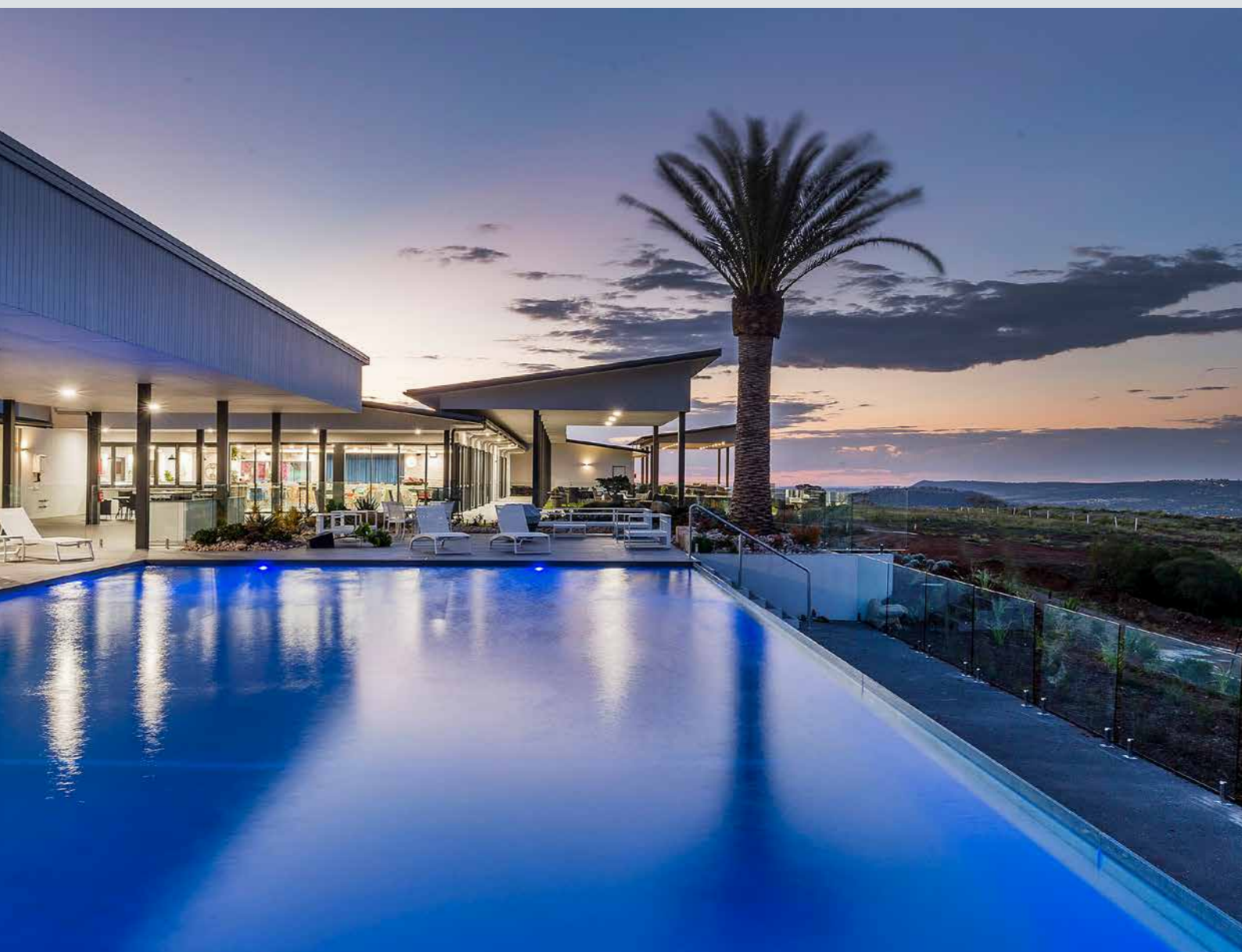


MAY - JUNE 2024



The Edge



Meet your neighbours

A colourful and interesting bunch of homeowners call Toowoomba home - meet some inside...

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to



Welcome.

Well mid-year is here and there is certainly an autumn nip in the air. When we look back on 2024, it has been a busy first half of the year in the resort with road repairs completed, an upgrade of the East bank, new bollards installed in front of the Pinnacle Bowls and the completion of the dog park, to name but a few projects ticked off the list. Thank you all for your patience and understanding for any disruptions these projects may have caused. We send out a special thank you to all our dog owners who have been so patient. Thank you.

