

The Edge



Around the grounds

There have been so many festive resort get togethers over the past few months!

Supporting those less fortunate

Palm Lake Group just made an incredible donation to an incredible organisation, with your help

Palm Lake Resort homes for sale

Do you know someone looking to make the move? We might have just the abode for them...



Welcome.

Welcome to the first edition of *The Edge* newsletter for 2025. As we welcome in 2025, we encourage everyone to embrace the excitement of a fresh start and the opportunities that every New Year brings. There's so much to look forward to, and we're thrilled to embark on this journey with all of you.

This year promises to be filled with new experiences, cherished memories and the joy of welcoming new homeowners to our vibrant community. Each of you contributes to making Palm Lake Resort Toowoomba the special place it is, and we can't wait to see what we'll achieve together in the months ahead.

Let's make this one a year to remember — may it be filled with happiness, connection and plenty of moments to celebrate.

Warmest wishes for the year ahead,

Mark Kelly & Karen Hopkins,
Palm Lake Resort Toowoomba Caretakers



PS. We have another new edition of Your Time magazine out now and packed full of summer reads. In this edition, you can catch up on the progress our company is making at Yamba Cove, Paynesville and more. There's also a wonderful feature story based on a 50-year-old Elliott family scrapbook that contains the most nostalgic newspaper clippings and photos. We've also got plenty of stories in our popular Lifestyle section around how you too can collect your own prized family history - it's the perfect time of the year to be thinking about that. If you haven't received a hard copy in your mailbox, you can always catch up and read it online at palmakeresort.com.au

Contact us.

Looking for more information about Palm Lake Resort Toowoomba? Here's how you can reach us:

FREECALL: 1800 280 129

STREET ADDRESS:
Gate 1, 97-161 Hogg Street
Cranley QLD 4350

OFFICE HOURS:
9am - 4pm, five days a week

EMAIL:
salestoowoomba@palllake.com.au

ONLINE: Visit our website
pallmakeresort.com.au

GET SOCIAL:
Follow us on Facebook
([@pallmakeresort](https://www.facebook.com/pallmakeresort)) and on
Instagram ([@pall.lake.resort](https://www.instagram.com/pall.lake.resort))



News in brief.

Check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

Want to get your RSA?

The bar is always looking for more homeowners to get their Responsible Service of Alcohol (RSA) Certificate to maintain the great service that is provided by our volunteers. If you would like to get behind the bar, please contact Darryl on 0419 767 778 or Tony on 0427 316 947 and they will be happy to fill you in on what is required to achieve your RSA.



Many creative hands call Palm Lake Resort home

There are many very talented crafters across our resort community. From knitters and crochet experts to sewing and patchwork enthusiasts, there are many hobbyists around if you are seeking to learn something new in 2025? Or maybe you're simply looking to connect socially with a likeminded neighbour over a craft project? Our craftworkers meet on Tuesdays (1pm) and Fridays (9am) - great places to start if you're looking to join in the fun!



Looking for care?

There are limited vacancies at Palm Lake Care Toowoomba available now. Vacancies come and go quickly and Palm Lake Care prioritises Palm Lake Resort homeowners and their families. If you have someone needing high quality 24-hour nursing care in this convenient neighbouring location, you can FREECALL Care Solutions to discuss their needs on 1800 24 66 77.



Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.



Festive fun.

Pictured left: It was hard to escape the infectious festive energy across our resort grounds in recent weeks. Pictured is our Misty Ridge Country Club Christmas dinner. Diners dressed for the occasion and the decorations ensured all had a fine time.

Pictured below: Our big trivia night in December was also a festive affair. Congrats to our clever winners, below.



Photos courtesy of Alison (Home 231)

CHRISTMAS
CHEER WAS IN
THE AIR!



Weekly activities.

MONDAY

8.30am Aerobics, Misty Ridge (PLR)
8.30am 500 cards, Pinnacle (RC)
9.15am Beginners line dancing, Pinnacle (PLR)
10.15am Transitional line dancing, Pinnacle (PLR)
10.45am Improvers line dancing, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Mahjong, Misty Ridge (RC)
1pm Hand and Foot cards, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)

TUESDAY

8.30am Beginners line dancing, Pinnacle (PLR)
8.45am Bus to Grand Central (PLR)
9.30am Beginners line dancing, Pinnacle (PLR)
10am Aqua aerobics, Pinnacle (PLR)
10am Beginner Tai chi and Qi Gong, Pinnacle (PLR)
12noon Bistro lunch, Misty Ridge (PLR)
1pm Craft work and Canasta, Misty Ridge (RC)
1pm Pool/billiards, Pinnacle (RC)
2pm Advanced Tai chi & Qi Gong, Pinnacle Bowls (PLR)
6pm Dinner, Pinnacle (PLR)

