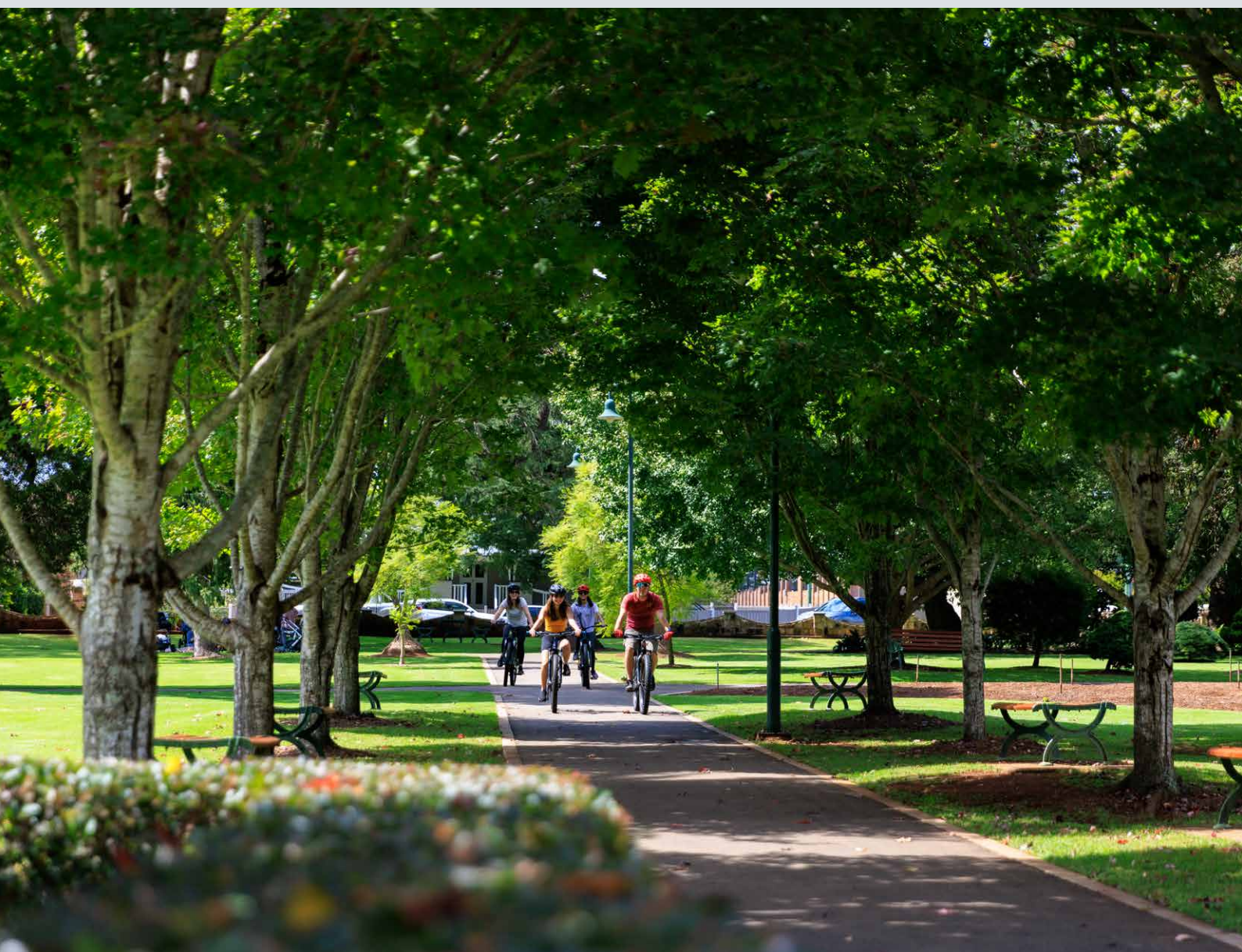


MAY - JUNE 2025



The Edge



Adventures await behind the wheel

Autumn provides the perfect opportunity to lock up your Palm Lake Resort home and drive!

