANKS FOR YOUR SERVICE

Palm Lake Resort Tea Gardens recently hosted a gathering of extraordinary women. Find out more on Page 5



WELCOME.

Welcome to the November-December edition of Tea Time, and our last newsletter for 2022. What a year it's been.

Christmas is just around the corner and I am sure you are all looking forward to spending quality time with your friends and family over the holiday period.

It will certainly be a busy few months, with many Christmas functions coming up between now and the end of the year. We hope you all have a wonderful time.

The past few months have been busy for our Sales Team. We have had some beautiful established homes coming onto the market – the current homes available are on our website or feel free to call our Sales Team on 1800 756 740.

We have also had some lovely new homeowners moving into our resort. I trust that you will all wish them a warm welcome when you see them around.

A reminder that we have a list of people who would love to make Palm Lake Resort Tea Gardens their new home. These buyers are ready to be notified when any homes become available so, if you have had a change of circumstances are now looking to sell, know that there will be an eager buyer waiting to move in.

I'd like to wish our current and future homeowners and staff all the best for a safe and joyful summer. Have a very merry Christmas and a happy New Year!

Until next time,

Lisa Weir
Palm Lake Resort Tea Gardens Sales Team

CONTACT

Looking for more information about Palm Lake Resort Tea Gardens? Here's how you can reach us:

FREECALL: 1800 756 740

Street address:
50 Spinifex Ave
Tea Gardens NSW 2324

Office hours:
9am to 4.30pm, Monday to Friday
(weekends, by appointment)

Email:
salesteagardens@pallake.com.au

Find us online at:
pallakeresort.com.au

Get social:
Follow us on Facebook
(@pallakeresort) and on
Instagram (@palm.lake.resort)

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NEWS BRIEFS.

A FEW REMINDERS...

Chris Smith, secretary of the Palm Lake Resort Tea Gardens Bar Committee, would like to remind homeowners that Sunday lunches are now BYO, as the bar will not be opening.

Please review your monthly statement to ensure you are being charged correctly for your telephone/internet bundle. Palm Lake Resort Head Office has been working closely with Commsco to rectify a billing error that has been charged to some residents. If you note any anomalies, please contact the office for a credit to be applied.

Finally, please be sure to park in the spaces provided when collecting mail. Do not stop in the middle of the road to talk or leave your car running, as this area is shared with pedestrians and is often congested.

AFTER HOURS MAINTENANCE

Administration Hours: Monday to Friday, 9am to 4pm (closed for lunch 12.30pm to 1.30pm).

Maintenance Staff Hours: Monday to Friday, 8am to 4pm.

For urgent maintenance outside these hours please contact the trade direct - your job will be triaged and scheduled as necessary. The contractor will notify resort management if they are required to attend site. **Note:** All other maintenance is to be logged as normal.

BR PLUMBING

Phone (02) 4930 9047
Mobile 0427 452 893

HOWELL ELECTRICAL (JAMES)

Mobile 0422 694 535

MEDICAL EMERGENCY

Safetylink Emergency System:

Activate your pendant, the response centre will coordinate on your behalf.



WELCOME VISITORS

As we head into the festive season and homeowners begin hosting family and friends, we would like to remind you of the necessary rules in place for visitors. If unaccompanied by a homeowner, all visitors must wear lanyards when walking around the resort. Homeowners are ultimately responsible for the behaviour of visiting children but, when unaccompanied by a homeowner, adult visitors are responsible for any children in their company. Lanyards do not allow visitors to access clubhouses, outdoor pools, tennis courts, bowling areas or other facilities without also being accompanied by a resident. Finally, please remember the indoor pool is strictly for homeowner use between 7am and 2pm – a resident must be in attendance after 2pm. Thank you for following these rules and keeping our resort safe and happy.

GET SOCIAL

Are you on social media? We are, too! You can find Palm Lake Resort on Facebook and also Instagram. Make sure you like and follow our social media profiles to see even more news from right across our dozens and dozens of locations, across the east coast of Australia.

Facebook: @pallakeresort
Instagram: @palm.lake.resort

REFER A FRIEND

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort home, you'll receive up to \$250 cash. Easy! Ask about our 'Refer a friend' incentive at the Sales Information Centre.

WELCOME BACK, JAYNE.

