

JULY - AUGUST 2024



The Edge



Staying socially connected

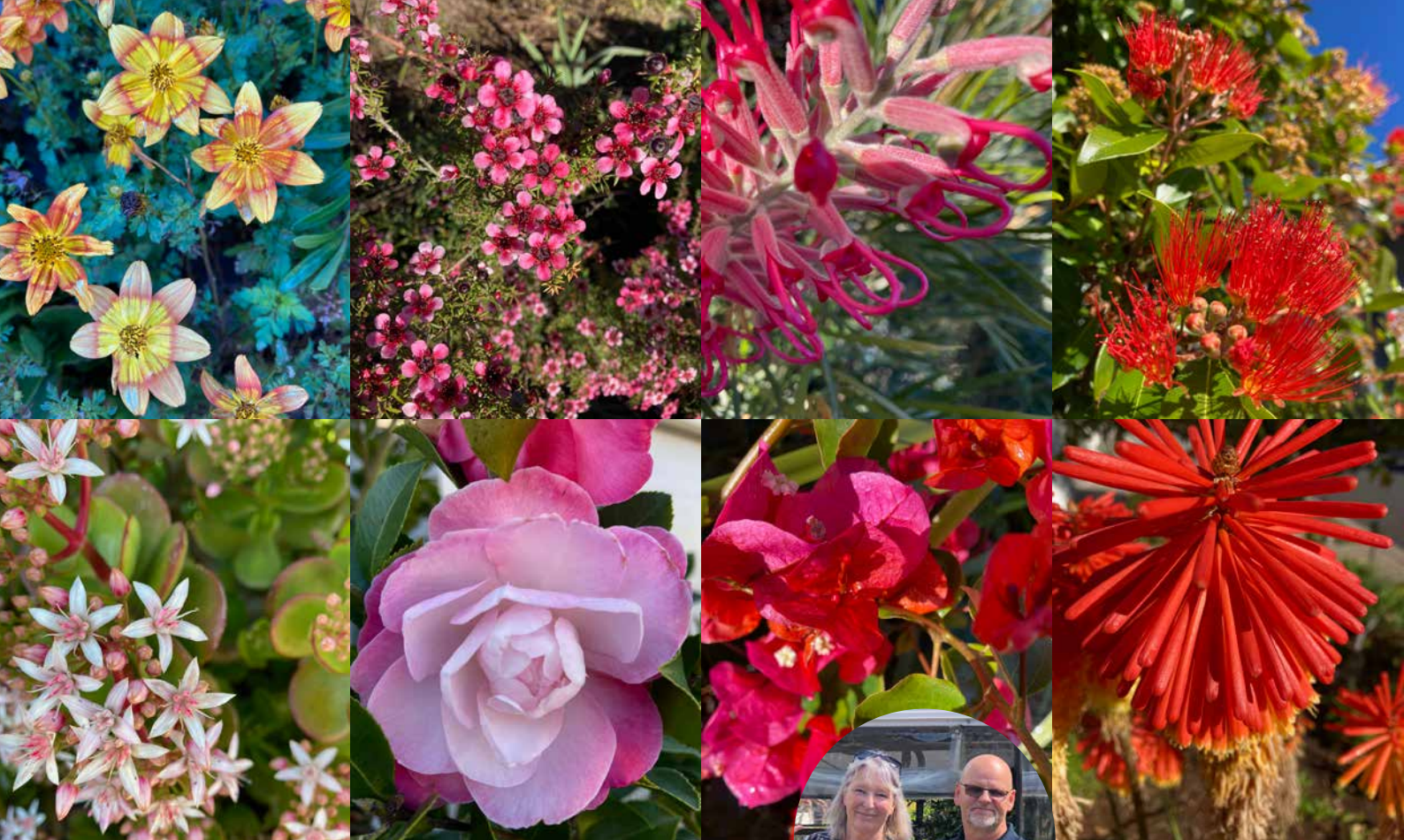
Being social is not just about keeping up appearances - it's important for your wellbeing, too

What's happening over the back fence

Stay up to date with all the good news from your fellow Palm Lake Resort 'family' members

Palm Lake Resort homes for sale

Do you know someone looking to make the move? We might have just the abode for them...