Over the back fence

Keep up to date with all the good things your fellow Palm Lake Resort family is up to

Refer a friend, earn a reward

Do you know someone looking to make the move here? Refer them, for fast cash



Pictured above: Watercolour painting is a regular class that creative homeowners can attend here at Palm Lake Resort Toowoomba. Join in with your fellow homeowner artists on Friday afternoons (from 12.30pm - 4.30pm) at the Pinnacle Country Club.



Welcome.

Welcome to Palm Lake Resort Toowoomba's newsletter, *The Edge*. As the vibrant colours of summer to soften into the golden hues of autumn/winter, our community gently transitions into a season of reflection, connection and warmth.

These past few months, we have been reminded of the enduring spirit of unity and respect as we came together to commemorate ANZAC Day. A heartfelt thank you to all who attended — your presence contributed to an impressive turnout that honoured the legacy of our servicemen and women with dignity and pride. The moving words of our guest speakers, the solemn reverence of the ceremony and the stirring flyover served as powerful reminders of the sacrifices made and the compassion shared between Australia and New Zealand. It was a day marked not only by remembrance but also by the deep bonds of community spirit that continue to thrive here at Palm Lake Resort Toowoomba.

As we ease into the cooler months, we look forward to celebrating everything this season has to offer — quiet moments, shared stories and the simple joy of living well, together.

Mark Kelly & Karen Hopkins,
Palm Lake Resort Toowoomba Caretakers

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Contact us.

Looking for more information about Palm Lake Resort Toowoomba?
Here's how you can reach us:

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Cranley QLD 4350

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EMAIL:
salestoowoomba@pallake.com.au

ONLINE: Visit our website
pallakeresort.com.au

GET SOCIAL:
Follow us on Facebook
(@pallakeresort) and on
Instagram (@pallake.resort)



News in brief.



Refer a friend

We know your friends love coming to visit your Palm Lake Resort home and enjoy sharing our resort facilities with you, right? Refer a friend to join you and become part of our exclusive community, and if they purchase a Palm Lake Resort home, you'll receive \$250 cash. Easy! Ask about our 'Refer a Friend' incentive at the Sales Information Centre.

Don't forget to check your speed

Please remember the speed limit around our community grounds is 10km/h. It is not hard to keep your foot off the accelerator so please keep an eye on your speedo as it is very easy for someone to have a mishap. Please slow down - and make sure to remind your visitors and/or invited tradespeople to do the same.



Pictured above: Girl power! Some of our lovely ladies got together and celebrated International Women's Day in March.

Want to get your RSA?

The bar is always looking for more homeowners to get their Responsible Service of Alcohol (RSA) Certificate to maintain the great service that is provided by our volunteers. If you would like to get behind the bar, please contact Darryl on 0419 767 778 or Tony on 0427 316 947 and they will be happy to fill you in on what is required to achieve your RSA.

JPs on hand

Did you know we have a number of homeowners here at the resort who are qualified JPs?

- John Robinson (2228)
- Shirley Holm (1204)
- Kelly Logan (1295)
- Wendy Taylor (1222)

Also, Margaret Murphy (2343) is a Commissioner of Declarations.



Looking for care?

There are limited vacancies at Palm Lake Care Toowoomba available now. Vacancies come and go quickly and Palm Lake Care prioritises Palm Lake Resort homeowners and their families. If you have someone needing high quality 24-hour nursing care in this convenient neighbouring location, you can FREECALL Care Solutions to discuss their needs on 1800 24 66 77.

Drive time.

THERE'S NO DOUBT THE OVER-50s ERA BRINGS WITH IT THOSE HIGHLY COVETED LUXURIES OF RELAXATION AND TIME. A GREAT EXAMPLE OF THIS IS HOW MANY OF US GO FROM PLAYING THE FAMILY TAXI DRIVER FOR BUSY CHILDREN AND GRANDCHILDREN (AND ALL THOSE EXTRA-CURRICULAR ACTIVITIES) TO SIMPLY DRIVING FOR PLEASURE...