Jayne Kippers has worked in the hairdressing industry for as long as she can remember. From selling supplies to cutting and styling hair, Jayne says she's lost count of how many years she's worked in and around salons.

In fact, Jayne can cast her mind back to her childhood to pinpoint the moment she first realised she wanted to be a hairdresser.

"I used to love cutting and styling my dolls' hair," she says. "I think I was about eight-years-old when I decided it was what I wanted to do when I grew up."

And so, she did. Jayne spent four years completing a hairdressing apprenticeship in Sydney and has done several colouring and cutting courses in the years since. Her work has taken her to luxurious locations like Hamilton Island, as well as Jupiters Casino on the Gold Coast, Newcastle and now Tea Gardens.

"I was lucky enough to do Queen Beatrice of the Netherlands' hair during my time on Hamilton Island," says Jayne, when asked about her career highlights. "She was visiting the island with her entourage and needed someone to do not only her hair, but also her ladies in waiting. It was quite the experience."

Jayne says she feels excited to now be working at Palm Lake Resort Tea Gardens – or rather, working at Palm Lake Resort Tea Gardens once again. Jayne was our resort hairdresser about five years ago, and she is looking forward to being back here.

"I'm excited to be able to work in such a nice environment, with such nice clientele," says Jayne. "It's a peaceful place to be."

She is particularly eager to work with the homeowners to create hairstyles they feel comfortable and confident in. Jayne says doing colour work is particularly fun, and she also enjoys nice style cuts.

"Sometimes it's nice to try something a little bit different or adventurous," says Jayne. "Whatever each client wants, I love working with them to help them achieve it."

Stop by the Palm Lake Resort Tea Gardens hair salon on Wednesday, Thursday and Friday to see Jayne and enjoy a hair treatment.

"I'm looking forward to looking after you, and to having everyone leave the salon feeling handsome or stunning!"



SALON SERVICES.

TRIM, BLOW DRY AND SHAMPOO

Ladies trim (no dry)	\$43
Ladies style cut (no dry)	\$48
Shampoo and dry	\$40
Shampoo, trim and dry (short hair)	\$65
Shampoo, style cut and dry	\$75

TINT (INCL. COLOUR REFRESH, ENDS CUT AND BLOW DRY)

Short hair	\$130	No cut	\$90
Medium	\$135	No cut	\$95
Long	\$142	No cut	\$102
Roots only (no dry or cut)	\$70		
Foils (each)	\$6		

Perm	\$120
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MEN

Cut	\$33
Clipper cut	\$27

BEAUTY TREATMENTS

Eyelash tint	\$20
Eyebrow tint	\$15
Eyebrow wax	\$15
Lip	\$15
Chin	\$10

WEEKLY ACTIVITIES.

MONDAY

10am	Social bowls
1pm	Sewing & Craft
1.30pm	Mah Jong, Sailing
2pm	Table tennis
7pm	Cards 500, Snooker

TUESDAY

7.30am	Kayaking (Anzac Park)
9am	Craft (Paint by Numbers), Tech Savvy (third Tuesday)
9.30am	Zumba
10am	Forget-Me-Nots dementia support group (first Tuesday)
1pm	Advanced Canasta
2pm	Ladies' coffee afternoon (first Tuesday)
3pm	Pickleball
7.30pm	Movie night

WEDNESDAY

9am	Bootcamp, Workshop open
10.30am	Line dancing, Aqua aerobics (bookings via Unified Health 02 6555 9607)
11am	Darts
1.30pm	Ladies lawn bowls
2pm	Art, Tennis
7.30pm	Movie night

THURSDAY

10am	Forget-Me-Nots (third Thursday), Ballroom Dancing
1.15pm	Tenpin bowling
1.30pm	Card making, Cards & Cribbage
2pm	Table tennis
3pm	Social bowls, Pickleball (WLCC)

FRIDAY

8.30am	Shopping bus
10.30am	Line dancing
2.30pm	Social Committee Information Talk (last Friday)
5pm	Happy Hour

SATURDAY

9am	Workshop open
1pm	Advanced Canasta
2pm	Social bowls, Table tennis
3pm	Pickleball

SUNDAY

1.30pm	Mah Jong, Knit & Natter
2pm	Movies, Tennis
7pm	Cards/Crazy Whist (third Sunday)



WOMEN IN SERVICE.