***Pictured above:** Homeowner Alison Gibbons (Home 231) captured some of the floral beauty of our resort community through her camera lens recently. We are blessed, up here on the Range, with fertile ground and conditions perfect for those who have green thumbs.*

Welcome.

We might be in the thick of winter but there's already a palpable sense of excitement in the air with the pending arrival of spring. The warmer weather brings with it blooming gardens and the vibrant spirit of the upcoming Carnival of Flowers - a calendar highlight that fills our community with joy and colour. Having said that, there's always a wide variety of colour to be enjoyed across our grounds, as you can see in Alison's photos (above).

Palm Lake Resort Toowoomba recently hosted a highly successful Warden Training Seminar, adding another layer of safety and preparedness to our community. The session was conducted by our knowledgeable Workplace Health and Safety Advisor, Ian Wright, whose expertise ensured a comprehensive and engaging training experience. Attendees were treated to a lovely morning tea, fostering camaraderie and providing a perfect start to the day. Following the seminar, an unscheduled fire drill put participants' newly acquired skills to the test. Our wardens responded admirably, showcasing their readiness and commitment to ensuring the safety of all homeowners. The seminar highlighted the importance of preparedness and demonstrated the effectiveness of our training programs. With such dedicated individuals and expert guidance, Palm Lake Resort continues to be a safe and welcoming community.

On that topic, we are delighted to extend a warm welcome to our newest homeowners. Your presence adds to the richness of our wonderful community and we look forward to creating many happy memories together. Here's to a season of growth, celebration and new beginnings at Palm Lake Resort Toowoomba!

Mark Kelly & Karen Hopkins,
Palm Lake Resort Toowoomba Caretakers



Contact us.

Looking for more information about Palm Lake Resort Toowoomba? Here's how you can reach us:

FREECALL: 1800 280 129

STREET ADDRESS:
Gate 1, 97-161 Hogg Street
Cranley QLD 4350

OFFICE HOURS:
9am - 4pm, five days a week

EMAIL:
salestoowoomba@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)



News in brief.

Your Time is out now



Grab your copy of the Winter 2024 edition of our company magazine, Your Time, now. In it, we celebrate the progress of our newest resort locations, including Yamba Cove, Pelican Waters and Forster Lakes. You can also read about Fern Bay's 10th birthday and our features on active ageing, pickleball and more. If you haven't received a copy in your mailbox, you can always catch up online at palllakeresort.com.au

Get social with us

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palllakeresort) and also over on Instagram (@palllake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palllake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!

Want to get your RSA?

The bar is always looking for more homeowners to get their Responsible Service of Alcohol (RSA) Certificate to maintain the great service that is provided by our volunteers. If you would like to get behind the bar, please contact Darryl on 0419 767 778 or Tony on 0427 316 947 and they will be happy to fill you in on what is required to achieve your RSA.

Lest we forget

Anzac Day is always a special time for the community here at Palm Lake Resort Toowoomba. Once again this year, homeowners and family members gathered in Remembrance Park to join in a very moving service hosted by the Residents' Association Committee.

We must send a thank you to Palm Lake Resort management for the wreath donated to honour those who have gone before, for the supply of breakfast meat and also for the team's assistance in setting up chairs for the service. The weather was perfect, allowing for a 'fly over' over the resort by four RAAF planes at the end of the service.

The Social Club Committee catered for 180 people who attended the Gunfire Breakfast in the Pinnacle Country Club. Homeowners who are serving, or who are former service personnel, were provided with a complimentary breakfast. A donation of \$400 was also made to Legacy Toowoomba on behalf of the homeowner community. The morning was complete with guest speaker Wing Commander (Dr) Greg Wilson, informing us of some of his time serving as a member of the RAAF. It was a very special day indeed.

Betty McCredden
Social Club Committee President

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase an established Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.



Looking for care?

There are limited vacancies at Palm Lake Care Toowoomba available now. Vacancies come and go quickly and Palm Lake Care prioritises Palm Lake Resort homeowners and their families. If you have someone needing high quality 24-hour nursing care in this convenient neighbouring location, you can FREECALL Care Solutions to discuss their needs on 1800 24 66 77.

Wagging tails for dog park opening.

WE ARE THRILLED TO ANNOUNCE THE OPENING OF OUR LONG-AWAITED DOG PARK AT PALM LAKE RESORT TOOWOOMBA!