Looking forward now - and we are excited to watch our mid-year Christmas party edging closer and closer to us. It'll be held in June, and if you need a reminder of how much fun this event will be, simply look back on these images of our 2023 event. Clear your diaries for this one - it's always a festive hoot!



Until next time, take care.

Mark Kelly & Karen Hopkins,
Palm Lake Resort Toowoomba Caretakers

This newsletter is intended to give general info only. All liability arising directly or indirectly from the use of, or for any error or omission in the information given, is expressly disclaimed.

Contact us.

Looking for more information about Palm Lake Resort Toowoomba?
Here's how you can reach us:

FREECALL: 1800 280 129

STREET ADDRESS:
Gate 1, 97-161 Hogg Street
Cranley QLD 4350

OFFICE HOURS:
9am - 4pm, five days a week

EMAIL:
salestoowoomba@palllake.com.au

ONLINE: Visit our website
palllakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@palllakeresort) and on
Instagram (@palllake.resort)



News in brief.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speed as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.

Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.



Get social with us

Are you on social media? Make sure you follow Palm Lake Resort on Facebook (@palllakeresort) and also over on Instagram (@palllake.resort) to see what's happening right across our dozens of Palm Lake Resort locations. We also feature many warm-and-fuzzy stories from our seven Palm Lake Care aged caring communities on both social platforms (@palllake.care). With more than 10,000 people calling a Palm Lake address home, there's always loads going on!



Fern Bay homeowner Ann-Marie is a winner!

Are you following Palm Lake Resort on our various social media platforms? While you can catch up on all the company news on our Facebook page, you may not know that we also have a vibrant Palm Lake Resort Instagram account as well? Ann-Marie of Palm Lake Resort Fern Bay is the lucky winner of our Instagram competition that ran during the month of April. She has picked up a \$200 gift card simply by tagging a friend in our posts. Make sure you keep your eyes peeled for our next social media competition. In the meantime, make sure to be following us on Facebook (@palllakeresort) and on Instagram (@palllake.resort)

Want to get your RSA?

The bar is always looking for more homeowners to get their Responsible Service of Alcohol (RSA) Certificate to maintain the great service that is provided by our volunteers. If you would like to get behind the bar, please contact Darryl on 0419 767 778 or Tony on 0427 316 947 and they will be happy to fill you in on what is required to achieve your RSA.

Looking for care?

There are limited vacancies at Palm Lake Care Toowoomba available now. Vacancies come and go quickly and Palm Lake Care prioritises Palm Lake Resort homeowners and their families. If you have someone needing high quality 24-hour nursing care in this award-winning community, FREECALL Care Solutions on 1800 24 66 77 to discuss the options available to you.



Colour your world.

Engaging in adult colouring-in activities offers a soothing escape from the hustle and bustle of daily life, providing a therapeutic outlet for stress relief and relaxation. Studies have shown that colouring-in can enhance cognitive function and focus, making it an ideal pastime for older adults looking to sharpen their mental acuity while enjoying a creative pursuit.

Additionally, the meditative nature of colouring-in fosters mindfulness, promoting a sense of calm and inner tranquility that is especially valuable in today's fast-paced world. Whether you're seeking a simple pleasure or a means of self-expression, adult colouring-in unlocks a world of artistic possibility, offering a delightful way to unwind and unleash your imagination, no matter your age.

Try adult colouring-in with your Palm Lake Resort friends. Our group meets Saturdays at 9am, in the Misty Ridge Country Club.

Weekly activities.

MONDAY

8.30am Aerobics, Misty Ridge (PLR)
8.30am 500 cards, Pinnacle (RC)
9.15am Beginners line dancing, Pinnacle (PLR)
10.15am Transitional line dancing, Pinnacle (PLR)
10.45am Improvers line dancing, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Mahjong, Misty Ridge (RC)
1pm Hand and Foot cards, Pinnacle (RC)
2pm Darts, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)

TUESDAY

8.30am Beginners line dancing, Pinnacle (PLR)
8.45am Bus to Grand Central (PLR)
9.30am Beginners line dancing, Pinnacle (PLR)
10am Beginner Tai chi and Qi Gong, Pinnacle (PLR)
10.30am Aqua aerobics, Misty Ridge (PLR)
12noon Bistro lunch, Misty Ridge (PLR)
1pm Craft work and Canasta, Misty Ridge (RC)
1pm Pool/billiards, Pinnacle (RC)
2pm Aqua aerobics, Pinnacle (PLR)
2pm Advanced Tai chi & Qi Gong, Pinnacle Bowls (PLR)
6pm Dinner, Pinnacle (PLR)