In September, the Tea Gardens branch of the Australian Red Cross hosted a lunch for the women's organisations of the Hawks Nest-Tea Gardens area. The goal of the occasion was to allow the numerous community charity and volunteer groups to meet up, exchange ideas and get to know one another's missions.

The lunch was held at the Palm Lake Resort Tea Gardens Promenade Clubhouse and was catered by the resort. By all accounts, it was a delicious lunch.

Throughout the afternoon, each group gave an account of the work they are doing in their community. The Pearls of Port Stephens told of their origins – how certain needs had been identified in their local community, and the group formed to support those needs.

The View Club told of the number of children that they support, while the Lions talked of their special projects in the community. The Free Clinic Bus explained how they manage their programs to assist members of the elderly and disabled community in attending medical appointments through the service of volunteer drivers.

Through Meals on Wheels' presentation, we found out that they supply a surprisingly large area and have progressed from three days a week to five days a week. They have achieved this through the service of a large group of volunteers. The Red Cross also told of their work in this community, and of the local volunteers who work for emergency services.

Overall, it was an informative and inspiring event made even better by the assistance of our fellow Palm Lake Resort Tea Gardens homeowners. Thank you especially to the volunteers from the Palm Lake Bar Committee and the Social Committee – it was much appreciated by the Red Cross organisers and all in attendance.



AROUND THE (LITERAL) GROUNDS.

AFTER A LONG, WET WINTER, OUR RESORT IS SPRINGING BACK TO LIFE! THERE HAVE BEEN COUNTLESS UPGRADES AROUND THE RESORT THANKS TO OUR TALENTED TEAM OF GROUNDSKEEPERS AND TRADESMEN.

WELCOME, WILLIAM!

We're excited to formally introduce our new trade assistant, William Manktelow, who started with us on Wednesday October 5. William brings with him plenty of motivation and ambition, as well as two years' experience with landscape maintenance tools and machinery. He has completed all Landscape Solutions inductions, sign on procedures and competencies to ensure he is up to the challenge of keeping our resort looking beautiful.

SNAKES ABOUT

A reminder to all residents that snake season has officially started – we have already had several sightings throughout the resort. Please be careful when you are out walking and, if you do happen upon a snake, please contact the office to confirm the best course of action. Dealing with these 'local residents' is our trade-off for living amongst so much natural beauty!

GO GREEN

After extensive pruning and mulching, the lawns and gardens around our resort are looking fantastic. All turf areas are fertilised at this time of year. We use a top-quality, slow-release granular fertiliser to keep them stabilised throughout the summer months. Please, do not fertilise yourself.

Broadleaf weeds were sprayed by Landscape Solutions several weeks back and has proven successful. With these weeds, timing is critical. Once a weed flowers it creates a foothold, which will stick around not only for this year, but for years to come. Reducing it now means you are also reducing the seedbed for next year's crop. An application of broadleaf herbicide in spring will give you a lovely clean lawn surface throughout summer. Landscape Solutions propose the use of Javelin, which is an effective lawn herbicide for Broadleaf weeds.

Weed control is all about persistence and using the right product, at the right rate, at the right time. Favourable weather conditions will ensure the best performance of the product. Landscape solutions will continue to provide this service to ensure our resort looks its best year-round.

LEND A HELPING HAND

Our volunteer garden group needs help with potting, planting, pruning and more, and is looking for more homeowners to join them Wednesday mornings around 8am. If you can assist but Wednesday doesn't work for you, please contact Vic (ph. 2066) to arrange a more suitable time. Creating the nursery and its surrounds is a very satisfying and rewarding village project, and they really need extra hands to keep it going. Contact Vic for more information.



RESORT MANAGER'S REPORT.



It's hard to believe we've already made it to the last edition of 'Tea Time' for 2022. We're still wondering where the year has gone. Although, considering how busy even the last couple of months have been, it's probably not surprising that 2022 flew by. So much to do!

Throughout October, our homeowners were treated to a few fun movie nights. Sunday October 9 saw the 1967 classic 'Cool Hand Luke' kick off from 2pm. Then, 'The Phantom of the Open' (2021) was enjoyed not one but two screenings on Tuesday October 11 and Wednesday October 12. Two very different movies, but both very entertaining nonetheless. If you're in the mood for more classic films, add the ones on Page 9 to your 'must watch' list.