There are so many adventures to be had behind the wheel across our great state. And the freedom of time allows your adventure driving experience to be as 'adventurous' as you choose. You might happen upon a great roadside café and decide to linger a little longer to enjoy a meal. Or there might be an unexpectedly good photo opportunity on your route that deserves a little extra exploration and documentation. Whatever interest your chosen route brings, being behind the wheel allows you the luxury to go at your own speed and potentially also divert off the track where you want to.

Autumn/winter brings with it arguably the best season for a leisurely drive. The temperature is just right to be sitting in a car, and the roads are generally less busy than the summer holiday season. So, guess what? Adventure awaits you right now!

Here are our Top 7 ideas for scenic drives around our glorious state. Each route offers unique landscapes and experiences, making them ideal for over-50s seeking leisurely adventures. Some of them will be more easily accessible for you than others but there's nothing stopping you from tacking on some short domestic flights, a hire car and overnight accommodation to turn these ideas from simple driving day trips into memory-making driving holidays...

1. Great Barrier Reef (Cairns to Cape Tribulation)

Distance and time: Approx 140km. Around 3 hours drive time.

Why it's special: This coastal journey along the Captain Cook Highway offers breathtaking views where the rainforest meets the reef. Travellers can explore the Daintree Rainforest, visit Mossman Gorge and relax on pristine beaches like Four Mile Beach. This scenic route is well-maintained and sealed the entire way, ie. you don't need a 4x4 to drive from Cairns to Cape Tribulation. You will need to take a ferry across the Daintree River over to Cape Tribulation as no land crossing bridge exists. Departures are every 15 to 30 minutes, from 5am to midnight daily, and incur a fee.

Visit: www.weseektravel.com/cairns-to-cape-tribulation-drive/

2. Atherton Tablelands loop

Distance and time: Approx 200km loop. Allow a full day.

Why it's special: Starting from Cairns, this drive takes you through the lush Atherton Tablelands. Highlights include the Curtain Fig Tree, Millaa Millaa Falls and charming towns like Yungaburra. The cooler autumn/winter climate enhances the experience of rainforest walks and local markets.

Visit: www.tropicalnorthqueensland.org.au (and click on "Things to do" and then "Itineraries and road trips" for loads of ideas to suit your interests and available time)

3. Scenic Rim circuit

Distance and time: Approximately 300km loop. Around 3 to 4 days recommended for a relaxed pace.

Why it's special: Just an hour from Brisbane, the Scenic Rim offers a loop through Boonah, Mount Barney and Tamborine Mountain. Visitors can enjoy vineyard tours, rainforest walks and panoramic views from various lookouts.

Visit: www.visitscenicrim.com.au (and click on "Plan your stay" and then "Weekender itineraries" for some great routes).

4. Glass House Mountains drive

Distance and time: Approximately 40-50km loop. Around 2 to 3 hours, depending on stops.

Why it's special: This drive through the Sunshine Coast Hinterland showcases ancient volcanic peaks and lush landscapes. Stops include the Glass House Mountains Lookout and quaint towns like Maleny and Montville, known for their art galleries and cafes.

Visit: www.australia.com (and click on "Places to go" then "Country" then "Glasshouse Mountains")

5. Carnarvon Gorge drive

Distance and time: Approximately 720km from Brisbane. You can start at Yeppoon and the drive is 460km; four nights will give you ample time to explore.

Why it's special: Located in Central Queensland, the drive to Carnarvon Gorge offers dramatic sandstone cliffs, diverse flora and fauna, as well as Aboriginal rock art sites. Autumn/winter provides pleasant temperatures for hiking and exploring the Gorge's natural beauty.

Visit: www.visitcapricorn.com.au/road-trips-and-drive-journeys for various downloadable itineraries including "Reef, beef and Carnarvon Gorge".

6. Daintree Rainforest drive

Distance and time: Approximately 100km from Cairns to Cape Tribulation. Around 2.5 to 3 hours of driving time.

Why it's special: This route takes you through the heart of the one of the world's oldest tropical rainforests. Travellers can experience river crossings, lush vegetation and the chance to spot unique wildlife.

Visit: www.daintreeinfo.com/info/self-drive/

7. Lamington National Park drive

Distance and time: Approximately 110km from Brisbane. Around 2 hours of drive time.