WEDNESDAY

8.30am 500 cards, Pinnacle (RC)
8:30am Table tennis, Misty Ridge (RC)
9am Tai chi and Qi Gong, Misty Ridge (PLR)
9am Pilates mat class, Pinnacle (PLR)
10am Steady steps, Pinnacle (PLR)
10.15am Yoga, Misty Ridge (PLR)
12noon Bistro lunch, Pinnacle (PLR)
1pm Hand and Foot cards, Pinnacle (RC)
5.30pm Dinner, Misty Ridge (PLR)

THURSDAY

8.30am Intermediate line dancing, Misty Ridge (PLR)

8.45am Bus to Clifford Gardens, departs both Country Clubs (PLR)
9am Stitchers and Knitters, all day, Pinnacle (RC)
12noon Bistro lunch, Misty Ridge (PLR)
12noon Lunch, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Craft work, Misty Ridge (RC)
1pm Trivia, Pinnacle (RC)
1pm Pool/billiards, Pinnacle (RC)
1.15pm Bingo, Misty Ridge (RC)
2pm Aqua aerobics, Pinnacle (PLR)
2pm Ukulele lessons, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)
6pm Dinner, Pinnacle (PLR)

FRIDAY

8.30am 500 cards, Pinnacle (RC)
9am Steady Steps, Misty Ridge (PLR)
9am Bus to Bunnings, last Friday of the month (PLR)
9am Craft work, Misty Ridge (RC)
9.15am Zumba Gold, Pinnacle (PLR)
10am Pilates mat class, Misty Ridge (PLR)
11am-1pm Milon Gym inductions, Pinnacle (PLR)
12.30-4.30pm Watercolour painting, Pinnacle (RC)
1pm Mahjong, Misty Ridge (RC)

SATURDAY

9am Colouring-in, Misty Ridge (RC)
12noon Cards, Misty Ridge (RC)
1pm Backgammon, Misty Ridge (RC)
1pm Billiards, Pinnacle (RC)

SUNDAY

12noon Cards, Misty Ridge (RC)

PLR = Palm Lake Resort-sponsored activities.

RC = Activities organised by our homeowners. Please check with the Homeowners' Committee and/or the specific organisers of each event for more info.



Sweet memories

Edna and Richard invited Keith and Thoslyn over to their house for lunch in March but, unbeknown to the visitors, Edna and Richard also invited the whole of Sweet Pea Drive as well! It was an open house surprise party to say farewell to Keith and Thoslyn and the most surprising part was that our resort was able to keep it a secret for around four weeks! Pictured above (top three rows), the whole street attended and made it a fun event. Sweet Pea Drive is now seeking nominations from within for a replacement barbecue-er to take over from Keith at future street parties! Sweet Pea Drive really is a social stretch of homes. Pictured above (bottom two rows) are some memories from the Sweet Pea Drive Christmas party.



Pictured above: The Sewers and Knitters Group helped Joy celebrate her 90th birthday in style!

The Big Oh!

EVERY LAP AROUND THE SUN IS A SPECIAL OCCASION BUT SOME BIRTHDAYS ARE A LITTLE MORE SPECIAL THAN OTHERS - ESPECIALLY THOSE ONES THAT END IN AN 'OHHHH'!



Pictured above: We bid farewell to homeowner Dorothy Judd in May via a lovely morning tea that was well attended.

Around the grounds.



Pictured above: We love to see when friends make great use of our wonderful Pinnacle Country Club.



Pictured above: St Patrick's Day had us all going green!



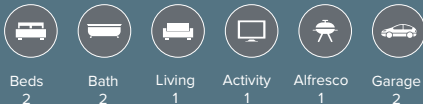
Pictured above: These two birthday gals were 'taken for a ride'! Congratulations to Muriel who marked 100 years and to Meg on her 80th birthday!

Homes for sale.



FOR HOME APPRAISALS, PRIVATE RESORT TOURS AND ANY OTHER GENERAL SALES ENQUIRIES,
FREECALL PALM LAKE RESORT TOOWOOMBA'S SALES INFORMATION CENTRE ON 1800 280 129.