This fantastic community facility is already a hit, with homeowners and their four-legged friends enjoying the vibrant new space.

The dog park is designed to provide a safe, fun environment for our furry companions to run, play and socialise. But, across the Palm Lake Group, these spaces have also proven to be popular places for likeminded (human) neighbours to socialise with each other as well.

It's heartwarming to see our homeowners and their pets already making the most of this wonderful addition to our community. A huge thank you goes out to our homeowners for their patience and understanding during the construction period. Your support has been invaluable and it's a joy to witness the park buzzing with activity and happiness. Here's to many more joyful moments and wagging tails at Palm Lake Resort Toowoomba!



Pictured: Bryn and Marie mark 50 years of wedded bliss, with their family.



Sister act.

FIFTY YEARS ON, SISTERS ARE REUNITED AT PALM LAKE RESORT TO RECALL THEIR UNUSUAL NUPTIALS...

For sisters Christine Kiddey and Marie Grofski, getting together for their 50th wedding anniversary was a no brainer. Back in the day, their mother encouraged them to have a joint wedding as she didn't want two weddings less than three months apart. Growing up in New Zealand, it was almost unheard of to have a double wedding unless you were twins - and no, these ladies are not twins. Unfortunately, their father had passed so to make the wedding day that little bit more unusual, the girls were given away by their mother.

Marie and her husband, Bryn, live at Palm Lake Resort Toowoomba. Christine and her husband, Lance, call Invercargill NZ home. So with their 50th anniversary coming up, Christine and Lance decided it was a bit warmer in Australia.

"Going over our wedding album, we had a chuckle at the colours and fashion of the early 1970s," Marie says. "The two groomsmen were wearing crimplene pinstripe suits and the bridesmaids were all dressed in orange floral of the '70s. Our wedding party was rather large as we both had two bridesmaids and two groomsmen each. We had a priest and a presbyterian minister. Everything was doubled up."

Despite hosting 120 guests at the wedding reception, the whole event cost \$800 - which was a significant outlay at the time. They say 'great minds think alike' and it's true: Both Christine and Marie kept their honeymoon plans hushed.

"We didn't discuss it," Marie recalls. "So it was a great surprise when we pulled up at our hotel in Takaka to find Christine and Lance checking in at the same place!"



Pictured: There's a very talented contingent of homeowners at our resort who love to patchwork - and their handiwork is incredible! If you enjoy craft, there are many opportunities in the Weekly Activities list, below, to find likeminded neighbours.

Weekly activities.

MONDAY

- 8.30am Aerobics, Misty Ridge (PLR)
- 8.30am 500 cards, Pinnacle (RC)
- 9.15am Beginners line dancing, Pinnacle (PLR)
- 10.15am Transitional line dancing, Pinnacle (PLR)
- 10.45am Improvers line dancing, Pinnacle (PLR)
- 12noon 500 cards, Misty Ridge (RC)
- 1pm Mahjong, Misty Ridge (RC)
- 1pm Hand and Foot cards, Pinnacle (RC)
- 3pm Indoor bowls, Misty Ridge (RC)

TUESDAY

- 8.30am Beginners line dancing, Pinnacle (PLR)
- 8.45am Bus to Grand Central (PLR)
- 9.30am Beginners line dancing, Pinnacle (PLR)
- 10am Aqua aerobics, Pinnacle (PLR)
- 10am Beginner Tai chi and Qi Gong, Pinnacle (PLR)
- 12noon Bistro lunch, Misty Ridge (PLR)
- 1pm Craft work and Canasta, Misty Ridge (RC)
- 1pm Pool/billiards, Pinnacle (RC)
- 2pm Advanced Tai chi & Qi Gong, Pinnacle Bowls (PLR)
- 6pm Dinner, Pinnacle (PLR)

WEDNESDAY

- 8.30am 500 cards, Pinnacle (RC)
- 8.30am Table tennis, Misty Ridge (RC)
- 9am Tai chi and Qi Gong, Misty Ridge (PLR)
- 9am Pilates mat class, Pinnacle (PLR)
- 10am Steady steps, Pinnacle (PLR)
- 10.15am Yoga, Misty Ridge (PLR)
- 12noon Bistro lunch, Pinnacle (PLR)
- 1pm Hand and Foot cards, Pinnacle (RC)
- 5.30pm Dinner, Misty Ridge (PLR)