Why it's special: From Canungra, this drive winds through the Gold Coast Hinterland to Lamington National Park. The journey offers stunning mountain views, rainforest walks and the opportunity to visit O'Reilly's Rainforest Retreat.

Visit: www.parks.desi.qld.gov.au/parks/lamington for full information, maps and other resources.

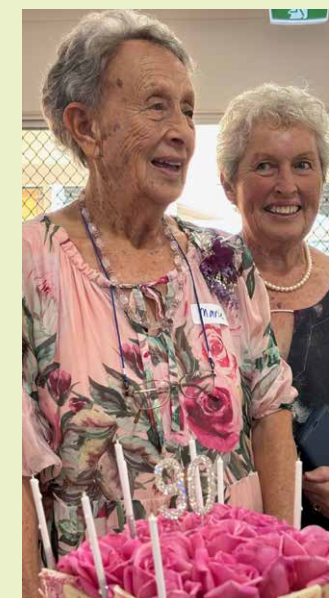
These drives offer a mix of coastal beauty, rainforest adventures and mountainous landscapes. They provide perfect opportunities for over-50s to explore Queensland's diverse regions at a relaxed pace. So, grab your keys and let's drive!

Around the grounds.

WITH A RESORT OF OUR SIZE, AND A VIBRANT SOCIAL COMMUNITY, THERE'S ALWAYS LOADS GOING ON HERE AT PALM LAKE RESORT TOOWOOMBA. HERE'S JUST A SNAPSHOT...



***Pictured above:** Here at Palm Lake Resort Toowoomba, we have a fun tradition whereby homeowners celebrating their birthday are 'taken for a ride' in fellow homeowner Eric's eye-catching yellow sidecar. It's not like we're trying to draw any attention to the birthday babes, right?! Above and right, Marie marked 90 laps around the sun with friends and her sister, Nance, who many will remember used to live here at the resort. Pictured top, Jan was snapped going for a ride on her 80th.*



Winter immunity boosters.

PROTECTING OUR HANDS AND HOME FROM GERMS IS IMPORTANT, ESPECIALLY COME WINTER, BUT STRENGTHENING OUR IMMUNE SYSTEM IS ONE OF THE BEST WAYS TO SAFEGUARD OUR HEALTH. HERE ARE SOME OF THE BEST INGREDIENTS FOR A STRONG IMMUNE SYSTEM.

Vitamin C

It will come as no surprise that vitamin C tops the list of immune-supporting ingredients – it’s a superhero when it comes to protecting the body from harm. Vitamin C is necessary for the growth, development and repair of all body tissues. It acts as an antioxidant, protecting cells from damage caused by free radicals – unstable atoms produced either from normal cell metabolisms or external sources like pollution, cigarette smoke and radiation. Vitamin C is also involved in the formation of collagen, wound healing and the maintenance of bones and teeth, and encourages the production of white blood cells, which help protect the body against infection. As if all that wasn’t enough, vitamin C also plays a part in helping white blood cells function more effectively by protecting them from damage by free radicals – it may help to reduce the severity and length of infection, too.

Where you’ll find it: Blackberries, strawberries, lemons and capsicums are great sources of vitamin C.

Zinc

The second-most-abundant trace mineral in your body, zinc is present in every cell – but, your body doesn’t naturally produce it, so you must obtain it through food or supplements. When paired up, zinc and vitamin C are extremely effective at fighting off infection. Even mildly low levels of zinc may impair your immune function, so you want to make sure you keep your zinc levels high – especially in the coming colder months.

Where you’ll find it: Eat your beans! Beans, and especially chickpeas, are a great source of zinc, as are eggs, oats, quinoa, cashews, pumpkin seeds and meat or shellfish.

Turmeric

Turmeric has been the go-to spice in the wellness world for some time now – and, for good reason. The active ingredient in turmeric is curcumin, which may help lower anxiety levels

by reducing inflammation and oxidative stress in the body. Inflammation often increases in people experiencing depression or anxiety, and research has concluded that an increase of curcumin in the diet also increased DHA levels and reduced anxiety.