Montalto - \$780,000+



This 'Montalto' designed home offers plenty of space and is presented in excellent condition. With a modern open plan design, raked ceilings and quality finishes, this home offers easy maintenance, a homely feel and makes for a comfortable, relaxing lifestyle. The home enjoys three bedrooms (the main complete with a large robe and huge ensuite), plus a handy third bedroom/activity room. Central to the home is an impressive gourmet kitchen with SMEG appliances and plenty of bench and cupboard space that looks over the spacious living and dining area. A double lock-up garage with epoxy resin flooring provides internal access to the home. Features custom window furnishings, zone-controlled ducted air con, security screens and doors, ceiling fans, LED lighting, a 5000L rainwater tank plumbed to the home and 3kw solar.



Your sales update.



I would like to take this opportunity to wish you all a very blessed autumn/winter. As the cool weather is fast approaching, please ensure your smoke alarms/batteries are up to date and heating has been serviced, vents cleaned and heaters tagged to ensure your safety.

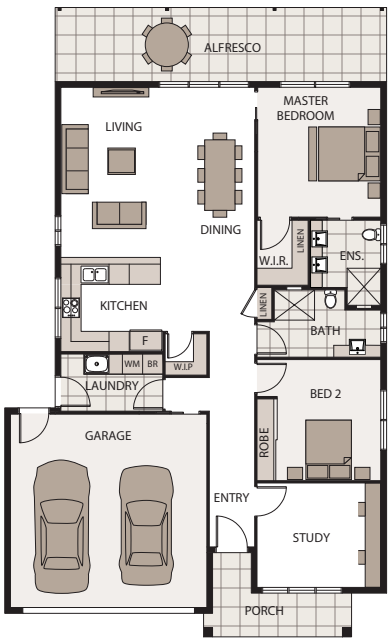
I have some wonderful homes currently for sale, so if you know someone who has recently sold their family home or who might be thinking of selling their home and would like to become part of the wonderful culture that Palm Lake Resort Toowoomba offers, please feel free to pass on my details or stop into our Sales Information Centre.

I have several buyers on my wait list who are interested in the following designs: Derwent, Riverina, Majella, Belvidere and Miraval. I also have several buyers on my wait list looking for homes within Misty Ridge. If your situation has changed and you're looking to sell, please stop by my office. I look forward to talking to you.

Amanda McGilvray
Sales Consultant



Beechworth - \$800,000



We have for sale a beautiful Beechworth design home set in a quiet location within our resort grounds. You will benefit from all of the Beechworth's design features as well as the previous homeowners' upgrades.

- Key inclusions:
- Ducted air-conditioning
 - Two spacious bedrooms
 - Activity room with storage
 - Two bathrooms
 - SMEG appliances
 - Solar panels
 - Double garage
 - Low maintenance backyard
 - Built-in alfresco living
 - Lush and well-maintained gardens

Home 364 - \$750,000



Home 391 - \$786,000



Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT COMMUNITIES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS. IN THIS NEW REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE GREATER COMMUNITY OR JOINING FORCES FOR FUN. ACROSS ALL PALM LAKE RESORTS, 'PEOPLE' REALLY IS OUR SUPERPOWER!

Resort workshop put to amazing charitable use.

IT HAS BEEN A BUSY 12 MONTHS FOR A DEDICATED GROUP OF PALM LAKE RESORT BALLINA RESIDENTS WHO HAVE BEEN HELPING THE ROTARY CLUB OF BALLINA-ON-RICHMOND WITH THEIR TEMPORARY HOUSING PROJECT FOR PEOPLE DISPLACED BY THE BIG 2022 FLOOD.

The waters may have subsided long ago, but many people still remain in very poor living conditions after the severe flooding of 2022. Thankfully though, a project from the local Rotary Club is providing warm, safe, secure and compact homes for people to live in while they are either waiting to have their original homes restored or until they find alternative accommodation.

Palm Lake Resort Ballina resident Col Lee is the coordinator of the Rotary Club of Ballina-on-Richmond's Flood Recovery group. He engaged members of the Ballina Satellite Club, based at Palm Lake Resort Ballina, to assemble kitchenettes in the resort workshop and help with the fit outs of the temporary homes across the Northern Rivers region. All up, 38 homes have been erected, housing more than 100 people across seven affected local government areas.

The satellite assembly team – led by resident Michael Sherlock, a former cabinetmaker – put together the kitchen packs, adding plumbing, sink and hardware to the cupboards. The well-equipped Palm Lake Resort workshop made the job much more efficient and less confined than it would be in a normal garage. Once completed, the kitchenettes are then installed into the temporary homes to



make them ready for occupancy. Under State Government legislation, each temporary home can be occupied for up to five years and must have running water, some form of electricity and a working toilet. A development application is not required, being a temporary dwelling.