THURSDAY

- 8.30am Intermediate line dancing, Misty Ridge (PLR)
- 8.45am Bus to Clifford Gardens, departs both Country Clubs (PLR)

- 9am Stitchers and Knitters, all day, Pinnacle (RC)
- 12noon Bistro lunch, Misty Ridge (PLR)
- 12noon Lunch, Pinnacle (PLR)
- 12noon 500 cards, Misty Ridge (RC)
- 1pm Craft work, Misty Ridge (RC)
- 1pm Trivia, Pinnacle (RC)
- 1pm Pool/billiards, Pinnacle (RC)
- 1.15pm Bingo, Misty Ridge (RC)
- 2pm Ukulele lessons, Pinnacle (RC)
- 3pm Indoor bowls, Misty Ridge (RC)
- 6pm Dinner, Pinnacle (PLR)

FRIDAY

- 8.30am 500 cards, Pinnacle (RC)
- 9am Steady Steps, Misty Ridge (PLR)
- 9am Bus to Bunnings, last Friday of the month (PLR)
- 9am Craft work, Misty Ridge (RC)
- 9.15am Zumba Gold, Pinnacle (PLR)
- 10am Pilates mat class, Misty Ridge (PLR)
- 11am-1pm Milon Gym inductions, Pinnacle (PLR), by appointment via the Caretakers
- 12.30-4.30pm Watercolour painting, Pinnacle (RC)
- 1pm Mahjong, Misty Ridge (RC)

SATURDAY

- 9am Colouring-in, Misty Ridge (RC)
- 12noon Cards, Misty Ridge (RC)
- 1pm Backgammon, Misty Ridge (RC)
- 1pm Billiards, Pinnacle (RC)

SUNDAY

- 12noon Cards, Misty Ridge (RC)

PLR = Palm Lake Resort-sponsored activities.
RC = Activities organised by our homeowners. Please check with the Homeowners' Committee and/or the specific organisers of each event for more info.

The importance of staying socially connected.

MAKING THE DECISION TO MOVE INTO A PALM LAKE RESORT STARTS BY FINDING JUST THE RIGHT HOME. BUT LONG-TIME PALM LAKE RESORT HOMEOWNERS WILL BE QUICK TO TELL THEIR NEWBIE NEIGHBOURS THAT THEIR DECISION WILL ULTIMATELY PROVE TO BE LESS ABOUT THE PHYSICAL 'BRICKS AND MORTAR' AND MORE ABOUT THE LIFESTYLE COMMUNITY THAT COMES ALONG WITH IT.

The benefits of buying into a Palm Lake Resort community extended well beyond what you can physically see. Yes, your home will be a low-maintenance safe haven in a gated community with caretakers to support you on a day-to-day basis. And, yes, you'll also have access to a raft of onsite community facilities strategically chosen for the over-50s demographic. But one of the greatest returns on your Palm Lake Resort investment will, in fact, be something a lot less tangible - and that's your 'membership' into this welcoming, likeminded community.

Scientific research proves we humans live longer, happier, healthier lives when we feel part of something bigger than just ourselves – that is, part of a social/community group. There has been much research completed and reported across the last decade about the benefits of staying socially connected as we age. Here are just some of them:

Improved cognitive function: Social engagement can help maintain and even improve cognitive functions. Studies have shown that social interaction can help protect against cognitive decline. Engaging in social activities stimulates the brain, which can enhance memory and cognitive skills.

Reduced risk of mental health issues: Social connectedness significantly reduces the risk of depression and anxiety among older adults. Having a strong social network provides emotional support, which is crucial for mental health. Interacting with others can also provide a sense of purpose and belonging.

Enhanced physical health: Older adults with strong social ties in general have lower risks of chronic illnesses such as heart disease, hypertension and diabetes. Studies show that socially engaged individuals are also more likely to be physically active, which contributes to overall health. Having a team of friends to inspire you to go for a walk together, play sport, join in a group training session or even just try activities that you would otherwise overlook is motivating.

Longevity: Socially active individuals tend to live longer. Research has indicated that loneliness and social isolation are linked to higher mortality rates. Having a robust social network can encourage healthier behaviours and provide emotional support, both of which contribute to a longer life.