WEDNESDAY

8.30am 500 cards, Pinnacle (RC)
8:30am Table tennis, Misty Ridge (RC)
9am Tai chi and Qi Gong, Misty Ridge (PLR)
9am Pilates mat class, Pinnacle (PLR)
10am Steady steps, Pinnacle (PLR)
10.15am Yoga, Misty Ridge (PLR)
12noon Bistro lunch, Pinnacle (PLR)
1pm Hand and Foot cards, Pinnacle (RC)
5.30pm Dinner, Misty Ridge (PLR)

THURSDAY

8.30am Intermediate line dancing, Misty Ridge (PLR)
8.45am Bus to Clifford Gardens, departs both Country Clubs (PLR)

9am Sewers and Knitters, all day, Pinnacle (RC)
12noon Bistro lunch, Misty Ridge (PLR)
12noon Lunch, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Craft work, Misty Ridge (RC)
1pm Trivia, Pinnacle (RC)
1pm Pool/billiards, Pinnacle (RC)
1.15pm Bingo, Misty Ridge (RC)
2pm Ukulele lessons, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)
6pm Dinner, Pinnacle (PLR)

FRIDAY

8.30am 500 cards, Pinnacle (RC)
9am Steady Steps, Misty Ridge (PLR)
9am Bus to Bunnings, last Friday of the month (PLR)
9am Craft work, Misty Ridge (RC)
9.15am Zumba Gold, Pinnacle (PLR)
10am Pilates mat class, Misty Ridge (PLR)
11am-1pm Milon Gym inductions, Pinnacle (PLR), by appointment via the Caretakers
12.30-4.30pm Watercolour painting, Pinnacle (RC)
1pm Mahjong, Misty Ridge (RC)

SATURDAY

9am Colouring-in, Misty Ridge (RC)
12noon Cards, Misty Ridge (RC)
1pm Backgammon, Misty Ridge (RC)
1pm Billiards, Pinnacle (RC)

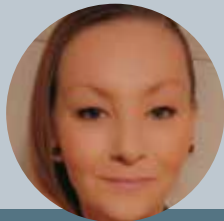
SUNDAY

12noon Cards, Misty Ridge (RC)

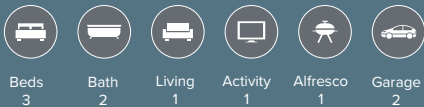
PLR = Palm Lake Resort-sponsored activities.
 RC = Activities organised by our homeowners. Please check with the Homeowners' Committee and/or the specific organisers of each event for more info.

Homes for sale.

FOR HOME APPRAISALS, PRIVATE RESORT TOURS AND ANY OTHER GENERAL SALES ENQUIRIES,
FREECALL PALM LAKE RESORT TOOWOOMBA'S SALES INFORMATION CENTRE ON 1800 280 129.

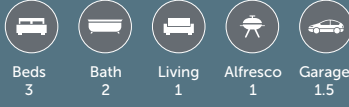


Home 178 - \$860,000



This beautifully presented home is tucked away in a quiet, private corner of the resort close to all facilities. The owner has lovingly added many extras which make this home very appealing. The views from the alfresco (pictured left) are a delight. This space provides an additional outdoor area to enjoy. The kitchen features a new dishwasher, 2-pac cupboards and stone benchtops. Air con, new carpets and curtains, gas hot water, tinted windows, security screens and a full watering system.

Home 475 - \$1,000,000+



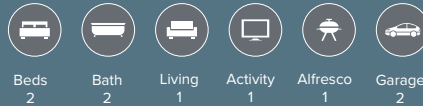
This tropical "Barossa" offers a rare opportunity to purchase a beautiful home in a sought after location, directly across from the Pinnacle County Club. Enjoy all the resort has to offer, from pools and a movie theatre to the bar and sitting areas. Spacious kitchen has 2-pac cabinets, SMEG appliances and stone bench tops. The open plan living extends out to a full length tropical-feel garden with multiple sitting areas. This home offers exceptional value and is a must to inspect.

Home 311 - \$1,100,000



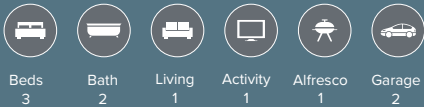
Luxury designer fittings and upgrades throughout give a feeling of opulence from the moment you enter. Modern, flowing design with an expansive kitchen. Plenty of storage, stainless steel SMEG appliances, 2-pac kitchen cupboards and stone bench tops. High ceilings and white plantation shutters give a light, open feel. Fully enclosed alfresco. Manicured low maintenance garden. Designer furniture package to purchase separately, if wanted.