Where you’ll find it: Find turmeric powder in the spice section at your local supermarket and add it to your morning smoothie or to curry or soup, for example. You can also make delicious turmeric lattes with cinnamon and steamed milk, or sip on some turmeric tea.

Ginger

Ginger is a potent anti-inflammatory that may help ease a cold or the flu. It’s interesting to note that researchers reviewed the effects of fresh and dried ginger on one respiratory virus in human cells and results showed fresh ginger may help protect the respiratory system, while dried ginger did not have the same impact. Ginger may also help with nervous system function and digestive health – and it’s delicious!

Where you’ll find it: Use ginger in teas, to make immunity shots or throw it in your stir fry, for example. You can buy whole ginger root at the supermarket, or the minced variety in a jar – just ensure there are no additives.

Magnesium

Magnesium acts as a nervous system relaxant and is a great mineral to assist with anxiety, irritability and restlessness. It can also help alleviate tension by relaxing the muscles. Low magnesium intake has been linked to chronic inflammation, which speeds up the ageing process and can cause chronic disease. Studies have shown that magnesium supplements can reduce markers of inflammation in adults.

Where you’ll find it: Foods like leafy greens, avocados and bananas are a great source of magnesium – you can quite literally eat it for breakfast, lunch or dinner.

Homes for sale.

Home 29 - Coonawarra

					
Beds 2	Bath 2	Living 1	Activity room	Alfresco 1	Garage 2



This large corner block home has all the comforts. Stepping inside you immediately feel at home. The kitchen is cosy with 2 pac cupboards and stone bench tops. The home is air conditioned. A good size backyard offers garden shed, artificial turf.

There are many features that make this home so appealing including MPR/office, garden shed, air-con, large corner block.

Home 19 - Watervale

					
Beds 2	Bath 2	Living 1	Activity room	Alfresco 1	Garage 2



Located close to our Misty Ridge Country Club, you have access to our world-class facilities just outside your front door. Enjoy afternoons out on your spacious and private patio and the beautiful yard. Inside, you can enjoy the fresh touches the owners have added to make this home feel inviting. In this peaceful neighbourhood you will truly be able to relax, unwind and take in the very best that's on offer here.

Home 108 - Rivergum

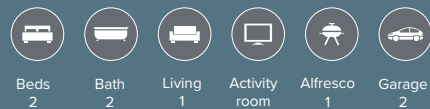
					
Beds 2	Bath 1.5	Living 1	Activity room	Alfresco 2	Garage 1.5



This design is a rarity in the resort with only several ever built. It boasts two generous bedrooms with built-ins, a utility/office, bathroom with toilet and an extra toilet for guests, as well as a 1.5 car garage to accommodate your workshop. The two alfresco areas have been built-in for use all year round. Large open-plan kitchen. Rainwater tank which services the garden, laundry and toilets. Currently vacant and priced to sell!

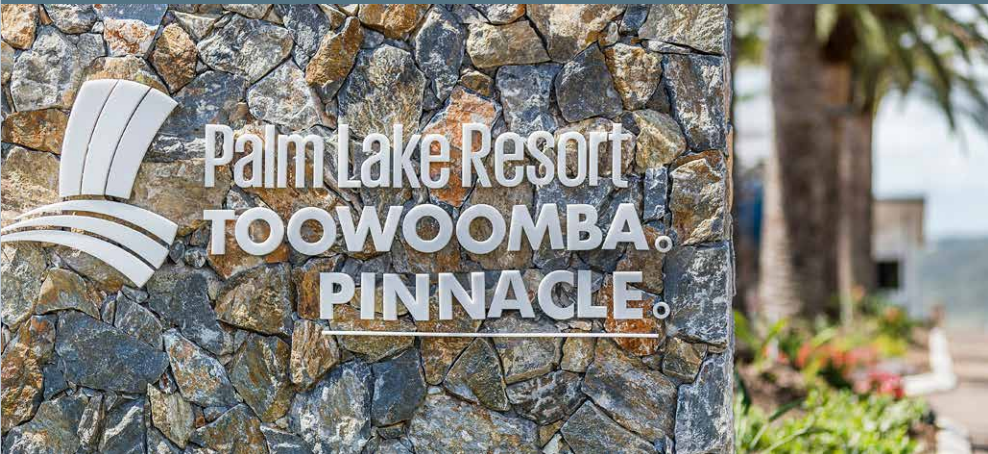
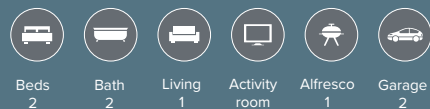
Homes for sale.