Improved immune function: Funnily enough, social engagement can strengthen the immune system. Positive social interactions can reduce stress and its negative impact on immune function. Reduced stress levels are associated with better immune responses and lower inflammation.

Greater emotional wellness: Being socially connected can enhance emotional wellbeing. Regular interactions with friends and family can increase feelings of happiness and decrease feelings of loneliness. Emotional support from social networks can also help individuals cope with life's challenges more effectively.

Increased sense of purpose and belonging: Engaging in social activities can provide a sense of purpose and belonging. Volunteering, participating in community events, or simply spending time with likeminded friends and loved ones can give older adults a meaningful role and a reason to stay active and involved.

So, now that we know why it is beneficial to stay social as we age, let's look at how we can achieve and maintain those all-important social connections. As a homeowner in a Palm Lake Resort, you've made the biggest and most important first step by joining our community. Congrats, you! But don't expect the benefits to simply come flowing in through your front door – some definitely will, but you've also got to invest a little time and effort to chase down those social opportunities.

Here's how you can very easily bolster your social connections at Palm Lake Resort:

Join a club, find your tribe: Everyone has some kind of passion, hobby, interest or creative streak within them. Maybe there was something you enjoyed in your earlier years before life and work and family commitments got in the way? Maybe you just want to learn something brand new (there are additional cognitive benefits to being a lifelong learner!). Start by taking a look at our resort's Weekly Activities list to see if something there resonates. You can also stop by our Caretakers' office and ask them if they know of any other homeowners interested in the same thing you are interested in. Beyond that, simply ask around your neighbourhood, at weekly meals, in the resort's private Facebook group etc. We guarantee you'll find a likeminded neighbour with just a little digging and if our resort isn't already supporting your chosen hobby, we'd love to know how we can start!

Play a sport: This is the obvious one. We've got the resort facilities to support many different sporting pursuits. Not only will you benefit from being physically active, you'll find strong social

connections among likeminded sporting friends. We've seen likeminded sporting neighbours join forces to play their chosen sport outside the resort grounds (inter-resort games, played across multiple local Palm Lake Resort addresses are all-too common). Some have even organised group holidays interstate and internationally to indulge a shared sporting passion. Trust us, sometimes the post-match drinks can be more fun than the match itself!

Volunteer: If you've got time on your hands, volunteering will no doubt connect you with likeminded neighbours. Maybe you are a social butterfly with a background/flair for event planning? Our resort Social Committee would love to have you onboard. Maybe you enjoy driving and could help shuttle our homeowners around on the resort bus? Maybe your calling is even bigger than that? Maybe there's a charitable organisation that would benefit from you and your neighbours' combined volunteering support? It might be knitting or sewing items in groups to support a local hospital or the underprivileged? Or maybe you could organise a resort fundraiser for a charity? If this kind of work tickles your fancy, finding others who share the same interest will definitely uncover wonderful social connections for you, beyond the feel-good bonus of selflessly helping others.

Jump online: It can be nerve-wracking for some to make new friends in real life. Maybe, also, you're not as mobile as you used to be? Either way, the internet has the power to bring social connections right into the palm of your hand so you have no excuses not to stay socially connected from wherever you are. If you're new to social media, our Palm Lake Resort community's private Facebook group might be just the (safe and secure) place to uncover a Palm Lake Resort neighbour with similar interests? Beyond our resort gates, you could try searching Facebook for community groups based in our geographic area? You could even find a Facebook group dedicated to your particular interest or hobby? The sky really is the limit here.

Get a dog: It's amazing how dog owners automatically connect with one another over their beloved pooches! If you haven't already got a four-legged best mate in your life, maybe now is a great time to get one? Palm Lake Resorts are dog friendly so there's no drama there. You'll also find yourself more physically active as a dog owner, given the extra walking (and playing!) that you'll do. And you'd be surprised just how many incidental social connections you'll make when you're out and about with your pooch. A dog is the gift that keeps on giving, in so many different ways.

FIND OUR
WEEKLY
ACTIVITIES LIST
ON PAGE 5



Homes for sale.

FOR HOME APPRAISALS, PRIVATE RESORT TOURS AND ANY OTHER GENERAL SALES ENQUIRIES,
FREECALL PALM LAKE RESORT TOOWOOMBA'S SALES INFORMATION CENTRE ON 1800 280 129.