More recently, our homeowners got busy preparing for Melbourne Cup Day with 'design and make your own fascinator' workshops. For just \$25 per person, attendees crafted their own beautiful fascinators with the help of organiser Glenda Lovell. It was a wonderful workshop by all reports, and a great way to get into the Melbourne Cup Day spirit.

Stay tuned for our next edition for an update on the Cup Day festivities! At the time of writing, our resort is busily preparing for a special luncheon in the Prom, complete with a three-course meal, complimentary bubbles (or drink of your choice), Fashions on the Field – with prizes up for grabs – and musical stylings by our resort band, Ol' Spice. There will also be sweeps, of course, of \$2, \$5 or \$10. We can't wait to hear how the day goes.

In other news, the Village Players recently presented not one but two hilarious comedy sketches. Both were written by homeowner Allan Wilson and performed by our talented troupe of actors in the Promenade Theatre. The sketches – 'Love & Marriage (or Men are from Mars)' and 'Date Palm Resort' – were very funny, as per usual, and we look forward to seeing what the Village Players put on next.

On October 28, we were lucky enough to host a very informative free community information talk from Jo Sheehan of Home Caring Tea Gardens. Jo talked through the various services available to our homeowners, including pensions, NDIS, in-home care, transport and more. Even if they are not relevant to you at the moment, it is always good to learn about the services on offer out there just in case. Thank you to Jo and all who attended.

A final reminder that new tracks have been installed by the entrance gates, providing a smoother and quieter transition as you drive into the resort. Thank you to all involved!

Until next time,

Kym Bellamy
Resort Manager

RESIDENTS' COMMITTEE REPORT.

Between Palm Lake Resort Tea Gardens, RSL Life Care 'The Grange' and ESTIA Aged Care, there are approximately 1000 residents living within an 800-metre stretch of Spinifex Avenue. This equates to 35 percent of the population of Tea Gardens. Our town also has the highest number of residents aged 65 and over of any town in Australia.

The residents' committees of both Palm Lake Resort Tea Gardens and RSL Grange have realised that by working together on certain matters, they are able to reach out and garner the attention of services they may not have otherwise.

For example, Palm Lake Resort homeowners have been looking at ways to reduce the cost of electricity for some time. We've recently been joined by the residents of RSL Grange in a joint effort to achieve a common goal. A submission sent to Essential Energy, initially with a request to provide help in obtaining a bulk power deal for residents, has led to a wider discussion on options and opportunities in what is an ever-changing energy market. A discussion between Essential Energy Head Office Management and representatives of both residents' committees is scheduled to explore these opportunities and possible options.

In a similar vein, both residents' committees recently wrote to Mid Coast Council requesting a meeting with the mayor. The meeting would discuss issues of importance that are common to both villages, such as roads, pedestrian crossings and other infrastructure. The response from council has been encouraging with a meeting being scheduled between the mayor and both Residents Committees in the near future.

Palm Lake Resort Tea Gardens already has a Telstra Small Cell Repeater operating in our village, with construction commencing shortly on an Optus Small Cell Repeater. By working collectively with our close neighbours in Tea Gardens, we look forward to improving our lot in the place we call 'home'.



STEP BACK IN TIME.

WE'RE ALWAYS BEING TOLD NOT TO LIVE IN THE PAST, BUT DID YOU KNOW THAT CERTAIN TYPES OF REMINISCING CAN ACTUALLY BE GOOD FOR YOU? FROM REDUCING THE IMPACTS OF DEMENTIA TO PROMOTING POSITIVE PERSONAL GROWTH, FIND OUT WHY AND HOW TO GET A HEALTHY DOSE OF NOSTALGIA.

Dwelling on the past is no longer seen as a sign of senility – in fact, therapists have harnessed the power of reminiscing to treat people with Alzheimer's and other kinds of memory loss. In 1963, psychiatrist Robert Butler first introduced the idea that reminiscing in old age could be positive. Since then, 'reminisce therapy' has been developed as a non-pharmacological intervention for seniors, especially those with impaired short-term memory. Here's why...

IT CAN IMPROVE YOUR DAY

According to Psychology Today, researchers from Loyola University found that thinking of good memories for just 20 minutes a day can make you more cheerful than you were the previous week. Just think about the feeling that comes over you when you see, smell or hear something familiar, or when you look back through photos from happy times.