Home 469 - Barossa



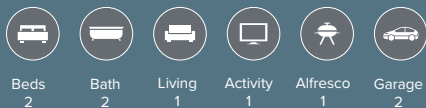
Positioned close to our world-class Pinnacle Country Club, this beautifully cared for Barossa will make you feel instantly at home. A highly sought after design which offers the unparalleled quality our homes are known for. Relaxed open plan living, spacious kitchen, alfresco dining area. Extras tinted windows for added privacy, lined and powered shed/workshop and a complete watering system for the front and back gardens.

Home 516 - Custom



Elegantly appointed, superbly presented. Positioned on a street on its own. This luxury home hosts designer fittings and opulent upgrades. Expansive kitchen with plenty of storage, stainless steel SMEG appliances, 2-pac kitchen cupboards, stone benchtops, butler's pantry. Fully enclosed alfresco. Low maintenance ample gardens. Zoned ducted air-con, water tank, solar.

Home 454 - \$800,000



Rare opportunity to purchase a beautiful home in a sought-after spot, a short stroll from the award-winning Pinnacle Country Club. Inside, you will not be disappointed. The spacious kitchen has 2-pac cabinetry with glass splash back, SMEG appliances and stone bench tops. The adjoining laundry offers extra storage and could double as a butler's pantry.

FOR HOME APPRAISALS, PRIVATE RESORT TOURS
AND ANY OTHER GENERAL SALES ENQUIRIES,
FREECALL PALM LAKE RESORT TOOWOOMBA'S SALES
INFORMATION CENTRE ON 1800 280 129.

Your sales update.

I would like to take this opportunity to wish you all a very blessed winter season ahead. With winter firmly on our radar and the cool weather fast approaching, please ensure your smoke alarms are up to date and your heating has been serviced (eg. vents cleaned and heaters tested and tagged) to ensure your safety.

I have some wonderful homes that are currently for sale, so if you know someone who has recently sold or might be thinking of selling their home and would like to become part of the wonderful culture that Palm Lake Resort Toowoomba offers, please feel free to pass on my details or stop into the Sales Information Centre for a chat.

I would like to welcome all the many new homeowners we have here at our resort. We hope you are making the most of the social nature of this wonderfully welcoming over-50s community!

HOMES RECENTLY SOLD

March:

Home 276 - Beechworth
Home 266 - Derwent
Home 149 - Eucalyptus
Home 526 - Manaboa

April:

Home 78 - WaterVale

May:

Home 100 - Watervale 3
Home 146 - Coolowin 3
Home 475 - Barossa
Home 446 - Montalto
Home 51 - Coonawarra
Home 454 - Gippisland

Amanda McGilvray,
Sales Consultant
Palm Lake Resort Toowoomba



Weekly activities.

MONDAY

8.30am Aerobics, Misty Ridge (PLR). 500 cards, Pinnacle (RC)
9.15am Beginners line dancing, Pinnacle (PLR)
10.15am Transitional line dancing, Pinnacle (PLR)
10.45am Improvers line dancing, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Mahjong, Misty Ridge (RC). Hand & Foot, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)

TUESDAY

8.30am Beginners line dancing, Pinnacle (PLR)
8.45am Bus to Grand Central (PLR)
9.30am Beginners line dancing, Pinnacle (PLR)
10am Aqua aerobics, Pinnacle (PLR)
10am Beginner Tai chi and Qi Gong, Pinnacle (PLR)
12noon Bistro lunch, Misty Ridge (PLR)
1pm Craft work and Canasta, Misty Ridge (RC)
1pm Pool/billiards, Pinnacle (RC)
2pm Advanced Tai chi & Qi Gong, Pinnacle Bowls (PLR)
6pm Dinner, Pinnacle (PLR)