Home 454 - \$800,000



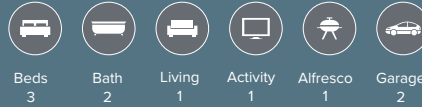
Rare opportunity to purchase a beautiful home in a sought-after spot, a short stroll from the award-winning Pinnacle County Club. Inside, you will not be disappointed. The spacious kitchen has 2-pac cabinetry with glass splash back, SMEG appliances and stone bench tops. The adjoining laundry offers extra storage and could double as a butler's pantry. The open plan living extends out to a full width alfresco with established trees - a lovely place to sit and relax.

Home 149 - \$750,000



Very rarely do these homes become available in Misty Ridge. Our largest design. Only a few offer this high double garage door. Three bedrooms, office, plus sunroom. There is plenty of storage with extra built-in cupboards. Larger than average block with extra-long double driveway - easy visitor parking. Beautifully maintained garden and large area out back. Easy access to both Country Clubs. New air con, new external paint.

Home 51 - \$680,000



This home has all the comforts, with a full internal repaint, which makes it very appealing. The alfresco provides an additional outdoor area to enjoy. Inside, you immediately feel at home. The kitchen has a dishwasher, 2-pac cupboards and stone bench tops. An air conditioner, electric hot water system and carpet have recently been installed. Good-size backyard, garden shed, solar panels, artificial turf and all those incredible resort facilities right on your door step.

Homes for sale.

Home 276 - \$850,000


Beds
3


Bath
2


Living
1


Alfresco
1


Garage
2



Designed to catch the summer breeze, this much-loved and well maintained home is calling its new owner. With additional features such as ramps and rails already installed, this stunning home has been created with mobility in mind. With an already established garden it is easy to fall in love with this home that is brimming with character. Additional features include solar panels, SMEG appliances and ducted air con.

Home 295 - \$840,000


Beds
2


Bath
2


Living
1


Activity
1


Alfresco
1


Garage
2



The Beechworth is a great home, giving you all the luxuries. With two king-sized bedrooms and a large activity room (or third bedroom), everyone will be happy. The kitchen is well-equipped with long benches, a walk-in pantry and SMEG appliances. The impressive living area flows onto the large alfresco via stacker doors, bringing the outside in. A large double lockup garage with access to the rear yard and laundry with storage cupboards complete the picture.

Home 236 - \$1,300,000



Home 554 - \$978,000



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AND ANY OTHER GENERAL SALES ENQUIRIES,
FREECALL PALM LAKE RESORT TOOWOOMBA'S SALES
INFORMATION CENTRE ON 1800 280 129.

Your sales update.

Happy New Year! Well, what a year 2024 was, by way of sales. I'm striving to make 2025 even better yet!

Smoke alarm compliance when selling

There is a common misconception that compliance with mandatory smoke alarm legislation is only required by 2027. However, if you are selling your home, current regulations mandate that smoke alarms must meet these specific standards before the sale is completed. To avoid delays or complications during the sale process, please ensure your property is smoke-alarm compliant.

Maintain your home

It is of great importance to make sure small problems don't become big ones by maintaining your home, to protect your greatest asset. Keep up to date with warranty periods for all fixtures and inclusions (understanding wear and tear) and ensure all insurances are correct and up to date.

Reflecting on recent sales

Recently, a few homes in our community have sold for over one million dollars, which has certainly generated some excitement! These sales highlight the strong demand for specific types of homes here at Palm Lake Resort Toowoomba. It's important to recognise that these homes each had unique attributes that significantly contributed to their value. They were among our larger three-bedroom layouts, with extensive views over the valley — features that make these properties stand out. Homes with these kinds of characteristics may naturally command a higher price, but not every property will fall into this category.

While it's wonderful to see strong interest in our community, each home remains unique in its own value. If you'd like to learn more about your specific home's place in the current market, please feel free to connect. I am here to provide you with a clear, realistic picture based on the latest insights.

A warm welcome to multiple new homeowners including John, Debbie & Brody, as well as Mary. May you settle in well, enjoy our beautiful resort and make some long-lasting friendships!

Amanda McGilvray,
Sales Consultant



Six transformative New Year resolutions for all over-50s.

HAVE YOU HAD A CHANCE TO REFLECT ON 2024 AND SET SOME CHALLENGES AND GOALS FOR YOURSELF FOR 2025? SOME FIND THAT TASK SIMPLE, WHILE OTHERS CAN BE OVERWHELMED BY THE THOUGHT. LET US HELP YOU GET STARTED...

Whether your plans and goals are big or small, now is definitely the time to embrace the energy of renewal that abounds this season and set some intentions for the year ahead. If you need some inspo, we've come up with six New Year resolutions, specifically for over-50s, that will help transform your life:

1. Prioritise strength and mobility

Commit to a fitness routine that blends strength training with flexibility exercises like yoga or Pilates. These activities preserve muscle mass, improve balance and reduce the risk of falls.