IT CAN MAKE YOU FEEL SAFE

Nostalgia is often associated with melancholia, but it can also make us feel comfortable. Next time you're in a new place or experiencing feelings of displacement, try thinking or writing about your favourite people and places. Psychologist Tim Wildschut found that people who write about a nostalgic event are more cheerful after the exercise, and feel more positively about their friendships and close relationships. This gives us a comforting sense of belonging.

IT BRINGS YOU CLOSER TO YOUR LOVED ONES

Reminiscing on memories is an important way to ground yourself and stay true to your roots. This is because your special memories almost always feature special people. Studies have shown that

people with nostalgia-prone personalities cope with problems more effectively as they are more likely to receive social support after experiencing stress, and see their families more often.

IT CAN MOTIVATE YOU

Drawing from memories of your past accomplishments is a common way to stay motivated – you may not even realise you're doing it. Have you ever thought to yourself, "If you got through that, you can get through this"? Of course, try not to ruminate too long on difficult times – focus instead on how you got through them, and how you felt on the other side.

IT CAN BENEFIT THOSE AROUND YOU

We gain wisdom from our own experiences, but also from the experiences of others. Reminiscing on your past can shine a light on important lessons you learnt – lessons that you can pass on to your children, grandchildren and even friends. Flipping through old photo albums can be a helpful way to spark these conversations; turn to the following page to find out how to best document your memories.

Remember: reminiscing is all about how you perceive the past. The same memory can promote positivity or pain depending on how you look at it. Psychologist Sonja Lyubomirsky says it best: "It's what you focus on. Do you focus on how positive it was then, or that it's over now?". As some people say, 'Don't cry because it's over, smile because it happened' – it's cheesy, but it's true.

DO YOU REMEMBER?

Residents at Palm Lake Resort's over-50s communities all lived through the '70s and '80s. But how much can you recall from that time period? Whether you were closer to 10 years old or 30, you'll likely remember these moments and memories from 1975 to 1985. There are some great conversation starters here for our next weekly meal!

ON THE BIG SCREEN...

These were among the highest grossing movies released from 1975 to 1985. Did you see them in the cinemas, and have you watched them since? Perhaps a nostalgic screening is in order!

- Jaws (1975)
- Rocky (1976)
- Star Wars (1977)
- Grease (1978)
- The Amityville Horror (1979)
- Star Wars: The Empire Strikes Back (1980)
- Superman II (1981)
- E.T. the Extra-Terrestrial (1982)
- Risky Business (1983)
- Ghostbusters (1984)
- Back to the Future (1985)

ON THE RADIO...

Billboard magazine named these as the number one songs from 1975 to 1985. How many can you remember the words to? Can you remember your favourite songs from those years?

- 'Love Will Keep Us Together' by Captain & Tennille (1975)
- 'Silly Love Songs' by Wings (1976)
- 'Tonight's the Night' by Rod Stewart (1977)
- 'Shadow Dancing' by Andy Gibb (1978)
- 'My Sharona' by The Knack (1979)
- 'Call Me' by Blondie (1980)
- 'Bette Davis Eyes' by Kim Carnes (1981)
- 'Physical' by Olivia Newton-John (1982)
- 'Every Breath You Take' by The Police (1983)
- 'When Doves Cry' by Prince (1984)
- 'Careless Whisper' by Wham! (1985)

ON THE FRONT PAGE...

Can you remember these history-making moments that took place between 1975 and 1985? Or, better yet, can you remember where were you when you first heard about them?

- In 1975, the Vietnam War ends with the surrender of South Vietnam to Communist forces.
- In 1975, Nadia Comaneci wins three gold medals at the Montreal Olympics with seven perfect scores.
- In 1977, Elvis Presley dies at the age of 42.
- In 1978, the first test tube baby is born in the United Kingdom.
- In 1979, Sony releases the Walkman.
- In 1980, John Lennon is assassinated at age 40.
- In 1981, NASA launches the very first Space Shuttle mission.
- In 1982, the first episode of Late Night with David Letterman debuts on NBC.
- In 1983, the first mobile phones are introduced by the public by Motorola. The final episode of 'M*A*S*H' airs to a record 125 million viewers.
- In 1984, the first Apple Macintosh personal computer goes on sale.
- In 1985, the Rainbow Warrior is sunk by French foreign intelligence services off the coast of New Zealand.