WEDNESDAY

8.30am 500 cards, Pinnacle (RC). Table tennis, Misty Ridge (RC)
9am Tai chi and Qi Gong, Misty Ridge (PLR)
9am Pilates mat class, Pinnacle (PLR)
10am Steady steps, Pinnacle (PLR)
10.15am Yoga, Misty Ridge (PLR)
12noon Bistro lunch, Pinnacle (PLR)
1pm Hand and Foot cards, Pinnacle (RC)
5.30pm Dinner, Misty Ridge (PLR)

THURSDAY

8.30am Intermediate line dancing, Misty Ridge (PLR)
8.45am Bus to Clifford Gardens, departs both Country Clubs (PLR)
9am Sewers and Knitters, all day, Pinnacle (RC)
12noon Bistro lunch, Misty Ridge (PLR). Lunch, Pinnacle (PLR)
12noon 500 cards, Misty Ridge (RC)
1pm Craft work, Misty Ridge (RC). Trivia, Pinnacle (RC). Pool/billiards, Pinnacle (RC)
1.15pm Bingo, Misty Ridge (RC)
2pm Ukulele lessons, Pinnacle (RC)
3pm Indoor bowls, Misty Ridge (RC)
6pm Dinner, Pinnacle (PLR)

FRIDAY

8.30am 500 cards, Pinnacle (RC)
9am Steady Steps, Misty Ridge (PLR). Craft, Misty Ridge (RC)
9am Bus to Bunnings, last Friday of the month (PLR)
9.15am Zumba Gold, Pinnacle (PLR)
10am Pilates mat class, Misty Ridge (PLR)
11am-1pm Milon Gym inductions, Pinnacle (PLR), by appointment via the Caretakers
12.30-4.30pm Watercolour painting, Pinnacle (RC)
1pm Mahjong, Misty Ridge (RC)

SATURDAY

9am Colouring-in, Misty Ridge (RC)
12noon Cards, Misty Ridge (RC)
1pm Backgammon, Misty Ridge (RC). Billiards, Pinnacle (RC)

SUNDAY

12noon Cards, Misty Ridge (RC)

PLR = Palm Lake Resort-sponsored activities.
RC = Activities organised by our homeowners.

SOLD!

Over the back fence.

THE PALM LAKE GROUP SPANS 30 RESORT ADDRESSES ACROSS THREE STATES AND SOME 10,000 PEOPLE CALL PALM LAKE GROUP HOME, SO THERE IS ALWAYS PLENTY OF GOOD NEWS AROUND OUR GROUNDS.

IN THIS REGULAR SERIES, WE SHARE WITH YOU SOME STORIES OF WHAT YOUR FELLOW PALM LAKE RESORT 'FAMILY MEMBERS' HAVE BEEN UP TO RECENTLY - WHETHER THEY'RE JOINING FORCES TO DO GOOD IN THE COMMUNITY OR JOINING FORCES FOR FUN.

Neighbours lend a hand as Alfred comes to town.

The strength of our Palm Lake Resort communities, and the Palm Lake Group as a whole - was put on show when Tropical Cyclone Alfred rolled into Queensland's south-east corner recently. In scenes reminiscent of the Covid pandemic, our Palm Lake Resort homeowners rallied to support one another and ensure their communities were not only prepared for the hit, but also quickly mopped up afterwards.

Palm Lake Resort Carindale Caretakers Wayne and Karen said that while 28 homeowners left the resort to be with their families, more than 200 stayed in the resort throughout the cyclone.

"For the first time ever, the flood waters came into our community from Wright Street (pictured above)," Karen says. "We constantly checked the levels there and in the creek. We had Stuart (Home 168) monitoring the creek and reporting in to us and trusty Ken (Home 113) reporting from the other end of the resort. What an incredible team.

"Those who stayed were in good hands, as we had many many homeowners checking on their older neighbours, boiling them water on gas stoves when they lost power. Our communal halls were left open so homeowners could gather together with other homeowners. Luckily we had arranged some extra food for sandwiches, as well as milk



and water so we could all meet at the Grand Hall and have toasties - mostly made by Bob (Home 98).