Home 540 - Offers over \$900,000

Beds
2

Bath
2

Living
1

Activity
1

Alfresco
1

Garage
2



You'll be living large in this 'Majella' design home. It offers two bedrooms, two bathrooms, indoor/outdoor living, as well as a spacious open-plan kitchen-dining-lounge zone.

The additional activity room, located right at the front of the home, is perfect as your art and craft hobby space, or you might like to set up a study or library there, even a home office? It's also a great break-out space for when the littlest family members arrive.

There's also storage aplenty in the Majella floorplan - from the ample cupboards in the double garage, to the many various internal storage cupboards and the separate laundry, with direct outdoor access.



Your sales update.

I would like to extend a warm welcome to our new homeowners. I am delighted that I was able to be a part of your Palm Lake Resort Toowoomba journey. You have all been a delight! To our other homeowners, I thank you all for popping in to say hello, for offering a friendly chat and a wave, and for engaging in my quizzes - it has been wonderful! Do not forget to pop into my office to collect your goodies if you got an answer correct!

It has been quite a busy few months regarding sales across our resort and across the greater Cranley area, which in turn benefits our beautiful resort homeowners. Did you know that last month, Cranley had 17 properties for sale? Median property prices over the last year were in the vicinity of \$637,500 for houses and \$430,000 for units. Cranley has seen an annual compound growth rate of 25.2 per cent for houses and 21.1 per cent for units.

Should you like an obligation-free appraisal, consider reaching out. When completing appraisals within the resort I consider the following: Property size/plan, fixtures and fittings, the number of rooms in the property, current competition

(inside/outside our resort), wider market trends, property structure and condition, location of the home in our resort as well as areas for improvement.

One thing I can recommend, if you are looking to put your home on the market, is the professional cleaning of your home and carpets. You should also remove any hooks or wall hangings and touch up any dents or chipped areas of paint - it all adds to the value of your home with minimal cost outlay. It really is important to freshen up your home to ensure the best possible price for your investment. Oh, and here's a handy tip for owners selling their home - the smell of fresh baking creates a welcome, homely environment for those who are inspecting your property. It really works!

Have a great month ahead.

Amanda McGilvray
Sales Consultant



Beechworth - \$800,000

Beds
2

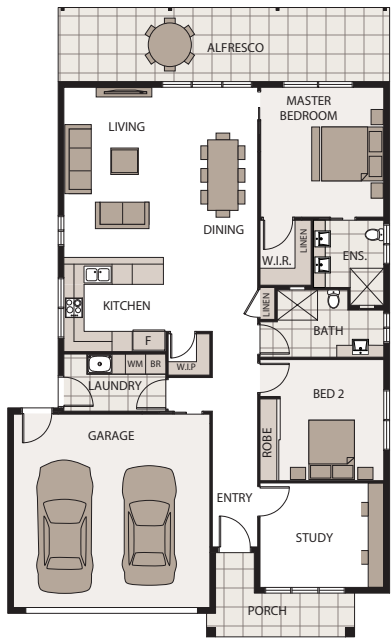
Bath
2

Living
1

Activity
1

Alfresco
1

Garage
2



We have for sale a beautiful Beechworth design home set in a quiet location within our resort grounds. You will benefit from all of the Beechworth's design features as well as the previous homeowners' upgrades.

Key inclusions:

- Ducted air-conditioning
- Two spacious bedrooms
- Activity room with storage
- Two bathrooms
- SMEG appliances
- Solar panels
- Double garage
- Low maintenance backyard
- Built-in alfresco living
- Lush and well-maintained gardens

Home 383 - Offers over \$975,000

Beds
3

Bath
2

Living
1

Activity
1

Alfresco
1

Garage
2



This 'Riverina' design home offers plenty of space with its 229.8m² (24.73 squares) layout. It offers three bedrooms, an activity room, two bathrooms, seamless/interconnected indoor and outdoor living, with space for two cars.

The master suite is located at the rear of the home for peace and quiet as well as privacy. It offers a sliding glass door direct to the undercover alfresco living space. The spacious ensuite (with his and hers double basins) and a matching spacious walk-in-robe make this suite a sanctuary for its homeowner/s.

There's also a convenient study nook adjacent to the kitchen/dining area, making home administration tasks a breeze.

* Artist impression only

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL OUR PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

A man of many talents.