ORGANISING YOUR MEMORIES.

LIFE IS FULL OF PHOTO-WORTHY MOMENTS – SO MUCH SO, MOST OF US END UP WITH A BAZILLION HAPPY SNAPS SPREAD ACROSS A HANDFUL OF DEVICES, ALBUMS AND HARD DRIVES.

Thankfully, website and app developers know the struggle, so there are a number of programs you can use to help you on your photo-organising quest. And with the holiday season upon us and family generally around, why not sort out your memories once and for all - for everyone's benefit.

GATHER THEM UP

Before you can organise your photos, you need to see them all in one place. This may mean scanning physical photos to create digital copies, which you can either do using a scanner or via your smartphone – a quick Google will explain how. You can then save them directly to your camera roll or to an app like Dropbox. You'll also want to find old CDs, USBs or hard drives that could house more pictures. Don't forget to go through your smartphone and any of its backups to find additional images, and check your camera's SD cards if you have one.

FIND THE PERFECT PLACE

Where you store your photos is up to personal preference, but using a cloud-based service is generally the safest, most convenient place. If you use an iPhone and computer, iCloud may be your best bet – it works with your phone to sync images across all devices, and it's relatively affordable if you need to upgrade your storage. Alternatively, Dropbox or Google Drive can be used on the computer and your phone via the app. If you're not a fan of cloud storage, consider an external hard drive for your computer. They're relatively inexpensive but localised – meaning you can only access those photos when you're at your computer.

SET UP A SYSTEM

Depending on your needs, every system has its benefits. While some people prefer to create folders for different events – like, say, 'Japan trip' or 'Emma's first birthday' – this may not lend itself to the more spontaneous snaps. It may be better to create a folder for each year, then a folder for each month. If a particular event happened in a certain month, you could then create a folder solely for that event in the month's folder; for example, your "2019" folder will include a "May" folder, which will include a "Mother's Day Lunch" folder with photos from that event.

MAKE PHYSICAL MEMENTOS

If you love the idea of having each of your children's baby photos in one place, or a holiday album from a family trip, why not make photo books? Websites like Snapfish, Chatbooks, Blurb and Picture Postie make it super easy to turn your photo collections into physical photo albums, which you can proudly put on display or give as gifts to your children, parents or relatives.

HOME 140 - \$910,000

UNDER OFFER



CEZANNE II

This fabulous design takes full advantage of the homes private position with open plan living and dining areas flowing outside through double sliding doors to a private courtyard. The master bedroom opens onto the courtyard and has ensuite and walk-in-robe as well as a queen size second bedroom and bathroom to cater for guests. Established gardens give this home a very private feel and beautiful outlook. The spacious kitchen includes quality European appliances, quantum quartz benchtops with waterfall finish, soft close drawers and large pantry. The double garage has an automatic door with remote. For the exclusive use of residents of Palm Lake Resort and guests enjoy the world class facilities.

Features include:

- Plantation shutters
- Ducted air conditioning
- Ducted vacuum
- 3.5kw solar plus solar hot water



BEDS + STUDY 2	BATH 2	LIVING 1	OUTDOOR LIVING	GARAGE 2



HELPING FRIENDS BECOME NEIGHBOURS.

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community and if they purchase a Palm Lake Resort Tea Gardens home, you'll receive \$250* cash. Easy!

\$250
for an established home



For more information and to refer your friend, simply contact our Sales Information Centre. FREECALL 1800 756 740. *T&Cs apply

THE BEST IN OVER-55S LIVING. THIS IS YOUR TIME.
palmakeresort.com.au

Life is cruisy

at Palm Lake Resort.

Living at Palm Lake Resort has been compared to living the cruise ship lifestyle everyday. Just like cruising, our homeowners have everything they need, right on their doorstep. Think resort-style pools, gymnasiums, a wealth of activities and entertainment, social gatherings, food and drink, and more. But you can captain your own ship, here at Palm Lake Resort. This is your time.



To find out which homes are available right now, **FREECALL** 1800 756 740
email salesteagardens@palmlake.com.au or **visit us** at 50 Spinifex Ave, Tea Gardens NSW 2324



THE BEST IN OVER-55s LIVING. THIS IS YOUR TIME.

palmakeresort.com.au