Palm Lake Resort Ballina's Resort Manager, Rick Stewart, says it is wonderful to see our residents engaging in such a worthwhile community project.

"The fellowship and sense of commitment among the members has given everyone so much pleasure in our workshop," says Rick.

"Projects such as this give a genuine purpose to all involved in our Resort where we strive to have a close connection to major community projects."

The last of the six homes were erected in the Nimbin area, which many feel has been forgotten by government authorities. This area was very badly affected by landslides – landholders' properties and homes were swept into sunken valleys and roads were covered with up to 15 metres of rock, soil and trees. Their homes and contents have been totally destroyed, never to be seen again. This Palm Lake Resort-based project has been a life changer for those who have suffered severely from the total devastation of their properties and livelihood – finally, thanks to this dedicated, community-focused group, they can begin to move forward. Through their work and expertise, these volunteers have lifted the morale and self-esteem of many people who had all but given up hope. Well done, all!



Leona is driven.

GOSH, WE HAVE A VIBRANT COMMUNITY OF RESIDENTS ACROSS BOTH OUR PALM LAKE RESORT AND PALM LAKE CARE COMMUNITIES - AND OUR TEAM MEMBERS ARE PRETTY VIBRANT THEMSELVES!

Case in point: Leona from Palm Lake Care Mt Warren Park. When she's not heading up the Lifestyle Team, she's generously giving her time to others, including charity. Leona has just returned from the "Shitbox Rally" - an aptly named annual Cancer Council fundraiser that requires participants to drive a car valued at less than \$1500 across various states of Australia. The rally saw her and husband Scott drive a 1989 VN Commodore from Brisbane to the starting line in Adelaide, through the centre of Australia, and over to Perth. Although the rally finished in Perth, the pair managed to complete a return trip and got their 'shitbox' back home to Brisbane - some 12,000km in total! This was Leona's fifth time in the Shitbox Rally, which has raised \$45 million for the Cancer Council in its 14-year history (Leona and her fellow Autumn 2024 rally participants raised \$3 million alone this trip!). Incredible! Leona's residents at Palm Lake Care Mt Warren Park followed her progress throughout the trip online, via a tracker she had in her car. There was loads of excitement across the community as she and Scott made it to each checkpoint. Bravo Leona - what fun, and what a great cause!

Inter-resort good sports.

Palm Lake Resort Eagleby hosted a team from Palm Lake Resort Waterford who put up a good fight, with some great lawn bowls played. However, Eagleby proved to be too strong and ran out winners 91 to 55.

Our Palm Lake Resort Cooroy-Noosa bowlers also took on visitors from Palm Lake Resort Beachmere Sands in a recent inter-resort bowls comp. After the morning session, Cooroy-Noosa were only up one point and one game. After a bit of banter and encouragement over lunch, the Cooroy teams lifted and won six out of eight games and scored 99 to 58 points to comfortably win the day. Final results were: Games won 10.5 to 5.5 and Points won: 196 to 154

Finally, Palm Lake Resort Bethania lawn bowlers took on their counterparts at Waterford recently. Although the final score was 102 to 63, it was no indication of the game. Both teams won three rinks each however one Waterford team won 34 to 5 with a very rare score of 9 on one end. This doesn't happen often - it's a bit like a hole in one in golf. It was a great game that all enjoyed whether playing or spectating.

They're sew good.

The talented crafters at Palm Lake Resort Deception Bay held their 10th annual Quilt Show in recent weeks. A few of the handmade quilts went home with lucky raffle winners – the rest are to be donated to local charities. Special mention to quilter Coral Welham, who turned fabric that wasn't suitable for quilting into pouches for rescued wildlife. Our Deception Bay homeowners really are sew good.



Cindy trains pups to empower.

Palm Lake Resort Beachmere Bay homeowner Cindy is spending her free time in a brilliant way - training pups to become Assistance and Therapy Dogs. Cindy has opened up her Beachmere Bay home to support this fantastic cause and has an ever-changing variety of the most gorgeous pooches staying with her, via the "Empower Assistance Dogs" organisation. Well done, Cindy!

What's happening over your back fence?

Has your resort got a warm and fuzzy "Over the back fence" story to share with the greater Palm Lake Resort community? We'd love to hear from you! **Simply email the details to belinda@bellepr.com**

We're all good sports.



FREECALL 1800 280 129 | salestoowoomba@palllake.com.au
97-161 Hogg Street, Cranley QLD 4350

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au