"Some homeowners were scared - mainly because of the fast flood waters - as they live on their own, but we made sure that someone kept dropping in on them regularly to keep them in the loop.

"We are actually so proud of our caring homeowner network," Karen smiles. "Our beautiful Palm Lake Resort Carindale community certainly comes together well in tough times."

The same types of stories were heard right across the Palm Lake Group - with our resort homeowners even supporting their local Palm Lake Care aged caring communities. For example, the sleepy seaside town of Beachmere does not have its own local police station, so officers were brought in to keep an eye on local residents during the storm. When the power in that neighbourhood went out, our Palm Lake Care staff returned the favour and offered the police officers hot meals and coffee, which they gratefully accepted. What's more, three volunteers (retired registered nurses) from Palm Lake Resort Beachmere Bay and Beachmere Sands - located just across the road - provided support and personal care to the elderly aged care residents. A lovely gesture of selfless care that embodies the PLR spirit!



Wedding bells ring loud and clear.

THERE HAVE BEEN NEW WEDDING BELLS RINGING ACROSS PALM LAKE RESORT AS WELL AS CELEBRATIONS FOR MARRIAGE LONGEVITY - ALL WE KNOW IS THAT WE LOVE, LOVE STORIES!

Palm Lake Resort Bethania

Pictured above left, check out the new "Mr and Mrs Remy" (also known to homeowners at Palm Lake Resort Bethania as Steve and Kate), who tied the knot on February 15. Their official ceremony was held at their resort - how wonderful! We wish the Remys the best for their future life together.

Palm Lake Resort Yamba

Shirley Foley married Denis Kelly on May 15, 1965, at Tumut, New South Wales. Little did they know, 136km away on that very same day, their future friends (and future neighbours) Carole Wilson and John Joyce were also tying the knot. In the late 1960s, the Joyces moved to Tumut and, sure enough, met the Kellys. The couples have been firm friends ever since. And they have more in common than just their wedding anniversary - nowadays, you'll find Denis and Shirley in Home 4 at Palm Lake Resort Yamba, and John and Carole in Home 63 (all four pictured above right, including a photo of the Kellys on their wedding day).

Palm Lake Resort Eagleby

It all began in Liverpool, England, in the early 1960s. The school dance was in full swing when John, who was working as a roadie for the band that night, spotted Joan across the dance floor. He winked at her and, as he fondly recalls, "that was it". The couple married on March 27, 1965, in Liverpool and in 1976, John and Joan made the bold decision to move to Australia, with their young family in tow. They settled in Sydney's Neutral Bay. After more than two decades in Sydney, the couple moved to Queensland in 2000, eventually making Palm Lake Resort Eagleby their home in 2009. Here, they found a warm and welcoming community, forming new friendships while enjoying a well-earned retirement. Six decades on from their wedding day, family remains at the heart of their lives. Their legacy continues through their six grandchildren and six great-grandchildren, who bring them endless joy. Well done to John and Joan (pictured above, middle) on their wedding milestone.

Fiona is 102 years young

One of our oldest homeowners at Palm Lake Resort Willow Lodge is Fiona Ryan. She turned 102 years young in April. The Lodge Country Club hosted a party for Fiona, with many of her family and Palm Lake Resort friends stopping by. What a milestone for this resort matriarch!



Tell us what's happening over your back fence.

Has your resort got a warm and fuzzy "Over the back fence" story to share with the whole Palm Lake Resort group? Are you and/or your neighbours doing something special that you're proud of - and you know we'd be proud of too? We'd love to hear from you and include your story in these pages in the next editions of all our resort newsletters.

Simply contact your Caretakers or email the details to Belinda at belinda@bellepr.com

You're always
warmly
welcomed.



FREECALL 1800 280 129 | salestoowoomba@palllake.com.au
97-161 Hogg Street, Cranley QLD 4350

THE BEST IN OVER-50s LIVING. THIS IS YOUR TIME.
palllakeresort.com.au