2. Adopt a Mediterranean-inspired diet

Focus on whole foods like olive oil, fresh vegetables, lean protein and nuts. This heart-healthy eating pattern supports brain health and longevity.

3. Engage in lifelong learning

Pick up a new skill or hobby, or start an online course. Continued learning keeps the mind sharp, boosts self-confidence and provides opportunities to meet likeminded people. There will definitely be scope to find a group of likeminded neighbours here at our resort if you are wanting to start a new activity group. Otherwise, simply head to our Weekly Activities list and see if there's something there that piques your interest.

4. Deepen social connections

Make time for family, friends and community groups. Social engagement improves mental wellbeing, reduces loneliness and even strengthens immunity.

5. Embrace mindfulness practices

Incorporate meditation, tai chi or mindful breathing into your daily life. These practices reduce stress, enhance focus and promote a sense of peace.

6. Declutter and simplify

Start a decluttering journey, focusing on your home and commitments. Letting go of unnecessary possessions and obligations clears space for a simpler, more fulfilling lifestyle.

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Palm Lake Group 'Rizes' to the occasion.



OUR
CHRISTMAS
HAUL FOR
THOSE IN
NEED

This year, all seven Palm Lake Care communities, a number of Palm Lake Resorts and our Palm Lake Group Head Office team supported the RizeUp Christmas Appeal. PLC Chief Operating Officer Patricia Heke says the Group collected “a mountain of beautiful presents” (pictured above) that were gifted to children of families in domestic violence situations who otherwise might not have had a gift under their Christmas tree. “Our efforts were for smiles we will never see, but will know were there, on Christmas morning,” Trish says. “A massive thank you to all for your generosity.”



Twenty years young.

Recently, there was a vibrant gathering to mark the 20th anniversary of Palm Lake Resort Mt Warren Park. The day was filled with much fun and celebration. Best of all, it was great to honour Mt Warren Park's original 14 homeowners – those who have proudly called this community home since 2004 (as pictured left). Hip hip, hooray!



Waterford's Toy Boys continue their epic project.

Palm Lake Resort Waterford is home to a delightful group of fellows who adore their time together in the resort workshop. Not only do they use that quality time to chew the fat on all the topics of the world, they also like to build wooden toys for very grateful local children. And they've been doing it for longer than a decade!

The "Toy Boys" spend the whole year crafting gorgeous, high-quality toys from donated materials (and other materials that they purchase with funds raised through resort events and donations). Then, come December,

they put on their Santa hats and gift their toys to local groups. Toy Boys committee president Ray Johnstone says the Beenleigh Special School and Woodmans Mitre 10 Beenleigh's Community Christmas Tree appeal were the two grateful local organisations that received their hand-crafted gifts this past Christmas (all gifts under the Mitre 10 tree were provided to Night Light Outreach who distributed them to needy local families). Among the haul was everything from doll beds to a ride-on digger - all handmade in the Palm Lake Resort Waterford workshop. Bravo boys!



Wedding belles.

Congrats to Palm Lake Resort Beachmere Sands residents Allyson and Graham (pictured top) who tied the knot in a wedding ceremony at the resort's fabulous Beach House late last year.

We also saw Palm Lake Resort Bethania homeowners Dawn and Vern (above) tie the knot in a private function at their resort's Country Club in front of 60 guests.

Doing it for charity, again and again.

You can tell we've just enjoyed the 'season of giving' - not only did our homeowners enjoy giving Christmas gifts to their loved ones, they didn't forget about those less fortunate. We've seen so many great stories of charity fundraisers being held across our resorts in recent months - here's a little snapshot of some of them:

- Cooroy-Noosa hosted a 'pink' event for the McGrath Foundation. More than \$4000 was raised for breast cancer research and patient support.
- Carindale's inaugural jumble sale raised \$3000 for Care Kits for Kids and Beyond DV.
- Beachmere Sands and Beachmere Bay converged for morning tea to raise \$430 for Alzheimers research. The Sands crew also held a Bowls event fundraiser for prostate cancer research and raised another \$800.

Doggie dates.

At Palm Lake Resort Carindale's Home 52, an ever-changing and random assortment of resort doggos gather early each morning to greet each other. Homeowner Betty welcomes these morning gatherings on her front step where she and her dog, Lucy, provide delicious morning treats. There are often 4 or 5 puppies dropping in each morning, she tells us. It's a lovely way for our four-legged community members (and their humans!) to stay connected.



New Year, new you.



FREECALL 1800 280 129 | salestoowoomba@palllake.com.au
97-161 Hogg Street, Cranley QLD 4350

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au