You will have read about Palm Lake Resort Fern Bay's 10th birthday in the current edition of our company magazine, *'This is Your Time'*. While the 10th birthday party was a celebration of the resort as a whole, the unofficial 'man of the hour' was homeowner Steve Carroll. Some 86 years young, Steve wrote two poems about his time at Palm Lake Resort Fern Bay (read aloud at the party by Lloyd Hynd) and completed portraits of event guest speakers Amanda Clements (Palm Lake Group's Executive Manager People & Operations) and Meryl Swanson (Federal Member for Paterson). Both were delighted to receive their portraits at the end of the ceremony.

But Steve's talents don't stop at poetry and portraiture. Having served in four wars, he is passionate about working alongside his fellow veterans



to better the lives of those abroad – particularly in Laos, which is home to 15,000 amputees thanks to landmines leftover from the Vietnam War. Steve began collecting prosthetic limbs from clinics in Australia (discarded because regulations say they can't be reused) and sending them to Laos. For the first five years, he did this on his own dime – which, at around \$700 in postage for three boxes soon added up. More recently, he has linked up with another

veteran in Queensland who helps him send the prosthetics to Laos for free. As part of their local Rotary Club, Steve and his wife Doreen have also taken on impressive fundraisers – namely, a motorbike ride around Australia. They rode 20,000 kilometres, slept on the ground of countless Rotary Clubs and raised \$30,000 for malaria research. Yes, the people of Palm Lake Resort really are very special indeed. Well done, Steve and Doreen.

Sharing a cuppa, for charity.

Right across our 27 Palm Lake Resort addresses, we bet there's a jug boiling right now! Coming together over a piping hot cup of tea or a reinvigorating mug of coffee is what we all love best. It's not so much the drink itself as it is the enjoyment when the moment is shared with friends, family and likeminded neighbours. So, it's little wonder why the Cancer Council's annual 'Biggest Morning Tea' fundraiser seems to strike a chord across all our resorts, year after year. Not only do we all know someone who has been affected by cancer, we know that supporting a worthy cause like this will support the future of cancer research and patient care. And to do it by sharing a cuppa? Too easy!

At the time of printing this newsletter, more than \$14 million has been raised across Australia at Biggest Morning Tea events in 2024 alone. Here are just some of the fundraising results we've seen across our own Palm Lake Resort addresses that helped to raise that \$14 million total figure:

- **Banora Point:** \$1700
- **Bargara:** \$5138
- **Beachmere Sands:** \$5977
- **Carindale:** \$2906
- **Cooroy-Noosa:** \$1000
- **Eagleby:** \$6000
- **Forster Lakes:** \$8000
- **Mt Warren Park:** \$2000
- **Phillip Island:** \$2272
- **Truganina:** \$2320
- **Upper Coomera:** \$1790
- **Waterford:** \$1700
- **Willow Lodge:** \$3500 (pictured, right)

**\$44,300+
RAISED FOR
CANCER RESEARCH
WITH THANKS
TO PALM LAKE
PEOPLE!**



Our Thelma reigns supreme.

When it comes to volunteering, there's one Palm Lake Resort homeowner who is quite literally top of the pops - and that's Thelma Hansen of Willow Lodge. Thelma has been at the resort since 2000 and has clocked up 23 years of volunteer work in that time. While this queen of volunteering is 95 years young, she's quite happily living on her own and heading to The Lodge Country Club on Tuesday and Saturday mornings each week to lend a helping hand. Thelma is a true inspiration, selflessly giving back to her community for more than two decades, which is why she's the inaugural winner of her resort's new Volunteer Recognition prize. Keep up the great work, Thelma! We appreciate you.

Green and gold for grandie.

There's going to be one proud Palm Lake Resort Tweed River homeowner with her eyes glued to the television come the 2024 Olympic Games. Laurie Galloway's granddaughter, Kaitlyn Torpey (pictured right), has been selected to play for the Australian Matilda's soccer team at the Paris Olympics. Well done to Kaitlyn! The whole of Palm Lake Resort will be cheering you on.



What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? Are you and your neighbours doing something special that you're proud of - and you know we'd be proud of too? We'd love to hear from you.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com

Where friends become family



FREECALL 1800 280 129 | salestoowoomba@palllake.com.au
97-161 Hogg Street, Cranley QLD 4350

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au